

Meaningful Messages

Arts & Community – Ideal for preschoolers and school aged children.

Turn a fun walk with your family into an art activity with a meaningful message



What you need:

- Whatever you can find in nature – sticks, leaves, weeds, flowers, etc.
- Bag

Step 1:

Take a bag outside and pick up anything that interests you. Look for bright colours, different shapes, and collect as much as you want. Remember to just pick up what is on the ground. You don't want to disrupt nature.

Step 2:

Find a place to make the "Meaningful Message." Recommended outside and possibly in a place you could leave your message for others to enjoy. If you decide to make in inside your house, make sure you wash the items to eliminate the bugs that might be present.

Step 3:

Pick a message that means something to you and your family during this time. A message of hope or encouragement. The three messages above are messages that mean something to us.

Adjustment for younger children:

If you have younger children who are too young to know their letters and write out the letters without guidance, you can add sidewalk chalk. Parents or older siblings can write the message out in chalk and the younger children can then add the nature items over the chalk.

Share your messages with friends, family, and with us at @vanparkboard!