

# Sustainable Living

## a Vancouver Public Library **Guide**

Living sustainably is a topic which draws from many subjects and disciplines. This list presents a variety of library materials from different subject areas that address strategies for individuals who want to live more sustainably and for those who want to create change in their communities.

These resources are only a small selection of the library's information on this topic. Additional materials can be found by browsing the shelves in the same call number areas where these books are located.

### Books

#### Everyday Life

Better World Shopping Guide: Every Dollar Makes a Difference (2006)

Jones, Ellis  
640.73 J76b

Climate Change Begins at Home: Life on the Two-Way Street of Global Warming (2005)

Reay, Dave  
363.7387 R28c

Complete Idiot's Guide to Simple Living (2000)

Lockwood, Georgene Muller  
179.9 L81c

Ecovillages: A Practical Guide to Sustainable Communities (2005)

Bang, Jan Martin  
640 B21e

Global Warming: Personal Solutions for a Healthy Planet (2005)

Spence, Christopher  
551.6 S74g

Greeniology: How to Live Well, Be Green and Make a Difference (2005)

Ha, Tanya  
640.73 H111g



Vancouver Public Library

[www.vpl.ca](http://www.vpl.ca)

Science and Business

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It's not Easy Being Green: One Family's Journey towards Eco-Friendly Living (2006)

Strawbridge, Dick.

363.7 S91i

Organic Suburbanite: An Environmentally Friendly Way to Live the American Dream (2001)

Schultz, Warren

640.73 S38

Radical Simplicity: Small Footprints on a Finite Earth (2003)

Merkel, Jim

179.9 M56r

Slow Food Revolution: A New Culture for Eating and Living (2006)

Petrini, Carlo

ON ORDER

Superbia!: 31 Ways to Create Sustainable Neighborhoods (2003)

Chiras, Daniel D. and Dave Wann

307.74 C54s

Sustainable Living for Dummies (2007)

Grosvenor, Michael

ON ORDER

## **Home & Garden**

Please also see our study guide on organic gardening:

[http://www.vpl.ca/branches/LibrarySquare/tec/organic\\_gardening.html](http://www.vpl.ca/branches/LibrarySquare/tec/organic_gardening.html)

Energy-Efficient and Environmental Landscaping: Cut Your Utility Bills by Up to 30 Percent and Create a Natural, Healthy Yard (1993)

Moffat, Anne Simon and Marc Schiler

712 M69e

Energy Efficient Home: A Complete Guide (2006)

Waterfield, Patrick

693.83 W32e

Gardening When It Counts: Growing Food in Hard Times (2005)

Solomon, Steve

635 S689g

Garden Your City (2005)

Feldt, Barbara Hobens

635.9671 F31g

Good Green Homes: Creating Better Homes for a Healthier Planet (2003)

Roberts, Jennifer

728.3 R64g

Green Remodeling: Changing the World One Room at a Time (2004)

Johnston, David and Kim Master

643.7 J72g

Home Energy Diet: How to Save Money by Making Your House Energy-Smart (2005)  
Scheckel, Paul  
693.83 S31h

Homeowner's Guide to Renewable Energy: Achieving Energy Independence through Solar, Wind, Biomass and Hydropower (2006)  
Chiras, Daniel D.  
693.83 C54h

Natural Habitat Garden (2004)  
Druse, Kenneth  
635.724 D797n1

New Ecological Home: The Complete Guide to Green Building Options (2004)  
Chiras, Daniel D.  
691.04 C54n

Requiem for a Lawnmower: Gardening in a Warmer, Drier World 2<sup>nd</sup> ed. (2004)  
Wasowski, Sally and Andy Wasowski  
635.9676 W31r

Urban Eden (2000)  
Caplin, Adam and James Caplin  
635.9671 C24u

## **Sustainability and Society**

Earth Alive: Essays on Ecology (2006)  
Rowe, J. S. (John Stanley)  
577 R87e

Global Survival: The Challenge and Its Implications for Thinking and Acting (2006)  
Laszlo, Ervin and Peter Seidel (Eds.)  
363.7 G5623L

Heat: How to Stop the Planet From Burning (2006)  
Monbiot, George  
363.7387 M73h

Nature's Revenge: Reclaiming Sustainability in an Age of Corporate Globalization (2006)  
Johnston, Josee, et al. (Eds.)  
333.72 N28j

One with Nineveh: Politics, Consumption, and the Human Future (2004)  
Ehrlich, Paul R. and Anne H. Ehrlich  
338.927 E33o

Plan B 2.0: Rescuing a Planet under Stress and a Civilization in Trouble (2006)  
Brown, Lester Russell  
333.72 B878p1

Powerdown: Options and Actions for a Post-Carbon World (2004)

Heinberg, Richard

333.7 H46p

Sustainable Fossil Fuels: The Unusual Suspect in the Quest for Clean and Enduring Energy (2005)

Jaccard, Mark Kenneth

333.8 J12s

Sustainability Revolution: Portrait of a Paradigm Shift (2005)

Edwards, Andres R.

333.72 E26s

Worldchanging: A User's Guide for the 21<sup>st</sup> Century (2006)

Steffen, Alex (Ed.)

333.72 W92s

## **DVDs, Etc.**

Corporation (2005)

DVD: 338.7 B16c4

- Charts the rise of the corporation as a pervasive presence in our everyday lives.

Beyond Organic: The Vision of Fairview Gardens (2000)

DVD: 621.04 W79m

End of Suburbia: Oil Depletion and the Collapse of the American Dream (2004)

DVD: 333.770973 E56g

- Explores the premise that suburbs, built on the easy availability of fossil fuels, may become untenable.

Inconvenient Truth (2006)

DVD: 363.7387 G66i1

- Al Gore's startling exploration of global warming and climate change.

Powershift (2004)

DVD: 333.79 P888b

- Examines how current energy use affects the earth and people around the world and suggests ways to create a sustainable future by shifting from fossil fuels to alternative energy sources.

Think Globally, Eat Locally (2005)

DVD: 631.584 T44a

Who Killed the Electric Car: A Lack of Consumer Confidence – or Conspiracy?

DVD: 629.2293 W628p

Wired: A Day in the Life of Energy (2005)

DVD: 621.04 W79m

## Magazines

E: The Environmental Magazine (bimonthly; 1997 – present)  
363.7005 E111

Home Power (bimonthly; 1987 – present)  
621.05 H76

Mother Earth News (bimonthly; 1970 – present)  
630.105 M91

Organic Gardening (bimonthly; 2003 – present)  
635.05 O685

Permaculture Magazine: Solutions for Sustainable Living (quarterly; 2001 – present)  
630.105 P451

Vegetarian Times (monthly; 1992 – present)  
641.563605 V42

## Websites

### **BC Sustainable Energy Association**

- <http://www.bcsea.org/>  
This citizen and industry group provides resources and information on sustainable energy.

### **Buy It, Sell It, Re-Use It, Donate It: 101 Things to Do with All Your Old Stuff (GVRD)**

- <http://www.gvrd.bc.ca/recycling-and-garbage/pdfs/101Things.pdf>

### **Climate Change (Sierra Club of Canada)**

- <http://www.sierraclub.ca/national/programs/atmosphere-energy/climate-change/index.shtml>

### **Eartheasy: Sustainable Living**

- <http://www.eartheasy.com/>  
Offers information, activities and ideas which help us live more simply, efficiently and with less impact on the environment.

### **EcoBC: The British Columbia Environmental Network**

- <http://www.ecobc.org/>  
Provides a large listing of BC environmental organizations.

### **Ecogeek**

- <http://www.ecogeek.org/index.php>  
Eco-technology blog.

### **Go Carbon Neutral (David Suzuki Foundation)**

- [http://www.davidsuzuki.org/Climate\\_Change/What\\_You\\_Can\\_Do/carbon\\_neutral.asp](http://www.davidsuzuki.org/Climate_Change/What_You_Can_Do/carbon_neutral.asp)  
Includes links providing additional background and consumer information on carbon offsets.

### **Greenpeace Canada Tips for Green Living**

- <http://www.greenpeace.org/canada/en/take-action/greentips>

#### **Green Living (Suite 101)**

- <http://greenliving.suite101.com/>

#### **Living with Ed: Ed's Top 10 Tips for Going Green (HGTV)**

- [http://www.hgtv.com/hgtv/pac\\_ctnt\\_988/text/0,,HGTV\\_22056\\_56190,00.html](http://www.hgtv.com/hgtv/pac_ctnt_988/text/0,,HGTV_22056_56190,00.html)  
Video clips demonstrating home improvement projects a more eco-friendly house.

#### **Nature Challenge (David Suzuki Foundation)**

- <http://www.davidsuzuki.org/NatureChallenge/>  
Ten steps to living a more sustainable life, with background information and practical tips.

#### **Office of Energy Efficiency (Natural Resources Canada)**

- <http://oee.nrcan.gc.ca/energguide/home.cfm>  
Home of the EnerGuide program, this site provides electricity consumption and fuel efficiency information for appliances, heating and cooling equipment, houses, and vehicles.

#### **One Day (City of Vancouver)**

- <http://www.onedayvancouver.ca/portal.php>  
Help make Vancouver the cleanest, greenest, healthiest city in the world.

#### **Power Smart at Home (BC Hydro)**

- <http://www.bchydro.com/powersmart/>

#### **Smart Steps: Business Tools for Sustainability (GVRD)**

- <http://www.gvrd.bc.ca/smartsteps/>

#### **Sustainable City (City of Vancouver)**

- <http://www.city.vancouver.bc.ca/sustainability/>

#### **Recycling Council of BC**

- <http://www.rcbc.bc.ca/>  
Many useful resources including a recycling hotline and materials exchanges.

#### **TreeHugger: How to Go Green Guides**

- <http://www.treehugger.com/gogreen.php#ch01>

Handy guides to help green our lives with ease, while understanding why.

#### **What You Can Do (Environment Canada)**

- [http://www.ec.gc.ca/eco/main\\_e.htm](http://www.ec.gc.ca/eco/main_e.htm)

#### **WorldChanging.com**

- <http://www.worldchanging.com/>  
Tools, models, news, and ideas for building a better future.

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If you require any assistance with these resources, please ask the Information Staff in the Science and Business Division on Level 4 at the Central Library.

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