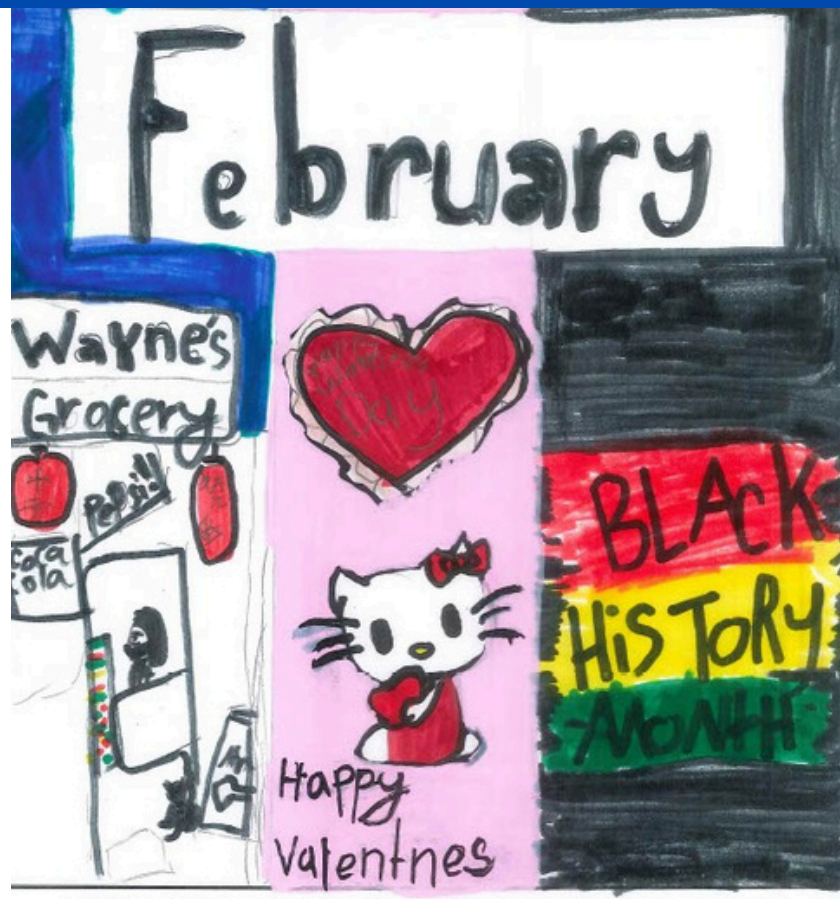


RAYCAM COOPERATIVE CENTRE

Winter 2026 PROGRAM GUIDE



920 EAST HASTINGS STREET
VANCOUVER, BC V6A 3T1



604-257-6949
raycamcc@vancouver.ca

ABOUT RAYCAM

RayCam Cooperative Centre is located in the Downtown Eastside/Strathcona/Hastings Corridor of the inner city of Vancouver. RayCam opened its doors in 1976 through the effort of area residents, the City of Vancouver and CMHC. The Centre provides a wide range of services and outreach programs for community residents.



We are jointly operated by two Associations with volunteer Boards of Directors who live in the community. The Board works in partnership with The City of Vancouver, The Vancouver Board of Parks and Recreation and The British Columbia Housing Management Commission.

RayCam Cooperative Centre is a centre for the young and old, providing recreational and social activities where new skills can be learned. We provide youth, family and mutual support services and we operate a Licensed Daycare for 3 to 5 year old children and Licensed Out Of School Care for school aged children. We are a place where old friends meet and where new friends are made. We have a full sized gym, a games room, after school programs, evening programs, a senior's lounge and family programs.

Through strategies and partnerships RayCam builds capacity and provides a place for community to come together ensuring community voices are heard.

RayCam is grateful to come together on the traditional, ancestral and unceded territories of the x̱wməθkʷəy̱əm (Musqueam), Sḵwx̱wú7mesh (Squamish), and səliłwətał (Tseil-Waututh) Nations.

INFORMATION

Centre Hours of Operation

Monday - Friday	9:00am - 9:00pm^
Saturday	9:00am - 5:00pm^
Sunday	Closed
Statutory Holidays	Closed Feb 16
Spring Break March 16 - March 27	9:00am - 6:00pm^

^Subject to change without notice.

Fitness Room Hours

Monday - Friday	9:00am - 8:45pm
Women's Only Time Monday - Friday	12:30pm - 2:30pm
Saturday	9:00am - 4:45pm
Spring Break March 16 - March 27	9:00am - 5:45pm

*A OneCard is required and scanned at front desk before entry. Last entry into the Fitness Centre is 30 minutes before its closing time.

Registration

Programs are viewable online at www.vanrec.ca

Registration is In Person or by Phone only.

No Online Registrations.

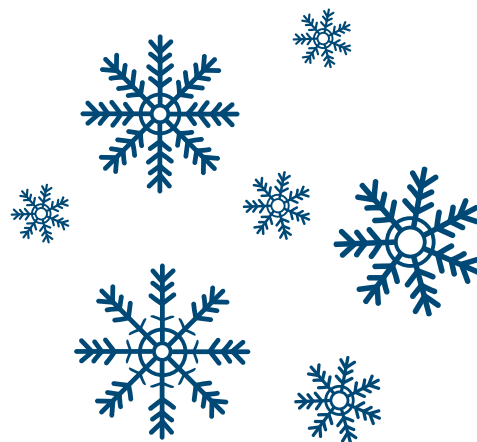
Winter 2026

Wednesday, Dec 10th 10AM



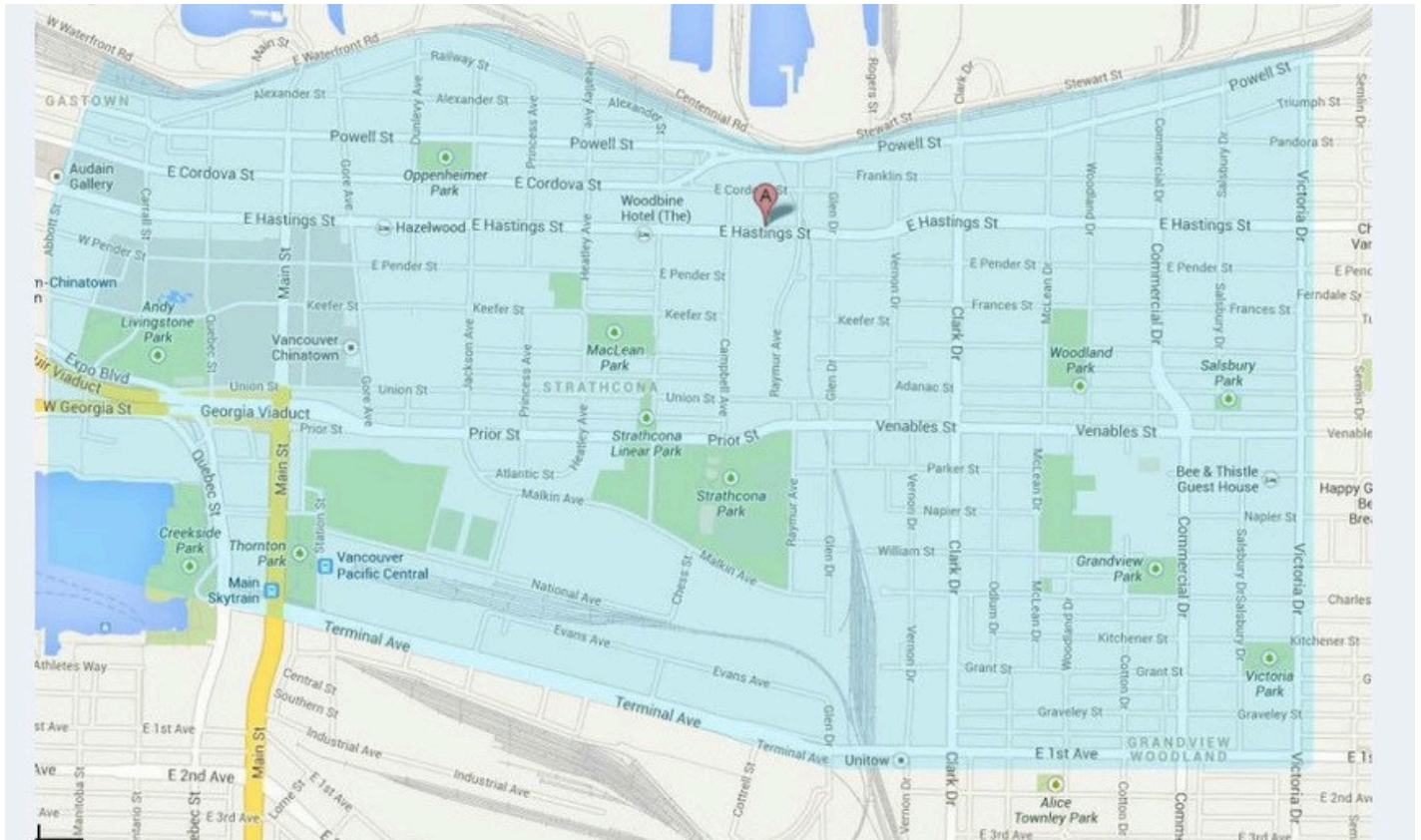
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INFORMATION

RAYCAM IN-CATCHMENT



All programs at RayCam Cooperative Centre are free of charge for residents living in the Downtown Eastside catchment. All programs require a RayCam Membership loaded onto a OneCard and registration.

LICENSED CHILDCARE AND EARLY YEARS

RayCam Cooperative Association runs a number of programs including licensed childcare and drop-in early years programs for parents and tots.

More information for the RayCam Daycare, RayCam Out of School Care, and the Early Years Programs can be found at raycamcooperative.com.



RAYCAM COOPERATIVE CENTRE KIDS AND YOUTH PROGRAM ATTENDANCE COMMITMENT

Welcome to RayCam!

We're so excited to have you join our barrier-free, no-fee programs! These activities are made just for you — a place to learn, play, create, and connect with friends — at no cost to your family.

Because spots are limited and we want every child to enjoy these opportunities, we ask for your commitment to attend regularly once you register.

Why Showing Up Matters

- Your spot is special — when you attend, you're making the most of a program built just for you.
- We grow together — many activities build from week to week, so each time you join, you add to the group's progress.
- We're a team — your energy and ideas make the program better for everyone.

Our Attendance Guidelines

1. Commitment: Please register only if you can attend most sessions.
2. If You Can't Make It: Let us know in advance so another child can enjoy your spot that day.
3. Waitlist Policy: Missing 2 sessions without notice may mean your space is offered to someone on the waitlist.
4. Special Days: We often have surprise activities, guest leaders, or treats — you won't want to miss them!



Your Role in Keeping RayCam Awesome

- Arrive on time and ready to join in.
- Be a positive teammate and encourage others.
- Share your ideas — we love planning activities you're excited about.
- Help keep our space fun, safe, and welcoming for everyone.

CHILDREN/PRETEEN (6 - 12)

Sports

Children/Preteen - Red Fox Gym (6-12 yrs)

Red Fox and RayCam have partnered up to do a class in the gym with fun activities such as hoola hoops, pogo sticks, juggling and soccer!

M Jan 05-Mar 09 3:30 PM-5:30 PM
595479

Children - Soccer (6-9 yrs)

Dive into the excitement with Children's Soccer, a fun and competitive program for little ones! Sharpen your skills, make new friends, and enjoy the thrill of the game. It's not just soccer; it's an adventure in sportsmanship and teamwork. Ready, set, goal!

W Jan 07-Mar 11 6:00 PM-7:00 PM
595480

Preteen - Soccer (10-12yrs)

Dive into the excitement with Preteen Soccer, a fun and competitive program for preteens! Sharpen your skills, make new friends, and enjoy the thrill of the game. It's not just soccer; it's an adventure in sportsmanship and teamwork. Ready, set, goal!

W Jan 07-Mar 11 7:00 PM-8:30 PM
595490

Preteen - RVC RayCam Volleyball Club (10-12 yrs)

Bump, set, spike! Join our volleyball program led by qualified trainers from Volleyball BC, who focus on skill development, teamwork, and confidence on the court. Perfect for players looking to learn the game or sharpen their skills in a supportive environment.

F Jan 09-Mar 13 6:00 PM-8:30 PM
596009

Children/Preteen - RainCity Basketball (6-12 yrs)

Join RainCity for quick-paced classes for kids aged 6 to 12 with a focus on basketball basics like dribbling, shooting, and teamwork. It's a slam dunk for fun and learning!

Tu Jan 06-Mar 10 3:30 PM-5:00 PM
595484

Children - Floor Hockey (6-9 yrs)

Join our fun floor hockey program for kids ages 6-9! Perfect for beginners and young players, this program teaches essential skills like dribbling, passing, and teamwork in a lively and friendly atmosphere. With enthusiastic coaches and exciting games, your child will make new friends and develop a love for the sport. Grab your stick and get ready for a fantastic time on the floor!

Th Jan 08-Mar 12 4:30 PM-5:30 PM
595485

Children/Preteen - SportBall (6-12 yrs)

Score big with sports! Our quick-paced classes for kids aged 6 to 12 focus on multiple sports that are educational, has team spirit, and are a lot of fun!

Th Jan 08-Mar 12 3:30 PM-4:30 PM
595477

Children/Preteen - Judo (6-12 yrs)

Join our fun floor hockey program for kids ages 6-9! Perfect for beginners and young players, this program teaches essential skills like dribbling, passing, and teamwork in a lively and friendly atmosphere. With enthusiastic coaches and exciting games, your child will make new friends and develop a love for the sport. Grab your stick and get ready for a fantastic time on the floor!

W Feb 04-Mar 11 4:15 PM-5:15 PM
595476

CHILDREN/PRETEEN (6 - 12)

Water Sports

RC Swim Kids Level 1 (6-12 yrs)

We are heading to Templeton for Swimming Lessons! Please contact Jason (Youth Programmer) for registration.

Tu Feb 03-Mar 10 3:00 PM-5:00 PM
595493

RC Swim Kids Level 2 (6-12 yrs)

We are heading to Templeton for Swimming Lessons! Please contact Jason (Youth Programmer) for registration.

Tu Feb 03-Mar 10 3:00 PM-5:00 PM
595494

NEW!

Preteen - Swimming Program (10-12 yrs)

Make a splash this season! Our weekly Preteen Swim Program builds confidence, strength, and water safety skills through fun drills, games, and guided practice. Whether they're perfecting their strokes or learning new techniques, swimmers ages 10-12 will stay active, make friends, and enjoy a supportive, high-energy environment in the pool. Dive in and grow every week!

Sa Jan 10-Mar 14 10:30 AM-1:30 PM
595489

Art, Culture & Drama

Children/Preteen - Arts Club Stage Stars! (6-12 yrs)

Dive into the world of drama with the amazing staff from the Arts Club! It's a place for kids aged 6-12 to unleash their creativity! Our weekly sessions are packed with fun activities that encourage self-expression and build confidence.

Tu Jan 06-Mar 10 3:30 PM-5:30 PM
595483



Children - Cartooning with Disney Artist (6-9 yrs)

Join us for a Cartooning Workshop led by an artist who's worked with Disney! Come and learn how to put your imagination to paper! For ages 6-9 years who love to draw, dream, and create!

M Jan 05-Feb 23 4:00 PM-5:00 PM
595478

Preteen - Character Design with a Disney Artist (10-12 yrs)

Create Characters Like a Pro! Join a Disney artist for a fun, hands-on Character Design Workshop where you'll learn how to bring original characters to life through shape, expression, and personality. Perfect for aspiring artists of all levels!

M Jan 05-Feb 23 5:15 PM-6:15 PM
595488

CHILDREN/PRETEEN (6 - 12)

Social

Preteen - Social Club (10-12 yrs)

Welcome to the Social Club. An exclusive hangout for preteens to unwind and kick off the night with gaming, crafts, movies and more!

Tu Jan 06-Mar 10 6:30 PM-8:30 PM
595491

Preteen Workshop - Stay Safe (10-13 yrs)

Offers basic first aid and safety skills for youth 9-13 years old. Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.

Sa Mar 28 - 10:00 AM-4:00 PM
597932

Children\Preteen - Spring Break Drop-in (6-12 yrs)

Looking for something exciting to do during Spring break? Join us at the Community Centre for a variety-packed program full of games, crafts, indoor sports, movie afternoons, and winter-themed activities! Designed for kids of all ages, this drop-in style program is the perfect way to stay active, make new friends, and bring in the Spring Season!

M Th Mar 16-Mar 26 11:00 AM-1:30 PM
595481

Children - Spring Break Outings! (6-9 yrs)

Join us for an action-packed day of fun and adventure at our Spring Break Outings! Designed for children aged 6-9, our class offers exciting activities and out trips. Don't miss out! Register now to secure your spot for a spring break filled with laughter and learning!

Tu Mar 17 - 11:00 AM-3:00 PM
595471

Preteen- Spring Break Outings! (10-12 yrs)

Join us for an action-packed day of fun and adventure at our Spring Break Outings! Designed for children aged 6-9, our class offers exciting activities and out trips. Don't miss out! Register now to secure your spot for a spring break filled with laughter and learning!

Tu Mar 24 - 11:00 AM-3:00 PM
596278



YOUTH (13 - 18)

Educational

Youth - Level Up (13-18 yrs)

Calling all youth! Level up is on! in this program you will be exposed to new experiences! These workshops are resourceful, educational, and fun!

Tu Jan 06-Mar 10 4:00 PM-6:00 PM
595500

Youth - Youth Council (13-18yrs)

Have a voice, make a difference! Youth Council is a place for young leaders to share ideas, plan events, and take action on issues that matter to them and their community.

F Jan 09-Mar 13 4:00 PM-6:00 PM
595505

Social

Youth - Youth Lounge Drop-in (13-18 yrs)

Looking for a place to hang out? come to the lounge for games, snacks, and fun with our awesome Youth Team!

Tu F Jan 07-Mar 14 6:00 PM-8:30 PM
595506

Youth- Spring Break Drop-in (13-18 yrs)

Looking for something exciting to do during winter break? Join us at the Community Centre for a variety-packed program full of games, art, indoor sports, movie afternoons, and out trips!

M W F Mar 16-Mar 27 10:00 AM-12:30 PM
595504



Arts

Youth - Comic Creations with a Disney Artist (13-18 yrs)

Create Characters Like a Pro! Join a Disney artist for a fun, hands-on Character Design Workshop where you'll learn how to bring original characters to life through shape, expression, and personality. Perfect for aspiring artists of all levels!

M Jan 05-Feb 23 6:30 PM-7:30 PM
595495



Youth - Youth Lounge Saturday (13-18 yrs)

Looking for a place to hang out? come to the lounge for games, snacks, and fun with our awesome Youth Team!

Sa Jan 04-Mar 29 10:00 AM-1:00 PM
596231

Youth- Spring Break Outings! (13-18 yrs)

Join us for an action-packed day of fun and adventure at our Spring Break Outings!

- **Tu Mar 17-Mar 17 10:00 AM-4:00 PM**
596306
- **Th Mar 19-Mar 19 10:00 AM-4:00 PM**
596308
- **Tu Mar 24-Mar 24 10:00 AM-4:00 PM**
596307
- **Th Mar 26-Mar 26 10:00 AM-4:00 PM**
596309
- **F Mar 27-Mar 27 11:00 AM-3:30 PM**
597722

YOUTH (13 - 18)

Sports

Youth - Gain and Train (13-18 yrs)

Build strength, confidence, and healthy habits! This youth weight training class teaches proper technique, safety, and form while making workouts fun and approachable. Participants will learn how to use free weights and resistance equipment, improve posture, and develop balanced strength ? all in a supportive, small-group environment. Whether you're new to fitness or looking to take your training to the next level, this class is a great way to boost your energy and feel stronger every week.

F Jan 16-Mar 13 7:30 PM-8:30 PM

595496

Youth - RVC RayCam Volleyball Club (13-18 yrs)

Bump, set, spike! Join our volleyball program led by qualified trainers from Volleyball BC, who focus on skill development, teamwork, and confidence on the court. Perfect for players looking to learn the game or sharpen their skills in a supportive environment.

F Jan 09-Mar 13 6:00 PM-8:30 PM

595503



Youth - RainCity Basketball (13-18 yrs)

Jump into the game with the Youth basketball program! Perfect your dribbling, master your shot, and play in a friendly, yet competitive environment. Open to all skill levels, this is where future stars are born and friendships are made.

Lace up your sneakers and join the fun!

Tu Jan 06-Mar 10 7:00 PM-8:30 PM

595502



Youth - Soccer (13-18 yrs)

Join our Youth Soccer Program where the focus is on movement, teamwork, and having a blast! Kids will stay active, build confidence, and learn the game, all while running, kicking, and smiling their way through each session. No pressure, just plenty of energy, exercise, and excitement!

M Jan 05-Mar 09 6:00 PM-8:00 PM

595501



ADULTS & SENIORS (19+)

All Adults and Seniors programs are for participants living in-catchment or have no fixed addresses in the neighbourhood.

Art, Social, Culture & Environment

Therapeutic Drumming for Health and Well-Being (19+ years)

Drumming is a fantastic tool for wellness on all levels. It regulates the heartbeat, reduces stress, enhances immunity and centres the mind. Drumming together creates community and personal alignment and brings joy, connection and promise to the heart. No experience or instruments necessary - just a willingness to listen. Some instructions on how to release the tones from the drum will be included. BYO drums and/or percussion or use the ones provided.

Tu Jan 06-Mar 31 2:00 PM-3:00 PM
597282

Open Mic with Barb Shaw (19+ years)

Join us for a totally spontaneous, sometimes silly and sometimes heartfelt evening of entertainment offered by YOU and/or your neighbours! The Open Mic at RayCam is a free, monthly gathering (3rd Wednesday) held in the Lobby. Sign up is at 6:30 pm.

W Jan 21-Mar 18 6:30 PM-8:00 PM
597284



Adults & Seniors - Tea & Crafts (19+ years)

Join us for a creative session of variable arts and crafts, socialization and fun with RayCam staff and NICSS! No experience is necessary! Must register for the program. In-catchment participants only, please refer to the in-catchment map at the front desk.

Th Jan 08-Mar 26 11:30 AM-1:30 PM
596482

Adults & Seniors - Learn to Ukulele (19+ years)

Want to learn how to Ukulele? Join Jim Sands to learn how to play Ukulele! For Adults & Seniors living in-catchment only - please refer to the map in brochure or at the front desk.

Th Feb 26-Apr 30 1:45 PM-3:45 PM
596956



Adults & Seniors - Zumba (19+ years)

With music from all over the globe, Zumba® is an exhilarating, effective, easy-to-follow, calorie-burning party that will fuel your love for dance. We encourage all levels and abilities to join us and find the JOY in movement.** No Class March 6 **

F Jan 09-Mar 27 11:00 AM-12:00 PM
597381

RayCam Older Adult Line Dancing (45-99 yrs)

Join other older adults in the community for some freestyle line dancing. This program is non-instructional.

Sa Jan 10-Mar 28 10:00 AM-11:30 AM
595261

ADULTS & SENIORS (19+)

All Adults and Seniors programs are for participants living in-catchment or have no fixed addresses in the neighbourhood.

Education

Adults & Seniors - Tech Cafe (19+ years)

In partnership between the DTES Literacy Roundtable and UBC Learning Exchange program. Join us if you need help with technology devices and e-accounts needed. Free drop in!

W Jan 07-Mar 25 1:00 PM-3:00 PM
596480



RayCam Seniors Story Sharing Circle (55+ years)

In partnership with the Seniors Arts and Health project. Do you have a story you want to share? Come join us every Tuesday with Jim to explore creative and variable stories in a group setting - Seniors living in-catchment are welcome to share input and feedback in a respectful dialogue and safe space. Translation in Cantonese and Mandarin is available.

Tu Feb 17-Jun 2 11:00 AM-1:00 PM
597740



Sports

Adults - Basketball Drop-in (19+ years)

Drop-in basketball, Priority for adult participants living in-catchment. Participants living outside catchment can fill remaining spots. Max 20 participants. No session Feb 26.

Th Jan 08-Mar 26 6:30 PM-8:30 PM
596481

Adults & Seniors - Pickleball and Badminton (19+ years)

Join us for our Seniors Badminton & Pickleball Program, where fun comes first and experience is optional! Whether you're a seasoned pro or have never picked up a paddle, this is your chance to stay active and meet new friends. Please wear appropriate active wear and shoes. In-catchment registered participants only. Please refer to the in-catchment map at the front desk. No session on Feb 16.

M Jan 05-Mar 30 1:00 PM-3:00 PM
596479

Adults & Seniors - Ping Pong Drop-in (in catchment) (19+ years)

Join our Seniors Ping Pong Program. No experience needed, just a willingness to have a great time! Whether you're a seasoned paddler or have never held a paddle before, this is your chance to enjoy light exercise, laughter, and friendly matches. This program is for in catchment participants only. Please refer to the in-catchment map at the front desk. No session on Feb 16.

- **M Jan 05-Mar 30 10:15 AM-12:45 PM #595262**
- **Tu Jan 06-Mar 31 1:00 PM-3:30 PM #595263**
- **W Jan 07-Mar 25 1:00 PM-3:30 PM #595264**
- **Sa Jan 10-Mar 28 11:30 AM-1:00 PM #595265**



SENIORS (55+)

All Seniors programs are for participants living in-catchment or have no fixed addresses in the neighbourhood

Social

Seniors - Bingo (55+ years)

Love playing Bingo? Come join us every Monday morning to play! No experience is necessary! Must register for the program. In-catchment participants only, please refer to the in-catchment map at the front desk. No session on Feb 16.

M Jan 05-Mar 30 10:30 AM-12:30 PM
596491

Seniors - Karaoke (55+ years)

Love singing your heart out? Come join us every Wednesday and sing your favorite songs! No experience necessary! Must register for the program. In-catchment participants only, please refer to the in-catchment map at the front desk.

W Jan 07-Mar 25 10:00 AM-12:00 PM
596492

Out Trips

Registration for Seniors (55+ years) out trips will be open 7 days before the out trip date. All Seniors must fill out a waiver form at the front desk before attending the out trip. Seniors must wear warm activewear clothing and walking shoes during the out trip. Snacks and lunch provided. Out trips are all off-site.

Information on available trips will be out in January!

Stay Tuned!

Tax Clinics

Facilitated by the Community Volunteer Income Tax Program (CVITP). Seniors ONLY can register for an appointment or have the choice to walk in. Free drop in.

- Tu Mar 17 10:00 AM-3:00 PM #597011
- F Mar 20 10:00 AM-3:00 PM #597012
- Tu Mar 24 10:00 AM-3:00 PM #597013
- F Mar 27 10:00 AM-3:00 PM #597015



EVENTS

Events - Eid Mubarak Celebration! (0-100 yrs)

Join us as we come together to celebrate the joyful spirit of Eid! This special event welcomes friends, families, and community members of all backgrounds to share in an afternoon of connection, culture, and celebration.

F Mar 27 5:30 PM-8:00 PM

597861



Youth - Lunar New Year Event for Seniors (55+ yrs)

Seniors Lunar New Year Event - Brought to you by the RayCam Youth Council.

Sa Feb 14 12:00 PM-3:00 PM

597860



Women's Safety Team Workshop (16+ yrs)

A group of dedicated VPD female officers have been increasing women's safety and giving back to the community, as part of the VPD Women's Personal Safety Team since 2013. Their goal is to educate, inspire, and empower women to take ownership of their personal safety.

Th Feb 26 5:40 PM-8:00 PM

594871



Vancouver Police Foundation

Family - Family Night Movie

On the last Friday of every month, join us for a special bonding experience with our Family movie night! This interactive session offers parents and their children to have some popcorn and enjoy a family movie!

- **F Jan 30 6:00 PM-8:00 PM #595473**
- **F Feb 13 6:00 PM-8:00 PM #595472**
- **F Mar 13 6:00 PM-8:00 PM #595474**



PARTNERS

Partner - Pathways (13-18 yrs)

Homework help for youth! see Pathways get registered and every Thursday seek help from the amazing support staff! Please connect with Pathways Staff for Registration.

Th Jan 08-Mar 12 3:00 PM-6:00 PM

Partner- RainCity Basketball (6-17 yrs)

Join RainCity for quick-paced classes for kids aged 6 to 12 with a focus on basketball basics like dribbling, shooting, and teamwork. It's a slam dunk for fun and learning!

Partner- Volleyball BC (6-17 yrs)

Join RainCity for quick-paced classes for kids aged 6 to 12 with a focus on basketball basics like dribbling, shooting, and teamwork. It's a slam dunk for fun and learning!

Partner - Rent Bank

The Rent Bank Aims to increase housing stability by providing one-time interest free loans to people in danger of eviction, homelessness, or essential utility cut-off due to temporary financial crisis every Thursday from 10am - 1pm.

Partner - Richer Clinic

The Richer Clinic Staff work with youth in programs, workshops and one to one meetings with a doctor.

Partner - Arts, Culture & Engagement (ACE)

The ACE Team supports and facilitates a variety of Indigenous cultural projects, initiatives, and partnerships.



RAINCITY
BASKETBALL CLUB

