

YOUTH

Join us in the Games Room to watch the Canucks, watch a movie, play Wii or participate in ping pong or pool tournaments! Schedule will be posted each month so stay tuned!

SPORTS

Badminton:

Recreational

13-18yrs

There is no formal instruction, but the instructor will advise on playing and rules. Racquets are provided or bring your own. Drop-in players allowed, space permitting: \$4.

W 5:00pm-7:00pm Jan 4-Mar 28

▶33010.101KR 13 sessions/\$46

Tu 8:00pm-10:00pm Jan 3-Mar 27

▶33010.102KR 13 sessions/\$46

Instructor: Richard Tai



Basketball

13-18yrs

Improve your dribbling, shooting, passing and have fun scrimmaging. Drop-ins allowed, space permitting: \$3.50.

M 6:30pm-7:45pm Jan 9-Mar 26

▶33025.101KR 12 sessions/\$38

Instructor: Paul Toor

Basketball Drop-in 13-18yrs

Drop-in for friendly games of pick up basketball. Participants are required to sign in at the front desk before playing and supply their own basketballs. A KCC Membership is required. Drop-in \$1.

F 7:00pm-9:30pm Jan 6-Mar 30

Instructor: Aman Jhutti



Free with a current KCC membership.

Games Room

The Games Room is open to all Kerrisdale Community Centre Members ages 6 and up. Recreation includes pool, foosball and ping pong. The Games Room is also a gathering place for youth to watch TV, play games and just enjoy being with their peers.

Monday to Friday 3:30pm-9:30pm,
Saturday 7:00 am-6:30 pm &
Sunday 9:00 am-4:30 pm.

DANCE

Hip Hop/Breakdance 11yrs+

Wanna HipHop/Breakdance? Put your dance shoes and learn the latest HipHop moves! We'll cover all the newest moves and classic styles, through games, choreography and watching the latest music videos. All levels of experience are welcome.

Th 4:30pm-5:30pm Feb 2-Mar 8

▶31750.101KR 6 sessions/\$81

Instructor: Homage Lee

YOGA

Preteen Yoga

9-14yrs

This Hatha Yoga class is designed to help Preteens explore the connection of body, mind and spirit. Drawing from creative reflections, preteens will develop body strength and flexibility, peace of mind, balance and focus. Yoga Meditation includes breathing techniques to alter moods and peaceful postures soothe away tension. Drop in \$15.

M 4:50pm-5:50pm Jan 16-Feb 27

▶24348.101KR 7 sessions/\$87

Instructor: Butterfly Yoga

Winter Volunteer Orientation 12-18yrs

Learn about all of our fall volunteering opportunities and work with staff and other volunteers making a safe and fun community. We will play some games, go on a tour and discuss volunteering opportunities at the centre. Please note: participants must sign up through the front desk. Note: due to the large interest, not all attendees will be guaranteed volunteer shifts. Please bring a resume if you have one.

Sa 5:00pm-7:00pm Jan 7 ▶35500.101KR 1 session/FREE

SOCIAL



Girls on the Go 10yrs+

Calling all girls! Bring your friends and join in the fun. We will be watching movies, going on local out-trips, crafting and much more. Bring your ideas too! A waiver form must be filled out prior to the first class.

Drop in (space permitting): \$5.

6:00pm-8:00pm Jan 6-Mar 30
 ▶35005.101KR 13 sessions/\$39
 Instructor: Peggy Li

EDUCATIONAL

Red Cross Babysitting



11-16yrs

This course is a nationally recognized program designed to prepare your growing teen to develop self-assurance, knowledge, and skills required for babysitting duties and when caring for themselves alone.

Su 9:30am-4:30pm Jan 22
 ▶25550.101KR 1 session/\$60
 Su 9:30am-4:30pm Mar 18
 ▶25550.102KR 1 session/\$60

Instructor: Community Care First Aid



Semi-Private Art Classes
 with Julie see p. 13

CREATIVE ARTS

Make Your Own Robot



12yrs+

Have fun while you learn to transform your original drawings into 3D models. Working with bristol board paper, students will practice with pre designed-assembling projects, then, with guided instruction, create their own patterns for their ideas: fantastic animals, characters or buildings-anything is possible! No experience necessary, just a willingness to challenge yourself! Check out Lawrence's website: www.robotart.net
 Sa 2:30pm-4:30pm Jan 7-Mar 10
 ▶32941.101KR 10 sessions/\$165
 Instructor: Lawrence Northey

Under the Sea Watercolours



11yrs+

Come and learn how to be a Waterbender! Using a fun pouring technique, you will learn how to paint negative shapes as you create an under the seascape with ocean creatures and critters. Supplies are required. All levels welcome. Supplies not included - see receipt notes for supply list.

M 4:15pm-6:15pm Jan 9-Feb 27
 ▶22047.101KR 8 sessions/\$120

Instructor: Leslie Redhead



Pottery:

Hand & Wheel 12-18yrs

Learn techniques of handbuilding and wheel throwing. Develop creativity and expression. Enjoy the satisfaction of creating finished products. One bag of clay is included in the course fee. Kathleen is a local artist and owner of Kamu Ceramics Studio. Visit her website at www.kathleenmurphy.ca

Sa 3:00pm-5:00pm Jan 14-Mar 10
 ▶32200.101KR 9 sessions/\$119

Instructor: Kathleen Murphy

Duke of Edinburgh Award

14-18yrs

The Duke of Edinburgh Award is an internationally recognized leadership program that encourages youth to challenge themselves in a fun, active environment. Participants must be self motivated and able to work independently to complete the four components of this program; Service, Skill, Physical Fitness and Expedition. The fee includes a Duke of Edinburgh Award Log book. Meeting dates TBA! Please contact the program assistant office at 604-257-8117 for more information. ▶35401.101KR \$30

