## 01

## FORMING A NEIGHBOURHOOD RESILIENCE TEAM



Neighbourhood resilience cannot be built by one person or organization alone. Resilience requires collaboration from people with different skills, knowledge and perspectives.

Building a team is an opportunity to connect and align priorities across departments and organizations, and foster collaborative problem-solving!

Where possible, we recommend establishing a committee of individuals who represent either different departments within your organization and/or multiple organizations within your neighbourhood.

Some possible backgrounds or qualities of team members could be—but are not limited to:

- Staff members who represent departments already working to support social connection, health and wellness, arts and culture, sustainability, food, or emergency preparedness;
- Members of other neighbourhood organizations with specific knowledge or expertise around social connection, health and wellness, arts and culture, sustainability, food, or emergency preparedness;
- Community members who bring unique perspectives such as seniors, youth, newcomers and immigrants, local business owners, etc.

Team sizes can vary, but we recommend 5-7 people, each committed to the process. However, more people than these will be included in the overall project.

Your core team will work together to organize and facilitate workshops or events, and lead the implementation of action plans.

Equity, Diversity and Inclusion are critical to building resilience for the neighbourhood as a whole. While a manageable team size is quite small, the members of the team should approximately mirror the makeup of the neighbourhood.

TOOLS AND TEMPLATES
FOR MODULE 1

1. Forming a Team

A truly representative group will better understand community needs and bring essential perspectives to each project. Broad representation also builds trust within communities.

Many many activities in the toolkit should include community involvement, so your team will need to actively work to encourage community members to participate.

Questions to ask to ensure your team is reflective of your neighbourhood may be:

- Who is impacted by this work?
- Who benefits from this work?
- Who is included on the proposed team and who is left out? Consider age, race, socio-economic factors, abilities, gender, etc.
- Who needs to be added to the team?
- What support might individuals need in order to participate? Consider meeting locations, languages used, etc.

Once you have identified your team members, your next step should be to determine what you hope to achieve as a group. Use the "Forming a Team" template to get started!

\*Tip: Forming a team can take longer than you might think. Give yourself lots of time to identify the right people and get their buy-in.

## **TOOLS AND TEMPLATES**

FOR MODULE 1



FORMING A TEAM