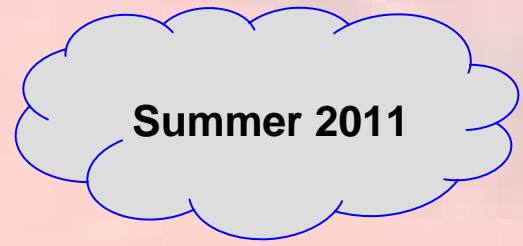


# Education Series

Every Friday 9:30 am-11:30am  
Pacific Spirit Community Health Centre  
2110 West 43rd Ave (at West Boulevard)  
(No charge & No early registration required)



This series of lectures, discussions and films deals with addictions, alcohol and other drugs. It provides an unusually honest approach to drug education. Most of the lectures are by Mark Haden who has a refreshingly personal approach to this discussion. All are welcome including; clients, potential clients, concerned family or friends, interested community members, and professionals

- SESSION 1: THE DEVELOPMENT OF ADDICTION**
  - Understanding problematic substance abuse.
- SESSION 2: CHEMICALS AND THE BODY**
  - How body systems are affected by alcohol and other drugs.
- SESSION 3: THE RECOVERY PROCESS**
  - What is treatment? Relapse prevention.
- SESSION 4: THE FAMILY CONTEXT**
  - Family dynamics where addiction is a problem.
- SESSION 5: HELPING OTHERS**
  - What you can do if your child, or a partner, or a friend, has problematic substance use.

1. DEVELOPMENT OF ADDICTION	May 6 <sup>th</sup> 2011	June 17 <sup>th</sup> 2011	Aug 19 <sup>th</sup> 2011
2. CHEMICALS AND THE BODY	May 13 <sup>th</sup> 2011	June 24 <sup>th</sup> 2011	Sept 9 <sup>th</sup> 2011
3. THE RECOVERY PROCESS	May 20 <sup>th</sup> 2011	July 22 <sup>nd</sup> 2011	Sept 16 <sup>th</sup> 2011
4. THE FAMILY CONTEXT	May 27 <sup>th</sup> 2011	July 29 <sup>th</sup> 2011	Sept 23 <sup>rd</sup> 2011
5. HELPING OTHERS	June 3 <sup>rd</sup> 2011	Aug 5 <sup>th</sup> 2011	Sept 30 <sup>th</sup> 2011
6. HEALING OUR SOCIETY	June 10 <sup>th</sup> 2011	Aug 12 <sup>th</sup> 2011	Oct 7 <sup>th</sup> 2011

**For more information call 604-267-3970**

**Bus Directions:** Take bus 16 Arbutus to West 43<sup>rd</sup> Ave where it stops at Pacific Spirit or Take bus 41 along 41<sup>st</sup> Ave to West Blvd and walk 2 blocks south



