City of Vancouver

COVID-19 Safety Plan

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This document outlines essential safety protocols that business units operations must implement and follow as the City maintains, expands and / or restarts operations during the COVID-19 pandemic.
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Overview

Maintaining operations, returning employees to the workplace and resuming operations during and after the COVID-19 pandemic is not as simple as announcing a reopening or a return-to-the-workplace date and carrying on business as usual. Not only will many of our workplaces / operations be altered initially, some changes may be long-term and continue beyond a vaccine or treatment being available.

As an organization, we have made a commitment to health and safety. We must focus on safety in all that we do and ensure our workplaces are as safe as they can be. When we care for staff, it is reflected in how they care for themselves, each other, others they encounter as part of their job, and services they provide. Our employees and citizens alike may have fears of returning to work or using our facilities. Preparing for and communicating how safety is a top priority and a commitment will allay fears and increase confidence in the City and our operations.

The City has developed this COVID-19 Safety Plan now that the pandemic curve is flattening. This Plan represents the minimum standards we must meet based on the information from the Provincial Health Officer (PHO), the Ministry of Health, the Province of B.C. and WorkSafeBC. This Plan is a living document that will evolve based on our commitment to the psychological and physical health and safety of our employees and based on direction and advice from the PHO, the Provincial Government and WorkSafeBC.

To develop this Plan, we have considered “Hierarchy of Controls for COVID-19” as recommended by the PHO. Additionally, this Plan is informed by and will evolve as a result of operational site based hazard analysis and risk assessments. This Plan addresses physical distancing followed by engineering controls, administrative controls and lastly, personal protective equipment (PPE) to reduce transmission. The application of these control measures will assist in mitigating potential hazards to maintain a safe workplace.

As many of our operations are unique, the City’s COVID-19 Safety Plan will be supplemented by operation-specific Safety Plan addendums to specify additional or modified measures that are required to meet public health requirements to minimize droplet contact and spread.

There are many situations where our employees will have contact with members of the public, coworkers and the physical environment itself (surfaces, doors, equipment etc.). These encounters could give rise to contact with COVID-19, if not controlled adequately. In addition to following this Plan and site specific addendums, all operations staff must think about the risks and take steps to control them. Business units must regularly assess all the hazards within their work area and take appropriate steps to eliminate or control the associated risk.

To address COVID-19 health and safety concerns in the workplace, Organizational Health and Safety will be communicating updates in respect to the pandemic response and any changes to necessary steps or actions required.

As leaders and supervisors, we are accountable to address and respond to COVID-19 and the psychological and physical health safety concerns raised by our employees.
Safety is an ongoing commitment. We ask our employees to speak up if something isn't right. Collectively we must accept responsibility for each other’s health and safety, and never take shortcuts. As we restart, look out for each other. When we all commit to this COVID-19 Safety Plan, a safe restart and ongoing safety we are closer to ensuring that every person goes home safe and healthy every day.

We ask that you lead and promote a safety commitment culture where no one walks past an unsafe act.

Thank you for your commitment.

Organizational Health and Safety
City of Vancouver
Purpose

The purpose of the City’s COVID-19 Safety Plan is to:

• Ensure all operations plan for safety and demonstrate a safety commitment;
• Outline our legal obligations; and,
• Provide guidance for operations and employees.

All operations are required to know and adhere to this plan and any operation specific Safety Plan addendums that require control methods not described in this document because they are specific to the operation and needs to be documented for staff to understand and implement.

Scope

This COVID-19 Safety Plan applies to all City employees, elected officials, contractors, volunteers and members of the public / visitors.

WorkSafeBC

WorkSafeBC recognizes the importance of worker safety following COVID-19 related work stoppages or interruptions. The City has considered WorkSafeBC resources and guidance in developing this Plan.

WorkSafeBC will not be reviewing or approving plans; however during a WorkSafeBC inspection they will ask about the steps taken to protect employees. This Plan and related addendums are a critical component that will demonstrate to a WorkSafeBC officer our commitment to employee safety and compliance with WorkSafeBC’s expectations.

Right to refuse unsafe work

Our employees have the right to refuse work if they believe it presents an undue hazard. An undue hazard is an “unwarranted, inappropriate, excessive, or disproportionate” risk, above and beyond the potential exposure a general member of the public would face through regular, day-to-day activity. In these circumstances, the worker should follow some specific steps to resolve the issue.

The employee must report any undue hazard to their supervisor for investigation. Each refusal of unsafe work is dealt with on a case-by-case basis and will follow the City’s Hazard Reporting Procedure available on Citywire.

Know we are here to help pre and post-restart

We understand you may have questions as you commit to this Plan. The City has developed many additional COVID-19 health safety procedures and standards to help protect staff. As you ensure for safety we ask that you refer to the resources that are available on Citywire: http://citywire.city.vancouver.bc.ca/hr/covid19/index.html
Occupational Safety Specialists and Safety Superintendents are also available to answer your questions. Please contact the Occupational Safety Specialist or Safety Superintendents in your work area or call the staff COVID-19 health and safety phone line (number available from the internal COVID-19 Citywire site).

Hierarchy of Controls for COVID-19

Considering the Hierarchy of Controls for COVID-19, operations must select a safeguard or a combination of safeguards that ensure for employee safety. The hierarchy of controls (in order of their effectiveness) is:

1. **Physical distancing / elimination or substitution**: Ensure for spaces that allow for activities to be performed two meters apart. Consider eliminating or postponing work tasks that may create a risk of exposure to COVID-19. Are there opportunities to work from home, or can work processes be changed to eliminate or reduce contact with others?

2. **Engineering controls**: Are engineering controls, such as physical barriers, practicable?

3. **Administrative controls**: Has the employer fully considered how work practices can be altered to minimize exposure, such as physical distancing or enhanced cleaning protocols?

4. **Personal protective equipment (PPE)**: This last form of protection should only be considered after careful consideration of the previous control measures. The use of gloves and face masks may be considered where none of the above controls are possible or effective. **If gloves, masks and protective suits are used, training and proper usage guidelines must be followed.**

5. **Cloth or disposable Non-medical masks**: These masks play a role to prevent the spread of droplets by the mask wearer with the purpose to protect other people. When a cloth mask fits closely to the face and has two but preferably three layers the mask may provide some protection to the wearer.

You must always start at the top of the hierarchy shown above to control the hazards. Choose a less effective safeguard only when more effective solutions are impracticable and continuously monitor to ensure they are providing the best level of protection to our employees.
Hazard Analysis

To develop this Plan, a hazard analysis was completed based on the “Hierarchy of Controls for COVID-19” as recommended by the PHO. This framework addresses physical distancing followed by engineering controls, administrative controls and lastly, personal protective equipment (PPE) to reduce transmission. The application of these control measures will assist in mitigating potential hazards to maintain a safe workplace.

<table>
<thead>
<tr>
<th>HAZARDS</th>
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</thead>
<tbody>
<tr>
<td>CONSIDER: Health and safety, damage to people, property, equipment or program/the categories of hazards: biological, physical, chemical, and psycho-social.</td>
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<table>
<thead>
<tr>
<th>CONTROL</th>
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<tr>
<td>Physical*</td>
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<table>
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<tr>
<th>MITIGATION</th>
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<tbody>
<tr>
<td>• Signage must be installed regarding physical distancing including visual cues (“step” stickers) for areas where customers are required to queue</td>
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<tr>
<td>• Common areas (public and employee) must be arranged to allow for physical distancing</td>
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<tr>
<td>• Alternative solutions to conducting business meetings should be considered</td>
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<tr>
<td>• Cleaning/disinfecting procedures for workspace, shared workspaces and common areas including vehicles to reduce surfaces that may potentially be contaminated with coronavirus particles must be addressed</td>
</tr>
<tr>
<td>HAZARDS</td>
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</tbody>
</table>
| **Biological:** Inadvertent exposure to a viral contagion or inadvertent contamination of a shared workspace or common area with easily transmissible viral particles by an employee who is carrying or showing symptoms of COVID-19. | Engineering (i.e. Renovations) | • Some workspaces may require physical barriers installed  
• Workspaces that are shared between two or more employees may be re-arranged to accommodate physical distancing or may require further steps of action to ensure physical distancing  
• Provide means for the general public to provide payment with minimal or no contact with staff  
• Place hand sanitizer station near entrance doors, pay station and other high touch locations for customers and employees |
| Pandemic-related hazards include:  
• Physical: touching surfaces that are potentially contaminated with coronavirus particles  
• Biological: inadvertent exposure to a viral contagion or inadvertent contamination of a shared workspace or common area with easily transmissible viral particles  
• Chemical: exposure to disinfectants/nitrile or latex gloves/environmental sensitivities  
• Psycho-social: mental | Administrative | Ensure for operational procedures which address the following:  
• Self-monitoring  
• Guidance on document handling  
• Cleaning/disinfecting procedures  
• Signage  
• Business meeting protocols (for both off-site and on-site)  
• Stress, anxiety and mental health awareness  
• Proper hygiene practices |
<table>
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<th></th>
<th>Personal Protective Equipment (PPE)*</th>
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<tbody>
<tr>
<td>Biological and Chemical (as above)</td>
<td></td>
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**Note:** Information regarding use of PPE related to COVID-19 can be found on Citywire. Where there are any questions operations are required to discuss with the assigned Occupational Safety Specialist or Safety Superintendent.

*Note: Firefighters responding to emergencies for possible or confirmed COVID-19 emergencies will follow departmental directives, plans and BC Emergency Health Services (BCEHS) guidance. Firefighters will also continue to wear PPE appropriate to the risk, and in accordance with BCEHS and PHO direction.

The City of Vancouver has prioritized non-PPE controls, specifically physical distancing and frequent hand washing, not coming to work sick.

Most City of Vancouver employees will not require PPE for protection from COVID-19. PPE is provided with higher risk situations such as cleaning public washrooms, treating wastewater or in close proximity to the public or clients known to be ill or have reasonable cause to assume that they might be ill.

Cloth or disposable non-medical mask are important controls whenever employees are interacting indoors with the public or when physical distancing with the public or co-workers cannot be regularly maintained or close contact (closer than 2 meters for more than 15 minutes in a day) is expected or planned for.

A large portion of the Plan relies on operations implementing site specific plans for the specific procedures required by operations but will need to at a minimum follow the expectations contained in this document.

**Risk Matrix**

The risk of transmission in City of Vancouver facilities is subject to two primary variables that we need to modify to reduce transmission risk: contact intensity (how close you are to someone and for how long) and number of contacts (how many people are in the same setting at the same time).
Modifying from high to low can be based on a range of actions:

- Physical distancing measures – to reduce density of people
- Engineering controls – physical barriers, increased ventilation
- Administrative controls – rules and guidelines
- Non-medical masks and PPE

Please contact your Safety Team member for additional guidance on the Risk Matrix for operation specific situations. Additional tools and guidance are available.

**Principles**

**Staying Informed**

Employees are encouraged to stay up-to-date and informed on the pandemic and follow public health advice, as information may change from time to time.

Managers and supervisors are expected to remain informed by regularly checking the City’s internal COVID-19 website for specific instructions and guidance for all City process that have been altered by the pandemic response.

Employees are expected to communicate their wellness and changes to it to their supervisor so that cleaning, mental health supports, benefits and business continuity plans can be engaged for COVID-19 related impacts to employees.
Supervisors are expected to keep senior management informed of COVID-19 impacts through the COVID-19 Event Notification phone number (this document is shared with the public, please see internal documentation for the number).

Supervisors have access to Health and Safety staff for questions related to COVID-19 by using the internal COVID-19 help email and phone number (this document is shared with the public, please see internal documentation for the number).

**Self-Monitoring / Daily Health Checks**

All employees and all other employers working in City workplaces are required before coming to work to do a daily health check. Identifying possible COVID-19 positive employees before they enter the workplace proactively removes the risk that they could inadvertently introduce coronavirus into the workplace. Supervisors are required to confirm with their staff that they did their daily health checks every day. The daily health check questions are:

1. **Do you have any of the following symptoms or signs?**
   - Fever
   - Chills
   - New or worsening cough
   - Shortness of breath
   - New muscle aches or headaches
   - Sore throat, trouble swallowing

2. **Have you had close contact with a confirmed case of COVID-19 in the last 14 days and not spoken with Public Health?**

3. **Are you currently directed or instructed by a Public Health official (nurse, doctor, or 811 call taker) to self-isolate?**

4. **Have you travelled outside of Canada in the past 14 days?**

Employees with COVID-19 symptoms must stay home and not come into work. They must:

- Remain home and self-isolate;
- Complete the self-assessment tool available online at bc.thrive.health/covid19/en; and
- Promptly follow up with public health (call 8-1-1) for guidance on next steps.

Employees must keep the City informed on direction given.

We must all do our part in keeping each other safe at work and in the community.
Physical Distancing

Physical distancing reduces the potential of coronavirus being transmitted through airborne droplets. There is a possibility that even non-symptomatic carriers of coronavirus may transmit the virus in this manner, so physical distancing should always be observed, even in cases when people do not display symptoms of COVID-19.

- Access to the City workplaces must be controlled and where appropriate alternative methods such as video or conference calls, be used for conducting business to prevent close personal contact.
- Lunchrooms, break rooms, boardrooms, reception and common areas must be arranged to follow physical distancing practices. However, employees are discouraged from using these areas whenever possible.
- Employees should remain on their primary work floor and not visit other floors in the building unless absolutely necessary.
- Whenever possible, employees should travel alone in vehicles to ensure physical distancing. (Note: This is covered in more detail later in this Plan.)
- Should a task require close personal contact, appropriate PPE and additional mitigation measures must be considered and discussed with your supervisor.
- Business travel is not allowed at this time.
- If there are cases where, in a shared workspace, physical distancing cannot be maintained, a more comprehensive risk assessment must be undertaken in collaboration with the Joint Health and Safety Committee (JHSC). Consideration must be given to the type of task(s), and whether there are alternatives. Organizational Safety Specialists and Safety Superintendents are available to guide and assist in this task.

Personal Hygiene

Employees must practice proper “hand hygiene” techniques often, as it is the single-most effective way of reducing the spread of infection. Proper respiratory etiquette should also be followed.

Touching your face, including eyes, nose or mouth must be avoided and hands washed or sanitized following such touching.

Enhanced Cleaning / Disinfecting

Cleaning must be performed as outlined on Citywire. Any particular operational concerns must be brought to the attention of REFM for guidance. Any operational specific approach must be documented and followed.
Shared Workspaces / Equipment Including Vehicles

- Employees are discouraged from sharing equipment (i.e. pens, phones, other tools).
- The need to share workspaces and equipment will be minimized.
- When it is necessary to use a common workstation or piece of equipment, such as photocopiers or cash registers, the surface should be disinfected before and after use. If you are in doubt about the cleanliness of an area or item, employees are encouraged to disinfect the area or item before and after use to reduce the risk of contamination.
- In the event of a potential COVID-19 case in a shared workspace, workstation or with a person using shared equipment, the station/equipment must not be used until a deep clean can be performed which is to be delegated by the employee’s manager. Follow the proper procedural guidelines outlined on Citywire.
- Employees who use City vehicles must ensure that high contact surfaces within the vehicle are routinely disinfected. Follow the proper procedural guidelines outlined on Citywire.

Personal Protective Equipment (PPE)

Most City positions do not require specific PPE to do their jobs. Where required, PPE must be available and training must be provided by supervisors. Review position specific requirements on Citywire.

Stress, Anxiety and Mental Health Awareness

Practice self-care. Emotional stress, anxiety or concern is natural under the present circumstances. Anyone who feels they are experiencing negative mental health implications should seek assistance as soon as possible.

Homewood Health, our employee and family assistance provider (EFAP) is available 24 hours a day, 7 days a week at 1-800-663-1142.

The City has guides to ensure for employee support on Citywire. Managers and Supervisors must make themselves familiar with the available material and pay attention to the health of their employees. Organizational Health is available as needed for support or guidance.

Return-to-Work Occupational Health & Safety Training

Upon returning to work after a period of absence where hazards of the work may have changed, our employees must receive refresher orientation training from their department / operation. Therefore, everyone returning to work after a reduction in work due to COVID-19 must receive a
refresher orientation. Every worker must be informed of new or revised procedures to eliminate or reduce potential for exposure to COVID-19.

Training must:

- Be specific to your operation and, in addition to acting as a refresher, it must also include any new arrangements or controls developed in response to the COVID-19 pandemic
- Explain essential health and safety information, such as employees’ rights and responsibilities, work rules, hazards and safe work procedures
- Include mental health and how to access Homewood, the City’s EFAP provider
- Include information around specific COVID-19 protocols or procedures, including
  - Rules around physical distancing
  - Hand washing
  - Reporting COVID-19 symptoms
  - General cleaning procedures to ensure a consistent approach by all

General Operating Guidelines

Operations staff are required to ensure these guidelines are known and followed.

General Practice Expectations

While every workplace is different, and practices may vary depending on the location and nature of the department/operation, there are some general guidelines that apply:

- Maintain good personal and environmental hygiene
- Ensure good ventilation
- Maintain proper function of washrooms, drains and pipes
- Cover nose and mouth with tissue paper while sneezing or coughing, dispose of tissue and wash hands immediately
- Maintain physical distancing (at least two metres)
- Keep hands clean and wash hands properly:
  - Before touching eyes, nose and mouth if there is a need to do so
  - After handling objects soiled by respiratory or other body secretions
  - After touching high contact surfaces or equipment, such as escalator handrails, elevator control panels or door handles
- People with symptoms of COVID-19 must self-isolate and contact their doctor or 8-1-1. Anyone with these symptoms are not to be in the workplace.
Employee Expectations

Employees must:

- Practice physical distancing by working at least two metres apart from coworkers whenever possible (where there is an approved exception refer to the appropriate developed safety procedure).
- Continue to follow all other safe work procedures. If it is unsafe to work, talk to a supervisor or the joint health and safety committee to address concerns.
- Stay home if they are sick or might be sick.
- Avoid touching their face.
- Wash their hands for a minimum of 20 seconds at the start of their shift, before eating or drinking, after touching shared items, after using the washroom, after using a tissue, after handling cash or credit/debit cards, after touching common items, after each delivery (if contact was made) and at the end of their shift. It is recommended to remove jewelry while washing.
- Expected to wear masks (cloth or disposable) in facility public areas, staff common areas and where physical distancing cannot be maintained
- Mandatory to wear masks (cloth or disposable) when two employees are travelling in a vehicle (VFRS exempted)

Workplace Wellness/Sick

Operations must ensure that employees do not come to work if they are displaying symptoms of COVID-19. This includes employees who fall into the below categories:

- Anyone with COVID-19-like symptoms such as a sore throat, fever, sneezing, or coughing.
- Anyone with these symptoms should self-isolate at home and call their physician or 8-1-1 for care guidance. If an employee tests negative for COVID-19 and has not been advised by Public Health to self-isolate, they can return to work once their symptoms are gone (besides a lingering cough).
- Employees who have travelled internationally. In these cases, they must remain away from the workplace and self-isolate for at least 14 days.
- Employees who are required to self-isolate on Public Health orders or direction.

If employees report having COVID-19-like symptoms while at work:

- Send them home to recover for the prescribed self-isolation period. Advise them to call 8-1-1 for direction.
- Clean and disinfect their workstation and any areas or tools that they were using as part of their job.

Note: Ensure employees know what to do when they feel sick (e.g. reporting procedures).
The City will follow direction from provincial authorities on public health guidance with regard to
detailed cleaning, temporary closure and trace contacting as may be needed based on the
particulars of the case. Contact Organizational Health and Safety for direction.

Operations must ensure that these requirements are communicated to their managers,
supervisors, and employees and they must have a process for communicating with employees
who may fall into one of the categories of those who must not come to work.

Customer / Public

To ensure for the safety of our employees and the public we serve, we will share the following
messaging:

- **If you are sick, you must stay home**
- If you have underlying medical conditions, it is recommended that you not visit City Hall
  or other City facilities
- Anyone displaying symptoms of COVID-19, which primarily displays as a persistent
cough, will not be permitted on the premises
- If you have travelled outside Canada, you are not permitted on our premises until you
  have self- isolated for a minimum of 14 days subject to Federal quarantine laws
- If you are displaying symptoms of COVID-19 or you live in a household where someone
  is showing symptoms of COVID-19, you must stay home
- Physical distancing is required at all times (minimum of two meters)
- **Failure to observe physical distancing risks the closure of the facility, and as such, you will be asked to leave the premises**
- Washrooms on the premises are disinfected frequently; hand sanitizers are located on-
site (identify the location, recommend at a minimum, the entrance to the facility)
- If your request can be handled over the phone, please call 3-1-1 or the appropriate
department for assistance rather than attending in person
- City operations are avoiding the use of cash and ask that any financial transactions be
  conducted electronically. Specific operations may use cash with additional safeguards
  in place.
- Wearing of masks by the public and clients in indoor settings is expected to prevent the
  spread of respiratory aerosols and droplets for the protection of everyone. Additional
guidance is on the City’s website.
Meeting Room use

In person meetings can be done safely but they should be avoided if the goal of the meeting can be achieved in other ways. Before having a meeting the person organizing should be thinking of the following questions:

Is the topic or issue important enough to meet?
Can the topic or issue be done remotely?
What is the least number of people needed to be involved?
How can the meeting will be designed to be as short as possible?
Can the meeting be held out doors?
Do I have permission to use the indoor space?
Is the meeting room or space large enough for physical distancing and respecting maximum occupancy limits?
Am I confident the space has been cleaned or included on the cleaning rounds?
Am I confident cleaning supplies are available to clean or re-clean?
Am I confident hand sanitizer is present?
I am able to provide or know that all individuals have masks (if public are present) or if there is agreement masks are required for the meeting (only city employee meetings) to go ahead and make all individuals comfortable to meet in person?
Will I have control to prevent situations for excessive droplet release (eating, shouting, singing etc.) at the meeting?

Physical Distancing

Physical Distancing for Employees

There are various ways to determine space considerations to allow for appropriate physical distancing, depending on circumstances.

As operations ensure for physical distancing ensure you involve your operations and your joint health and safety committee in brainstorming physical distancing measures that could work for the spaces they work in. Have your joint committee consider the interactions they have with others, solicit input from your teams, and encourage all employees to promote the approved physical distancing measures. Spread the message that the most considerate thing your employees can do for their co-workers and the public is to keep a distance of two metres
between themselves and the people they work with. Encourage employees to use a standard greeting with each other that is positive but reminds others to keep a safe distance.

**Considerations for Physical Distancing**

<table>
<thead>
<tr>
<th>Types</th>
<th>Description</th>
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<tbody>
<tr>
<td>Physical Distancing</td>
<td>• Allow for two metres (six feet) of physical distance between employees or between employees and public or public and public.</td>
</tr>
<tr>
<td>Indoor Employee Space</td>
<td>• Where employees will not be moving around or need to navigate around obstacles, allow for 3.3 square metres (36 square feet) of unencumbered space per person to calculate occupancy.</td>
</tr>
<tr>
<td>Indoor Employee/Public Space</td>
<td>• Calculate the total unencumbered square metres available and divide that by 5, to allow for 5 square metres (54 square feet) of space per person. The resulting figure is the maximum occupancy for that space.</td>
</tr>
<tr>
<td>Events Numbers</td>
<td>• The maximum number of event patrons is 50 for an event, excluding employees but ensuring adequate space is available for every person and the calculated maximum occupancy limit is not exceeded.</td>
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There are many ways that operations can organize work to ensure that physical distance between employees is maintained. Some options may include:

- Revising work schedules or implementing / maintaining work-from-home policies for staff to limit the number of employees on site at a given time
- Staggering start and end times if crowding at entry and exit locations means the physical distancing requirement of at least two metres cannot be maintained
- Designating doors for entry and exit to prevent employees and others from coming into proximity with one another
- Establishing and posting occupancy limits on elevators, rooms and other small spaces, using the calculation shown previously
- Identify the maximum number of people (including staff) and communicate and enforce this limit
- Reducing in-person meetings and other gatherings
- Utilize teleconference, Webex and Jabber technology for meetings available for most City staff
- Outdoor meetings are encouraged while maintaining physical distancing
- Using tape to mark off areas where employees can and cannot walk, or to mark off areas where employees may walk only in one direction (such as down an aisle or narrow corridor)
• Posting signage to remind employees to maintain their distance when interacting
• Postponing, re-arranging, or planning work tasks in such a way that employees are not required to work in proximity to one another
• Using machines or other equipment to assist with job tasks usually performed by two employees, such as lifting or carrying heavy objects
• Managing worker transportation so that two employees are not required to travel in a single vehicle
• Restricting eating to a clearly identified and dedicated area with handwashing stations, cleaning and disinfecting supplies, and adequate space to maintain the physical distancing requirement
• Designating additional rooms as break areas
• Eliminating food sharing stations
• Limiting the number of employees allowed in common areas at any one time. Consider staggered break times to reduce large gatherings and encourage employees to take breaks at their own desk or outside. Limit or stagger employees entering change areas or rooms with assigned lockers
• Distancing the tables in lunchrooms, limiting the number of chairs, placing “x’s” on tables where people should not sit
• Creating distance with various barriers like tape on the floor, rope, cones, tables, or other items in the workplace to prevent staff or the public getting too close
• “Sneeze guard” barriers are a substitute for physical distancing where there is not enough room. Clear plastics or other materials are appropriate for some reception counter configurations. See WorkSafeBC publication: “Designing effective barriers” or ask a Safety Team member for more ideas

If breaching the physical distancing requirement is unavoidable, plan the work task, ensure for appropriate safety procedures and provide instructions to employees to ensure that time spent in close proximity is minimized. Providing employees with cloth or disposable masks is appropriate if all other work task options have been considered.

The aim is to do everything possible to limit in-person interactions, while finding new and more protective ways to operate within the physical infrastructure of the workplace. With this in mind, everyone in the workplace must adhere to the following:
• You must not come to work if you are feeling unwell or sick with potential COVID-19 symptoms
• Report to work committed to abiding with physical distancing processes
• Continue to follow all existing safe work procedures in the workplace
• Wash and sanitize hands regularly, cough/sneeze into your upper sleeve or elbow (not your hands)
• Avoid physical contact with others
• **Never walk past an unsafe act** – if you notice that another employee is not abiding by the physical distancing policy, remind the employee and if necessary report it to a supervisor
• Follow the staff expectations described above

**Physical Distancing During Employee Transportation**

If employees are travelling by road vehicle, the following control measures are expected:

• Operations must limit the number of employees being transported to two employees and they must both wear masks (cloth or disposable)
• Operations must consider distancing when loading and unloading a vehicle
• Operations must have hand-washing facilities or sanitizing stations available to employees as they enter and exit the vehicle
• Whenever possible, employees should travel alone in a vehicle
• If two or more employees are in a vehicle the ventilation system must be set on high with no air recirculation and the windows must be lowered to maximize air flow in the vehicle
• To have three or more employees present in a vehicle they must be a set “pod” for the duration of the weekly shift (VFRS)
• Operations must ensure that high-contact surfaces within the vehicle are routinely cleaned. These include seatbelts, headrests, door handles, gear shift levers, steering wheels and hand holds.
• Operations may consider installing a physical barrier, similar to a “sneeze guard,” in vehicles transporting employees. While this may be feasible in some vehicles depending on their size, type, and configuration, operations must be aware that modifying vehicles in any way may introduce additional hazards to the vehicle and occupants. Any barriers must be installed in such a way that they:
  - Are appropriately affixed to the vehicle, and
  - Do not introduce hazards, such as restricting the driver’s field of vision, means of escape in the event of an accident, increase injuries as a result of an accident or access to controls.

Any changes to the passenger compartment and vehicle used for transportation of employees must still be consistent with requirements set out in the Occupational Health and Safety Regulation. Any barrier installed must be made of a material that can be cleaned and disinfected and must be regularly cleaned as part of the overall cleaning
practices for the vehicle used to transport employees. Seek guidance from Driver Services and/or Fleet and Manufacturing Services as required.

Physical Distancing for the Public / Customers

The City must implement physical distancing to reduce opportunities for interactions among large groups that could have prolonged close contact, such as during tax payment time. Practically this might mean limiting the number of patrons who enter our facilities and discontinuing or modifying service in areas where physical distancing cannot be practiced (e.g., counter service). Ways in which operations may achieve physical distancing among customers include the following:

- Use signs and markings to direct the public, to indicate appropriate distances to stand, to mark direction of travel, to designate entrances and exits
- Promote one-way travel
- Limit the number of customers allowed into City Hall or other City facilities. It is strongly recommended operations ensure there are five square metres of space per person. This unencumbered space would be floor space minus floor space used for desks for example.
- Operations must identify the maximum number of people (including staff) and communicate and enforce occupancy limit
- Provide a waiting area outdoors with markers to designate safe distances if it is safe to do so
- Install barriers at and between cash registers to prevent encroachment
- Install barriers between employees and customers made of clear plastic material whenever it is not possible to implement physical barriers that create distance. See WorkSafeBC publication: “Designing effective barriers” and discuss with Safety Team member for ideas and direction
- Mark the floor at two-metre intervals to promote physical distancing in aisles and line ups
- Label certain tables and chairs unavailable for use, or remove entirely, to maintain appropriate distances between customers

Sanitation & Hygiene

Hand Hygiene

Respiratory viruses like COVID-19 spread when mucus or droplets containing the virus get into your body through your eyes, nose or throat. Most often, this happens through your hands. Hands are also one of the most common ways that the virus spreads from one person to the
next. During a global pandemic, one of the cheapest, easiest, and most important ways to
prevent the spread of a virus is to wash your hands frequently with soap and water.

Below is a step-by-step process for effective handwashing, to remove all traces of the virus:

- Step 1: Wet hands with running water
- Step 2: Apply enough soap to cover wet hands
- Step 3: Scrub all surfaces of the hands – including back of hands, between fingers and
  under nails – for at least 20 seconds
- Step 4: Rinse thoroughly with running water
- Step 5: Dry hands with a clean cloth or single-use towel
- Step 6: Use towel to turn off the faucet

The City must ensure that materials for adhering to hand hygiene are available on their
premises. Provide receptacles for used tissue paper disposal. Provide conveniently-located
dispensers of alcohol-based hand sanitizer; where sinks are available, ensure that supplies for
handwashing (i.e., liquid soap and disposable towels) are consistently available.

**Personal Protective Equipment**

Personal Protective Equipment (PPE) is specialized clothing or equipment worn by an employee
for protection against infectious materials. It should serve as a last resort that must not replace
any other risk control and infection control measures. However, sufficient stock of PPE must be
kept to ensure its provision to protect employees from exposure to infectious agents in the
workplace. The common PPE used includes:

- **Surgical mask:** Wear a surgical mask to protect mucous membranes of the nose and
  mouth during procedures that are likely to cause exposure to blood or body fluids. Non-
surgical (cloth) masks do not protect the wearer but may prevent the wearer from
  exposing others to the virus.
- **Particulate respirator:** Use a particulate respirator (e.g., N95 respirator) for first aid
  attendants/First Responders or for maintenance work on ventilation or sewage systems.
- **Gloves:** Wear disposable gloves when touching blood, body fluids, mucous membrane
  or contaminated items. Remove gloves promptly after use and perform hand hygiene
  immediately. **Gloves do not replace hand hygiene.**
- **Gown, apron or impervious disposable coveralls:** Worn to protect skin or trunk and
to prevent soiling of clothing during procedures that are likely to generate splashes or
sprays of blood, body fluids, secretions, or excretions. Wear a coverall for conducting
high pressure water spraying during ventilation system or sewer system maintenance or
when substantial whole-body contamination is anticipated. Remove soiled garment as
promptly as possible and perform hand hygiene to avoid transfer of microorganisms to other people or environments.

- **Goggles / Face shield:** Wear goggles / face shield to protect the mucous membrane of the eyes when carrying out procedures that are likely to generate splashes or sprays of blood or body fluids of the person (e.g., changing dust filters of the ventilation system, working in sewer system, or for first aid attendants). Wear goggles / face shield when conducting high pressure water spraying for sanitary sewer system maintenance. Ordinary spectacles do not provide adequate protection. Goggles / face shield must be changed after procedure or whenever contaminated. Reusable goggles / face shield must be washed and decontaminated in accordance with manufacturer’s instructions.

**Operations must ensure employees are provided with and trained in the use of the PPE they need to safely perform their work.**

Non-medical cloth masks will be provided to workers who require them when physical distancing is challenging. Cloth masks are for preventing droplets from the person wearing the mask from being spread. Cloth masks are not Personal Protective Equipment (PPE) described in WSBC laws as cloth masks do not adhere to any national or international standards of construction or protection. However, a well-fitting and constructed cloth mask can be very effective at stopping droplets from spreading and can provide a reasonable level of protection from other people’s droplets.

**Environmental Hygiene & Decontamination**

Current evidence suggests that COVID-19 may remain viable for hours to days on surfaces made from a variety of different materials. The thorough cleaning of surfaces and structures, followed by disinfection, is therefore a best practice measure for prevention of COVID-19. City operations must ensure for frequent and appropriate cleaning for their operation, considering the use of the facilities and any special circumstances that may arise. Standards and cleaning processes are documented on Citywire.

Operations must follow the manufacturer’s instructions printed on the bottle or on the Safety Data Sheet. Only use products provided by the City and ensure staff are provided with training on product use and safety.

Always follow product instructions for dilution, contact time and safe use.

All visibly dirty surfaces must be cleaned with water and detergent before disinfecting (unless otherwise stated on the product label).
Always ensure that the disinfectant you use is approved for use in a food processing or food service application, if applicable. Some disinfectants can be toxic and are unsuitable for food premises or food contact surfaces.

Ensure WHMIS criteria is met for labeling, use, and review of Safety Data Sheets, and that incompatible substances are not mixed.

**Essential Travel**

**Exemption Service Workers**

Workers are to avoid non-essential travel outside Canada and that any traveler arriving in Canada undertake 14 days of self-isolation, with the notable exceptions for workers who are essential to the movement of goods and people. Exceptions to this include travel associated with the movement of healthy workers in the trades and transportation sector such as flight crews, truck drivers, railroaders, mariners, or the movement of other healthy workers across our border to go to work, which would include health care providers and critical infrastructure workers. These workers are asked to closely self-monitor, and self-isolate immediately should they exhibit any symptoms.

Specific guidelines defined for these workers supporting essential functions are identified as persons:

- who do not exhibit any symptoms of COVID-19, such as coughing, fever or difficulty breathing;
- who have not travelled internationally within the last 14 days
- who have not been in close contact with any person who has been diagnosed with COVID-19; and,
- who are exempt from recommendations or requirement for self-isolation where they might otherwise be applicable

**Employee & Customer Communications**

**Employee Communications**

Effective communications to City employees are an important element of a good workplace. It assumes even greater significance at times of crisis. The current situation is constantly evolving, and employees have to deal with multiple personal and professional changes.
Ensuring employees are kept informed, and fully understand expectations around hygiene, City polices and approaches, safe work practices and protocols will not only ensure better compliance, but will also go a long way in obtaining employees’ commitment to safety.

Face to face communication can take place if proper physical distancing measures are observed but other options for communications should also be used through Citywire, leadership, emails, posters, virtual meetings, short videos etc.

Ensure employees’ mental health as well as physical health is maintained. Communicate to all employees how to contact Homewood, our Employee and Family Assistance Program.

Customer/Public Communications
The City continues to develop standard communications that we share with those visiting, or planning to visit, our operations. Ensure your operation uses available messaging. Communications and onsite messaging should include:

- A message welcoming them to the premises
- Specifics about current operation environment (e.g. provincial health directives that apply and any guidelines to follow)
- Expectations outlined in this Safety Plan
- An overview of all the efforts that you are undertaking to ensure for employee and customer health & safety

This communication should be available in English and other languages as appropriate for your operation and should be featured on the City website, signage at the premises and be included in any social media information as may be appropriate.

If you have any messaging questions, please contact Corporate Communications.

Potential Controls
The following information contains potential controls/recommended best practices for five main employee groups in our operations. Each operation must follow the hierarchy of controls to establish the greatest level of employee safety possible and follow these controls in their COVID-19 Safety Plan compliance.
Administration/Office staff

Worker to Worker

- Always conduct a daily health check before coming to work and inform or respond to your supervisor when they request a confirmation.
- Ensure employees who have been away, or are new to the workplace, are oriented as necessary so that all COVID-19 related procedures are explained and understood.
- Where possible, communicate using telephone, text message, email, or other communication technology instead of face to face.
- Workplaces should stagger start and end times if crowding at entry and exit locations means the physical distancing requirement of at least two metres cannot be maintained.
- Consider designating doors for entry and exit to prevent employees and others from coming into proximity with one another.
- Ensure hand sanitizer is available to employees as they enter the building and counter staff who deal with the public have hand sanitizer available for just their use.
- Post signage prohibiting access to the workplace to those who are exhibiting symptoms of COVID-19.
- Ensure cleaning products are readily available, monitored daily and restocked daily as required.
- Ensure high touch surfaces such as counters, handles, control switches are cleaned a minimum of twice per day.
- Consider the use of thin micro-shields on computer keyboard, computer mouse, point of sale machines and any other equipment that must be shared. Each worker should be issued their own shields and be responsible for proper use and cleaning.
- Consider cleaning and disinfecting eating areas every hour.
- Ensure that whatever changes you make to the usage of communal areas is clearly communicated to employees.
- Limit the number of employees allowed in common areas at any one time. Consider staggered break times to reduce large gatherings and encourage employees to take breaks at their own desk or outside. Limit or stagger employees entering change areas or rooms with assigned lockers.
- Consider distancing the tables in lunchrooms, limiting the number of chairs, placing “x’s” on tables where people should not sit.
- If breaching the physical distancing requirement is unavoidable, plan the work task and provide instructions to employees to ensure that time spent in close proximity performed is minimized and safe.
• When face-to-face meetings cannot be avoided conduct them with the required physical distancing preferably outdoors or indoors in an appropriately sized meeting room.
• Require staff to wear cloth face masks for situations where physical distancing cannot be maintained for longer than five minutes, when in staff common areas and when indoors and public have access or are present.
• Restrict eating to a clearly identified and dedicated area with handwashing stations, cleaning and disinfectant supplies, and adequate space to maintain the physical distancing requirement.
• Require employees to bring their own dishes and utensils.
• Refrain from providing and consuming communal foods.
• Allow communal doors to remain open throughout the workday to reduce contact with door handles (do not leave fire doors open).
• Instruct employees to not to share equipment, such as pens, staplers, headsets, and computers.
• Minimize the number of people using previously shared office equipment or other items (photocopiers, coffee machines, microwave ovens, etc.). Shared equipment must be cleaned and disinfected after each use.
• Establish hygiene practices that address the needs of the workplace that includes the requirement to wash or sanitize hands after coming into contact with public items.
• Restrict travel between offices or work locations to critical business functions.
• First Aid Attendants must follow the WorkSafeBC Guideline “OFAA Protocols during the COVID-19 Pandemic” and other internal guidance here.

Public to Employee
• Where possible, visits to the workplace should be prearranged, staggered, and safety protocols must be communicated before entry into the workplace (e.g., email and/or signage posted to entrance).
• If names and contact details of the public are collected through regular in-person transactions, keep the record for at least 30 days in case contact tracing is necessary. At this time do not create new processes to collect public contact information.
• When booking appointments, visitors must be reminded to reschedule if they experience symptoms typical of COVID-19 or are placed on self-isolation.
• Minimize non-essential in-person interaction between employees and visitors (e.g., use of virtual meeting tools, email, or telephone).
• Where possible, visitors should attend appointments alone and minimize time spent in waiting area before their appointments.
• Taxpayers should plan to make payments and grant applications online, or by mail.
• Signage at the workplace will be present to inform every one of the measures in place.
• Waiting areas should be arranged to limit the number of people to maintain physical distancing requirement.
• Place markings on the floor directing visitors where to stand when approaching front counters.
• Remove non-essential communal items, such as candy, magazines, and pamphlets.
• Beverages (coffee, tea, water) should not be offered at this time.
• Provide a safe place for visitors to dispose of used sanitizing wipes and other personal protective equipment.
• Ensure that delivery zones are clearly identified and limited to receivers and deliverers only.
• Arrange for suppliers and/or delivery persons to drop off goods at building entrances to avoid searching for departments within the premises.
• Request contactless delivery to maintain physical distancing requirement (e.g., delivery person leaves packages in a pre-arranged location). This option may be limited if signing or proof of receipt is required, or theft of items is possible before being retrieved by staff.
• Wearing of masks by the public and clients in indoor settings is expected to prevent the spread of respiratory aerosols and droplets for the protection of everyone. Additional guidance is on the City’s website.

The Board of Parks and Recreation

Worker to Worker – Indoor or Outdoor Spaces

• Wearing of masks by the public and clients in indoor settings is expected to prevent the spread of respiratory aerosols and droplets for the protection of everyone. Additional guidance is on the City’s website.
• Always conduct a daily health check before coming to work and inform or respond to your supervisor when they request a confirmation.
• Review and coordinate roles and responsibilities with all contractors, suppliers, and staff. Operations must have procedures to ensure contractors are aware of health and safety program requirements, including relevant COVID-19 related protocols, and are following protocols of their own that meet or exceed our standards.
• Limit the number of staff on shift to the number required to ensure for safety and
appropriate social distancing.

- Stagger arrival and departure times.
- Where ever possible assign staff to one facility only.
- Limit the number of employees allowed in common areas at any one time. Consider staggered break times to reduce large gatherings and encourage employees to take breaks at their own desk or outside. Limit or stagger employees entering change areas or rooms with assigned lockers.
- Consider distancing the tables in lunchrooms, limiting the number of chairs, placing “x’s” on tables where people should not sit.
- If breaching the physical distancing requirement is unavoidable, plan the work task and provide instructions to employees to ensure that time spent in close proximity is minimized and performed safely with appropriate masks.
- If face-to-face meetings cannot be avoided, ensure for physical distancing and consider requiring staff to wear cloth face masks.
- Restrict eating to a clearly identified and dedicated area with handwashing stations, cleaning and disinfectant supplies, and adequate space to maintain the physical distancing requirement.
- Require employees to bring their own dishes and utensils.
- Refrain from providing and consuming communal foods.
- Allow communal doors to remain open throughout the workday to reduce contact with door handles.
- If face-to-face meetings are unavoidable, consider holding them outdoors and maintain appropriate physical distance at all times.
- If meetings must occur indoors, limit face-to-face participation to only those absolutely required to be present. Ensure proper cleaning and disinfecting before and after meeting room use.
- Review staffing levels and adjust as needed to ensure enhanced cleaning of high-touch areas and enhanced staff presence to manage park visitors.
- Determine the maximum number of people in each area or space to maintain physical distancing requirements.
- In welcoming visitors, send out information through regular marketing channels and social media about limitations, rules, limited facilities, and service to manage expectations during partial openings.
- Provide signage and information regarding rules and process throughout the Board of Parks and Recreation facilities including parks, beaches, sport courts, and general outdoor areas. Consider posting signage in other majority languages or provide pictograms.
- Consider enhanced measure to maintain the physical distancing requirement.
- Control entry and exit points for visitors and employees.
• Manage the flow of people by implementing one-way walkways or marking off designated walking areas.
• Consider creating cohorts of employees who work together and who do not interact with other cohorts. This will assist in reducing transmission throughout the workplace in the event that a staff member becomes ill.
• Ensure employees who have been away, or are new to the workplace, are oriented as necessary so that all COVID-19 related procedures are explained and understood.
• Identify situations where personal protective equipment (PPE) will be required. Clarify who will provide PPE and train employees accordingly.
• Identify a process to regularly review and/or update protocols and include employees and the joint occupational health and safety committee in your review process.
• Establish and post occupancy limits for office spaces, lunchrooms, vehicles and other common areas. Ensure physical distancing can be maintained. It is recommended that five square metres of unencumbered space be available for each person (staff and public).
• Establish hygiene practices that address the needs of the workplace, including the requirement to wash or sanitize hands after coming into contact with public items.
• Post cleaning procedures and worker expectations in all common spaces.
• Before entering any shared space such as vehicle or office, wash hands or use hand sanitizer.
• Clarify procedures to wipe down or disinfect shared office equipment before use.
• Consider the use of thin micro-shields on computer keyboards, computer mouse, point of sale machines and any other equipment that must be shared. Each worker should be issued their own shields and be responsible for proper use and cleaning.
• Maintain at least a two-metre distance from other employees. If the physical distancing requirement cannot be maintained, hold a meeting to address solutions, which may include working from home, physical barriers or masks.
• Employees must follow the guidelines for traveling in vehicles.
• Incorporate end-of-shift vehicle wipe downs, include a method for tracking end of shift cleaning and provide employees with appropriate supplies, like soap and water, hand sanitizer, and disinfectant wipes.
• Manage location of personal gear and care items to minimize exposure.
• Clarify and follow cleaning and disinfecting schedules.
• First Aid Attendants must follow the WorkSafeBC Guideline “
Public to Employee – Outdoor Spaces

- Ensure any employees that are expected to manage groups of visitors are trained in protocols including and COVID-19 specific requirements and violence prevention.
- Ensure staff have the training, support and strategies for dealing with visitors who may be unwilling or are unable to understand the approach to managing visitor volumes. This must include reviewing your violence risk assessment, policies and procedures, and training and reporting requirements under the Occupational Health and Safety Regulations for minimizing the risk of violence to employees.
- Provide signage and determine how crowd limits and spacing will be controlled, and who will be responsible. **Note: During Phase 2 and 3 of business reopening, the maximum number of event patrons allowed at a single event is 50 subject to distancing and maximum capacity limits.**
- Provide markers or indicators to ensure spacing.
- Limit parking.
- Space out or limit bike valet or bike racks.
- Space out or limit the number of picnic tables, and put signage on table for the maximum number of people per table.
- When working amongst members of the public, set up barriers or tape to delineate the worksite and to discourage the public from entering the area.
- Ensure there is sufficient staff to manage the volume of customers and associated line ups and food pick-up areas.

Public to Worker – Indoor Spaces

The City of Vancouver COVID-19 Reopening Safety Plan will be updated as information becomes available.

The following information has been provided to allow the Board of Parks and Recreation to prepare for re-opening of indoor recreational spaces. Site specific Safety Plans will be developed from the general expectations provided in this document.

**Aquatic Centres**

Proper operation and disinfection of pools, hot tubs and water playgrounds should
kill the virus that causes COVID-19.

- Provide hand sanitizing station at entrance to facility and require public and staff to use it.
- Limit the number of patrons in the facility (patrons and staff), to allow for appropriate physical distancing of two metres between each person. It is strongly recommended that each facility have five square metres of unencumbered space per person.
- Hot tubs and saunas have been determined to not be opened at this time.
- Designate and sign the direction of foot traffic; one way in and one way out, and one way circulation paths in corridors and stairs where possible.
- Mark physical distance requirements on floors.
- Consider barriers at front counters made of clear plastic material if required. See WorkSafeBC Publication “Designing effective barriers” and consult with Safety Team members.
- Post signs at the entrance prohibiting entry to anyone with COVID-19 symptoms.
- Consider the use of thin micro-shields on computer keyboard, computer mouse, point of sale machines and any other equipment that must be shared. Each worker should be issued their own shields and be responsible for proper cleaning.
- Consider requiring patrons to make appointments with 1.5 hour increments with a 30 minute time buffer in between to allow staff to clear the facility and conduct cleaning/sanitizing prior to allowing next group of entry and use.
- Members arriving early are prohibited from entering building until their reserved time and will be encouraged to wait in their vehicles.
- Members have to check in at desk.
- Consider a special time to be scheduled for seniors only day.
- Signs to identify equipment that needs cleaning/sanitizing or is cleaned/sanitized.
- Equipment hard to sanitize will be prohibited.
- Encourage patrons to shower at home prior to arriving at the facility.
- There is currently no evidence to suggest that the mouthpieces of water fountains are sources for COVID-19 transmission. Users should clean their hands frequently when touching surfaces in public spaces. As a matter of preference signage and messaging should encourage patrons to bring their own water. Ensure fountains are appropriately flushed after a facility shut down.
- Staff who have frequent contact with the public (cleaning public spaces, point of sale machine, first aid related emergencies) should utilize disposable gloves. Care must be taken to not cross contaminate other areas or work spaces when
disposable gloves are utilized.

- Before putting on and after removing gloves staff must clean hands with soap and water following hygiene guidelines.
- Gloves that become worn or visibly contaminated must be replaced.
- Consider requiring staff to wear non-surgical cloth masks if they have frequent contact with the public and cannot maintain physical distance. Cloth masks are not to be worn in the water.
- When eye protection is needed, use goggles or eye shields.
- After removing PPE, always wash hands with soap and water for at least 20 seconds, or use hand sanitizer containing minimum 70% alcohol.
- Launder towels and clothing in hottest water possible for the material and dry items completely.
- Label containers for used equipment that has not yet been cleaned.
- Protect shared furniture, equipment, towels, and clothing that has been cleaned and disinfected from becoming contaminated before use.
- Ensure ventilation systems of indoor spaces operate properly.
- Increase introduction and circulation of outdoor air as much as possible by opening windows and doors, using fans (provided fans do not blow from one patron onto another), or other methods. Do not open windows and doors if doing so poses a safety risk to staff, patrons, or swimmers.
- Assign specific employees to monitor handwashing, use of cloth face coverings or social distancing of others. Do not assign this to lifeguards who are actively lifeguarding.
- Ask parents to consider whether their children are capable of staying at least two metres apart from people they don’t live with before taking them to a public aquatic venue.
- First Aid Attendants must follow the WorkSafeBC Guideline “OFAA Protocols during the COVID-19 Pandemic” and other internal guidance here.
- Install physical markers on the floor or walls (lines, stickers, cones, etc.) to indicate appropriate physical distance of two metres between patrons at queues for diving boards, rope swings, and waterslides.
- Patrons should be encouraged to use their personal goggles to avoid mucus contamination; snorkels must be prohibited.
- Maintaining physical distancing while giving swimming lessons can be challenging, especially with younger children. Consider providing lessons in groups similar to infant lessons so each participant is accompanied by a parent or family member.
- Prioritize swimming and aquafit lessons classes to group levels where physical distancing measures can be easily implemented and followed.
For additional information on reopening aquatic facilities and to ensure for compliance with this safety plan, aquatic operation must refer to the Lifesaving Society material.

Gyms and Workout facilities

- Continually monitor current orders and best practices through the BCCDC, WorkSafeBC and BCMSA websites.
- Limit the number of patrons in the facility at one time to allow for two metres of physical distance.
- Provide hand cleaning or sanitizing station at the entrance to the facility.
- Limit the amount of equipment in the facility to allow for two metres of physical distance between patrons; allow greater distancing for treadmills and other aerobic fitness equipment where a high exertion is common.
- Aerobic fitness equipment can be arranged in an “X” pattern to provide greater distancing.
- Physical barriers can also be helpful to create distancing or segregate exercise areas.
- Consider developing online sign-up systems on a first come, first serve basis with set-duration (one hour) workout periods.
- Consider creating specific hours for “reservation-only” admittance to ensure for safe access for groups such as seniors.
- Train staff on distancing guidelines and ways to communicate them to patrons.
- Use social media and other communication (signage/email/text lists) to educate patrons on the distancing guidelines and procedures.
- Utilize self-check-in or place barrier/partition between front desk staff and members.
- Consider offering planned circuit type workouts that facilitate distancing and allow for wiping/disinfection of equipment during recovery between exercises.
- Group exercise classes must only be offered if distancing requirements can be maintained and there is no person-to-person physical contact.
- Basketball courts and other areas where sports with physical contact occurs should remain closed.
- Specific approved safety addendums are required prior to pools and / or whirlpools being reopened. These plans must be developed with reference and adherence to the Lifesaving Society BC and Yukon’s Guidelines for Reopening BC’s Pools & Waterfronts as well as other applicable safety controls as outlined in this Plan.
- Personal trainers and staff assisting patrons with exercise must consider distancing. The use of non-medical face masks must be used by both patrons and staff as expected by the Public Health Order.
• There is currently no evidence to suggest that the mouthpieces of water fountains are sources for COVID-19 transmission. Users should clean their hands frequently when touching surfaces in public spaces. As a matter of preference signage and messaging should encourage patrons to bring their own water. Ensure fountains are appropriately flushed after a facility shut down.
• Juice bars and other food service areas must follow guidelines for restaurants/food services.
• Increase the number of wipe stations or hand cleaning facilities through the facility.
• Get fresh air into the gym; open windows and doors if possible.
• Maximize fresh air through ventilation system.
• Maintain relative humidity at 40-60 per cent.
• Encourage outdoor activity and classes if feasible.
• Ensure restroom is under negative pressure.
• Consider removing or disabling fans. If fans are disabled or removed, ensure employees and patrons remain aware of, and take steps to prevent heat hazards. If fans, such as pedestal fans or hard mounted fans are used in the gym, take steps to minimize air from fans blowing from one person directly at another.
• Provide disinfecting materials for patrons to disinfect equipment before and after exercise at each location/station/piece of equipment.
• If feasible consider providing “ready to clean” tags that patrons can access and place on equipment after use. Trained staff can then ensure equipment is disinfected in a timely manner.
• Establish a disinfection routine for staff at regular intervals.
• Ensure disinfection protocols follow product instructions for application and contact time.
• Contact surfaces must be disinfected frequently.
• Consider using a checklist or audit system to track how often cleaning is conducted.

Restrooms/Showers/Locker Rooms
• Doors to multi-stall restrooms should be able to be opened and closed without touching handles, if at all possible.
• Place a trash can by the door if the door cannot be opened without touching the handle (consider any fire door / fire regulations before propping doors open).
• For single restrooms, provide signage and materials (paper towels and trash cans) for individuals to use without touching the handles, and consider providing
a key so disinfection measures can be better controlled.

- Place signs indicating that toilet lids (if present) should be closed before flushing.
- Place signs asking patrons and employees to wash hands before and after using the restroom.
- The risk of air dryers is relatively low. Users should be encouraged to turn them on by bumping the button with their forearms. Cleaning crews must be reminded that the air dryers are considered ‘high touch points’, like door handles, and must be wiped down every time washrooms are cleaned.
- Only allow shower and locker room use if there are partitions, or place signage to maintain proper physical distancing. If partitions or proper distancing are not possible, these facilities must remain closed.
- Shoes should be worn in locker rooms/showers.
- Double efforts to keep bathrooms/showers/locker rooms clean and properly disinfected frequently, every two to four hours.
- Wearing of masks by the public and clients in indoor settings is expected to prevent the spread of respiratory aerosols and droplets for the protection of everyone. Additional guidance is on the City’s website.

The Board of Parks and Recreation staff are expected to review the information available at the following sites to ensure for the safety of employees and the public.

- BC Municipal Safety Association
- BC Recreation and Parks Association
- American Industrial Hygiene Association
- Lifesaving Society BC and Yukon
- Via Sport

Engineering

Employee to Employee

- Always conduct a daily health check before coming to work and inform or respond to your supervisor when they request a confirmation.
- Ensure employees who have been away, or are new to the workplace, are oriented as necessary so that all COVID-19 related procedures are explained and understood.
- Review and coordinate roles and responsibilities with all contractors, suppliers, and staff. Ensure contractors are aware of the City’s health and safety program requirements, including relevant COVID-19 related protocols, and are following protocols of their own that meet or exceed the City’s requirements.
• Determine the maximum number of people in each area or space to maintain physical distancing requirements. Establish and post occupancy limits for office spaces, lunchrooms, vehicles and other common areas. Ensure physical distancing can be maintained.

• Maintain at least a two-metre distance from other employees. If the physical distancing requirement cannot be maintained, hold a meeting to address solutions, which may include physical barriers, planning the work task so time spent in close proximity is minimized, or PPE.

• Use of PPEs / appropriate face masks when physical distancing is not possible.

• The use of cloth or disposable masks is expected when indoors and the public is present.

• The use of cloth or disposable masks is mandatory whenever working in a vehicle with another employee.

• Consider enhanced measures to maintain the physical distancing requirement:
  o Control entry and exit points for employees
  o Manage the flow of people by implementing one-way walkways or marking off designated walking areas

• Consider creating cohorts of employees who work together and who do not interact with other cohorts. This will assist in reducing transmission throughout the workplace in the event that a staff member becomes ill.

• Identify situations where PPE will be required. Clarify who will provide PPE and train employees accordingly.

• Identify a process to regularly review and/or update protocols and include employees and the joint occupational health and safety committee in your review process.

• Limit in-person meetings and other gatherings and hold any completely necessary meetings in larger open spaces.

• Establish hygiene practices that address the needs of the workplace that includes the requirement to wash or sanitize hands after coming into contact with public items.

• Post cleaning procedures and worker expectations in all common spaces.

• Before entering any shared space such as vehicle or office, wash hands or use hand sanitizer.

• Provide ample hand washing stations or ensure for available hand sanitizer for all operations in the yards and in the field. Instruct employees on proper use.

• Clarify procedures to wipe down or disinfect shared equipment before and after use.

• Follow the City vehicles occupancy and use requirements.

• Have handwashing facilities or sanitizing stations available to employees as
they enter and exit the vehicle.

- Ensure that high contact surfaces within the vehicle are routinely cleaned and disinfected. These include seatbelts, headrests, door handles, steering wheels, and hand holds.
- Incorporate end-of-shift vehicle wipe downs, include a method for tracking end-of-shift cleaning and provide employees with appropriate supplies, like soap and water, hand sanitizer, and disinfectant wipes.
- Clarify and follow cleaning and disinfecting schedules.
- Eliminate shared food stations.
- Ensure employees use their own plates and cutlery.
- Limit the number of employees allowed in common areas at any one time.
- Consider staggered break times to reduce large gatherings and encourage employees to take breaks at their own desk or outside.
- Limit or stagger employees entering change areas or rooms with assigned lockers.
- Consider distancing the tables in lunchrooms, limiting the number of chairs, placing “x’s” on tables or benches where people should not sit, or installing barriers at the tables made of plexiglass, acrylic, polycarbonate or similar materials. See WorkSafeBC Publication “Designing effective barriers”.
- First Aid Attendants must follow the WorkSafeBC Guideline “OFAA Protocols during the COVID-19 Pandemic” and other internal guidance here.

Public to Worker

- When working amongst members of the public, set up barriers or tape to delineate the worksite and to discourage the public from entering the area.
- Ensure staff have the support and strategies for dealing with public who may be unwilling or are unable to understand the approach to managing physical distancing. This must include reviewing violence risk assessment, policies and procedures, and training and reporting requirements under the Occupational Health and Safety Regulations for minimizing the risk of violence to employees.
- If possible, by-law and inspection staff should not enter any premises where other people are present. If this cannot be avoided, ensure physical distancing is maintained. Employees are expected to wear cloth or disposable masks around the public whenever physical distancing cannot be regularly maintained. Risk assessments with a Safety Specialist or Superintendent may require PPE.
- Limit the number of employees who need to enter the premises, keeping in mind working alone or in isolation procedures and prevention of workplace violence protocols.
Fire Department
VFRS, like fire departments across the province have not curtailed their operations. This Safety Plan reinforces some of the best practices currently in place to prevent exposure to COVID-19.

VFRS Employee to VFRS Employee
- Always conduct a daily health check before coming to work and inform or respond to your supervisor when they request a confirmation.
- All personnel will perform good hand hygiene including frequent hand washing and sanitizing of hands when entering and exiting the fire station.
- No personnel will attend with symptoms of COVID-19 including fever, chills, cough, shortness of breath, sore throat and painful swallowing; they must self-isolate at home for a minimum of 10 days after the last symptom.
- Anyone under the direction of the provincial health officer to self-isolate must follow those instructions.
- Anyone who has arrived from outside of Canada, or who is a contact of a confirmed COVID-19 case, to self-isolate for 14 days and monitor for symptoms.
- Maintaining two metres physical distancing and not congregate prior, during or after training in training rooms, offices, apparatus bays, on apparatus or while donning or doffing PPE.
- Identify where members are to wait prior to the start of training.
- Send home anyone who becomes sick during training.
- Ensure their attendance at any training event is logged.
- Communicate the procedure for cleaning apparatus and after use.
- Communicate the procedure for use and cleaning high touch surfaces.
- Communicate the procedure for use and cleaning of firefighting tools and PPE.
- Provide clear direction for all personnel upon arrival for training; personnel are informed of the identified risks and mitigation(s) for the planned training prior to commencement.

Public to VFRS Employee
- Continue to follow Operational Guidelines to prevent exposure to blood or body fluids, including the use of appropriate personal protective equipment when physical distancing is not possible.
- Cloth masks are expected to be worn in public indoor facilities and outdoor situations when physical distancing is challenging.
- Gather as much information as possible through Dispatch; check for risk factors associated with COVID-19, such as: fever, acute respiratory illness or
new/worsening cough, travel outside Canada, or direct contact with someone who has travelled or has been suspected of having COVID-19.

- Direct contact can happen when treating individuals. Always follow routine practices and prevention measures, including:
  - Source control – Enhance screening procedures by assessing individuals beyond two metres, and put on appropriate PPE if positive results are noted or if screening results are uncertain.
  - Individual's assessment - Only the required responders needed for care work should be within two metres of the individual. Other responders should remain two metres away from others. Ask the individual and any accompanying persons to wear a surgical mask. If this is not possible or not tolerated, ask the individual to cough or sneeze in their arm and to perform hand hygiene.
  - Hand hygiene – Clean hands with soap and water or alcohol-based hand sanitizers.
  - Contact and droplet precautions – When you are within two metres of an individual under investigation, wear a Tyvek suit, gloves, a face shield, and an N95 respirator. Remove your eye or face shield after leaving the individual’s location. Perform hand hygiene and remove the N95 respirator using the straps. Always perform hand hygiene before, between, and after removing any pieces of PPE, and after leaving the individual.
  - Vulnerable community care – Be vigilant when entering facilities (e.g., nursing or retirement homes) associated with people who may have pre-existing conditions. Make sure responders do not have COVID-19 risk factors.

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<th>Owner: Organizational Health &amp; Safety</th>
<th>HR – Organizational Health and Safety</th>
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