



# KERRISDALE POOL

LOCATED AT: 5851 West Boulevard Vancouver, BC (Corner of West Boulevard and 42nd)

SWIMMING  
LESSONS

visit  
www.vancouver.ca  
see the pool desk

604-257-8105							January 3-March 11, 2012	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Length Swim 6:00-9:00am	Length Swim 7:30-9:00am	Length Swim 6:00-9:00am	Length Swim 7:30-9:00am	Length Swim 6:00-9:00am	Aquafit (mod-int) 9:05-10:05am	Aquafit (mod-int) 10:05-11:05am		
Aquafit (mod-int) 9:00-10:00am								
Public Swim-L 10:15-11:15am	Range of Motion 10:30-11:15am	Public Swim-L 10:15-11:15am	Range of Motion 10:30-11:15am	Public Swim/ Lessons-L 10:15-11:15am	Length Swim 10:05-11:30am	Length Swim 11:10-12:30pm		
Length Swim 11:15am-1:30pm								
Mild Aquafit 1:35-2:30pm		Mild Aquafit 1:35-2:30pm		Mild Aquafit 1:35-2:30pm	Lessons-L 11:30-3:00pm	Lessons-L 1:15-2:45pm		
Public Swim-L 2:30-3:30pm	Public Swim/ Lessons-L 1:35-3:30pm	Public Swim-L 2:30-3:30pm	Public Swim/ Lessons-L 1:35-3:30pm	Public Swim 2:30-4:00pm-L	Public Swim-L 3:00-5:00pm	Public Swim-L 2:45-5:00pm		
Lessons-L 3:30-7:30pm	Lessons-L 3:30-7:30pm (lane ends at 6:45pm)	Lessons-L 3:30-7:30pm	Lessons-L 3:30-7:30pm (lane ends at 6:45pm)	Pool Sharks Discount Dip 4:00-5:00pm Half Price Admission  No lane available.	 Handicap parking is available from 42nd Ave. The pool is accessible for people with disabilities. Kerrisdale has a pool chair lift, an aquatic wheelchair, and a secured change room available for use.			
Aquafit (mod-int) 7:30-8:30pm	Aquafit Deep Water 7:00-8:00pm	Aquafit (mod-int) 7:30-8:30pm	Aquafit Deep Water 7:00-8:00pm	Public Swim Discount Dip 5:00-8:00pm Half Price Admission	 one or more lanes available for length swimming *Schedule is subject to change.			
	Workout Swim-L 8:00-9:00pm		Workout Swim-L 8:00-9:00pm		<b>Spring Break Interim Schedule</b> March 12 <sup>th</sup> to March 25 <sup>th</sup> Go to <a href="http://www.kerrisdalecc.com">www.kerrisdalecc.com</a> or pick up a copy at the Centre			

SWIMMING SCHEDULE

# CYCLONE TAYLOR ARENA

LOCATED AT: 5670 East Boulevard Vancouver, BC (Corner of East Boulevard and 41st, behind McDonalds)

SKATING  
LESSONS  
see pages  
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604-257-8121							January 3-March 13, 2011		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Adult Stick & Puck 8:45-10:00am	Parent & Tot Skate 10:15-11:45am	Adult Stick and Puck 12:15-1:00pm	Adult Co-ed Drop-in Hockey 11:45-1:00pm	Public Skate (2/3 rink) + Family Fun Hockey (1/3 rink) 12:00-2:00pm	Public Skate 6:45-8:30pm	Public Skate 3:45-5:30pm			
Older Adults Skate 10:15-11:30am	Cheap Skate Public Skate 12:00-1:30pm		Public Skate 6:30-8:00pm	Adult Skate 8:45-10:15pm					
Adult Co-ed Drop-in Hockey 11:45-1:00pm	<b>SKATE DESCRIPTIONS:</b> Public Skate sessions are open for all ages. Older Adult Skates is for 55 yrs+. Adult Skate is for 19 yrs+ only. Parent & Tot Skate is for children under 6 yrs old accompanied by an adult.								
Family Fun Hockey 3:30-4:15pm	<b>FAMILY FUN HOCKEY:</b> All children MUST be accompanied by an adult. Helmets are required and only plastic hockey sticks are allowed								
Cheap Skate Public Skate 4:15-5:30pm	<b>ADULT CO-ED DROP-IN HOCKEY PROCEDURES:</b> Goalies play for FREE. All players may call 1 hour prior to the session at 604-257-8121 to book their spot but must sign in by 11:30am or their spot may be forfeited to another player. Full hockey gear is MANDATORY. All players MUST sign the waiver form. Maximum 20 players per session (+ 2 Goalies).								
<b>ADULT STICK &amp; PUCK:</b> Helmet, gloves and stick are mandatory. Equipment is not provided. Maximum 20 participants per session. Practice only. No scrimmage allowed.									

ICE SKATING SCHEDULE

**ADMISSION FEES:** Please visit [kerrisdalecc.com](http://kerrisdalecc.com) for 2012 swimming & skating fees.  
Schedules above subject to change without notice.



Post me on your fridge!