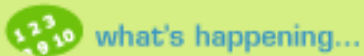


## welcome



Send this enews issue to your gardener, your landscaper, your landlord; they'll love *One Day*.

[New readers - sign up now!](#)



Check out the [One Day events calendar](#) for the latest One Day-related action happening in Vancouver.

**Cascadia Living Futures '08**  
April 16-18  
Westin Bayshore, Vancouver  
*The City encourages members of the local building industry and others interested in the ecology of building and community to join us at this premier [conference for green design](#).*

**EPIC Sustainable Living Expo**  
April 18-20  
Canada Place, Vancouver  
*Featuring leading companies who care about the consumer, community and planet.*

[VACC cycling skills courses](#)

Welcome to the April issue of One Day enews. April showers bring May flowers. This month's issue is about ways you can reduce energy, save money and make a difference in your yard.

*One Day* is a City of Vancouver initiative that encourages residents to take small actions in their daily lives to use less energy at home and on the road, to help protect the climate, and to make Vancouver the cleanest, greenest, healthiest city in the world.

### ONE DAY, ACTIONS OF THE MONTH



Replace your gas powered mower with an electric one. Feeling ambitious? Try a push mower. It is a great way to get exercise while doing yard work.

Cut down on cost and talk to your neighbours about sharing a climate

friendly model of mower.

Don't have a yard, consider a community garden.

### ONE DAY, ONE MOWER

**mow down  
pollution**



Did you know that a standard gas mower can emit the same amount of common air pollutants in one

**Dates from April to July  
Various Community Centres  
Learn to bike safely and  
confidently at a one-day  
Vancouver Area Cycling  
Coalition's Commuter Cycling  
Skills course.**

#### **Local Farmers Market**

**April 26, 10am to 2pm  
WISE Hall, 1882 Adanac  
Street, Vancouver**

#### **Projecting Change Film Festival**

**May 8-11  
Ridge Theatre, Vancouver**

#### **Earth Day Celebrations**

**April 22, 30 Days**

**Celebration, Still Creek**

**April 26, Jericho Beach,**

**Everett Crowley Park, Clean**

**Green, Growing Up Green**

#### **DID YOU KNOW...**

**... the Vancouver Compost  
Demonstration Garden offers  
workshops on natural yard  
care? Sessions cover all  
aspects of natural lawn and  
yard care, including hands-  
on demonstrations of a  
variety of mulching mowers  
and weeding tools, along  
with organic fertilizers and  
biological pest control. Call  
the compost hotline at 604-  
736-2250 for more  
information.**



hour as driving a new car for over  
550 kilometres?

From April 17 to April 27 you can recycle your old gas mower or trimmer and receive up to a \$100 rebate at Home Depot on a new push-reel, electric, rechargeable or low-emission alternative mower or trimmer during the eighth annual [Mow Down Pollution](#) event.

According to Statistics Canada, gas-powered lawn equipment releases about 80,000 tonnes of emissions in Canada every year, using 151 million litres of gas.

#### **ONE DAY, ONE GARDEN PLOT AT A TIME**



Urban dwellers in search of plots beyond the balcony can become a part of Vancouver's growing tribe of community gardeners. The demand has never been greater for this

growing network of [community gardens](#), now sitting at 23 with 1750 plots! Due to the popularity of this program, those interested are encouraged to join the waitlist in their area as soon as possible. City staff are working feverishly to find land, start new gardens and match interested community members. [Sign up online](#) and you'll be informed when a plot in your neighbourhood becomes available.

Look forward to tending beds and bringing forth the glory of the harvest, be they edible or floral by nature! In addition, tilling the soil next to people within your own community can reap even larger benefits of friendship as neighbour meets neighbour while sharing a common outdoor pursuit.

Do you have a garden that grows more food than you can use? Check out the City's [Grow-a-Row, Share-A-Row Program](#).

## ONE DAY, NEWS

April 7 - [Earth in crisis, warns NASA's top climate scientist](#)

April 3 - [BC introduces carbon cap, first of its kind in Canada](#)

April 3 - [Transit use up, driving down in Vancouver census region](#)

April 1 - [Gore launches US \\$300 million climate change campaign](#)

March 30 - [Earth Hour Media Coverage - Global TV Clip](#)

## ONE DAY ENEWS, MAY ISSUE

Last month, BC announced a \$60 million, 3-year provincial program, which builds on the federal ecoEnergy program.

**LiveSmartBC: Efficiency Incentive Program** will help British Columbians reduce their carbon footprint through energy efficiency upgrades to their homes. Beginning in spring 2008, LiveSmartBC will give homeowners access to rebates for audits and energy efficiency incentives. Program details are still being released.

In the May issue of One Day enews, we will provide important information about this new program.

## ONE DAY, GROW NATURAL

Taking care of your yard doesn't have to be complicated. You can simplify your yard care routine and save time, money and the environment by using natural yard care techniques. In addition to other chemicals, fossil fuels are consumed during the production of conventional pesticides and fertilizers, which results in greenhouse gas emissions and contribute to climate change.



Grow Natural also encourages gardeners to save water through the [Rain Barrel Program](#) and by using [Outdoor Water Saver Kits](#), available to all Vancouver residents.

Trust nature. In natural landscapes, plant life doesn't require constant attention and doesn't live on a diet of store-bought chemicals. [Learn how to Grow Natural.](#)

## ONE DAY WONDERS



This month's wonders are Stephanie and partner Matt for spearheading [Run for One Planet](#), a carbon neutral, 11,000 mile, year-long run to inspire environmental action. Set to hit the pavement on

May 4 with the BMO Vancouver Marathon, Stephanie and Matt will run across Canada and around the perimeter of the US to engage North Americans in taking action for the planet. Their goal is to run one marathon each per day, inspire one million new actions and raise \$1 million for the Run for One Planet Foundation. Visit their website to track their progress!

One Day is about making Vancouver the cleanest,  
greenest, healthiest city in the world. [onedayvancouver.ca](http://onedayvancouver.ca)

