

Hastings Community Centre and Templeton Park Pool

SPRING SUMMER 2026 RECREATION GUIDE



Registration begins...

Saturday, March 14 at 9 AM for Hastings Spring Programs

Tuesday, March 17 at 7 PM for VPB Spring Swim Lessons

Wednesday, April 8 at 7 PM for Citywide Summer Day Camps

Saturday, June 13 at 9 AM for Hastings Summer Programs

Tuesday, June 23 at 7 PM for VPB Summer Swim Lessons



Jointly operated by the
Vancouver Board of Parks
& Recreation and the
Hastings Community
Association

CITYWIDE SUMMER DAY CAMP REGISTRATION

ONLINE & IN-PERSON

WEDNESDAY,
APRIL 8TH AT 7PM

BY PHONE

THURSDAY,
APRIL 9TH AT 10AM



Hastings Community Centre Presents



AN EGG-STRA SPECIAL EASTER

SATURDAY, APRIL 4TH

Easter is here at Hastings Community Centre!
Celebrate Easter with festive arts and crafts,
themed carnival games, face painting and a
bouncy castle! Also, take part in the Egg-stra
special Easter Egg Hunt!
\$8/child

Session 1: 10:30 a.m. - 11:30 a.m.

Activity # 604853

Session 2: 11:45 a.m.-12:45 p.m.

Activity # 604854

Hastings Community Centre

Hastings Community Centre
604-718-6222 hastingscc.ca



Youth Week
British Columbia • May 1-7



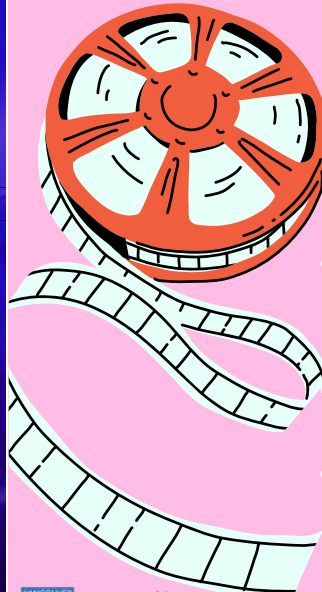
May 1 to 7 is dedicated to
celebrating the talents,
involvement, and diversity of all
youth across the province. This
year, we have extended Youth
Week events to occur between
April 25 to May 8!

More Information

vancouver.ca/youth-week

Hastings Community Centre Presents

Movie Nights In The Park



Join us for our annual
Movies in the Park! Bring
your own chairs, blankets
and snacks! Showtimes are
subject to change

- @Hastings Community Centre in the backfield
 - Friday, August 7th
- @Clinton Park
 - Friday, August 21st
- @Pandora Park
 - Friday, September 4th

Hastings Community Centre
604-718-6222 hastingscc.ca



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Hastings Community Centre

3096 E. Hastings Street, Vancouver, BC V5K 2A3
 P: 604.718.6222 F: 604.718.6226

Hours of Operation

*Fitness Centre opens at 6AM Monday to Friday
 *Front Office closes 15 minutes prior to the facility schedule.

April 1 to June 27, 2026

Monday to Friday	9:00AM-9:45PM
Saturday	9:00AM-4:45PM
Sunday	10:00AM-2:00PM

☀ June 28-August 30, 2026

Monday to Thursday	9:00 AM-9:45 PM
Friday	9:00 AM-4:45 PM
Saturday & Sunday	10:00 AM-2:00 PM

Holiday Hours

Good Friday	April 3	10:00 AM-2:00 PM
Easter Monday	April 6	10:00 AM-2:00 PM
Victoria Day	May 18	10:00 AM-2:00 PM
Canada Day	July 1	10:00 AM-2:00 PM
B.C. Day	Aug 3	10:00 AM-2:00 PM
Annual Maintenance	Aug 31-Sep 6	Closed
Labour Day	Sep 7	Closed



Templeton Park Pool

700 Templeton Drive, Vancouver, BC V5L 4N6
 604.718.6252

Hours of Operation

*Note: Front Office closes 15 minutes prior to the facility schedule; no access to facility.

March 30-June 28, 2026

Monday to Thursday	6:30 AM-9:30 PM
Friday	6:30 AM-8:00 PM
Saturday	9:00 AM-7:30 PM
Sunday	2:00 PM-7:30 PM

☀ June 29-Aug 30, 2026

Monday to Thursday	7:00 AM-9:00 PM
Friday	7:00 AM-8:00 PM
Saturday & Sunday	2:00 PM-7:30 PM

Holiday Hours

Good Friday	Apr 3	6:30 AM-8:00 PM
Easter Monday	Apr 6	6:30 AM-2:00 PM
Victoria Day	May 18	6:30 AM-2:00 PM
Canada Day	July 1	7:00 AM-2:30 PM
BC Day	Aug 3	7:00 AM-2:30 PM

About the Association

Incorporated as a non-profit society in 1934, the Hastings Community Association (HCA) works in partnership with the Vancouver Park Board to provide recreation, social, educational and cultural opportunities in the Hastings-Sunrise area. The HCA provides subsidies for low income users and financial support to community programs. Through its activities and committees, the Association ensures that the community is represented at the Centre, Templeton Park Pool and in local planning and development issues. The HCA has about 100 volunteers, and members of the public are encouraged to become involved.

Membership

Please note that by signing up for a program or event at the Hastings Community Centre, you automatically receive a FREE membership to the Hastings Community Association (HCA), a non-profit society and registered charity. HCA relies on memberships to obtain social service grants that subsidize children, youth and seniors programs at the community centre. Memberships last until the end of the year and entitle you to voting rights at HCA's Annual General Meeting. We encourage you to support the community by becoming a member. Come in or call 604.718.6222 to register for your membership. However, when registering online, if you do not wish to become a member of HCA, you may opt-out by checking the box.

Donations

The Hastings Community Association is a registered charity #107470411 RR0001. Your donation of cash or required supplies or equipment to one of our programs or services will be gratefully accepted and an official receipt for income tax purposes will be given.

Parking Lot

The Centre operates a parking lot for activities at Hastings Park. Your parking dollars subsidize programs & activities offered by the Association.



Annual General Meeting

Wednesday, April 15 at 7pm

Join members of your community at the AGM for the Hastings Community Association.

RSVP to hastingscommunityassociation@gmail.com

- Meet other community members
- Ask the Board any questions
- Review 2025 HCA Financial Statements
- Elect in 2026 HCA directors*

**Members standing for election for office must have been members of HCA for at least 30 days*

HCA Membership Info

Please note that by signing up for a program or event at the Hastings Community Centre, you automatically receive a FREE membership to the Hastings Community Association (HCA), a non-profit society and registered charity that jointly operates the Hastings Community Centre in cooperation with the Vancouver Park Board. HCA relies on memberships to obtain social service grants that subsidize children, youth and seniors programs at the community centre. Memberships last until the end of the year and entitle you to voting rights at HCA's Annual General Meeting. We encourage you to support the community by becoming a member. However, when registering online, if you do not wish to become a member of HCA, you may opt-out by checking the box.

Your HCA membership gives you a chance to vote at our annual general meeting (AGM). Come in or call 604.718.6222 to register for your membership.

President's message

As the President of the Hastings Community Association, I'm delighted to welcome you to our exciting Spring/Summer programs!

Before we dive into the fantastic activities we have planned, I want to take a moment to acknowledge that the Hastings Community Centre is located on the traditional, ancestral, and unceded territories of the $x^w m \theta k^w \theta y \theta m$ (Musqueam), $S_k w x w \acute{u} 7 m e s h$ (Squamish), and $s \acute{e} l i l w \acute{e} t \acute{a} \acute{t}$ (Tsleil-Waututh) Nations. We are grateful for the opportunity to live, work, and play on these lands.

This Spring/Summer, we're proud to offer a diverse range of programs designed to engage and enrich our vibrant community. None of this would be possible without the incredible support and strong partnerships we share with the City of Vancouver and the Vancouver Park Board. Their ongoing commitment allows us to provide high-quality programs and maintain our wonderful facilities for everyone to enjoy.

We encourage you to explore the pages that follow and discover all the opportunities to connect, learn, and have fun. We look forward to seeing you around the centre!

Warm regards,

Curtis Rowe

Additional info & Board Member Profiles available on www.Hastingscc.ca, then click on "About HCC"

Hastings Community Association Programs

at Hastings Community Centre & Templeton Park Pool

online @
vanrec.ca

Register Online & In-Person

Hastings Spring Programs Saturday, March 14 at 9:00 AM

- 🌻 **Citywide Summer Day Camps Wednesday, April 8 at 7:00 PM**
- 🌻 **Hastings Summer Programs Saturday, June 13 at 9:00 AM**

Register By Phone

Hastings Spring Programs Saturday, March 14 at 10:00 AM

- 🌻 **Citywide Summer Day Camps Thursday, April 9 at 10:00 AM**
- 🌻 **Hastings Summer Programs Saturday, June 13 at 10:00 AM**

Exceleration Registration

Spring Seasonal Programs Saturday, March 7 at 9:00 AM

Online, in-person and phone-in.

Swim Lesson Registration

Spring Lesson Registration Tuesday, March 17 at 7:00 PM

- 🌻 **Summer Lesson Registration Tuesday, June 23 at 7:00 PM**
- Ongoing in-person and online.

Payment

All programs, rentals and drop-in fees include taxes and must be paid at time of registration. Cash, Debit, Visa, MasterCard, AMEX, and cheques are accepted at both Hastings Community Centre & Templeton Park Pool. Please make cheques payable to the "City of Vancouver". There is a \$20 service fee on any returned cheques or declined credit card payments.

Registering Late

Programs will be pro-rated on a class by class basis. Some classes will not accept registration after the second class.

Cancellation

We reserve the right to cancel a program due to low enrollment and will attempt to notify you at least 48 hours prior to the start date.

Subsidy

For a member currently enrolled in the Leisure Access Program, you can apply for a reduction in fees of up to 50% off one program, per season, per person. Subsidies are not available for any HCA activity drop-ins, birthday party packages, private lessons or personal training. The Hastings Community Centre Association may be able to subsidize the costs of some programs, should you not qualify for the Leisure Access Program. Please contact the Recreation Programmer for more information. For summer day camp subsidies contact the Community Youth Worker or Day Camp Manager.

Refund Policy

Requests made more than 48 hours prior to start date will receive a full refund. Requests made with less than 48 hours up to the first session will be charged a \$10 administration fee plus the cost of the first session. Requests made after the first session will receive a pro-rated refund based on the number of sessions passed and charged a \$10 admin fee.

Day Camps (including Specialized Camps - dance, education, etc)

Each refund request per camp week will be charged a \$10 admin fee, regardless of when notice is given. No refunds will be issued with less than two weeks notice.

Licensed Preschool and Out of School Care

Withdrawals require a 30 day written notice.

Private Lessons

No refund after second class.

Workshops/One-Day Classes/Room Rentals

Refund requests with two weeks notice will receive a full refund. A \$10 admin fee will be charged for requests with less than two weeks notice.

Personal Information Protection

Any personal information the Hastings Community Association asks you to provide is collected under the authority of the Freedom of Information and Protection of Privacy Act. The information will only be used for the purposes of administering parks and recreation services, informing you of our services and benefits and for statistical purposes.



@hastingscomcentre



www.facebook.com/HastingsCommunityCentreAndTempletonParkPool

Hastings Community Centre has rooms for all kinds of social occasions, large or small. We also have a great gym space for indoor sports play and wonderful meeting facilities as well. Contact hastings.rentals@vancouver.ca to book your rental. For Templeton Activity Room inquiries, call 604.718.6252, or email templetonparkpool@vancouver.ca

ROOM	ROOM CAPACITY		OPERATING HOURS \$ per hour	AFTER HOURS \$ per hour (includes staff fees)
	MAX	COMFORT		
LARGE GROUPS - Weddings, Birthdays, Receptions				
Gymnasium – 90'x66' Please note: Mandatory insurance required. Visit eventpolicy.ca	N/A	N/A	N/A	\$66.15 (2 hours minimum)
Auditorium – 41'x49'	80	50-70	\$55.15	\$82.15
Community Hall – 30'x42'	55	30-45	\$44.10	\$71.10
*Templeton Activity Room with kitchen – 27'x46'	80	40	\$38.60	\$65.60
MEETING ROOMS - Workshops, Seminars, Meetings				
James Cork	20	15	\$22.05	During Operational Hours Only
Board Room	25	15	\$22.05	
Room 9 – 28'x30'	30	20	\$33.10	See page 3.
Burrardview (St. James Hospice)	30	15	\$22.05	
DIGITAL EQUIPMENT - For Workshops, Seminars, Meetings				
LCD Projector (Projector screen included)				\$25.00



Auditorium



Hastings Community Hall



Gymnasium

Hastings Centre Rockhounds

Contact: secretary.hcr@gmail.com
www.hastingscentrerockhounds.com



Hastings Community Partners

Kiwassa Neighbourhood House

2425 Oxford Street, Vancouver, BC V5K 1M7

604.254.5401

Hastings Library

2674 E. Hastings Street, Vancouver, BC V5K 1Z6

604.665.3959

Frog Hollow Neighbourhood House

2131 Renfrew Street, Vancouver, BC V5M 4M5

604.251.1225

Hastings North Business Improvement Assoc.

2620 E. Hastings Street, Vancouver, BC V5K 1Z6

604.215.2401

Hastings Sunrise Community Policing Centre

2620 E. Hastings St., Vancouver, BC V5K 1Z6

604.717.3584

Preschool

Our program is a high quality, inclusive, community based preschool for children aged 3 to 5 years. Experienced Early Childhood Educators create learning opportunities in an environment which celebrates music, art, social development, physical activity and play. Children will have opportunities to explore nature and learn respect for the environment. The caring teachers provide support and resources for all children and their families.

Meet the Staff

Angela Pardek, Preschool Supervisor

Angela Pardek has worked as a Preschool Teacher at Hastings for over 25 years. Currently, she proudly leads the Preschool team as a Supervisor of the program. Angela's passion is working with the children and families of this community.

For more information about the Preschool and ongoing registration, please contact Angela at 604.718.6234 or e-mail angela.pardek@vancouver.ca.

Preschool staff:

Adelaida Ancheta, Lorraine Foth, Simone Harrop, Connie Hsieh

Program Details

The following prices are for 2026-2027. Prices are subject to change.

Ages	# of days	Days of the week	Program Time	Monthly Fee
3/4 yrs	2 days	Tu/Th	9:15 A-12:15 P	\$190
3/4 yrs	3 days	M/W/F	9:15 A-12:15 P	\$286
3/4 yrs	5 days	M-F	9:15 A-12:15 P	\$423
3/4 yrs	3 day	Tu/W/Th	9:15 A-12:15 P	\$286

Hastings preschool is part of the Child Care Fee Reduction Initiative.



Out of School Care

The HCA is proud to offer the Licensed Out of School Care (OSC) service to the community. The OSC provides a safe drop off and pick up for children enrolled at A.R. Lord and Hastings Elementary schools. The program provides a stimulating environment for participants to be engaged in activities in a positive atmosphere. The program incorporates community field trips and Community Centre extras (i.e. outdoor use) wherever possible. Should your child be enrolled in another program in the Centre, staff are able to walk your child to the class.

Meet the Staff

Betty Sacco, OSC Supervisor

Betty is a long time community member and has been a staff member of the Out of School Care program since its inception. Betty's genuine love for children and their families make her an amazing asset to the program. If you require any information regarding the OSC, please contact Betty at 604.718.6236 or email betty.sacco@vancouver.ca.

OSC staff: Kathy, Catherine, Melissa, Elif, Serina

Program Hours and Fees

September 2026-June 2027

Before & After Care

7:30-9:00 AM & 3:00-6:00 PM	\$472/month
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Hastings Out of School Care is part of the Child Care Fee Reduction Initiative.

Family Enrichment Centre

About Us...

The Family Enrichment Centre is funded by The City of Vancouver Social Policy and The Hastings Community Association. We offer welcoming and safe spaces facilitated by an Early Childhood Educator that are open to families and caregivers with children that are newborn to 5 years of age. Families have the opportunity to connect and support one another, network and learn from each other as they engage with their children on site. With a wide variety of age-appropriate activities that support children's development, our goal is to make families feel like it is their home away from home. Information on community resources and parenting support are also available. Please see below for details on all of our programs.

Mary Andreola, Family Enrichment Centre Facilitator

Mary is the facilitator of the Family Enrichment Centre. Prior to accepting this role, Mary was a long term team member of the Hastings Community Centre Preschool. With a background in integration and Early Childhood Education, she looks forward to creating a space that is warm, kind caring and inclusive of all.

For more information about the Family Enrichment Centre, please contact Mary at 604.718.6233 or email mary.andreola2@vancouver.ca



Follow us on:  Facebook  Instagram

Family Enrichment Centre - Newborn to 5 years

\$3.50/child or \$31.50/10-Visit Pass

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 30-Jun 26	9:15 AM-12:15 PM	12:30 PM-2:45 PM	9:15 AM-2:45 PM	12:30 PM-2:45 PM	9:15 AM-12:15 PM
☀️ July 06-July 31	9:00 AM-1:00 PM				

Activities and scheduling are subject to change without notice.

Spring Closure: Apr 03, 06 & May 18

Summer Closure: Aug 03-Sep 07. Re-open Wed, Sep 09

Parent and Tot Gym

6 mo-5 yrs

Let your tots burn off some energy by running and playing with a gym full of toys. There's lots of indoor fun in our gymnasium for young children. Foam modules, play area, infant area, hockey and riding cars are a few of the fun activities offered. Parental supervision required. Schedule subject to change without notice. No gym Apr 4.

Tu Th Sa Mar 30-Jun 27 10:30 AM-12:30 PM
\$3.50/drop-in or \$31.50/10 visit pass

Childminding

1-5 yrs

Childminding with Jaida in the Family Drop In. We provide a safe, comfortable and quality environment for children 1-5 years of age to explore. 3 spots available per day. Parent/guardian must remain in the building. Please register in-person or over the phone. Online registration not available.

Tu Mar 31-Jun 23 9:45 AM-10:45 AM
Th Apr 02-Jun 25 9:45 AM-10:45 AM
\$5/1 sess





PLAYGROUNDS Schedule (Jun 29-Sep 07)							
NEW Now open on Statutory Holidays - July 1 & August 4							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PANDORA PARK	Playground Leaders 11:30 AM-5:30 PM						
	Spray Park Open Unsupervised 10:00 AM - 7:00 PM						
CLINTON PARK	Playground Leaders 11:30 AM-5:30 PM		Playground Leaders 11:30 AM-5:30 PM			Playground Leaders 11:30 AM-5:30 PM	
	Wading Pool Open 11:30AM-5:00PM		Wading Pool Open 11:30AM-5:00PM			Wading Pool Open 11:30 AM-5:00 PM Wading pool to begin draining at 4:00 PM	
BURRARDVIEW PARK	Playground Leaders 11:30 AM-5:30 PM	No Playground Leaders			Playground Leaders 11:30 AM-5:30 PM		
	Wading Pool Open 11:30AM-5:00PM	Wading Pool Closed			Wading Pool Open 11:30 AM-5:00 PM Wading pool to begin draining at 4:00 PM		
Schedule subject to change, including rainy days.							

Hastings Community Centre Presents

HASTINGS SUMMER FUN EVENT

FREE

**SUNDAY, JULY 5TH
11AM-2PM**

FACE PAINTING, FIRE TRUCK VISIT, GAMES, COMMUNITY POLICE, YOUTH BBQ, ARTS + CRAFTS AND MORE!!!

BEHIND HASTINGS CC ON THE GRASS FIELD (WEST SIDE)

Hastings Community Centre
604-718-6222 hastingscc.ca

Hastings Community Centre Presents

Movie Nights In The Park

Join us for our annual Movies in the Park! Bring your own chairs, blankets and snacks! Showtimes are subject to change

- @Hastings Community Centre in the backfield
 - Friday, August 7th
- @Clinton Park
 - Friday, August 21st
- @Pandora Park
 - Friday, September 4th

Hastings Community Centre
604-718-6222 hastingscc.ca

Dance

TPP Hip Hop Moves & Grooves 4-7 yrs | Endorphin Rush Dance

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats! Children must be able to participate without a parent in the room. We hope to have a showcase on the last day of class for families. www.kirbySnelldance.com
Sa Apr 11-Jun 13 1:55 PM-2:40 PM
613909 \$130/10 sess

Mini Ballet

3-5 yrs | Vancouver Performing Stars
VPS Ballet Classes lay the foundation for graceful movement for young dancers while sparking their imagination! Dancers will work on developing coordination, rhythm, and musical expression. Through playful exercises and creative movement, dancers learn ballet fundamentals in an encouraging environment. Students gain confidence and independence as they attend class on their own. Ballet shoes and attire required. No class May 16.
Sa Apr 11-Jun 13 11:00 AM-11:45 AM
614004 \$153/9 sess

Mini Hip Hop

3-5 yrs | Vancouver Performing Stars
Get ready to wiggle, jump, and dance! This fun and energetic hip hop class introduces little movers to basic dance steps and groovy moves set to their favorite songs. Through playful choreography and creative movement activities, young dancers will build confidence, coordination, and a love of dance. Each class is packed with energy and smiles! No class May 16.
Sa Apr 11-Jun 13 10:15 AM-11:00 AM
614002 \$153/9 sess



TPP Little Ballerinas

3-5 yrs | Endorphin Rush Dance

Little Ballerinas: Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a performance on the last day of class for friends and family. www.kirbySnelldance.com

Sa Apr 11-Jun 13 12:15 PM-1:00 PM
613907 \$130/10 sess
Sa Apr 11-Jun 13 1:05 PM-1:50 PM
613908 \$130/10 sess

Little Ballerinas

3-5 yrs | Endorphin Rush Dance

Little Ballerinas: Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a performance on the last day of class for friends and family. www.kirbySnelldance.com

Sa Jul 11-Aug 29 11:15 AM-12:00 PM
613950 \$104/8 sess
Sa Jul 11-Aug 29 12:10 PM-12:55 PM
613954 \$104/8 sess

Day Camp

TPP Frozen Ballet Dance Camp 3-6 yrs | Endorphin Rush Dance

100% Frozen Soundtrack Music is played in this creative ballet class designed to ignite your dancers imagination. No experience required as dancers learn the basics of ballet and expression through movement. Costumes are welcome, but not required. Beginner friendly. Bring your cameras! Presentation for parents on the last day! More info: www.kirbysnelldance.com

3-5 yrs
M Tu W Th F Jul 20-Jul 24 9:15 AM-10:30 AM
613928 \$109/5 sess
4-6 yrs
M Tu W Th F Jul 20-Jul 24 10:45 AM-12:00 PM
613929 \$109/5 sess

TPP Mini Hip-Hop Playground 4-6 yrs | Endorphin Rush Dance

Hip Hop Playground is an energetic introduction to hip hop dance. Dancers learn foundational grooves, rhythm, and short choreography combinations while building confidence and musicality. This camp balances structure and creativity, making it ideal for dancers who love high-energy movement and modern music. More info: www.kirbysnelldance.com

M Tu W Th F Aug 10-Aug 14 10:45 AM-12:00 PM
613955 \$109/5 sess

Sportball Multisport Camp Indoor

3.5-5 yrs | Sportball Vancouver

Sportball's action-packed camps introduce children to a variety of ball sports and waterplay games and activities PLUS snack time, stories, music, co-operative games and more! Camps may run indoors and outdoors, depending on the location and weather. Please pack a labelled water bottle and nut free snack for each day of the camp.

M Tu W Th F Jul 13-Jul 17 10:30 AM-12:00 PM
615994 \$105/5 sess
M Tu W Th F Aug 10-Aug 14 10:30 AM-12:00 PM
615999 \$105/5 sess

Courses marked **TPP** take place at
Templeton Park Pool

Education

Alphabet Explorers

4-5 yrs | Jackie Liao

Let's explore letters, sounds and words with simple activities, books, story telling and fun games! No class May 16.

Sa Apr 11-Jun 06 11:00 AM-12:15 PM
615922 \$108/8 sess

Art Explorers

4-5 yrs | Jackie Liao

Let's explore the process of creating through drawing, beading, clay shapes and other art materials! No class May 16.

Sa Apr 11-Jun 06 1:00 PM-2:15 PM
615925 \$108/8 sess

Math Explorers

4-5 yrs | Jackie Liao

Let's explore numbers, counting and more early math concepts with simple and fun activities and games! No class May 16.

Sa Apr 11-Jun 06 9:30 AM-10:45 AM
615921 \$108/8 sess

Baby Sign Language

0-2 yrs | Into Yoga

Babies understand and can communicate long before they are able to speak. Using songs and games, learn how to teach your baby basic American Sign Language (ASL), so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. www.intoyoga.ca. Drop-in not available.

Tu Apr 14-May 12 9:45 AM-10:30 AM
610281 \$77/5 sess

NEW Story and Art: Open-Ended Creative Play

3-5 yrs | Connie Hsieh

This program invites children to explore stories through open-ended art materials. There is no right and wrong outcome; children are encouraged to imagine, experiment, and create freely at their own pace. The focus is on process, choice, and creative expression rather than finished products. Drop-in \$20.50, if space available.

Tu Apr 14-Jun 02 10:00 AM-11:00 AM
616485 \$148/8 sess

Music



Adventures in Music

1-5 yrs | Jennifer Yamazaki

In this fun & interactive class we'll sing songs, learn rhymes, play instruments together, and explore movement. We'll learn a variety of musical concepts such as rhythm, solfege/pitch, tempo, dynamics, improv, etc. Activities also help with your child's development in Language/Speech, Social, Physical, Cognitive, Spiritual/Creative. Best of all your child will learn many fun ways to express themselves through music! Caregiver participation is required. Drop-in \$17, space permitting. No class May 16.

Th	Apr 09-Jun 18	9:15 AM-10:00 AM	
			614320 \$165/11 sess
Th	Apr 09-Jun 18	10:15 AM-11:00 AM	
			614321 \$165/11 sess
Th	Apr 09-Jun 18	11:15 AM-12:00 PM	
			614322 \$165/11 sess
TPP F	Apr 10-Jun 19	10:30 AM-11:15 AM	
			614327 \$165/11 sess
Sa	Apr 11-Jun 20	9:15 AM-10:00 AM	
			614324 \$150/10 sess
Sa	Apr 11-Jun 20	10:15 AM-11:00 AM	
			614325 \$150/10 sess
Sa	Apr 11-Jun 20	11:15 AM-12:00 PM	
			614326 \$150/10 sess
☀ Th	Jul 09-Aug 13	9:15 AM-10:00 AM	
			614398 \$90/6 sess
☀ Th	Jul 09-Aug 13	10:15 AM-11:00 AM	
			614399 \$90/6 sess
☀ Sa	Jul 11-Aug 15	10:15 AM-11:00 AM	
			614412 \$75/10 sess
☀ Sa	Jul 11-Aug 15	11:15 AM-12:00 PM	
			614413 \$75/10 sess

Adventures in Music - Babies

0-1 yrs | Jennifer Yamazaki

This class encourages different ways for caregivers to engage with their baby through various musical activities. Activities incorporate reaching goals in other domains of development, such as Language/Speech, Social, Emotional, Physical, Cognitive, Spiritual/Creative. We'll sing songs, chant rhymes, play instruments, dance with bubbles and more. Best of all you and your child will learn many fun ways to bond with each other. Drop-in \$17, space permitting.

Th	Apr 09-Jun 18	12:15 PM-1:00 PM	
			614323 \$165/11 sess
TPP F	Apr 10-Jun 19	11:30 AM-12:15 PM	
			614395 \$165/11 sess
☀ Th	Jul 09-Aug 13	11:15 AM-12:00 PM	
			614401 \$90/6 sess
☀ Th	Jul 09-Aug 13	12:15 PM-1:00 PM	
			614406 \$90/6 sess
☀ Th	Jul 09-Aug 13	1:15 PM-2:00 PM	
			614407 \$90/6 sess

FREE Mother Goose

0-3 yrs | Jennifer Yamazaki

"Zoom, Zoom, Zoom, We're Going to the Moon!" Learn songs & rhymes to share with your little one in this interactive class. Have fun while developing their language, pre-literacy and social skills. This is an instrument/book/toy free class, focusing on teaching songs and rhymes to caregivers to use to engage, redirect, calm, distract, and bond with their child(ren). Caregiver participation is required. No online registration. Priority is given to those who did not attend previous season.

Babies 0-1yrs

W	Apr 08-Jun 17	9:15 AM-10:00 AM	
			614319 Free
W	Apr 08-Jun 17	10:15 AM-11:00 AM	
			614318 Free

TPP Mixed Ages 0-3yrs

W	Apr 08-Jun 17	12:30 PM-1:15 PM	
			615855 Free
W	Apr 08-Jun 17	1:30 PM-2:15 PM	
			615856 Free

☀ In the Park 0-3yrs

W	Jul 08-Aug 12	10:15 AM-11:00 AM	
			614417 Free
W	Jul 08-Aug 12	11:15 AM-12:00 PM	
			614418 Free

Sports

Sportball Multisport Indoor

3-5 yrs | Sportball Vancouver

Classes focus on the basic skills common to all sports, like balance, coordination, and timing in a fun, supportive, non-competitive environment. Each class focuses on one of eight different sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

Sa Apr 11-May 09 10:00 AM-11:00 AM
614736 \$80/5 sess

Sportball Outdoor T-Ball

3-5 yrs | Sportball Vancouver

Big League Fun! Sportball T-Ball introduces fundamental concepts of gameplay and teaches the basic skills required to play ball with confidence in a supportive, non-competitive environment. Coaches zero in on skills like throwing, catching, batting form, running bases and fielding in fun, exciting, skill-focused play. Classes take place outdoors rain or shine on the grassy field west of Hastings Community Centre. Parents are required to remain on the field for children's safety. Bringing a glove is recommended but not required. No class Aug 1.

Sa May 23-Jun 27 10:00 AM-10:45 AM
614753 \$96/6 sess
Sa Jul 04-Aug 22 11:00 AM-12:00 PM
614775 \$112/7 sess

Sportball Parent and Tot Multisport Indoor

2-3 yrs | Sportball Vancouver

Sportball Parent & Child programs focus on physical literacy and social exploration as toddlers learn basic sport skills and participate in creative motor games, songs, rhymes, and more. Programs maintain a one-parent-per-child ratio to ensure that focus is kept on helping little ones progress. Sportball maintains a one-parent-per-child ratio policy in all Parent Tot programs to ensure that focus is kept on helping little ones practice and progress.

Sa Apr 11-May 09 9:15 AM-10:00 AM
614734 \$80/5 sess

Sportball Parent and Tot Outdoor Soccer

2-3 yrs | Sportball Vancouver

Get a kick out of Sportball Parent & Child Outdoor Soccer programs! Participants are introduced to fundamental concepts of soccer and are provided the basic skills required to score with confidence in fun, exciting, skills-focused games. With the guidance and support of their Sportball Coach, parents and children zero in on soccer skills including: throw-ins, dribbling, trapping, passing, goalie skills and more. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. Classes take place outdoors rain or shine on the grassy field west of Hastings Community Centre. Parents are required to remain on the field for children's safety.

W May 06-Jun 24 5:00 PM-5:45 PM
614744 \$128/8 sess
W Jul 08-Aug 26 5:00 PM-5:45 PM
614840 \$128/8 sess

Sportball Parent and Tot Outdoor T-Ball

2-3 yrs | Sportball Vancouver

Hit a home run with Sportball Parent & Child T-Ball programs! Participants are introduced to fundamental concepts of gameplay and are provided the basic skills required to play ball with confidence in fun, exciting, skills-focused games. With the guidance and support of their Sportball Coach, parents and children zero in on baseball skills including: throwing, catching, batting, running bases and fielding. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. Classes take place outdoors rain or shine on the grassy field west of Hastings Community Centre. Parents are required to remain on the field for children's safety. Bringing a glove is recommended but not required. No class Aug 1.

Sa May 23-Jun 27 9:15 AM-10:00 AM
614750 \$96/6 sess
Sa Jul 04-Aug 22 10:15 AM-11:00 AM
614769 \$112/7 sess

Yoga

FREE Family Yoga

3-6 yrs | Vivien Gomes

Yoga is a natural wellspring of health: helping with self awareness, as well as memory and concentration abilities. Yoga can nurture and inspire children about self regulating and self-care. Yoga class includes crafts, stories along yoga sequences and relaxation. The class is intended as a parent and child class and is an opportunity for family to practice yoga together. Register one child per parent. No class May 10 and May 17.

Su Apr 19-Jun 07 10:15 AM-10:45 AM
613857 Free



We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

Art

Creative Adventures

5-10 yrs | Arshi Aggarwal

Engaging in craft activities helps kids boost creativity, fine motor skills, and imagination. From painting and paper folding to making fun DIY projects with recycled materials, crafting offers hands-on learning and endless fun. It encourages self-expression, builds confidence, and is a great way for children to explore colors, shapes, and textures while developing focus and patience in a playful way.

F Apr 10-Jun 12 5:00 PM-6:00 PM
613872 \$200/10 sess

Young Filmmakers

8-14 yrs | Young Filmmakers

Young Filmmakers is an award-winning program for ages 8-14, where participants learn acting, scriptwriting, and video production by creating a short film. Guided by experienced directors, students work in groups to produce a film, premiered live and shared on YouTube. No class May 16.

Sa Apr 11-May 23 12:30 PM-4:30 PM
613848 \$450/6 sess

Dance

Act Dance Sing FUN! Musical Theatre

8-16 yrs | ILLUMA Studio

Come learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. We recommend taking our dance training before this class to enhance your learning.

W Apr 08-Jun 10 3:50 PM-4:45 PM
608230 \$160/10 sess

NEW Gym Sports Birthday Party (6-12 yrs)

Saturdays 1:00 PM-3:00 PM \$280/party

This popular birthday party for up to 10 children (ages 6-12) includes a gym leader with up to one hour of cooperative games and/or sports in the gym, and use of a party room for the full duration of the party. Additional children, up to a maximum of 20, will require an additional leader for a \$75 fee. View dates and details online!

Active Jazz Funk and Pop Dance & KPOP Sampler

6-13 yrs | ILLUMA Studio

Come experience high dynamics cardio dance and Jazz Funk and Hip Hop fundamentals while vibing to Korean and Asian Pop Music! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! We recommend taking our dance training before this class to enhance your learning. Learn teamwork while supporting classmates, have fun, and rise to a new challenge. Find us on FB/IG @illumastudio.

W Apr 08-Jun 10 4:45 PM-5:45 PM
608232 \$160/10 sess

Hip Hop Moves & Grooves

4-7 yrs | Endorphin Rush Dance

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats! Children must be able to participate without a parent in the room. We hope to have a showcase on the last day of class for families. www.kirbySnelldance.com

Sa Jul 11-Aug 29 1:05 PM-1:50 PM
613955 \$104/8 sess

Junior Ballet

5-7 yrs | Vancouver Performing Stars

In this ballet class, dancers will learn essential ballet techniques every performer should know. Along with learning choreography, dancers will be encouraged to explore their own creative expression and learn how to dance with a fluid movement quality, while strengthening their flexibility and coordination skills. Previous dance experience is welcome, but not required.

Appropriate ballet shoes and attire must be worn. No class May 16.

Sa Apr 11-Jun 13 11:45 AM-12:30 PM
614006 \$153/9 sess

Junior Hip Hop

5-7 yrs | Vancouver Performing Stars

Show off your style! In this fun and energetic hip hop class, dancers will level up their skills while learning creative choreography set to their favorite beats. Your child will build coordination, flexibility, confidence, and a love for dance - then shine in a special showcase for families on the final day! No class May 16.

Sa Apr 11-Jun 13 9:30 AM-10:15 AM
614001 \$153/9 sess

Bouncy Castle Birthday Package (2-6 yrs)

Saturdays 11:30am-1:30pm or 2:30pm-4:30pm \$195/party
Sundays 12:30pm-2:30pm \$195/party

- Auditorium room use for 12 children (ages 2-6) and accompanying adults (Additional children will require an additional leader - see "Guests")
- Sound system with 3.5mm auxiliary input and Bluetooth
- Ride-on cars, plasma cars, building blocks and mats available
- Inflatable bouncy castle with slide - Technical Safety BC License #LAM0210833

Registration opens three months prior to party month.

General Information:

- The party group has 30 minutes before and after the reserved party time to set-up and take down all belongings. The party group is responsible for setting up and taking down tables and chairs, sweeping and taking out the garbage.
- The party leader is responsible for setting up and taking down the inflatable.
- The party group can bring any decorations they wish, but must remove the decorations by the end of the birthday.
- Please bring your own knife, plates, cups and cutlery as the Centre does not provide them.

Guests:
Additional children welcome, up to a maximum of 24 (\$50 for an additional leader). Extra leader must be confirmed at least one week in advance of party date. Room capacity is 60 people.

Registration & Refunds:
Register through phone, in-person or online. Each refund request will be charged a \$10 administration fee. Requests made more than two weeks prior to the party date will receive a refund. No refunds with less than two weeks notice.

Questions: If you have any questions, please call the Community Centre at 604-718-6222.

Education

NEW Adult & Family Decorative Sushi Workshop

6+ yrs | Motoko

Join us for a fun, hands-on sushi-making workshop for adults and families. Step-by-step guidance and materials are provided, and children are welcome with parental support. Children must be accompanied by an adult.

S	Apr 11	2:00 PM-3:30 PM	
617076			\$60/1 sess
S	May 9	2:00 PM-3:30 PM	
617077			\$60/1 sess
S	Jun 13	2:00 PM-3:30 PM	
617078			\$60/1 sess

NEW Kids Decorative Sushi Workshop

8-12 yrs | Motoko

A fun and safe hands-on sushi-making workshop for kids aged 8–12. Step-by-step guidance and materials are provided.

S	Apr 18	2:00 PM-3:30 PM	
617111			\$60/1 sess
S	May 23	2:00 PM-3:30 PM	
617112			\$60/1 sess
S	Jun 20	2:00 PM-3:30 PM	
617113			\$60/1 sess

EFK: Civil Engineering: Strategic Structures

6-10 yrs | Engineering For Kids Vancouver

Put on your hardhat and get ready to raise the roof with the fun and excitement of civil engineering. In this camp, students will learn how to engineer while being mindful of the forces acting upon a structure, such as bending, compression, torsion, and shear. They will learn that shape and materials selection are critical to the success of towers, bridges, and highways. Each day, students will use the EFK Engineering Design Process to engage in captivating civil engineering challenges. This camp is sure to take learners' curiosity and skills to new heights.

Su	May 24-Jun 21	11:30 AM-1:00 PM	
616967			\$150/5 sess

EFK: Jr Engineering: Playful Playground Engineers

4-5 yrs | Engineering For Kids Vancouver

Students will become mechanical engineers that have been hired to design the ultimate playground in their community. Students will learn about the simple machines they encounter every day at the playground, while advancing their literacy skills through a variety of read aloud. They will tackle fun and engaging challenges while using the EFK Engineering Design Process. We can't wait to play!

Su	May 24-Jun 21	10:15 AM-11:15 AM	
616966			\$100/5 sess

EFK: Jr Robotics: Jungle Explorers

4-5 yrs | Engineering For Kids Vancouver

Are you ready to go on an exciting jungle adventure with robots? In this program, students will tackle a variety of engineering challenges and use the LEGO® Spike Essentials robotics kit to develop innovative solutions. They will learn about jungle ecology, as well as valuable coding concepts, such as sequences, loops, conditional statements, and debugging. Student will learn how to build, code, test, and use the Engineering Design Process to improve their designs. This program is sure to be a roaring good time!

Su	Apr 12-May 10	10:15 AM-11:15 AM	
616963			\$100/5 sess

EFK: Robotics Engineering - Enviro Bots

6-10 yrs | Engineering For Kids Vancouver

Welcome to the Enviro Bots engineering team! As robotics engineers, you will design eco-friendly solutions for modern challenges. In this program you will take on exciting and complex hands-on robot building challenges using the LEGO Spike Prime® robotics kit and learn to program them using block coding. We will explore fascinating concepts such as machine learning and AI, mechanical advantage, and energy transfer. Get ready to learn about environmentally friendly practices and engineering solutions for a greener future!

Su	Apr 12-May 10	11:30 AM-1:00 PM	
616965			\$150/5 sess

Red Cross Babysitting

11-15 yrs | Foundations Safety & First Aid

The Canadian Red Cross Babysitting course focuses on First Aid, leadership, and professional conduct. It teaches managing difficult behaviours, responsibility, and emergency care for young children, preparing older youth for safe and responsible babysitting.

Sa	Apr 18	9:30 AM-4:30 PM	
616037			\$80/1 sess
Sa	May 23	9:30 AM-4:30 PM	
614585			\$80/1 sess
Sa	Jun 13	9:30 AM-4:30 PM	
616038			\$80/1 sess

Red Cross Stay Safe

9-14 yrs | Foundations Safety & First Aid

This Canadian Red Cross course teaches youth basic first aid and personal safety skills when alone at home or in the community. It covers responsibility, emergency preparedness, and safety rules. Participants receive a Stay Safe! Workbook and completion certificate.

Sa	Apr 11	9:30 AM-2:30 PM	
616108			\$80/1 sess
Sa	May 09	9:30 AM-2:30 PM	
614587			\$80/1 sess
Sa	Jun 20	9:30 AM-2:30 PM	
614589			\$80/1 sess

Young-Commander Chess

5-13 yrs | Joe Soliven

As school academics in a game and leadership training model, playing chess and being smart are interconnected. Chess teaches higher level thinking skills such as visualization, analysis and critical thinking. Knighted with a 'commander' self-image amidst a 'friends-learning-together' classroom setting, kids get trained in life-skills goal-setting: checkmate! No class June 5.

5-13 yrs Novice/Newbie I & II

F	Apr 17-Jun 26	4:00 PM-5:10 PM	
615898			\$150/10 sess

8-13 yrs Intermediate/Advanced

F	Apr 17-Jun 26	5:20 PM-6:30 PM	
615900			\$150/10 sess

Martial Arts

Karate

5-17 yrs | Jan Stefanovic

Learn the basics of Goju Ryu Karate Do: discipline, etiquette, flexibility, forms (kata), punches and kicks. This program is for children with little or no experience. Karate uniform \$60 - \$70 depending on size. Must purchase Karate BC insurance for \$55 on karatebc.org (valid 1 year) as well. This class is skill-based and no contact. Participants can reach the black belt level after 5 years. No class April 15 and May 18.

M	Apr 13-Jun 22	5:00 PM-6:00 PM
613878		\$73.50/10 sess
W F	Apr 08-Jun 24	5:00 PM-6:00 PM
613879		\$161.70/22 sess
M W	Jul 06-Jul 29	5:00 PM-6:00 PM
613880		\$58.80/8 sess

Kendo Training by Renfrew Kendo Dojo

7-18 yrs | Renfrew Kendo Dojo Society

Kendo has its roots in traditional Japanese swordsmanship, known as kenjutsu. This physically and mentally demanding discipline blends strong martial arts principles with athletic elements. Kendo is a combative martial art that features controlled-contact sparring, conducted safely with all participants wearing full armor. Renfrew Kendo Dojo Society is registered with BC Kendo Federation, and its instructor is affiliated with the Canadian Kendo Federation. Beginners only need a shinai (bamboo sword) to begin their practice.

Su	Apr 05-Jun 21	10:15 AM-11:15 AM
Tu	Apr 07-Jun 23	7:00 PM-8:00 PM
Th	Apr 02-Jun 25	6:45 PM-7:45 PM
610370		\$75/3 mos
Su	Jun 28-Aug 30	10:15 AM-11:15 AM
Tu	Jul 07-Aug 25	7:00 PM-8:00 PM
Th	Jul 02-Aug 27	6:45 PM-7:45 PM
610378		\$50/2 mos

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

Music

Guitar/Ukulele - Private Lessons

6+ yrs | TBA Instructor

Study acoustic/electric guitar or ukulele with a patient and experienced teacher. These 30 minute lessons are for students of all levels, focusing on music that interests you and exploring topics in songwriting, improvisation, and harmony. Students provide their own instrument. Sorry, no refunds after the second class.

Tu	Apr 07-Jun 23	4:00 PM-7:30 PM
View online		\$264.60/12 sess

Piano - Private Lessons with Justin

5+ yrs | Justin Wong

A wonderful introduction to the world of piano playing and music. These 30-minute lessons will focus on establishing a good musical foundation, such as learning rhythm, note reading, fingering, and posture. The goal is to develop a better musical appreciation through piano while fostering creativity. Piano playing can help develop better hand-eye coordination while being a fun and stress-free activity. No lessons May 16 and Aug 1.

Sa	Apr 04-Jun 20	10:00 AM-3:30 PM
View Online		\$231/11 sess
Sa	Jul 04-Aug 15	10:00 AM-3:30 PM
View Online		\$126/6 sess

Piano - Private Lessons with Kaya

5+ yrs | Kaya

A wonderful introduction to the world of piano playing and music. These 30-minute lessons will focus on establishing a good musical foundation, such as learning rhythm, note reading, fingering, and posture. The goal is to develop a better musical appreciation through piano while fostering creativity. Piano playing can help develop better hand-eye coordination while being a fun and stress-free activity. No lessons Apr 17.

F	Apr 10-Jun 26	3:30 PM-8:00 PM
View Online		\$231/11 sess
Su	Jun 28-Aug 09	10:15 AM-1:15 PM
View Online		\$147/7 sess

Piano - Private Lessons with Samuel

5+ yrs | Samuel Chan

Learn to play classical or pop music in a fun and encouraging environment. Lessons cover a variety of practical skills such as rhythm, dexterity, technique, theory, as well as musical appreciation and performance opportunities. Books are not included. No keyboard or piano is required, however encouraged. Students would acquire their own books upon instructor's advice.

Su	Apr 05-Jun 14	10:15 AM-12:45 PM
View Online		\$288.75/11 sess

Piano - Private Lessons with Simone

5+ yrs | Simone Ren

Piano lessons are a great way to build focus, creativity, and discipline. Students learn to play notes, rhythms, and dynamics while having fun and gaining confidence. Simone is a pianist, organist, and composer in Vancouver who enjoys teaching all levels. Book costs are extra. No make-ups for missed lessons and no refunds after the second class. No lessons May 18.

M	Apr 13-Jun 15	3:30 PM-8:00 PM
View Online		\$236.25/9 sess
Th	Apr 02-Jun 18	3:30 PM-8:00 PM
View Online		\$315/12 sess

NEW Private Voice Lessons

6+ yrs | Kathleen O'Connor

Private one on one-voice lessons with an emphasis on techniques such as vocal projection, pitch accuracy, tone quality, breath control, repertoire. Cultivates students' passion for singing through musical games and fun activities. Caters to the student's skill level and desired genre including but not limited to musical theatre, pop, classical, etc.

W	Apr 08-May 13	4:00 PM-7:30 PM
View online		\$132.30/6 sess
W	May 20-Jun 24	4:00 PM-7:30 PM
View online		\$132.30/6 sess

Sports

Greenlight Basketball - Foundations**8-13 yrs | Greenlight Basketball**

Grow your game with Greenlight Basketball this fall! Our Foundations Program offers skill training and fun games for all levels. Led by experienced coaches, we focus on building fundamentals in a positive, supportive environment.

Tu Apr 07-Jun 09 4:15 PM-5:15 PM
615877 \$150/10 sess

Greenlight Basketball - Lil' Ballers**5-7 yrs | Greenlight Basketball**

Discover the joy of basketball with Greenlight! Our program welcomes kids of all skill levels, offering fun, interactive lessons led by passionate coaches. Through engaging drills and games, players build skills and confidence in a supportive, positive environment.

Tu Apr 07-Jun 09 3:30 PM-4:15 PM
615876 \$100/10 sess

Flygym Kids**5-9 yrs | Flygym Vancouver**

This kids program focuses on building the foundations of gymnastics in a fun and supportive environment. Children will develop balance, coordination and flexibility through age-appropriate exercises and activities. With our experienced coaches, we guide them step by step to gain confidence in various gymnastic skills such as rolls, handstands, cartwheels, and basic routines on the bars and beams. No class May 14

Th Apr 09-Jun 11 4:15 PM-5:30 PM
612394 \$230/9 sess

Yoga

FREE Family Yoga**7-13 yrs | Vivien Gomes**

Yoga is a natural wellspring of health: helping with self awareness, as well as memory and concentration abilities. Yoga can nurture and inspire children about self regulating and self-care. Yoga class includes crafts, stories along yoga sequences and relaxation. The class is intended as a parent and child class and is an opportunity for family to practice yoga together. Register one child per parent. No class May 10 and May 17.

Su Apr 19-Jun 07 11:00 AM-11:45 AM
613859 Free

Sportball Outdoor Soccer**4-9 yrs | Sportball Vancouver**

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors rain or shine on the grassy field west of Hastings Community Centre. Parents are required to remain on the field for children's safety.

4-6yrs

W May 06-Jun 24 4:00 PM-5:00 PM
614738 \$128/8 sess

☀️ W Jul 08-Aug 26 5:45 PM-6:45 PM
614844 \$128/8 sess

6-9 yrs

W May 06-Jun 24 5:45 PM-6:45 PM
614741 \$128/8 sess

☀️ W Jul 08-Aug 26 6:45 PM-7:45 PM
614852 \$128/8 sess

Sportball Indoor Multisport**4-9 yrs | Sportball Vancouver**

Classes focus on the basic skills common to all sports, like balance, coordination, and timing in a fun, supportive, non-competitive environment. Each class focuses on one of eight different sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. No class Aug 3.

4-6 yrs**Set One**

M Apr 13-May 11 4:00 PM-5:00 PM
614727 \$80/5 sess

Set Two

M May 25-Jun 22 4:00 PM-5:00 PM
614729 \$80/5 sess

☀️ M Jul 06-Aug 24 4:00 PM-5:00 PM
614797 \$112/7 sess

6-9 yrs**Set One**

M Apr 13-May 11 5:00 PM-6:00 PM
614731 \$80/5 sess

Set Two

M May 25-Jun 22 5:00 PM-6:00 PM
614732 \$80/5 sess

☀️ M Jul 06-Aug 24 5:00 PM-6:00 PM
614802 \$112/7 sess

Tennis Lessons for Kids Outdoors**5-9 yrs | Wilson Tan**

Introduce your child to the exciting world of tennis! This program is designed for all skill levels, from first-timers to budding rally stars. We'll make learning fun with engaging games and activities, building a solid foundation in the basics and developing rally skills. Wilson's expert coaches will provide personalized guidance, fostering a love for the game and helping kids reach their full potential.

Set One - 5-6yrs

W Apr 08-May 13 4:15 PM-5:00 PM
614596 \$81/6 sess

Set Two - 5-6yrs

W May 20-Jun 24 4:15 PM-5:00 PM
614598 \$81/6 sess

Set One - 7-9yrs

W Apr 08-May 13 5:00 PM-6:30 PM
614599 \$134.4/6 sess

Set Two - 7-9yrs

W May 20-Jun 24 5:00 PM-6:30 PM
614600 \$134.4/6 sess

☀️ W Jul 08-Aug 26 5:00 PM-6:30 PM
614624 \$179.2/8 sess

Tennis Lessons for Kids Outdoors**10-13 yrs | Wilson Tan**

Is your 10-13 year old ready to ace their tennis game? This program is perfect for beginners and more experienced players alike! We'll make learning fun with exciting drills and games, building skills from the basics to competitive play. Wilson's expert coaches will guide them every step of the way, improving technique and understanding the game. Get ready for rallies, challenges, and a whole lot of fun in the gym or outdoors!

Set One

W Apr 08-May 13 5:00 PM-6:30 PM
614601 \$134.4/6 sess

Set Two

W May 20-Jun 24 5:00 PM-6:30 PM
614602 \$134.4/6 sess

☀️ W Jul 08-Aug 26 5:00 PM-6:30 PM
614625 \$179.2/8 sess

Courses marked **TPP** take place at
Templeton Park Pool



Registration for all Summer Day Camps begin April 8 at 7 PM

Day Camp

TPP Active Dance Sing/Jazz Funk/Hip Hop/KPOP

5-14 yrs | ILLUMA Studio

Come learn a variety of dancing and aspects of musical theatre including some singing and acting through FUN games! Students will be introduced to Jazz Funk, Street and Korean Pop (KPOP) dance styles through cardio warm ups, strengthening, footwork, isolations, stretches and learn the importance of breathing. Through purposeful games, students will refine their presentation and public speaking skills while meeting friends, having fun, and rising to a new challenge! No previous experience required. Find us on IG/FB:

illumastudio

M Tu W Th F	Jul 13-Jul 17	9:05 AM-12:00 PM
613959		\$238/5 sess
M Tu W Th F	Aug 17-Aug 21	12:00 PM-3:00 PM
613962		\$225/5 sess
M Tu W Th F	Jul 13-Jul 17	12:00 PM-3:00 PM
613960		\$225/5 sess

TPP Active Tumble, Flex and Dance

5-14 yrs | ILLUMA Studio

Through proper breathing, strengthening, tumbling and stretching, students will have a better understanding of their bodies and develop proper muscle memory. Having learned the proper techniques, our goal is for the student to have better physical awareness, stronger core muscles, have fun tumbling, increase flexibility and stand tall with confidence. Meet friends, have fun, and rise to a new challenge! No previous experience required.

M Tu W Th F	Aug 17-Aug 21	9:05 AM-12:00 PM
613961		\$238/5 sess

Young Rembrandts Summer Camps

Animal Cartoon Workshop

6-12 yrs | Young Rembrandts

Laugh-out-loud-funny! Mind-bendingly-adorable! Awesome-beyond-belief! These are just some of the words that best describe our Cartoon Animals Workshop. If your child is a fan of cuddly animals and funny cartoons, this drawing workshop is especially tailored for his or her needs. Over the course of five days, our students will learn how to draw animals of all shapes, sizes, and colours. They will learn how to personify ordinary animals, transforming them into fully-realized cartoon characters. Be a part of the something fun and special. Enrol your budding artist today!

M Tu W Th F	Aug 10-Aug 14	9:15 AM-12:15 PM
608241		\$190/5 sess

Anime Manga Drawing Workshop

6-12 yrs | Young Rembrandts

Calling all otaku kids! Join the Anime Manga workshop and learn to draw your favourite Japanese style art. This five-day workshop will tap into everyone's imagination while learning to draw cute manga inspired characters, accessories and costumes. Your child's talent is about to take off - register now to save your child's spot in this kawaii workshop focused on technique and creativity!

M Tu W Th F	Jul 13-Jul 17	12:45 PM-3:45 PM
608243		\$190/5 sess

Bricktown Architects

5-10 yrs | Reach Education Inc.

Explore city life through LEGO bricks, from streets to skyscrapers - create it all! Construct up to three projects per session using classic Lego® bricks, Lego® Technic and electric motors. Reach Education® offers Lego® brick-building activities that engage curiosity and creativity and provide an extraordinary atmosphere for children. Campers will be given a break for an optional snack from home. Supplies included.

M Tu W Th F	Jul 27-Jul 31	9:30 AM-12:30 PM
615881		\$220/5 sess
M Tu W Th F	Jul 27-Jul 31	1:00 PM-4:00 PM
615883		\$220/5 sess

Cartoon Stories Workshop

6-12 yrs | Young Rembrandts

In this fun drawing workshop, each day artists will create multiple drawings telling a story. We will draw human and animal cartoon characters in many different situations to practice depicting all types of facial and body expressions. Register now to find out what happened to the cat who chased a very confident mouse and to the girl who jumped in too many rain puddles! Save your seat today!

M Tu W Th F	Jul 13-Jul 17	9:15 AM-12:15 PM
608240		\$190/5 sess

NEW K-POP Anime Manga

Drawing

7-12 yrs | Young Rembrandts

Get ready to draw your heart out! Our K-Pop Anime Drawing Workshop is bursting with creative star power. Kids will spend five fun-filled days learning how to draw anime characters in a K-Pop style including specialty eyes, stylish outfits and stage-ready poses. K-Pop artists will use colour pencils, Sharpies, and markers to bring every detail to life on large 11x17 poster-sized paper. It's K-Pop energy meets anime artistry, a perfect mix of art and imagination!

M Tu W Th F	Aug 10-Aug 14	12:45 PM-3:45 PM
608244		\$190/5 sess

DIY Legoland

5-10 yrs | Reach Education Inc.

Imagine your perfect amusement park and go on a thrilling adventure as we turn games, food, rides, and attractions into models! Construct up to three projects per session using classic Lego® bricks, Lego® Technic and electric motors. Reach Education® offers Lego® brick-building activities that engage curiosity and creativity and provide an extraordinary atmosphere for children. Campers will be given a break for an optional snack from home. Supplies included.

M Tu W Th F	Jul 20-Jul 24	9:30 AM-12:30 PM
615879		\$220/5 sess
M Tu W Th F	Jul 20-Jul 24	1:00 PM-4:00 PM
615880		\$220/5 sess

Registration for all Summer Day Camps begin April 8 at 7 PM

Byte Summer Camps

Byte Camp - 2D Animation on Tablet

9-12 yrs | Byte Camp

Turn your drawing skills into awesome animation skills on our tablets! We'll show you how to make beautiful animations as wild as your imagination. Participants will learn to storyboard and use some advanced animation skills and principles to make their characters really come alive on the screen. Amaze your friends with the story you can draw in just a week!

M Tu W Th F Aug 10-Aug 14 9:15 AM-4:15 PM
612363 \$410/5 sess

Byte Camp - Claymation Movie Production

9-12 yrs | Byte Camp

Make your own clay characters come to life, just like Shaun the Sheep! Participants will work to build their own clay characters, sets and props; develop their own script; shoot their movie scenes; and then learn to edit and add sounds and special effects to complete the whole project. Don't worry parents, there will be plenty of time devoted to outdoor games and activities!

M Tu W Th F Jul 06-Jul 10 9:15 AM-4:15 PM
612356 \$410/5 sess

NEW Math and Literacy Camp

5-7 yrs | Ready Set Play

Join us for an action-packed week of activities which will encourage social, emotional learning, literacy and active team play. The camp will help build the confidence of young learners and help them prepare for the upcoming school by engaging in literacy and math activities in a fun and engaging manner. Please bring a nut-free snack, nut-free lunch and water bottles. No camp July 1.

M Tu Th F Jun 29-Jul 03 9:15 AM-3:15 PM
612373 \$248/4 sess

M Tu W Th F Aug 04-07 9:15 AM-3:15 PM
612375 \$248/4 sess

Byte Camp - Introduction to Coding

9-12 yrs | Byte Camp

Discover how much fun it is to build your own game! Students will be introduced to basic coding skills with Scratch and get to use those skills to make their very own games. Students will learn how to create their own 2D vector artwork to make characters and levels that are entirely their own. The final project is a game that you can access and play or proudly share with friends online.

M Tu W Th F Jul 13-Jul 17 9:15 AM-4:15 PM
612361 \$410/5 sess

Byte Camp - Python Coding Level 1

11-14 yrs | Byte Camp

Learn Python coding! Master basic coding concepts like variables, loops, and conditionals, and see your creativity come to life with hands-on exercises. The final project? A Python-based program you can proudly share with friends and keep as a fun and functional creation to showcase your coding journey!

M Tu W Th F Jul 27-Jul 31 9:15 AM-4:15 PM
612362 \$410/5 sess

TPP Multi-Sport Camp

5-8 yrs | Ready, Set, Play

Come join us for an action-packed week of activities which will encourage social, emotional learning, develop their leadership skills, physical literacy and active team play. Physical movement is crucial for physical, cognitive, and social-emotional development of children. The camp will help children find ways to stay active in a non-competitive atmosphere. We will play a variety of games which will build their confidence in variety of movement activities, co-operative games, dance yoga and sports. Please bring a nut-free snack, nut-free lunch and water bottles.

M Tu W Th F Aug 24-Aug 29 9:15 AM-3:15 PM
615748 \$250/5 sess

EFK: Civil Engineering: Build n Bash

6-12 yrs | Engineering For Kids Vancouver

Discover how civil engineers build strong structures... and what it takes to make them break! In this week-long camp, students will design and construct structures and push them to their limits through thrilling experiments involving crushing, catapulting, collisions, and earthquakes. Experience the excitement of engineering as you design, build, and destroy what you've made, all guided by the EFK Engineering Design Process. Join us for a week of smashing innovation and engineering excitement!

M Tu W Th F Aug 17-Aug 21 9:30 AM-3:30 PM
616974 \$420/5 sess

EFK: Power and Energy: Agent of Change

6-12 yrs | Engineering For Kids Vancouver

Power and energy are what everything requires to move, turn on, light up, and make noise. In The Agent of Change camp, students will break up into engineering teams and help each other to create unique ways to harness, manipulate, and use energy efficiently. Each day, students will have the chance to add a power-up light to their power and energy meter by completing that day's camp challenge.

M Tu W Th F Jul 20-Jul 24 9:30 AM-3:30 PM
616972 \$420/5 sess





Registration for all Summer Day Camps begin April 8 at 7 PM

EFK: Print it! 3D Engineering

8-14 yrs | Engineering For Kids Vancouver

This program introduces students to one of today's most exciting and versatile technologies: 3D printing. In this hands-on camp, students will explore the fundamentals of 3D printing and computer-aided design (CAD) as they design and create their own custom 3D models. Starting from a hand-drawn concept, students will learn how to transform a 2D idea into a 3D object by extruding and refining their designs for printing. Along the way, they'll develop problem-solving, design, and engineering skills while bringing their ideas to life.

M Tu W Th F Aug 24-Aug 28 9:30 AM-3:30 PM
616975 \$420/5 sess

EFK: Space Camp: Martian Engineering Expeditions

6-12 yrs | Engineering For Kids Vancouver

Explore the wonders of Mars through the fascinating world of engineering, from mechanical marvels to aerospace wonders. Through hands-on challenges, students will learn about the technology and innovation required for human habitation on Mars while fostering collaboration, communication, and critical thinking skills. From designing spacecraft to creating sustainable habitats, they'll apply creativity, problem-solving, and EFK's Engineering Design process to tackle practical engineering problems inspired by NASA's groundbreaking missions. Get ready to build, create, and collaborate, as we empower the next generation of engineers to shape the future of space exploration!

Tu W Th F Aug 04-Aug 07 9:30 AM-3:30 PM
616973 \$336/4 sess

TPP Kulinary Kapers

7-11 yrs | Karen

Join Karen in a hands on two-day cooking camp! Learn to make a full meal each day, and take home enough to share with your family & friends! Dessert included! Please, bring your own Tupperware.

Th F	Jul 02-Jul 03	9:00 AM-12:00 PM	
613973			\$30/2 sess
Tu Th	Aug 04-Aug 06	9:00 AM-12:00 PM	
613974			\$30/2 sess
W F	Aug 05-Aug 07	9:00 AM-12:00 PM	
613975			\$30/2 sess

Make-A-Musical Day Camp

7-12 yrs | Vancouver Performing Stars

Step into the spotlight in our full-day "create-a-musical" camp! Performers will create an original show together and be immersed in every aspect of musical theatre. Parents will be treated to a special performance on the last day. Visit performingstars.ca for more information. Students should pack a lunch and water bottle.

M Tu W Th F Jul 27-Jul 31 9:30 AM-3:30 PM
614011 \$300/5 sess

TPP Fairytale Remix

4-6 yrs | Endorphin Rush Dance

Classic fairytales meet movement and imagination in Fairytale Remix. Young dancers bring princes, princesses, heroes, and magical creatures to life through ballet and jazz-inspired movement. This camp encourages creativity, listening skills, and confidence while introducing basic dance technique in a fun and engaging way. Presentation for parents on the last day! www.KirbySnellDance.com

M Tu W Th F Aug 10-Aug 14 12:30 PM-1:45 PM
613940 \$109/5 sess

TPP Hip Hop Playground Camp

5-8 yrs | Endorphin Rush Dance

Hip Hop Playground is an energetic introduction to hip hop dance. Dancers learn foundational grooves, rhythm, and short choreography combinations while building confidence and musicality. This camp balances structure and creativity, making it ideal for dancers who love high-energy movement and modern music.

www.KirbySnellDance.com
M Tu W Th F Jul 20-Jul 24 2:00 PM-3:15 PM
613932 \$109/5 sess

TPP Pop Star Playground Dance Camp

6-9 yrs | Endorphin Rush Dance

Pop Star Playground is a joyful introduction to performance and self-expression. Using upbeat, age-appropriate music, dancers explore jazz and creative movement through fun combos, dance games, and playful stage moments. This camp builds confidence, rhythm, and coordination while keeping the focus on fun, friendship, and movement. Presentation for parents on the last day. www.KirbySnellDance.com

M Tu W Th F Aug 10-Aug 14 2:00 PM-3:15 PM
613942 \$109/5 sess

TPP Superhero Training Academy

4-6 yrs | Endorphin Rush Dance

Calling all superheroes! In this action-packed camp, dancers train their superpowers through big movements, jumps, spins, and creative dance challenges. Using jazz and hip hop-inspired movement, kids build strength, coordination, and confidence while learning teamwork and imagination-based storytelling. Presentation for parents on the last day! www.KirbySnellDance.com

M Tu W Th F Jul 20-Jul 24 12:30 PM-1:45 PM
613931 \$109/5 sess

TPP Under the Sea Dance Quest

3-6 yrs | Endorphin Rush Dance

Dive into an ocean of creativity! Under the Sea Dance Quest uses ballet, jazz, and creative movement to explore flowing, playful dances inspired by sea creatures and underwater adventures. Through storytelling, movement games, and music, dancers build coordination, confidence, and a love of dance while letting their imaginations swim free. Presentation for parents on the last day www.kirbysnelldance.com

M Tu W Th F Aug 10-Aug 14 9:15 AM-10:30 AM
613934 \$109/5 sess

Courses marked **TPP** take place at
Templeton Park Pool

Registration for all Summer Day Camps begin April 8 at 7 PM

Sportball Multisport Camp Indoor

5-9 yrs | Sportball Vancouver

Sportball's action-packed camps introduce children to a variety of ball sports and waterplay games and activities PLUS snack time, stories, music, co-operative games and more! Camps may run indoors and outdoors, depending on the location and weather. Please pack a labelled water bottle and nut free snack for each day of the camp.

5-8 yrs

M Tu W Th F	Jul 13-Jul 17	12:30 PM-3:30 PM
616000		\$205/5 sess
M Tu W Th F	Aug 10-Aug 14	12:30 PM-3:30 PM
616001		\$205/5 sess

6-9 yrs

M Tu W Th F	Jul 27-Jul 31	9:00 AM-3:00 PM
616002		\$405/5 sess
M Tu W Th F	Aug 24-Aug 28	9:00 AM-3:00 PM
616003		\$405/5 sess

Tennis Camp Indoors

5-6 yrs | Wilson Tan

Introduce your 5-6 year old to the exciting world of tennis! This program is designed for all skill levels, from first-timers to budding rally stars. We'll make learning fun with engaging games and activities, building a solid foundation in the basics and developing rally skills. Wilson's expert coaches will provide personalized guidance, fostering a love for the game and helping kids reach their full potential.

M Tu W Th F	Jul 06-Jul 10	10:30 AM-11:30 AM
614633		\$95/5 sess
M Tu W Th F	Jul 20-Jul 24	10:30 AM-11:30 AM
614635		\$95/5 sess
Tu W Th F	Aug 04-Aug 07	10:30 AM-11:30 AM
614636		\$76/4 sess
M Tu W Th F	Aug 17-Aug 21	10:30 AM-11:30 AM
614637		\$95/5 sess

Tennis Camp Indoors

7-9 yrs | Wilson Tan

Give your 7-9 year old the tennis experience they'll love! This program is designed for all skill levels, from first-timers to kids who can already rally. We'll make learning fun with exciting games and drills, developing skills from the basics to pre-competitive play. Wilson's expert coaches will be there every step of the way, helping kids improve their technique and understand the game. Join us in the gym or outdoors and watch their tennis skills take off!

M Tu W Th F	Jul 06-Jul 10	11:45 AM-1:15 PM
614639		\$112.50/5 sess
M Tu W Th F	Jul 20-Jul 24	11:45 AM-1:15 PM
614640		\$112.50/5 sess
M Tu W Th F	Aug 04-Aug 07	11:45 AM-1:15 PM
614641		\$90/4 sess
M Tu W Th F	Aug 17-Aug 21	11:45 AM-1:15 PM
614642		\$112.50/5 sess

Tennis Camp Indoors

10-13 yrs | Wilson Tan

Is your 10-13 year old ready to ace their tennis game? This program is perfect for beginners and more experienced players alike! We'll make learning fun with exciting drills and games, building skills from the basics to competitive play. Wilson's expert coaches will guide them every step of the way, improving technique and understanding the game. Get ready for rallies, challenges, and a whole lot of fun in the gym!

M Tu W Th F	Jul 06-Jul 10	11:45 AM-1:15 PM
614643		\$112.50/5 sess
M Tu W Th F	Jul 20-Jul 24	11:45 AM-1:15 PM
614644		\$112.50/5 sess
M Tu W Th F	Aug 04-Aug 07	11:45 AM-1:15 PM
614645		\$90/4 sess
M Tu W Th F	Aug 17-Aug 21	11:45 AM-1:15 PM
614647		\$112.50/5 sess

Mindfulness & Movement for Kids Day Camp

5-7 yrs | The Yoga Buggy

Join the Yoga Buggy for a fun week of movement, mindfulness activities, music, games, arts & crafts and stories. Yoga encourages self-regulation, socio-emotional awareness, attention span, confidence and so much more! Bring a water bottle, snacks and lunch. Come play with us!

M Tu Th F	Jun 29-Jul 3	9:30 AM-3:30 PM
616984		\$291/4 sess
TPP M Tu W Th F	Jul 06-Jul 10	9:30 AM-3:30 PM
613965		\$364/5 sess

Young-Commander Chess Camp

5-13 yrs | Joe Soliven

As school academics in a game and leadership training model, playing chess and being smart are interconnected. Chess teaches higher level thinking skills such as visualization, analysis and critical thinking. Knighted with a 'commander' self-image amidst a 'friends-learning-together' classroom setting, kids get trained in life-skills goal-setting: checkmate!

5-13 yrs Novice/Newbie I & II

M Tu W Th F	Aug 10-Aug 14	9:10 AM-10:20 AM
617050		\$75/5 sess

8-13 yrs Intermediate/Advanced

M Tu W Th F	Aug 10-Aug 14	10:30 AM-11:40 AM
617051		\$75/5 sess

Young Moviemakers Camp

8-14 yrs | Young Moviemakers

Young Moviemakers is an award-winning acting and video production program for children and youth ages 8-14. Participants learn the importance of visual storytelling, scriptwriting, acting, editing and more, through the creation and production of a short film. With the help of our experienced film directors, participants work in groups to develop and produce their own film, which is then premiered to a live audience and uploaded to the Young Moviemakers YouTube page to be shared and enjoyed.

M Tu W Th F	Jul 06-Jul 10	9:15 AM-3:15 PM
613850		\$450/5 sess
M Tu W Th F	Jul 13-Jul 17	9:15 AM-3:15 PM
613852		\$450/5 sess
M Tu W Th F	Jul 20-Jul 24	9:15 AM-3:15 PM
613853		\$450/5 sess
M Tu W Th F	Jul 27-Jul 31	9:15 AM-3:15 PM
613854		\$450/5 sess

Courses marked **TPP** take place at
Templeton Park Pool



Registration for all Summer Day Camps begin April 8 at 7 PM

SUMMER DAY CAMPS						
Safari & Voyages		Youth Adventures			Before/After Care	
An exciting summer program that includes arts & crafts, games, trips to local parks, and more! For Safari: Child must have completed Kindergarten/going into Grade 1 and turning 6 years old by December 31, 2026.		An exciting day camp for the pre-teens to develop and grow their leadership skills! With a youth-driven focus, leaders will engage and partake in fun activities and initiatives in the local area.			Before & After Care is available only for participants registered in Day Camp Safari, Voyages, Youth Adventures. * No Online Registration *	
Week	Dates	Safari (6-7 yrs)	Voyages (8-10 yrs)	Youth (11-13 yrs)	Before (6-12 yrs)	After (6-12 yrs)
		9:00 AM-3:30 PM \$174/5 days, \$140/4 days* <i>Out-trips are subject to change</i>			8:00-9:00 AM \$27/5 days, \$22/4 days* 3:30-5:30 PM \$48/5 days, \$39/4 days*	
1*	M Tu Th F Jun 29-Jul 03	616068	616069	616070	616067	616066
2	M Tu W Th F Jul 06-Jul 10	609990	610596	610902	610062	610005
3	M Tu W Th F Jul 13-Jul 17	609992	610597	610905	610076	610038
4	M Tu W Th F Jul 20-Jul 24	609993	610598	610906	610077	610041
5	M Tu W Th F Jul 27-Jul 31	609994	610599	610916	610079	610045
6*	Tu W Th F Aug 04-Aug 07	609996	610600	611021	610087	610046
7	M Tu W Th F Aug 10-Aug 14	609999	610601	610908	610081	610050
8	M Tu W Th F Aug 17-Aug 21	610000	610602	610918	610083	610051
9	M Tu W Th F Aug 24-Aug 28	610001	610603	610919	610085	610052

VOLUNTEER FOR DAY CAMPS

APPLICATION FORM AVAILABLE IN MAY

Join us for fun out trips, making new friendships and developing job related skills! Contact Katarina for more info or check our IG for updates.

[Join Now!](#)

Instagram: @hastingsyouth

Phone Number: 604-718-6230

Email: katarina.lewis@vancouver.ca

Summer Camps Info

- Parent/guardian must complete a waiver form with medical information prior to the start of the week. Downloadable waivers and forms can be found at our website - <https://hastingscc.ca>
- Each child should bring a backpack with a lunch, snack, water bottle, sunscreen, jacket and hat each day. It is strongly recommended that an additional snack be packed for participants in After Care.
- Weekly schedules will be available at the front office at the end of June & are subject to change.

Day Camp Refund Policy

Each refund request per camp week will be charged a \$10 administration fee, regardless of when notice is given. No refunds will be issued with less than two weeks notice.

NEW Ascenders Youth Camp

14-18 yrs - See Page 23

Join us for an exciting summer program to connect with other youth across the city and take part in some summer fun with hikes to Grouse Mountain, and activities such as Sea Kayaking, WildPlay Ropes Course and much more! This program is to promote youth outdoor recreations as participants will meet on Tuesday, Wednesday, and Thursday to take part in fun outdoor activities with youth leaders.

Day Camp

Pro-D Day Camp - April

6-12 yrs | Youth Leader

A day off from school?! Join our Youth Staff for a fun filled day! Pack a water bottle, snack and lunch; dress weather-appropriate including rubber boots. Pre-registration and consent forms are required. Register early, spaces are limited! Each refund request will be charged a \$10 administration fee. No refunds with less than two weeks notice.

M Apr 20 9:00 AM-3:00 PM
607698 \$42/1 sess

Pro-D Day Camp - After Care (Apr)

6-12 yrs | Youth Leader

After Care provides parents/guardians an extended window to pick-up their child, till 5:30pm. This option is available for participants in Pro-D Day Camps only. No drop-ins. Downloadable forms will be available on the HCA website.

M Apr 20 3:00 PM-5:00 PM
607701 \$10/1 sess



Social

Cooking + Baking Club

10-13 yrs | Youth Leader

Come join our Youth Staff on Tuesday nights in the Kitchen for an educational and engaging program that shows you the basics of cooking and baking. Practice and learn new skills such as knife handling, ingredient measuring, and much more! Enjoy trying new foods with peers while developing your confidence in a kitchen. Participants will be eating what is made so please inform us of many allergies or dietary restrictions prior to the start date. Please bring containers for any leftovers so no food is wasted.

Tu Apr 14-Jun 09 3:30 PM-6:00 PM
604862 \$60/9 sess

FREE! Wednesday Star Friends

10-13 yrs | Youth Leader

Wednesday Star Friends is for any pre-teen who identifies as a girl and/or non-binary and wants to take part! This Program is a great way to connect with other kids in the community while hanging out, playing games, baking, arts & craft, and much more!

W Apr 15-Jun 17 3:15 PM-6:00 PM
604878 FREE

Art + Drawing

10-13 yrs | Youth Leader

Come join our Youth Staff on Thursday nights in the Arts and Crafts Room for an educational and engaging program that shows you the basics of drawing and other art mediums. Practice and learn new skills such as shading, sketching, and much more! Enjoy trying new styles of with peers while developing your confidence in your artistic expression.

Th Apr 16-Jun 11 3:30 PM-6:00 PM
604879 \$45/9 sess

FREE! TGIF

10-13 yrs | Youth Leader

This after school program provides a space for pre-teens to come and enjoy the scheduled activities. Youth leaders make it exciting and fun every Friday, starting in the Games Room, with scheduled activities to begin at approximately 3:15pm. Registration required! No session May 01 & 08.

F Apr 17-Jun 12 3:15 PM-6:00 PM
604877 FREE



Sports

Hastings Ball Hockey League (HBHL)

10-13 yrs | Youth Leader

Calling all pre-teens in grades 5-7 looking for an after-school hockey program! This will be a fun, recreational ball hockey program supported by the Vancouver Police Department officers from the neighbourhood. Come connect with new friends taking part in this weekly co-ed session at Hastings Community Centre! Each session will begin with a healthy snack! All skill sets are welcome and the cost is FREE thanks to the Vancouver Police Foundation! This co-ed program (open to any pre-teen who identifies and/or non-binary) is for kids ages 10-12 (grades 5-7). Registration is required. No drop-ins

Th Apr 30-Jun 11 3:30 PM-5:00 PM
609355 FREE

Preteen Volleyball

11-12 yrs | Youth Leader

This program is for any preteen looking to learn and play volleyball. Our Youth coaches will run drills & scrimmages each week!

Sa Apr 18-Jun 13 3:30 PM-4:30 PM
604876 \$27/9 sess



Community Youth Worker



Hastings Youth
Community youth worker at Hastings Community Centre.
DM us if you have any questions about youth programs and volunteering!

Katarina.Lewis@vancouver.ca
 604 . 718 . 6230
 @HastingsYouth

Follow us on IG for any volunteering opportunities and youth initiatives.

Volunteer/Leadership

Looking for Volunteer Hours?

Volunteers are able to gain valuable work experience, build relationships with the Youth Worker and staff team and meet other youth. Some of these opportunities include:

- Open House
- Halloween Carnival
- Breakfast with Santa
- Day Camps
- After-School Programs
- Community Clean-ups and more!

Feel free to drop-by the Youth Worker office at Hastings Community Centre to connect with our Community Youth Worker.

Hastings Youth Council

14-17 yrs | Community Youth Worker
The Hastings Youth Council strives for youth to be leaders in their community and for their voices to be heard. This is a great opportunity to organize activities, special events, implement projects, and volunteer in the community. Meet new people, make new friends, get volunteers hours and give back to the community! Meetings are held on Saturdays from 1:30pm-3:30pm.

PB City-Wide Youth Council

The City-Wide Youth Council connects youth from Vancouver's 20 diverse communities to work together on youth initiatives, local issues and Youth Week. Meetings are held at City Hall on the second Wednesday of the month.

Social

Friday Night Movies
13-18 yrs | Youth Leader
 Looking for a fun and relaxing way to kick off your weekend? Join us every Friday night in the auditorium where we'll be screening a different movie, from the latest blockbusters to fan favourites, so there's always something new and exciting to enjoy. A free drop-in program for youth in Grades 8-12. One card is required for participation. Hours subject to change during Spring Break.
 F Apr 10-Jun 12 6:30 PM-9:00 PM
604870 FREE

Youth Week Kick Off Carnival
13-18 yrs | Katarina Lewis
 We'll be starting off Citywide Youth Week 2026 at Hastings CC with fun activities, food and a movie night! Must check in with your Community Centre's Youth Worker to participate. Please visit vancouver.ca/youth-week for more info and updates on all the Youth Events in your neighbourhood!
 F May 01 3:30 PM-9:30 PM
616940 FREE

Hastings Youth Week Event
13-18 yrs | Youth Leader
 Registration required! We'll be closing out Youth Week 2026 at Hastings CC with fun activities and a movie night! Must check in with youth worker to get a meal ticket. This program is FREE and made possible by the Hastings Community Association (HCA).
 F May 08 5:30 PM-8:30 PM
604855 FREE

Youth Summer Day Camp

Ascenders
14-18 yrs | Youth Leader

Day	Dates	Time	Cost
Tu Th	Jun 29-Jul 03	9:00 AM-3:30 PM	\$57/2 sess
Tu WTh	Jul 06-Jul 10	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Jul 13-Jul 17	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Jul 20-Jul 24	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Aug 04-Aug 07	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Jul 27-Jul 31	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Aug 10-Aug 14	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Aug 17-Aug 21	9:00 AM-3:30 PM	\$87/3 sess
Tu WTh	Aug 24-Aug 28	9:00 AM-3:30 PM	\$87/3 sess

YOUTH SCHEDULE - SPRING

MON	TUE	WED	THU	FRI	SAT
Games Room Grades 8-12 3:00 P-9:00 P	Cooking & Baking Club Grades 5-7 3:30 P-6:00 P	Star Friends Grades 4-7 3:15 P-6:00 P	Art & Drawing Grades 5-7 3:30 P-6:00 P	TGIF Grades 4-7 3:15 P-6:00 P	Games Room Grades 8-12 9:00 A-1:00 P
	Games Room Grades 8-12 3:00 P-9:00 P	Games Room Grades 8-12 6:00 P-9:00 P	Games Room Grades 8-12 3:00 P-9:00 P	Games Room Grades 8-12 6:00 P-9:00 P	
PARENTAL/GUARDIAN RESPONSIBILITY: All children under the age of 8 are required to have parental/guardian 16 years or older supervision when not attending a registered Hastings program. This applies to all drop-in programs such as the Games Room, Open Gym. The staff at Hastings are not responsible for children left unattended after programs have finished. Parents/ guardians are responsible for picking up their children as soon as programs have ended. Gymnasium and Games Room are a safe space for youth to use. No adults are allowed during drop in time.				Volleyball Grades 8-12 3:30 P-6:30 P	Youth Council 14-17 yrs 1:30 P-3:30 P
				Basketball Grades 8-12 6:30 P-9:45 P	Preteen Volleyball 11-12 yrs 3:30 P-4:30 P

Please note: Schedule subject to change. No equipment will be handed out 15 minutes prior to closing.

Aerobics

Cardio Combo

19+ yrs | Sharon Chan
This class has it all! A warm up followed by a short banded leg workout and then a hi-lo aerobic workout followed with an elevated simple basic step up routine. Also includes strength training with weights for total body and finishing off with floor exercises and stretching!

Cardio Fit

19+ yrs | Sharon Chan
For participants who want a cardio class with simple choreographed floor patterns followed by strength training with weights and core conditioning. Participants can go at their own pace and finish off with a full stretch.

Step

19+ yrs | Sharon Chan
All Fitness Levels - For participants who want a moderate cardio workout. Newcomers welcome. Choreographed patterns followed by strength training with weights and tubing.

Step & Sculpt

19+ yrs | Sharon Chan
For moderately fit individuals who want to increase their muscular endurance as well as challenge their cardiovascular system. Cardio is alternated with strength training.

Aerobics Fees		
Adult	19-59 yrs	60+ yrs
Drop-In	\$5.48	\$3.57
10 Visit Pass	\$49.32	\$32.13
Season Pass Apr 01-Jun 25	\$99.00	\$64.35
Season Pass Jun 29-Aug 19	\$52.00	\$33.80
<i>Prices listed do not include GST.</i>		

Aerobics Schedule - Apr 01-Aug 19				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MORNING	Step & Sculpt 9:15-10:15 AM <i>No class Jul 27</i>		Cardio Combo 5:30-6:30 PM <i>No class Jul 29</i>	<i>No aerobic pass extensions for cancelled classes.</i>
EVENING		Step 5:30-6:30 PM	Step & Sculpt 5:30-6:30 PM <i>No class Aug 19</i>	Cardio Fit 5:30-6:30 PM <i>No class Jul 30</i>
<i>Schedule subject to change. No classes on Statutory Holidays.</i>				

Fitness

TPP Core Circuit Training

19+ yrs | Kelly Howatson
This is an exercise program integrating all components of physical fitness: strength, endurance, flexibility and coordination.

Weights, bands, and mats will be incorporated into this one hour class geared towards looking to improve core strength.

Tu	Apr 07-Jun 23	8:30 AM-9:30 AM
613905		\$102/12 sess
Th	Apr 09-Jun 25	8:30 AM-9:30 AM
613906		\$102/12 sess

Jump Rope HIIT

19+ yrs | Allison Goldberg
Level up your cardio routine with this one hour Jump Rope HIIT class. This high-energy session pairs basic jump rope skills and strength training for a full-body, high-intensity interval workout using only a jump rope. Suitable for all fitness levels and first-timers. Build endurance, strength, coordination, and confidence. Jump ropes are provided?just bring your energy and a water bottle! Drop-in \$12, if space available. No class May 18 and Aug 3.

M	Apr 13-May 25	7:00 PM-7:50 PM
610350		\$60/6 sess
M	Jul 06-Aug 17	7:00 PM-7:50 PM
610351		\$60/6 sess

Mission...FitPossible

19+ yrs | Romeo Mele
Start your mornings right. This class provides participants with a fun energetic workout. Romeo will mix different types of training such as HIIT, core stability, and functional movement to develop athleticism and inspire a happier, healthier you. YOUR MISSION? Enhance your functional movement, improve cardio fitness, increase muscle strength endurance, and inspire weight loss.

Tu Th	Apr 07-Apr 30	9:45 AM-10:45 AM
612396		\$96/8 sess
Tu Th	May 05-May 28	9:45 AM-10:45 AM
612397		\$96/8 sess
Tu Th	Jun 02-Jun 25	9:45 AM-10:45 AM
612398		\$96/8 sess

Courses marked **TPP** take place at **Templeton Park Pool**

Please note: Adult & Older Adult programs are subject to GST.

Osteofit

19+ yrs | Berdjis Bahrami

Osteofit is a certified, evidence-based, training program for older adults who may be frail, have osteoporosis, low bone density or who are at risk of fractures and falls. Osteofit aims to provide safe and gentle exercises for individuals with minimal previous exercise experience. Drop-in \$7.50, space permitting. No class July 29.

W Apr 08-Jun 24 9:30 AM-10:30 AM
 614316 \$78/12 sess
 ☀️ W Jul 08-Aug 26 9:30 AM-10:30 AM
 614317 \$45.50/7 sess

Strength and CIRCL Mobility™

19+ yrs | Monika Schoenenberger

This workout starts with 30 minutes of functional strength training followed by a 30 minute stretch flow that focuses on flexibility, breath work and mobility to help you move better longer set to a soundtrack of healing tones (participants must be able to get down to the floor). Drop-in \$11. No class May 18.

M Apr 13-Jun 22 10:30 AM-11:30 AM
 612395 \$90/10 sess

Zumba®

19+ yrs | Zumba Vancouver

ZUMBA® blends Latin rhythms with easy-to-follow dance moves for a fun, high-energy workout. Designed for all fitness levels, it uses interval and resistance training to burn calories, tone your body, and boost your mood. With styles like salsa, cumbia, and merengue, Zumba is a feel-good way to get fit and energized. www.zumbavancouver.ca. Drop-in \$15, space permitting.

Set One
 Tu Apr 07-May 12 6:45 PM-7:45 PM
 612259 \$81/6 sess
Set Two
 Tu May 19-Jun 23 6:45 PM-7:45 PM
 612261 \$81/6 sess
 ☀️ Tu Jun 30-Jul 28 6:45 PM-7:45 PM
 612301 \$67.50/5 sess

Zumba® Gold

19+ yrs | Zumba Vancouver

ZUMBA® Gold is a low impact dance-fitness class for beginners and seniors that uses zesty Latin music, Salsa, Cha Cha, Cumbia, Merengue, Rock n Roll, (including Twist and Charleston), with easy to follow moves to create a dynamic and fun fitness class. ZUMBA® Gold strives to improve your balance, strength, flexibility and most importantly the heart. www.zumbavancouver.ca. Drop-in \$15, space permitting.

Set One
 F Apr 10-May 15 10:30 AM-11:30 AM
 612299 \$81/6 sess
Set Two
 F May 22-Jun 26 10:30 AM-11:30 AM
 612300 \$81/6 sess
 ☀️ F Jul 03-Jul 24 10:30 AM-11:30 AM
 612302 \$54/4 sess

Dance / Fitness / Martial Arts / Yoga Schedule - Spring

Please see program description for exact dates and times. Program may be cancelled due to low enrollment.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAYTIME		TPP Core Circuit Training 8:30 AM-9:30 AM		TPP Core Circuit Training 8:30 AM-9:30 AM	
	Strength and CIRCL Mobility (TM) 10:30 AM-11:30 AM	Mission FitPossible 9:45 AM-10:45 AM	Osteofit 9:30 AM-10:30 AM	Mission FitPossible 9:45 AM-10:45 AM	Zumba® Gold 10:30 AM-11:30 AM
		Older Adult Fitness 10:30 AM-11:30 AM	Contemporary Line Dance w/ Irene 11:00 AM-12:30 PM	Older Adult Fitness 10:30 AM-11:30 AM	Tai Chi Stretching 12:00 PM-1:30 PM
	Line Dance with Winnie 1:30 PM-3:00 PM	Tai Chi 12:00 PM-1:30 PM TPP 12:00 PM-2:00 PM		TPP Tai Chi 12:00 PM-2:00 PM	Ballroom Social Dance 60+ yrs 1:45 PM-3:45 PM
EVENING		Sequence Dance 2:00 PM-4:00 PM	Iaido 6:15 PM-8:15 PM	TPP Xinjiang Dance 3:00 PM-5:00 PM	TPP Xinjiang Dance 2:00 PM-4:00 PM
	Karate/Self-Defense 6:15 PM-7:15 PM	Iyengar Yoga 6:00 PM-7:30 PM	Karate/Seslf-Defense 6:15 PM-7:15 PM	Yoga Flex 6:15 PM-7:15 PM	
		Chinese Cultural Dance 6:30 PM-8:00 PM	Ballroom Dance - Beginners 6:30 PM-7:30 PM	TPP Creative Hatha Yoga Flow 6:45 PM-8:00 PM	
	TPP Tai Chi 7:00 PM-9:00 PM	Zumba® 6:45 PM-7:45 PM	TPP Tai Chi 7:00 PM-9:00 PM	Kendo 8:00 PM-9:00 PM	
	Jump Rope Hiit 7:00 PM-7:50 PM	Iyengar Yoga 7:45 PM-8:45 PM	Veg Yoga 7:30 PM-8:45 PM	Courses marked TPP take place at Templeton Park Pool	
	Drumming for Wellnes 7:00 PM-9:00 PM	Kendo 8:00 PM-9:00 PM	Ballroom Dance - Intermediate 7:30-8:30 PM/8:30-9:30 PM		

Arts

Knit Nights

19+ yrs | Non Instructional

Love to knit? Bring your latest project and join us! Ask advice or share pearls of wisdom. New friends? Make one left, make one right! Share finished projects that other yarn addicts will appreciate. New to knitting? A perfect place to practice, ask questions, get inspired! Slip on shoes, slip on your sweater, knit on over!


W	Apr 01-Jun 24	6:00 PM-8:00 PM
616575		\$2.86/drop-in
W	Jul 08-Aug 26	6:00 PM-8:00 PM
616576		\$2.86/drop-in

Dance

Chinese Cultural Dance

19+ yrs | Anne Ang

A beginner class open to all who want to stay active and have fun with Chinese songs and music. Meet new friends while learning some basic cultural dance movements and techniques. There will be some stretching and warm up exercises before we start to dance. Some dance choreography may be involved. Wearing soft dance shoes is recommended. Drop-in \$6, if space permits.

Tu	Apr 07-Jun 16	6:30 PM-8:00 PM
610266		\$55/11 sess
 Tu	Jul 07-Aug 25	6:30 PM-8:00 PM
611840		\$40/8 sess

Contemporary Line Dance with Irene

19+ yrs | Irene Loo

This modern line dance class incorporates contemporary music and dance steps including Cha Cha, Tango, Rumba, Waltz, Mambo, Salsa, Cumbia, Hustle, Twist, Disco, Jitterbug and Electric Slide. Drop-in \$5.25 (5 spots available for drop-in). No class April 15, April 22 and July 29.

W	Apr 01-Jun 17	11:00 AM-12:30 PM
608225		\$36.80/10 sess
 W	Jul 08-Aug 19	11:00 AM-12:30 PM
608229		\$22.08/6 sess

International Ballroom

Dancing - Beginner/Bronze

19+ yrs | Faye Hung

The first few weeks will cover the basics of the dance, then we will progress to the next level (bronze) figures. No dancing experience required. Partners preferred but not required. Drop-in \$14, space permitting. No class Apr 15.

Jive

W	Apr 01-May 13	6:30 PM-7:30 PM
610355		\$79.50/6 sess

Cha/Cha

W	May 20-Jun 24	6:30 PM-7:30 PM
610361		\$79.50/6 sess

International Ballroom

Dancing - Silver Level

19+ yrs | Faye Hung

International Silver level and above. Minimum 2 years of dancing experience preferred. Partners preferred but not required. Drop-in \$14, space permitting. No class Apr 15.

Slow Fox Trot

W	Apr 01-May 13	7:30 PM-8:30 PM
610358		\$79.50/6 sess

Samba

W	Apr 01-May 13	8:30 PM-9:30 PM
610360		\$79.50/6 sess

Tango

W	May 20-Jun 24	7:30 PM-8:30 PM
610362		\$79.50/6 sess

Jive

W	May 20-Jun 24	8:30 PM-9:30 PM
610363		\$79.50/6 sess

Sequence Dance

19+ yrs | May A. M. Wong

Sequence Dancing is a type of dancing in which couples dance around the floor in a fixed sequence of steps and movements simultaneously. Some dance experience is required and - if possible - participants should come with a partner (not required). Classes taught in English & Cantonese.

Please note: Previous dance experience (i.e. - line dance, social dance, etc.) is required to attend this class.

Tu	Apr 07-Jun 23	2:00 PM-4:00 PM
612453		\$25.20/12 sess

Education

East Vancouver Family Literacy - Beginner Learners

19+ yrs | Emily Hunter

Learn English, have fun and make friends! This class is for Beginner to Lower Intermediate learners. We plan to go on field trips together and will invite guest speakers to the class. The teacher is an experienced English teacher from Capilano University. Come join us! For more information, please contact Emily at EmilyHunter@capilanou.ca. No class May 18

M	Apr 13-Jun 15	1:00 PM-3:45 PM
612271		Free

Eat Well, Feel Well: Nutrition Skills for Everyday Energy

19+ yrs | Katie Indovina

Join a 7 week nutrition series designed to boost everyday energy through essential nutrition fundamentals, myth busting, and practical skills. Each class dives into a new topic with engaging discussions, group activities, and take home materials. You'll build confidence, understand how food fuels your wellbeing, and leave with tools you can use immediately.

Tu	Apr 07-May 12	6:30 PM-7:30 PM
614086		\$10

Nourish & Thrive: A Spring Summer Nutrition Series

19+ yrs | Katie Indovina

Join this hands on series that explores how food shapes energy, mood, digestion, and everyday eating habits. Each class blends group activities, engaging nutrition lessons, supportive discussions, and practical handouts. You'll learn skills for balancing meals, low-budget shopping, building energy, and supporting mental health, so you feel more confident and empowered in your health.

Tu	May 19-Jun 30	6:30 PM-7:30 PM
614089		Free

Please note: Adult & Older Adult programs are subject to GST.

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

Martial Arts

Iaido

19+ yrs | Shin Ken Kai

Iaido is the traditional use of the Japanese sword. The techniques help focus and develop your body, mind, and spirit. The practice will improve your flexibility and situational awareness. We train in two koryu (old schools) both of which are over 400 years old. Our practice includes traditional individual as well as two person Kenjutsu forms. Drop-in \$10, if space permits.

W	Apr 01-Jun 24	6:15 PM-8:15 PM	
610324			\$90/3 mos
Su	Apr 05-Jun 21	10:15 AM-11:45 AM	
610329			\$75/3 mos
Su	Jun 28-Aug 30	10:15 AM-11:45 AM	
610330			\$50/2 mos
W	Jul 08-Aug 26	6:15 PM-8:15 PM	
610325			\$60/2 mos

Karate/Self-Defence

19+ yrs | Jan Stefanovic

Karate training is not only effective regarding self-defence, but it will rapidly transform your whole body as well. Imagine how powerful a one-hour training session with non-stop punching, kicking, blocking, dodging and moving can be. Karate uniform \$60 - \$70 depending on size. Must purchase Karate BC insurance for \$70 on karatebc.org (valid 1 year) as well. Participants can reach the black belt level after 5 years. No class Apr 15 and May 18.

MW	Apr 08-Jun 24	6:15 PM-7:15 PM	
613881			\$154.35/21 sess

Kendo Training by Renfrew Kendo Dojo

19+ yrs | Renfrew Kendo Dojo Society

Kendo has its roots in traditional Japanese swordsmanship, known as kenjutsu. This physically and mentally demanding discipline blends strong martial arts principles with athletic elements. Kendo is a combative martial art that features controlled-contact sparring, conducted safely with all participants wearing full armour. Renfrew Kendo Dojo Society is registered with BC Kendo Federation, and its instructor is affiliated with the Canadian Kendo Federation. Beginners only need a shinai (bamboo sword) to begin their practice.

Su	Apr 05-Jun 21	11:20 AM-12:20 PM	
Tu	Apr 07-Jun 23	8:00 PM-9:00 PM	
Th	Apr 02-Jun 25	8:00 PM-9:00 PM	
610375			\$165/3 mos
Su	Jun 28-Aug 30	11:20 AM-12:20 PM	
Tu	Jun 30-Aug 25	8:00 PM-9:00 PM	
Th	Jul 02-Aug 27	8:00 PM-9:00 PM	
610379			\$110/2 mos

Tai Chi Stretching with Master Yeh

19+ yrs | Irene Loo

Come join Master Yeh and his assistant, Irene Loo, for this beginner Tai Chi stretching class. All levels welcome. Drop-in \$3.00, if space permits.

F	Apr 10-Jun 26	12:00 PM-1:30 PM	
612297			\$25.20/12 sess
Tu	Apr 07-Jun 23	12:00 PM-1:30 PM	
612298			\$25.20/12 sess

TPP Tai Chi

19+ yrs | Guy Tomash

Yang style Tai Chi is known for its benefits of health, meditation, and self-defence.

This is an ongoing class which teaches the traditional 108 movement long form, stresses correct body postures and whole body movement. New students can start during the first week of the month. Drop-in \$12.00, space permitting. No class May 18.

Tu Th	Apr 02-Apr 30	12:00 PM-2:00 PM	
614107			\$90/9 sess
MW	Apr 08-Apr 29	7:00 PM-9:00 PM	
614105			\$70/7 sess
MW	May 04-May 27	7:00 PM-9:00 PM	
614109			\$80/8 sess
Tu Th	May 05-May 28	12:00 PM-2:00 PM	
614110			\$80/8 sess
MW	Jun 01-Jun 29	7:00 PM-9:00 PM	
614111			\$90/9 sess
Tu Th	Jun 02-Jun 30	12:00 PM-2:00 PM	
614112			\$80/9 sess
MW	Jul 06-Jul 29	7:00 PM-9:00 PM	
614114			\$80/8 sess
MW	Aug 05-Aug 31	7:00 PM-9:00 PM	
614115			\$80/8 sess



Music

Drum Circle

19+ yrs | Ronald Radar Stelling

A community Drum Circle is a FUN open event for people of all ages to come together and share. No experience required! Drums will be provided. Drumming is one of the easiest and most universal ways to communicate. It cuts through cultural, racial and gender differences. Participating in a drum circle is a healing experience for the mind, body and spirit. Drum provided if needed. Drop-in \$20, if space available.

Sa	Apr 18	2:00 PM-4:00 PM	
613829			\$18/1 sess
Sa	May 16	2:00 PM-4:00 PM	
613830			\$18/1 sess
Sa	Jun 20	2:00 PM-4:00 PM	
613831			\$18/1 sess

Drumming for Wellness

19+ yrs | Ronald Radar Stelling

Mindfulness drumming is a simple way to calm the mind, remove stress and heal. Participating in a drum circle is known to improve mood, create connection with community and a feeling of wellbeing. If you have always wanted to learn to play a drum or have some experience and want to brush up on your technique, this class is for you. You will learn basic universal rhythms - simple patterns that can be used at any rhythm event. Come explore the power of rhythm in a safe, encouraging, sacred space. Drum provided if needed. Drop-in \$22, if space available.

M	Apr 13-May 11	7:00 PM-9:00 PM	
613828			\$100/5 sess
M	May 25-Jun 22	7:00 PM-9:00 PM	
615189			\$100/5 sess

Courses marked **TPP** take place at **Templeton Park Pool**

Gym Sports Schedule - Spring						
	SUN	MON	TUE	WED	THURS	FRI
DAYTIME	Pickleball - Beginner 10:10 AM-11:40 AM			Pickleball Intermediate 60+ yrs 10:30 AM-12:30 PM		Pickleball - Beginner 60+ yrs 9:15 AM-11:05 AM
	Badminton Court Reservations 11:45 AM-2:00 PM			Pickleball Lessons 12:45 PM-3:15 PM		Pickleball Intermediate 60+ yrs 11:15 AM-1:05 PM
EVENING		Pickleball - Beginner Play 6:15 PM-7:45 PM		Pickleball Lessons 6:45 PM-8:15 PM		Pickleball Intermediate 19+ yrs 1:15 PM-3:05 PM
		Indoor Soccer 8:00 PM-9:45 PM	Badminton 8:00 PM-9:45 PM	Pickleball - Intermediate 8:20 PM-9:50 PM	Basketball 8:00 PM-9:45 PM	
Registration for Spring starts March 14 at 9 AM. Registration for Summer starts June 13 at 9 AM.						

Sports

PLEASE NOTE: Spots will be held for registered participants for the first 10 minutes; after this time, spots will be sold to drop-in players. In the event that you are unable to attend any particular session your registered spot is non-transferable. Please call us if you are unable to attend your registered session at 604-718-6222. Drop-in waitlist starts 10 minutes prior to the activity start time on the day of (in-person only, no phone calls accepted). Drop-in \$5.48, space permitting.

Badminton
19+ yrs | Non Instructional
Doubles play only.

Set One

Tu	Apr 07-May 12	8:00 PM-9:45 PM
612407		\$27/6 sess
Tu	Jun 30-Jul 29	8:00 PM-9:45 PM
613340		\$22.50/5 sess

Set Two

Tu	May 19-Jun 23	8:00 PM-9:45 PM
612408		\$27/6 sess
Tu	Aug 04-Aug 25	8:00 PM-9:45 PM
615861		\$18/4 sess

Badminton Court Reservation

19+ yrs | Non Instructional
Come and play badminton with family or friends during this 45 minute court reservation. Book a court for the session, bring your racquet, birdie and have a great time. Courts not booked in advance can be used on a drop-in basis (\$12/court). Courts are numbered 4-1 starting from the gym entrance. Court 4 reserved for drop-in.

Set One

Su	Apr 05-May 10	11:45 AM-12:30 PM	\$63/6 sess
612421			
Su	Apr 05-May 10	12:30 PM-1:15 PM	\$63/6 sess
612422			
Su	Apr 05-May 10	1:15 PM-2:00 PM	\$63/6 sess
612423			
Su	Jun 28-Jul 26	11:45 AM-12:30 PM	\$52.50/5 sess
613347			
Su	Jun 28-Jul 26	12:30 PM-1:15 PM	\$52.50/5 sess
613348			
Su	Jun 28-Jul 26	1:15 PM-2:00 PM	\$52.50/5 sess
613349			

Set Two

Su	May 17-Jun 21	11:45 AM-12:30 PM	\$63/6 sess
612424			
Su	May 17-Jun 21	12:30 PM-1:15 PM	\$63/6 sess
612426			
Su	May 17-Jun 21	1:15 PM-2:00 PM	\$63/6 sess
612427			
Su	Aug 02-Aug 30	11:45 AM-12:30 PM	\$52.50/5 sess
615867			
Su	Aug 02-Aug 30	12:30 PM-1:15 PM	\$52.50/5 sess
615868			
Su	Aug 02-Aug 30	1:15 PM-2:00 PM	\$52.50/5 sess
615869			

Basketball: Full Court

19+ yrs | Non Instructional
Register to be guaranteed a spot every week.

Set One

Th	Apr 02-May 14	8:00 PM-9:45 PM
612417		\$31.50/7 sess
Th	Jul 02-Jul 30	8:00 PM-9:45 PM
613344		\$22.50/5 sess

Set Two

Th	May 21-Jun 25	8:00 PM-9:45 PM
612418		\$27/6 sess
Th	Aug 06-Aug 27	8:00 PM-9:45 PM
615862		\$18/4 sess

Indoor Soccer

19+ yrs | Non Instructional
Register to be guaranteed a spot every week.

Set One

M	Apr 13-May 11	8:00 PM-9:45 PM
612403		\$22.50/5 sess
M	Jul 06-Jul 27	8:00 PM-9:45 PM
613336		\$18/4 sess

Set Two

M	May 25-Jun 22	8:00 PM-9:45 PM
612404		\$22.50/5 sess
M	Aug 10-Aug 24	8:00 PM-9:45 PM
615864		\$13.50/3 sess

Hastings Community Centre Presents

Movie Nights In The Park



Join us for our annual Movies in the Park! Bring your own chairs, blankets and snacks! Showtimes are subject to change

- @Hastings Community Centre in the backfield
 - Friday, August 7th
 - @Clinton Park
 - Friday, August 21st
- @Pandora Park
 - Friday, September 4th

Hastings Community Centre
604-718-6222 hastingscc.ca

Please note: Adult & Older Adult programs are subject to GST.

Pickleball - Beginner Play**19+ yrs | Non Instructional**

Get active on the court with Pickleball. This sport combines elements of badminton, tennis and table tennis. It is a fun and easy to learn sport which will have you coming back for more! No guaranteed drop-ins. No session May 18.

Set One

Su	Apr 05-May 10	10:10 AM-11:40 AM	
612409			\$27/6 sess
M	Apr 13-May 11	6:15 PM-7:45 PM	
612405			\$22.50/5 sess
Su	Jun 28-Jul 26	10:10 AM-11:40 AM	
613346			\$22.50/5 sess
M	Jun 29-Jul 27	6:15 PM-7:45 PM	
613338			\$22.50/5 sess

Set Two

Su	May 17-Jun 21	10:10 AM-11:40 AM	
612410			\$27/6 sess
M	May 25-Jun 22	6:15 PM-7:45 PM	
612406			\$22.50/5 sess
Su	Aug 02-Aug 30	10:10 AM-11:40 AM	
615872			\$22.50/5 sess
M	Aug 10-Aug 24	6:15 PM-7:45 PM	
615871			\$13.50/3 sess

Pickleball - Intermediate Play**19+ yrs | Non Instructional**

Get active on the court with Pickleball. This sport combines elements of badminton, tennis and table tennis. It is a fun and easy to learn sport which will have you coming back for more! No guaranteed drop-ins.

Set One

W	Apr 01-May 13	8:20 PM-9:50 PM	
612413			\$31.50/7 sess
F	Apr 10-May 15	1:15 PM-3:05 PM	
612284			\$27/6 sess
W	Jul 08-Jul 29	8:20 PM-9:50 PM	
613341			\$18/4 sess

Set Two

W	May 20-Jun 24	8:20 PM-9:50 PM	
612415			\$27/6 sess
F	May 22-Jun 26	1:15 PM-3:05 PM	
612287			\$27/6 sess
W	Aug 05-Aug 26	8:20 PM-9:50 PM	
615874			\$18/4 sess

Table Tennis**19+ yrs | Non Instructional**

Everyone is welcome! This is a great way to socialize and keep active. Sign up and play some quality table tennis. This is a registered program. Sorry no drop-ins. No session Mon May 18.

F	Apr 10-Jun 26	9:00 AM-12:00 PM	
612435			\$28.80/12 sess
M	Apr 13-Jun 29	9:00 AM-12:00 PM	
612432			\$26.40/11 sess

Outdoor Adult Tennis - Net Play Basics**19+ yrs | Wilson Tan**

Own the Net! Ready to dominate at the net? This course focuses on the essentials of net play, from the basics to introductory strategies. We'll cover the volley, strategic positioning, and seamless transitions from the baseline. Learn the perfect grip, precise placement, and how to use the volley as a powerful weapon. This class is suitable for beginners and novice players, but may also explore more advanced concepts, introduce a tactical perspective, and engage in singles & doubles game play for those looking to level up. Elevate your net game and become a force to be reckoned with! No class May 16.

W	May 06-May 27	6:30 PM-8:00 PM	
614608			\$135/4 sess
Sa	May 02-May 30	10:00 AM-11:30 AM	
614613			\$135/4 sess

Outdoor Adult Tennis - Rally Basics**19+ yrs | Wilson Tan**

Find Your Groove: Adult Rally Basics! Tired of erratic tennis shots? Find your groove and build consistency in this fun, outdoor rally class! We'll help you master the fundamentals so you can finally enjoy this amazing (and sometimes frustrating!) game. Discover your tennis potential, learn some tactics, and get ready to rally in singles and doubles. We'll help you build confidence in your game and start playing with a renewed sense of possibility. Let's get rallying! Perfect for beginners and novice players.

W	Apr 08-Apr 29	6:30 PM-8:00 PM	
614607			\$135/4 sess
Sa	Apr 04-Apr 25	10:00 AM-11:30 AM	
614611			\$135/4 sess

**Outdoor Adult Tennis - Review & Tactical Match Play****19+ yrs | Wilson Tan**

Ready to take your tennis game to the next level? You've got the basics down? now it's time to refine your skills and strategize like a pro! This program builds on what you've learned, diving into tactical concepts, spins, positioning, and match preparation. Get ready for exciting drills, expert tips, and a whole new level of play! Perfect for adults who've completed our previous tennis programs. Let's keep the tennis journey going!

W	Jun 03-Jun 24	8:00 PM-9:30 PM	
614610			\$135/4 sess
W	Jul 08-Jul 29	8:00 PM-9:30 PM	
614628			\$135/4 sess

Outdoor Adult Tennis - Serving & Play Basics**19+ yrs | Wilson Tan**

Serve It Up & Play the Game: Adult Tennis (Beginner/Novice). Develop and refine the serve and overhead, and take your game to the next level! This class is designed for beginner and novice players, but may also explore more advanced concepts for those looking to improve. We'll cover stance, grip, toss, and the all-important racquet-ball connection, helping you find your unique rhythm and tempo for powerful serves and overheads. We'll also connect these skills with groundstrokes and volleys, bringing your entire game into harmony. Beyond the basics, we may introduce tactical perspectives and engage in singles and doubles gameplay. Get ready to dominate the court!

W	Jun 03-Jun 24	6:30 PM-8:00 PM	
614609			\$135/4 sess
Sa	Jun 06-Jun 27	10:00 AM-11:30 AM	
614614			\$135/4 sess
W	Jul 08-Jul 29	6:30 PM-8:00 PM	
614626			\$135/4 sess
W	Aug 05-Aug 26	6:30 PM-8:00 PM	
614627			\$135/4 sess

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

PIP - Learn to Play Pickleball - Act 1

16+ yrs | Paradise Island Pickleball

An introduction from the very basics as we get you off to a good start with some strong fundamentals. Pickleball is easy to learn but hard to master and combines some elements of badminton, tennis & ping pong. You will learn about the ready position, how to serve, dink, drop, volley and hit ground strokes. Learn from two certified pickleball instructors as proper technique is emphasized. Come to have fun and work hard. Introductory paddles and balls are provided. The level of play to advance to Learn to Play Pickleball II is 2.5.

W Apr 08-May 13 12:45 PM-1:45 PM
612290 \$99/6 sess

PIP - Learn to Play Pickleball - Act 2

16+ yrs | Paradise Island Pickleball

Building on "Learn to Play Pickleball I", you are not ready to take the momentum to the next level:- net game: dinking strategies- coming to the net: 3rd shot drops & drives- when to drop & drive- volleys & forehand roll shots- court positioning and game strategy Each week has a particular focus with supervised games to help reinforce the lesson. This is for players looking to advance to a pickleball level of 3.0.

Set One

W Apr 08-May 13 1:45 PM-3:15 PM
612291 \$148.50/6 sess

Set Two

W May 20-Jun 17 12:45 PM-2:15 PM
612292 \$82.50/5 sess

PIP Supervised Pickleball Play Level 2.5+

16+ yrs | Paradise Island Pickleball

No drills in this session but you will be playing with a purpose! Play with more confidence as you mix in with your recreational or competitive games! Drop-in: \$15 Please communicate with the instructor via email at waltwoo@gmail.com if you are uncertain if this is the session for you.

W May 20-Jun 17 2:15 PM-3:15 PM
612293 \$67.50/5 sess

PIP - Intermediate Pickleball Lessons

16+ yrs | Paradise Island Pickleball

Earmarked for players at 3.0 to take their game towards 3.5- the drop is a regular part of your pickleball toolbox- you are also comfortable at the net taking the ball out of the air versus taking it off the bounce- ground strokes are deep and consistent: we are now combining these skills as we introduce volleys and resets into the mix as we become comfortable in the transition zone, mislabeled as no-man's land. Please communicate with the instructor via email at waltwoo@gmail.com if you are uncertain if this is the session for you.

Set One

W Apr 08-May 13 6:45 PM-8:15 PM
612288 \$155.40/6 sess

Set Two

W May 20-Jun 17 6:45 PM-8:15 PM
612289 \$129.50/5 sess

W Jul 08-Jul 29 6:45 PM-8:15 PM
614010 \$102.84/4 sess

W Aug 05-Aug 26 6:45 PM-8:15 PM
614012 \$102.84/4 sess

PIP Pandora Park Pickle Fest

19+ yrs | Paradise Island Pickleball

Registration for Weeks 1-3 open June 13, 9:00am. Registration for Weeks 4-8 open 3 weeks prior to the date of the session at 9:00am. This is an event for ALL LEVELS - you will be split up accordingly. Challenge your way to Court 1 or play for fun. This may just be the ultimate and best (and ONLY) outdoor play series in Vancouver for the summer. Please contact us at piptourneys@gmail.com for more details

Men's

W	5:30 PM-8:30 PM	\$14.28/1 sess
614042		Jul 08
614045		Jul 15
614047		Jul 22
614051		Jul 29
614053		Aug 05
614055		Aug 12
614057		Aug 19
614059		Aug 26

Women's

W	5:30 PM-8:30 PM	\$14.28/1 sess
614044		Jul 08
614046		Jul 15
614048		Jul 22
614052		Jul 29
614054		Aug 05
614056		Aug 12
614058		Aug 19
614060		Aug 26



We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

Please note: Adult & Older Adult programs are subject to GST.

Yoga

TPP Creative Hatha Flow Yoga 16+ yrs | Hana Hermanek

Hatha classes are great for improving focus, breathing, circulation, digestion, and flexibility. Many students say they feel more relaxed after class and sleep better at night. Classes begin with a short grounding exercise, followed by a variety of poses, and finishing with a relaxing savasana. Keep your body limber and come do yoga! Beginners welcome! Drop-in: \$15.50, if space permits

Set One

Th	Apr 02-May 07	6:45 PM-8:00 PM
		\$84/6 sess

613903

Set Two

Th	May 14-Jun 18	6:45 PM-8:00 PM
		\$70/5 sess

613904

Iyengar Yoga - Fundamentals 16+ yrs | Bridget Donald

Join us to increase your flexibility, strength and relaxation. The Iyengar method of yoga involves meditation in action: with its focus on the details of the yoga poses and conscious movement, it helps to bring the body and mind into healthy alignment. Beginners and ongoing students are welcome in the class. Drop-in \$14, if space permits.

Set One

Tu	Apr 07-May 12	7:45 PM-8:45 PM
		\$72/6 sess

613896

Set Two

Tu	May 19-Jun 23	7:45 PM-8:45 PM
		\$72/6 sess

613898

Iyengar Yoga - Intermediate 16+ yrs | Bridget Donald

An intermediate level course for those who are interested in continuing and deepening their study of Iyengar Yoga. The Iyengar method of yoga involves meditation in action. With its focus on the details of the yoga poses and conscious movement, it helps to bring the body and mind into healthy alignment. Drop-in \$20, if space permits.

Tu	Apr 07-Jun 23	6:00 PM-7:30 PM
		\$204/12 sess

613895

Veg Yoga

19+ yrs | Vivien Gomes

This class will introduce Hatha 26&2 yoga sequence, which consists of 26 poses and two breathing exercises, derived from the 84 classic Traditional Hatha Yoga. The therapeutic sequence has proven to increase flexibility and strength, improve circulation and reduce stress. The class is designed for all levels. Drop-in \$15, if space available.

W	Apr 08-Jun 24	7:30 PM-8:45 PM
		\$144/12 sess

613862

Yogaflex

18+ yrs | Alex Hughes

This flowing yoga class will focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. This class ends with deep stretching and relaxation. You will leave feeling supple and strong. Visit www.yogawithalex.ca for more information. Drop-in \$17. No class Apr 16, May 14 and July 30.

Th	Apr 09-Jun 11	6:15 PM-7:15 PM
		\$112/8 sess

610300

☀️ Th	Jul 09-Aug 13	6:15 PM-7:15 PM
		\$70/5 sess

610311



Courses marked **TPP** take place at
Templeton Park Pool

Food and Garden



Look forward to Community Work Days, In-Garden Workshops, Garden to Table Cooking Workshops, and more! Check out our Facebook Page at Hastings Community Centre Food & Garden Programs for up to date information! Email seasonsoffoodhcc@gmail.com to join our Mailing List!

Seasons of Food

- A collection of hands-on cooking and nutrition workshops for all ages, facilitated by community food and nutrition experts
- Varying prices

Hastings Community Learning Garden

- A community garden space in which fruits, vegetables, and herbs are grown and used within programming at the Community Centre
- Community Work Days and various workshops take place regularly from March through November

Comments, questions, or concerns can be directed to the Food & Garden Coordinator at seasonsoffoodhcc@gmail.com.



Canning Rhubarb Chutney

19+ yrs | Lisa Patterson

Yes you can! Learn about the art & science of canning as we make chutney together. Included: what can safely be water-bath canned & why, how to can according to modern food science, and how to determine a recipe is safe by modern standards.

M	May 04	7:00 PM-9:00 PM
616284		\$10/1 sess

Cooking Classes for Kids

7-11 yrs | Chef Karen

Cooking classes this season will repeat menu cycles each month: Week 1- Pasta primavera casserole and focaccia bread, fudgy quinoa chia bites Week 2 - Cheesy one pot beef and potatoes, broccoli salad, peanut butter rice krispie bars Week 3- Tofu egg roll in a bowl, haystack cookies Week 4- Crispy cheddar chicken fingers, roasted veggies, chocolate oat bar Join us and learn about food safety, nutrition, and the importance of preparing in a clean and nice cooking environment. Kids will have an amazing time socializing and sharing their creativity with our chef and will explore cooking habits from different cultures! Please, bring your own Tupperware (roughly three 8-10 cup containers). The classes will include recipes to make meals!

Sa	Apr 18-Apr 25	9:30 AM-11:30 AM
612266		\$20/2 sess
Sa	May 02-May 30	9:30 AM-11:30 AM
612267		\$40/4 sess
Sa	Jun 06-Jun 27	9:30 AM-11:30 AM
612268		\$40/4 sess

Community Kitchen

19+ yrs | TBA Instructor

Looking to socialize, learn new recipes, and eat great food after work? Check out Community Kitchen where we have various folks from the Hastings-Sunrise community come out to teach some of their favourite food! Remember to bring takeout containers to take extras with you!

M	May 11	6:30 PM-8:30 PM
616063		\$10/1 sess
M	Jun 15	6:30 PM-8:30 PM
612303		\$10/1 sess

Please note: Adult & Older Adult programs are subject to GST.

Culinary Crusaders

7-11 yrs | Chef Abigail

Come learn about nutrition and food while making delicious snacks with our nutritionist!

M	Apr 13	3:00 PM-5:00 PM
616054		\$10/1 sess
M	May 11	3:00 PM-5:00 PM
616055		\$10/1 sess
M	Jun 8	3:00 PM-5:00 PM
616056		\$10/1 sess

Culinary Passport

19+ yrs | Chef Karen

Looking to try out some new international cuisines, while also taking part in making the food? Come check out Culinary Passport as we try a new flavour - and visit a new country - each month! Remember to bring takeout containers to take extras with you!

Columbia

F	Jun 12	9:30 AM-11:30 AM
612270		\$10/1 sess

France

F	May 08	9:30 AM-11:30 AM
612269		\$10/1 sess

Malaysia

F	Apr 17	9:30 AM-11:30 AM
612345		\$10/1 sess

FREE Gardening Corner

19+ yrs | Lisa Patterson

Are you interested in gardening and natural food preparation, but not sure where to start? Join us in the garden to learn about nutrition, plants, soil, seeds and insects through fun and engaging activities. We'll cover a different topic each week. Increase your knowledge and become comfortable working in your own kitchen and garden.

We will meet indoors in case of bad weather.

W	Apr 01-May 13	11:00 AM-12:00 PM
612272		Free
W	May 20-Jun 24	11:00 AM-12:00 PM
616277		Free
☀️ W	Jul 08-Aug 12	11:00 AM-12:00 PM
616278		Free

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

FREE Growing Kids**1-5 yrs | Lisa Patterson**

Get your kids excited about the world of growing things! Join us in the garden to learn about plants, soil, seeds and insects through fun and engaging activities. We'll cover a different topic each week. Caregivers must be present throughout the class. Meet in the garden (sessions will take place indoors or in the HCC Learning Garden).

M	Apr 13-May 11	11:00 AM-11:30 AM	Free
612273			
M	May 25-Jun 22	11:00 AM-11:30 AM	Free
616279			
M	Jun 29-Jul 27	11:00 AM-11:30 AM	Free
616280			

NEW FREE Growing Kids**Saturday Jam****1-4 yrs | Lisa Patterson**

Join us for this special Saturday class designed to teach our youngest gardeners about plants, soil, seeds and insects through fun and engaging activities. Caregivers must be present throughout the class. Meet in the garden (we will have alternate indoor activities in case of rain).

Sa	Apr 18	11:00 AM-11:45 AM	Free
616281			
Sa	Jun 27	11:00 AM-11:45 AM	Free
616282			

Homemade Body Butters and Scrubs**19+ yrs | Lisa Patterson**

Learn how to make luxurious body butters and scrubs from natural ingredients. So good you could eat them - but it's not recommended. You will take home one of each.

W	May 06	7:00 PM-9:00 PM	\$10/1 sess
616283			

Ivy Basket Weaving**19+ yrs | Joe Boyd**

Join us for a hands-on session to learn how to weave baskets with invasive English ivy. This workshop will walk you through the basics of gathering and preparing ivy and introduce the twining method of weaving. We'll teach the basic techniques of twining and provide plenty of time for you to work on your basket. It is suitable for beginners and those who already have some experience with weaving. All materials provided.

M	Apr 20	7:00 PM-9:00 PM	\$10/1 sess
617408			

Japanese Vegan Pudding for Everyone**19+ yrs | Sakura Nanami**

Perfect for vegans and non-vegans alike! Join Chef Sakura to learn her delicious, egg-free, and gelatin-free pudding recipes. Discover the secret binding power of Japanese agar agar and kuzu to make healthier vegan desserts more affordable than buying out. Watch the demo and taste three samples: Chocolate, Matcha, and Kabocha.

Tu	Jun 09	7:00 PM-9:00 PM	\$10/1 sess
616287			

Japanese Vegetarian Curry from Scratch**19+ yrs | Sakura Nanami**

Enjoy a fresh curry without the MSG or oxidized oils found in instant roux. Discover how to create a vibrant, handmade sauce from scratch?the perfect way to use up a summer garden surplus of kale, leafy greens, and tomatoes. Learn a method as easy and delicious as using instant roux. Experience the joy of garden-fresh cooking!

Tu	Aug 11	7:00 PM-9:00 PM	\$10/1 sess
616289			
Th	Aug 13	7:00 PM-9:00 PM	\$10/1 sess
616290			

Natto Reimagined: The Japanese Superfood Tasting**19+ yrs | Sakura Nanami**

Join Vancouver's first-ever(?) natto tasting seminar! Discover natto for ultimate anti-aging and health. Our Japanese veggie chef Sakura demonstrates delicious traditional and creative fusion recipes that reduce the unique scent and texture to be tasty. Prefer no slime? Try the Indonesian alternative, Tempeh. Experience the power of fermented soybeans in our beautiful summer garden to stay healthier and forever young-looking.

Tu	Jun 02	7:00 PM-9:00 PM	\$10/1 sess
616288			

Planning a Year-Round Garden**19+ yrs | Lisa Patterson**

If you plan on planting right, you can plant now to eat through the summer, well into the fall and even into the winter with some crops. Learn what you can do to maximize your year-round harvest and take home some seeds you can plant now.

Sa	Jun 27	12:30 PM-2:30 PM	\$5/1 sess
616286			

Spring Garden Planning**19+ yrs | Lisa Patterson**

Join us to learn about what you can plant in your garden now. We will cover soil temperature, why crops bolt, what works best in our climate and why we wait to plant certain crops. We will have seeds to share!

Sa	Apr 18	12:30 PM-2:30 PM	\$5/1 sess
616285			

TPP Vegetarian Passport**19+ yrs | Chef Karen**

Join Food Educator and Chef Karen Curtis on a vegetarian journey. With a focus on vegetarian cuisine, you will learn how to maximize your food budget while cooking tasty, good for you vegetarian food from around the world. All the recipes can be made plant based as well! We can share a meal together at the end, and take home leftovers!

Malaysia

W	Apr 08	9:30 AM-11:30 AM	\$10/1 sess
613977			

France

W	May 13	9:30 AM-11:30 AM	\$10/1 sess
613978			

Columbia

W	Jun 10	9:30 AM-11:30 AM	\$10/1 sess
613979			

Visible Mending**19+ yrs | Yoko Tomita**

Refresh your favourite clothing and add new textures in a creative way using visible mending. Take the opportunity to socialize with neighbours by renewing your clothing with Sashiko (Japanese visible straight stitching) embroidery. Bring your own piece of clothing that you would like to upcycle! Other materials will be provided.

F	Jul 24	6:00 PM-8:00 PM	\$10/1 sess
617409			

Courses marked **TPP** take place at
Templeton Park Pool

Dance

Line Dance with Winnie

60+ yrs | CCA Volunteer

Come join Winnie Lui and have fun learning the latest dance steps in this energetic recreational class. No need for a partner all ability levels are welcome. Join this high spirited class and enjoy the social, fitness, and health benefits. Drop-in spots open at 1 pm.

M Apr 13-Jun 15 1:30 PM-3:00 PM
612274 \$18.9/9 sess

TPP Xinjiang Vancouver Dancing Group

50+ yrs | Alisha

Traditional Xinjiang dancing is famous for its elegant and unique moves such as neck-shifting, wrist-turning, fast rotation as well as it's vibrant energy, lively music, colourful costumes. The dances display a style of passion and delicacy. Xinjiang dances is seen as a symbol of resilience and pride. Drop-in \$3.00, space permitting.

Th F Apr 09-Jun 19 3:00 PM-4:00 PM
614113 \$25/22 sess

Fitness

Older Adult Fitness

50+ yrs | Kelly Howatson

This exercise program integrates all components of physical fitness: strength, endurance, flexibility and coordination. Weights, bands, and mats and some chair exercises will be incorporated into this one hour class geared toward older adults looking to improve their strength.

Tu Apr 07-Jun 23 10:30 AM-11:30 AM
612278 \$90/12 sess

Th Apr 09-Jun 25 10:30 AM-11:30 AM
612279 \$90/12 sess

Seniors Out Trips

60+ yrs | Artie

Day trips consist of fun outings with other seniors and let you become a local tourist! Our adventures have us exploring, learning and having a magical time in and around Vancouver!

SPRING JAM

Tulip Festival + Honey Store

Tu Apr 14 9:30 AM-3:00 PM
612296 \$25/1 sess

Amazon Tour

Tu May 12 9:30 AM-3:00 PM
612368 \$25/1 sess

Kensington Farm

Tu Jun 16 9:30 AM-3:00 PM
612369 \$25/1 sess



SUMMER JAM

Whistler

Tu Jul 07 9:00 AM-4:30 PM
614763 \$50/1 sess

Granville Island

Th Jul 09 9:30 AM-1:30 PM
614767 \$20/1 sess

Harisson Hot Springs

Tu Jul 14 9:00 AM-4:30 PM
614784 \$50/1 sess

Firehall Tour+

Th Jul 16 9:30 AM-1:30 PM
614785 \$20/1 sess

Adventures in Langley

Tu Jul 21 9:00 AM-4:30 PM
614790 \$50/1 sess

CSPAN Shipyards

Th Jul 23 9:30 AM-1:30 PM
614792 \$20/1 sess

Hope + Othello Tunnels

Tu Jul 28 9:00 AM-4:30 PM
614796 \$50/1 sess

Deep Cove Day

Th Jul 30 9:30 AM-1:30 PM
614799 \$20/1 sess

Adventures in Mission

Tu Aug 04 9:00 AM-4:30 PM
614801 \$50/1 sess

BC Sports Hall of Fame

Th Aug 06 9:30 AM-1:30 PM
614803 \$20/1 sess

Grouse Mountain

Tu Aug 11 9:00 AM-4:30 PM
614805 \$50/1 sess

Roedde House Museum

Th Aug 13 9:30 AM-1:30 PM
614806 \$20/1 sess

Golden Ears Provincial Park

Tu Aug 18 9:00 AM-4:30 PM
614807 \$50/1 sess

Richmodn Bee Farm

Th Aug 20 9:30 AM-1:30 PM
614809 \$20/1 sess

Bowen Island

Tu Aug 25 9:00 AM-4:30 PM
614810 \$50/1 sess

UBC Museums

Th Aug 27 9:30 AM-1:30 PM
614812 \$20/1 sess

Courses marked **TPP** take place at
Templeton Park Pool

Please note: Adult & Older Adult
programs are subject to GST.

Social

Ballroom Social Dance

60+ yrs | Ronnie Yin Hui

Come with friends or meet new ones and dance together. No partners required. This is a non-instructional, drop-in social dance program. Register to reserve a spot. \$3.15/drop-in or \$21/10 Visit Pass

F Apr 10-Jun 19 1:45 PM-3:45 PM
612262 \$3.15/Drop-in

Chinese Seniors Pop Karaoke

50+ yrs | TBA Instructor

A social program designed for Chinese speaking seniors from the neighbourhood. \$3.15/drop-in or \$21/10 Visit Pass.

Th Apr 09-Jun 11 12:00 PM-4:00 PM
612263 \$3.15/drop-in

Games Room Drop-In

19+ yrs | Non Instructional

Adults 19+ can drop-in to play pool, foosball, watch TV, or play table tennis. Games Room availability is subject to change without notice. Closed July & August.

M Tu W Th F Apr 01-Jun 26 9:00 AM-2:30 PM
612438 \$1/drop-in

Lunch and Learn + Bingo

60+ yrs | TBA Instructor

Come have lunch, learn, and then play bingo with us! The day starts off with a 45-minute nutritional workshop with a certified nutritionist, followed by lunch that is being prepared in the kitchen, followed by several rounds of bingo (including prizes!).

M Apr 13 11:30 AM-1:30 PM
612451 \$5/1 sess
M May 11 11:30 AM-1:30 PM
612275 \$5/1 sess
M Jun 8 11:30 AM-1:30 PM
612276 \$5/1 sess

FREE Mah Jong - Drop-in

55+ yrs | No Instructor

Come play Mah Jong! No cost, drop-ins welcome! Equipment provided.

F Apr 10-Jun 19 10:00 AM-3:00 PM
612277 Free

FREE Seniors Painting - Drop In

60+ yrs | No Instructor

This is a non-instructional space for folks to drop-in and paint. No supplies provided.

W Apr 08-Jun 17 10:00 AM-1:00 PM
612295 Free

Sports

PLEASE NOTE: Spots will be held for registered participants for the first 10 minutes; after this time, spots will be sold to drop-in players. In the event that you are unable to attend any particular session your registered spot is non-transferable. Please call us if you are unable to attend your registered session at 604-718-6222. Drop-in waitlist starts 10 minutes prior to the activity start time on the day of (in-person only, no phone calls accepted). Drop-in \$4.20, space permitting.

Pickleball - Beginner Play

60+ yrs | Non Instructional

Get active on the court with Pickleball. This sport combines elements of badminton, tennis and table tennis. It is a fun and easy to learn sport which will have you coming back for more! No guaranteed drop-ins.

Drop-in is \$4.20, space permitting

Set One

F Apr 10-May 15 9:15 AM-11:05 AM
612280 \$22.08/6 sess

Set Two

F May 22-Jun 26 9:15 AM-11:05 AM
612281 \$22.08/6 sess

Pickleball - Intermediate Play

60+ yrs | Non Instructional

Get active on the court with Pickleball. This sport combines elements of badminton, tennis and table tennis. It is a fun and easy to learn sport which will have you coming back for more! Maximum of 24 players.

Please, check the Sunday and Monday option for Beginner Play. Drop-in is \$4.20, space permitting

Set One

W Apr 08-May 13 10:30 AM-12:30 PM
612282 \$22.08/6 sess

F Apr 10-May 15 11:15 AM-1:05 PM
612283 \$22.08/6 sess

Set Two

W May 20-Jun 24 10:30 AM-12:30 PM
612285 \$22.08/6 sess

F May 22-Jun 26 11:15 AM-1:05 PM
612286 \$22.08/6 sess


Joins us for Seniors' Week!

Join us for Seniors Week June 1-7, 2026 when we recognize our seniors & their contributions to our community! Please check vancouver.ca for special events & programs happening this week.



Fitness Centre Hours of Operation

APR 1-JUN 27, 2026

MONDAY TO FRIDAY	SATURDAY	SUNDAY	HOLIDAYS
6:00 AM - 9:45 PM	9:00 AM - 4:45 PM	10:00 AM - 2:00 PM	Apr 3, 6, May 18 10:00 AM-2:00 PM
 JUN 28-AUG 30, 2026 Closed Aug 31-Sep 7.			
MONDAY TO THURSDAY	FRIDAY	SATURDAY TO SUNDAY	HOLIDAYS
6:00 AM - 9:45 PM	6:00 AM - 4:45 PM	10:00 AM - 2:00 PM	Jul 1, Aug 3 10:00 AM-2:00 PM

* Hours subject to change.

Fitness Centre Passes

Passes are non-transferable and non-refundable. Patrons may receive one extension per calendar year from 2 weeks up to 3 months due to illness, injury or travel.

*Discounted Fees

Youth (13-18 years), Older Adults (60+) years, and Leisure Access Card holders receive a 50% discount on monthly passes. Students currently attending school full-time receive a 25% discount on passes. Adult students must present course transcript that they are currently taking a minimum of 3 courses at a local post-secondary institution that is listed with the Hastings Community Centre (UBC, SFU, Langara, Capilano, Douglas, and others - full list available at the Front Office).

Fitness Centre Early Entry

Mon – Fri 6:00 AM-9:00 AM

Due to the City of Vancouver Park Board cash compliance policy, cash cannot be accepted for early morning entrance to the fitness centre. Entrance to the Fitness Centre during these hours is restricted to only monthly or 10 visit pass holders. If you intend to work out during these hours, please purchase a pass during regular office operating hours.

Fitness Centre & Cardio Room

- Large selection of Lifefitness and Hammer Strength Pin-Select, Cable and plate-load machines
- Large selection of free weights
- Physio balls & medicine balls
- Body bars
- Bosu balls & balance boards
- Cardio Room
- Concept 2 Rowing Machine
- Elliptical trainers
- Upright and recumbant computerized bikes
- Treadmills
- Power Step Mill
- Keiser Spin Bike
- Precor AMT

Fitness Centre Etiquette

- Respectful behaviour, following Making All Recreation Safe (M.A.R.S.) guidelines
- Follow posted signage
- Chalk use not permitted

Orientation for Youth (13-16 yrs)

A free orientation is recommended but not mandatory. Pick up a health screening and parental/guardian consent form from the main office. Once your form is completed, please call 604.718.6222 to book your appointment.

Fitness Attendants on Duty

Monday - Friday 6:00 AM-9:45 AM
Tue 3:30 PM-7:30 PM
Wed 3:30 PM-6:30 PM
Fri 3:00 PM-8:00 PM

Note: No attendants on duty Saturday or Sunday.

Scovia Maeko BCRPA Certified Weight Training Leader
Romeo Mele BCRPA Strength Training, Exercise to Music, Personal Training, Special Core Stretching Certificate, Sports Specific Training Certificate

Personal Training

19+ yrs | Scovia Maeko

Need motivation or fitness expertise to reach your health and fitness goals? Book a one hour session with one of our seasoned trainers! Training is held in the Fitness Centre. Please call 604.718.6222 to talk to a trainer first. No refunds or credits.

External Rehab Trainers

Hastings Community Association will only accept external rehabilitation specialists registered with the Vancouver Park Board. Contact cov.fitness@vancouver.ca

FITNESS CENTRE FEES			
	Adult	*Discounted Fees	
	19-59 yrs	Youth 13-18 & Adults 60+	Students 19+
Drop-In	\$5.48	N/A	N/A
10 visits	\$49.32	N/A	N/A
1 month	\$48.30	\$24.15	\$36.25
3 months	\$96.60	\$48.30	\$72.45
1 year	\$296.58	\$148.29	\$222.45
<i>All passholders and drop-in have the option to obtain a HCA membership. Prices listed do not include GST.</i>			

RACQUETBALL DROP-IN		
Single Booking (45 mins)	Adult	Youth/Adults 65+
Prime time	\$10.78	\$7.58
Non-Prime time	\$7.19	\$5.00
Single Player	\$5.40	\$3.84
10-Court Strip	Adult	Youth/Adults 65+
Prime-Time	\$97.48	-
Non-Prime time	\$64.56	-
<i>Prime time: After 3:00pm weekdays and all day weekends Prices listed do include GST. Prices subject to change.</i>		

welcome to...
**TEMPLETON
PARK POOL**

Location

700 Templeton Dr., Vancouver, BC
Phone: 604-718-6252

Hours Of Operation Page 3

The office closes 15 minutes prior to the facility schedule and there is no entry to the pool.

Something for everyone!

- Templeton Park Pool offers a variety of programs in and out of the water!
- Main pool (25 m) with slide, rope and 1m diving board
 - Warm shallow pool & tot pool
 - Universal changeroom available for everyone
 - Dry cedar sauna and whirlpool, available during all swim sessions
 - Fitness Centre – air conditioned
 - Swim programs for all ages and levels
 - Recreational programs and fitness classes offered
 - Activity room with kitchen available to rent for birthdays or events (templetonparkpool@vancouver.ca)
 - New outside running track and playground

Accessibility Features

- Accessibility lift
- Portable pool stair case
- Shower wheelchair
- Universal change area
- Hand held showers
- 2 designated parking spaces

Leisure Access Program (LAP)

The LAP provides Vancouver residents who are in financial need with basic recreation opportunities. Ask at any Pool or Community Centre office for more information on how to apply.



Online Schedule/Website:

<https://vancouver.ca/parks-recreation-culture/templeton-pool.aspx>

Admission Policy for Children

Children under 8 years of age must be within arms' reach of a responsible person at least 16 years of age. Infants & strollers cannot be left unattended on the pool deck. For groups with children, the following ratios apply:

- 1 adult: 10 children 8 years old and older
- 1 adult: 3 children 7 years old or younger

*Please call ahead to ensure we can accommodate your group.

Fitness Centre 13 + yrs

A small but functional fitness centre. Please wear proper work out attire and leave your bag in the lockers provided. Cardio equipment is limited to 30 minutes; all other equipment is 20 minute limit; no sign up required, please share equipment. Shoes attached at the heel must be worn in the Fitness Centre - no bare feet or slippers. 8 cardio equipments and various strength machines.

Rentals



Pool Rentals

Rent the Teach Pool or the Main Pool outside of our facility's operating hours for your own private function. Prices are PB standard fees and include two lifeguards.

Teach Pool \$91.11/ hour
Main Pool \$291.82/hour



Room Rentals

Rent the Activity Room for meetings and small social gatherings. Features a hardwood floor, opens on to the playground and has an adjoining kitchen. Max capacity is 80 people. Room size is 27' x 46'.

Activity Room \$38.60/hour
+\$100 damage deposit

Please email templetonparkpool@vancouver.ca to enquire about available dates.

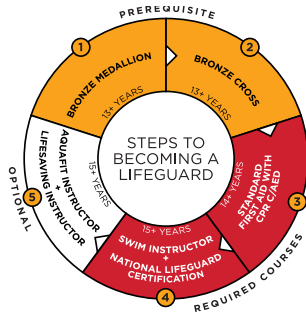
Hastings Community Association Programs at Templeton Park Pool Activity Room Schedule

Please see program description for exact dates and times.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Core Circuit Training 8:30 AM-9:30 AM	Mother Goose Toddler 1:00 PM-1:45 PM Baby 2:00 PM-2:45 PM	Core Circuit Training 8:30 AM-9:30 AM	Adventures in Music 10:30 AM-11:15 AM 11:30 AM-12:15 AM	Excelleration Tri Club 8:00 AM-12:00 PM
	Tai Chi 12:00 PM-2:00 PM		Tai Chi 12:00 PM-2:00 PM	Xin Jiang Dance 2:00 PM-4:00 PM	Little Ballerinas 12:15 PM-1:00 PM 1:05 PM-1:50 PM
Excelleration Tri Club 4:30 PM-6:30 PM		Excelleration Tri Club 4:30 PM-6:30 PM	Xin Jiang Dance 3:00 PM-5:00 PM	Excelleration Tri Club 4:30 PM-8:00 PM	Hip Hop Breakers 1:55 PM-2:40 PM
Tai Chi 7:00 PM-9:00 PM		Tai Chi 7:00 PM-9:00 PM	Creative Hatha Flow Yoga 6:45 PM-8:00 PM		

Summer Break Camps See page 23

VANCOUVER Aquatics Academy



Vancouver Aquatics Academy is a lifeguard and swim instructor training program where Aquatics staff foster positive, long-term relationships with swim lesson participants in Vancouver facilities and their families, swim club members, and community members showing interest in these roles. This program aims to educate on the advantages of being a lifeguard and the positive impact this role has within a community and for the development of life skills.



Scan the QR code for more information about lifeguarding, certification, and course dates or to apply.



Junior Lifeguard Club

Prerequisites: Swim 7 & or 9-12 years old, Roll into Deep Water/ Tread Water 1 minute and Swim 50 meters/2 lengths of the pool

Junior Lifeguard Club (JLC) stresses fun and aquatic skill development based on personal-best achievement. Building on skills they have from swimming lessons, JLC members work to develop and improve swimming and other aquatic skills with emphasis on swim and lifesaving knowledge, leadership and teamwork, community education, competition, and personal fitness.

National Lifeguard Pool (Pool)

Prerequisites: Bronze Cross, Standard First Aid, 15 years old

The Lifesaving Society's NL Pool is a demanding program designed to develop the fundamental values, judgement, knowledge, skills, and fitness required by professional lifeguards. NL Pool is worth two Grade 12 credits.



Bronze Medallion

Prerequisite: Bronze Star or 13 years old

Teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill and fitness. Rescuers learn advanced lifesaving techniques for challenging rescues of increased risk involving conscious and unconscious victims in varying water depths.

Bronze Cross

Prerequisite: Bronze Medallion

Designed for lifesavers who want the challenge of more advanced training, including an introduction to safety supervision. As the Lifesaving Society's Assistant Lifeguard program, Bronze Cross hones judgment, knowledge, skill and fitness to prepare candidates for success in National Lifeguard (NL) and instructor certifications. It is also worth two Grade 11 credits.

Two Spirit, Trans, and Gender Diverse Swim

Templeton is proud to host a weekly session for Two Spirit, trans, and gender diverse (2STGD) folks to have exclusive use of the pool and fitness centre. All ages and abilities welcome. We also offer swim lessons during this session exclusively for 2STGD folks. For times & days or other information, please email 2STGD@vancouver.ca.



Aquafit

The majority of aqua-fit spaces will be pre-registered with some spaces held for drop-in. Registration open 3 days in advance, starting at noon. Register for one session at a time. Online refund is possible as currently available. **Classes may be cancelled due to staffing.*

Tu/Th

9:30 AM-10:30 AM

Swim Boot Camp (19+ yrs)

Challenge your stamina and strength with fast paced swimming drills combined with a high intensity dry land body-weight workout. Using interval training techniques, this program is designed to progressively enhance your muscle tone and endurance. This is a great program to enhance fitness or prepare for a triathlon. Requirements: Be able to swim 400 metres continuously at a pace of 1 minute and 15 seconds per 50 meters, or better. Registration only, no drop-ins.

Tu	Mar 31-Jun 16	6:45 PM-8:00 PM
Th	Apr 02-Jun 18	6:45 PM-8:00 PM

Excelleration



Excelleration is a youth-focussed triathlon club. Participants are taught to improve their swimming, biking, and running skills. In our Adventure Tri & Kids of Steel programs, the initial focus is on the development of fundamental sport and movement skills, which provide a basis for lifelong participation in sports. **Must have completed Swimmer 3 or Swim 25 meters of the pool independently.** **Spring Registration: Sat Mar 7, 9 AM**

How to Register:

Register online or in-person/phone at Hastings Community Centre. For program descriptions and information, please visit their website www.ExcellerationTriClub.ca or scan the QR code below.



Registration

Registration for swimming lessons is on-going. We run swim lessons 4 times a year: spring, summer, fall and winter. You can register online or in-person for the next available set of lessons. We open more lessons based on waitlists and pool space.

SPRING LESSONS:
March 17 at 7:00 PM

Swimming Assessments

If you are unsure of which level to register in, we offer swim assessments during our public swims. If your child is under 8 years, we require a parent/guardian to assist in the water during the assessment. Children registered in appropriate level will be moved to the proper level if space is available or refunded from the lesson. Call the front desk for best times to come in for an assessment at 604.718.6252.

Swim Lesson Refunds & Cancellations

- Full refund five days or more prior to program start.
- Partial refund within four days of program start or before second class.
- No refund after second class.
- No refunds on single session programs.
- Transfers are possible prior to second class the same administrative fees and policy for refunds apply to class transfers.
- *Refunds from Debit card payment must be done in person. Customers have the option to refund to PB account or by PB cheque.*



Lifesaving Society Swim for Life®

Parent and Tot (4 mo-3 yrs)

Swim for Life Parent and Tot structures in-water interaction between parent/caregiver and child to stress the importance of play in developing water-positive attitudes and skills. Based on the principle "Within Arms Reach", these classes focus on close playful interaction and shared fun between child, parent and water. Activities and progressions are based on child development allowing parents to register in the level appropriate for their child's age: Jellyfish (4-12 mo), Goldfish (12-24 mo), or Seahorse (2-3 yrs).



Preschool Program (3-5 yrs)

The Swim for Life Preschool Program gives children a head start on learning to swim. They'll have fun developing the basics to be safe and confident little swimmers. Water Smart® education is part of every Preschool level. There are 5 levels: Octopus, Crab, Orca, Sea Lion, Narwhal



Swimmer 1-6 (5-16 yrs)

Swim for Life Swimmer levels make sure your child learns how to swim before they get in too deep. Each level challenges school aged children 5 years and older to develop safe entries, deep water support, underwater skills, and swimming strokes. Kids learn everlasting healthy habits by getting and staying fit. Swimmer levels include fun, hands on teaching activities that focus on teaching water safety — lessons that will last a lifetime!

Swimmer 7-9 (Canadian Swim Patrol) (8-16 yrs)

Canadian Swim Patrol provides enriched training for young swimmers who are ready to go beyond learn-to-swim with introduction to water proficiency, first aid and recognition and rescue skills. They are the springboard to lifesaving, lifesaving sport and lifeguarding!



Adult and Teen Program (12+ yrs)

Whether you're just starting out or just want help with your strokes, the Adult and Teen swim program is for you no matter what your age! Work with certified instructors to learn to swim or improve your current swimming ability and fitness. You'll develop confidence in the water and smooth, recognizable strokes. You'll be able to set your own goals in consultation with your instructor. There are 3 levels.

Private / Semi Private Swim Lessons (3+ yrs)

Work at your own pace with a qualified instructor, one-on-one or one-on-two for a set of lessons to improve specific skills. Each lesson is 30 minutes in duration. Semi Private Lessons must be within a skill level apart at a maximum.

Adapted Swim Lessons

Lessons for people with disabilities who have been challenged in mainstream lessons. Please contact access.services@vancouver.ca for registration package and information.

Spring Lessons March 31-June 21

Spring Lesson Registration: Tuesday, March 17 at 7 PM

Please visit website to view levels, dates and times of lessons being offered one week prior to registration. Please put your name on a waitlist. We may offer /open more lessons through the season.

*No swim lessons Apr 03-06 and May 16-18

Hastings Community Centre Presents

HASTINGS SUMMER FUN EVENT

FREE

SUNDAY, JULY 5TH
11AM-2PM

FACE PAINTING, FIRE TRUCK
VISIT, GAMES, COMMUNITY
POLICE, YOUTH BBQ, ARTS +
CRAFTS AND MORE!!!

BEHIND HASTINGS CC ON THE
GRASS FIELD (WEST SIDE)



Hastings Community Centre
604-718-6222 hastingscc.ca

