

Vancouver Board of Parks and Recreation

External Rehab Specialist

Registration Guidelines



The Vancouver Board of Parks and Recreation (VPB) would like to welcome External Rehab Specialists (ERS) to our facilities. Please note that ERS entry is based on specific guidelines set below and those found not adhering to the guidelines may be denied access. Thank you for your cooperation.

External Rehab Specialists (ERS) must provide copies of the following prior to usage:

If you are a Physiotherapist, Recreation Therapist, Physical Therapist or Occupational Therapist,

- Minimum \$2,000,000.00 liability insurance specific to personal training. City of Vancouver, Vancouver Board of Parks and Recreation and Vancouver Police Board are added as additional insureds.
- Current Professional Association Membership Card. (ie: College of Physical Therapists of British Columbia).
- Current Emergency First Aid or equivalent and CPR or equivalent.
- Current City of Vancouver Business License

If you are a Rehab assistant or Therapeutic assistant,

- Minimum \$2,000,000.00 liability insurance specific to active rehabilitation. City of Vancouver, Vancouver Board of Parks and Recreation and Vancouver Police Board are included as additional insureds.
- Fitness certification with a personal training (or equivalent) emphasis with one of the following approved organizations: ACE, ACSM, BCRPA, BCAA, CanFit Pro, CSEP or NSCA.
- Current Emergency First Aid or equivalent and CPR or equivalent.
- Staff may ask for proof or copy of affiliation to a rehab consulting company or related active based rehabilitation establishment.
- Current City of Vancouver Business License

The Rehab Specialist agrees to:

- register with a Vancouver Park Board facility as an ERS and wear your ERS card in a visible place whenever you are training in one of our facilities using a lanyard or badge
- refrain from soliciting business while in the facility
- refrain from dominating any piece of equipment when others are waiting
- refer public questions to staff on duty
- cede to the VPB Fitness Centre Staff on any questions of inappropriate exercises.
- adhere to posted signs in each facility
- pay appropriate admission fees (eg: adult admission fee + ERS fee for each client):
 - a. the client also pays admission fee **New fee structure below**
- adhere to the sign in/sign out, wristband, ID card, etc. procedures at each facility, if any.
- provide services that are within their scope of practice and for which they are qualified and certified to do so.
- follow the Health Professions Act, their respective code of ethical conduct and College/Board regulations and bylaws while conducting services in a Vancouver Park Board facility.

COVID ERS guidelines (subject to change without notice)

The Rehab Specialist agrees to:

- stay at home if you or your client are symptomatic
- arrive no more than 15 minutes before your session
- pre-register for sessions on-line, by phone or in person, the registration fee includes the client, ERS and training fee and is the equivalent of three adult drop-ins
- space is very limited, bookings start 12 noon, 1 week in advance, registration cut-off is 30 minutes prior to the session
- wear masks at all times in the facility, masks may be taken off temporarily to drink water
- ensure clients wear masks in the facility and during exercise, masks may be taken off temporarily to drink water
- ensure that physical distance of 2.5m is maintained from other clients and ERS for both you and the client
- maintain 2m distance from the client wherever possible
- adhere to capacity limits of each room and observe occupancy signage
- changing rooms are closed, ask your client should come fully dressed for their workout
- clean equipment for your client before and after using, tools will be provided
- there is a limited amount of portable equipment, you are encouraged to small bring items such as bands and tubing for your client, please check with fitness staff prior to bringing any equipment

- Cancellations and refunds are permitted until 12pm, 3 days prior to the session. Refunds will be not be provided for missed sessions

All External Rehab Specialist enquiries go to:

Mark Cartwright

Recreation Services Coordinator - Fitness

Vancouver Parks and Recreation

Mark.Cartwright@vancouver.ca

www.vancouverparks.ca

I have read, understand and agree to the above.

Rehab Specialist: _____ **Ph:** _____ **Date:** _____

Signature: _____