



# GRANDMA ON THE MOVE

Colouring & Activity Book



Featuring  
**WILL'S JAMS &  
CHARLOTTE DIAMOND**

# GRANDMA ON THE MOVE COLOURING & ACTIVITY BOOK



One day, my youngest daughter made a clever connection between my job and the Will's Jams song *Walk 'n' Roll*: "Mom, this must be your favourite!" she said eagerly. I was encouraged by her understanding of my work in traffic safety

and for embracing the lessons of the song. Her small comment sparked this important and exciting initiative to collaborate with Will Stroet of Will's Jams alongside Charlotte Diamond.

*Grandma on the Move* was created to educate, encourage, and highlight traffic safety, particularly around our most vulnerable road users. Children, seniors, people who walk, bike, or roll, including people in wheelchairs, are more vulnerable to injury or

fatality than people in motor vehicles. Will's thoughtful song aims to inspire the rules of the road and capture the spirit of mindful travel.

The City of Vancouver strives for zero traffic-related fatalities as the only acceptable goal for transportation safety. As traffic safety engineers, our team follows the five 'Es': engineering, evaluation, education, encouragement and enforcement. We continue to design safe streets and look for ways to improve, as well as explore opportunities to work with partners to educate and encourage safety and reach our target.

We hope that you can partner with us by enjoying the song, colouring book, and music video and help to spread the message! Don't forget to share what you've learned with the adults in your life — reminding them of the rules of the road never hurts no matter how you get around town.

— Lacey Hirtle  
Senior Traffic Safety Engineer



"Writing *Grandma on the Move* was really fun because I love creating songs about biking, driving, walking and riding transit, which are all things I enjoy doing in our city. I live in a multigenerational home with my parents, wife and two girls, and we do

all these things to get around town. In fact, sometimes I take the kids on the SkyTrain or SeaBus just for an adventure even if we have nowhere in particular to go! Being a busy touring musician, I love driving my car (the "Willmobile") to and from shows and have driven all across our majestic country to share my music with kids. When I get home, I feel even more motivated to bike, walk or run around this beautiful city we are blessed to call home. Happy travels!"

— Will Stroet of Will's Jams  
willsjams.com



"Families of all ages need to feel connected to the people and places where they live. They need to explore safely all the fascinating areas of their city, town or community. Our cities are treasures of green spaces, recreation, history, memories,

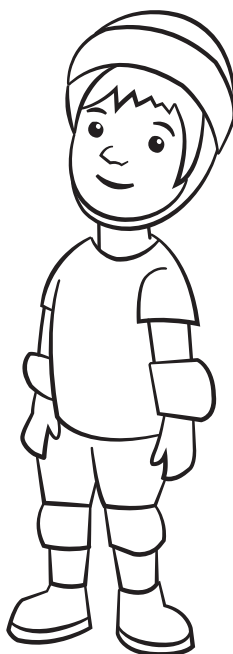
cultures, languages and smiles! Just walk out the door and begin your journey of urban exploration. Become a Grandma or Grandpa on the Move!"

— Charlotte Diamond  
charlottediamond.com



Can you guess which mode of transportation each kid is going to take?

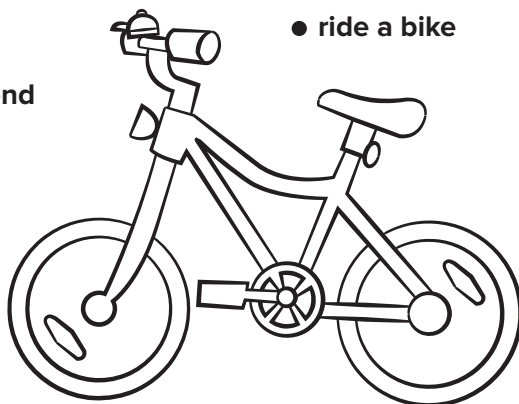
Draw a line to connect them.



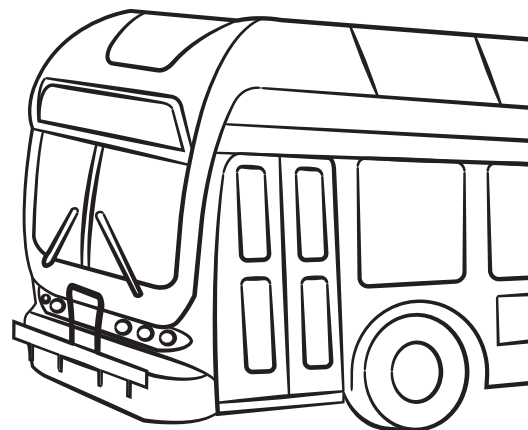
● walk with a friend



● ride a bike



● take the bus



● ride a skateboard

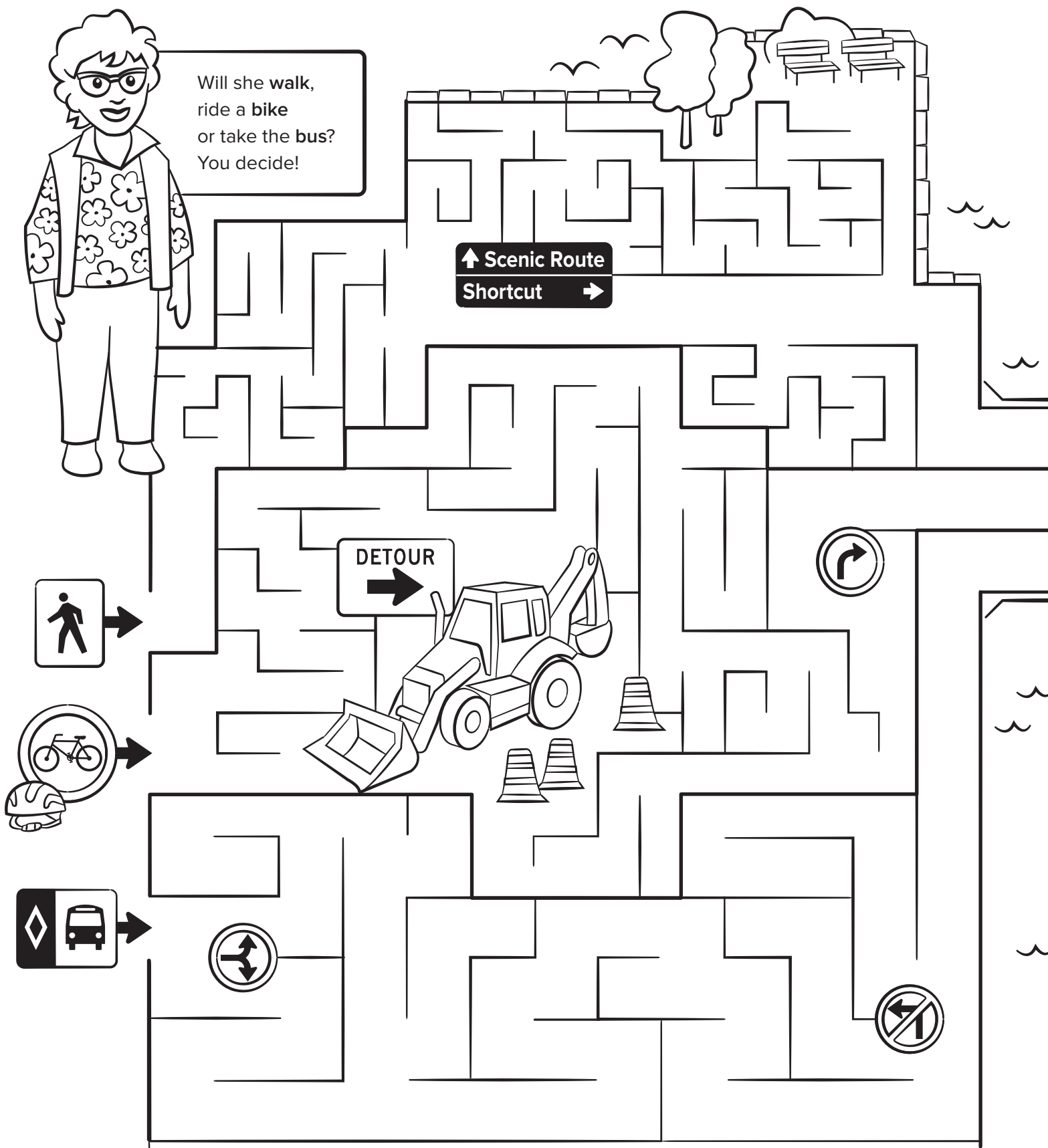


There are so many ways to get around!

The transportation mode you choose can change from day to day, and depend on the weather or your mood.



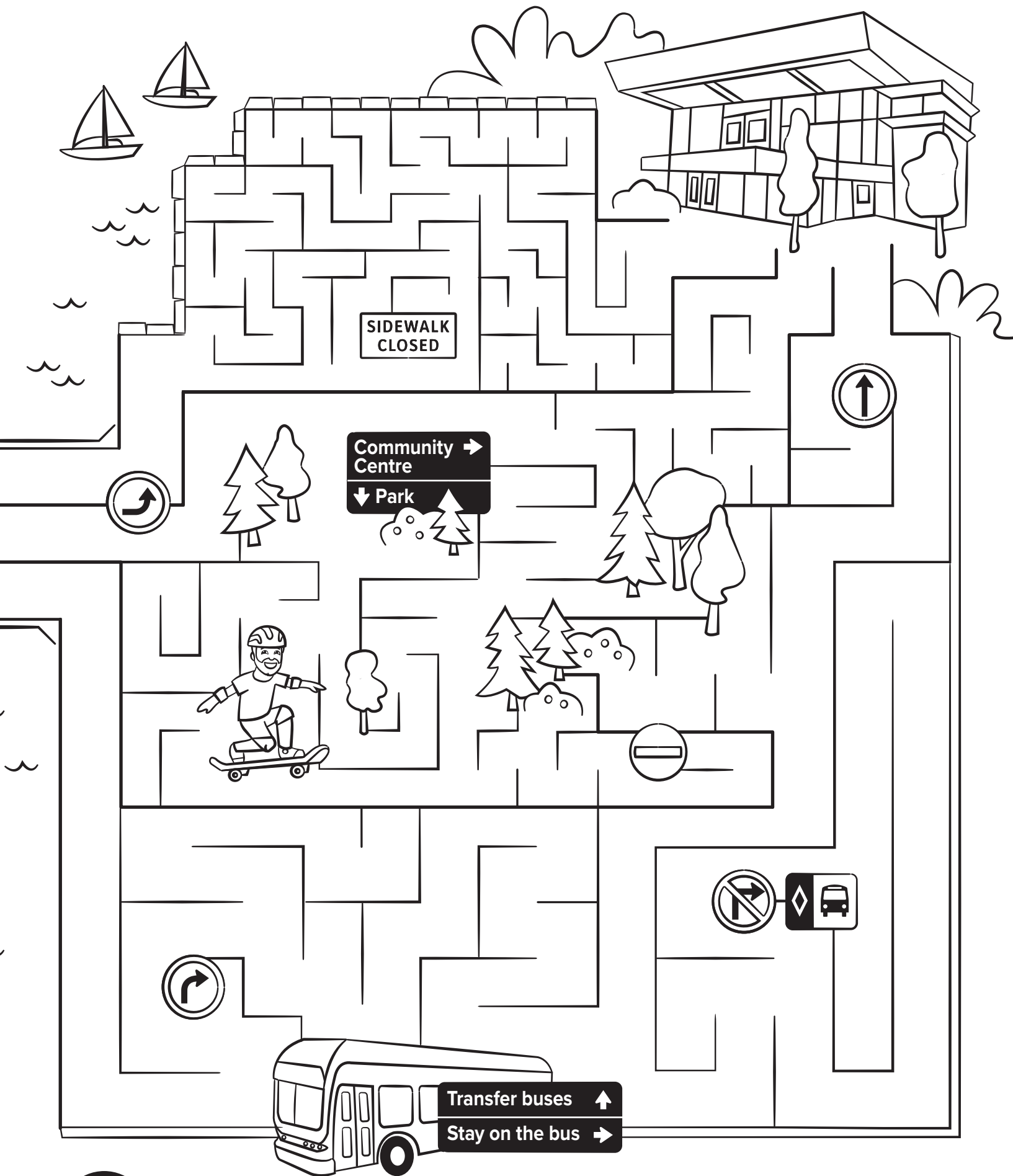
Grandma is going to the pool. Help her find her way by following the signs!



Grandma on the Move by Will's Jams



[www.vancouver.ca/grandmaonthemove](http://www.vancouver.ca/grandmaonthemove)



I Have Shoes and I Can Walk by Charlotte Diamond



[www.vancouver.ca/grandmaonthemove](http://www.vancouver.ca/grandmaonthemove)

These kids are walking to school together! Colour their clothing with bright colours so they will be visible to drivers and arrive safely.



Do you see the pedestrian crossing?  
Is it safe to walk?

Do you see the street signs?  
What do they mean?

Find the boy who is looking before crossing the street.  
Who's hand is he holding?

Can you spot the school crossing guard?



The Walking School Bus by Charlotte Diamond



[www.vancouver.ca/grandmaonthemove](http://www.vancouver.ca/grandmaonthemove)

# ROAD SAFETY WORD SEARCH

Find and circle the hidden words!

Y E Z L S D Y V Y C S M H B W Z S T  
I S W Q I I R U U U T H E G K L K T  
E C C M F S G I X D O Y L X P C A R  
L H Y O N A T N V L P F M L O D T A  
D O G R L V Q E A E V E E O L S E I  
U O V N Z L U J N L R X T O I A B N  
J L D X F A I C F H V R I K C F O M  
O M C Y C L I S T R V X H E E E A P  
F K T Z S J H B I D Z S I P W T R W  
C R O S S W A L K O K V Q F X Y D X  
C P E D E S T R I A N U V E E  
X M Y J M S O F O X Z O R C


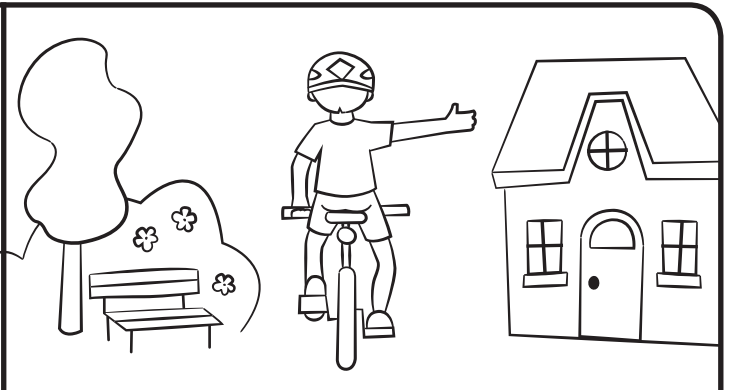
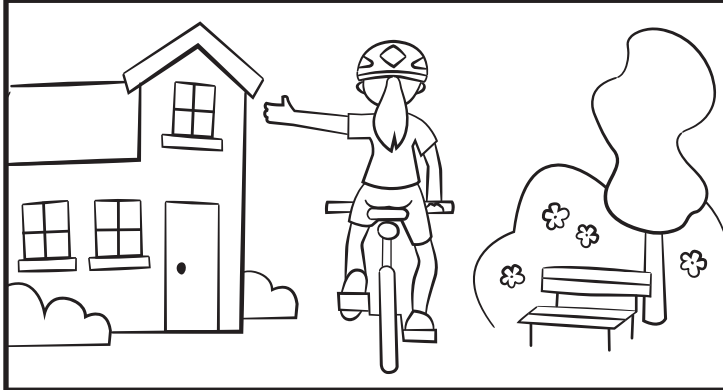

Words are hidden ➡️ ⬇️ and ↙️

COLLISION	POLICE
CROSSWALK	SKATEBOARDER
CYCLIST	SAFETY
DRIVER	SCHOOL
HELMET	SIGNAL
LISTEN	STOP
LOOK	TRAIN
PEDESTRIAN	YIELD

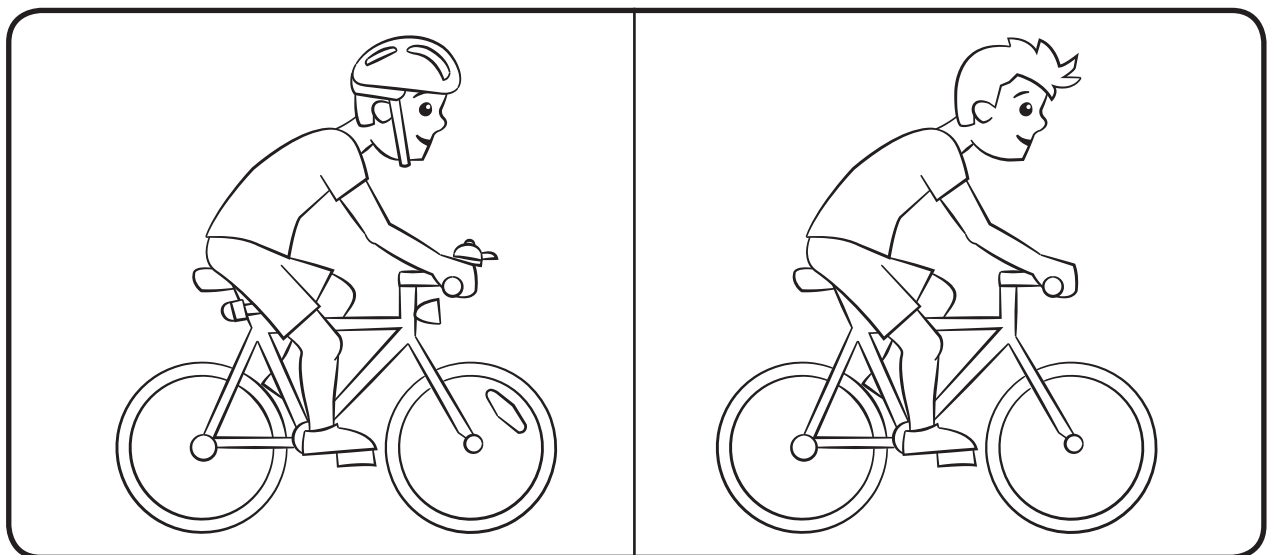




Do you know the cycling hand signals? Circle the correct answers below.

	
<p>Is the girl turning <b>left</b> to go home or going to the park on the <b>right</b>?</p>	<p>Is the boy turning <b>right</b> to go home or going to the park on the <b>left</b>?</p>
	
<p>Is the girl turning <b>left</b> to visit a friend or going to the park on the <b>right</b>?</p>	<p>Is the boy going to <b>stop</b> at the store or turn <b>left</b> to go home?</p>

Which safety accessories are missing in the image on the right?



Bike Safety Boogie by Will's Jams

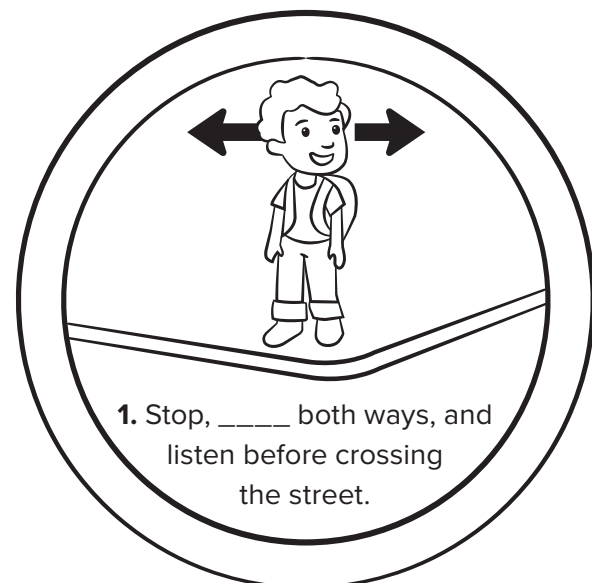
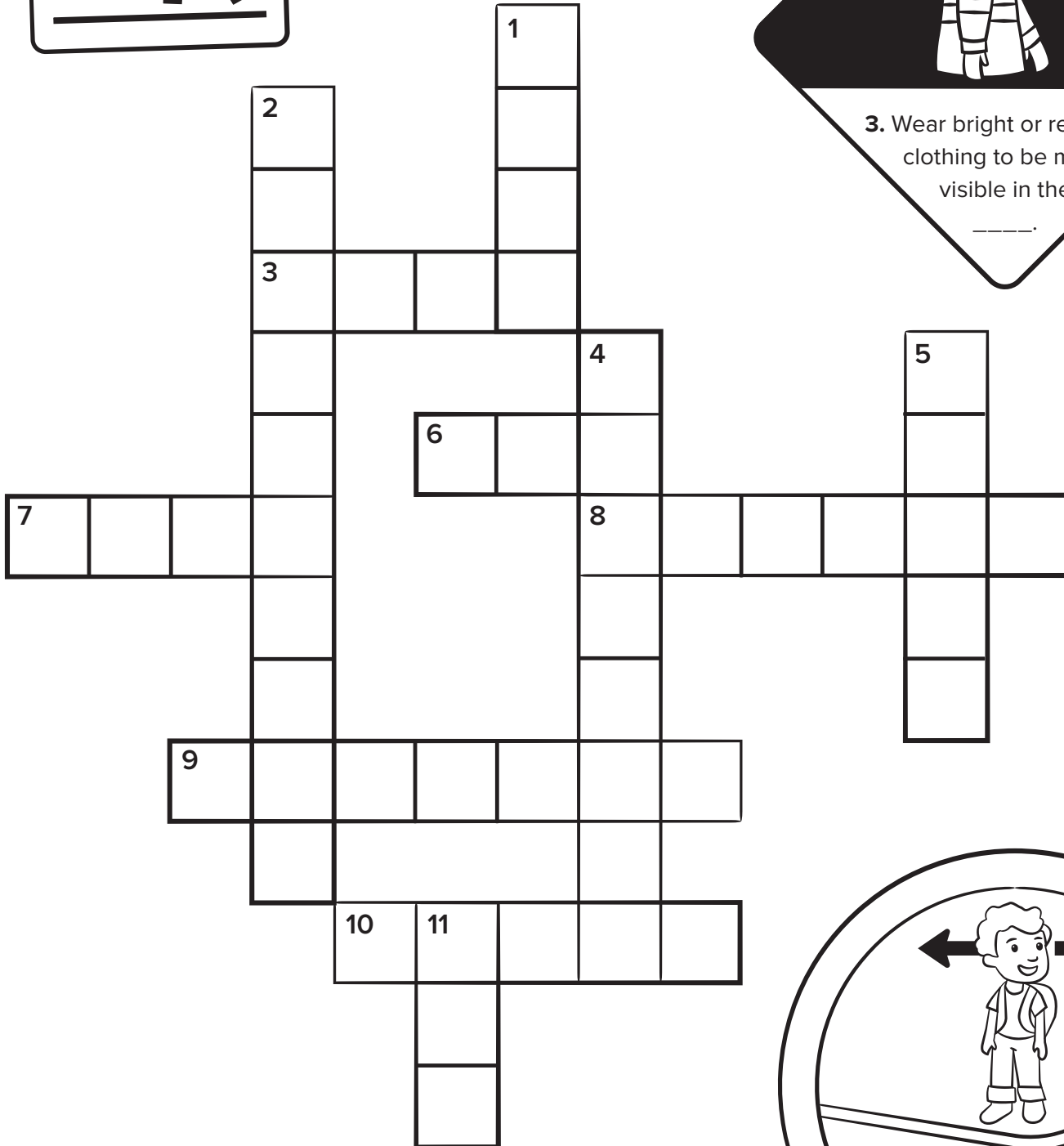
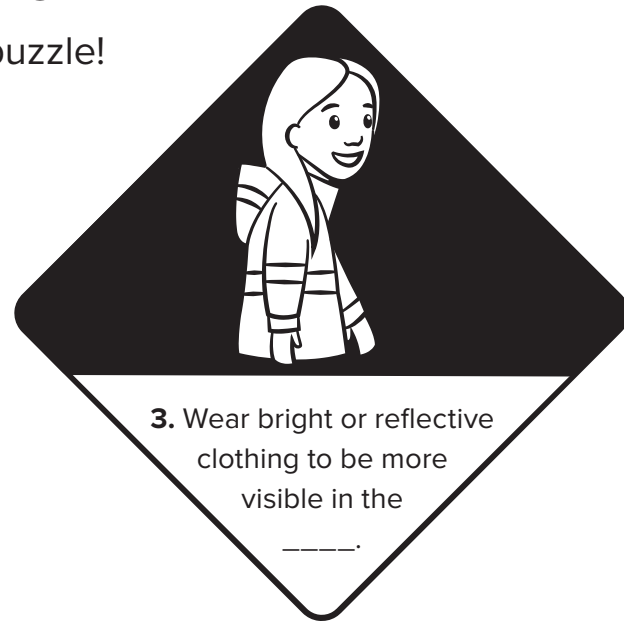


[www.vancouver.ca/grandmaonthemove](http://www.vancouver.ca/grandmaonthemove)



# CROSSWALK CROSSWORD

Use the hints to solve the puzzle!

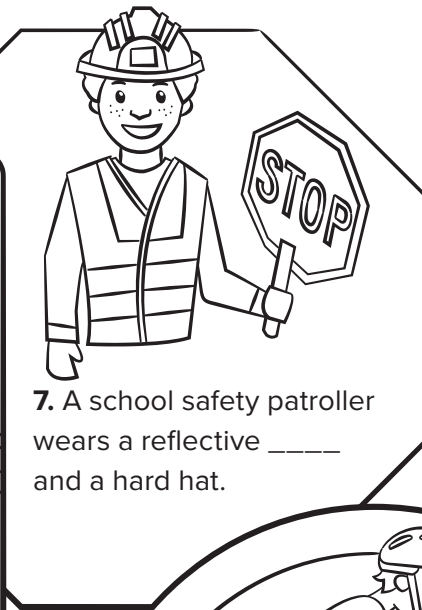


Walk 'n Roll by Will's Jams

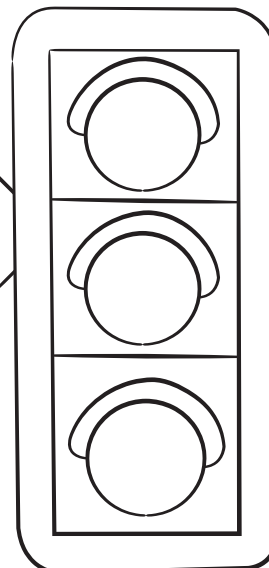
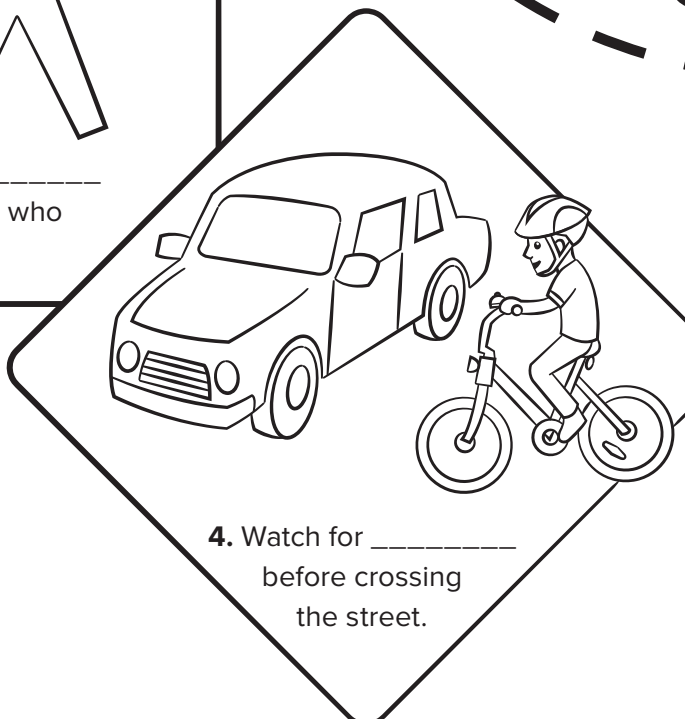
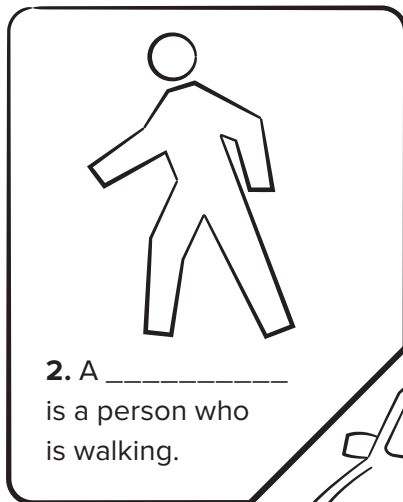


[www.vancouver.ca/grandmaonthemove](http://www.vancouver.ca/grandmaonthemove)

## ACROSS



## DOWN



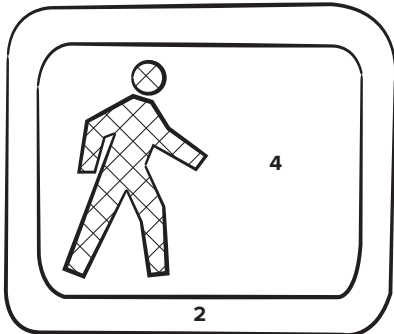
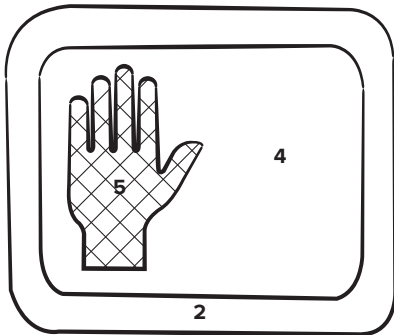






Use the colour key at the bottom to colour the traffic signals and signs.

What do they mean? Match each sign with the correct description.



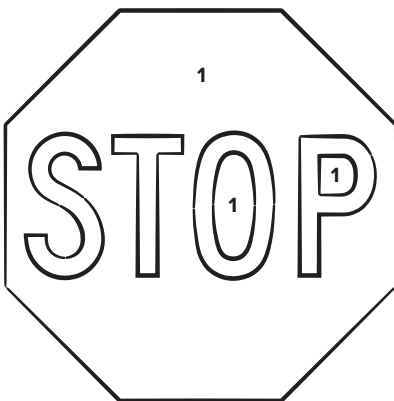
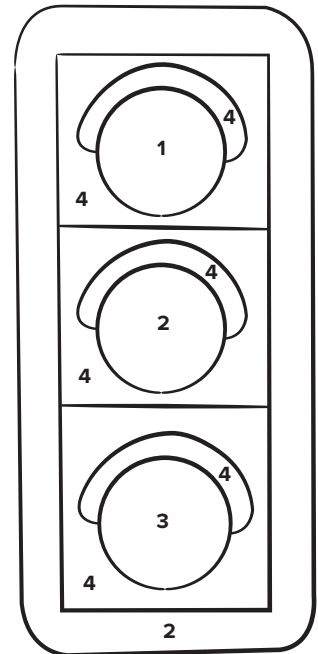
Go if the intersection is clear

Stop

Don't cross and wait until the next walking pedestrian light.

Slow down and stop before the intersection unless you can't safely stop in time

Cross the street within the painted crosswalk lines if it is safe

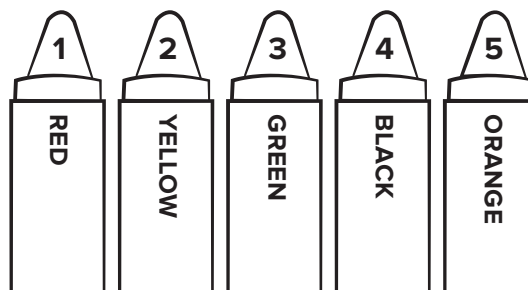
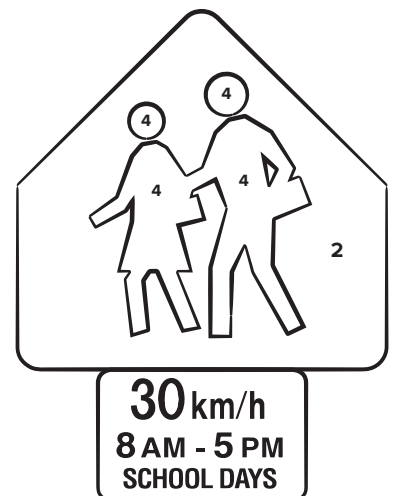
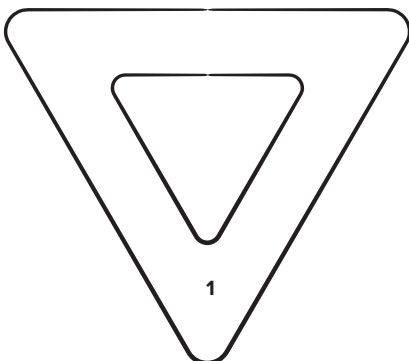
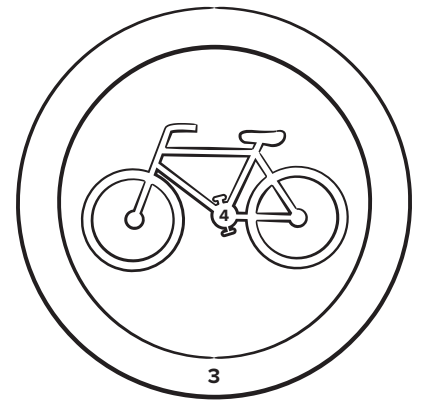


Give the right-of-way to other vehicles, bikes, and crossing pedestrians

This road is a bicycle route

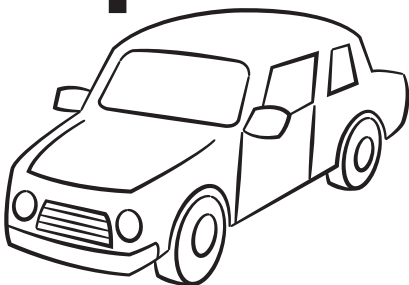
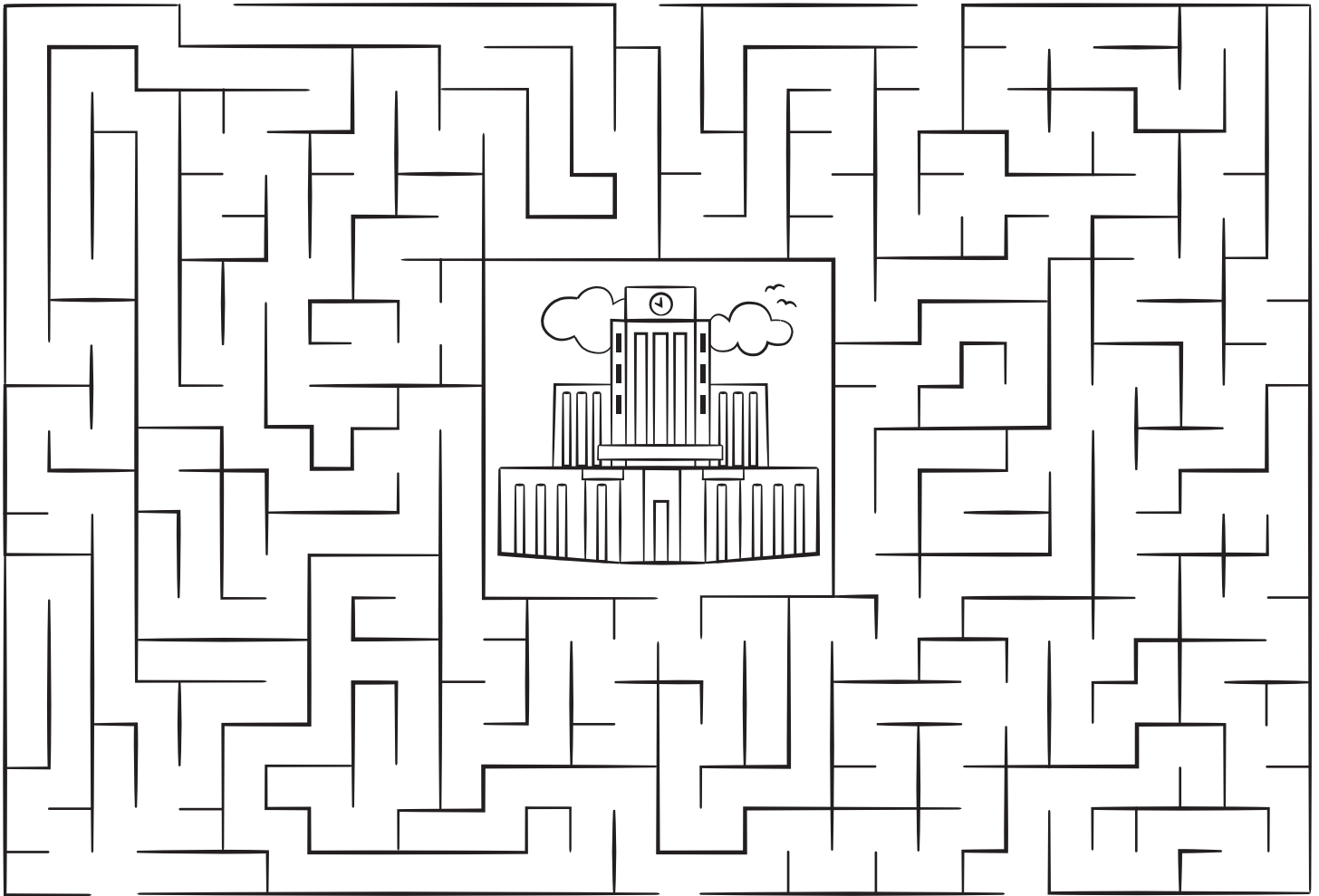
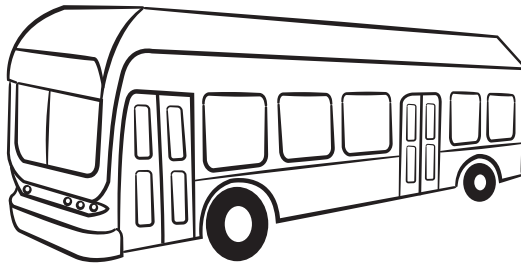
School zone — reduce speed during school hours

Stop completely — continue only when safe



Pedestrians, cyclists, and drivers all share the road, so it's important to follow the rules and respect each other.

Help everyone get to City Hall safely!

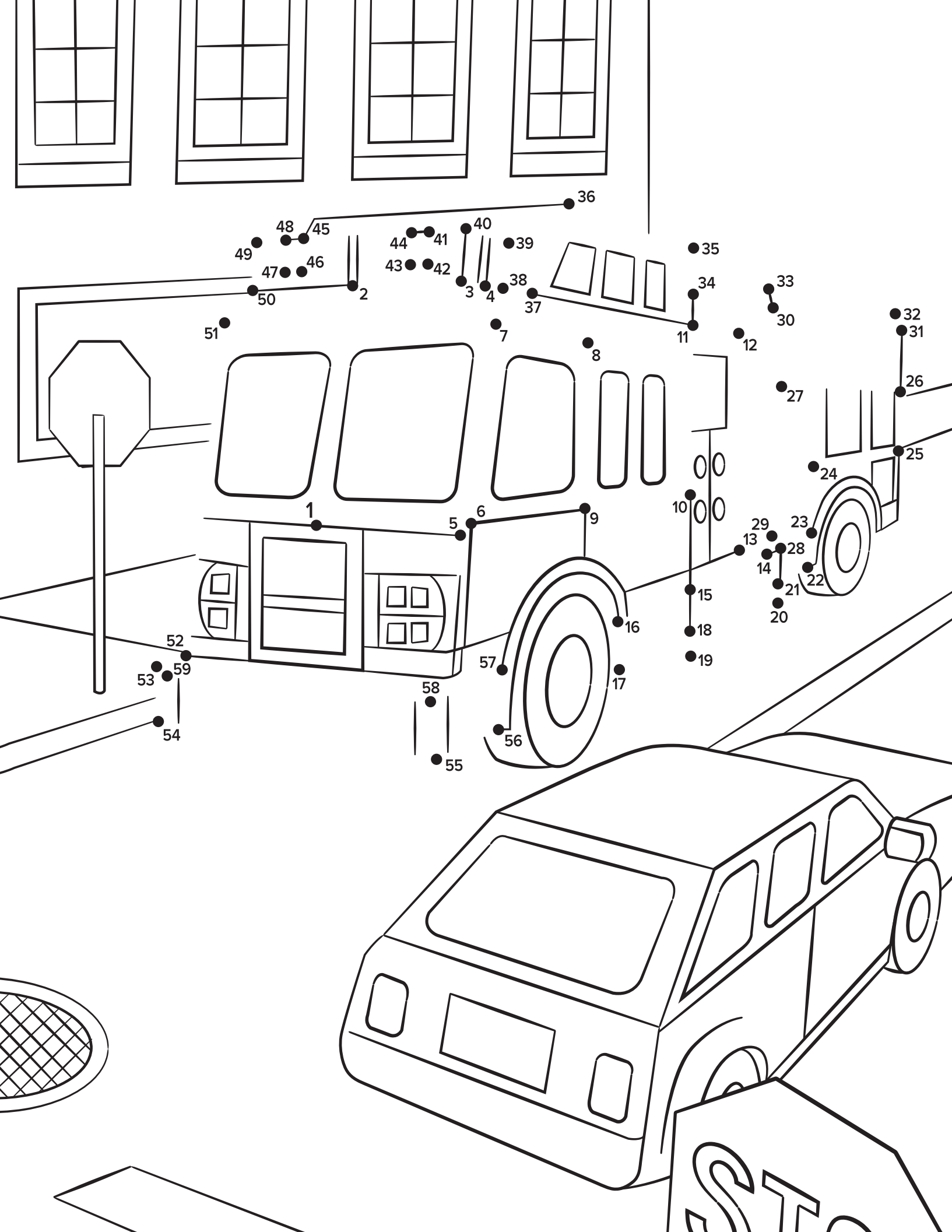


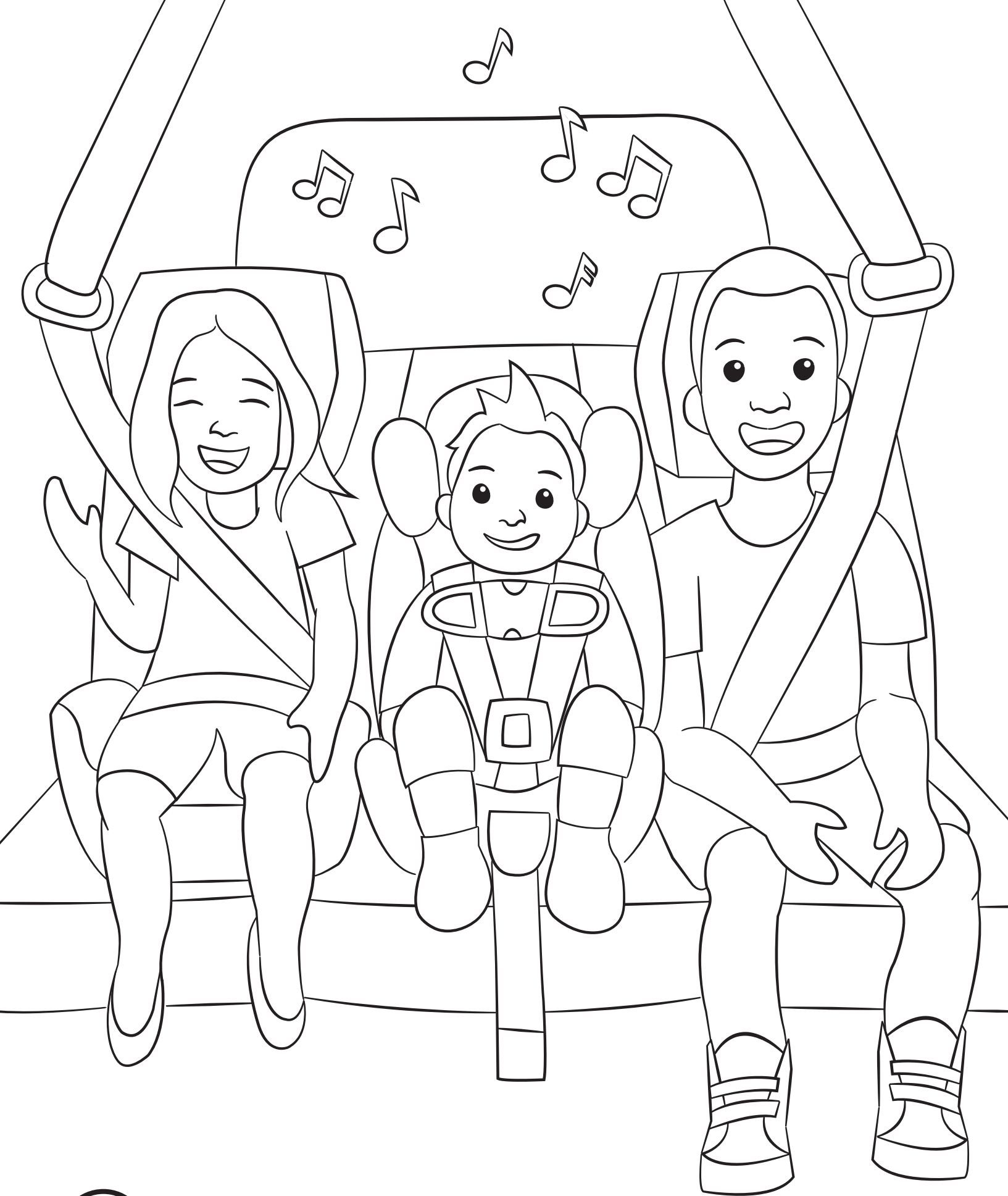


Stop, look, and listen! Is it safe to cross the street?

Connect the dots to find out.







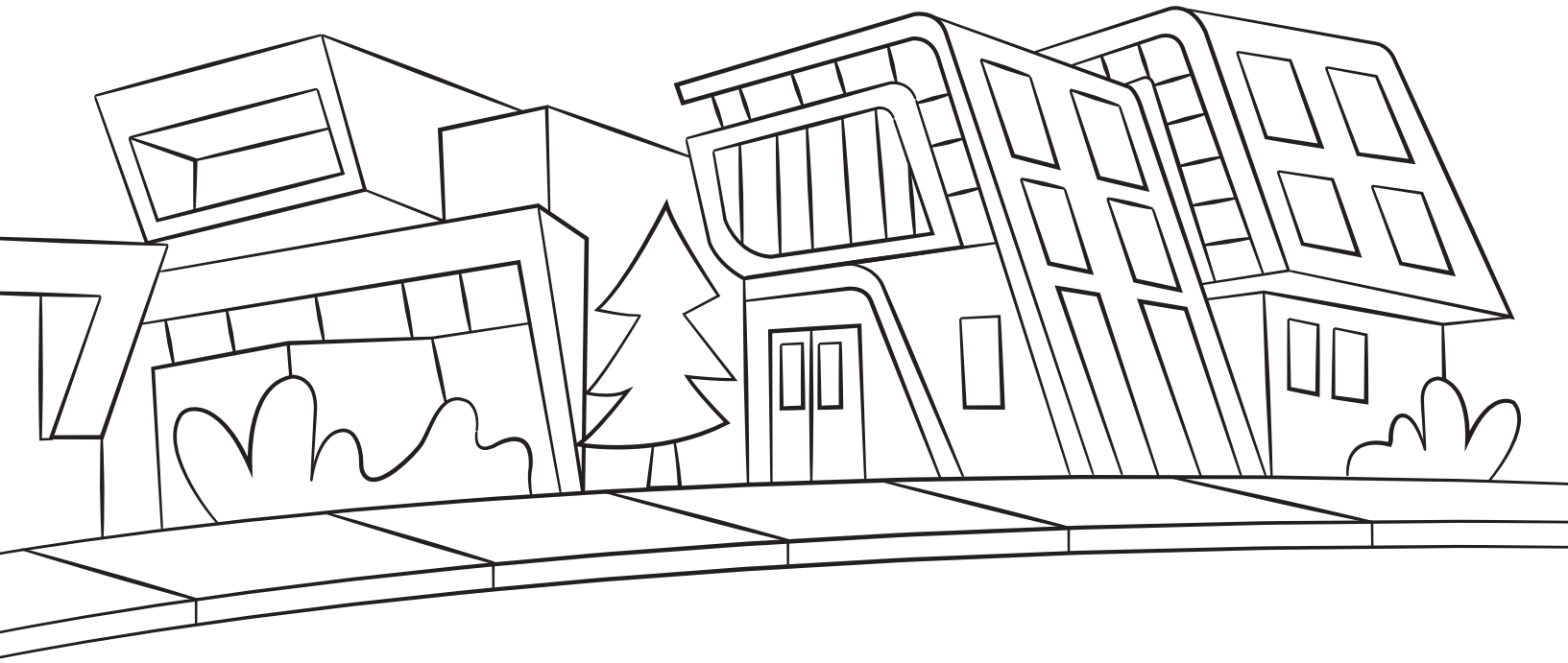
Boost Me Up by Will's Jams



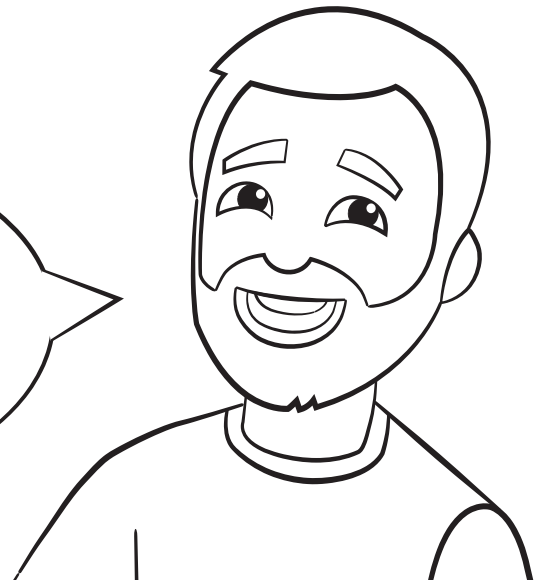
[www.vancouver.ca/grandmaonthemove](http://www.vancouver.ca/grandmaonthemove)

Can you imagine Vancouver in the future? How will we get around?

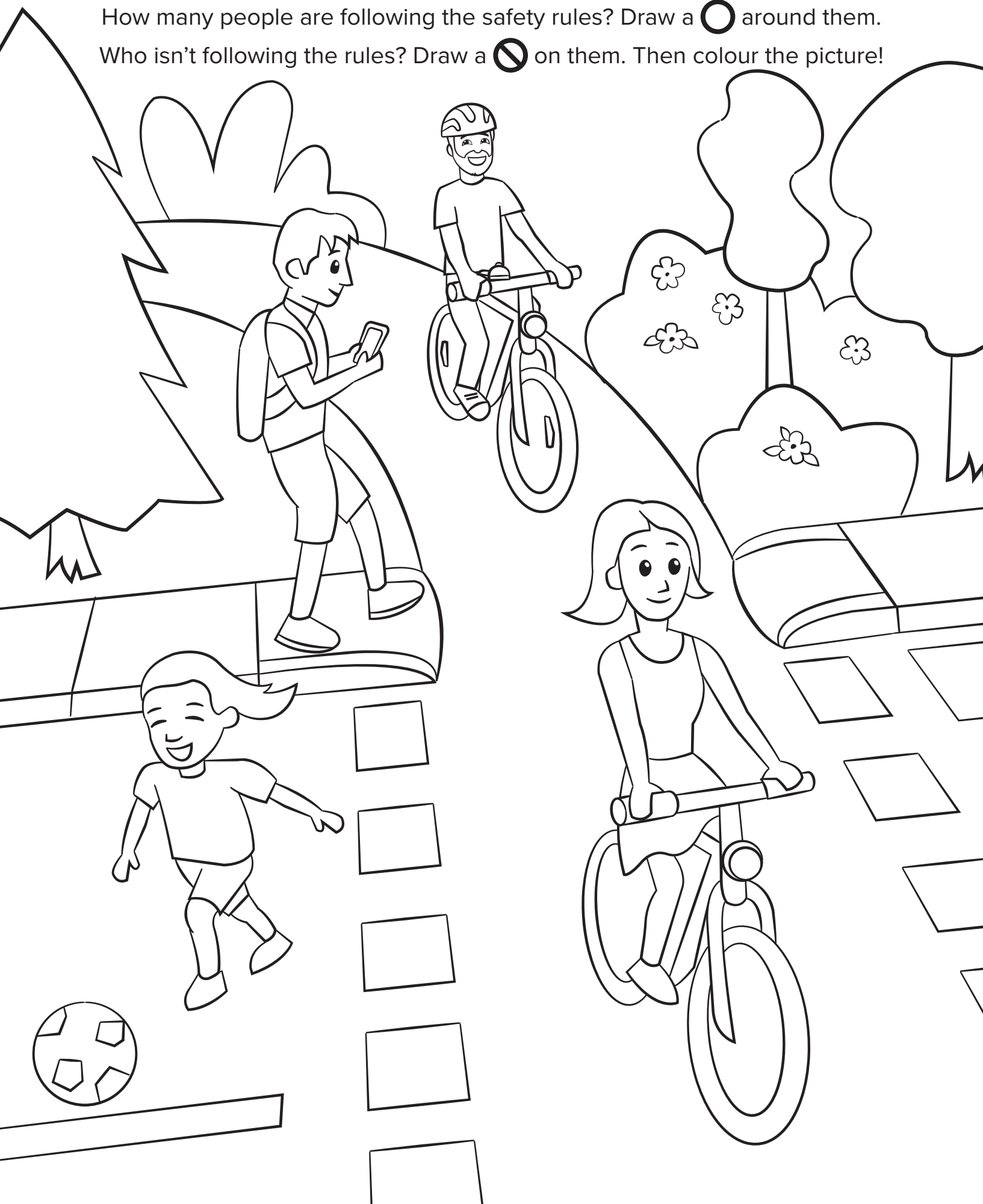
Draw the vehicle of the future in the space below!



Is it something you ride on  
your own, or does it carry many people?  
What kind of safety features does it have?  
Does it have signals or glow in the dark?  
What do the seatbelts  
look like?



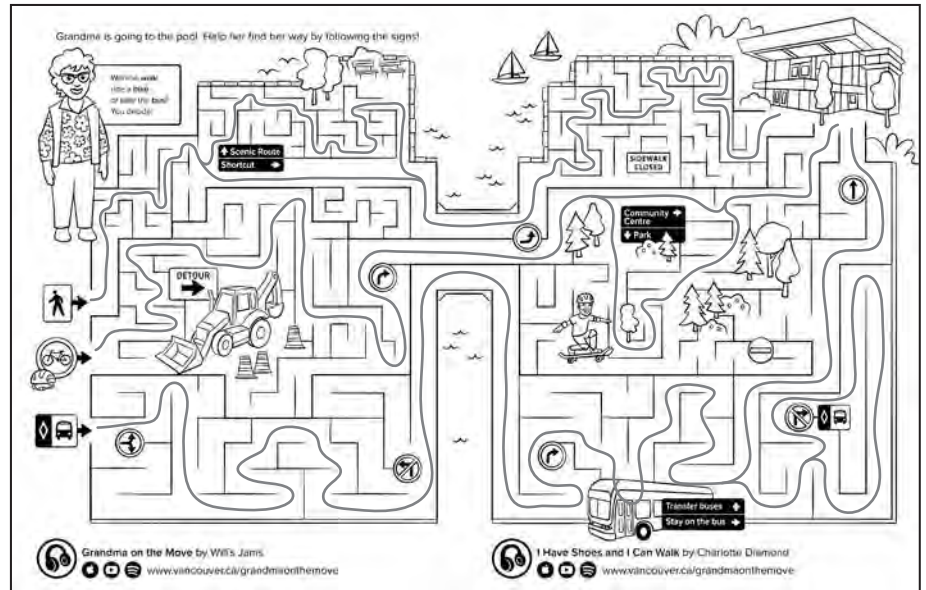
How many people are following the safety rules? Draw a ○ around them.  
Who isn't following the rules? Draw a ⊘ on them. Then colour the picture!







# ANSWERS



Yes. The pedestrian is crossing at a crosswalk, she has looked both ways, and the car has stopped to let her cross.

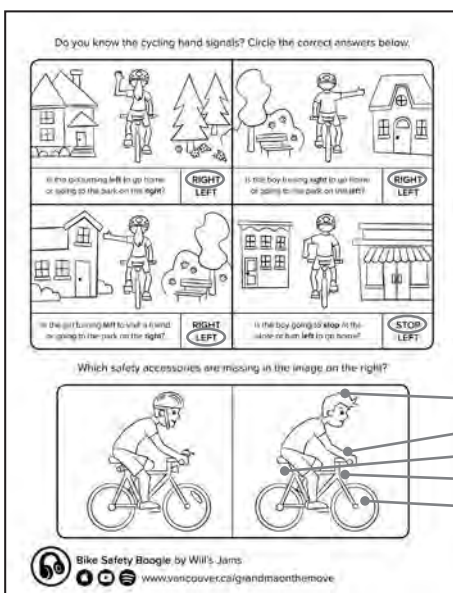
The boy is holding an older girl's hand. Hold hands with an adult, or older sibling or friend, when crossing the street.



School crosswalk — yield to pedestrians — if there is a crossing guard, follow directions.


Crossing guard

Stop completely — continue only when safe.





# ANSWERS





Walk 'n Roll by Will's Jams

www.walknroll.ca/grandmaonthemove


## CROSSWALK CROSSWORD

Use the hints to solve the puzzle!







3. Wheelchair on red-tinted background to be more visible by day




6. Don't Always stop at a crosswalk if intersected




10. When the pedestrian signal is lit, it is green to \_\_\_\_\_ pedestrian




6. Make \_\_\_\_\_ contact with others to make sure they "see" you




7. In a school safety zone, a red line \_\_\_\_\_ a school bus




8. Always wear your safety \_\_\_\_\_ when riding a bike




10. When the pedestrian signal is lit, it is green to \_\_\_\_\_ pedestrian




2. A \_\_\_\_\_ is a person who is walking



4. Watch for \_\_\_\_\_ before crossing the street




1. Sit on \_\_\_\_\_ (back/side) when riding a bicycle on the sidewalk




11. This color signal means go

Use the colour key at the bottom to colour the traffic signals and signs.  
What do they mean? Match each sign with the correct description.



2



3


Go # 1 in the opposite direction

Stop

Don't cross and wait until the next walking pedestrian light


Slow down and stop before the intersection unless you can safely pass through

Cross the street within the painted crosswalk lines - if it is safe




6

---



1




2

Give the right-of-way to other vehicles, bikes and crossing pedestrians


This road is a bicycle route

School zone - reduce speed during school hours


Stop completely - vehicles may stop, yield



3



4



5

1	2	3	4	5	6
STOP	YIELD	CROSS	BIKE	CAUTION	

**30 km/h**  
8 km 5 mph  
SCHOOL ZONE

Pedestrians, cyclists, and drivers all share the road, so it's important to follow the rules and respect each other:

Help everyone get to City Hall safely!

The maze is a complex network of paths and dead ends. The three entry points at the top are:
 

- Left: A motorcycle with a rider.
- Middle: A bus.
- Right: A person on a kick scooter.

 The three exit points at the bottom are:
 

- Left: A car.
- Middle: A person on a motor scooter.
- Right: A person on a bicycle.

 In the center of the maze is a picture of City Hall. Arrows point from each of the three entry points down into the maze, and arrows point from each of the three exit points up into the maze.

Stop, look, and listen! It is safe to cross the street!

Connect the dots to find out!

**Safe.** Will remember to wear his helmet when cycling.

**Not safe.** Don't walk while distracted. Always look before crossing a street or bike lane.

**Not safe.** Always wear a helmet when cycling.

**Not safe.** Always cross at a crosswalk or intersection. Don't play in the street.

**Safe.** Play in a playground or designated area.

**Safe.** Always wear a seatbelt when driving.

**Safe.** Cross the street at a crosswalk, and make eye contact with drivers to make sure they see you.

# WALK + BIKE + ROLL SAFETY TIPS

Have you seen these signs around your school?  
Here are some reminders of what they mean.



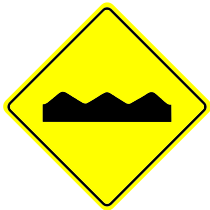
## School Crosswalk

Drivers must yield to pedestrians and remain stopped at every intersection.



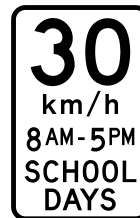
## School Zone

Drivers are entering a school zone and should be alert.



## Speed Humps

Drivers slow down as speed humps are installed to reduce the speed of traffic.



## School Zone Speed Limit

Drivers need to slow down to 30 km/hr between 8 AM to 5 PM.



## No Stopping (School days)

No vehicles are allowed here between 8 AM - 5 PM.



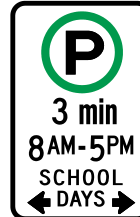
## Bus Zone

Only buses may park here.



## No Parking (School days)

Drivers may stop for no more than five minutes to drop-off and pick-up.



## 3 Minute Parking (School days)

Drivers may park here for quick pick-ups and drop-offs.

## CREDITS:

Design and illustration by Reverie Zoo.  
Content created by Monica Aguilera and Will Stroet  
in collaboration with the City of Vancouver.

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## THANKS TO OUR PARTNERS

