

Mount Pleasant Community Centre Fitness Centre Schedule

1 Kingsway (corner of Kingsway and Main)

Phone: 604-257-3080

Email: mtpleasantcc@vancouver.ca



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am to 10:00pm	6:00am to 10:00pm	6:00am to 10:00pm	6:00am to 10:00pm	6:00am to 10:00pm	8:00am to 6:00pm	9:00am to 6:00pm

FEATURES / SERVICES

Wheelchair accessible
Men's & Women's steam room
4000 square foot air conditioned facility
Our highly qualified, friendly staff are available for FREE facility orientations and program start up services

EQUIPMENT

Elliptical Trainers, Concept II Rowing Machines, Upright and Recumbent bicycles
Stair Climbers, Treadmills, Spin Bikes
Stretching area
Hammer Strength racks, Apex machines, Life Fitness pulley systems, Free weights, Weightlifting platform
Stability balls, Wobble boards, Foam rollers and Tubing

2012 Fees and Charges (does not include HST)	Drop in (single)	10- visit card	Flexipasses				
			1 month	3 months	4 months	6 months	12 months
Adult (19-64 yrs)	\$5.36	\$42.86	\$43.75	\$114.29	\$144.64	\$197.32	\$357.14
Youth (13-18 yrs)	\$3.79	\$30.36	\$30.36	\$80.36	\$100.89	\$138.39	\$350.00
Senior (65+)	\$3.79	\$30.36	\$30.36	\$80.36	\$100.89	\$138.39	\$250.00



The Vancouver Board of Parks and Recreation maintains 200 parks and 40 major facilities throughout the City of Vancouver. The Park Board's mission is to provide, preserve and advocate for parks and recreation to benefit all people, communities and the environment.

For more information please visit vancouverparks.ca