

Lost Lagoon Nature Walk



As you enter Stanley Park from Georgia Street, Lost Lagoon is the beautiful body of water to the west of the causeway ([See Map](#)).



In the past, the incoming high tide water from Coal Harbour would flow onto the tidal flat and fill-up the Lagoon almost reaching to English Bay then at low tide the ocean water would slip away. Construction of the Stanley Park causeway in the 1920s has left Lost Lagoon as a freshwater pond. The northeast side of the Lagoon acts as a bio-filtration marsh filtering causeway run-off through a series of holding ponds.

A walk around Lost Lagoon is only 1.79 km (1.2 miles or approx. 3,544 steps) and will take about 30 minutes. Though it is a relatively short walk there is much to discover. In

1936, the City of Vancouver's had its Golden Jubilee (50th Birthday). A fountain was created to mark the civic celebration and was placed in the middle of the Lagoon. The fountain was revitalized in 1986 for the City's Centennial, and is clearly seen from any vantage point around the pond.

This urban gem is also a bird sanctuary; home to herons, swans, and several species of ducks. Those interested by flora and fauna as well as natural and social history, will want to stop by the Lost Lagoon Nature House. On the southeast bank of Lost Lagoon, the [Stanley Park Ecology Society](#) operates from this former boathouse and offers special sessions on plant identification and natural history tours.

