YOUTH STANDING UP FOR THE PLANET, MAKING THEIR VOICES HEARD. GLOBAL CLIMATE STRIKE SEPTEMBER, 2019 IN VANCOUVER. SEE RHYTAG P14.
ROUNDHOUSE VISION & MISSION

In September 1996, the Roundhouse Advisory Committee, composed of neighbourhood representatives, heritage supporters, members of the arts community and Park Board staff, undertook a retreat to work through a vision for the Roundhouse. The following is the result of those discussions:

The overall mission is to celebrate diversity... of people, values, ideas and activities.

This mission is made up of three key elements:

THE ROUNDHOUSE AS PROJECT

All of us who work or play or socialize at the Roundhouse will be active participants in an evolving project to find new and creative ways to integrate the arts, culture, community and sports.

THE ROUNDHOUSE AS OASIS

The Roundhouse is located in the centre of one of the largest urban experiments in history, transforming a few hundred acres of mostly vacant lots into one of North America’s densest and most diverse urban sites. The Roundhouse will be an oasis in the centre of this dynamic mix, enabling people to use their creativity and energy (at whatever level) to rejuvenate themselves and to be better equipped to face a blizzard of challenges and opportunities around them.

THE ROUNDHOUSE AS CONNECTION

The Roundhouse exists to identify and serve the needs of a widely divergent communities. To do this the Roundhouse must reach out to the places and situations where those communities feel comfortable. These relationships will grow into Roundhouse programs through sponsorships, partnerships, and our own productions.

WHERE WE ARE

The Roundhouse is located at the corner of Davie St & Pacific Blvd • The Yaletown-Roundhouse Canada Line Station is 200 metres from us • Bus routes 6 & C23 stop within steps of the Roundhouse.

GETTING TO THE ROUNDHOUSE

Walking from Granville Street, head east down Davie five blocks • Underground pay parking is available (access off Drake) Mo-Fr 7am-6pm $3.60/hr, no daily max | Mo-Su & holidays 6-10pm $5.15 flat rate | Sa, Su, & holidays 7am-6pm $3.60/hr, $15.45 max. The underground parking closes at 11pm but shows that run later than 11pm will have access through the Roundhouse.

RUNDHOUSE STAFF

FRONT DESK RECEPTION
Ian McKenzie 604-713-1800 press 1
SUPERVISOR OF ARTS & RECREATION SERVICES
Kathryn Sweetapple 604-713-1805
RECREATION FACILITY CLERK
Arlene Herauf 604-713-1856
ARTS, CULTURE AND ENGAGEMENT COORDINATOR
Marie Lopes 604-713-1806
ARTS PROGRAMMERS
DB Boyko 604-713-1807
Sarah Cavanaugh 604-713-1831
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Natalie Vermaas (Building Sup.) 604-713-1805
Silvia Rubino (Acting) 604-713-1810
COMMUNITY YOUTH WORKER
Sally Chan 604-713-1858
OLDER ADULTS/SENIORS WORKER
Diana VanderVeen 604-713-1814
PROGRAM ASSISTANT/BUILDING SUPERVISOR
Percy Nacario 604-713-1800 press 1
CHILDREN’S SCHOOL PROGRAMS COORDINATOR
Silvia Rubino/Jen Uppal 604-713-1803
VOLUNTEER COORDINATOR
Silvia Rubino 604-713-1857
SPECIAL EVENTS
TBA 604-713-1864
COMMUNICATIONS COORDINATOR
Hanne Lene Dalgleish 604-713-1872
COMMUNICATIONS ASSISTANT
TBA 604-257-8564
PRODUCTION MANAGER/TECHNICAL DIRECTOR
Annie Cavanaugh 604-713-1809
RENTAL COORDINATOR
Laura MacKay 604-713-1811
PRODUCTION ADMINISTRATOR
Manita Rita Castillo 604-713-1812
EVENT ADMINISTRATOR
Kayce Honey 604-713-1808

THANK YOU TO OUR BUSINESS Neighbours

Blink Optometry, Subway, Starbucks, DD Mau, Fresh Bowl, Honjin Sushi

The Roundhouse Community Arts & Recreation Centre is jointly operated by the Vancouver Board of Parks & Recreation and the Roundhouse Community Arts and Recreation Society.

ROUNDHOUSE ADVISORY COUNCIL

CHAIR Elizabeth Snow
Leslie Adams, Ingrid Alderson, Brent Belsher, Blake Chersinoff, Robert Dewey, Craig Giles, Adam Hunter, Sarah Muff, Dr. Setty Pendakur
PRESIDENT'S MESSAGE

Fall tends to bring about a great deal of change, with the past season being no exception. Looking forward to winter, it offers us an opportunity to settle into new routines, cozy up, and re-connect with friends and family. At the Roundhouse, we welcomed Kathryn Sweetapple as our new Supervisor of Recreation Services and bid long-time Recreation Programmer, Val Ferrar, best wishes on her retirement. The Roundhouse is a space of great generosity and support, which evidently begins with our wonderful, dedicated staff.

We encourage you to join us for our annual family-friendly events including Family Day at the Roundhouse, Kids’ Movies at the Roundhouse, and our Eggs-tacular Easter Egg Hunt. These events draw members of our community, young and old, to celebrate together with light and laughter.

Our Arts Programmers continue to impress this season with a wide array of interactive and thought-provoking programs that explores story telling, dance, and self-expression. Keep up to date on these programs and more by subscribing to the Roundhouse View, our monthly e-newsletter.

It has been an immense pleasure serving as President of the Roundhouse Community Arts and Recreation Society. Taking part in the final Joint Operating Agreement with the Vancouver Park Board and serving as part of the Park Your Caboose campaign to raise funds for new seating in the Performance Centre, are experiences that illuminate how engaged and supportive our community is. Though I have stepped down as President of the Board, I will continue to support the Society as a Director and believe that the staff and patrons remain in good hands with the change in leadership.

Andrew Dilts
President, Roundhouse Community Arts and Recreation Society

VOLUNTEER AT THE ROUNDHOUSE

Are you looking for ways to get involved with the community? The Roundhouse is the perfect place for those who want to give their time and energy towards awesome programs, special events, board and committees, performances, and cultural events. We have a vast team of volunteers with all types of skill sets and interests; they all play a vital role in the success of our programming, and we hope you can be a part of the team!

JOIN US! ARE YOU:
• At least 14 years of age?
• Comfortable engaging with diverse groups of people?
• Interested in arts and culture?
• Able to commit up to 6 months of volunteer service?
• Able to work as part of a team?
• Looking to be physically, socially, and mentally active?
• Ready to have some fun in your community?

Next Volunteer Orientation
Wed Jan 29, 2020

WE HOPE TO MEET YOU SOON
If you’re interested in volunteering, we want to hear from you!

Visit recreation.vancouver.ca to view the volunteer requirements, learn about the application process, and apply. Send questions to our Volunteer Coordinator, Silvia Rubino by email silvia.rubino@vancouver.ca.

Visit recreation.vancouver.ca

An online account offers you 24/7 access to registering for a variety of programs. In addition, you can view your schedules, rental agreements, payment receipts, pass usage and pass expiry dates.

Get active, get healthy!
With 24 community centres, 9 indoor pools and 8 ice rinks with a variety of events and lessons, there’s something for everyone! Search by activity number, keyword or use the many filter options available.

Flexible options
Many activities offer drop-ins so you can get involved without registering. Check out what’s available today on our drop-in calendar.

Host an event at one of our locations
Planning a sporting event, social gathering or wedding? Submit your request for use of a community centre room, outdoor park or field, ice rink and more.

Save with a Pass
If you regularly visit a pool, rink or fitness centre, a pass is a great option to help you save money. Many city-wide and location specific passes are available for purchase or renewal online.
WHAT IS A ROUNDHOUSE ARTIST IN RESIDENCE?
Participate in a free Artists’ Residency and collaborate with professional artists on projects that build creative community. The Artists in Residence program is an important part of our commitment to community cultural development: promoting diversity, interdisciplinary activity, innovation, collaboration, and involvement. This is your opportunity to create original theatre, dance, music, and visual art with some of Vancouver’s most renowned artists.

DANCE
Community-engaged dance residencies at Vancouver Park Board facilities bring together people of all ages, abilities, and cultural backgrounds to explore, create, and perform dance with professional dance artists. This winter, we welcome back the Roundhouse Ageless Dancers, Roundhouse Community Dancers and All Bodies Dance Project, and we introduce a new youth project, Ready Dance by All Bodies Dance Project. See pages 33, 44, 52.

VISUAL ARTS
Have you participated in Sarah Ronald’s Roundhouse visual arts residency? Her project, which explores ideas around how we see ourselves as individuals and how we connect as part of a community, now includes a colourful school desk located in our Great Hall. If you’re curious enough to open the desk, you’ll find a question card to complete and deposit in the attached drop box. Stay curious, because Sarah continues to change the cards!

Sarah grew up in Summerland BC, and after receiving her Bachelor of Fine Art degree from Okanagan University in Kelowna, she moved to the West Coast. Sarah punctuates her own successful visual arts practice by engaging with community and is enjoying getting to know the users of Roundhouse, one question at a time.

Some community-created cards will be installed in WINDOW Gallery in Mar/Apr (see page 15)
Learn more about this project at sarahronald.com/roundhouse-air or follow her explorations at instagram.com/sarahronaldair

YOUTH THEATRE
Initiated in 2002, Some Assembly Theatre Company’s award-winning Roundhouse Youth Theatre Action Group (RHYTAG) project engages youth with professional theatre artists in the collaborative creation, development, and performances of new, thought-provoking plays for public audiences. Some Assembly is looking for youth age 13-18 to assist with set and prop creation for its new production that focuses on strengthening response to climate change. Design workshops: Feb 4 and Mar 26, 7-9pm. See page 14 for more info.

MAKE ART IN OUR PARKS
Visit over 50 artists making art in Vancouver Park Board’s Fieldhouse Studios — transformed former caretakers’ suites in parks or underused facilities across Vancouver into active spaces for community engaged creative practices. In each cycle, artist collectives, food, greening and environmental groups are given free access to these spaces in exchange for engaging neighbours, colleagues and curious visitors in imaginative, collaborative work. These inspiring projects lead communities into deeper conversations about living in the urban environment. Find out more about all 22 Fieldhouse Programs across the Vancouver Park Board at vancouver.ca/fieldhouse-programs.

WINDOW GALLERY
The WINDOW Gallery is a Roundhouse exhibition space for artists who explore the links between community and creativity in their work. WINDOW is located in the main entrance off of Pacific Boulevard.
Check roundhouse.ca for further details on the artists and their work.
Artists include:
Jan-Feb: Carved Out and Stitched Together — An Indigenous Artist’s Journey of Learning, Creating, and Holding Space for Herself and Others, Adele L’Amour Arseneau. See page 10 for more details.
**26TH ANNUAL WINTER SOLSTICE LANTERN FESTIVAL  DEC 21**

**ONE FESTIVAL, MANY NEIGHBOURHOODS**
A Roundhouse partnership with the Secret Lantern Society

Sat Dec 21, 6-11pm
INFO secretlantern.org

The winter solstice marks the longest, darkest night of the year. This dance of sun and earth has inspired celebrations of the human spirit throughout the ages and our own Winter Solstice Lantern Festival illuminates the night with a multicultural array of lanterns, fire, singing, dancing, music, and storytelling.

**VOLUNTEER OPPORTUNITIES**
Sign up here: secretlantern.org/volunteer-form

Dec 7-20, Volunteer Workshop: 12-8pm (weekdays), 11am-4pm (weekends).
Help replenish our 17-year old Tree of Life with new branches, lights, and lanterns, or help with a variety of workshop tasks. All skill levels are appreciated. Drop-ins welcome! Mezzanine Workshop.

Sun Dec 15, Volunteer Orientation and Labyrinth Training: 3–4:30pm.
Volunteers are an essential part of the 26th Annual Winter Solstice Lantern Festival! Come meet the team and get an overview of all tasks. There will also be specific training for volunteering in our magical Labyrinth of Light. Room B.

**GIFT LANTERNS**
Lanterns made by Secret Lantern Society artists are available for purchase at the front desk of the Roundhouse throughout December. Give the gift of light so a friend can join you in the lantern procession on solstice. $15/lantern

**LANERN-MAKING WORKSHOPS — PRE-FESTIVAL**
Sign up for a workshop to get ready for Dec 21 and contribute to the glowing constellation of lanterns in your community. Price is per lantern; all basic materials provided. All ages; children must be accompanied by an adult. Register via the Roundhouse front desk: 604-713-1800.

**GLOBE LANTERN**
Make a simple and fun lantern using a balloon.

Mo | Dec 9 | 7-9pm | $15/lantern | 259723 | All ages | Mezzanine

Sa | Dec 14 | 10am-12pm | $15/lantern | 259724 | All ages | Mezzanine

**NATURE LANTERN**
Create a lantern for your home using organic materials (pressed flower petals, twigs, leaves). Materials provided, or bring your own. Can be made in 2–4 hours.

Su | Dec 8 | 12-4pm | $25/lantern | 259725 | All ages | Mezzanine

Sa | Dec 14 | 1-4pm | $25/lantern | 259726 | All ages | Mezzanine

**PIN-PRICK LANTERN**
These easy-to-make lanterns are great for smaller children.

Su | Dec 8 | 10-11am | $10/lantern | 259729 | All ages | Mezzanine

Th | Dec 12 | 6-7pm | $10/lantern | 259730 | All ages | Mezzanine

**STAR LANTERN**
Follow simple steps to make a lovely bamboo frame lantern.

Su | Dec 15 | 12-4pm | $25/lantern | 259731 | All ages | Mezzanine

**LABYRINTH OF LIGHT**
Sat Dec 21, 6-11pm, Gym
TICKETS $9; children under 12 free. Register for timed tickets at secretlantern.org

Experience a beautiful and meditative walk through an ancient labyrinth lit with more than 600 pure beeswax candles. To assist with the Closing Ritual at 10:30pm please speak with the Labyrinth Office in the lobby. All ages.

**WORKSHOPS ON SOLSTICE NIGHT – DEC 21**

**NATURE LANTERN**
Spend the darkest night with your friends and family, and create your own beautiful nature lantern using natural materials (pressed flower petals, twigs, leaves). Materials provided, or bring your own. Can be made in 2-3 hours.

Sa | Dec 21 | 6-10pm | $25/lantern | 259736 | All ages | Mezzanine

**PIN-PRICK LANTERN**
Make a lantern and join a procession to David Lam Park at 8pm. Pin-prick lanterns can be made in half an hour or less. Register to reserve: 604-713-1800.

Sa | Dec 21 | 6-8pm | $10/lantern | 259737 | All ages | Games Room

**SOLSTICE HEADDRESSES**
Create your own beautiful solstice headdress using natural materials such as leaves and evergreens. Drop-in only, while supplies last.

Sa | Dec 21 | 6-9pm | By donation | Drop-in | All Ages | Exhibition Hall

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Su | Dec 15 | 12-4pm | $25/lantern | 259731 | All ages | Mezzanine

For information www.roundhouse.ca 604.713.1800 ext 1
DANCE ALLSORTS  JAN 12
I AM GONE FROM THE METAL WHEN THE METAL HITS THE MOULD
A Roundhouse partnership with New Works
Sun Jan 12
Performance 2pm
Free workshop 3:30pm (must reserve a seat) FREE
Room B
TICKETS Pay what you can at the door (suggested $20 adults; $5 children under 12) | For guaranteed seating and workshop registration visit eventbrite.ca
INFO newworks.ca | info@newworks.ca
This new dance work by emerging choreographer Zahra Shahab generates characters and identities that are in a continual state of morphological transformation. Searching for pockets of self-expression that exist beyond the normative, heterosexual, white narrative, this work inspires an emergent idea of identity that is intentionally unstable and in flux. The one-hour performance will be accompanied by conversation and workshop with the artists.

THE DEMOCRATIC SET  JAN 21 – 25
BY BACK TO BACK THEATRE (AUSTRALIA)
A Roundhouse partnership with PuSh International Performing Arts Festival and Neworld Theatre
OPEN SET Tue Jan 21-Thur Jan 23, 2-4:30pm; Wed Jan 22-Thur Jan 23, 10am-1pm
FILM SCREENING Sat Jan 25, 7pm | Free, but pre-register at pushfestival.ca
OPENING PARTY Sat Jan 25, 8pm | Free, but pre-register at pushfestival.ca
Performance Centre (Open Set, Screening), Exhibition Hall (Opening Party)
INFO pushfestival.ca | info@pushfestival.ca | 604.605.8284
The Democratic Set is an experimental residency model for working with communities. Created using an assembly of short performances for film, The Democratic Set is an unrestricted and uncensored exploration of ideals of equality and freedom. Using a custom-made film set, a neutral room with two opposing doors, The Democratic Set is a free space to be pushed, extended or manipulated, with each participant having full control over how their time is spent in the set. Supported by Canada Council for the Arts, the Broad Cove Fund at Vancity Community Foundation

KIDS’ MOVIE AT THE ROUNDHOUSE  JAN 11
WRECK-IT RALPH
A Roundhouse special event
Sat Jan 11, 11am-1pm
Performance Centre
TICKETS Register at the Roundhouse front desk with code 246907
INFO roundhouse.ca | 604-713-1800 press 1
Come to the Performance Centre for a fun, free movie with your neighbours. Fresh popcorn will be available for $1 per bag (cash only). Caregiver supervision required.

INSPIRED BY HER  JAN 5
A partnership with BeatYOUful Foundation
Sun Jan 5, 10am-4pm
Exhibition Hall
TICKETS Register at inspiredbyherconference.com | Ages 10-14
Inspired by HER is a city-wide conference rooted in building self-love and confidence among girls. With 3 workshops, the conference addresses issues including body image, positive mental health, media literacy, artistic expression, and learning to redefine beauty standards. Inspired by HER provides a foundation of understanding to girls with diverse life experiences and challenges, emphasizing that each has a purpose. With mentorship as a key component of the conference, each girl is paired with a Soul Sister, a mentor who provides a safe space for reflection and goal setting.

CARVED OUT AND STITCHED TOGETHER  JAN – FEB
AN INDIGENOUS ARTIST’S JOURNEY OF LEARNING, CREATING, AND HOLDING SPACE FOR HERSELF AND OTHERS
ARTWORK BY ADELE L’AAP-ARSENEAU
Jan-Feb
Meet the Artist Fri Feb 2, 10am-1pm
WINDOW Gallery
INFO aarseneau.com | Insta /metiscaron
A Nehiyaw Metis visual artist, Adele L’AAP-ARSENEAU creates work asking the audience to consider current social and environmental issues. Her intent is to educate from an indigenous perspective and to counteract stereotypes. Previously a painter, she now uses the mediums of wood carving, beadwork and digital art to reclaim her displaced heritage and language. Born in BC, far from her family’s traditional territories, the significance of the place and culture she was raised in is an integral part of her story. Adopted by the Lukilloo Clan, Dakelh, and trained with master carver, Xwalacktun of Squamish Nation, she uses traditional form line in a contemporary manner.

JAZZ IN THE MEWS  JAN – MAR
A Roundhouse music series
Sat Jan 11 - Sat Mar 28, 10:30am-12:30pm
Foyer
INFO roundhouse.ca | 604-713-1800 press 1
Enjoy Jazz in the Foyer with a full slate of local musicians. The schedule is subject to change.
Sat Jan 11 Rain City Swing Sat Feb 22 Lawless Firm
Sun Jan 19 The Soda Crackers Sat Feb 29 Stringz Aloud
Sat Jan 25 Stringz Aloud Sat Mar 7 John Pippus and Friends
Sun Feb 2 Joel Reid Sax Sat Mar 14 Swing Stage Band
Sat Feb 8 Swing Stage Band Sat Mar 21 Rain City Swing
Sun Feb 16 Paul Talbot and Friends Sat Mar 28 Ross Barrett and Friends

EVENTS JAN - FEB
EVENTS JAN
Am Gone From the Metal When the Metal Hits the Mould. Photo by Sophia Wolfe.
Detail of artwork by Adele L’AAP-ARSENEAU
EVENTS JAN – FEB

GARDENS SPEAK
JAN 28 – FEB 2
BY TANIA EL KHOURY
A Roundhouse partnership with PuSh International Performing Arts Festival
Tue Jan 28 – Sun Feb 2, Exhibition open 12-9:30pm
Exhibition Hall
INFO pushfestival.ca | info@pushfestival.ca | 604.605.8284
Gardens Speak has had thirty showings across five continents, and many of them included a request to the audience: Tania El Khoury asked them to write letters. Here, she offers a selection of them for audiences to uncover and read. With this installation, El Khoury offers up a kaleidoscope of human expression, granting us access to the human heart in all its variety.
Commissioned by Bryn Mawr College for ear-whispered: works by Tania El Khoury

TELL ME WHAT I CAN DO
JAN 28 – FEB 2
BY TANIA EL KHOURY
A Roundhouse partnership with PuSh International Performing Arts Festival
FREE
Tue Jan 28 – Sun Feb 2, Exhibition open 12-9:30pm
Exhibition Hall
INFO pushfestival.ca | info@pushfestival.ca | 604.605.8284
Tell Me What I Can Do: Photo by Pantelis Ladas.

CHINESE NEW YEAR LUNCH AND DANCE
FEB 4
A Roundhouse Older Adults event
Tue Feb 4, 12-2:30pm
Exhibition Hall
TICKETS $25 | pushfestival.ca | 604.449.6000
INFO pushfestival.ca | info@pushfestival.ca | 604.605.8284
Across Syria, many gardens conceal the dead bodies of activists and protesters who adorned the streets during the early periods of the uprising. Gardens Speak is an interactive sound installation containing the oral histories of ten ordinary people who were buried in Syrian gardens. Each narrative has been carefully constructed with the friends and family members of the deceased to retell their stories as they themselves may have recounted it. They are compiled with found audio that evidences their final moments.
Co-commissioned by Fierce Festival, Next Wave Festival, Live at LICA. Developed through the Artsadmin Artists’ Bursary Scheme. Supported by Arts Council of England

SONGBIRD NORTH
FEB 4
A Roundhouse partnership with Songwriters Association of Canada
Tue Feb 4, 7:30pm (doors at 7pm)
Performance Centre
TICKETS $20 at the door (discount for SAC members)
or reserve online at songbirdnorth.bpt.me
INFO songwriters.ca/songbirdnorth (bios of featured artists) | FB /SongBirdNorthYVR
FEATURED ARTISTS – Lynne Hanson, Jon Brooks, Lynn Miles, with host Shari Ulrich.
This bi-monthly showcase features four exceptional singer/songwriters ranging from renowned veterans to up-and-coming writers, taking turns playing original work and sharing stories. Though the event has toured nationally, Vancouver remains its longest-standing host city.

Tell Me What I Can Do: Photo by Pantelis Ladas.

**EVENTS FEB—MAR**

**RHYTAG**

**ROUNDHOUSE YOUTH THEATRE ACTION GROUP DESIGN WORKSHOPS**

A Roundhouse residency and partnership with Some Assembly Theatre Company

**FEB 4, MAR 26**

**FREE**

Thu Mar 26, 7-9pm, Room B

Some Assembly Theatre Company is looking for youth age 13-18 to work with professional artists on the creation of the set and props for a multi-media professional quality production. Artists include Duane Murrin, Athena Ivison, and Valerie Methot. This new theatre production, with its focus on strengthening response to climate change, will be performed for public audiences May 6-9, 2020 in the Roundhouse Performance Centre. If interested, contact Valerie: info@someassembly.ca

Some Assembly is in its 19th year engaging youth with professional artists on the creation and production of plays to promote awareness, dialogue and positive social change regarding issues facing youth. Some Assembly is the recipient of the City of Vancouver Youth Award for outstanding contribution to the youth community and was recently awarded the Deryck Thomson Award for exceptional contribution to community building and wellbeing.


**TALKING STICK FESTIVAL**

A Roundhouse partnership with Talking Stick Festival

**FEB 19 – 29**

Exhibition Hall, Performance Centre

Wed Feb 19 – Sat Feb 29

POWWOW Sun Feb 23, 12-5pm, Gymnasium

INFO fullcircle.ca | FB /talkingstickfest | info@fullcircle.ca | 604-683-0497

As Western Canada’s premier Aboriginal performing arts festival, Talking Stick Festival features extraordinary Indigenous performance and some of the best emerging and established Indigenous artists from Turtle Island. Providing a stage for artists from theatre, storytelling, writing, music, spoken word, and dance, the festival celebrates the traditional performance of many communities and the contemporary art and interdisciplinary work of Indigenous creators.

**FAMILY DAY AT THE ROUNDHOUSE**

**FEB 17**

**FREE**

A Roundhouse special event

Mon Feb 17, 11am-2pm

INFO roundhouse.ca | 604-713-1800 press 1

Spend Family Day at the Roundhouse with parent and tot gym, live musical performances, healthy snacks, arts and crafts, and more! No need to register, drop-in only.

**CURIOSITY?**

Community members with artist-in-residence Sarah Ronald

Mar – Apr

**FREE**

WINDOW Gallery

INFO roundhouse.ca | 604-713-1800 press 1

What piece of advice would you give your younger self? What is your most treasured possession? How would you describe yourself in one word? In her artist residency, Sarah Ronald has been asking the community for their replies to these and other questions — written, drawn, and stamped. In this installation, she shares a collection of the responses.
**VANCOUVER INTERNATIONAL DANCE FESTIVAL** **MAR 6 – 28**

A Roundhouse partnership with Vancouver International Dance Festival

**Wed Mar 18 – Sat Mar 28**
Community Stage performances at 7pm, Exhibition Hall
Mainstage performances at 8pm, Performance Centre

**FREE** Art & Photography Exhibition during Centre hours, Exhibition Hall

**TICKETS** $35 adult, $30 for seniors/students/non-profit arts employee, $25 groups of 10 or more | 2-for-1 tickets on Wednesdays | Community Stage free with $5 VIDF one-time annual membership

VIDF Box Office 6-8pm | vidf.ca | 604-662-4966

**LIFEDRAWING** **FREE**
Mar 19-20, Mar 23 –28, 12-1pm
Exhibition Hall
Join weekday life drawing sessions with dancers. Materials supplied; no registration required.

**COMMUNITY STAGE PERFORMANCES**
Mar 19-21: Farouche Collective (Vancouver)
Mar 26-28: Olivia Shaffer (Vancouver)
7pm
Exhibition Hall

**MAINSTAGE PERFORMANCES**
Mar 18-21: InDANCE (Toronto/Vancouver/Los Angeles)
Mar 26-28 Ichigo-Ichieh (BC/Japan)
8pm
Performance Centre

Sponsors: Department of Canadian Heritage, Canada Council for the Arts, Province of British Columbia, British Columbia Arts Council, City of Vancouver – Cultural Services.

**EGGS-TACULAR EASTER EGG HUNT** **APR 11**

A Roundhouse special event

**Sat Apr 11**
9:30-10:45am (1-3 yrs) | 11:15am-12:30pm (1-6 yrs) | 1-2:15pm (7-9 yrs)
Exhibition Hall

**TICKETS** $6/child

INFO roundhouse.ca | 604-713-1800 press 1

Hippity hoppy down to the Roundhouse for our annual Eggs-tacular Easter Egg Hunt, including an egg hunt, face painting, arts and crafts, games, cookie decorating, live animals, and a visit from the Easter Bunny! Caregiver supervision is required for all children. Drop-ins are welcome if space is available. Children under 1 are free and do not need to register.
### Prenatal Postnatal

#### Prenatal Workshops

**FIT 4 TWO® Prenatal Core Workshop (19+)**

Learn how to work your core safely and effectively through each trimester with a certified pre and postnatal fitness specialist, using breath work, core exercises, and stretches designed to prevent and manage common prenatal discomforts.

- **Sa | Jan 25 | 10:00-11:00am | $26/1 sess | 246547**
- **Tu | Jan 28 | 10:30-11:30am | $26/1 sess | 246548**
- **We | Jan 29 | 10:30-11:30am | $26/1 sess | 246549**

**Instructor:** Rain or Shine Therapy, www.rainorshinetherapy.ca

#### Move & Meditate Your Way to Wellness (19+)

Keep your mind and body healthy as they change during pregnancy. You'll learn exercises and stretches that are safe and crucial in building strength to carry baby weight, and a mindfulness practice that recharges your mind.

- **Sa | Feb 8 | 13pm | $45/1 sess | 246503**
- **Su | Mar 1 | 10am-2pm | $70/1 sess | 246674**

**Instructor:** Linda Clement, Parenting Coach at Thrive Parenting and Raising Parents Inc.

#### Prenatal Fitness

**FIT 4 TWO® Prenatal Fitness (19+)**

Connect with other moms-to-be in your community while reducing prenatal discomforts like lower back ache, fatigue, and swelling. Certified pre and postnatal fitness specialists will lead you through pregnancy-safe cardiovascular exercise, functional strength training, flexibility, and relaxation.

- **We | Jan 8-Feb 12 | 7-8pm | $39/6 sess | 246549**
- **We | Feb 19-Mar 25 | 7-8pm | $39/6 sess | 246550**

**Instructor:** Rain or Shine Therapy, www.rainorshinetherapy.ca

**Prenatal Pilates (19+)**

Feel toned and graceful throughout your pregnancy. Improve your posture through core strength, stability, and proper alignment. Learn breathing exercises to prepare you and your baby for labour.

- **Mo | Jan 6-Feb 10 | 6-6:45pm | $76/6 sess | 246675**
- **Mo | Feb 24-Mar 30 | 6-6:45pm | $76/6 sess | 246676**

**Instructor:** Diana VanderVeen

**Prenatal Yoga (19+)**

Nurture yourself and your growing baby with gentle Hatha Yoga. Learn yoga poses and relaxation techniques to alleviate the common discomforts of pregnancy and to prepare for your labour and delivery. This class may be taught by substitute instructors.

- **Tu | Jan 7-Feb 11 | 5:45-7:15pm | $75/6 sess | 246677**
- **Tu | Feb 18-Mar 21 | 5:45-7:15pm | $87/7 sess | 246680**

**Instructor:** Lori Lucas, www.yogawithlorilucas.com

#### Postnatal Education

**Baby Sign Language (Newborn-2)**

Using songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. Babies can sleep during class.

- **Mo | Feb 24-Mar 23 | 2-2:45pm | $69/5 sess | 246495**

**Instructor:** Into Yoga, www.intoyoga.ca

**Postnatal Workshops**

**FIT 4 TWO® Infant Massage Workshop (Pre-Mobile Babies)**

Massaging babies helps babies sleep better, relaxes and soothes, aids digestion, contributes to development, encourages bonding, and improves communication. Research further shows the benefits of massage for babies with colic, eczema, special needs, and adoptive families.

- **Sa | Jan 25 | 11:15am-12:15pm | $26/1 sess | 246541**

**Instructor:** Rain or Shine Therapy, www.rainorshinetherapy.ca

**Understanding the Mind of Your Infant and Toddler (19+)**

Know what your little one can and cannot comprehend, based on their brain development, to eliminate common frustrations and help you facilitate the earliest and easiest learning possible.

- **Su | Jan 26 | 10am-2pm | $70/1 sess | 246719**

**Instructor:** Linda Clement, Parenting Coach at Thrive Parenting and Raising Parents Inc.

**Postnatal Fitness**

**Baby and Me Yoga (19+)**

Explore core exercises and body strengthening in a mindful and gentle Hatha yoga class. Alleviate tension resulting from baby holding and other repetitive and exhausting baby caring positions.

- **Th | Jan 9-Feb 6 | 12:30-1:30pm | $56/5 sess | 246493**
- **Th | Feb 13-Mar 12 | 12:30-1:30pm | $56/5 sess | 246494**

**Instructor:** Melissa Rodrigues, www.melissarodrigues.com

**FIT 4 TWO® Mom and Baby Fitness (19+)**

Benefit from increased energy, improved posture, less aches and pains, and a stronger core. Each class provides a full body workout including cardio, muscular endurance, postnatal specific core work, and flexibility. No class Feb 17.

- **Mo We | Jan 6-29 | 9:45-10:45am | $109/8 sess | 246543**
- **Mo We | Mar 2-25 | 9:45-10:45am | $109/8 sess | 246545**

**Instructor:** Rain or Shine Therapy, www.rainorshinetherapy.ca

**FIT 4 TWO® Stroller Fitness: Free Trial Class (19+)**

Stroller Fitness is a baby-friendly full body workout. Each class includes intervals of power walking, functional strength training and cardio drills followed by postnatal-specific core work and flexibility. Most classes take place outdoors unless weather is extreme. Meet in the Dance Studio.

- **Mo | Mar 30 | 1:2pm | Free | 248732**
- **Instructor:** Rain or Shine Therapy, www.rainorshinetherapy.ca

**FIT 4 TWO® Tummies 4 Mommies & Infant Massage (19+) $18.50/Drop-In**

Learn to engage your deep core muscles effectively so you can ease back into your favourite activities. Massage helps babies sleep, aids in digestion, improves communication, and promotes bonding.

- **Tu | Jan 7-Feb 11 | 10:45-11:45am | $93/6 sess | 246551**

**Instructor:** Rain or Shine Therapy, www.rainorshinetherapy.ca

Please note that course prices do not include taxes.

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
EDUCATION

EARLY MATH MATTERS (3-5)
With hands on learning drawn from Piaget’s educational theories and Montessori materials, develop pre-math and pre-language skills. Topics include number sense, patterns, classifying objects, measurement, sequences, estimation, and problem solving. This program is designed to run 25 sessions through the year, from September to June, with no late entries into the program. No class Feb 15.

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
<th>Grade</th>
<th>Room</th>
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<td>Sa</td>
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<td>2-2:45pm</td>
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<td>246518</td>
<td>3-4</td>
<td>Board Rm</td>
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</table>

Instructor: Branka Bajgoric

FALL NATURE CLUB (3-5) $12/DROP-IN
Based on Reggio Emilia (Art and Nature), explore the beauty of the season through games, art, songs, and stories. No class Feb 9, 16, 23.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
<th>Grade</th>
<th>Room</th>
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<td>Rm A</td>
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</table>

Instructor: Diana Beairsto

THE READING TREE (3-5)
Get ready for kindergarten and learn the alphabet, vocabulary, and critical-thinking skills through stories, games, songs, and crafts.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
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<th>Grade</th>
<th>Room</th>
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<tr>
<td>Tu</td>
<td>Jan 14-Mar 10</td>
<td>10-11am</td>
<td>$88/8 sess</td>
<td>246714</td>
<td>3-5</td>
<td>Arts &amp; Crafts Rm</td>
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<tr>
<td>Th</td>
<td>Jan 14-Mar 10</td>
<td>11:15am-12:15pm</td>
<td>$88/8 sess</td>
<td>246716</td>
<td>3-5</td>
<td>Arts &amp; Crafts Rm</td>
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</table>

Instructor: Debbie Leboe

LANGUAGE

FARSI CLUB (3-7) $12.50/DROP-IN
Make new friends and learn Farsi (Persian) in a bilingual environment using free play, music and movement, books, and crafts. No class Feb 9, 16, 23.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
<th>Grade</th>
<th>Room</th>
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<tbody>
<tr>
<td>Su</td>
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<td>$81/7 sess</td>
<td>246540</td>
<td>3-7</td>
<td>Rm A</td>
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</table>

Instructor: Samira Adab

SPANISH FOR PRESCHOOL (3-5)
Learn the basics of Spanish with games, songs, and crafts. No class Feb 17.

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
<th>Grade</th>
<th>Room</th>
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<td>Rm C</td>
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<td>$82/8 sess</td>
<td>246694</td>
<td>3-5</td>
<td>Rm C</td>
</tr>
</tbody>
</table>

Instructor: Gloria Alonso

ART

ART AND MUSIC WITH SUN REN (1.5-4) $12.50/DROP-IN (SPACE PERMITTING)
Participate in fingerpainting, abstract art, collage, colouring, stickers, stamping and clay modeling, as well as sing-a-longs, movement, storytelling, and play time.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
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<tbody>
<tr>
<td>Tu</td>
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<td>9:30-10:30am</td>
<td>$100/9 sess</td>
<td>246488</td>
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<tr>
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<td>10:45-11:45am</td>
<td>$100/9 sess</td>
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<td>10:45-11:45am</td>
<td>$100/9 sess</td>
<td>246491</td>
</tr>
</tbody>
</table>

Instructor: Sun Rey Han

ART IS FUN (3-5) $14/DROP-IN (SPACE PERMITTING)
Try origami, clay modeling, stamping, collage, abstract art, mixed media art, finger painting, crafting, and more.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
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<tbody>
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<td>1:15-2:15pm</td>
<td>$114/9 sess</td>
<td>246492</td>
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</table>

Instructor: Sun Rey Han

PARENT AND POTTERY (3-5)
Have a bonding experience with your child working with clay! Emphasis on play and not the end result.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
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<tbody>
<tr>
<td>Th</td>
<td>Jan 16-Mar 12</td>
<td>10:30-11:30am</td>
<td>$118/8 sess</td>
<td>246539</td>
</tr>
</tbody>
</table>

Instructor: Brianne Siu

MUSIC

MUSIC TOGETHER (0-5)
Participate at your own level and nurture your natural musicality through singing, dancing, listening, watching, and exploring musical instruments. The whole family is welcome for this musical experience!

<table>
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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
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<tbody>
<tr>
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<td>9:30-10:15am</td>
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<td>We</td>
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<td>11:30-12:15pm</td>
<td>$166/9 sess</td>
<td>246597</td>
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</table>

Instructor: Tanya Multimedia

DANCE AND MOVEMENT

ANIMAL KINGDOM MOVEMENTS (2-4) $17/DROP-IN
Have a blast jumping like frogs, lumbering like gorillas, skittering like crabs, or swimming and playing like whales, dolphins, and seals.

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<th>Day</th>
<th>Date</th>
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<tbody>
<tr>
<td>Fr</td>
<td>Jan 10-Feb 7</td>
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<tr>
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<td>10-10:45am</td>
<td>$69/5 sess</td>
<td>246485</td>
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</table>

Instructor: Into Yoga, www.intoyoga.ca

BRIGHTSTARS PERFORMING ARTS (2-5)
Dive into the wonderful world of performing arts. Learn the beginnings of dance, movement, singing, and acting while boosting your imagination and self-confidence.

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<th>Day</th>
<th>Date</th>
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<tbody>
<tr>
<td>We</td>
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<td>11:30am-12pm</td>
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<td>Th</td>
<td>Jan 16-Mar 12</td>
<td>9-9:45am</td>
<td>$99/9 sess</td>
<td>259512</td>
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</table>

Instructor: Jordan Thomson

CREATIVE BALLET (3-5) $13.50/DROP-IN (SPACE PERMITTING)
Use ballet steps and positioning to learn about musicality, motor skills and coordination, and express yourself through creative movement. No class Feb 15.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
<th>Code</th>
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<tbody>
<tr>
<td>Sa</td>
<td>Jan 18-Mar 14</td>
<td>9-9:45am</td>
<td>$88/8 sess</td>
<td>246512</td>
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<tr>
<td>Sa</td>
<td>Jan 18-Mar 14</td>
<td>2:30-3:45pm</td>
<td>$88/8 sess</td>
<td>246513</td>
</tr>
<tr>
<td>Sa</td>
<td>Jan 18-Mar 14</td>
<td>4-5:15pm</td>
<td>$88/8 sess</td>
<td>246514</td>
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</tbody>
</table>

Instructor: Serena Morphy

CREATIVE YOGA PLAY (2-5) $11.50/DROP-IN
Use yoga, song, dance, art, and drama to freely and confidently explore the space around you, while learning the importance of relaxation and gaining a foundation to manage stress in a healthy way.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Price</th>
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<tbody>
<tr>
<td>Fr</td>
<td>Jan 17-Mar 13</td>
<td>11:15am-12pm</td>
<td>$93/9 sess</td>
<td>246516</td>
</tr>
</tbody>
</table>

Instructor: Diana Beairsto

Please note that course prices do not include taxes.
KIDS BALLET (4-6) $13/DROP-IN
Learn basic ballet vocabulary, focusing on creativity, lightness, musicality, posture, and the joy of expression in this fun class.
Th | Jan 9-Mar 12 | 3:30-4:15pm | $119/10 sess | 246579 | 4-6 | Dance St
Instructor: Espirito Santo Mauricio

MINI ACROBATIC DANCERS (2-3) $13/DROP-IN
Combine fundamental dance principles with rhythmic and classical gymnastics. Using creative movement, games and props, achieve balance, coordination, awareness, and strength.
Th | Jan 9-Mar 12 | 3-3:30pm | $103/10 sess | 246584 | 2-3 | Dance St
Instructor: Espirito Santo Mauricio

MINI HIP HOP (3-5)
Move and groove to your favourite tunes and learn the basics of hip-hop dance in this high-energy class. Leave feeling energized and confident.
Tu | Jan 14-Mar 10 | 1-1:45pm | $99/9 sess | 246585 | 3-5 | Dance St
Instructor: Vancouver Performing Stars, www.performingstars.ca

ZUMBINI® (0-4)
Sing, dance, and play as you bond with your child. Created by Zumba® and BabyFirst, the Zumbini program uses music, dance, and instruments to encourage bonding, learning, and fun. Caregiver participation required. Materials fee is non-refundable. No class Feb 17.
Mo | Jan 13-Mar 9 | 12-12:45pm | $136/8 sess | 246741 | 0-4 | Dance St
Instructor: Maira Daiha

SPORTBALL INDOOR SOCCER (3-5)
Learn fundamental concepts of gameplay and basic skills including throw-ins, dribbling, trapping and passing, in a supportive, non-competitive environment.
Tu | Jan 21-Mar 10 | 2:15-3:15pm | $148/8 sess | 246695 | 3-5 | Gym
Instructor: Sportball Vancouver

SPORTBALL INDOOR SOCCER PARENT AND CHILD (2-3)
Learn the basic skills required to score with confidence including throw-ins, dribbling, trapping, passing, goal tending and more, through fun and exciting games.
Tu | Jan 21-Mar 10 | 1:30-2:15pm | $148/8 sess | 246700 | 2-3 | Gym
Instructor: Sportball Vancouver

SPORTBALL JUNIOR (1-2)
Learn fundamental sport skills and participate in games, songs, bubble time, and more. Children are challenged according to their individual skill level, while adults learn proven teaching techniques. Parent participation required. No class Feb 9, 23.
Su | Jan 12-Mar 15 | 11-11:45am | $148/8 sess | 246701 | 1-2 | Gym
Instructor: Sportball Vancouver

SPORTBALL MULTISPORT (3-5)
Develop basic sport skills like balance, coordination, stamina and timing in a fun, non-competitive environment. Each class introduces one of: hockey, soccer, football, baseball, basketball, volleyball, golf, or tennis. No class Feb 9, 23.
Su | Jan 12-Mar 15 | 10-11am | $148/8 sess | 246702 | 3-5 | Gym
Th | Jan 23-Mar 12 | 1-2pm | $148/8 sess | 246704 | 3-5 | Gym
Instructor: Sportball Vancouver

SPORTBALL MULTISPORT PARENT AND CHILD (2-3)
Refine motor skills and develop social skills such as following instructions, taking turns, and sharing. Coaches introduce a different sport each class using games and activities. Parent participation required. No class Feb 9, 23.
Su | Jan 12-Mar 15 | 9:15-10am | $148/8 sess | 246705 | 2-3 | Gym
Th | Jan 23-Mar 12 | 2-2:45pm | $148/8 sess | 246706 | 2-3 | Gym
Instructor: Sportball Vancouver

ART AND MUSIC WITH SUN REY CAMP (2-4) $13.50/DROP-IN (SPACE PERMITTING)
Introduce your child to art and music, through a mural art project, sing-a-longs, movement, storytelling, and play time. Caregiver participation is required.
Mo-Fr | Mar 23-27 | 9:30-10:30am | $58/week | 248655 | 2-4 | Arts & Crafts Rm
Mo-Fr | Mar 23-27 | 10:45-11:45am | $58/week | 248656 | 2-4 | Arts & Crafts Rm
Instructor: Sun Rey Han

ART IS FUN CAMP (3-5) $16.50/DROP-IN (SPACE PERMITTING)
Try origami, clay modeling, stamping, collage, abstract art, mixed media art, finger painting, crafting and more, with time set aside for sing-a-longs, storytelling, and play time.
Mo-Fr | Mar 23-27 | 12:15-1:15pm | $66/week | 248657 | 3-5 | Arts & Crafts Rm
Instructor: Sun Rey Han

PRESCHOOL CAMPS

Please note that course prices do not include taxes.

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
**CHILDREN**

**LANGUAGE**

**SPANISH FOR BEGINNERS (5-10)**
Learn the basics of Spanish with games, songs, and crafts. No class Feb 17
Mo | Jan 13-Mar 9 | 3:30-4:30pm | $99/8 sess | 246691 | 5-10 | Rm C  
Instructor: Gloria Alonso

**SPANISH FOR INTERMEDIATES (5-10)**
For those with a basic command of the language, continue learning Spanish through songs, games and crafts. New students are welcome. No class Feb 17
Mo | Jan 13-Mar 9 | 4:35-5:35pm | $99/8 sess | 246692 | 5-10 | Rm C  
Instructor: Gloria Alonso

**EDUCATION**

**LEARNING WITH MAGIC (5-12)**
Learn to perform magic tricks, illusions, and basic sleight of hand. Amaze your family and friends with your new performance and storytelling skills. New students may try their first class for $22, one-time only.
Tu | Jan 21-Mar 10 | 3:30-5pm | $152/8 sess | 246582 | 5-12 | Rm B  
Instructor: Caroline Dyck

**RED CROSS BABYSITTING (11-15)**
Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through real life scenarios.
Su | Mar 29 | 9am-4pm | $69/1 sess | 246687 | 11-15 | Multimedia Rm  
Instructor: First Aid Hero, www.firstaidhero.com

**RED CROSS STAYSAFE! (9-13)**
Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through active role-play in an interactive and fun environment.
Su | Jan 12 | 10:30am-4:30pm | $69/1 sess | 246689 | 9-13 | Multimedia Rm  
Instructor: First Aid Hero, www.firstaidhero.com

**SILLY CIRCUITS: EXPLORE ELECTRONICS (STEM) (8-12)**
Learn to read and write your own circuit diagrams and build simple and complex circuits. Classes use safe solderless breadboards and may use arduino controllers.
Tu | Jan 21-Mar 10 | 3:30-5pm | $180/8 sess | 246690 | 8-12 | Rm B  
Instructor: Caroline Dyck

**NEW STYLIZED LEARNING FOR KIDS – HOMEWORK CLUB (7-12) $22/DROP-IN**
Need a place for your kids to do their homework afterschool? Need a little extra help? Stylized learning for kids – homework club is a program designed to helping our kids grow confidence and in their education with an experienced educator.

<table>
<thead>
<tr>
<th>$152/8 sess</th>
<th>7-9 yrs</th>
<th>10-12 yrs</th>
<th>Room</th>
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</table>
| 3:30-4:15pm | 4:15-5:15pm | Tu | Jan 21-Mar 10 | 253580 | 253581 | Mezz Meeting  
| We | Jan 22-Mar 11 | 253583 | 253582 | Mezz Meeting  
| Th | Jan 21-Mar 10 | 253585 | 253584 | Mezz Meeting  

Instructor: Skye Lintott, StylizedLearning.com

**CREATIVE ARTS**

**KIDS POTTERY (9-13)**
Explore different hand building techniques and wheel throwing in a fun and relaxed setting. We will make FUN-tional and sculptural work throughout the term.
Th | Jan 23-Mar 12 | 3:30-5:30pm | $141/8 sess | 246581 | 9-13 | Pottery St  
Instructor: Brianne Su

**NEW VALENTINES DAY – FAMILY PAINT POURING WORKSHOP (6-13)**
Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create a flow and beautiful cells throughout your paintings.
Tu | Feb 11 | 3:15-4:45pm | $20/canvas or $60/family of 4 | 246581 | 6-13 | Rm B  
Instructor: Valerie Ferrar

**NEW ST.PATRICKS DAY – FAMILY PAINT POURING WORKSHOP (6-13)**
Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create a flow and beautiful cells throughout your paintings.
Tu | Mar 10 | 3:15-4:45pm | $20/canvas or $60/family of 4 | 246581 | 6-13 | Rm B  
Instructor: Valerie Ferrar

**MUSIC**

**GUITAR WITH JUSTIN (7+)**
Play your favourite songs and learn new pop, rock, and classical music. Lessons encourage musical and personal growth, with emphasis on a positive and exciting learning experience. Students must bring their own instrument to class. Lessons are 30 minutes.
Fr | Jan 24-Mar 13 | 2-6:30pm | $204/8 sess | 246553-562 | 7+ | Board Rm  
Instructor: Justin Gorrie

**PIANO WITH LYDIA (4+)**
These one-on-one piano lessons for all ages and levels teach students how to play the piano and appreciate music. Preparation for the RCM exam is provided upon request. Lessons are 30 minutes.
Su | Jan 12-Mar 9 | 9am-4pm | $306/12 sess | 246603-617 | 4+ | Practice Rm  
Instructor: Lydia Kay

**PIANO WITH SUSIE (4+)**
Learn how to play the piano in a positive and nurturing environment that honours creativity and self-expression, and caters to individual learning styles. Students may wish to partake in RCM exams should passion and interest lead them in that direction. Lessons are 30 minutes.
Th | Jan 9-Mar 12 | 3-7:30pm | $306/12 sess | 246618-629 | 4+ | Practice Rm  
Sa | Jan 11-Mar 14 | 12-4pm | $306/12 sess | 246661-667 | 4+ | Practice Rm  
Instructor: Susie Skoda

**VIOLIN WITH HANNAH (6+)**
Enhance your foundation techniques to move on to the next level of playing your instrument, while learning music theory and sight-reading in accordance with your experience. Lessons are 30 minutes. No class Feb 17.
Mo | Jan 13-Mar 9 | 3:30-5:30pm | $204/8 sess | 246720-724 | 6+ | Board Rm  
Instructor: Hyunah Kim

Please note that course prices do not include taxes.
VOICE WITH ASHEIDA (8+)
Sing and learn fun exercises to feel more ease, connection, and balance with your voice. Instructor permission is required for younger students, and for multiple bookings for children who are new to the course. Lessons are 30 minutes. No class Jan 28, Feb 25.
Tu | Jan 7-Mar 10 | 1-7pm | $264/8 sess | 246725-735 | 8+ | Practice Rm
Instructor: Asheida Arruda, www.integratedartist.ca

DANCE AND FITNESS

BRAZILIAN DANCE FOR KIDS (5-10)
$13/DROP-IN
Explore Brazilian culture while learning new rhythms and the basics of Brazilian dance. All levels are welcome. No class Feb 16.
Su | Jan 12-Mar 8 | 11-11:45am | $95/8 sess | 250848 | 5-10 | Dance St
Instructor: Maira Daiha

CREATIVE BALLET (5-8)
$15.50/DROP-IN
Build flexibility, strength, poise, and discipline while having loads of fun! Focus on ballet terminology and technique through barre work, center practice, and across the floor exercises. Learn about coordinated movement through short choreographed routines. No class Feb 15.
Sa | Jan 18-Mar 14 | 11:30am-12:30pm | $95/8 sess | 246515 | 5-8 | Dance St
Instructor: Serena Murphy

KIDS BALLET (4-6)
$13/DROP-IN
Learn basic ballet vocabulary focusing on creativity, lightness, musicality, posture, and the joy of expression in this fun class.
Th | Jan 9-Mar 12 | 3:30-4:15pm | $119/10 sess | 246579 | 4-6 | Dance St
Instructor: Espirito Santo Mauricio

KIDS HIP HOP (6-10)
$13/DROP-IN
Learn cool hip-hop moves and create dance sequences based on choreography. All levels are welcome.
Th | Jan 9-Mar 12 | 4:15-5pm | $119/10 sess | 246580 | 6-10 | Dance St
Instructor: Espirito Santo Mauricio

SPORTS

CANUCKS AUTISM NETWORK MULTISPORT (7-12)
FREE
Providing children with autism and their siblings a fun introduction to sport. Participants enjoy games and drills that work on a variety of skills used in various sports. Designed to provide a fun, safe and supportive environment for all those taking part. No class Feb 17.
Mo | Jan 20-Mar 9 | 6-7pm | Free + $25 CAN membership | 7-12 | Gym
Registration through the Canucks Autism Network: www.canucksa autism.ca/join-us/become-a-member

RAINCITY BASKETBALL SKILLS SESSIONS (6-8)
$14.50/DROP-IN
Learn teamwork and the fundamentals of basketball including dribbling, shooting, defense, proper nutrition, and sportsmanship. No class Feb 17.
Mo | Jan 13-Mar 9 | 3:30-4:30pm | $99/8 sess | 246684 | 6-8 | Gym
Instructor: Raincity Basketball Club

RAINCITY BASKETBALL SKILLS SESSIONS (9-13)
$18/DROP-IN
Learn teamwork and the fundamentals of basketball. Class includes instruction, drills, and game time. No class Feb 17.
Mo | Jan 13-Mar 9 | 3:30-5:30pm | $140/8 sess | 246685 | 9-13 | Gym
Instructor: Raincity Basketball Club

SPORTBALL INDOOR SOCCER (6-9)
Learn fundamental concepts of gameplay and basic skills including throw-ins, dribbling, trapping and passing, in a supportive, non-competitive environment.
Tu | Jan 21-Mar 10 | 3:30-4:30pm | $148/8 sess | 246698 | 6-9 | Gym
Instructor: Sportball Vancouver

TENNIS: INDOORS (6-8)
Learn basic tennis skills through drills and game simulations.
We | Jan 29-Mar 4 | 3:45-4:45pm | $96/6 sess | 246712 | 6-8 | Gym
Instructor: Gayle Dobson

TENNIS: INDOOR (9-13)
Learn basic tennis skills through drills and game simulations.
We | Jan 29-Mar 4 | 4:45-5:45pm | $96/6 sess | 246710 | 9-13 | Gym
Instructor: Gayle Dobson

MARTIAL ARTS

CAPAERIA: FREE TRIAL CLASS (6-13)
FREE
Improve your flexibility, condition your body, and discipline your mind in this fun and eclectic sport. Known as the secret dance of Brazil, Capoeira is a display of self-defense and is an excellent workout for all ages.
Tu | Jan 14-Mar 10 | 4:45-5:45pm | $93/9 sess | 246508 | 6-13 | Dance St
Tu | Jan 14-Mar 10 | 5:30-6pm | $93/9 sess | 246509 | 9-13 | Dance St
Instructor: Julio Monteiro

KARATE

KARATE FUN (4-7)
Mo Fr | Jan 6-31 | 3:30-4:30pm | $70/mo | 246567 | 4-7 | Rm B
Mo Fr | Feb 3-28 | 3:30-4:30pm | $70/mo | 246568 | 4-7 | Rm B
Mo Fr | Mar 2-20 | 3:30-4:30pm | $70/mo | 246569 | 4-7 | Rm B

KARATE: JUNIOR (8-10)
Mo Fr | Jan 6-31 | 4:30-5:30pm | $70/mo | 246570 | 8-10 | Rm B
Mo Fr | Feb 3-28 | 4:30-5:30pm | $70/mo | 246571 | 8-10 | Rm B
Mo Fr | Mar 2-20 | 4:30-5:30pm | $70/mo | 246572 | 8-10 | Rm B

KARATE: SENIOR (11-18)
Mo Fr | Jan 6-31 | 5:30-6:30pm | $70/mo | 246573 | 11-18 | Rm B
Mo Fr | Feb 3-28 | 5:30-6:30pm | $70/mo | 246574 | 11-18 | Rm B
Mo Fr | Mar 2-20 | 5:30-6:30pm | $70/mo | 246575 | 11-18 | Rm B

KARATE: GREEN BELT AND ABOVE (11-18)
Mo Fr | Jan 6-31 | 6:30-8pm | $80/mo | 246576 | 11-18 | Rm B
Mo Fr | Feb 3-28 | 6:30-8pm | $80/mo | 246577 | 11-18 | Rm B
Mo Fr | Mar 2-20 | 6:30-8pm | $80/mo | 246578 | 11-18 | Rm B
Instructor: Hamid Tarighatbina

Please note that course prices do not include taxes.

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Information roundhouse.ca 604.713.1800 ext 1
Registration recreation.vancouver.ca
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ELSIE ROY NOON HOUR: UNIQUE CREATIONS (6-12)
Discover the freedom of creative self-expression as you explore your imagination through drawing, painting, storytelling, and play. No class Jan 20, Feb 17.
Mo | Jan 13-Mar 9 | 12-12:40pm | $55/7 sess | 246536 | 6-12 | Arts & Crafts Rm
Instructor: Kelly Jimenez, www.kellyjimenez.art

ELSIE ROY NOON HOUR: BASKETBALL (6-12)
Learn dribbling, shooting, defense, nutrition, and the importance of sportsmanship and teamwork. No class Jan 20, Feb 17.
Mo | Jan 13-Mar 9 | 12-12:40pm | $65/7 sess | 246534 | 6-12 | Arts & Crafts Rm
Instructor: James Hickson

ELSIE ROY NOON HOUR: DISCOVER ELECTRONICS (8-12)
Learn to read circuit diagrams and build your own circuits. Classes use safe solderless breadboards and may use arduino controllers. No class Jan 20, Feb 17.
Mo | Jan 13-Mar 9 | 12-12:40pm | $95/7 sess | 246527 | 8-12 | Multimedia Rm
Instructor: Caroline Dyck

ELSIE ROY NOON HOUR: HANDICRAFTS IN SPANISH (K-10)
Learn basic Spanish expressions and vocabulary while working on fun crafts. No class Jan 20, Feb 17.
Mo | Jan 13-Mar 9 | 12-12:40pm | $51/7 sess | 246522 | K-10 | Rm C
Instructor: Gloria Alonso

ELSIE ROY NOON HOUR: HIP HOP (K-10)
Learn the basics of hip-hop in this high-energy class. Discover new moves and challenging choreography, and leave feeling energized and confident.
Tu | Jan 14-Mar 10 | 12-12:40pm | $75/9 sess | 246529 | K-10 | Dance St
Instructor: Vancouver Performing Stars, www.performingstars.ca

ELSIE ROY NOON HOUR: SOCCER (7-12)
Build soccer skills through drills and practice and finish each day with a fun, team-building game.
Tu | Jan 14-Mar 10 | 12-12:40pm | $68/9 sess | 246535 | 7-12 | Gym
Instructor: James Hickson

ELSIE ROY NOON HOUR: LEARNING WITH MAGIC (K-12)
Learn to perform magic tricks, illusions, and basic sleight of hand, and amaze your family and friends with your new performance and storytelling skills.
Tu | Jan 21-Mar 9 | 12-12:40pm | $76/8 sess | 246532 | 12-12 | Arts & Crafts Rm
Instructor: Caroline Dyck

ELSIE ROY NOON HOUR: ART ATTACK (K-10)
Learn origami, clay modeling, stamping, collage, abstract art, finger painting, crafting, and more.
Tu | Jan 14-Mar 10 | 12-12:40pm | $85/9 sess | 246520 | K-10 | Arts & Crafts Rm
Instructor: Sun Rey Han

ELSIE ROY NOON HOUR: ALL STARS PERFORMERS (K-12)
Build confidence and learn about music expression, drama, and choreography using songs and dances from popular musicals like Frozen, Wicked, Annie, and The Sound of Music.
We | Jan 15-Mar 11 | 12-12:40pm | $72/9 sess | 246519 | K-12 | Dance St
Instructor: Jordan Thomson

ELSIE ROY NOON HOUR: LIONS MMA KIDS MARTIAL ARTS (6-12)
Learn simple and effective kickboxing and grappling techniques, as well as basic conflict resolutions skills. Classes are high-energy, fun, safe, and a great way to make new friends.
We | Jan 15-Mar 11 | 12-12:40pm | $85/9 sess | 246534 | 6-12 | Rm B
Instructor: Lions MMA

ELSIE ROY NOON HOUR: CHESS (6-12)
Explore the world of chess, where beginners learn the fundamentals and advanced players learn new strategies.
We | Jan 15-Mar 11 | 12-12:40pm | $71/9 sess | 246524 | 6-12 | Rm C
Instructor: Clement Cheng
Th | Jan 16-Mar 12 | 12-12:40pm | $71/9 sess | 246525 | 6-12 | Board Rm
Instructor: Joe Soliven

ELSIE ROY NOON HOUR: CLAY PLAY (7-10)
Learn basic hand building and sculpting techniques in a friendly and creative setting.
Th | Jan 23-Mar 12 | 12-12:40pm | $79/8 sess | 246526 | 7-10 | Pottery St
Instructor: Brianne Siu

ELSIE ROY NOON HOUR: ZUMBA KIDS (K-10)
Participate in a high-energy fun fusion of world and Latin dance styles.
Th | Jan 16-Mar 12 | 12-12:40pm | $99/9 sess | 246537 | K-10 | Rm B
Instructor: Maira Daiha

ELSIE ROY NOON HOUR: KIDS YOGA (K-10)
Cultivate greater self-esteem, awareness, and confidence in a fun environment. Each class incorporates individual, partner and group activities, as well as music and yoga games. No class Feb 14.
Fr | Jan 17-Mar 13 | 12-12:40pm | $60/7 sess | 246531 | K-10 | Rm B
Instructor: Diana Beairisto

NEW ELSIE ROY NOON HOUR: SM(ART) KIDZ (K-12)
Learn math, language, science and more through art. Art builds lifelong skills such as the importance of focus, experimentation, taking risks and making mistakes. Every day you will take home a piece of art. No class Feb 14
Fr | Jan 17-Mar 6 | 12-12:45pm | $105/7 sess | 253586 | K-12 | Arts & Crafts Rm
Instructor: Skye Lintott, StylizedLearning.com

ELSIE ROY NOON HOUR: LEGO LUNCH CLUB (K-10)
Enjoy a variety of activities including creative play and motorized model building to improve your STEM skills in a fun and collaborative environment. No class Feb 14.
Fr | Jan 17-Mar 6 | 12-12:40pm | $72/7 sess | 246533 | K-10 | Rm C
Instructor: Bricks 4 Kidz Vancouver

Please note that course prices do not include taxes.
Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
**BIRTHDAY PARTIES**

**BIRTHDAY PARTY FUN ROOM (1-12)**
Have your birthday party at the Roundhouse! Party package includes a fun and energetic leader, basic decorations, balloons, an arts and crafts project (optional), and access to the Engine 374 Pavilion. This birthday party does not include access to the gym. Fire and general safety prohibits compressed gas and containers (no helium balloons) and piñatas. Maximum 30 people. Cancellations are required 10 days in advance to avoid charges. Caregiver participation is required. No booking on Feb 23.

Sa Su | Jan 4-Mar 29 | 2-30-4:30pm | $120/party | 1-12 | Rm C
Instructor: Birthday Party Leader

**PLAYTIME BIRTHDAY PARTY (2-12)**
Have your birthday party at the Roundhouse! Party packages include a fun and energetic leader(s), basic decorations, balloons, an arts and crafts project, 1 hour (Saturdays)/45 minutes (Sundays) of gym time with a bouncy castle, play equipment, sports equipment, and access to the Engine 374 Pavilion. Fire and general safety prohibits compressed gas and containers (no helium balloons) and piñatas. Maximum 20 children. Cancellations are required 10 days in advance to avoid charges.

Caregiver participation is required. No booking on Feb 23.

Sa | Jan 4-Mar 28 | 11:30am-1:30pm | $160/small party, $210/large party | 2-12 | Rm C
Su | Jan 5-Mar 29 | 11:30am-1:30pm | $150/small party, $200/large party | 2-12 | Rm C

**SPECIAL EVENTS**

**FREE KIDS’ MOVIE AT THE ROUNDHOUSE (ALL AGES)**
Come to the Performance Centre for a fun, free movie with your neighbours. Fresh popcorn will be available for $1 per bag (cash only). Call 604-713-1800 for more information. Registration and caregiver participation are required.

**WRECK-IT RALPH**
Sa | Jan 11 | 11am-1pm | Free | 246907 | All ages | Performance Centre

**DESPICABLE ME 2**
Sa | Mar 7 | 11am-1pm | Free | 246908 | All ages | Performance Centre

**ARTS, DANCE & CULTURE**

**FREE HIP HOP CULTURE JAM FOR YOUTH DROP-IN (10-25)**
Learn and share knowledge about the four elements of hip-hop culture: MC, DJing, breaking, and visual art. Bring your elements, whether you’re a beginner or have experience, and enjoy a real hip-hop jam!

We | Jan 8-Mar 11 | 7:30-9:30pm | Free | 246888 | 10-25 | Rm B
Instructor: Mattias L’ariko & Ice B

**INTRODUCTION TO BREAKDANCING (10-18)**
Learn the fundamentals of breakdancing from experienced dancers, including how to rock to the beat, show off with fancy footwork, and impress with funky freezes.

We | Jan 8- Mar 11 | 6:30-7:30pm | $10/10 sess | 246897 | 10-18 | Rm B
Instructor: Mattias L’ariko & Ice B

**KIDS POTTERY (9-13)**
Explore different hand building techniques and wheel throwing in a fun and relaxed setting. We will make FUN-ctional and sculptural work throughout the term.

Th | Jan 23-Mar 12 | 3:30-5:30pm | $141/8 sess | 246581 | 9-13 | Pottery St
Instructor: Briannne Siu

**NEW FREE READY DANCE: ALL BODIES DANCE YOUTH (15-25)**
Ready Dance is a new project by All Bodies Dance for youth ages 15-25 with and without disabilities. These classes will explore contemporary dance, improvisation, rhythm, and choreography in a fun and creative environment. Participants will experience the joy of moving, making, and performing in an inclusive space, where individuality and diversity are celebrated. No experience necessary. ASL interpretation is available for this program upon request at info@allbodiesdance.ca. Participants who require one-to-one support must provide their own assistant. Funded by the BC Arts Council and the Vancouver Park Board. No class Feb 9.

Su | Jan 12-Mar 8 | 12:30-2pm | Free/8 sess | 248814 | 15-25 | Dance St
Instructor: Harmarie Taylor and Danielle Wensley

**FREE YOUTH THEATRE DESIGN WORKSHOPS (13-18)**
Some Assembly Theatre Company is looking for youth age 13-18 to help create the set and props for its new Roundhouse Youth Theatre Action Group (RHYTAG) production that focuses on strengthening response to climate change. Design workshops take place February 4 and March 26 from 7 to 9pm. Contact Valerie at info@someassembly.ca with your interest. See page 14 for more info.

**EDUCATIONAL**

**NEW FREE HOMEWORK TUESDAY: PRE-TEEN DROP-IN (9-13)**
Do you need a quiet space to focus on homework or work on a school project? Join our free after-school homework club, supervised by your favourite youth staff, and get some work done!

Tu | Jan 7-Mar 10 | 3-4:30pm | Free | 252128 | 9-13 | Rm C
Instructor: Youth Leader

**RED CROSS BABYSITTING (11-15)**
Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through real life scenarios.

Su | Mar 29 | 9am-4pm | $69/1 sess | 246687 | 11-15 | Multimedia Rm
Instructor: First Aid Hero, www.firstaidhero.com

**RED CROSS STAYSAFE! (9-13)**
Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through active role-play in an interactive and fun environment.

Su | Jan 12 | 10:30am-4:30pm | $69/1 sess | 246689 | 9-13 | Multimedia Rm
Instructor: First Aid Hero, www.firstaidhero.com

Please note that course prices do not include taxes.

Information roundhouse.ca  604.713.1800 ext 1  Registration recreation.vancouver.ca  Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
**SILLY CIRCUITS: EXPLORE ELECTRONICS (STEM) (8-12)**
Learn to read and write your own circuit diagrams and build simple and complex circuits. Classes use safe solderless breadboards and may use arduino controllers.
Tu | Jan 21-Mar 10 | 3:30-5pm | $180/8 sess | 246690 | 8-12 | Rm B
Instructor: Caroline Dyck

**SOCIAL RECREATION**

**FREE FRIDAY YOUTH NIGHT (13-18)**
Spend your Friday nights at the Roundhouse with the coolest Youth Leaders and get to know your community, with open gym, tournaments, football games, movie nights, pizza parties, and more!

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Fr | Jan 3-Mar 27 | 6-8pm | Free | 246886 | 13-18 | Games Rm + Gym
Instructor: Sherohan Anthonypillai & Stratos Charalambides

**FREE GAME-ON WEDNESDAY: PRE-TEEN DROP-IN (9-13)**
Led by one of your favourite Youth Staff, get ready for action in the Games Room each Wednesday with board games, tabletop games, card games, and video games.
We | Jan 8-Mar 11 | 3:30-5:30pm | Free | 246887 | 9-13 | Games Rm
Instructor: Youth Leader

**FREE MAKE-IT MONDAY: PRE-TEEN DROP-IN (9-13)**
Join this fun afterschool drop-in activity led by one of your favourite Youth Staff! Put your creative hats on in the Games Room every Monday for easy DIY projects and crafts. No class Feb 17.
Mo | Jan 6-Mar 9 | 3:30-5:30pm | Free | 246898 | 9-13 | Games Rm
Instructor: Youth Leader

**FREE YOUTH LOUNGE DROP-IN (8-18)**
Check out the revamped Games Room dedicated to pre-teens and youth every day after school from 3-6pm! Play pool, football, table tennis, or just hang out with friends. Learn about volunteer opportunities and other resources in the Youth Office. No drop-ins. No class Feb 17.
Mo-Fr | Jan 6-Mar 13 | 3-6pm | Free | 246904 | 8-18 | Games Rm
Instructor: Youth Leader

**OPEN GYM/DROP-IN SPORTS**

**FREE PRE-TEEN/YOUTH OPEN GYM (8-18)**
Join a friendly scrimmage, practice your swings or shots, or just hang out with friends! Open gym is a safe and welcoming space for all youth. All identities and skills are welcome.
Tu | Jan 7-Mar 24 | 4:30-5:45pm | Free | 246902 | 8-18 | Gym
Th | Jan 9-Mar 26 | 3:30-5:45pm | Free | 246901 | 8-18 | Gym
Fr | Jan 3-Mar 27 | 3:30-6pm | Free | 246885 | 8-12 | Gym
Fr | Jan 3-Mar 27 | 6-9pm | Free | 246886 | 13-18 | Gym
Instructor: Youth Leader

**YOUTH VOLLEYBALL DROP-IN (10-18)**
Work on your volleyball skills or round up your friends and get a good scrimmage going! Open gym is a safe and welcoming space for all youth. All identities and skills are welcome.
Sa | Jan 4-Mar 28 | 1-2:45pm | Free | 246905 | 10-18 | Gym
Instructor: Youth Leader

**YOUTH VOLLEYBALL DROP-IN (10-18)**
Work on your volleyball skills or round up your friends and get a good scrimmage going! Open gym is a safe and welcoming space for all youth. All identities and skills are welcome.
Sa | Jan 4-Mar 28 | 1-2:45pm | Free | 246905 | 10-18 | Gym
Instructor: Youth Leader

**PHYSICAL RECREATION**

**CAPOEIRA (6-13)**
$12.50/DROP-IN
Improve your flexibility, condition your body, and discipline your mind in this fun and eclectic sport. Known as the secret dance of Brazil, Capoeira is a display of self-defense and an excellent workout for all ages.
Tu | Jan 14-Mar 10 | 4-4:45pm | $93/9 sess | 246505 | 6-8 | Dance St
Tu | Jan 14-Mar 10 | 5-6pm | $93/9 sess | 246508 | 9-13 | Dance St
Instructor: Julio Monteiro

**INTRO TO SKATEBOARDING: BEGINNERS (7-13)**
Learn the fundamental skills to go from never having ridden a skateboard to safely rolling around. These indoor classes focus on foot placement, pushing, turning, stopping, safety, terminology, and basic tricks. Helmet and safety padding are mandatory for all participants (some equipment is available for loan). Participants are expected to have their own skateboard, with a limited number of skateboards available for use during lessons. Caregiver consent/waiver forms must be completed prior to participation available at the Front Desk or contact the Community Youth Worker at chan@vancouver.ca.
Th | Jan 9-30 | 3:45-4:45pm | $62/4 sess | 246899 | 7-13 | Gym
Th | Jan 9-30 | 4:55-5:55pm | $62/4 sess | 246890 | 7-13 | Gym
Th | Feb 6-27 | 3:45-4:45pm | $62/4 sess | 246891 | 7-13 | Gym
Th | Feb 6-27 | 4:55-5:55pm | $62/4 sess | 246892 | 7-13 | Gym
Instructor: Undertoe Skateboard Academy

**KARATE**
Learn discipline, gain confidence, increase flexibility, develop cooperation, and have fun. New students can try their first class for $16, one-time only. Please note that some classes may be taught by accredited senior instructors. No drop-ins. No class Feb 17.
KARATE: SENIOR (11-18)
Mo Fr | Jan 6-31 | 5:30-6:30pm | $70/5 sess | 246576 | 11-18 | Rm B
Mo Fr | Feb 3-28 | 5:30-6:30pm | $70/5 sess | 246577 | 11-18 | Rm B
Mo Fr | Mar 2-20 | 5:30-6:30pm | $70/5 sess | 246578 | 11-18 | Rm B
KARATE: GREEN BELT AND ABOVE (11-18)
Mo Fr | Jan 6-31 | 6:30-8pm | $80/5 sess | 246567 | 11-18 | Rm B
Mo Fr | Feb 3-28 | 6:30-8pm | $80/5 sess | 246568 | 11-18 | Rm B
Mo Fr | Mar 2-20 | 6:30-8pm | $80/5 sess | 246569 | 11-18 | Rm B
Instructor: Hamid Tariqahatin

**RAINCITY BASKETBALL SKILLS SESSIONS (9-13)**
$18/DROP-IN
Learn teamwork and the fundamentals of basketball. Class includes instruction, drills, and game time. No class Feb 17.
Mo | Jan 13-Mar 9 | 3:30-5:30pm | $140/8 sess | 246685 | 9-13 | Gym
Instructor: Raincity Basketball Club

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
ROUNDHOUSE RUNNERS: YOUTH RUNNING CLUB (10-18)
Challenge yourself to a healthier, more active you! Learn tips and tricks from an experienced runner while preparing for the Hot Chocolate 5K Run around Stanley Park on March 7, 2020, in support of the BC Centre for Ability. Registration will include a subsidized entry to the event, a souvenir shirt, a souvenir mug, and a fun finisher medal when we cross the finish line! Be sure to wear proper running attire and be ready to break a sweat each week. All levels are welcome. Caregiver consent/waiver form must be completed prior to participation — available at the front desk or online at roundhouse.ca/registration-services/faq-forms.
Sa | Feb 1-Mar 7 | 12-1pm | $25/6 sess | 246899 | 10-18 | Gym
Instructor: Stratos Charalambides

TENNIS: INDOOR (9-13)
Learn basic tennis skills through drills and game simulations.
We | Jan 29-Mar 4 | 4:45-5:45pm | $96/6 sess | 246710 | 9-13 | Gym
Instructor: Gayle Dobson

SPECIAL EVENTS & OUT TRIPS

NEW FREE INSPIRED BY HER
A partnership with BeYOUtiful Foundation. Inspired by HER is a city-wide conference rooted in building self-love and confidence among girls. With 3 workshops, the conference addresses issues including body image, positive mental health, media literacy, artistic expression, and learning to redefine beauty standards.
Inspired by HER provides a foundation of understanding to girls with diverse life experiences and challenges, emphasizing that each has a purpose. With mentorship as a key component of the conference, each girl is paired with a Soul Sister, a mentor who provides a safe space for reflection and goal setting.
Su | Jan 5 | 10am-4pm | 10-14 | Exhibition Hall
Register at www.inspiredbyherconference.com

NEW OH SNAP! YOUTH PHOTO WALK (11-16)
Join OH Snap! to learn the principles of photography and improve your photos one shoot at a time. Meet at the Roundhouse with your camera for a photo walk around Yaletown, with a picnic at the end. This out trip is in collaboration with the Champlain Heights Youth Programs.
We | Mar 25 | 11:30am -2:30pm | $5/1 sess | 246897 | 11-16 | Rm A
Instructor: Youth Leader

NEW YOUTH WHISTLER SKI/SNOWBOARDING DAY TRIP
It’s snow day in Whistler! Meet other youth from Park Board Community Centres as we travel together to one of North America’s best snow destinations! From beginners to experienced skiers/snowboarders, all youth will be placed in group lessons based on their skill level. The registration fee includes transportation, ski lift ticket, group lessons, lunch voucher, and optional equipment rental. Caregiver consent/waiver forms must be completed prior to participation and are available at the Front Desk or by contacting the Community Youth Worker at sally.chan@vancouver.ca. Please read the Parent Information Package for more itinerary details and for the recommended equipment list. All forms are due February 28. Please register by phone or in-person; there is no online registration.
Su | Mar 15 | 6:30am–6:30pm | $110 (w/ rentals); $90 (w/o rentals) | 248500 | 13-18
Instructor: Youth Leader

FREE BE A ROUNDHOUSE YOUTH VOLUNTEER! (UP TO 18)
Interested in volunteering but not sure where to start? Join the Roundhouse Youth Volunteer Team! Working with the Community Youth Worker and the Volunteer Coordinator, you’ll gain access to a wide range of special events and programs at the Roundhouse. All youth volunteers must fill out an application form (available online) and attend the New Volunteer Orientation on January 29 at 6pm. For more info, contact Sally Chan (Community Youth Worker): sally.chan@vancouver.ca or Silvia Rubino (Volunteer Coordinator): silvia.rubino@vancouver.ca.
We | Jan 29 | 6-7pm | Free | 12-18 | Rm B
Instructor: Community Youth Worker

FREE ROUNDHOUSE YOUTH COUNCIL (GR 8-12)
Do you enjoy working with others? Want to have a say in the community? Have an idea you’d love to make happen? Join the Roundhouse Youth Council to make new friends, gain leadership skills, and get involved in your community. Weekly meetings can be counted towards volunteer hours. All youth are welcome. For more info, contact Community Youth Worker Sally Chan at 604-713-1858 or sally.chan@vancouver.ca.
We | 4:30-5:30pm | Free | 246900 | Gr 8-12 | Rm B
Instructor: Community Youth Worker

Please note that course prices do not include taxes.

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
EDUCATION

FREE CHRONIC CONDITIONS SELF-MANAGEMENT PROGRAM (19+)
Learn information and practical strategies to help cope with day-to-day challenges. This program is proven to increase motivation and confidence to better manage symptoms and take action toward a healthier life. No class Feb 23.
Su | Jan 16-Mar 29 | 1-3:30pm | Free/6 sess | 246759 | 19+ | Music Rm
Instructor: Self-Management BC, selfmanagementbc.ca, 604-940-1273, selfmgmt@uvic.ca

DOG OBEDIENCE: BEGINNERS/PUPPY (19+)
Learn basic commands with verbal cues, hand signals, and positive reinforcement without using food, treats, force or fear responses, and how to manage and eliminate inappropriate behaviors. Pre-requisite: All dogs must be full vaccinated and have no aggression issues. No class Feb 9, 16, 23.
Su | Jan 12-Mar 8 | 11:30am-12:30pm | $174/6 sess | 246763 | 19+ | Rm B
Instructor: Alpha Dog Training

DOG OBEDIENCE: INTERMEDIATE AND AGILITY (19+)
Improve control of commands learned in basic obedience at longer distances and with distraction, and practice agility training, by guiding your dog through obstacles. No class Feb 9, 16, 23.
Su | Jan 12-Mar 8 | 1-2pm | $196/6 sess | 246766 | 19+ | Rm B
Instructor: Alpha Dog Training

MANOLOGY: EXPLORING 21ST CENTURY MASCULINITY (19+) $15/DROP-IN
Learn how you are shaped and influenced by expectations about what a man is supposed to be. Have fun, try new things, share stories, humour and knowledge, and forge new friendships. Sessions are interactive, friendly and experiential. No class Feb 17.
Mo | Jan 6-Mar 30 | 7-9:30pm | $144/12 sess | 246794 | 19+ | Rm C
Instructor: David Hatfield

MINDFULNESS MEDITATION (18+)
Relax, restore, and relieve stress, while cultivating inner peace and happiness, and discovering a new paradigm for living well. No class Feb 17.
Mo | Jan 20-Feb 24 | 7:30-8:45pm | $55/5 sess | 246795 | 18+ | Multimedia Rm
Instructor: Sung Yang, www.LearnMindfulness.org

FREE NEPP EARTHQUAKE PREPAREDNESS: APARTMENT LIVING (19+)
Apartment and condo dwellers have unique challenges when preparing for emergencies or disasters. Learn what to do when an earthquake strikes, including how to develop an emergency plan and conduct a Hazard Hunt.
Tu | Mar 24 | 7-8:30pm | Free/1 sess | 246797 | 19+ | Multimedia Rm
Instructor: Volunteer

FREE NEPP EARTHQUAKE PREPAREDNESS: PETS (19+)
Learn how to prepare you and your pets for any type of emergency or disaster you may be faced with.
Tu | Jan 14 | 7-8:30pm | Free/1 sess | 246796 | 19+ | Multimedia Rm
Instructor: Volunteer

FREE PHOTOGRAPHY: YOU BE THE JUDGE (19+)
Recognize and understand the attributes of good photography so you can constructively critique images and create better photographs. This workshop covers elements of composition, a framework for critiquing and tips for creating better photos, by assessing images during sessions.
Sa | Jan 25 | 12:30-4:30pm | Free/1 sess | 252358 | 19+ | Multimedia Rm
Instructor: Bob Prosser

NEW FREE ROUNDHOUSE HISTORY SESSION – THE BATTLE OF HONG KONG
Join historian and guest speaker Albert Choi share his experience living through the battle of Hong Kong as an 11-year-old boy. Refreshments provided.
Mo | Jan 20 | 7-8:30pm | Free/1 sess | 251512 | 55+ | Rm B
Volunteer Instructor: Albert Choi

NEW FREE ROUNDHOUSE INFO SESSION – DENTAL HYGIENE (55+)
Learn about dental health/hygiene from an Independent Dental Hygiene Practitioner and its association with chronic inflammatory conditions such as heart disease, arthritis, dementia, and diabetes. The session will cover brushing techniques to prevent dental decay, improving oral health and overall wellness with a few lifestyle changes. Take home a free toothbrush.
Mo | Feb 3 | 11-12:15pm | Free/1 sess | 253499 | 55+ | Rm B
Volunteer Instructor: Bobbie Gill, ROH, BSc

FREE SECRETS TO OUTSTANDING PHOTOGRAPHY (19+)
Learn to see and capture beautiful imagery anywhere, anytime. This is a non-technical class with a focus on composition. Bring any camera (must understand basic camera functions). No children, please.
Su | Jan 12 | 2-4pm | Free/1 sess | 246807 | 19+ | Board Rm
Su | Feb 16 | 2-4pm | Free/1 sess | 246808 | 19+ | Board Rm
Su | Mar 15 | 2-4pm | Free/1 sess | 246809 | 19+ | Board Rm
Instructor: Paul Frennes

LANGUAGE

ESL FOR ADULTS (19+)
Improve your English speaking skills in this ESL class for adults through activities, exercises and conversation. The focus is on speaking not writing.
Tu | Jan 7-Mar 10 | 10-11:30am | $150/10 sess | 246771 | 19+ | Music Rm
Instructor: Veronica Chum

FRENCH: BEGINNERS 1 (19+)
Learn the basics of French with a Parisian teacher. By the end of the session, the goal is to talk about yourself and your friends, and to make enough small talk to feel at ease in any francophone country.
Tu | Jan 14-Mar 10 | 9-10:15am | $187/9 sess | 246772 | 19+ | Board Rm
Instructor: Julie Rauscher

FRENCH: BEGINNERS 2 (19+)
Join this interactive class to learn more about the French language, from a Parisian teacher. Talk, participate in fun exercises, learn new vocabulary, and work on your pronunciation.
Tu | Jan 14-Mar 10 | 10:30-11:45am | $187/9 sess | 246773 | 19+ | Board Rm
Instructor: Julie Rauscher

SPANISH: BEGINNERS LEVEL 1 (19+)
Learn basic Spanish skills set in practical day-to-day situations that will help you when travelling to Spanish speaking countries.
We | Jan 15-Mar 25 | 7:30-8:30pm | $190/11 sess | 246810 | 19+ | Mezz Meeting Rm
Instructor: Gloria Alonso

SPANISH: BEGINNERS LEVEL 2 (19+)
Improve your conversational Spanish skills and learn the past and future tense to help you communicate with new friends in Spanish countries.
Tu | Jan 14-Mar 31 | 7:30-8:30pm | $207/12 sess | 246811 | 19+ | Mezz Meeting Rm
Instructor: Gloria Alonso

SPANISH: CONVERSATIONAL (19+)
If you have a basic command in Spanish and are planning travel to a country where it is spoken, join this friendly environment to practice speaking about culture, traditions, and more.
We | Jan 15–Mar 25 | 7:05-8:35pm | $190/11 sess | 246812 | 19+ | Mezz Meeting Rm
Instructor: Gloria Alonso

Please note that course prices do not include taxes.
Please note that course prices do not include taxes.

ART

ACRYLIC AND MULTIMEDIA WITH YVES (19+)
$25/DROP-IN
Discover art through a magical evening painting session with Yves Rene Decary.
Fr | Jan 10-Feb 14 | 6:30-9:30pm | $102/6 sess | 246745 | 19+ | Arts & Crafts Rm
Fr | Feb 21-Mar 17 | 6:30-9:30pm | $102/6 sess | 246746 | 19+ | Arts & Crafts Rm
Instructor: Yves Rene Decary, yverenedecaryartist@gmail.com

NEW BEGINNERS FLUID ACRYLIC POURING WORKSHOP (19+)
Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create a flow and beautiful cells throughout your paintings.
Mo | Feb 10 | 6:30-8:30pm | $65/1 sess | 252713 | 19+ | Arts & Crafts Rm
We | Feb 26 | 6:30-8:30pm | $65/1 sess | 252714 | 19+ | Arts & Crafts Rm
Mo | Mar 9 | 6:30-8:30pm | $65/1 sess | 252715 | 19+ | Arts & Crafts Rm
We | Mar 25 | 6:45-8:45pm | $65/1 sess | 252716 | 19+ | Arts & Crafts Rm
Instructor: Valerie Ferrar, pixeydixey41@yahoo.com

NEW WEAVING CEDAR (19+)
Create a cedar bracelet, headband and/or basket with guidance from Haida weaver Gihlghigaa (Todd DeVries) while learning about Cedar’s cultural values to the Haida through stories.
Fr | Jan 10 | 1:15-3:15pm | $35/1 sess | 255526 | 19+ | Rm C – Bracelet
Fr | Jan 17 | 1:15-3:15pm | $40/1 sess | 255029 | 19+ | Rm C – Headband
Fr | Jan 24-31 | 1:15-3:15pm | $55/2 sess | 255041 | 19+ | Rm C – Basket
Instructor: Todd DeVries

DRAWING AND WATERCOLOUR FOR BEGINNERS (19+)
Learn basic drawing techniques to shape and form images in perspective, and experiment with variety of watercolour techniques while working on landscapes, still lifes, flowers, figures, and more. No class Feb 17.
Mo | Jan 6-Mar 9 | 9:30-11:30am | $180/9 sess | 246768 | 19+ | Arts & Crafts Rm
Instructor: Mohammad Atashzad, www.atashzad.com

DRAWING: LEARNING TO SEE (19+)
Augment drawing exercises with techniques to help you deconstruct and reconstruct subjects to better understand foreshortening, positive and negative space, and the behavior of light on tone and value. No class Feb 4.
Tu | Jan 14-Mar 10 | 6:30-8:30pm | $174/8 sess | 246769 | 19+ | Arts & Crafts Rm
Instructor: Bernadine Fox

NEW SKETCHING AND DRAWING (25+)
$12/DROP-IN
Understand the fundamentals of perspective, from basic shapes to a refined outline, using different techniques to render light and shadow.
Fr | Feb 7-Mar 13 | 1:15-3:15pm | $58/6 sess | 246880 | 25+ | Rm C
Instructor: Jennifer Chernecki

WATERCOLOUR PAINTING (19+)
$12/DROP-IN.
Gain experience working with watercolours in a loosely structured and supportive studio setting. Participants are encouraged to work on personal projects to develop their style.
We | Jan 8-Mar 11 | 11am-1pm | $94/10 sess | 246823 | 19+ | Arts & Crafts Rm
Instructor: Bill Miloglav, baldozar@shaw.ca

POTTERY

POTTERY: DROP-IN (19+)
Pottery studio drop-in is for those currently enrolled in Roundhouse pottery classes and those who have a drop-in storage space assigned to them. No class Feb 23.
Su | Jan 12-Mar 15 | 12:30-4:30pm | see sidebar | 246800 | 19+ | Pottery St
We | Jan 8-Mar 11 | 10am-9:30pm | see sidebar | 246799 | 19+ | Pottery St
Sa | Jan 11-Mar 14 | 12:30-4:30pm | see sidebar | 246804 | 19+ | Pottery St
Instructor: Volunteer

POTTERY: HAND AND WHEEL WITH KATE (19+)
Learn how to throw on the potter’s wheel and create projects using hand-building techniques. Making, finishing, decorating, and glazing are covered. Intermediate and advanced students are assisted to progress at their own pace and challenged with new techniques and ideas.
Fr | Jan 10-Mar 13 | 12-3pm | $340/10 sess | 246806 | 19+ | Pottery St
Instructor: Kate Metten

POTTERY: HAND AND WHEEL WITH VIN (19+)
Learn how to throw on the potter’s wheel and create projects using hand-building techniques. Making, finishing, decorating, and glazing are covered. Intermediate and advanced students are assisted to progress at their own pace and challenged with new techniques and ideas. No class Feb 17.
Mo | Jan 13-Feb 9 | 6:30-9:30pm | $282/8 sess | 246802 | 19+ | Pottery St
Instructor: Vin Arau

POTTERY: HAND AND WHEEL THROWING WITH SUE (19+)
Play with clay in these multi-level classes. Learn the basic of hand-building, wheel throwing, glazing, and firing techniques. Continuing students work at their own pace with assistance on new techniques and challenges.
Tu | Jan 7-Mar 10 | 1:30-4:30pm | $340/10 sess | 246805 | 19+ | Pottery St
Tu | Jan 7-Mar 10 | 6:30-9:30pm | $340/10 sess | 246801 | 19+ | Pottery St
Instructor: Sue Greene

POTTERY: THROW, THROWING, THROWN WITH NORA (19+)
For students who have taken at least one day class, take your skills to the next stage with centering, altering, trimming, decorating, and glazing pots. No class Feb 17.
Th | Jan 9-Mar 5 | 6:30-9:30pm | $282/8 sess | 246803 | 19+ | Pottery St
Instructor: Nora Vaillant

POTTERY: DROP-IN FEES
Studio Member $12/2hrs
Volunteer $5/2 hrs
Current Student $5/2 hrs

POTTERY FEES AND MATERIALS
No LAC accepted. Online and in person registration. Materials included are slips, glazes, firing; not included are drop-in fees and clay.
Clay $25 + taxes
Tool Kit $30 + taxes

REFUNDS
Refunds must be requested 72 hours in advance of start date. $10 administration fee applies. No refunds after start date.

POTTERY WAITLIST
To add your name to the drop-in waitlist, contact Cheryl Stapleton cheryl.stapleton@vancouver.ca. Class participants get priority.

Information roundhouse.ca
604.713.1800 ext 1
Registration recreation.vancouver.ca
Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
WOODWORKING: DROP-IN (19+)
$16/HOUR

To qualify for drop-in sessions, you must pass an assessment at a Wednesday drop-in and attend a safety orientation session, or have successfully completed a Level 2 course. Drop-in sessions are not for Level 1 students.
Su | Jan 5-Mar 29 | 1:30-4:30pm | See sidebar | 246825 | 19+ | Barry Cogswell Woodworking St

Instructor: Craig Gilder
We | Jan 8-Mar 25 | 6-9pm | See sidebar | 246826 | 19+ | Barry Cogswell Woodworking St

Instructor: Trevor Osborn
Th | Jan 9-Mar 26 | 1-4pm | See sidebar | 252747 | 19+ | Barry Cogswell Woodworking St

Instructor: Trevor Osborn

WOODWORKING: SAFETY ORIENTATION — APPOINTMENT ONLY (19+)
For experienced woodworkers wanting to access the Woodworking drop-in, complete a written assessment test during a Wednesday drop-in session. The instructor will mark the tests and contacts woodworkers when there are enough people to run a safety orientation.
S45/1 sess | 246827 | 19+ | Barry Cogswell Woodworking St

Instructor: Trevor Osborn

WOODWORKING: LEVEL 1 (19+)
For beginners and those with little woodworking experience, acquire basic woodworking skills and learn elementary safe operation of major power tools such as the jointer, planer, and table saw, as well as other power tools based on design requirements. Prerequisite for Hand Tools Level 2, 3, or artisans course.
Mo | Jan 6-Feb 10 | 6:30-9:30pm | $294/6 sess | 246832 | 19+ | Barry Cogswell Woodworking St
Mo | Feb 24-Mar 30 | 6:30-9:30pm | $294/6 sess | 246836 | 19+ | Barry Cogswell Woodworking St

Instructor: Craig Gilder
Tu | Jan 7-Feb 17 | 6:30-9:30pm | $294/6 sess | 246833 | 19+ | Barry Cogswell Woodworking St
Tu | Feb 25-Mar 31 | 6:30-9:30pm | $294/6 sess | 246834 | 19+ | Barry Cogswell Woodworking St

Instructor: Jeremy Tomlinson, www.urbanwoodworker.com

WOODWORKING: LEVEL 1 — BEYOND BENCHES (19+)
Acquire basic woodworking skills and learn elementary safe operation of major power tools such as the jointer, planer, and table saw, as well as other power tools Prerequisite for Level 2.
Tu | Jan 21-Mar 10 | 9:30am-1pm | $392/8 sess | 246836 | 19+ | Barry Cogswell Woodworking St
Tu | Jan 21-Mar 10 | 2-5:30pm | $392/8 sess | 246841 | 19+ | Barry Cogswell Woodworking St

Instructor: Bruce Inglis

WOODWORKING: LEVEL 1 — BOXES (19+)
Acquire basic woodworking skills with hand and power tools including planes, saws, chisels, layout tools and joinery methods, and learn elementary safe operation of major power tools such as the jointer, planer, and table saw. Prerequisite for Level 2 or artisans’ course. No class Feb 17.
Mo | Jan 13-Mar 9 | 2-5:30pm | $352/7 sess | 234646 | 19+ | Barry Cogswell Woodworking St

Instructor: Bruce Inglis

WOODWORKING: LEVEL 2 (19+)
Building on Level 1 skills, focus on classic joinery techniques, project planning, and material selection. Prerequisites: must have taken Level 1 Woodworking. In person registration only. No class Feb 17.
Mo | Jan 13-Mar 23 | 9:30am-12:30pm | $539/11 sess | 252783 | 19+ | Barry Cogswell Woodworking St

Instructor: Bruce Inglis

WOODWORKING: LEVEL 2 — not included
Level 2 – level 1
Level 1 – none
Level 1 – included
Level 2 – not included

Please note that course prices do not include taxes.

Information roundhouse.ca | 604.713.1800 ext 1
Registration recreation.vancouver.ca

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.

ADULT

WOODWORKING: SPECIALTY COURSES

PIANO WITH SUSIE (19+)
Learn how to play the piano in a positive and nurturing environment that honours creativity and self-expression, and caters to individual learning styles. Students may wish to partake in RCM exams should passion and interest lead them in that direction.
Th | Jan 9-Mar 12 | 7-9:30pm | $275/10 sess | 246651-660 | 19+ | Practice Rm
Sa | Jan 11-Mar 14 | 12-4pm | $275/10 sess | 246672-665 | 19+ | Practice Rm

Instructor: Susie Skoda

PIANO WITH LYDIA (19+)
These one-on-one piano lessons for all ages and levels teach students how to play the piano and appreciate music. Preparation for the RCM exam is provided upon request. No class Feb 23.
Su | Jan 12-Mar 29 | 9am-4pm | $303/11 sess | 246603-617 | 19+ | Practice Rm
We | Jan 8-Mar 25 | 2-8:30pm | $330/12 sess | 246618-629 | 19+ | Practice Rm
Fr | Jan 10-Mar 27 | 2-8:30pm | $330/12 sess | 246630-642 | 19+ | Practice Rm

Instructor: Lydia Kay

PRACTICE PIANO
Access to the teaching piano is free only for piano students currently enrolled in piano lessons, and based on availability. The non-teaching piano is available for member use for SS/hour for a maximum of 2 hours/day. Other conditions apply. Please inquire at the front desk.

Please note that course prices do not include taxes.
**DANCE**

**FREE #DANCEHAPPY (ALL AGES)**
Join this free dance class for all bodies that want to move! Dancers and dance lovers of all ages and experience welcome. Sessions are held the second Tuesday of each month.
Tu | Jan 14, Feb 11, Mar 10 | 8-9pm | Free/3 sess | 246906 | All ages | Dance St
Instructor: Amber Barton

**FREE ALL BODIES DANCE (18+)**
All Bodies Dance Project brings together artists with and without disabilities to explore movement as a means of creative expression. Experience the joy of dancing in a diverse community of movers. Classes explore improvisation in a fun and creative environment. No experience is required. ASL interpretation is available upon request. Funded by the City of Vancouver and the Vancouver Park Board.
Sa | Jan 11-Mar 28 | 2:30-4pm | Free/12 sess | 246919 | 18+ | Dance St
Instructor: Naomi Brand

**NEW ARGENTINE TANGO SOCIAL DANCE FOR BEGINNERS (19+)** $15/DROP-IN
Dance social Argentine Tango in Buenos Aires style and join the growing Vancouver Tango scene. No previous experience or partner is required.
Fr | Jan 10-Mar 13 | 6-7:15pm | $140/10 sess | 252379 | 19+ | Dance St
Instructor: Semiral Tuncer, www.vancouvertango.com

**FREE ROUNDHOUSE COMMUNITY DANCERS (19+)**
Join dance artist Kelly McInnes in the collaborative creation of performance. Experiment with improvisation, composition, and creative movement. No dance experience is necessary but registration is required. Funded by the Vancouver Park Board. No class Feb 9.
Su | Jan 12-Mar 29 | 2:30-4:30pm | Free/12 sess | 246921 | 19+ | Dance St
Instructor: Kelly McInnes

**NEW BEGINNER SALSA FOR COUPLES (19+)**
Learn the basics of tropical Salsa to dance with flare and rhythm. Couples only.
Fr | Jan 10-Mar 27 | 7:30-8:30pm | $300/12 sess | 252379 | 19+ | Dance St
Instructor: Gustavo Ferman, www.gustavoferman.com

**GROOVAZON (19+)** $15/DROP-IN
Bring the funk back on with an original blend of pure Funk dance, Discodelic rhythms, Hip Hop vibes, and jazzy grooves.
Sa | Jan 11-Mar 28 | 12:45-2:15pm | $234/12 sess | 246783 | 19+ | Dance St
Instructor: Gustavo Ferman

**ADULT**

**FREE SALSA DANCING (25+) $20/DROP-IN**
For those without previous dance experience, learn Latin dance in a fun and supportive environment. No partner is required.
We | Jan 15-Feb 12 | 8:15-9:45pm | $75/5 sess | 246870 | 25+ | Dance St
Instructor: Barney Alfred Lee and Mya Davidson

**NEW BALLROOM TANGO (19+) $20/DROP-IN**
Learn the basics of ballroom dance and move across the dance floor with confidence and style. No experience or partner are required.
We | Jan 19-Mar 18 | 8:15-9:45pm | $75/5 sess | 253818 | 25+ | Dance St
Instructor: Barney Alfred Lee and Mya Davidson

**FREE ZUMBA: FREE TRIAL CLASS (19+)**
We | Jan 8 | 5:45-6:45pm | Free/1 sess | 246855 | 19+ | Dance St
Instructor: DNA Wellness Co.

**ZUMBA (19+) $13/DROP-IN**
Using fitness principles of interval and resistance training to maximize caloric output, fat burning, and total body toning. Zumba uses a variety of dance styles including cumbia, soca, merengue, salsa, African, reggae, flamenco, funk, and belly dance. Drop-in available, space permitting.
Fr | Jan 10-Feb 21 | 12-1pm | $81/7 sess | 246856 | 19+ | Dance St
Fr | Feb 28-Mar 27 | 12-1pm | $58/5 sess | 246857 | 19+ | Dance St
Instructor: DNA Wellness Co.

**ZUMBA NOON (19+) $13/DROP-IN**
Using fitness principles of interval and resistance training to maximize caloric output, fat burning, and total body toning. Zumba uses a variety of easy to follow dance styles including cumbia, soca, merengue, salsa, African, reggae, flamenco, funk, and belly dance. Drop-in available, space permitting.
Fr | Feb 26-Mar 25 | 5:45-6:45pm | $38/5 sess | 246854 | 19+ | Dance St
Instructor: DNA Wellness Co.

**FITNESS**

**BELLYFIT (19+) $13/DROP-IN**
Get your sweat on with fun, easy-to-learn cardio moves inspired by bellydance, Bollywood, African dance, martial arts, and more. Then enjoy strength-building, pilates core exercises, a relaxing yoga stretch and meditation, inspiring the body, mind, heart, and spirit.
Th | Jan 9-Mar 26 | 5:30-6:30pm | $121/11 sess | 246754 | 19+ | Dance St
Instructor: Alannah Lori

**BODY SCULPT (19+) $16/DROP-IN**
Build your muscles and condition your body for a variety of activities. Improve your endurance, range of motion, and muscle density. Each class ends with a good stretch and mindfulness session.
Th | Jan 9-Mar 26 | 7:30-8:30pm | $168/12 sess | 246755 | 19+ | Dance St
Instructor: Valentine Petrovic

**CORE AND MORE (19+) $16/DROP-IN**
Work on your core with body weight, bosu ball, gliders and resistance training. This slower paced workout ensures you build correct posture, a hard core, and great balance. Each class ends with a good stretch and mindfulness session.
Tu | Jan 7-Mar 31 | 7-8pm | $182/13 sess | 246760 | 19+ | Dance St
Instructor: Valentine Petrovic

Please note that course prices do not include taxes.
**GROUP FITNESS**

**PRICING**
Participants must complete a PAR-Q form for health screening purposes. [roundhouse.ca](http://roundhouse.ca)/registration-services/faq-forms

Drop-ins are welcome if the class is not full.
- $6/adult drop-in
- $3.50/55+ adult drop-in
- $49/10-class adult pass
- $28/10-class 55+ pass

All drop-in passes are non-refundable.

**ONECARD**
All drop-in passes are loaded onto the OneCard for the following programs:
- Parent and Tot Gym
- Group Fitness
- Racquet Sports
- Bridge
- Adult Sports

Please sign up for your free OneCard at the front desk.

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### CARDIO COMBO (19+)

Increase fitness, confidence, and strength in this lower-impact class for adults looking for cardio, balance, and strength training for an overall body workout.

**We** | Jan 8-Mar 11 | 11:15am -12pm | See sidebar /10 sess | 246757 | 19+ | Rm B
**Instructor:** Fernando Almeida

### GET FIT AND KEEP FIT (19+)

Condition your whole body using the body ball, steps, weights and bands.

**Tu** | Jan 7-Mar 31 | 9:15-10:15am | See sidebar /13 sess | 246782 | 19+ | Dance St
**Instructor:** Harry Wong

### GENTLE FIT (19+)

Increase fitness, confidence, and strength in this lower-impact class for adults looking for cardio, balance, and strength training for an overall body workout. No class Feb 17.

**Mo** | Jan 6-Mar 30 | 11-11:45am | See sidebar /12 sess | 246779 | 19+ | Dance St
**Instructor:** Alannah Lori

### POSTURE PERFECT (19+)

Geared towards older adults, this co-ed class includes a cardio warmup, weights, stability ball, spine work, and stretches, while strengthening the body to improve balance, agility, and posture.

**Th** | Jan 9-Mar 26 | 11:15am-12pm | See sidebar/12 sess | 246798 | 19+ | Dance St
**Instructor:** Ferial Ahmadzadeh

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## Functional Fitness Pilates (19+)

Increase strength, balance, flexibility, muscle tone, stamina, and wellbeing in a co-ed class for those who want to try pilates in a welcoming environment. Modifications for movements are available so you can strengthen and tone your body no matter what restrictions you experience.

**We** | Jan 8-Mar 11 | 2:30-3:15pm | $67/10 sess | 246776 | 19+ | Rm B
**Instructor:** Diana VanderVeen

### Gentle Yoga (19+)

Experience the joy of gentle Hatha with a balanced and creative approach. Focus on breath and meditation in poses, while stretching and experiencing freedom of movement for improved body awareness, flexibility, and core strength. No class Feb 17.

**Mo** | Jan 6-Mar 9 | 9:15-10:45am | $126/9 sess | 246780 | 19+ | Rm C
**We** | Jan 8-Mar 11 | 9:30-11am | $139/10 sess | 246781 | 19+ | Rm C
**Instructor:** Natalia Nimetz

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**Happy Hips and a Healthy Spine Yoga (19+)**

Re-establish a normal range of motion to the lumbar spine and increase blood flow and synovial fluid to joint tissues.

**Th** | Jan 9-Feb 13 | 7:30-8:45pm | $75/6 sess | 246784 | 19+ | Rm C
**Th** | Feb 20-Mar 26 | 7:30-8:45pm | $75/6 sess | 246785 | 19+ | Rm C
**Instructor:** Setareh Riahi

### Iyengar Yoga (19+)

Physically energizing, deeply relaxing, and emotionally uplifting, practice classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, breath and body awareness, postural alignment, and relaxation. No class Feb 17.

**Mo** | Jan 6-Mar 30 | 5:30-7pm | $190/12 sess | 246789 | 19+ | Dance St
**Instructor:** Linda Shevloff

### Karma Yoga Vinyasa Flow (19+)

A graceful practice designed to complement your active lifestyle, building on breath and body awareness, while working on strength, mobility, and flexibility. No class Feb 9, 23.

**Sa** | Jan 11-Mar 28 | 9:15-10:45am | $102/12 sess | 246791 | 19+ | Rm C
**Su** | Jan 12-Mar 29 | 9:15-10:45am | 85/10 sess | 246792 | 19+ | Dance St
**Instructor:** Kathryn Turnbull, www.yogaliving.ca

### Yoga for Beginners (19+)

Learn fundamental yoga movements and skills to prepare you to be comfortable participating in public yoga classes or developing your own home practice.

**We** | Feb 5-Mar 11 | 5:30-6:45pm | $78/6 sess | 252780 | 19+ | Rm C
**Instructor:** Kathryn Turnbull

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**Martial Art**

### T'ai Chi Chuan: Beginners (19+)

Learn traditional Chinese exercises to relieve stress and improve health, with movements that emphasize softness, slow motion, concentration, and relaxation. No class Jan 25.

**Sa** | Jan 4-Feb 15 | 11:30am-1pm | $69/6 sess | 246814 | 19+ | Rm B
**Sa** | Feb 22-Mar 28 | 11:30am-1pm | $69/6 sess | 246815 | 19+ | Rm B

### T'ai Chi Chuan: Intermediate (19+)

Relieve stress and improve your health with movements that emphasize softness, slow motion, concentration, and relaxation. No class Jan 25.

**Sa** | Jan 4-Feb 15 | 9:30-11am | $69/6 sess | 246816 | 19+ | Rm B
**Sa** | Feb 22-Mar 28 | 9:30-11am | $69/6 sess | 246817 | 19+ | Rm B
**Instructor:** Laurens Lee
### SPORTS

#### BADMINTON (19+)
$6/DROP-IN
Four courts and equipment are available and all skill levels welcome. No class Feb 17.
Mo | Jan 6-Mar 30 | 8-9:45pm | $66/12 sess | 246747 | 19+ | Gym

#### BALL HOCKEY: RECREATIONAL (19+)
$6/DROP-IN
Enjoy a fast-paced workout while honing your hockey skills. Games are non-contact, and friendly. No class Feb 23.
Tu | Jan 7-Mar 31 | 6-7:45pm | Free/12 sess | 246749 | 19+ | Gym

#### BALL HOCKEY: COMPETITIVE (19+)
$6/DROP-IN
No class Feb 17.
Mo | Jan 6-Mar 30 | 10-11:45pm | $66/12 sess | 246748 | 19+ | Gym

#### FREE BALL HOCKEY: GOALIE (19+)
No class Feb 17, 23.
Mo | Jan 6-Mar 30 | 8-9:45pm | Free/12 sess | 246753 | 19+ | Gym

#### BASKETBALL: RECREATIONAL (19+)
$6/DROP-IN
Break a sweat playing full court basketball. Play two 11-minute games with three teams of six, then sit one game out.
Tu | Jan 7-Mar 31 | 6-7:45pm | $72/13 sess | 246752 | 19+ | Gym

#### INDOOR SOCCER: RECREATIONAL (19+)
$6/DROP-IN
Improve your skills and have fun in a non-competitive environment. No class Feb 9, 23.
Su | Jan 5-Mar 29 | 5-6:45pm | Free/12 sess | 246821 | 19+ | Gym

#### INDOOR SOCCER: INTERMEDIATE (19+)
$6/DROP-IN
For players with intermediate to advanced skills and knowledge of soccer.
Th | Jan 9-Mar 26 | 10-11:45pm | $66/12 sess | 246786 | 19+ | Gym

### SPORTMEDBC 10K INTRAINING FOR THE SUN RUN (13+)
$6/DROP-IN
For runners and walkers of all levels, the SportMedBC 10K InTraining Program will help you reach your fitness and health goals in a safe and supportive environment. Develop strength and stamina so that you can train injury-free, including 13 guided run/walk sessions with trained leaders, a logbook with your 13-week training plan, exclusive gear, nutrition tips, fun times, and more!
Tu | Jan 18-April 14 | 6:30-8pm | $99/13 sess | 254284 | 13+ | Rm B

Instructor: SportMed BC, [www.sportmedbc.com](http://www.sportmedbc.com)

#### VOLLEYBALL: RECREATIONAL (19+)
$6/DROP-IN
Improve your skills and have fun in a non-competitive environment. No class Feb 23.
We | Jan 8-Mar 25 | 6-7:45pm | $66/12 sess | 246820 | 19+ | Gym

#### VOLLEYBALL: INTERMEDIATE (19+)
$6/DROP-IN
For players with intermediate to advanced skills and knowledge of volleyball.
Su | Jan 5-Mar 29 | 7-8:45pm | $66/12 sess | 246819 | 19+ | Gym

#### VOLLEYBALL: CO-ED COMPETITIVE (19+)
$6/DROP-IN
For players with intermediate to advanced skills and knowledge of volleyball.
We | Jan 8-Mar 25 | 8-9:45pm | $66/12 sess | 246818 | 19+ | Gym

#### WHEELCHAIR FLOORBALL (19+)
$6/DROP-IN
Wheelchair floorball combines rules from hockey, soccer, and basketball to create a fast-paced and inclusive sport. Not limited to wheelchair users or players with disabilities—all are encouraged to play. A limited number of wheelchairs are available for people to try.
Th | Jan 9-Mar 12 | 6-7:45pm | $55/10 sess | 246824 | 19+ | Gym

### SOCCER SUPERVISION
To ensure fair play, safety and consistency, games will be supervised and teams will be assigned by the gym supervisor.

### SPORTS ONECARD
A OneCard is mandatory for after-hours sports. Please load payment onto your OneCard during office hours (Mo-Fr 9am-9:30pm, Sa Su 9am-4:30pm) prior to paying for your after-hours program. Staff will swipe your card for payment.

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
**OLDER ADULT**

**LANGUAGE**

**SPANISH: BEGINNER – LEVEL 1 (55+)**
Learn basic Spanish in practical day-to-day situations that will help you when travelling to Spanish-speaking countries.
Tu | Jan 14–Mar 31 | 1-2:15pm | $103/12 sess | 246881 | 55+ | Board Rm
Instructor: Gloria Alonso

**SPANISH: BEGINNER – LEVEL 2 (55+)**
Improve your conversational Spanish by practicing with your existing knowledge, now applying past and future tense, to help you express yourself and make new friends when travelling to Spanish countries. No class Feb 17, Mar 24.
Mo | Jan 13–Mar 30 | 1-2:15pm | $84/10 sess | 246882 | 55+ | Rm C
Instructor: Gloria Alonso

**ART**

**NEW BEGINNERS FLUID ACRYLIC POURING WORKSHOP (55+)**
Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create flow and beautiful cells throughout your paintings.
Mo | Jan 20 | 1-2:30pm | $45/1 sess | 254349 | 55+ | Arts & Crafts Rm
Instructor: Valerie Ferrar, pixeydixey41@yahoo.com

**CHINESE CALLIGRAPHY (55+)**
Acquire and improve your writing skills through the use of Chinese ink, brush and paper, while practicing the stress releasing ancient art of Chinese handwriting.
Tu | Jan 14-Mar 17 | 11am-12:50pm | $100/10 sess | 246862 | 55+ | Mezz Meeting Rm
Instructor: Pansy Poon

**NEW SKETCHING AND DRAWING (25+)**
Understand the fundamentals of perspective, from basic shapes to a refined outline, using different techniques to render light and shadow.
Fr | Feb 7-Mar 13 | 1:15-3:15pm | $58/6 sess | 246880 | 25+ | Rm C
Instructor: Jennifer Chernecki

**WATERCOLOUR PAINTING (55+)**
Gain experience working with watercolours in a loosely structured and supportive studio setting. Participants are encouraged to work on personal projects to develop their style.
We | Jan 8-Mar 11 | 11am-1pm | $94/10 sess | 246823 | 55+ | Rm B
Instructor: Bill Miloglav, baldazar@shaw.ca

**NEW WEAVING CEDAR BRACELETS (19+)**
Create a cedar bracelet with guidance from Haida weaver Giihlgiigaa (Todd DeVries) while learning about Cedar’s cultural values to the Haida through stories.
Fr | Jan 10 | 1:15-3:15pm | $35/1 sess | 255526 | 19+ | Rm C
Instructor: Todd DeVries

**NEW WEAVING CEDAR HEADBANDS (19+)**
Create a cedar headband with guidance from Haida weaver Giihlgiigaa (Todd DeVries) while learning about Cedar’s cultural values to the Haida through stories.
Fr | Jan 17 | 1:15-3:15pm | $40/1 sess | 255029 | 19+ | Rm C
Instructor: Todd DeVries

**NEW WEAVING CEDAR BASKETS (19+)**
Make a tradition cedar basket with either a square or round bottom with guidance from Haida weaver Giihlgiigaa (Todd DeVries) while learning about Cedar’s cultural values to the Haida through stories.
Fr | Jan 24-Jan 31 | 1:15-3:15pm | $65/2 sess | 255041 | 19+ | Rm C
Instructor: Todd DeVries

Please note that course prices do not include taxes.
MUSIC

ROUNDHOUSE CHOIR: SOUND AND SONG (55+)
Explore how the sounds around us change over the course of our lives through the collaborative writing of new choral works. A singer/songwriter/composer will introduce deep listening practices, while you apply new experiences to collective songwriting. Presented in collaboration with Arts and Health: Healthy Aging through the Arts.
Tu | Jan 7-Mar 10 | 1-3pm | $12/10 sess | 246878 | 55+ | Rm C
Instructor: Leah Abramson

DANCE

FREE ROUNDHOUSE AGELESS DANCERS (55+)
Follow your imagination and discover creative movement. This art project weaves together improvisation, composition, rhythm, experience and story to co-create community dance. No dance experience is necessary but registration is required. Funded by the Vancouver Park Board.
We | Jan 15-Mar 18 | 1-3pm | Free/10 sess | 246920 | 55+ | Dance St
Instructor: Heather Lamoureux

BALLROOM DANCE INSTRUCTION & SOCIAL (55+) $4/DROP-IN
Improve balance, increase motivation, boost memory, and meet new friends in a relaxed and social setting. No partner or experience is necessary. Includes a 45-minute dance social after class.
Fr | Jan 10-Mar 27 | 1:45-3pm | $42/12 sess | 246858 | 55+ | Dance St
Instructor: Barney Alfred Lee and Karen Lani

HAWEIAN DANCE LESSONS (55+) $7/DROP-IN
Join Hula or Hawaiian Dance and beat the Vancouver greys with a dose of Hawaiian fun!
Fr | Jan 17-Feb 14 | 4-5pm | $30/5 sess | 246865 | 55+ | Dance St
Fr | Feb 21-Mar 27 | 4-5pm | $36/6 sess | 246866 | 55+ | Dance St
Instructor: Yoshi Yamamoto

LINE DANCING (55+) $7/DROP-IN
Learn the elements of line dancing, a wonderful form of dance and fitness. Wear comfortable clothes and dancing shoes. No experience is required.
Th | Jan 16-Mar 19 | 12:45-2pm | $68/10 sess | 246872 | 55+ | Dance St
Instructor: Phillis Lim

NEW SALSA DANCING (25+) $20/DROP-IN
For those without previous dance experience, learn Latin dance in a fun and supportive environment. No partner is required.
We | Jan 15-Feb 12 | 8:15-9:45pm | $75/5 sess | 246870 | 25+ | Dance St
Instructor: Barney Alfred Lee and Mya Davidson

NEW BALLROOM TANGO (19+) $20/DROP-IN
Learn the basics of ballroom dance and move across the dance floor with confidence and style. No experience or partner are required.
We | Feb 19-Mar 18 | 8:15-9:45pm | $75/5 sess | 253818 | 25+ | Dance St
Instructor: Barney Alfred Lee and Mya Davidson

EDUCATION

NEW FREE ROUNDHOUSE HISTORY SESSION – THE BATTLE OF HONG KONG (55+)
Join historian and guest speaker Albert Choi share his experience living through the battle of Hong Kong as an 11 year-old boy. Refreshments provided.
Mo | Jan 20 | 11am-12:15pm | Free/1 sess | 251512 | 55+ | Rm B
Volunteer Instructor: Albert Choi

NEW FREE ROUNDHOUSE INFO SESSION – DENTAL HYGIENE
Learn about dental health/hygiene from an Independent Dental Hygiene Practitioner and its association with chronic inflammatory conditions such as heart disease, arthritis, dementia, and diabetes. The session will cover brushing techniques to prevent dental decay, improving oral health and overall wellness with a few lifestyle changes. Take home a free toothbrush.
Mo | Feb 3 | 11am-12:15pm | Free/1 sess | 253499 | 55+ | Rm B
Volunteer Instructor: Bobbie Gill, RDH, BSc

FITNESS

JOINT MOBILITY (45+) $5/DROP-IN
For those with arthritis, osteoporosis and mobility issues, and those starting an exercise program or recovering from an injury or stroke, keep your body moving and limber. No class Feb 17.
Mo | Jan 6-Mar 30 | 3:30-4:30pm | $52/12 sess | 24689 | 45+ | Dance St
Instructor: Keno Kinoshita

OSTEOFIT (19+) $5/DROP-IN
For those with osteoporosis, arthritis, joint-mobility problems or anyone wanting a lighter exercise routine using bands, weights, and chairs.
Fr | Jan 10-Mar 27 | 9:15-10:15am | $52/12 sess | 246875 | 19+ | Dance St
Instructor: Keno Kinoshita

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.
**GROUP FITNESS**

**PRICING**
Participants must complete a PAR-Q form for health screening purposes. Drop-ins are welcome if space permits. No class Feb 17.

**ADULT**
- $6/drop-in
- $49/10-class pass
- **$55+**
- $3.50/drop-in
- $28/10-class pass
- **$49/10-class pass**
- **$6/drop-in**

**OLDER ADULT**
- **$28/10-class pass**
- **$3.50/drop-in**

Please note that course prices do not include taxes.

**NEW**
- **MOVEMENT TO RESTORE (45+)**
Reduce pain and recurring injuries, and awaken the right muscles by learning how to move your joints properly in this gentle, informative class using verbal cues and props.
Fr | Jan 10-Mar 31 | 2:15-3:15pm | $77/11 sess | 251556 | 45+ | Dance St
Instructor: Holly Middleton

- **WALK AND ROLL (55+)**
Regular walking reduces heart disease, lowers cholesterol and helps to control body weight. Walk the seawall in Yaletown, boost your health and make friends. Mixed abilities are welcome. Arrive five minutes early for a prompt start and note that walks will be cancelled due to heavy rain or snow.
Tu | Mar 10-Mar 31 | 11-11:45am | Free/4 sess | 246822 | 55+ | Foyer
Instructor: Harry Wong

**FREE**
- **MORNING TAI CHI EXERCISE/YUEN GI DANCE (55+)**
Energize your morning with gentle exercise and dance in this friendly morning movement group. Volunteer instructors teach in Cantonese and English in a cultural experience, which doubles as exercise. Registration is required and drop-ins are welcome if space permits. No class Feb 17.
Mo-Fr | Jan 6-Mar 31 | 9:30-11am | Free/63 sess | 246874 | 55+ | Rm B
Instructor: RH Volunteer

**GROUP FITNESS**

**GENTLE FIT (19+)**
Increase fitness, confidence, and strength in this lower-impact class for adults looking for cardio, balance, and strength training for an overall body workout. No class Feb 17.
Mo | Jan 6-Mar 30 | 11-11:45am | See sidebar/12 sess | 246779 | 19+ | Rm C
Instructor: Ferial Ahmadzadeh

**GET FIT AND KEEP FIT (19+)**
Condition your whole body using the body ball, steps, weights, and bands.
Tu | Jan 7-Mar 31 | 9:15-10:15am | See sidebar/13 sess | 246782 | 19+ | Dance St
Instructor: Harry Wong

**CARDIO COMBO (19+)**
Increase fitness, confidence, and strength in this lower-impact class for older adults looking for cardio, balance, and strength training for an overall body workout. No class March 18 and 25.
We | Jan 8-Mar 11 | 11:15am-12pm | See sidebar/10 sess | 246757 | 19+ | Rm B
Instructor: Ferial Ahmadzadeh

**POSTURE PERFECT (19+)**
Strengthen your body and improve balance, agility and posture, using a cardio warmup, weights, stability ball, spine work, and stretches.
Th | Jan 9-Mar 26 | 11:15am-12pm | See sidebar/12 sess | 246798 | 19+ | Dance St
Instructor: Ferial Ahmadzadeh

**CARDIO CORE (19+)**
Bring your heart rate up and work your core through muscle conditioning. For active and fit older adults.
Fr | Jan 10-Mar 27 | 11:15-12pm | See sidebar/12 sess | 246758 | 19+ | Dance St
Instructor: Alannah Lori

**YOGA AND PILATES**

**FUNCTIONAL FITNESS PILATES (55+)**
Increase strength, balance, flexibility, muscle tone, stamina, and wellbeing in a co-ed class for those who want to try adaptive pilates/functional fitness in a welcoming environment. Modifications to movements are available so you can strengthen and tone your body no matter what restrictions you experience. Train your muscles to work together and prepare them for daily tasks.
We | Jan 8-Mar 11 | 2:30-3:15pm | $67/10 sess | 246776 | 55+ | Rm B
Instructor: Alannah Lori

**GENTLE YOGA (19+)**
Experience the joy of gentle Hatha with a balanced and creative approach. Focus on breath and mediation in poses, while stretching and experiencing freedom of movement for improved body awareness, flexibility, and core strength. No class Feb 17.
Mo | Jan 6-Mar 9 | 9:15-10:45am | $126/9 sess | 246780 | 55+ | Rm C
We | Jan 8-Mar 11 | 9:30-11am | $139/10 sess | 246781 | 55+ | Rm C
Instructor: Natalia Nimetz

**SPORTS**

**PICKLEBALL: BEGINNER (30+)**
$4.50/DROP-IN
Join us for Pickleball, a fun game played on a badminton court with a lowered net, a whiffle ball, and large hand-held paddles. One of the four courts will be set aside for training beginner players. Some drop-in spaces are available. See sidebar for procedure.
Fr | Jan 10-Mar 27 | 1:15-3:15pm | $48/12 sess | 246876 | 30+ | Gym
Instructor: RH Volunteer

**TABLE TENNIS**

**RULES**
- Any person can play on any table
- Tables are shared, table is not yours alone
- This is a social game, not competitive
- Singles: 20 min limit, everyone leaves the table to let the waiting players in
- Doubles: 30 min limit, everyone leaves the table
- Questions? Ask Roundhouse staff or the volunteer instructor.

Please note that course prices do not include taxes.

**ROUNDHOUSE ADULT SPORTS CODE OF CONDUCT**
Be a good sport
- no excessive arguing or complaining
- Control your temper
- no yelling, ridiculing or criticizing another player or staff member
- Be respectful
- no foul language, no touching another player or staff member
  (Exception: incidental sport contact)
- Play fair
- no aggressive or dirty play
- Govern yourself
- fouls called on you by the opposing team must be respected
OLDER ADULT

SENIORS RACQUET SPORT (55+)
Bring your racquet to enjoy table tennis and badminton. Some knowledge and experience is required and mixed-ages play on Mondays. This program is run by the Roundhouse Codes of Ethics; see sidebar for more details. No class Feb 17, Mar 16, 23.
Mo We Fr | Jan 6-Mar 30 | 9-11:55am | See sidebar/34 sess | 246879 | 55+ | Gym
Instructor: RH Volunteer

SOCIAL ACTIVITIES – GAMES

BRIDGE INSTRUCTION (55+)$6/DROP-IN
Receive instruction in contact (standard) bridge from a Roundhouse volunteer. An understanding of bridge is required.
Tu | Jan 7-Mar 31 | 5:30-7pm | $68/13 sess | 246860 | 55+ | Rm A
Instructor: Ward Hunting

CHESS: SOCIAL DROP-IN (55+)$3/DROP-IN
Play chess in a social and friendly environment. Basic knowledge of chess is required and some boards will be provided.
Tu | Jan 7-Mar 31 | 10am-12pm | See sidebar/13 sess | 246861 | 55+ | Mezzanine
Instructor: RH Volunteer

BRIDGE: SOCIAL DROP-IN (55+)$3/DROP-IN
Enjoy contact (standard) bridge with other experienced players.
Tu | Jan 7-Mar 31 | 7:05-9:50pm | See sidebar/3 sess | 246859 | 55+ | Rm A
Instructor: Ward Hunting

EUCHRE: SOCIAL DROP-IN (55+)$3/DROP-IN
Play this trick-taking game most commonly played with four people in partnerships. Basic skills are required.
Th | Jan 16-Feb 27 | 1-3pm | See sidebar/7 sess | 246864 | 55+ | Mezzanine
Instructor: RH Volunteer

FREE MAH JONG (55+)
Originating in China, Mah Jong is played with a set of 136 tiles based on Chinese characters and symbols. Tables and pieces are included and experience is required. Monday classes end at 12:45pm. No class Feb 17.
Mo | Jan 6-Mar 30 | 9am-12:45pm | Free/13 sess | 246873 | 55+ | Rm A
Tu | Jan 7-Mar 31 | 9am-4pm | Free/13 sess | 246873 | 55+ | Rm A
Instructor: RH Volunteer

SENIORS RACQUET SPORTS PRICING
$2/55+ drop-in
$13.50/10-visit pass

MONDAYS: MIXED AGES (19+)
$3/adult drop-in
$23.50/10-visit pass

SOCIAL GAMES DROP-IN PRICING
Bridge Drop-In, Chess, Euchre
55+
$3/drop-in
$20/10-visit pass

SENIORS SPECIAL EVENTS

CHINESE NEW YEAR (55+)
Join a fun afternoon of dancing and socializing with a lively group of folks honouring Chinese New Year, the year of the rat. The afternoon includes a light lunch, refreshments, and our fabulous in-house DJ. No partner required. Please register by Jan 29.
Tu | Feb 4 | 12-2:30pm | $13/1 sess | 246867 | 55+ | Ex Hall

LGBTQ2S

RAINBOW ROUNDTABLE (55+)$5/DROP-IN
Share your stories, wisdom, and experience of the challenges ageing in the LGBTQ2S+ community in a “free discussion” format. Guided by interest, we may include movies, a book club, and group outings. Stand and be counted at the Roundhouse this spring! Refreshments provided.
Fr | Jan 17-Mar 20 | 6:30-8:30pm | $5 drop-in/10 sess | 246877 | 55+ | Rm C
Facilitator: Travis Jones

SENIORS PRICING

$3/drop-in
$20/10-visit pass

PASSES ARE NON-REFUNDABLE.
REGISTRATION — ONLINE, IN-PERSON, PHONE

TUESDAY, DECEMBER 10
7PM ONLINE AND IN-PERSON REGISTRATION

No online registration for the following programs:
- Afterschool Kids Club, private music lessons, and Woodworking 2 & 3.

WEDNESDAY, DECEMBER 11
9AM PHONE REGISTRATION

Register for all programs. Call 604-713-1800 and press 1.

REFUNDS, WAITLISTS, CANCELLATIONS, PROGRAM CHANGES

The following applies to all types of programs and policies.

- Before processing, all refunds must be approved by a programmer.
- $10 RECEIPT REPRINT FEE applies to all receipt reprint requests.
- $35 FEE will be charged for all NSF (not sufficient funds) cheques.
- $10 ADMINISTRATION FEE applies to courses that cost more than $20.
- $5 TRANSFER FEE applies to all course transfers.
- All refunds must be applied for by phone or in person: no email, fax or voice message.
- Full refunds are issued for courses that are cancelled by the Roundhouse.
- Materials fees are non-refundable unless the course is cancelled.
- All refunds are counted from the start date of the first class at the beginning of the course. No refunds for late registrations.
- For courses that have already started, you will be given a pro-rated refund (full amount minus the classes that have gone by) only when approved by programmers. Instructors and frontline staff cannot make this decision. Classes need to reach minimum enrollment before refunds are issued.
- If you must withdraw for medical reasons after the normal refund deadline has passed, a doctor’s note and a programmer’s permission are required for a pro-rated refund. The refund will be granted only from the date when the programmer has the doctor’s note in hand.
- All waiting lists are on a first-come, first-served basis.
- All waiting lists are on a first-come, first-served basis.

Regular Program Refunds
- For a full refund, 48 hours’ notice by phone or in person is required before the first class starts.
- 24 hours’ notice is required before the second class starts for a pro-rated refund.

Specialized Program Cancellation and Refunds:
Woodworking, Pottery, Music, Workshops, Special Events
- Cancellations must be requested 48 hours in advance of the start date.
- Refunds must be requested 72 hours in advance of start date. $10 administration fee applies. No refunds after start date.
- Woodworking: The first class is mandatory.
- Music: No make-up classes if a student misses a class.

Tennis
- All refunds require a 7-day notice before the first class starts.

Daycamps
- All refunds require a 10-day notice before the start of the week for which the child is registered.
- $10 ADMINISTRATION FEE applies to each refund request per child.
- $5 TRANSFER FEE applies to each transfer request per child.

Birthday Parties
- All refunds require a 10-day notice before the party starts. If you give less than 10 days notice you will be charged a $50 refund fee.

Games Room
- Patrons are required to have a OneCard to use the Games Room.
- The Games Room is reserved for children and youth Mo–Fr 3–6pm.

For information roundhouse.ca  604.713.1800 ext 1
### GYM SCHEDULE: JANUARY – MARCH 2020

<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
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<tbody>
<tr>
<td>12:25-12:40pm Elsie Roy Basketball</td>
<td>12:25-12:40pm Elsie Roy Soccer</td>
<td>12:30-2:30pm Parent &amp; Tot Gym*</td>
<td>12:25-12:40pm Elsie Roy Hockey</td>
<td>12:25-12:40pm Elsie Roy Badminton</td>
<td>11:45-12:45pm Birthday Party</td>
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<tr>
<td>1:15-3:15pm Parent &amp; Tot Gym*</td>
<td>12-40pm Parent &amp; Tot Gym*</td>
<td>1:15-3:15pm Pickleball REG*</td>
<td>1:15-3:15pm Pickleball REG*</td>
<td>1:2-4pm Youth Volleyball*</td>
<td>1:2-4pm Youth Soccer REC*</td>
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<td>3-6pm Pre-teen/Youth Open Gym*</td>
<td>3:15-3:45pm Ages 3-5 4:45-3:45pm Ages 6-10</td>
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<td>3-4:45pm Youth Soccer REC*</td>
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<td>6-9pm Youth Sports Night*</td>
<td>5-6:45pm Basketball REC*</td>
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<td>6-7pm Canucks Autism Network Multisport</td>
<td>6-7:45pm Basketball REC*</td>
<td>6-7pm Volleyball REC*</td>
<td>6-7:45pm Wheelchair Floorball*</td>
<td>6-7:45pm Volleyball REC*</td>
<td>6-7:45pm Wheelchair Floorball*</td>
<td></td>
</tr>
<tr>
<td>8-9:45am Badminton*</td>
<td>8-9:45am Soccer REC*</td>
<td>8-9:45am Volleyball COM*</td>
<td>8-9:45am Basketball REC*</td>
<td>8-9:45am Badminton*</td>
<td>8-9:45am Soccer REC*</td>
<td></td>
</tr>
<tr>
<td>10-11:45pm Ball Hockey* ADV*†</td>
<td>10-11:45pm Soccer INT*‡</td>
<td>10-11:45pm Volleyball INT*‡</td>
<td>10-11:45pm Badminton*</td>
<td>10-11:45pm Basketball REC*</td>
<td>10-11:45pm Badminton*</td>
<td></td>
</tr>
</tbody>
</table>

**CLOSURES**
- Dec 24 (12pm)-Jan 1
- Feb 9, 17, 23

**DROP-INS**
- Programs with an asterisk accept drop-ins. All drop-ins require a fee; please pay at the front desk. You must pay with a OneCard after hours.

**NO CLASS DATES**
- Please check program descriptions for seasonal dates and no class dates.

**SCHEDULE KEY**
- ADV: Advanced
- COM: Competitive
- INT: Intermediate
- REC: Recreational
- REG: Beginner
- CO-ED: All programs are co-ed unless otherwise indicated.

**GYM SET-UP**
- At times, the gym will be divided 1/3 and 2/3 to accommodate activities.

**FREE DOM OF INFORMATION PRIVACY ACT**
- Your information will only be used for the purpose of administering programs, informing you of our services, and for statistical purposes. For information on our privacy policies and practices, or to contact our Privacy Officer, please call 604-713-1800.

**ACCESS AND SPECIAL NEEDS**
- All of the facilities and programs offered in this guide are designed for people of all ages and abilities. To help us give you better service, we encourage you to let us know your support needs in advance. Before registering, call the front desk and ask to speak to a programmer.

**BICYCLES**
- Bicycles are not permitted in the building. Bicycle racks are located at Roundhouse’s main entrances off Pacific Boulevard or Roundhouse Mews.

**ANIMALS**
- Animals are not permitted in the building unless they are service dogs certified under the British Columbia Guide Animal Act.

**PROGRAM PROPOSAL DEADLINES**
- Winter: September 15
- Spring/Summer: December 15
- Fall: May 15
- Recreation programs offered at the Roundhouse include: prenatal, postnatal, infant, pre-school, children, youth, adults, older adults, and seasonal events. All proposals must be submitted via an online form. Go to roundhouse.ca, select Get Involved, select Program Proposals.
DANCE STUDIO SCHEDULE

MON | TUE | WED | THU | FRI | SAT | SUN
---|---|---|---|---|---|---
9:45-10:45am | 9:45-10:30am | 9:45-10:45am | 9:15-10:15am | Creative Ballet* | 9:15-10:15am | 9:15-10:45am
Group Fitness: For Get Fit and Keep Fit* | Group Fitness: For Get Fit and Keep Fit* | Group Fitness: For Get Fit and Keep Fit* | Yoga* | Group Fitness: Cardio Core* | Yoga*
11:45am-12:15pm | 11:45am-12:15pm | Brightstars Performing Arts | 11:45am-12:15pm | Argentine Tango Social Dance for Beg. | 11:45am-12:15pm | Brazilian Dance for Kids
12:15pm-1:30pm | 12:15pm-1:30pm | Elisie Roy Hip Hop | 12:15pm-1:30pm | Argentine Tango Social Dance for Beg. | 12:15pm-1:30pm | Argentine Tango Social Dance for Beg.
1:30pm-2:45pm | 1:30pm-2:45pm | Elisie Roy All Star Hip Hop Performers | 1:30pm-2:45pm | Argentine Tango Social Dance for Beg. | 1:30pm-2:45pm | Argentine Tango Social Dance for Beg.
3:45pm-5pm | 3:45pm-5pm | Elisie Roy Hip Hop | 3:45pm-5pm | Argentine Tango Social Dance for Beg. | 3:45pm-5pm | Argentine Tango Social Dance for Beg.
7:30-8:30pm | 7:30-8:30pm | Kick Boxing Cardio Draf* | 7:30-8:30pm | Argentine Tango Social Dance for Beg. | 7:30-8:30pm | Argentine Tango Social Dance for Beg.

NO CLASS DATES
Thursday Jan 31

CLOSURES
Dec 24 (12pm)-Jan 1 Feb 17

DROP-INS (*) Programs with an asterisk accept drop-ins. All drop-ins require a fee; please pay at the front desk.

SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME WITHOUT NOTICE.
FREE COURSES
#dancehappy (All Ages)  44  
All Bodies Dance (18+)  44  
Ball Hockey: Goalie (19+)  48  
Be a Roundhouse Youth Volunteer! (Up To 18)  37  
Canucks Autism Network Multisport (7-12)  26  
Capoeira: Free Trial Class (6-13)  27  
Chronic Conditions Self-Management (19+)  38  
Fit 4 Two® Stroller Fitness: Free Trial Class (19+)  19  
Friday Youth Night (13-18)  34  
Game-On Wednesday: Pre-Teen Drop-In  30, 34  
Hip Hop Culture Jam For Youth Drop-In (10-25)  33  
Homework Tuesday: Pre-Teen Drop-In  30, 33  
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Kids’ Movie At The Roundhouse (All Ages)  32  
Make-It Monday: Pre-Teen Drop-In (9-13)  30, 34  
NEPP Earthquake Prep: Apartment Living (19+)  38  
NEPP Earthquake Preparedness: Pets (19+)  38  
Photography: You Be the Judge (19+)  38  
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Roundhouse Community Dancers (19+)  44  
RH History Sess. — The Battle Of Hong Kong  39  
Roundhouse Info Session — Dental Hygiene  39  
Secrets To Outstanding Photography (19+)  9, 53  
Three Bridges Infant Parent Group Drop In (0-1.5)  19  
Youth Basketball Drop-In (10-18)  35  
Youth Lounge Drop-In (8-18)  35  
Youth Theatre Design Workshops (13-18)  33  
Youth Volleyball Drop-In (10-18)  33  
Zumba: Free Trial Class (19+)  45  

NEW COURSES
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Ballroom Tango (25+)  45, 52  
Beginner Salsa for Couples (19+)  44  
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Elise Roy Noon Hour: Sm(Art) Kidz (K-12)  29  
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Ready Dance: All Bodies Dance Youth (15-25)  33  
RH History Sess. — The Battle Of Hong Kong  39, 53  
Roundhouse Info Session — Dental Hygiene  39, 53  
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Valentines Day — Family Paint Pouring Wkshp  25  
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Youth Whistler Ski/Snowboarding Day Trip  37