Creekside

Community Recreation Centre

VANCOUVER BOARD OF PARKS AND RECREATION

Winter 2027 Program Guide

creeksidecentre.ca



Register Online Today







Create an online account and register for unique and exciting programs across 24 community centres. Your online account allows you to keep track of your schedules, rental agreements, payment receipts and look up your current pass status.

Skip the line and buy your pass online All our passes are now available online. Get your 10-usage pass to indoor cycling classes or visit a fitness centre, pool or rink with the click of a button. Monthly Flexipasses are great for getting active and staying active, giving you access to 21 fitness centres, 9 indoor pools, 5 outdoor pools, and 8 ice rinks! vancouver.ca/passes

Drop-in activities
If you're looking for something to do last minute or make a long term commitment, we offer a wide range of drop-in activities to fit anyone's schedule. Check out what's available today on our drop-in calendar.

Event space
Planning a sporting event, social gathering or wedding? Submit your request for use of community centre rooms, outdoor parks or fields, ice rinks and more!

Follow us on Facebook and Twitter for up to date information on programs and registration.

recreation.vancouver.ca

VANCOUVER BOARD OF PARKS AND RECREATION

table of contents

How to register 5

Preschool/Family 6

Children/Youth..... 10

Adult Programs Schedules .. 16

Adult Programs..... 18

Older Adult Programs.....28

Fitness Centre.....30

welcome

Make recreation at Creekside a regular part of your schedule. Participate in your choice of activities while enjoying our magnificent view. Convenient registration and drop-in options for all ages, interests and budgets.

Experience Recreation at Creekside



CONTACT US

Creekside Community Recreation Centre
1 Athletes Way
(North foot of Ontario Street)
Vancouver, BC V5Y 0B1
Phone: 604.257.3050 ext. 1
E-mail: *creekside@vancouver.ca*
creeksidecentre.ca
facebook.com/creeksiderec
twitter.com/creeksiderec

Hours of Operation

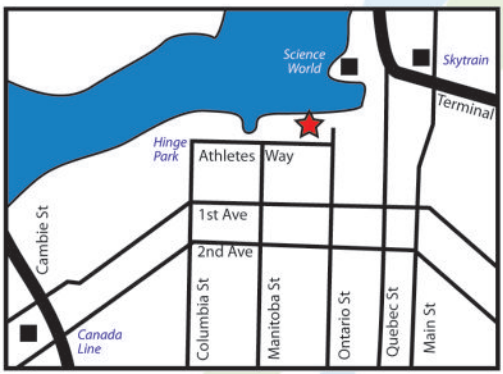
Monday-Thursday
6:30am-10pm

Friday
6:30am-8:30pm

Saturday/Sunday
9am-5pm

Closed
Jan 1, Feb 15,
Mar 26, Mar 29

NOTE: Office closes 15 min prior to centre closing.



Convenient Registration Options

Register online, by phone or in-person at Creekside! We accept Visa, MasterCard and American Express for online and phone registration. We also accept cash and debit for in-person registration. Registration is first-come, first-served.
NOTE: Programs may be cancelled due to low enrollment and are subject to change or cancellation without notice.

Online Registration

Set-up an account (for yourself or your entire family) at *recreation.vancouver.ca*
If you require assistance to access your online account contact us at 604.257.3050 ext. 1

Refund Practices

PROGRAMS: Pro-rated refunds are provided to customers who wish to withdraw from a program. Contact us 48 hours prior to the start of next class to receive refund.
BIRTHDAY PARTIES: Refunds require 30 days notice before day of party for full refund.
RENTALS: Refer to last page for cancellation policy.
CAMPS: Refunds require a minimum of 7 days notice before the first day of camps.

Privacy Policy

Vancouver Board of Parks & Recreation collects personal information from members and individuals who participate in classes, workshops and events. This information may be used for the provision of services, communication, processing payments and/or statistical purposes. However, we do not release personal information to outside agencies.

Financial Assistance

Leisure Access Program

Individuals and families requiring financial assistance may be eligible for a subsidy through the Vancouver Park Board's Leisure Access Program. You can receive a 50% discount towards program and fitness centre fees (single admissions, monthly passes, program drop-ins and program registrations*).
For more info call 604.257.8497 or visit *vancouverparks.ca* **some exclusions apply.*

Registration Dates

Online:
Tuesday
December 1
at 7 PM

Phone-in and in-person:
Wednesday
December 2
at 9 AM

NOTE: Program prices do not include taxes.



preschool/family



Enjoy time with your young ones or start them on adventures of their own.

MUSIC

Wee Expressions

(0-4 yrs)

Come and join us on an adventure of imagination in songs while we engage a child through a mixture of free play and structure. In our classes, parents and children alike take pleasure in the interactive nature of the classes and jointly participate in singing, instrument playing, learning manners, brain gym, accompanying song actions, baby sign language and dances with a refreshing sense of exploration and fun. Wee Expressions is more than the traditional children's music program. Our curriculum is based on researched methods surrounding the benefits of music infused with Music Therapy techniques. Siblings receive a 25% discount and or siblings under eight months attend for free. Instructor website: *musicalexpressions.ca*. There is a materials fee of $7.^{50}$ for digital music and licensing.

Instructor: Musical Expressions

Tu Jan 19-Mar 09

10:00 AM-10:45 AM

$137.^{10}$/8 sess

SPORTS

Creekside Soccer Academy

(2-3 yrs)

Creekside Soccer Academy is based on a unique coaching model that uses the four corner model encompassing four key attributes that are vital for development: physical, technical, psychological and social elements. Children will gain confidence and build self-esteem. Drop-ins with instructor approval. Parent participation required.

Instructor: Glyn Roberts

Su Jan 10-Mar 14

9:15 AM-10:00 AM

$189.^{50}$/10 sess

Creekside Soccer Academy

(4-5 yrs)

Description see above

Instructor: Glyn Roberts

Su Jan 10-Mar 14

10:00 AM-10:45 AM

$189.^{50}$/10 sess

Sportball Junior

(1-2 yrs)

Toddlers and parents/caregivers focus on physical movements and social exploration, learn fundamental sport skills and participate in creative motor games, songs, stories, bubble time and more. Children are challenged according to their individual skill level and coaches help grown-ups understand proven teaching techniques that can be applied outside of Sportball classes. Parent/adult participation is REQUIRED for this course.

Instructor: Sportball Vancouver

Sa Jan 09-Feb 27
9:30 AM-10:15 AM
$119/7 sess
No sess Feb 13.
Sa Mar 06-Apr 24
9:30 AM-10:15 AM
$119/7 sess
No sess Mar 27.
W Jan 13-Feb 24
9:30 AM-10:15 AM
$119/7 sess
W Mar 03-Apr 28
9:30 AM-10:15 AM
$119/7 sess
No sess Mar 17, Mar 24

Sportball Multi-Sport

(3-5 yrs)

Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

Instructor: Sportball Vancouver

Sa Jan 09-Feb 27
11:00 AM-11:45 AM
$119/7 sess
No sess Feb 13.
Sa Mar 06-Apr 24
11:00 AM-11:45 AM
$119/7 sess
No sess Mar 27.
W Jan 13-Feb 24
11:00 AM-11:45 AM
$119/7 sess
W Mar 03-Apr 28
11:00 AM-11:45 AM
$119/7 sess
No sess Mar 17, Mar 24.

Baby/Toddler Time Sing and Grow

Nursery rhymes and songs, information about infant development and connection to community resources.

For more info
contact Bilquis at *BHirani@mpnh.org*
Register
https://forms.office.com/r/g6BDHVhHbW
EVERY Friday
Sep 11 - Dec 18
Baby Time
10:00 - 11:00 AM
Toddler Time
(1 to 2.5 yrs)
11:00 AM - 12 PM
FREE
Donations welcome!

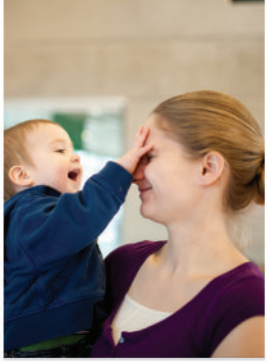
BIRTHDAYS

Have your Birthday Party at Creekside!

Play Gym equipment, toys and/or sports equipment (basketball, badminton, soccer) are available for you to incorporate into your party activities! You also get up to 7 tables and 50 chairs. No food, decorations, or activity leader provided. Bouncy castles, outside vendors, balloons, and glitter are not permitted. 15 minutes of set-up and clean up time is provided before and after the party. Refund Policy: 30 days notice prior to the party date is required. $150 per party. Dates subject to change, email *creekside@vancouver.ca* with any questions.

Sa 2:30 PM-4:30 PM
Su 12:00 PM-2:00 PM

Dates will run from Feb 6 - May 30



EDUCATION

Baby Sign Language

(0-2 yrs)

Using songs and games, learn basic American Sign Language (ASL) hand gestures, to facilitate communication with your hearing child. Research shows that babies who learn Sign Language learn quicker and talk earlier. Bring your baby 0-24 months old to class. Participants should bring their own blanket. No drop-ins. For more info visit *intoyoga.ca*
Instructor: Sheri Kauhausen
M Jan 11-Feb 08
10:00 AM-10:45 AM
$77/5 sess

Sportball Parent and Tot

(2-3 yrs)

You've made the team! Programs focuses on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, rhymes, stories and more. Children are challenged according to their individual skill level and grown-ups are taught techniques to help toddlers refine motor skills while developing social skills. Sportball maintains a one-parent-per-child ratio in all programs to ensure that focus is on helping little one's practice and progress. Parent/adult participation is REQUIRED.
Instructor: Sportball Vancouver
Sa Jan 09-Feb 27
10:15 AM-11:00 AM
$119/7 sess
No sess Feb 13.
Sa Mar 06-Apr 24
10:15 AM-11:00 AM
$119/7 sess
No sess Mar 27.
W Jan 13-Feb 24
10:15 AM-11:00 AM
$119/7
W Mar 03-Apr 28
10:15 AM-11:00 AM
$119/7 sess
No sess Mar 17, Mar 24

MARTIAL ARTS

Taekwondo Tigers

(3-4 yrs)

Increase concentration, motor and social skills. Learn in a fun and safe environment. Kids will be rewarded with stripes on their belt for their attendance, attitude, respect, knowledge subjects and effort in class. Instructors: Master S. Strachan 6th Dan Master; M. Park 5th Dan. Email: *creeksidetkd@gmail.com* Cell: 604.815.9195 (txt) Taekwondo uniform is required. Please discuss with the instructor. Instructor: Creekside Community Taekwondo And Fitness

Sa Jan 09-Feb 06
Sa Feb 13-Mar 13
Sa Mar 20-Apr 24
11:00 AM-11:30 AM
$100/5 sess

M Jan 04-Feb 01
M Feb 08-Mar 15
M Mar 22-Apr 26
4:00 PM-4:30 PM
$100/5 sess
No sess Feb 15, Mar 27, Mar 29



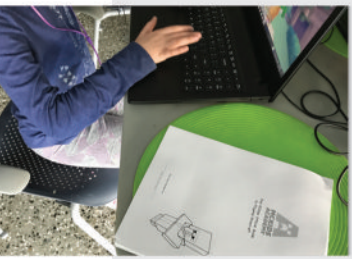
Family Play Gym

(0-5 yrs)

Bring the family to the Creekside gym to run, jump, climb and play. Meet with families in the 'hood. Parent/guardian participation required.
Drop-in only.
$1.50/child or
10 visit pass for $10.
M Jan 04-Apr 19
10:45 AM-12:30 PM
No sess Feb 15,Mar 29.
W Jan 06-Apr 21
9:30 AM-12:30 PM
F Jan 08-Apr 23
9:30 AM-12:30 PM
No sess Mar 26.
$1.50/sess



children/youth



Encourage creativity and imagination to foster growth and development.

SPORTS

Creekside Soccer Academy

(6-11 yrs)

Creekside Soccer Academy is based on a unique coaching model that help children develop skills and reach their potential. Gain confidence, build self-esteem, learn to work in teams and improve decision making. Drop-ins with instructor approval. Instructor: Glyn Roberts

Su Jan 10-Mar 14
10:45 AM-11:30 AM
$189.50/10 sess

Badminton Beg/Int

(8-15 yrs)

A qualified instructor teaches all badminton skills from rules, strokes and serves to advanced footwork and strategy. For beginners and intermediates. Pace adjusted according needs. Instructor: Stanley Kita

Tu Jan 05-Apr 27
3:30 PM-4:30 PM
$130/13 sess
No class Feb 16, Mar 16, 23, 30

MUSIC

Private Piano Lessons

(5+ yrs)

Musical expressions takes on a creative and intuitive approach to music learning. Here you can develop your skills in piano, voice (singing) or the mixture of the two! With goals and learning styles varying from student to student, we help you first determine what you want to achieve, so we can make it our goal to get your there! From the basic beginners to preparing exams, all students will be encouraged to tap into their creative sides and be taught to express themselves through improvisation. Each class session is 30 minutes long. If you're wanting longer session times, please book two classes back-to-back. All music books and materials purchased separately. Instructor website: *musicalexpressions.ca*
Instructor: Musical Expressions

W Jan 06-Mar 10
4:30 PM-8:30 PM
$325/10 ½ hour sess

MARTIAL ARTS

Children Beginner Taekwondo (White Belt to Yellow Belt)

(6-10 yrs)
Increase concentration, motor and social skills. Learn in a fun, safe environment. Children rewarded with stripes on their belt for attendance, attitude, respect, knowledge subjects and effort in class. Taekwondo uniform is required. Purchase directly from the instructor. (Other school logos are not allowed). Instructor: Creekside Community Taekwondo & Fitness. Purchase a uniform through Taekwondo instructors on the first day.
M Jan 04-Feb 01
M Feb 08-Mar 15
M Mar 22-Apr 26
4:30 PM-5:15 PM
$100/5 sess
Sa Jan 09-Feb 06
Sa Feb 13-Mar 13
Sa Mar 20-Apr 24
11:30 AM-12:15 PM
$100/5 sess
No session Feb 15, Mar 27, Mar 29

Children Intermediate Taekwondo

(6-10 yrs)
(see description at left)
Sa Jan 09-Feb 06
Sa Feb 13-Mar 13
Sa Mar 20-Apr 24
12:15 PM-1:00 PM
$100/5 sess
No session Mar 27

Teens and Advanced Taekwondo

(9-16 yrs)
(see description at left)
Sa Jan 09-Feb 06
Sa Feb 13-Mar 13
Sa Mar 20-Apr 24
1:00 PM-1:45 PM
$100/5 sess
No session Mar 27



Check out our Adult Sports Programs.
If you are 19+ yrs old you are welcome to register!
See pg 18



Capoeira Brasil Kids & Parents

(6+ yrs)

Capoeira is an amazing movement art for kids – it includes dance, martial arts, simple acrobatics, music, instruments and history. Kids will improve their strength, flexibility, co-ordination, balance, agility and rhythm, bolstering self-confidence and teamwork in a fun environment. Parents are invited to join and register for this class- a great way to get in shape and bond with your child. Free participation for parents when two kids are registered!

Instructor: Molly Lee (Professora Esquilo)

Tu Jan 12
5:00 PM-6:00 PM
Free Trial

Tu Jan 19-Feb 23
5:00 PM-6:00 PM
$120/6 sess

Tu Mar 02-Apr 27
5:00 PM-6:00 PM
$160/8 sess
No sess Mar 16.

Tu Th Jan 14-Feb 25
5:00 PM-6:00 PM
$221/13 sess

Tu Th Mar 02-Apr 29
5:00 PM-6:00 PM
$272/16 sess
No class Mar 16, Mar 18

Kids Self-defense and Antibullying Workshop

(7-12 yrs)

In a fun, positive, and safe environment, children learn to use their voice effectively, ask for help when needed, and understand the importance of personal boundaries. Through basic self-defense training, we build strong bodies and confident minds.

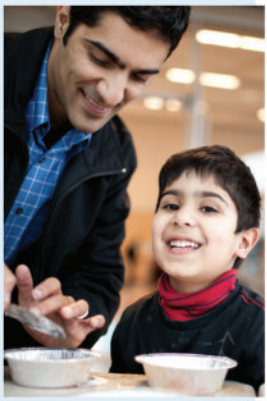
Instructor: Creekside Community Taekwondo and Fitness

Dress: White T-shirt and long shorts. No jewelry.

Tu Mar 30
5:00 PM-6:00 PM
$25

Hippity Hop Easter Eggstravaganza!

Saturday, March 27
2:00 PM – 4:00 PM



Hippity Hop, Hippity Hop! Spring into Easter fun with an afternoon of egg-citing adventures at Creekside Community Recreation Centre! Bring the whole family and celebrate the Easter holiday with a colourful collection of games, activities and festive surprises.

Little bunnies can hop their way through a fun-filled Easter egg hunt, explore activity stations, take part in playful challenges. With something fun waiting around every corner, our hippity hop springtime event is a wonderful way for children and families to enjoy the season and make special memories in our community.

So grab your bunny ears and get ready for an afternoon of hopping good fun! Admission: $3 per child

Pre-registration is required. Space may be limited, so be sure to register early to join in our Easter festivities!



Kids Yoga and Mindful Movements

(8-12 yrs)

Discover the connection between movement, mindfulness, and emotional well-being in this engaging class designed to help children develop body awareness, concentration, and self-confidence.

Through playful yoga sequences, animal-inspired movements, balancing poses, and gentle stretching, participants will explore how their bodies move while developing coordination, flexibility, strength, and balance. Guided breathing activities and mindfulness techniques introduce practical strategies for managing stress, regulating emotions, and improving focus.

In a welcoming and supportive environment, children will explore movement at their own pace. This class encourages confidence, patience, and practical techniques for feeling calm, focused, and ready for everyday challenges.

Instructor: Taekwondo And Fitness Creekside Community

Tu Jan 26; Tu Feb 23; Tu Mar 23; Tu Apr 27

4:00 PM-5:00 PM

$25/1 sess

Junior Fitness Bootcamp

(7-12 yrs)

Get moving, build strength, and have fun in this energetic fitness class designed to help children develop healthy habits and boost self-confidence! Participants will learn fundamental fitness skills while improving agility, coordination, balance, muscular strength, and endurance through a variety of engaging physical activities.

Fun obstacle courses, team games, fitness challenges, and movement exercises encourage children to develop functional movement skills while building teamwork, perseverance, and a positive attitude toward physical activity. With an emphasis on participation rather than competition, this class welcomes all fitness levels and encourages children to challenge themselves, celebrate their progress, and discover the benefits of an active, healthy lifestyle.

Instructor: Taekwondo And Fitness Creekside Community

Tu Jan 26; Tu Feb 23; Tu Mar 23; Tu Apr 27

5:00 PM-6:00 PM

$25/1 sess

Spring Break with MCKids Academy

Learning through Minecraft: Very Vanilla + MasterBuilders

(7-13 yrs)

Optimizing your child's social-emotional skills while we mine the basics of Minecraft in-game player commands and the social side of multiplayer gaming. Getting to know the MCKids community and how we learn while we play. Curriculum covered: Math, Sciences, Social Studies, History, 'Netiquette' and keyboarding skills. Dig deeper into the tools that Master Minecraft builders use to create awesome games and maps. We will learn about how to use commands to build our worlds, program our games with command blocks and apply our redstone know-how to contraptions and automated machines.

March 15-19

Mo-Fr

$475/5 sess

9:30 AM - 3:30 PM

Learning through Minecraft: The Hero's Journey

Ages 7-13

Join us for an adventure in Learning Through Play on our custom Apotheosis Minecraft server! Inspired by Joseph Campbell's *The Hero with a Thousand Faces*, each day explores the fascinating world of comparative mythology and the Hero's Journey. Through immersive gameplay, storytelling, and creative challenges, children will discover and re-enact the mythic cycles that have inspired legendary tales, beloved books, and blockbuster films.

(M-Th)

March 22- 25

$380

9:30 AM - 3:30PM



MCKids Academy

WHO we are

At MCKids we believe that Minecraft is a medium that allows us to focus on collaboration, social learning, creative design and cooperative problem solving. Our program gives your child the opportunity to develop friendships through structured, monitored and teacher -guided play, even after camp is over!

(*See our subscriptions: mckidsacademy.com*).

Half of our day is active play! Dress for the weather. Closed-toed shoes with a good grip, required. No crocs!

Bring your laptop with Minecraft Java account installed. We play on the full (PC) version of Minecraft. Laptop rentals with guest accounts are available for $15 day. *Please reserve through Creekside at 604.257.3050*

Sport Schedule See pg 18-19 for info, dates plus registration and

	MONDAY	TUESDAY	WEDNES
Badminton	1:15pm-2:45pm		1:15pm-2:45p 8:15pm-10:00p
Basketball		8:15pm-10:00pm	6:15pm-8:00p
Pickleball		8:30am-10:00am or 10:15am-11:45am	
Soccer	6:15pm-8:00pm		
Table Tennis	1:15pm-2:45pm	1:15pm-2:45pm	1:15pm-2:45p
Volleyball	8:15pm-10:00pm	6:15pm-8:00pm	

Yoga & Fitness Schedule See pgs 21-27 for info, dat

SUNDAY	MONDAY	TUESDAY	WEDN
		Callanetics 9:15am-10:15am	**20/20/20** 9:30am-10:4
	**Zumba® Gold** 9:15am-10:15am		**Tristar Tai Ch** 10:00am-11:
	20/20/20 9:30am-10:45am	**Yoga for Older Adults - Lv 1** 10:30am-11:45am	
			
Hatha Yoga 9:30am-10:45am			**Hatha + Yin** 5:30pm-6:45
Hatha + Yin Yoga 11:00am-12:15pm	Fitness Kickboxing 5:15pm - 6:00pm		
	Pilates Yoga 6:20pm-7:10pm	**Capoeira Brasil** 6:00pm-7:15pm	**Dance Booto** 7:00pm-8:00
	Yoga Made for Runners 7:30pm-8:45pm	**Yin Yoga** 6:30pm-7:45pm	**Reggaeton** 8:15pm-9:15

d drop-in fees. *Schedule subject to change without notice.*

DAY	THURSDAY	FRIDAY	SATURDAY
m or pm		1:00pm-2:30pm or 4:45pm-6:30pm	9:15am-11:45am
m			
	8:30am-10:00am or 10:15am-11:45am	2:45pm-4:30pm	
	6:15-8:00pm		12:00pm-1:45pm
m	1:15pm-2:45pm	1:00pm-2:30pm	**Table Tennis** You can also call us on the day of and if a room is available, we can provide a table!
	8:15pm-10:00pm	6:45pm-8:30pm	

es and registration fees. *Schedule subject to change without notice.*

ESDAY	THURSDAY	FRIDAY	SATURDAY
5am		**Yoga Made for Runners** 6:45am-7:45am	
hi 15am		**Tristar Tai Chi** 10:00am-11:15am	**Pilates Yoga** 9:10-am-10:00am
	Yoga for Older Adults - Lv 2 10:30am-12:00pm	20/20/20 9:30am-10:30am	**Fitness Kickboxing** 10:00am-11:00am
			**Capoeira Brasil** 2:30pm-4:00pm
Yoga pm			
	This Breathing Life 6:30pm-7:30pm		
camp 0pm	**Capoeira Brasil** 6:30pm-7:45pm		
pm			



adult program schedules



From painting to martial arts to yoga and more, we have programs that will stimulate your mind, body and soul.

Sports Registration & Drop-In

Three ways to participate

1. Register for Full Season This guarantees you a spot in the program every week. Sign-in at the front desk BEFORE start time or your spot may be sold. ($2.63/daytime sess and $4.79/evening sess)

2. Buy a 10 Visit Sports pkg on OneCard. Purchase card in-person. Phone-in starting at 6:30 am. Can reserve up to 2 people if program has unregistered spots with a valid/current 10 visit pass. ($2.63/sess daytime & $5.74/sess evening)

3. Waitlisting. Call as early as 6:30 am. Reserve 2 spots. No-show spots sold to waitlist. Be at the front desk when name is called. ($3.58/sess daytime & $6.69/sess evening)

Badminton

(19+ yrs)

Non-instructional, recreational badminton. Doubles play and rotation required if session full.

Drop-In only (2 courts)
Jan 4-Apr 24
M W 1:15 pm-2:45 pm
F 1:00 pm-2:30 pm

Sa 9:15 am-11:45 am
No sess Feb 15, Mar 26, Mar 29
$3.58/drop-in or
$26.31/10 visit pass

Register or $6.69/ Drop-In (4 Courts)
W Jan 6-Apr 21
8:15 pm-10:00 pm
$76.64/16sess

F Jan 8-Apr 23
4:45 pm-6:30 pm
$71.85/15sess
No sess Mar 26

Basketball

(19+ yrs)

Non-instructional, recreational full gymnasium basketball court with maximum 15 spots for 5 on 5 play with a rotating group. Basketballs may be borrowed from reception.

Register or $6.69/Drop-In
Tu Jan 5-Apr 20
8:15 pm-10:00 pm
$76.64/16 sess

W Jan 6-Apr 21
6:15 pm-8:00 pm
$76.64/16 sess

Soccer

(19+ yrs)
Non-instructional, recreational, full-gymnasium soccer for all levels.
Register or $6.69/Drop-In
M Jan 4-Apr 19
6:15 pm-8:00 pm
$67.06/14 sess
No sess Feb 15, Mar 29

Th Jan 7-Apr 22
6:15 pm-8:00 pm
$76.64/16 sess

Sa Jan 9-Apr 24
12:00 pm-1:45 pm
$71.85/15 sess
No sess Mar 27

Table Tennis

(19+ yrs)
Non-instructional, recreational table tennis. Up to 4 tables available in 1/3 gymnasium. Doubles play and rotation will be required if busy. May borrow paddel
M-Th Jan 4-Apr 22
1:15 pm-2:45 pm
No sess Feb 15, Mar 29

F Jan 8-Apr 23
1:00 pm-2:30 pm
$3.58/Drop-In
$26.31/10 visit pass
No sess Mar 26

Pickleball Lessons

Try out this easy-to-learn, sport. Equipment provided. Instructor: Mona Lee (see pg 29)

Pickleball Court Rental

Reserve a court for family and friends. Four courts available to play for 55 minute time slots. Each registraton is a booking for one court, max 4 players. Note courts A and B could have glare on sunny days. Players supply own paddles and pickleballs. Courts cannot be used for teaching. No refunds. $19 per booking.
Su 3:00pm-3:55pm
Su 4:00pm-3:55pm
Sept 13, 20, 27,
Oct 4, 11, 18 ,25
Nov 1, 8, 15, 22, 29
Dec 6, 13, 16

Volleyball

(19+ yrs)
Non-instructional, volleyball for all levels. Players sort themselves into levels and play 6 on 6.
Register or $6.69/Drop-In
M Jan 4-Apr 19
8:15 pm-10:00 pm
$67.06/14 sess
No sess Feb 15, Mar 29

Tu Jan 5-Apr 20
6:15 pm-8:00 pm
$76.64/16 sess

Th Jan 7-Apr 22
8:15 pm-10:00 pm
$76.64/16 sess

F Jan 8-Apr 23
6:45 pm-8:30 pm
$71.85/15 sess

Pickleball

(19+ yrs)
Non-instructional
All Levels
Register or $3.58/Drop-In
Tu Jan 5-Feb 23
8:30am-10:00am
10:15am-11:45am
$21.04/8 sess

Tu Mar 2-Apr 20
8:30 am-10:00 am
10:15 am-11:45 am
$21.04/8 sess

Th Jan 7-Feb 25
8:30 am-10:00 am
10:15am-11:45am
$21.04/8 sess

Th Mar 4-Apr 22
8:30 am-10:00 am
10:15 am-11:45 am
$21.04/8 sess

Intermediate/Advanced
F Jan 8-Feb 26
2:45 pm-4:30 pm
$21.04/8 sess

F Mar 5-Apr 23
2:45 pm-4:30 pm
$18.41/7 sess
No sess Mar 26

ART

Acrylics Painting Art Studio & Mixed-Media

(19+ yrs)

A fantastic fun art course for any level. Art students will create a painting or two while trying a variety of mixed-media acrylic techniques, unique tools and mediums while learning color and composition. All art materials are included. Instructor: Violette Zohar celebrates 13 years as an art instructor at the beautiful Creekside Community Centre.

M May 17-Jun 14
5:30 PM-8:30 PM
$199/4 sess

EDUCATION

Athletic Taping Course

(16+ yrs)

Covers taping techniques used in a sport setting through lecture and practical applicationS. Designed as an introduction to taping. Safety considerations relating to taping as well as theory will be covered. Taping include regional techniques for the ankle, foot, knee, elbow, wrist, thumb and finger. Procedures for injury prevention, minimizing further damage when injury occurs and for aiding the healing process are also discussed. A great asset for coaches, parents and athletes, designed for any skill level from beginners to those looking to perfect their craft. Participants are encouraged to wear athletic attire during this course (Shorts and T-shirt). Certificate of completion issued. Course approved for 7.0 BCRPA and 7.0 PE/A2 CMTBC Continuing Education Credits. Instructor: SportMed BC

Sa Jan 16-Jan 16
9:30 AM-4:30 PM
$210/1 sess
Sa Apr 24-Apr 24
9:30 AM-4:30 PM
$210/1 sess



Sports First Aid

(16+ yrs)

This eight-hour course serves as Sports First aid course in one day. A certificate of completion will be issued for Sports First Aid. Instructor: SportMed BC

Su Jan 17-Jan 17
9:30 AM-4:30 PM
$160/1 sess
Su Apr 25-Apr 25
9:30 AM-4:30 PM
$160/1 sess

Afro / Hip Hop Fusion - Open Level

(19+ yrs)

A high-energy fusion of Afro grooves, hip hop movement, musicality, and choreography. Each class builds from a warm-up and foundational steps into a short routine, broken down so you can keep it simple or push it further. Open to all levels.

KirbySnellDance.com

Instructor: Endorphin Rush Dance

W Jan 06
8:15 PM-9:15 PM
$4.78/1 sess

W Jan 13-Feb 24
8:15 PM-9:15 PM
$75/7 sess

W Mar 03
8:15 PM-9:15 PM
$4.78/1 sess

W Mar 10-Apr 28
8:15 PM-9:15 PM
$120/8 sess

Callanetics

(19+ yrs)

Callanetics exercise method is a total body conditioning workout. One of the original 'barre' workouts, Callanetics uses a combination of mat work and ballet inspired leg work, precise positioning and tiny movements. Movements that are gentle on the joints and super effective at strengthening and toning your muscles. You'll leave the class feeling like you've had a great workout! Drop-in $20.48 space permitting.

Instructor: Linda Shedden

Tu Jan 05-Mar 09
9:15 AM-10:15 AM
$169.50/10 sess

Tu Apr 06-Apr 27
9:15 AM-10:15 AM
$67.80/4 sess

Dance Bootcamp

(19+ yrs)

Vancouver's sweatiest Dance-Fitness class! Dance Bootcamp takes the best of dance fitness with a mix of dance styles and bootcamp elements. We incorporate dance into a workout movement/ circuit, choreography, and straight bootcamp movements. Among the dance style covered are salsa, afrobeat, dancehall, basic breakdance, hip hop and swing. You'll leave sweaty and happy from this high energy dance program. More info *KirbySnellDance.com*

Instructor: Endorphin Rush Dance

W Jan 06
7:00 PM-8:00 PM
$4.78/1 sess

W Jan 13-Feb 24
7:00 PM-8:00 PM
$105/7 sess

W Mar 03
7:00 PM-8:00 PM
$4.78/1 sess

W Mar 10-Apr 28
7:00 PM-8:00 PM
$120/8 sess

PARK BOARD PRIDE

Check out our weekly programs and activities for 2STGD and 2SLGBTQIA+ folks of all ages.
vancouver.ca/park-board-pride

VANCOUVER BOARD OF PARKS AND RECREATION

All Levels Volleyball Skills Clinic

(19+ yrs)

Learn, develop and perfect basic volleyball skills whether you're a beginner or advanced player. Emphasis will be on the technical components of the forearm pass, overhead pass, serving, hitting and blocking.

Instructor: TIN & TINA LTD

W Feb 17-Mar 17
8:30 PM-10:00 PM
$210/5 sess

Intermediate Advanced Volleyball Skills Clinic

(19+ yrs)

Learn, develop and perfect basic volleyball skills whether you are a beginner or advanced player. No drop-ins.

Instructor: TIN & TINA LTD

W Jan 06-Feb 10
8:30 PM-10:00 PM
$210/6 sess

W Mar 24-Apr 28
8:30 PM-10:00 PM
$210/6 sess

YOGA/PILATES

Hatha + Yin Yoga with Pam

(19+ yrs)

Slow down. Release tension and stress in your body, mind and nervous system with Pamela Ferman's grounding 75 minute Hatha + Yin Yoga. A unique mix of Hatha, Yin and Restorative yoga. Designed to reset your nervous system and relax your mind while increasing flexibility deeper in your body in a safe and supported way. You will leave class feeling a lot more balanced and at ease between body and mind. All levels welcome. Beginner friendly. *pamelafermanyoga.com*

Su Jan 03-Feb 21
11:00 AM-12:15 PM
$128/8 sess

Su Feb 28-Apr 25
11:00 AM-12:15 PM
$144/9 sess

W Jan 06-Feb 24
5:30 PM-6:45 PM
$128/8 sess

W Mar 03-Apr 28
5:30 PM-6:45 PM
$144/9 sess

20/20/20 Dance fit, Strength and Yoga Fitness

(13+ yrs)

20 min cardio dance fitness with Latin and hip hop moves; 20 min strength training with dumbbells; 20 min core Yoga moves and stretches. Drop-ins $25. *squamishmartialarts.com* Instructor: Michelle Park Certified Weight and Personal Trainer with BCRPA.Instructor: Creekside Community Taekwondo & Fitness

M Jan 04-Jan 25
9:30 AM-10:30 AM
$80/4 sess

M Feb 01-Feb 22
9:30 AM-10:30 AM
$60/3 sess

M Mar 01-Mar 22
M Apr 05-Apr 26
9:30 AM-10:30 AM
$80/4 sess

W Jan 06-Jan 27
W Feb 03-Feb 24
9:30 AM-10:30 AM
$80/4 sess

W Mar 03-Mar 31
9:30 AM-10:30 AM
$100/5 sess

W Apr 07-Apr 28
9:30 AM-10:30 AM
$80/4 sess

F Jan 08-Jan 29
F Feb 05-Feb 26
F Mar 05-Apr 02
F Apr 09-Apr 30
9:30 AM-10:30 AM
$80/4 sess

No Class Feb 15, Mar 26, Mar 29



Yin Yoga with Pam

(19+ yrs)

Slow completely down. Release tension and stress in your body, mind and nervous system with Pamela Ferman's grounding 75 minute restorative Yin Yoga class. Target deep connective tissues like fascia, ligaments, joints and bones. Designed to help reset your nervous system and relax your mind while increasing flexibility in your body. Yin yoga helps stretch & lengthen those rarely-used tissues while also teaching you how to breathe through discomfort and sit with your thoughts. All levels welcome. Beginner friendly.
pamelafermanyoga.com
Instructor: Pamela Ferman

Tu Jan 05-Feb 23
6:30 PM-7:45 PM
$128/8 sess

Tu Mar 02-Apr 27
6:30 PM-7:45 PM
$144/9 sess

Hatha Yoga with Pam

(19+ yrs)

Slow down. Release tension and stress in your body, mind and nervous system with Pamela Ferman's grounding 75 minute Hatha Yoga. Classes consist of meditation and physical yoga postures that flow slowly and smoothly from one to another with some long holds in between for deeper fascia stretching. A perfect combination of flexibility, strength, balance, movement and stillness. You will leave class feeling a lot more balanced between body and mind. All levels welcome. Beginner friendly.
pamelafermanyoga.com
Instructor: Pamela Ferman

Su Jan 03-Feb 21
9:30 AM-10:45 AM
$128/8 sess

Su Feb 28-Apr 25
9:30 AM-10:45 AM
$144/9 sess

Pilates Yoga

(15+)

Mat pilates and yoga flow focusing on joint mobility with stretches and core work work. All levels are welcome as modification are presented as needed for bodies with different ranges and strengths. Welcomed as modifications of each moves are presented as needed. Instructor: Michelle Park Certified Pilates and Personal Trainer under BCRPA and Certified Yoga Teacher under Prana Yoga College.

M Jan 04-Jan 25
6:10 PM-7:00 PM
$80/4 sess

M Feb 01-Feb 22
6:10 PM-7:00 PM
$60/3 sess

M Mar 01-Mar 22
M Apr 05-Apr 26
6:10 PM-7:00 PM
$80/4 sess

Sa Jan 09-Jan 30
Sa Feb 06-Feb 27
9:10 AM-10:00 AM
$80/4 sess

Sa Mar 06-Mar 27
9:10 AM-10:00 AM
$60/3 sess

Sa Apr 03-Apr 24
9:10 AM-10:00 AM
$80/4 sess
No Class Feb 15, Mar 27, Mar 29.



Yoga Made for Runners - Friday

(16+ yrs)

Yoga Made For Runners is a dynamic and challenging yoga program created specifically for runners. The class will build strength, increase the range of motion in tight joints, and return flexibility to stiff, sore muscles. Expect to work hard and breath deeply. Drop-in $17
For more info, visit *mikedennisonfitness.com*
Instructor: Mike Dennison

F Jan 08-Feb 26
6:45 AM-7:45 AM
$104/8 sess
F Mar 05-Apr 30
6:45 AM-7:45 AM
$104/8 sess
No class Mar 26

Yoga Made for Runners - Monday

(16+ yrs)

Yoga Made For Runners is a dynamic and challenging yoga program created specifically for runners. The class will build strength, increase the range of motion in tight joints, and return flexibility to stiff, sore muscles. Expect to work hard and breath deeply. Drop-in $20
For more info, visit *mikedennisonfitness.com*
No class Feb 15
Instructor: Mike Dennison

M Jan 04-Feb 22
7:30 PM-8:45 PM
$105/7 sess
M Mar 01-Apr 26
7:30 PM-8:45 PM
$120/8 sess
No class Mar 29

MARTIAL ARTS

Fitness Kickboxing

(15+ yrs)

Regardless of age, size, shape, fitness level and man or woman, this class is designed to suit. Work hard or go at your own pace. It's non contact and taught in a fun safe non intimidating environment. Drop-Ins $25. Space permitting. Instructor: Squamish Taekwondo Academy and BCPRA Personal Trainers. Instructor: Taekwondo And Fitness Creekside Community

M Jan 04-Jan 25
5:15 PM-6:00 PM
$80/4 sess
M Feb 01-Feb 22
5:15 PM-6:00 PM
$60/3 sess
M Mar 01-Mar 22
M Apr 05-Apr 26
5:15 PM-6:00 PM
$80/4 sess
Sa Jan 09-Jan 30
Sa Feb 06-Feb 27
10:00 AM-11:00 AM
$80/4 sess
Sa Mar 06-Mar 27
10:00 AM-11:00 AM
$60/3 sess
Sa Apr 03-Apr 24
10:00 AM-11:00 AM
$80/4 sess
No class Feb 15, Mar 27, Mar 29

Capoeira Brazil Strength, Balance and Flexibility

(13+ yrs)

Afro-Brazilian martial art and dance. Movements are strengthening, playful and include a graceful combo of kicks, acrobatics and ground movements. 2x/wk recommended.

Instructor: Molly Lee

Tu Jan 12
6:00 PM-7:15 PM
Free Trial

Tu Jan 19-Feb 23
6:00 PM-7:15 PM
$140/6 sess

Th Jan 14-Feb 25
6:30 PM-7:45 PM
$140/7 sess

Tu Th Jan 14-Feb 25
6:30 PM-7:45 PM
$221/13 sess

Tu Mar 02-Apr 27
6:00 PM-7:15 PM
$180/9 sess

Th Mar 04-Apr 29
6:30 PM-7:45 PM
$180/9 sess

Tu Th Mar 02-Apr 29
6:00 PM-7:45 PM
$306/18 sess

Sa Mar 06-Apr 24
2:30 PM-4:00 PM
$160/8 sess

Sa Jan 16-Feb 27
2:30 PM-4:00 PM
$140/7 sess

Capoeira

(13+ yrs)

An Afro-Brazilian art that combines martial art techniques with simple acrobatics for a complete body workout. Join our community and improve your balance, strength, flexibility, agility and learn a new art. The program focuses on basic moves aimed at beginners and advanced students who need to build solid foundation in technique and improve their physical preparation. Drop-ins are $18 and registrations run monthly, providing an effective rate of $12 per 1.5hr session.

Instructor: Aleksey Sher

M W Jan 11-Jan 27
7:30 PM-9:00 PM
$68.52/6 sess

M W Feb 01-Feb 24
7:30 PM-9:00 PM
$79.94/7 sess

M W Mar 01-Mar 31
7:30 PM-9:00 PM
$102.78/9 sess

M W Apr 05-Apr 28
7:30 PM-9:00 PM
$91.36/8 sess
No sess Feb 15, Mar 29

Jodo - The Way Of The Stick

(19+ yrs)

Jodo is a Japanese art that means 'way of the stick'. In this art, students are taught to rely on the precision and flexibility of the Jo, a short staff, to overcome the inherent advantages of a blade-wielding opponent using non-lethal force. This traditional Japanese martial art is a wonderful way to cultivate character and train the body. Our dojo is a member of the Canadian Kendo Federation, and our growing, supportive community spans various locations across North America and Japan.

Instructor: Hoshu Vancouver Dojo

Su Th Jan 10-Jan 31
Su Th Feb 04-Feb 28
Su Th Mar 04-Mar 25
Su Th Apr 01-Apr 29
12:45 PM-2:15 PM
8:15 PM-9:45 PM
$50/Month
No sess Jan 17, Feb 14, Mar 28



Shorinji Kempo

(13+ yrs)

Shorinji Kempo is a sophisticated Japanese martial art that uses physics and pressure points to increase one strength.We strive for a non-competitive, safe, and comfortable atmosphere. We have clubs in 33 countries, so you can train and meet other members worldwide. Shorinji Kempo teaches that the essence of budo martial arts is not to fight and defeat enemies but, to stop fighting between people. A fun class to try, beginners welcome!

shorinjikempobc.ca

Drop-in $9.[52]

$47.[62]/month

Instructor: Vancouver Pacific Shorinji Kempo

Tu Sa Jan 12-Jan 30
Tu Sa Feb 02-Feb 27
Tu Sa Mar 02-Mar 30
Tu Sa Apr 03-Apr 27
7:30 PM-9:00 PM
10:30 AM-12:00 PM
$47.62/month
No sess Feb 13, Mar 27

Tenshin Ryu Hyoho

(19+ yrs)

A comprehensive martial art that includes kenjutsu (swordsmanship), battojutsu (sword drawing techniques), sojutsu (spear techniques), naginatajutsu, kusarigamajutsu (chain and sickle techniques), jujutsu, and jumonji-sojyutsu (cross-shaped spear techniques). The art encompasses extensive techniques and strategies for all aspects of a samurai's life, including lying down, rising, sitting, standing, walking, and running. Our Dojo is recognized by the main Dojo and masters in Japan and we are part of a global network.

Instructor: Fuentes Adrian

F Jan 08-Jan 29
F Feb 05-Feb 26
F Mar 05-Mar 26
F Apr 02-Apr 30
6:00 PM-8:00 PM
$30/month
No sess March 26

GLA:D™ Canada Program for Hip and Knee Osteoarthritis
(19+ yrs)

ABC Specialty program - with a Physiotherapist
An evidence-based program focused on education and exercise to help reduce pain, improve function, and enhance quality of life for people with knee and hip osteoarthritis. On average, participants experience a 32% reduction in symptoms, along with decreased pain intensity, reduced reliance on pain medication, and improved physical function and activity levels.

Tue/Thu 3:00pm-4:00pm
Jan 12-Mar 18 (*dates subject to change*)
15 sess
$560
Activity number 641995
*After registration contact *kate.lee@vancouver.ca* to schedule first day assessment time

GLA:D GRAD - (Prerequisite GLAD Canada) (19+ yrs)

ABC Specialty program - With a Physiotherapist
Supported group setting for those who have completed the GLAD Canada program and would like ongoing support and guidance from a physiotherapist.
Tue/Thu 1:50pm-2:50pm
Jan 14-Mar 18 (*dates subject to change*)
14 sess
$350
Activity number 641997

Questions?
email *kate.lee@vancouver.ca*

Creekside Garden News!

Join us at Creekside Community Garden for our Garden Work Parties! Come out and meet other members of your community while working on an outdoor gardening project.

Work parties take place on the second last Saturday of each month (excluding long weekends, which are moved to the following Saturday). Bring your own garden gloves, water bottle, and an extra shovel if you have one.

Interested in your own garden plot at Creekside? Join our waitlist.

Stay up to date on upcoming events by checking our website at *www.creekside communitygarden.com* or email *info@creekside communitygarden.com*
We can't wait to garden with you!

older adult



Stay engaged and active while making connections with new friends.

FITNESS

Pole Walking for Arthritis

(40+ yrs)

Learn how to use walking poles to stay active while managing Osteoarthritis. ALL sessions are FREE. Please pre-register for one time slot only. Contact Vancouver Coastal Health at 604.875.4544 for details. Instructor: OASIS Vancouver

All sessions:
10:00 AM-11:15 AM
Tu Jan 12
Tu Feb 09
Tu Mar 09
Tu Apr 13

ZUMBA® Gold

(55+ yrs)

Low-impact dance-fitness class for beginners and seniors uses easy-to-follow moves to create a dynamic and fun fitness class. Classes improves balance, strength, flexibility. Instructor: Vancouver Zumba

M Jan 11-Feb 22
9:15 AM-10:15 AM
$82.5/6 sess
No class Feb 15

M Mar 01-Apr 26
9:15 AM-10:15 AM
$110/8 sess
No class Mar 29

Tristar Tai Chi All Levels

(19+ yrs)

Learn this peaceful, ancient form of tai chi for health and wellness. Strengthening stances, meditative breath work, flowing movement and Asian healing meridian pressings. Benefits include stress release, improved digestion, circulation and enhanced energy, moods and immune system. Join us in a relaxed, welcoming environment. Nourish your body, mind and spirit. Drop in $20
tristartaiji.com
Instructor: Molly Lee

All sessions:
10:00 AM-11:15 AM

W Jan 13-Feb 24
$140/7 sess

F Jan 15-Feb 26
$140/7 sess

W F Jan 13-Feb 26
$238/14 sess

W Mar 03-Apr 28
$180/9 sess

F Mar 05-Apr 30
$160/8 sess
No class Mar 26.

W F Mar 03-Apr 28
$289/16 sess
No class Mar 26

SPORTS

Pickleball: Play with the Coach (Beginner/Novice)

(55+ yrs)
Semi-private. Four spots.
Instructor: Mona Lee
F Jan 08
9:15 AM-10:45 AM
$45/1 sess

Pickleball Play with the Coach (Novice/ Intermediate)

(55+ yrs)
Semi-private. Four spots.
Instructor: Mona Lee
F Jan 08
10:45 AM-12:15 PM
$45/1 sess

Pickleball Stage 1: Learn-To-Play

(55+ yrs)
Semi-private. Four spots. Learn proper grip, how to hit the ball and move efficiently.Instructor: Mona Lee
F Feb 05-Mar 12
9:15 AM-10:45 AM
$240/6 sess
F Apr 02-Apr 30
9:15 AM-10:45 AM
$200/5 sess

Pickleball Stage 2: Skills & Drills

(55+ yrs)
Semi-private. Four spots. Should have completed Learn to Play. Participants will be put through a wide range of cooperative and competitive drills. Paddles, balls and all equipment provided. Unable to make the first day? Txt Coach Mona at 778.908.2878
Instructor: Mona Lee
F Feb 05-Mar 12
10:45 AM-12:15 PM
$240/6 sess
F Apr 02-Apr 30
10:45 AM-12:15 PM
$200/5 ses

Yoga for Older Adults: Level 1

(55+ yrs)
For beginners. Slow approach to focus on pain-free movement.
Instructor: Terri Damiani
Tu Jan 12-Mar 02
10:30 AM-11:45 AM
$130/8 sess
Tu Mar 09-Apr 27
10:30 AM-11:45 AM
$130/8 sess



Yoga for Older Adults: Level 2

(55+ yrs)
Increase mobility, stamina and vitality.
Instructor: Terri Damiani
Th Jan 14-Mar 04
10:30 AM-12:00 PM
$145.12/8 sess
Th Mar 11-Apr 29
10:30 AM-12:00 PM
$126.98/7 sess
No class Apr 1

SOCIAL

Bridge

(19+ yrs)
Join our group on Tuesdays and enjoy duplicate bridge. Note: no instruction is provided. New players are always welcome.
$2/drop-in or
10 visit pass $10.
Tu Jan 05-Apr 27
12:00 PM-3:00 PM
$1.90/17 sess

Mahjong

(19+ yrs)
Join our group on Thursdays and enjoy Mahjong. Instruction may be provided. New players are always welcome.
$2/drop-in or
$10 for 10 visit pass.
Th Jan 07-Apr 29
1:00 PM-4:00 PM
$1.90/16 sess

Creekside Fitness Centre

Affordable recreation and personal training for health and wellness.

Fitness Centre Consultations

Call 604-257-3050 to book up to three sessions with our fitness centre staff. Review how to use equipment, create a personalized program, and receive a card to track your progress. At your next session, monitor your technique and answer questions about your fitness program. Book a third session if you need additional support.



Call the front desk for times when fitness staff are available for assistance.

Fitness Centre Admission Fees

Age	Adult (19-64)	Youth (13-18) Senior (65+)
Drop-in	$7.93	$5.55
10 Visit Pass	$71.37	$49.95
FLEXIPASS RATES *Access to all Vancouver Park Board fitness centres, pools and rinks.*		
1 month	$64.15	$44.91
3 months	$173.21	$121.25
12 months	$554.26	$387.98

ALL FEES ARE SUBJECT TO CHANGE. PRICES DO NOT INCLUDE TAX.

Personal Training

Improve your health and wellness with support from our certified personal trainers Our trainers will work with you to develop a customized fitness plan designed to meet your fitness goals and fit your busy schedule. Whether you are a beginner, overcoming a plateau, rehabilitating from an injury or looking for sport-specific workouts, our trainers will motivate you in each one hour session.

Personal Training Fees

SESSIONS	PRIVATE (1 PERSON)	SEMI-PRIVATE (2 PEOPLE)	GROUP
1	$65.98	$98.93	$138.78
3	$182.83	$274.29	$371.70
5	$294.07	$452.85	$545.18
10	$527.90	$841	$997.22

ALL FEES ARE SUBJECT TO CHANGE. PRICES DO NOT INCLUDE TAX.


Youth ages
13 and over
are welcome
in the Fitness
Centre.

Room Rental Guide

Rent a room for your workshop, meeting, birthday party, wedding reception, or conference!

Room	Highlights	Hourly Rate (excluding tax)	Size (sq. ft.)	Capacity
Multipurpose 1 (MP1)	Perfect for smaller events and meetings. North facing view of seawall, mountains, Creek (small sink)	$46	600	25
Multipurpose 2 (MP2)	Perfect for smaller events and meetings. North facing view of seawall, mountains, Creek (small sink and counter space)	$43	600	30
Dance Studio	Performance rehearsal/dance space.	$55	900	50
Multipurpose 4 (MP 4)	Fantastic for events and functions. Spectacular views and access to small kitchen facilities	$140	1950	100
Gymnasium	Full court gym ideal for sport bookings and large events (tradeshows, receptions)	Sport: $85 Event: $160	7500	300
Additional Charges				
Staffing	For rentals outside of regular operating hours; number of staff required dependant on activity, scope and size of rental		$44.22/hr per staff	
Damage Deposit	Deposit fee may apply depending on scope of rental event		$200-$1000	
SOCAN & ReSound	Mandatory music royalty tariffs for rentals with music and/or dancing		Starting at $32.90	
Janitorial	Janitorial fees may apply depending on scope of event		$200	

To check room availability call 604.257.3050 ext 1
All reservation requests must be submitted online at *creeksidecentre.ca.*
Note: Discounted room rental rates are available for not-for-profit organizations.

facebook.com/creeksiderec *twitter.com/creeksiderec*

Room Rental Cancellation Policy

Cancellation requests must be received in writing and require a minimum of sixty (60) days' notice to receive a refund of fees paid, less a $25 administration fee. Cancellation requests received prior to thirty (30) days before the respective event will receive a refund which amounts to 50% of the rental fee paid, less a $25 administration fee. **Please note:** refunds of rental fees will not be issued for event cancellations received less than thirty (30) days prior to the event.