

| * = not confirmed | ORGANIZATION  | WHAT'S OFFERED                                | MONDAY                               | TUESDAY   | WEDNESDAY                            | THURSDAY  | FRIDAY   | SATURDAY   | SUNDAY   |
|-------------------|---|---|--------------------------------------|---|--------------------------------------|---|--|--|--|
|                   | <b>Carrall Street Church/Gospel Mission Society</b><br>255 Dunlevy St. 778-984-3394   | Service & Meal                                |                                      | 8pm*<br>*To patrons who attend 7pm religious service                |                                      | 8pm*<br>*To patrons who attend 7pm religious service                                    | 8pm*<br>*To patrons who attend 7pm religious service |  |  |
|                   | <b>Door is Open</b><br>255 Dunlevy St. 604-669-0498   | Lunch   | 11am                                 | 11am  |                                      | Food Bank Distribution and Lunch<br>11 am   | 11am   | *First Saturday of month<br>breakfast @ 7am<br>11am                                  | Noon   |
|                   | <b>Downtown Eastside Neighbourhood House</b><br>573 East Hastings St. 604-215-2030  | Breakfast<br>Lunch                            | 10am -11:30am                        | 10 -11:30 am<br>(Everyone)<br>3:30 - 6:30pm<br><b>Families Only</b> | 10am - 11:30am<br>11:30am - 2pm      | Community Kitchen<br>9am -11am Chinese Women<br>3:30pm - 6:30pm<br><b>Families Only</b> |  |  | Kids Community Kitchen<br>3:30pm - 6:30pm                |
|                   | <b>Dugout</b> 59 Powell St. 604-685-5239  | Coffee/Soup/Bun                               | 7:30am                               | 7:30am  | 7:30am                               | 7:30am  | 7:30am   | 7:30am   | 8:30am   |
|                   | <b>First United Church</b><br>320 East Hastings St. 604-681-8365  | Breakfast<br>Lunch<br>Snack (M-F)             | 8:15am<br>12:00pm<br>2:00pm          | 8:15am<br>12:00pm<br>2:00pm   | 8:15am<br>12:00pm<br>2:00pm          | 8:15am<br>12:00pm<br>2:00pm   | 8:15am<br>12:00pm<br>2:00pm                          | Depending on donations/sponsorship food may be available                             | Depending on donations/sponsorship food may be available |
|                   | <b>Food on the Corner</b> 222 Main and East Cordova 604-803-5174  | Soup, Bread, Coffee, Sweets & Sandwiches      |                                      |   |                                      |   |  | 11:00am – Noon   |  |
|                   | <b>Friends of Hastings</b><br>Columbia St & East Hastings St. 604-916-4708  | Fresh fruits / vegetables, Bread, Sweets, Tea |                                      |   |                                      |   |  | 3:30 – 5:30pm  |  |
|                   | <b>Harbour Light</b> 119 East Cordova St. 604-646-6800<br><i>Closed for dinner on Wednesdays and Fridays of Cheque Week</i> | Lunch<br>Dinner                               | 11:00am - 11:45am<br>4:15pm - 5:00pm | 11:00am - 11:45 am  | 11:00am - 11:45am<br>4:15pm - 5:00pm | 11:00am - 11:45am   | 11:00am - 11:45am<br>4:15pm - 5:00pm                 | 4:15pm - 5:00pm  | 4:15pm - 5:00pm  |
|                   | <b>Living Waters</b> 782 East Hastings St. 604-251-2493   | Service and then Food                         |                                      |   |                                      |   |  | 7pm hotdogs, coleslaw, coffee, juice   | 11am hotdogs, coleslaw, coffee, juice                    |
|                   | <b>Mission Possible</b><br>659 East Hastings 604-253-4469   |   |                                      |   |                                      | Charlie's SPCA<br><b>PET FOOD BANK</b><br>10am – 2pm                                    |  | Tickets given out at 8:00am<br>Power Breakfast<br>9am / 10am<br>Coffee 12pm - 1:30pm |  |
|                   | <b>Potters Place</b> 21 East Hastings St. 604-688-2968  | Breakfast<br>Lunch                            | Noon – 1pm<br>10pm – 11pm            | Noon – 1pm<br>10pm – 11pm   | Noon – 1pm<br>10pm – 11pm            | Noon – 1pm<br>10pm – 11pm   | Noon – 1pm<br>10pm – 11pm                            | Noon – 1pm<br>10pm – 11pm  | Noon – 1pm<br>10pm – 11pm                                |
|                   | <b>Salvation Army Soup Truck</b> 222 Main St. 604-525-7311  | Soup/ Sandwich Treats                         |                                      | 9:45pm - 11pm   |                                      |   |  |  | 9:45pm - 11pm  |
|                   | <b>Union Gospel Mission Drop In</b><br>601 E. Hastings St. Enter on Princess St. 604-253-3323                               | Lunch<br>Dinner                               | Lunch 11am<br>Dinner 6:30pm          | Lunch 11am<br>Dinner 6:30pm   | Lunch 11 am<br>Dinner 6:30 pm        | Lunch 11am<br>Dinner 6:30pm   | Lunch 11am<br>Dinner 6:30pm                          | Lunch 11am<br>Dinner 4pm   | Dinner 4pm   |

**FOOD BANK - Vancouver 604-876-3601 Monday to Friday, 8:30am to 3:30pm to find location nearest you (weekdays only)**

**Additional Resource: Vancouver Coastal Health Food Asset Map - <http://www.vch.ca/public-health/nutrition/food-asset-map>**

