



## Walking To Wellness Passport

The Walking to Wellness Passport encourages people to complete 100 km or 198,000 steps in 12 weeks. When participants have logged the distance they can present their completed Passport at any of the following 2009 Active Communities events and receive their recognition prize. Look for the Active Communities Display Booth and present your completed Passport.

Saturday, April 18 <sup>th</sup> 11 am to 3 pm	Trout Lake C.C. 3350 Victoria Drive
Saturday, April 25 <sup>th</sup> 11 am to 2 pm	Kerrisdale Arena 5670 East Boulevard
Saturday, May 2 <sup>nd</sup> 11 am to 3 pm	Sunset C.C. 6810 main Street
Saturday, May 9 <sup>th</sup> 1 pm to 4 pm	Kitsilano C.C. 2690 Larch Street
Sunday, May 17 <sup>th</sup> 1 pm to 4 pm	Pandora Park 2325 Franklin Street
Saturday, May 23 <sup>rd</sup> 1 pm to 4 pm	Killarney Park 6205 Kerr Street
Sunday, May 24 <sup>th</sup> 11 am to 3 pm	Dunbar C.C. 4747 Dunbar Street
Saturday, May 30 <sup>th</sup> 10 am to 3 pm	Langara YMCA 282 West 49th Avenue
Saturday, June 6 <sup>th</sup> 11 am to 3 pm	Mt. Pleasant Days (at Guelph Park) 2390 Brunswick Street

Sunday, June 14<sup>th</sup>  
1 pm to 4 pm

Strathcona Park  
857 Malkin Avenue

