

RAYCAM COOPERATIVE CENTRE

FALL 2025

PROGRAM GUIDE



**REGISTRATION
OPENS**
August 20, 2025
10:00am in-person

920 EAST HASTINGS STREET
VANCOUVER, BC V6A 3T1

604-257-6949
raycamcc@vancouver.ca

We're grateful to come together on the traditional, ancestral and unceded territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and səlilwətał (Tsleil-Waututh) Nations.

ABOUT RAYCAM

RayCam Cooperative Centre is located in the Downtown Eastside/Strathcona/Hastings Corridor of the inner city of Vancouver. RayCam opened its doors in 1976 through the effort of area residents, the City of Vancouver and CMHC. The Centre provides a wide range of services and outreach programs for community residents.



We are jointly operated by two Associations with volunteer Boards of Directors who live in the community. The Board works in partnership with The City of Vancouver, The Vancouver Board of Parks and Recreation and The British Columbia Housing Management Commission.

RayCam Cooperative Centre is a centre for the young and old, providing recreational and social activities where new skills can be learned. We provide youth, family and mutual support services and we operate a Licensed Daycare for 3 to 5 year old children and Licensed Out Of School Care for school aged children. We are a place where old friends meet and where new friends are made. We have a full sized gym, a games room, after school programs, evening programs, a senior's lounge and family programs.

Through strategies and partnerships RayCam builds capacity and provides a place for community to come together ensuring community voices are heard.

INFORMATION

Cooperative Centre

Monday to Friday	9:00 AM - 9:00 PM
Saturday	9:00 AM - 5:00 PM
Sunday	Closed
Statutory Holidays	Sept 30 Dec 25 Oct 13 Dec 26 Nov 11

^Subject to change without notice.

Fitness Centre

Monday to Friday	9:00 AM - 8:45 PM*
Saturday	9:00 AM - 4:45 PM*
Sunday	Closed
Statutory Holidays	Sept 30 Dec 25 Oct 13 Dec 26 Nov 11

*A OneCard is required and scanned at front desk before entry. Last entry into Fitness Centre is 30 minutes before its closing time.

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Registration

Programs are viewable online at www.vanrec.ca

Registration is In Person or by Phone only.
No Online Registrations.

Fall 2025

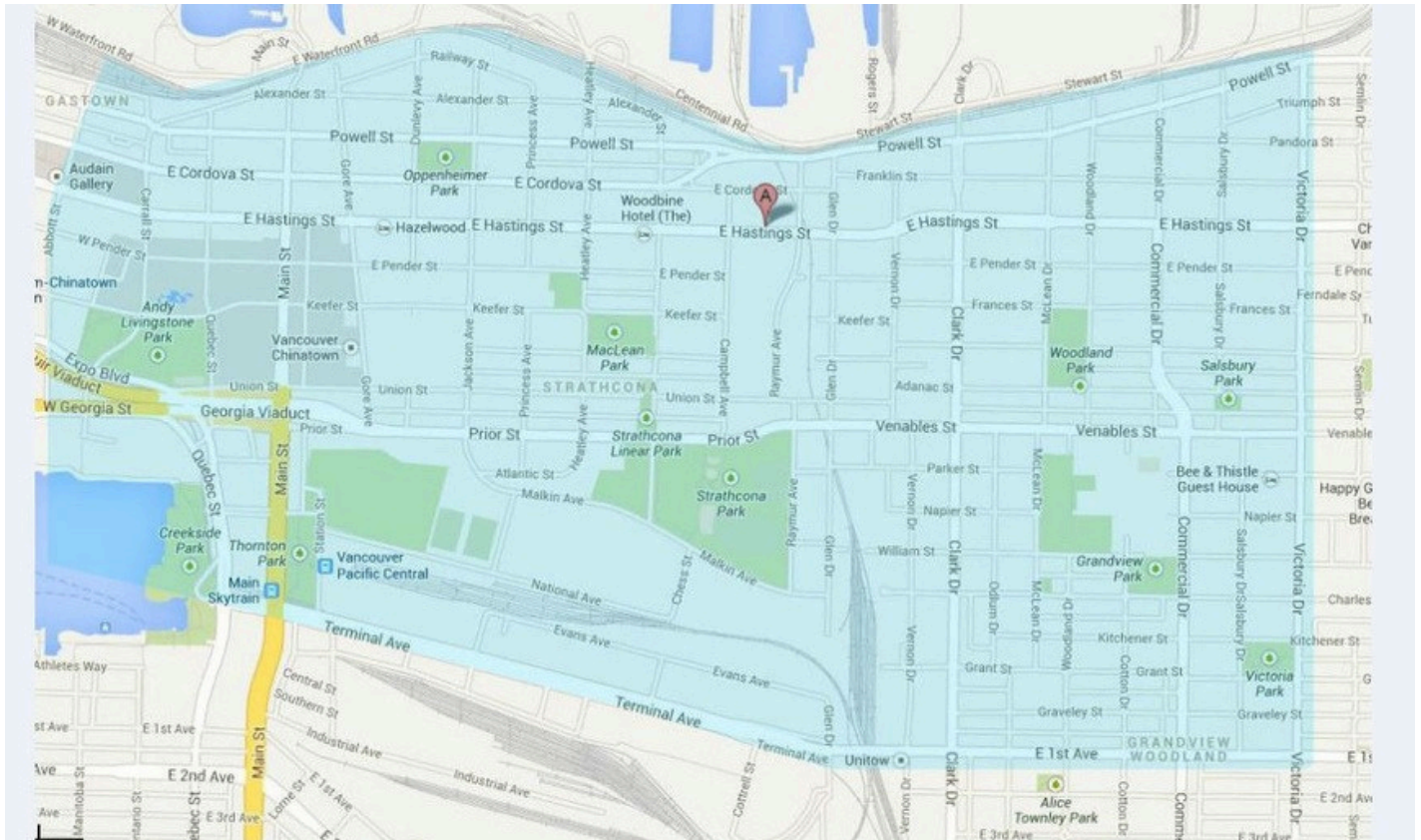
Wednesday, Aug 20th 10AM

The following programs are run by the RayCam Cooperative Association. Please refer to their website for details and registration: www.raycamcooperative.com

1. Licensed Childcare

3. Early Years and Family Support Programs

RAYCAM IN-CATCHMENT



All programs at RayCam Cooperative Centre are free of charge for residents living in the Downtown Eastside catchment. All programs require a RayCam Membership loaded onto a OneCard and registration.

RAYCAM COOPERATIVE CENTRE KIDS AND YOUTH PROGRAM ATTENDANCE COMMITMENT

Welcome to RayCam!

We're so excited to have you join our barrier-free, no-fee programs! These activities are made just for you — a place to learn, play, create, and connect with friends — at no cost to your family.

Because spots are limited and we want every child to enjoy these opportunities, we ask for your commitment to attend regularly once you register.

Why Showing Up Matters

- Your spot is special — when you attend, you're making the most of a program built just for you.
- We grow together — many activities build from week to week, so each time you join, you add to the group's progress.
- We're a team — your energy and ideas make the program better for everyone.

Our Attendance Guidelines

1. Commitment: Please register only if you can attend most sessions.
2. If You Can't Make It: Let us know in advance so another child can enjoy your spot that day.
3. Waitlist Policy: Missing 2 sessions without notice may mean your space is offered to someone on the waitlist.
4. Special Days: We often have surprise activities, guest leaders, or treats — you won't want to miss them!



Your Role in Keeping RayCam Awesome

- Arrive on time and ready to join in.
- Be a positive teammate and encourage others.
- Share your ideas — we love planning activities you're excited about.
- Help keep our space fun, safe, and welcoming for everyone.

CHILDREN/PRETEEN (6 - 12)

Sports

Children/Preteen - Red Fox Gym (6-12 yrs)

Red Fox and RayCam have partnered up to do a class in the gym with fun activities such as hoola hoops, pogo sticks, juggling and soccer!

M Sep 8-Dec 15 | 3:30 PM-5:30 PM

582492

Children - Soccer (6-9 yrs)

Dive into the excitement with Children's Soccer, a fun and competitive program for little ones! Sharpen your skills, make new friends, and enjoy the thrill of the game. It's not just soccer; it's an adventure in sportsmanship and teamwork. Ready, set, goal!

W Sep 10-Dec 17 | 6:00 PM-7:00 PM

582502

Preteen - Soccer (10-12yrs)

Dive into the excitement with Preteen Soccer, a fun and competitive program for preteens! Sharpen your skills, make new friends, and enjoy the thrill of the game. It's not just soccer; it's an adventure in sportsmanship and teamwork.

Ready, set, goal!

W Sep 10-Dec 17 | 7:00 PM-8:30 PM

582478

Children/Preteen - RCSL (6-12 yrs)

RCSL (RayCam Soccer League) is a fast paced, exciting in house soccer league with set teams and playoffs! Who will be the best team in 2025/26?!

****Please note that RCSL Runs from September 2025 to June 2026 ****

F Sep 19-Jun 19
3:30 PM-5:30 PM
582474



Children/Preteen - RainCity Basketball (6-12 yrs)

Join RainCity for quick-paced classes for kids aged 6 to 12 with a focus on basketball basics like dribbling, shooting, and teamwork. It's a slam dunk for fun and learning!??

Tu Sep 08-Dec 15 | 3:30 PM-5:00 PM

Children - Floor Hockey (6-9 yrs)

Join our fun floor hockey program for kids ages 6-9! Perfect for beginners and young players, this program teaches essential skills like dribbling, passing, and teamwork in a lively and friendly atmosphere. With enthusiastic coaches and exciting games, your child will make new friends and develop a love for the sport. Grab your stick and get ready for a fantastic time on the floor!

Th Sep 11-Dec 18 | 4:30 PM-5:30 PM
582494

Children/Preteen - SportBall (6-12 yrs)

Score big with sports! Our quick-paced classes for kids aged 6 to 12 focus on multiple sports that are educational, has team spirit, and are a lot of fun!

Th Sep 11-Dec 18 | 3:30 PM-4:30 PM
582491

Children/Preteen - Judo (6-12 yrs)

Step onto the mat and embark on an exciting journey into the world of Judo! Designed for young beginners, our class combines fun with foundational skills in this traditional Japanese martial art. Led by experienced instructors in a supportive environment, kids will learn basic techniques like throws, pins, and holds, fostering confidence, discipline, and physical fitness along the way.

W Oct 22-Dec 17 | 4:15 PM-5:15 PM 582491

CHILDREN/PRETEEN (6 - 12)

Social

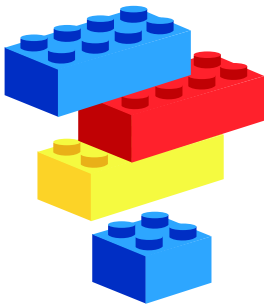
Children - Lego with Reach Education (6-7 yrs)

Using illustrated building instructions, participants use LEGO Technic and electric motors to construct 1 project per session. Participants will be building a variety of gadgets & gizmos that may range from animals, to space, to transportation. All LEGO models are designed for movement.

Sa Sep 20-Dec 13 | 12:00 PM-1:00 PM
582486

(8-10 yrs)

Sa Sep 20-Dec 13 | 1:00 PM-2:00 PM
582505



Preteen - Social Club (10-12 yrs)

Welcome to the Social Club An exclusive hangout for preteens to unwind and kick off the night with gaming, crafts, movies and more!.

Tu Sep 09-Dec 09 | 6:30 PM-8:30 PM
582475

Children/Preteen - Kids Night Movie!

Movie Night just for kids! We'll be showing a fun, family-friendly film on the big screen with popcorn! It's the perfect way to wind down and enjoy a night out with friends

F Oct 24-Oct 24 6:00 PM-8:00 PM
582495

F Dec 19-Dec 19 6:00 PM-8:00 PM
582501

Children - Winter Break Drop-in (6-9 yrs)

Looking for something exciting to do during winter break? Join us at the Community Centre for a variety-packed program full of games, crafts, indoor sports, movie afternoons, and winter-themed activities! Designed for kids of all ages, this drop-in style program is the perfect way to stay active, make new friends, and beat the winter blues. Come for a day or the whole week—every day brings something new!

M, Tu, W, Dec 22-31 | 10:00 AM-12:30 PM
582473

Preteen - Winter Break Drop-in (10-12 yrs)

Looking for something exciting to do during winter break? Join us at the Community Centre for a variety-packed program full of games, crafts, indoor sports, movie afternoons, and winter-themed activities! Designed for kids of all ages, this drop-in style program is the perfect way to stay active, make new friends, and beat the winter blues. Come for a day or the whole week—every day brings something new!

M, Tu, W, Dec 22-31 | 10:00 AM-12:30 PM
582499



CHILDREN/PRETEEN (6 - 12)

Art, Culture & Drama

Children/Preteen - Arts Club Stage Stars! (6-12 yrs)

Dive into the world of drama with the amazing staff from the Arts Club! Its a place for kids aged 6-12 to unleash their creativity! Our weekly sessions are packed with fun activities that encourage self-expression and build confidence.

Tu Sep 09-Oct 27 | 4:00 PM-5:00 PM
582493



Children - Cartooning with Disney Artist (6-9 yrs)

Join us for a Cartooning Workshop led by an artist who's worked with Disney! Come and learn how to put your imagination to paper! For ages 6-9 years who love to draw, dream, and create!

M Sep 15-Oct 27 | 4:00 PM-5:00 PM
582667

M Nov 03-Dec 15 | 4:00 PM-5:00 PM
582671



Preteen - Character Design with a Disney Artist

(10-12 yrs)

Create Characters Like a Pro!

Join a Disney artist for a fun, hands-on Character Design Workshop where you'll learn how to bring original characters to life through shape, expression, and personality. Perfect for aspiring artists of all levels!

M Sep 15-Oct 27 | 5:15 PM-6:15 PM
582669

M Nov 03-Dec 15 | 5:15 PM-6:15 PM
582672



Arts

Youth - Character Design with a Disney Artist (13-18 yrs)

Create Characters Like a Pro!

Join a Disney artist for a fun, hands-on Character Design Workshop where you'll learn how to bring original characters to life through shape, expression, and personality.

Perfect for aspiring artists of all levels!

M Sep 15-Oct 27 6:30 PM-7:30 PM

582670

Youth - Character Design with a Disney Artist 2 (13-18 yrs)

Create Characters Like a Pro! Join a Disney artist for a fun, hands-on Character Design Workshop where you'll learn how to bring original characters to life through shape, expression, and personality. Perfect for aspiring artists of all levels!

M Nov 03-Dec 15 6:30 PM-7:30 PM

582673



Social

Youth - Youth Lounge Drop-in (13-18 yrs)

Looking for a place to hang out? come to the lounge on Tuesday's and Fridays for games,snacks, and fun with our awesome Youth Team!

Tu/Fri Sep 10-Dec 20 6:00 PM-8:30 PM

583768

Educational

Youth - Level Up (13-18 yrs)

Calling all youth! Level up is on! in this program you will be exposed to new experiences and training to help further your knowledge and skill set

Tu Sep 16-Dec 16 4:00 PM-6:00 PM

582483



Youth - Youth Council (13-18 yrs)

Have a voice, make a difference! Youth Council is a place for young leaders to share ideas, plan events, and take action on issues that matter to them and their community.

F Sep 19-Dec 19 4:00 PM-6:00 PM

582487

Partner - Pathways (13-18 yrs)

Homework help for youth! see Pathways get registered and every Thursday seek help from the amazing support staff!

Th Sep 11-Dec 18 3:00 PM-6:00 PM

Please connect with Pathways Staff for Registration

Youth - Winter Break Drop-in (13-18 yrs)

Looking for something exciting to do during winter break? Join us at the Community Centre for a variety-packed program full of games, crafts, indoor sports, movie afternoons, and winter-themed activities! Designed for kids of all ages, this drop-in style program is the perfect way to stay active, make new friends, and beat the winter blues. Come for a day or the whole week?every day brings something new!

M Tu W Dec 22-Dec 31 10:00 AM-12:30 PM

582500

Sports

NEW

Youth - RVC RayCam Volleyball Club (13-18 yrs)

Bump, set, spike! Join our volleyball program led by qualified trainers from Volleyball BC, who focus on skill development, teamwork, and confidence on the court. Perfect for players looking to learn the game or sharpen their skills in a supportive environment.

F Sep 19-Dec 19 6:00 PM-8:30 PM
582489

Youth - RainCity Basketball (13-18 yrs)

Jump into the game with the Youth basketball program! Perfect your dribbling, master your shot, and play in a friendly, yet competitive environment. Open to all skill levels, this is where future stars are born and friendships are made. Lace up your sneakers and join the fun!

M Sep 15-Dec 15 6:30 PM-8:00 PM
582479



Youth - Open Gym (13-18 yrs)

Drop-In Sports for Youth

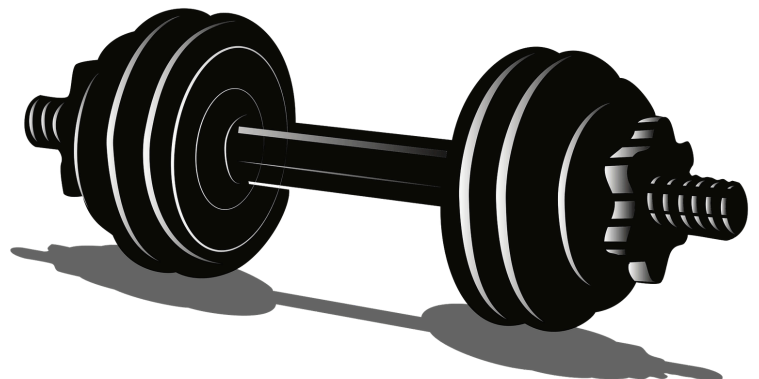
Looking to stay active, make friends, and have fun? Our Youth Drop-In Sports Program is the perfect place to burn off energy, try out different sports, and build teamwork skills in a relaxed, welcoming environment. Whether you're into basketball, soccer, volleyball, or just want to play for fun, all skill levels are welcome

T Sep 16-Dec 16 7:30 PM-8:30 PM
583913

Youth - Gain and Train (13-18 yrs)

Build strength, confidence, and healthy habits! This youth weight training class teaches proper technique, safety, and form while making workouts fun and approachable. Participants will learn how to use free weights and resistance equipment, improve posture, and develop balanced strength ? all in a supportive, small-group environment.

F Sep 19-Nov 14 7:30 PM-8:30 PM
582481



ADULTS & SENIORS (19+)

All Adults and Seniors programs are for participants living in-catchment or have no fixed addresses in the neighborhood

Art, Social, Culture & Environment

Adults & Seniors - Dance Workshops (19+ years)

Want to learn some groovy moves and have fun? Join Kevin Li to learn some fun basic, hip-hop style dancing and finger tutting in the gym! No experience is necessary, please wear active clothing and shoes when attending the program. In-catchment participants only. Gymnasium

- Th Sep 18 1:15 PM-3:15 PM #583678
- Th Oct 16 1:15 PM-3:15 PM #583687
- Th Nov 20 1:15 PM-3:15 PM #583690
- Th Dec 18 1:15 PM-3:15 PM #583695

Adults & Seniors - Tea & Crafts (19+ years)

Join us for a creative sessions of variable arts and crafts, socialization and fun with RayCam staff and NICSS! No experience is necessary.

Th Sep 04 - Dec 18 10:30 AM-12:30 PM Seniors Lounge #572797

Education

Adults & Seniors - Tech Cafe (19+ years)

In partnership between the DTES Literacy Roundtable and UBC Learning Exchange program. Join us if you need help with technology devices and e-accounts needed. Free drop in!

W Sep 03 - Dec 17 1:00 PM-3:00 PM Seniors Lounge #572797

Seniors - Storytelling Circle (55+ years)

In partnership with the Seniors Arts and Health project. Do you have a story you want to share? Come join us every Tuesday with Jim to explore creative and variable stories in a group setting. Seniors living in-catchment are welcome to share input and feedback in a respectful dialogue and safe space. Translation in Cantonese and Mandarin is available. No session on Sept 30 and Nov 11

Tu Sep 16-Nov 18 11:00 AM-1:00 PM Youth Lounge #572823



ADULTS & SENIORS (19+)

All Adults and Seniors programs are for participants living in-catchment or have no fixed addresses in the neighborhood

Sports

Adults - Basketball Drop-in (19+ years)

Drop-in basketball, for adult participants living in-catchment only. **Mandatory for all adult participants to check in at the front desk before entering the gymnasium to play.**

Th Sep 11-Dec 18 6:30 PM-8:30 PM Gymnasium
#582245



Adults & Seniors - Pickleball and Badminton (19+ years)

Join us for our Seniors Badminton & Pickleball Program? Where fun comes first and experience is optional! Whether you're a seasoned pro or have never picked up a paddle, this is your chance to stay active and meet new friends. Please wear appropriate active wear and shoes. In-catchment registered participants only. Please refer to the in-catchment map at the front desk. No session on Oct 13.

M Sep 08-Dec 15 1:00 PM-3:00 PM Gymnasium
#572785



Adults & Seniors - Ping Pong Drop-in (in catchment) (19+ years)

Join our Seniors Ping Pong Program? No experience needed, just a willingness to have a great time! Whether you're a seasoned paddler or have never held a paddle before, this is your chance to enjoy light exercise, laughter, and friendly matches. This program is for in catchment participants only. Please refer to the in-catchment map at the front desk. No session on Dec 27.

Gymnasium

- M Sep 08-Dec 15 10:15 AM-12:45 PM #572789
- Tu Sep 02-Dec 16 1:00 PM-3:30 PM #572792
- W Sep 03-Dec 17 1:00 PM-3:30 PM #572793
- Sa Sep 06-Dec 20 10:00 AM-1:00 PM #572788



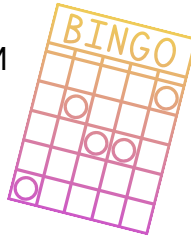
SENIORS (55+)

All Seniors programs are for participants living in-catchment or have no fixed addresses in the neighborhood

Social

Seniors - Bingo (55+ years)

Love playing Bingo? Come join us every Monday morning to play! No experience is necessary! Must register for the program. In-catchment participants only, please refer to the in-catchment map at the front desk. No session on Oct 13.
M Sep 08-Dec 15 10:30 AM-12:30 PM
Seniors Lounge #572801



Seniors - Karaoke (55+ years)

Love singing your heart out? Come join us every Wednesday and sing your favorite songs! No experience necessary! Must register for the program. In-catchment participants only, please refer to the in-catchment map at the front desk.
W Sep 03-Dec 17 10:00 AM-12:00 PM
Seniors Lounge #572803



Out Trips

Registration for Seniors (55+ years) out trips will be open 7 days before the out trip date. All Seniors must fill out a waiver form at the front desk before attending the out trip. Seniors must wear warm activewear clothing and walking shoes during the out trip. Snacks and lunch provided. Out trips are all off-site.

Seniors Out Trip - New Westminster Quay (55+ years)

- **Registration date:** F Sept 5 at 9:00am
- F Sep 12 10:30 AM-3:00 PM
#572811

Seniors Out Trip - Carnegie Center Mid-Autumn Festival (55+ years)

- **Registration date:** Th Sept 25 at 9:00am
- Th Oct 02 11:00 AM-2:00 PM
#572810

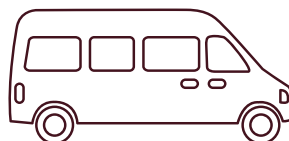


Seniors Out Trip - Science World (55+ years)

- **Registration date:** F Nov 7 at 9:00am
- F Nov 14 11:00 AM-3:00 PM
#572818

Seniors Out Trip - VanDusen Christmas Lights (55+ years)

- **Registration date:** F Dec 5 at 9:00am
- F Dec 12 2:00 PM-7:00 PM
#572820



Partner - Pathways (13-18 yrs)

Homework help for youth! see Pathways to get registered and every Thursday seek help from the amazing support staff! Please connect with Pathways Staff for Registration

Partner- RainCity Basketball (6-17 yrs)

Join RainCity for quick-paced classes for kids aged 6 to 12 with a focus on basketball basics like dribbling, shooting, and teamwork. It's a slam dunk for fun and learning!??

Partner - Rent Bank

The Rent Bank Aims to increase housing stability by providing one-time interest free loans to people in danger of eviction, homelessness, or essential utility cut-off due to temporary financial crisis every Thursday from 10am - 1pm

Partner - Richer Clinic

The Richer Clinic Staff work with youth in programs, workshops and one to one meetings with a doctor