

DANCE

Ballet 2/3

7-11yrs

Come and continue learning and enjoying this non-pressured ballet class which puts emphasis on proper body positioning, technique, strengthening, fun and creativity. This class is for those dancers who have studied ballet for at least 2 years and want to learn more about the wonderful world of Ballet. New terminology, more strengthening and barre exercises, and more complex routines will be introduced. Parents are invited to view the last class.

Th 5:30pm-6:15pm Jan 5-Mar 8
 #21612.101KR 10 sessions/\$70
 Instructor: Kathleen Carlsen

Ballet IV

6-10yrs

Academy dancing taught with a flair! A low-pressure, fun class to sharpen interest. Ballet basics taught and imagination encouraged for future ballerinas to add their own input. Lorraine has been a professional dancer and has many years of teaching experience. This class is suitable for new students of all levels of ballet experience. Parents may attend on the last day to view the class. Note: a ballet brochure will be handed out at the first class.

Th 4:30pm-5:30pm Jan 5-Mar 15
 #21720.101KR 11 sessions/\$65
 Instructor: Lorraine Smith

Celtic Scottish Dancers

5-11yrs

This is for Children with little or no experience with Scottish Dancing. All forms of Scottish Dance to be taught. Scottish Country, Highland and Step. Learn basic steps for reels, jigs and strathspeys. A light hearted fun program meant to foster a love of dance and music through solo and group work. Please see your receipt for clothing requirements.

www.inverglenscottishdancers.com

Tu 4:00pm-4:45pm Jan 10-Mar 6
 #21707.101KR 9 sessions/\$73
 Instructor: Sandra Crosby

"OH NO!

You Had to Cancel IT?"

We make a decision to run a course approximately one week prior to the course date. Minimum class numbers must be registered by that time to avoid cancellation. Please register early to avoid disappointment for yourself, others and the instructors.

Combo Dance

5-8yrs

Fun, flexibility, and group participation are the key ingredients as your dancer learns a variety of steps, movements, exercises, and short dance routines. Parents are invited to watch the last class.

Ballet & Highland

Th 4:45pm-5:30pm Jan 5-Mar 8
 #21611.101KR 10 sessions/\$70

Jazz & Tap

Dancers will require Tap shoes for this class

Th 4:00pm-4:45pm Jan 5-Mar 8
 #21609.101KR 10 sessions/\$70

Instructor: Kathleen Carlsen

Jazz & Tap

7-11yrs

This exciting class will have dancers moving and grooving to a variety of funky music. Basics in both Jazz dance and Tap dance will be taught while improvements will be made in coordination, flexibility and technique. Dancers will learn a number of new skills as well as building confidence and stage presence as we alternate dance styles each week. Dancers will require Tap shoes for this class. Parents are invited to view the last class.

Th 6:15pm-7:00pm Jan 5-Mar 8
 #21610.101KR 10 sessions/\$70

Instructor: Kathleen Carlsen



Hip Hop/ Breakdance

7-11yrs

Wanna Hiphop/Breakdance? Put your dance shoes and learn the latest Hiphop moves! We'll cover all the newest moves and classic styles, through games, choreography and watching the latest music videos. All levels of experience are welcome.

Th 3:30pm-4:30pm Feb 2-Mar 8
 #21750.101KR 6 sessions/\$81

Instructor: Homage Lee

Hip Hop/Jazz

9-13yrs

Combine the groove of hip-hop with the technical skills of jazz in a fun and encouraging environment! Learn a hip-hop/jazz dance routine that we will perform on the last day of class. Please bring running shoes for hip hop. Emphasis on FUN!

Tu 4:00pm-5:30pm Jan 10-Mar 6
 #21743.101KR 9 sessions/\$91

Instructor: Catherine Andersen

Latin Dance



8yrs+

This new class will teach the technical skill of the popular Latin dance in a fun and encouraging environment! We will perform on the last day of class. Students who continue to study for one year are eligible for the Canadian Dancesport Federation Bronze Medal Award. Ask Sunny (Xiao Song) for more info! Classes can be taught in both English and Mandarin.

W 4:15pm-5:15pm Feb 1-Mar 28
 #21888.101KR 9 sessions/\$70

Instructor: Xiao Song (Sunny) Li

YOGA

Preteen Yoga

9-14yrs

This Hatha Yoga class is designed to help Preteens explore the connection of body, mind and spirit. Drawing from creative reflections, preteens will develop body strength and flexibility, peace of mind, balance and focus. Yoga Meditation includes breathing techniques to alter moods and peaceful postures soothe away tension. Drop in \$15.

M 4:50pm-5:50pm Jan 16-Feb 27
 #24348.101KR 7 sessions/\$87

Instructor: Butterfly Yoga

EDUCATIONAL



Chess

Besides being a lot of fun, chess helps develop logical thinking, creativity, concentration and problem solving. Beginners will learn the basic rules, terminology, value of pieces, recording moves and basic strategy. Intermediate level players will also learn basic opening theory, basic checkmates and simple end games. David Hunter has a rating of 'expert' from the Chess Federation of Canada. Registrations are not permitted after week 4.

6-8 yrs

M 4:00pm-5:00pm Jan 9-Mar 12
 ▶25500.101KR 10 sessions/\$55

9-12yrs

M 5:00pm-6:00pm Jan 9-Mar 12
 ▶25500.102KR 10 sessions/\$55
 Instructor: David Hunter

Red Cross Babysitting



11-16yrs

This course is a nationally recognized program designed to prepare your growing teen to develop self-assurance, knowledge, and skills required for babysitting duties and when caring for themselves alone.

Su 9:30am-4:30pm Jan 22
 ▶25550.101KR 1 session/\$60

Su 9:30am-4:30pm Mar 18
 ▶25550.102KR 1 session/\$60

Instructor: Community Care First Aid

Children's French 7-13yrs

Salut! In this class, children will learn basic French grammar, conjugation and vocabulary. Some basic reading will be included as well as speaking practice through various class activities. Your course cost includes a workbook (non-refundable).

Beginner

W 5:00pm-6:30pm Jan 11-Mar 28
 ▶25007.101KR 12 sessions/\$235

Beginner/Intermediate

W 3:30pm-5:00pm Jan 11-Mar 28
 ▶25006.101KR 12 sessions/\$235
 Instructor: Jean Jacques Bosco & French 4 Everyone

Mandarin Fun 5-8yrs

The Mandarin language will be taught with a fun, communicative approach, designed to teach practical language that kids will be able to use in their daily life.

Sa 10:00am-11:30am Jan 7-Mar 10
 ▶25807.101KR 10 sessions/\$84
 Instructor: Vivian He

Spanish for Children 6-12yrs

Hola amigos! Welcome to the Spanish language! This program offers a fun class in which children learn Spanish through stories, games, songs and crafts.

Beginner I

Tu 4:00pm-5:30pm Jan 10-Mar 27
 ▶25805.101KR 12 sessions/\$109

Beginner II

This class is for those students who already have a basic foundation of Spanish.

Th 4:00pm-5:30pm Jan 12-Mar 29
 ▶25806.101KR 12 sessions/\$109

Instructor: Eliana Rolando

CULINARY



Baking 8-12yrs

Join Taby in this exciting class where you will learn how to bake and will make delicious treats. Please inform the instructor of any allergies and bring a container to take your treats home.

Sa 9:00am-10:30am Jan 7-Mar 10
 ▶25600.101KR 10 sessions/\$85
 Instructor: Taby Cheng

KidsPace



Kitchen Kids 5-8yrs

Hey Mom, guess who's making dinner! This after-school cooking class is for kids who love food, eating it and making it. Each child will create a main entree for 4 people to take home for dinner, every class. Located in the senior centre production kitchen, participants will learn how to safely handle food, utensils, kitchen appliances and tools to prepare meals for their family. They will earn a sense of pride and gain a valuable life-skill while sparing you the chore of cooking for a night! Please advise upon registration if your household is meat-free or has allergies so that a substitution can be provided if need be. Please bring a take home container to each class.

W 4:00pm-6:00pm Jan 4-Mar 7
 ▶25601.101KR 10 sessions/\$292
 Instructor: Jennifer Upsdell



Calling
ALL GIRLS!

Girls on the GO 10yrs+

Bring your friends and join in the fun. We will be watching movies, going on local out-trips, crafting and much more. Bring your ideas too! A waiver form must be filled out prior to the first class. Drop in (space permitting): \$5.

F 6:00pm-8:00pm Jan 6-Mar 30
 ▶35005.101KR 13 sessions/\$39

Instructor: Peggy Li

CREATIVE ARTS

Art-rageous

5-10yrs

A new mixed media art class designed to spark your creativity! Use your imagination as we use a variety of art materials and paint, draw, sculpt, do collage and much more!

F 3:30pm-5:30pm Jan 13-Mar 9
 ▶22900.101KR 9 sessions/\$98
 Instructor: Kathleen Murphy

Art Attack!

5-10yrs

In this class, you will explore an exciting variety of art forms including painting, drawing, sculpture, collage and more. Use your imagination and see what you can create!

Th 3:30pm-5:30pm Jan 12-Mar 8
 ▶22901.101KR 9 sessions/\$97
 Instructor: Nadia Lafortune

Cartooning & Animation

7-12 yrs

For young animators who are keen to learn Disney's way of hand drawing in sequences, from animated movies such as Mickey, The Simpsons, Bolt, Up, etc. Creating your very own characters and seeing them brought to life through digital and HD film. 'Live animation' is the newest part in this program. Computer editing, voice over, sound effects are done by the student and the professional touch is completed in the studio. Please note: students do not participate in the studio editing component of the class.

F 4:00pm-6:00pm Jan 13-Mar 9
 ▶22912.101KR 9 sessions/\$99
 Instructor: Nadia Dimitrow



Under the Sea Watercolours



11yrs+

Come and learn how to be a Waterbender! Using a fun pouring technique, you will learn how to paint negative shapes as you create an under the seascape with ocean creatures and critters. Supplies are required. All levels welcome. Supplies not included - see receipt notes for supply list.

M 4:15pm-6:15pm Jan 9-Feb 27
 ▶22047.101KR 8 sessions/\$120
 Instructor: Leslie Redhead

Make Your Own Robot



8-12yrs

Have fun while you learn to transform your original drawings into 3D models. Working with bristol board paper, students will practice with pre designed-assembling projects, then, with guided instruction, create their own patterns for their ideas: fantastic animals, characters or buildings-anything is possible! No experience necessary, just a willingness to challenge yourself! Check out Lawrence's website: www.robotart.net

Sa 12:30pm-2:30pm Jan 7-Mar 10
 ▶22941.101KR 10 sessions/\$165
 Instructor: Lawrence Northey



Semi-Private Art Classes with Julie

6yrs+

If you have little or no experience or just want to practice some drawing skills, you'll enjoy Julie's approach to acquiring new skills. Julie's students' develop an increased confidence as they practice communication skills about design, composition, and creative thought processes. Lots of one on one, as only 2 students per class. Please bring a sketch book. Price is per person. Adult students welcome!



Tuesdays Jan 10-Feb 7 5 sessions/\$124
 3:30pm-4:30pm ▶22924.101KR
 4:30pm-5:30pm ▶22924.102KR
 5:30pm-6:30pm ▶22924.103KR
 6:30pm-7:30pm ▶22924.104KR
 7:30pm-8:30pm ▶22924.105KR

Tuesdays Feb 14-Mar 13 5 sessions/\$124
 3:30pm-4:30pm ▶22925.101KR
 4:30pm-5:30pm ▶22925.102KR
 5:30pm-6:30pm ▶22925.103KR
 6:30pm-7:30pm ▶22925.104KR
 7:30pm-8:30pm ▶22925.105KR

Thursdays Jan 12-Feb 9 5 sessions/\$124
 3:30pm-4:30pm ▶22926.101KR
 4:30pm-5:30pm ▶22926.102KR
 5:30pm-6:30pm ▶22926.103KR
 6:30pm-7:30pm ▶22926.104KR
 7:30pm-8:30pm ▶22926.105KR

Thursdays Feb 16-Mar 15 5 sessions/\$124
 3:30pm-4:30pm ▶22927.101KR
 4:30pm-5:30pm ▶22927.102KR
 5:30pm-6:30pm ▶22927.103KR
 6:30pm-7:30pm ▶22927.104KR
 7:30pm-8:30pm ▶22927.105KR

Saturdays Jan 7-Feb 4 5 sessions/\$124
 12:30pm-1:30pm ▶22931.101KR
 1:30pm-2:30pm ▶22931.102KR
 2:30pm-3:30pm ▶22931.103KR
 3:30pm-4:30pm ▶22931.104KR

Saturdays Feb 11-Mar 10 5 sessions/\$124
 12:30pm-1:30pm ▶22932.101KR
 1:30pm-2:30pm ▶22932.102KR
 2:30pm-3:30pm ▶22932.103KR
 3:30pm-4:30pm ▶22932.104KR

Instructor: Julie Northey

Spring Break Programs



see p. 26-27

POTTERY

Hand Building & Wheel

6yrs - Adult

Have fun and be creative doing functional and sculptural pottery. Younger students will make bowls, mugs and various sculptural items using pinch, coil, and slab techniques. Older students will learn the same skills and will also use the pottery wheel. Each student will work on pieces at their own level of interest and ability.

Su 11:00am-12:30pm Jan 8-Feb 26
 22205.101KR 8 sessions/\$99
 Instructor: Renee Chan

Pottery:

For all ages

7yrs - Adult

Experience an overview of hand-building and wheel techniques. Have fun being creative, then take your masterpieces home. Lots of cool new projects. Glazes and materials are non-toxic.

M 5:00pm-6:30pm Jan 9-Mar 5
 22202.101KR 9 sessions/\$96
 Instructor: Kathleen Murphy

Pottery: Hand & Wheel

Experience an overview of hand-building and wheel techniques. Have fun being creative, then take your masterpieces home. Lots of cool new projects. Glazes and materials are non-toxic.

5-10yrs

M 3:30pm-5:00pm Jan 9-Mar 5
 22200.101KR 9 sessions/\$96
 Instructor: Kathleen Murphy

6-12yrs

W 3:30pm-5:00pm Jan 11-Mar 7
 22200.102KR 9 sessions/\$96
 Instructor: Wendy Berry

Th 3:30pm-5:30pm Jan 12-Mar 8
 22200.103KR 9 sessions/\$119

Sa 1:00pm-3:00pm Jan 14-Mar 10
 22200.104KR 9 sessions/\$119
 Instructor: Kathleen Murphy

View instructor profiles at
www.kerrisdalecc.com

SPORTS



Badminton

6-12yrs

There is no formal instruction, but the instructor will advise on playing and rules. Racquets are provided or bring your own. Drop-in players allowed, space permitting: \$4.

W 5:00pm-7:00pm Jan 4-Mar 26
 23040.101KR 13 sessions/\$46
 Instructor: Richard Tai

Basketball

Learn the rules, basic skills of dribbling, shooting and passing and have fun scrimmaging. Skill development and sportsmanship are emphasized. Drop-in players allowed, space permitting: \$3.50.

7-9yrs

M 4:30pm-5:30pm Jan 9-Mar 26
 23025.101KR 12 sessions/\$36

10-12yrs

M 5:30pm-6:30pm Jan 9-Mar 26
 23025.102KR 12 sessions/\$36
 Instructor: Paul Toor

Basketball for Girls

9-14yrs

This fun & active program emphasizes skill development and friendly competition in a safe and welcoming environment.

Th 6:00pm-7:00pm Jan 5-Mar 8
 23043.101KR 10 sessions/\$33
 Th 7:00pm-8:00pm Jan 5-Mar 8
 23043.102KR 10 sessions/\$33
 Instructor: Aman Jhutti

Family

Badminton

8yrs-adult

Share a fun-filled game of badminton with your family. Bring your own racquets and birds. Note: no registration, please sign in at the front desk before playing. A KCC membership is required. Drop-in \$2/8-18yrs, \$4/adult.

Su 9:45am-11:45am Jan 1-Mar 25

Family Open Gym

6-12 yrs

An opportunity for families with children ages 6-12 to use a wide variety of equipment. This is an unsupervised session. FREE with membership.

Sa 10:30am-12:00pm Jan 7-Mar 24

Floor Hockey

Do you dream of playing in the NHL someday? This program introduces the basic skills of hockey. Sticks, helmets, and soft pucks are provided. Drop-in players allowed, space permitting: \$3.50.

6-8yrs

Tu 3:30pm-4:30pm Jan 3-Mar 27
 23060.101KR 13 sessions/\$39

9-12yrs

Tu 4:30pm-5:30pm Jan 3-Mar 27
 23060.102KR 13 sessions/\$39
 Instructor: Sean Walker

Soccer Skills

Development

6-12yrs

This fun program will teach soccer skills: kicking, dribbling, passing, goal keeping and soccer tricks. Learn to play through games. You will receive a KCC - JBST Soccer kit. www.jeanboscosoccer.com

Th 4:45pm-5:45pm Jan 12-Mar 8
 23083.101KR 9 sessions/\$160
 Instructor: Jean Jacques Bosco & JBST Soccer

Kerrisdale Basketball League

Boys & girls, come on out for friendly, but competitive games of basketball. Learn new moves and play in team settings. The league will incorporate coaches to train the kids and referees to maintain fair play, but the main emphasis of the league will continue to be enjoyment for the kids.

9-10yrs

FSa 5:00pm-6:00pm Jan 6-Mar 24
 23030.101KR 24 sessions/\$75

11-13yrs

FSa 6:00pm-7:00pm Jan 6-Mar 24
 23030.102KR 24 sessions/\$75
 Instructor: Kenneth Pestano & Paul Talbot

SPORTS



Volleyball 10-14yrs

This fun & active program emphasizes skill development (passing, serving and hitting) and personal fitness. Basic team concepts will be taught through a variety of drills and games. Drop-in players allowed, space permitting: \$5.

W 3:30pm-4:45pm Jan 4-Mar 28
 ▶23044.101KR 13 sessions/\$57
 Instructor: Kenneth Pestano

Sports in Action! 6-12yrs

This action-packed program gives you the chance to try a wide variety of sports & games. Play soccer, basketball, badminton, cosom hockey, cooperative games, and more. Drop-in players allowed, space permitting: \$3.50.

F 4:00pm-5:00pm Jan 6-Mar 30
 ▶23103.101KR 13 sessions/\$39
 Instructor: Kenneth Pestano



Sports Mania 6-12yrs

Play a variety of sports and games including soccer, handball, badminton, kickball and more. Suitable for everyone wanting to improve skills, learn teamwork or just have fun! Drop-in players allowed, space permitting: \$3.50.

M 3:30pm-4:30pm Jan 9-Mar 26
 ▶23105.101KR 12 sessions/\$36
 Instructor: Paul Toor

Run, Jump & Pump 9-12 yrs

This unique program is designed to boost your child's fitness while having fun being introduced to exercise and creating foundations towards living a healthy life. Boy or girl, every shape and size; Run, Jump, and Pump aims to excite children about activity while helping develop coordination, flexibility, cardiovascular and muscular fitness with a focus on safety and priority on fun. Children will take part in a mix of fitness-based games, relays and an assortment of sports that test their endurance, speed and ability.

W 3:45pm-4:45pm Jan 18-Mar 7
 ▶23104.101KR 8 sessions/\$59
 Instructor: Travis Hawton

Rhythmic Gymnastics 6-12 yrs

Move, dance and exercise to music using brightly coloured ribbons, balls, hoops and skipping ropes. Develops strength, flexibility and coordination.

Th 3:30pm-4:15pm Jan 12-Mar 8
 ▶23055.102KR 9 sessions/\$66
 Su 11:30am-12:30pm Jan 8-Mar 4
 ▶23055.101KR 9 sessions/\$66
 Instructor: Club Elite

SPRING BREAK

Have you checked out our amazing
SPRING BREAK PROGRAMS AND CAMPS?

Go to
 pages 26-27.



Safaris Full Day Camp

Soccer Camp

Spanish for Preschoolers

Shakespeare Camp

Yoga Art Camp

KidsPace

Pottery and Craft Creations

