


welcome

Welcome to the March issue of One Day e-news. This month, we're talking about lighting and some unique ways you can make a difference at home and at work by reducing energy and saving money.

One Day is a City of Vancouver initiative that encourages residents to take small actions in their daily lives to use less energy at home and on the road, to help protect the climate, and to make Vancouver the cleanest, greenest, healthiest city in the world. Read on for news, events, action reminders and stories about people in this city, as well as other parts of the world.

 subscribe to **oneday...**

Send this e-news issue to anyone you'd like to spend time with in the dark during Earth Hour on March 29; they'll love *One Day*.

[New readers - sign up now!](#)

DID YOU KNOW...



Lighting in your home accounts for between 5 and 10% of your total energy use. To help you in cutting your lighting related energy use, BC Hydro's Power Smart is offering in-store discounts on Energy Star® light fixtures and specialized compact fluorescent light bulbs. This offer is valid from March 1 to April 30, 2008, or while supplies last. [Click here](#) for more details and for a list of retailers offering these lighting specials in your region of BC.

ONE DAY - ACTION OF THE MONTH



This month, we invite you to participate in Earth Hour! Join thousands of businesses and individuals around the world at 8pm on March 29, 2008, by turning off your lights for one hour. [Sign up online](#). By signing up, you'll not only save energy but will also receive

lots of useful tips and tools.

At the City of Vancouver, we are going to power down City Hall campus, including the tower clock, for Earth Hour. We are also encouraging staff and residents to turn off their computers and monitors, not only during Earth Hour, but whenever they aren't in use. BC Hydro is taking a big part in Earth Hour and will measure the drop of the collective energy use during the event, showing how individuals throughout Vancouver and BC can take one small action that can really lead to big results.

ONE DAY NEWS



March 11 - [City to pursue demonstration streetcar as part of 2010 Winter Games](#)

March 2 - [EcoDensity concept gets public's attention](#)

February 20 - [Green Homes](#)

February 19 - [BC imposing carbon tax on all types of fuel](#)

February 11 - [Lights out for change](#)

February 4 - [Press release: Red Dot Campaign](#)

 what's happening...

[Go Green Communities Workshop](#)

Come to an informative, fun and FREE community training seminar on how to get around your neighbourhood quickly and sustainably, offered by BEST.

- *Various dates to March 31*
- *Various locations*

[Winter Farmer's Market](#)

Visit the Winter Farmer's Market for locally grown fall vegetables, late season fruit, BC beef, lamb, poultry and

ONE DAY WONDER - EARTH HOUR FOR FACEBOOKERS



facebook

This month's One Day Wonders are Olga Orda, who started the "[Earth Hour Vancouver](#)" group, as

well as the other people on Facebook who are using the power of social networking technology to spread the word about Earth Hour. Share Earth Hour with your Facebook network and invite them to join.

ONE DAY - BEYOND EARTH HOUR

If you are someone who wants to go beyond small steps, consider taking part in "[Be the Change](#)". It starts with a workshop on March 29 that focuses on social change. From there, participants are encouraged to form groups of 8-12 friends or like-minded people who commit to staying connected through dialogue and by supporting each other in adapting to new life-style habits and leadership efforts. It is designed to become a grass roots movement that can spread easily through the broader community.

ONE DAY - ONE HOME



Thanks to proposed changes to the Vancouver Building By-law, Vancouverites may soon be enjoying the greenest, most efficient, healthiest new homes in the country. To mention a few of these changes, the Green Homes Program has recommended that all new homes have better insulation, EnergyStar® windows, and more efficient lighting by requiring that 40% of the light fixtures in a new home be hard-wired to not accept incandescent or halogen light bulbs.

If approved by Council, these recommendations are expected to increase the energy efficiency of new homes by 35%. Looking forward, this program will

wild seafood, artisan breads, preserves and much more.

- *March 22, 10am - 2pm*
- *Wise Hall, 1882 Adanac Street*

[Lighthouse Sustainable Building Centre](#)

Alastair Moore - Guest expert speaker on green products

- *March 29, 2-4pm*
- *Granville Island, 1575 Johnston St.*

[Earth Hour 2008](#)

Earth Hour 2007 was a Sydney event, Earth Hour 2008 is a global movement! See the difference you can make; turn off your lights for one hour.

- *March 29, 8pm*
- *Global locations*

[Shifting Gears](#)

A series of free evening panel discussions on the future of transportation.

- *March 19, April 25, May 22 at 7pm*
- *SFU Harbour Centre, 515 W. Hastings*

support the City's goal to achieve carbon neutral new buildings by 2030. [Click here](#) for more information and to provide feedback.

ONE DAY - SIX WINNERS



The results are in and we would like to thank everyone who took the time to complete our e-news survey. Six lucky people will receive more than just a pat on the back for their feedback:

- Johanna from Vancouver won a \$100 gift certificate to Mountain Equipment Coop
- One Day t-shirts were won by Teri, Jan, Jesse and Russ from Vancouver, and Doug from Burnaby

We hope that all of you that have signed up to One Day, because you are concerned about climate change and would like to find ways to reduce energy use, find the information and resources provided in the One Day e-news valuable. To those who have suggested topics for future issues, we've planned to cover many of your ideas in our upcoming 2008 issues.

Sustainable Spring Break

Each day will focus on a central theme: food, climate, energy, transportation, recycling and water. Join in the fun, engaging presentations with games, contests, prizes and more.

- *March 17 - 22*
- *HR Macmillan Space Centre*

One Day is about making Vancouver the cleanest, greenest, healthiest city in the world. onedayvancouver.ca

