



HOW TO ACCESS SAFER DRUGS NOW

**Contact the
VCH Overdose Outreach Team
604-260-2874**

**Available 7 days a week
8 am to 8 pm**



Stay Home, Stay Put

**We all have a role in slowing
the spread of COVID-19**

**For the most up to date information on COVID-19,
visit vancouver.ca/covid19 and vch.ca.**



**WASH YOUR HANDS
WITH SOAP FOR
20 SECONDS AND DO
THIS FREQUENTLY**



DO NOT USE ALONE



STAY 2 METRES APART



**DO NOT SHARE
EQUIPMENT OR
DRINKING BOTTLES OF
ANY KIND**



**AVOID CROWDED PLACES
AND CLOSE CONTACT
WITH ANYONE THAT HAS
A FEVER OR COUGH**



**COVER YOUR COUGH
USING THE BEND OF
YOUR ELBOW OR A
TISSUE**



**AVOID TOUCHING YOUR
EYES, NOSE AND MOUTH**



**IF YOU HAVE A FEVER,
COUGH AND DIFFICULTY
BREATHING CALL 8-1-1**

Keep yourself, your friends and loved ones safe.