

Let's talk about Internet and Gaming

Technology is now an essential feature of our social culture, particularly for children and adolescents (gaming, texting, social networking, cell phones). Technology has become the central means by which many young people communicate, learn and manage information. However, issues such as anxiety, depression, isolation, anger and addictions are also highly prevalent in the online worlds.

This informative presentation will benefit anyone who is interested in gaining knowledge and insight into the emerging cultures of technology and their impact on childhood development, family life and education.



Speaker: Ross Laird – Best Selling Author

This presentation will:

- **Talk about technology overuse.** What is it? How to understand it? How to deal with it?
- **What are the risks? What problems can develop?**
- **What are the indicators?** Consider issues regarding drug and alcohol use, technology, risk and recklessness
- **Explore skills for safety.** Skills and knowledge required to be safe and self-aware

This is an open forum for discussion, debate, and learning.

JOIN US!

Date: June 2, 2011
Place: David Thompson Secondary School
Registration: 6:45pm
Presentation: 7:00 – 9:00pm

FREE EVENT!

Please contact Nicole Morgan at Vancouver Coastal Health to RSVP for this event:

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