Welcome!

The national historic site we now call Stanley Park has been the territory of the x̱m̕məm̕kw̓ay (Musqueam), Sḵwx̱wú7mesh (Squamish), and Səl̓ílwətaɬ (Tsleil-Waututh) Nations since time immemorial. Spanning 400 hectares, this land is steeped in history and many of the natural formations in the park have important First Nations stories and significance.

Explore the park’s cultural significance, west coast rainforest, lush gardens, quiet trails, 10km seawall, stunning views and beautiful beaches. For an hour, a day, or even a lifetime, enjoy all this green oasis has to offer in the heart of our city.

First Nations

Coast Salish artwork in the park expresses the history of the land and people who lived here and surrounding regions. Installed in 2008 at Brockton Point, the first Coast Salish carvings are three cedar gateways by renowned Musqueam artist Susan A. Point. Her People Amongst the Land project provides a formal welcome to all visitors. The second Coast Salish work is the Yelton Memorial Pole. Created by several carvers led by Squamish artist Robert Yelton, it honours his mother, Rose Col Yelton, who was born in Stanley Park and lived there until 1935. The most recent is Coast Salish artist Luke Marston’s 2015 Shore to Shore sculpture. It commemorates the ancestral connection between this area’s Aboriginal and Portuguese communities.

West Coast Rainforest

Vancouver’s Stanley Park features one of the world’s premier urban forests. Nearly 70% of the 606-hectare (1,500-acre) park is forested with well over 500,000 trees including Douglas fir, western red cedar, western hemlock, grand fir, Sitka spruce and arbutus. There are many old-growth trees that have been growing for hundreds of years with the largest exceeding 500 (2,000 feet) in height—check the “Big Tree” icon on the map to find them. In addition, there are countless foxed shores and groundcovers that provide wildlife forage including salamanders, salp and red salamander. Notably, some of the park was logged in the 1800s and early 1900s and stumps can still be spotted that reveal the red slash-marks of early lumberjacks and their “springboard.” However, active forest management, tree planting and a favourable climate has resulted in a resilient forest despite over 10,000 trees topping during hurricane-force winds in December 2006, and over 100,000 trees being killed from 2020-2021 as a result of a hemlock looper insect outbreak. Please enjoy the 27 kilometers (17 miles) of forest trails winding through Vancouver’s oldest, largest and most beloved park.

Dogs on Leashes Welcome!

Families and kids of all ages will find plenty to do in Stanley Park. The free NatureHouse at Loon Lagoon offers programs for adults and children, as well as interpretive displays. Drop in for nature talks and walks. All proceeds benefit the Stanley Park Ecology Society. At the Vancouver Aquarium, one of the world’s top aquariums, you can discover over 60,000 amazing animals. Be rescued sea turtles, seals, sea lions, and other extraordinary marine species in the Heart of Stanley Park. Unique opportunities also exist to expiry some offer a special treat. The Vancouver Aquarium on the shores of Second Beach or Third Beach or play off on one of many great trails throughout the park.

PARK FACTS

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Stanley Park is consistently ranked No. 1 in the world. The spectacular views, fish, the city’s most popular recreation spot—a huge chunk of that offering stems from the downtown skyline, Lonsdale Quay, English Bay, sandy beaches and lush, old-growth forest. Paved and flat, the Seawall is disabled-friendly, your safety one click for pedestrians, the other for cyclists/rider type. Use caution on busy summer days.

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Points of Interest

Lumberman’s Arch
Lord Stanley Statue
Heron Colony (inset A)
Harry Jerome Statue
Chief of the Undersea World, Biofiltration Pond (inset A)
Air India Memorial (inset B)
Air Force Garden of Remembrance

Bike Rentals
Brock Drive
Capilano Suspension Bridge
Lumbermen’s Arch Picnic Area
Summer Grove (Capilano Road)
Pitch & Putt Course
Prospect Point Picnic Area
Putting Green
Second Beach
Second Beach Picnic Area (inset A)
Second Beach Sculling Bowl
Stanley Park Natatorium
Tennis Courts (Lost Lagoon)
Tennis Courts (Old Searchlight)
Prospect Point Lighthouse
Prospect Point
Brockton Point

Café
Golf Course
Field/Lawn
Beach
Forest
Garden

Restaurants
Stanley’s Café & Grill
Prospect Point Bar and Grill
The Teahouse
Wasteful Café (seasonal)
Stanley Park Brewery

Getting Around

Mobi Bike Share
Bus Stop
Picnic Area
Concession Stand
Washroom
Pay Parking
Information Booth

Points of Interest

Sea Cider (seasonal)

Getting Here

Vancouver: From Vancouver, take Georgia Street or Denman Street to Davie Street and follow signs. From downtown and the West End, take Robson Street and follow signs.

The Park and Downtown

Ike & Mary Gray Macdonald Garden (near A)
Stanley Park Pavilion (seasonal)
Siwash Rock Viewpoint (Old Searchlight)
Prospect Point Viewpoint
Ceperley Playground (inset A)
Brockton Point Interpretive Centre & Gift Shop (Totem Poles)
Royal Vancouver Yacht Club
Vancouver Rowing Club
Brockton Cricket Pavilion
Ceperley Playground (inset A)
Brockton Point Trail

Vancouver, British Columbia 2024

Vancouver’s parks, beaches and golf courses are smoke-free.

The Park and Downtown

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