


# vancouver parks

- |  |  |  |
|--|--|--|
|  Parking                    |  Dog Off-Leash Area |  Road (two-way)   |
|  Washroom*                  |  Garden             |  Road (one-way)   |
|  Universal Access Washroom* |  Basketball         |  Seawall  |
|  Water Drinking Fountain    |  Golf               |  Waterfront Path  |
|  Restaurant                 |  Playground         |  Shared Bike Route with Walkway or Road (only Kitsilano/Vanier parks shown - Inset B) |
|  Concession Stand           |  Rollerblading      |  Walking Path (paved or packed gravel)  |
|  Community Centre           |  Soccer             |  Forest Trail (loose surface)   |
|  Marina                     |  Skate Park         |  Parkland   |
|  99 B-Line Bus Stop         |  Softball/Baseball  |  Golf Course  |
|  SkyTrain Stations:         |  Swimming           |  Beach  |
|  Expo Line                  |  Tennis             |  Garden   |
|  Millenium Line             |  Water Park         |  |
|  Canada Line                |  Picnic Area        |  |

\*Trans people welcome



 Vancouver's parks, beaches and golf courses are smoke-free.



**VANCOUVER**  
BOARD OF PARKS  
AND RECREATION  
[vancouver.ca/parks](http://vancouver.ca/parks)



## OFFICIAL MAP+GUIDE

beaches • gardens • golf • recreation

# vancouver parks

## spectacular parks and gardens

**🌸** Vancouver has a natural outdoor experience waiting for you. Residents and visitors can find neighbourhood parks, urban sanctuaries, forested trails, ocean beach, riverfront strolls and, of course, world-class destination parks.

With some of the most temperate weather in Canada and plenty of rain, Vancouver is a gardener's paradise. Everywhere you look is lush, green forest and colourful floral displays. While many parks have small though stunning flower beds, don't miss the following impressive display gardens:



dr. sun yat-sen classical chinese garden

### dr. sun yat-sen classical chinese garden

The first of its kind outside of China, the tranquil garden is an authentic representation of Ming Dynasty tradition. An enchanting experience with winding paths, rocks, plants and beautiful vistas. Built in 1986 using 14th century methods, it has been named the world's top City Garden by National Geographic.

**stanley park** Originally home of many village sites for Musqueam, Squamish and Tsleil-Waututh Nations, Stanley Park is a National Historic Site of Canada and covers 400 hectares (1,000 acres) of forested peninsula. Named for Lord Frederick Stanley, Governor General of Canada when the park officially opened in 1888, it is one of the world's great urban parks. Nature in the city, just steps from downtown.

**queen elizabeth park** Perched atop Vancouver's highest point, QE Park offers incredible views of the city skyline as well as beautiful gardens and an arboretum. **Bloedel Conservatory** contains a tropical rainforest, free-flying birds and desert plants inside a large geodesic dome.

**vandusen botanical garden** Opened in 1975, the garden is renowned as one of North America's top ten botanical gardens. It is open year-round and features spectacular floral gardens and a gorgeous new visitor centre.

parrots at bloedel conservatory



## sand and surf

Spanish Banks, Locarno, Jericho, Kitsilano, English Bay. To some, these names speak of our history. To others, they mean summer: 18 km of sand, beach volleyball and barbecues. From Victoria Day weekend in late May to Labour Day in early September our 11 beaches are open and staffed by lifeguards. Bring a picnic or take-out from the beach concession and soak up the views. Don't forget sunscreen!

Looking for water activities to enjoy when visiting our beaches? Contact our watersport partners:

### watersport partners

**vancouver water adventures**  
604.736.5155  
vancouverwateradventures.com

**creekside kayaks**  
604.616.7453 | creeksidekayaks.ca

**dragonzone**  
604.688.2382 | dragonzone.ca



kitsilano beach

### jericho sailing centre

604.224.4177 | jsca.bc.ca

**kitsilano yacht club**  
604.730.1646  
kitsilanoyachtclub.com

**royal vancouver yacht club**  
604.244.1344  
royalvan.com

**vancouver rowing club**  
604.687.3400  
vancouverrowingclub.ca

### seawall at english bay



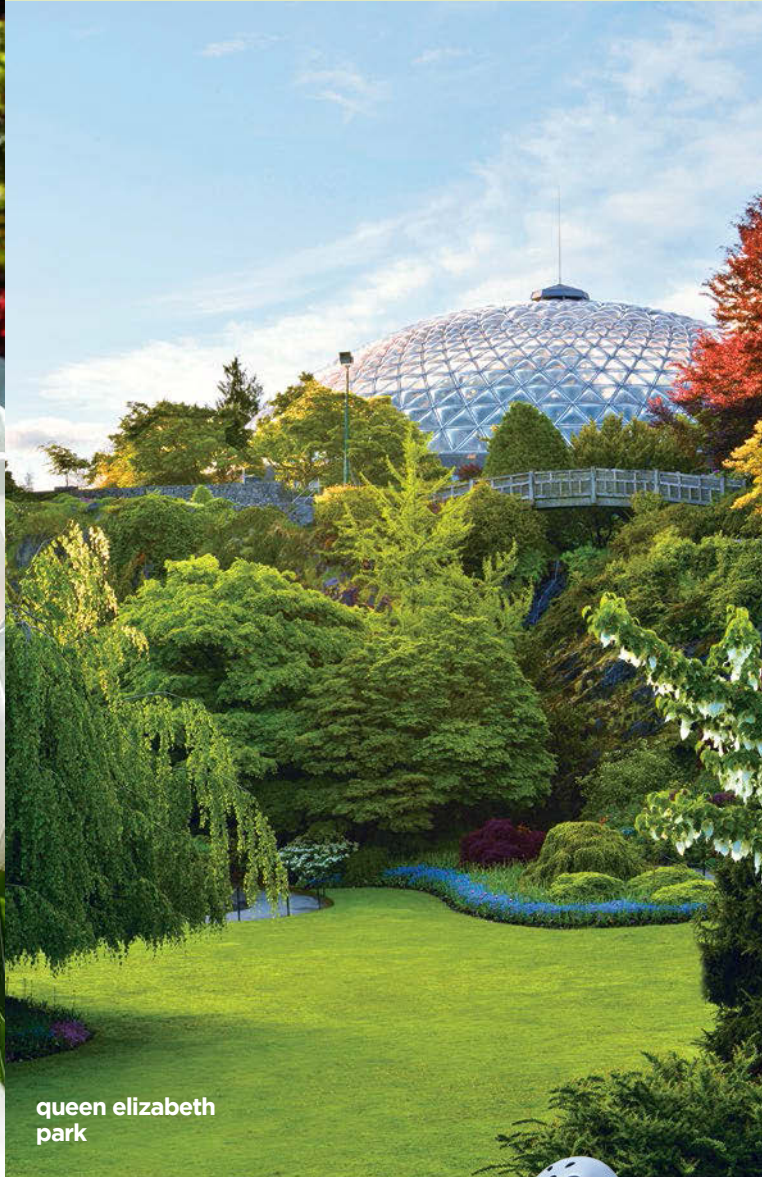
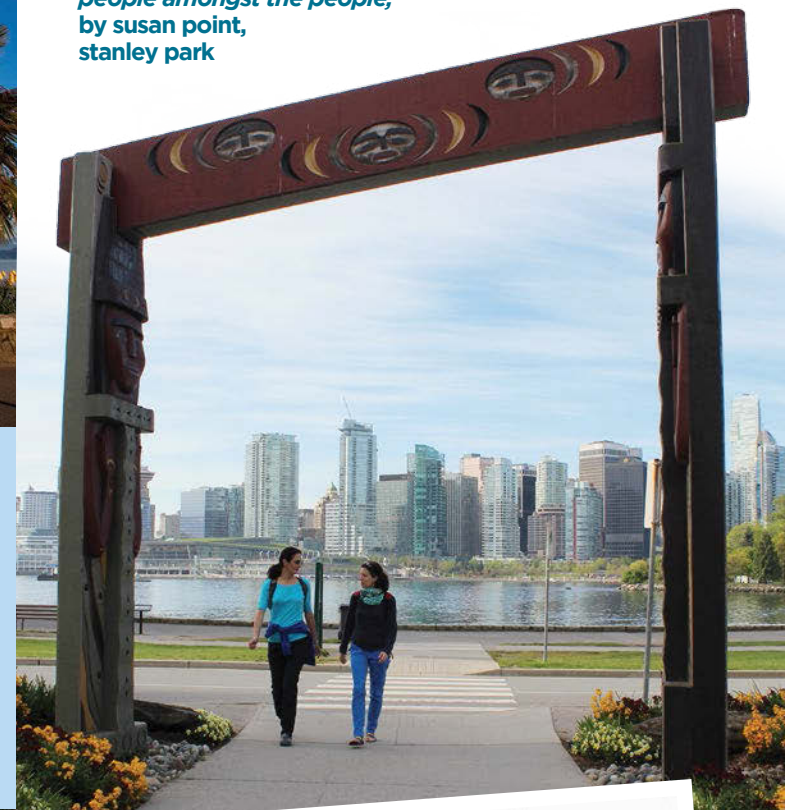
## the seawall

Four million visitors can't be wrong. That's how many people walk, jog, blade or cycle Vancouver's world famous seawall every year. Originally built around Stanley Park (9 km) the seawall now connects Canada Place with Kitsilano Beach and beyond. At 26 km, it is the world's longest uninterrupted waterfront walkway. Most of the seawall path is divided between walkers and rollerbladers/cyclists. In Stanley Park the cycle path is one-way (counterclockwise).

# welcome!

Vancouver has more than 230 parks. Each is unique. Lush rainforest, quiet trails, magnificent ocean vistas, sandy beaches, shaded playgrounds and noisy skate parks. Whether you are here for the first time, or the hundredth — welcome! Discover the magic of nature. It's as close as the nearest park.

people amongst the people, by susan point, stanley park



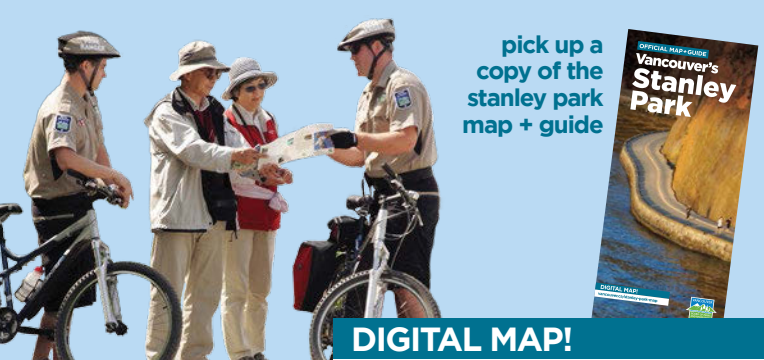
queen elizabeth park



VanDusen Botanical Garden



vancouver.ca/parks



pick up a copy of the stanley park map + guide

DIGITAL MAP!  
vancouver.ca/stanleypark

## get active, have fun!

Located conveniently across the city, our community centres, indoor and outdoor pools, ice rinks, fitness centres, and skate parks offer countless ways for people of all ages, incomes, interests and abilities to stay healthy and active.



## play time

Vancouver's parks have a never-ending supply of things to see and do, no matter your age. There are more than 160 playgrounds, almost 150 playing fields, a dozen spray parks, and 13 indoor and outdoor pools.

## all aboard!

Ride one of Vancouver's most popular attractions, Stanley Park Train - the train travels a 2 km winding journey amongst the Stanley Park forest highlighting the flora and fauna of the park. Open all summer and for special events including Easter, Halloween and Christmas. Kids of all sizes welcome, including the adult ones!

Phone: 604-257-8531

Website: stanleyparkrailway.ca

Facebook: Stanley Park Railway Instagram: stanleyparkrailway (@StanleyParkRailway)



stanley park train

## hungry?

**🍷 quick bites** Park Board-run concession stands can be found at beaches, outdoor pools and attractions and offer everything from a cup of coffee to fresh fruit or a gourmet panini sandwich. Most operate seasonally, weather permitting. Vancouver's street food vendors serve a wide variety of cuisines such as pulled pork, dim sum and croissants.

**Park food carts open for business each summer.**

**🍴 picnicking** Pack your own or buy take out from a concession stand and dine al fresco. Barbecues should be off the ground and coals disposed of properly. Groups of 50 or more are welcome to reserve at large picnic sites. Visit [vancouver.ca/parks](http://vancouver.ca/parks) for rates and booking information.

**🍴 dining** Enjoy stunning views and delicious meals in our parks. Each restaurant offers a unique dining experience. Reservations are recommended.

### stanley's bar & grill

(seasonal) 604.602.3088  
stanleyparkpavilion.com

### prospect point bar & grill

604.669.2737  
prospectpoint.ca

### the teahouse

604.669.3281  
vancouverdine.com

### blue parrot coffee

604.879.3301  
blueparrotcoffee.com

### tapshack burrard bridge

604.676.2337  
tapshack.ca

### tapshack coal harbour

604.687.6455  
tapshack.ca

### cactus club cafe at english bay

604.681.2582  
cactusclubcafe.com

### shaughnessy restaurant

604.261.0011  
shaughnessyrestaurant.com

### the boathouse at kits beach

604.738.5487  
boathouserestaurants.ca

### seasons in the park

604.874.8008  
vancouverdine.com

### truffles cafe at vandusen

604.505.4961  
trufflesfinefoods.com

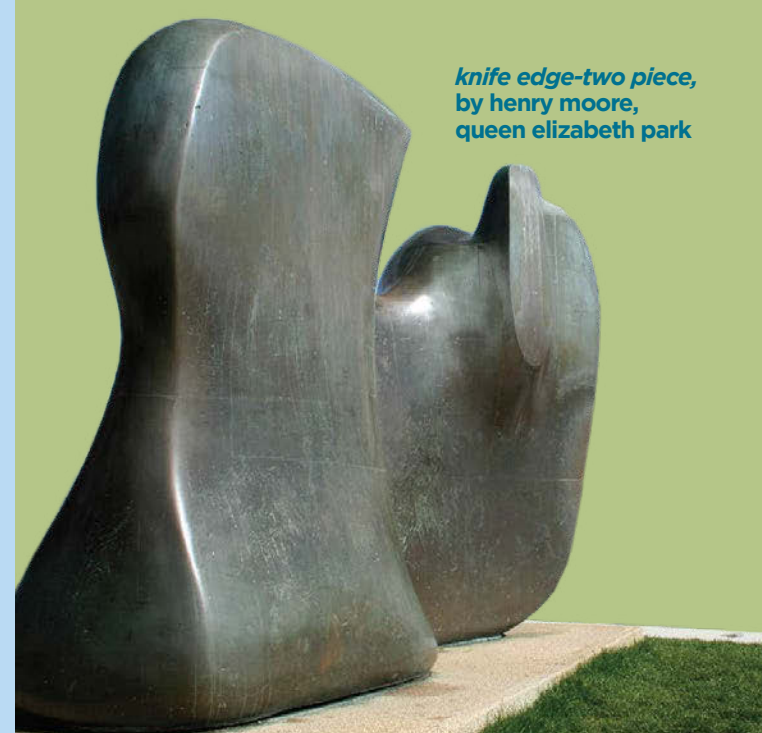
### tap & barrel creekside

604.685.2223  
tapandbarrel.com

## outdoor art

Vancouver parks contain a wealth of art and culture—some obvious and some well-hidden. Our parks are home to historical monuments, art installations and major sculptures.

As part of the 2010 Olympics legacy, new indigenous artworks were added to the Park Board collection. Listings of public art in parks and park facilities can be found at [vancouver.ca/explorepublicart](http://vancouver.ca/explorepublicart)



knife edge-two piece, by henry moore, queen elizabeth park



sacredness of four, by ray natraoro, trout lake community centre

## fore!

**🏌️ golf** The Park Board has three 18-hole championship golf courses and three pitch & putt courses offering year-round golfing opportunities for every level.

### 18-hole golf courses

Book online at [vancouver.ca/golf](http://vancouver.ca/golf)  
Or use the app VANGOLF

**fraserview** 7800 Vivian Dr. 604.257.6923

**langara** 6706 Alberta St. 604.713.1816

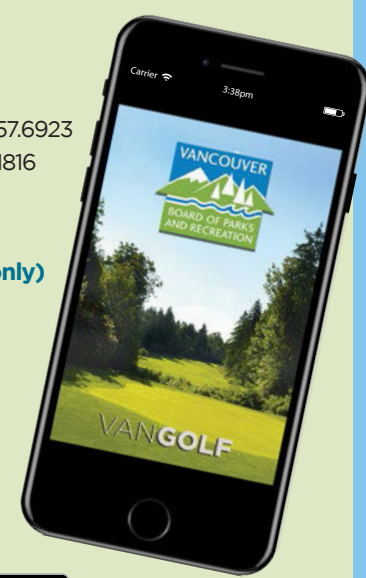
**mcclleary** 7188 MacDonald St.  
604.257.8191

### pitch & putt courses (summer only)

reservations not required  
**queen elizabeth park** enter off  
37th Ave. 604.874.8336

**rupert park** 3402 Charles St.  
604.681.8847

**stanley park** Park Dr. near  
Beach Ave. 604.257.8364



langara clubhouse



terminal city bike club, prospect point, 1892

## our history

Parks and recreation in Vancouver has a long and colourful history. Since time immemorial, home to Musqueam, Squamish and Tsleil-Waututh Nations, the City of Vancouver was founded in 1886. Stanley Park was dedicated two years later, in 1888. Already, residents showed a love of outdoor public space and recreational pursuits that would later become known as the "west coast lifestyle."

Today, Vancouver's Board of Parks and Recreation is responsible for a rich inventory of green space and amenities—more than 230 parks, 24 community centres, as well as numerous beaches, tennis courts, playing fields, skate parks, ice rinks, fitness centres and food concessions.



above: kitsilano beach, 1927  
below: bathhouse at english bay, 1925



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For assistance call  
**3-1-1**

