



# THUNDERBIRD COMMUNITY CENTRE

## FALL 2025 RECREATION GUIDE



### REGISTRATION BEGINS:

**Catchment:** Tue, Aug 5 | **Public:** Tue, Aug 19

2311 Cassiar Street, Vancouver, BC, V5M 3X3 | 604-713-1818 | [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca) | [www.thunderbirdcc.ca](http://www.thunderbirdcc.ca)

Jointly operated by the Thunderbird Neighbourhood Association and the Vancouver Board of Parks & Recreation





## THUNDERBIRD NEIGHBOURHOOD ASSOCIATION

### MISSION STATEMENT

Our mission is to provide educational, cultural, recreational and social service programs to the Thunderbird catchment area.

### TNA BOARD

#### Executive Directors

President..... Joan Poon  
Vice-President..... Ken Costea  
Secretary..... TBD  
Treasurer..... Sandra Marino

#### Directors at Large

Samuel Ho, David La Vallee, Benny Mah, Tiffany Gu

#### Program Committee

David Ince, David La Vallee, Iraj Khabazian, Tina Panella, Jessica Wong

### MEMBERSHIP

Membership in the Society is free to everyone who registers for a program or event, or purchases a Fitness Centre monthly pass at Thunderbird Community Centre. Parents or guardians who register their children for programs/events, Fitness Centre passes at Thunderbird CC automatically become members in the Society. Registered memberships expire each year on December 31.

**AGM Participation Membership:** Any person over 16 years old who is a member or pays the prescribed AGM Participation Fee, 30 calendar days prior to the AGM, can vote at our AGM. This membership is valid from Jan 1 to Dec 31.

### PROGRAM REGISTRATION

Program registration is on a first come first served basis. We accept cash, debit or credit cards. Please keep receipts for tax purposes. There will be a \$1 charge for each duplicate receipt.

### REFUND & TRANSFER POLICY

Programs may be cancelled and instructors may change during the season due to unforeseen circumstances. Refunds under \$5 will be issued as credit.

**Regular Programs** – per person/per course

- 2 days before the 2<sup>nd</sup> scheduled class for a prorated refund
- Refunds are subject to \$4 admin fee
- Transfers are subject to a \$2 admin fee

**One or two-day programs and out-trips** must be requested 48 business hours in advance unless otherwise noted. Business days are deemed Mon-Fri.

**Day Camps** (per child/per week)

- 14 days prior to the start date
- Refunds are subject to \$8 admin fee
- Transfers are subject to a \$4 admin fee

**Birthday Parties**

- Minimum 30 days prior to the party date for full refund minus \$25 admin fee
- 14-29 days prior to party date for deposit & 50% of party fee refund
- No refund less than 14 days before party date
- Transfers are subject to a \$4 admin fee; no transfers within 30 days of the scheduled party

### MISSED CLASSES & ATTENDANCE

Many of our programs are free or subsidized, and for this reason, we may withdraw a participant from a program when they have missed three consecutive classes. This allows for another participant to have the opportunity to join the program. If no registered participants arrive within 15 minutes of start time, the instructor may leave.

### NSF CHEQUES

\$35 admin fee for each returned cheque.

### LEISURE ACCESS PROGRAM

The Vancouver Park Board Leisure Access Program (LAP) provide Vancouver residents who have limited income 50% off one program, per season, per person or Fitness Centre monthly membership. If a program has additional sets, the discount can apply to all sets of the same program only. Please inform the Front Office staff to apply the discount to additional sets.

Applications for LAP are available at our front office. In order to qualify for the program, you must be a resident of Vancouver and meet family income guidelines on the application form. We do not retroactively apply LAP discounts – you must be active in the program at the time of registration.

For more information, contact the front office or visit [www.vancouver.ca/leisureaccess](http://www.vancouver.ca/leisureaccess).

### SUBSIDIES AVAILABLE

Most programs at Thunderbird are subsidized and the fees are set at the lowest reasonable rates. However, the Association may be able to provide additional subsidies upon request. Please email the Recreation Programmer or inquire at the front office for further subsidy information.

### SAFE ACCESS FOR EVERYONE

We are committed to creating welcoming parks and recreation services for all. We ask that our patrons treat each other and staff with dignity and respect.

### PRIVACY POLICY

Any personal information you provide to us is collected, used and disclosed in accordance with the Freedom of Information & Protection of Privacy Act (FOIPPA) and/or the Personal Information Protection Act (PIPA). The information will only be used for the purpose of administering recreation programs, informing you of our services and benefits and for statistical purposes.

*Thunderbird Community Centre is situated on the unceded traditional territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and səliłwətaʔ (Tsleil-Waututh) Nations.*



## HOURS OF OPERATION

Mon-Fri ..... 9:00 am-9:00 pm  
 Sat ..... 9:00 am-5:00 pm\*  
 Sun ..... Closed  
 Sep 2 ..... 3:30 pm-7:30 pm  
 Sep 1/Sep 30/Oct 13/Nov 11 ... Closed  
 Dec 20-Jan 4 ..... Closed  
 Fitness Centre: Closes 10 minutes before building closure  
 \* Office closes at 4:30 pm

## REGISTRATION

### In-Person at 2311 Cassiar St.

Catchment\*: ..... Tue, Aug 5, 9 am  
 Public: ..... Tue, Aug 19, 9 am

*\*Catchment registration is in person only. Must bring proof of address. You may only register for yourself or immediate family.*

### Online at [vanrec.ca](https://vanrec.ca)

Starting Tue, Aug 19 at 9 am

### Phone us at 604-713-1818

Starting Tue, Aug 19 at 12 pm, and then during regular office hours.

## CATCHMENT

Catchment residents live between the north side of Grandview Hwy to the south side of East 1st Ave and the east side of Renfrew Street to the west side of Boundary Road.



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## MEET THE STAFF

Community Youth Worker .....	Priya Brar	Recreation Facility Clerk .....	Aimée Mergaert
Family & Senior Worker .....	Lorraine Chow	Recreation Programmer .....	Isabella Metcalfe
Out of School Care Supervisor ..	Kristine Wong	Recreation Supervisor .....	Eric Yu
Preschool Supervisor ..	Andrea Clark Geraghty		

# AGM Annual General Meeting

Saturday, November 22, 2025  
 11am – 12pm | Multipurpose Room

*A light lunch will be served for participants of the meeting.*

Please register in Activity #514919 if you plan to attend the meeting. You're a member if you've joined any activity over \$5, bought a Fitness Centre pass, or paid the AGM fee by October 21. Members can vote for Board directors if voting is required.



The Thunderbird Neighbourhood Association is run by a volunteer Board — and we're **looking for new members!**

If you're interested, please email a brief note about your community interests and relevant experience to [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca) by October 1. Experience in areas like teaching, fundraising, promotions, legal, finance, or admin is a plus.

Note: Staff, instructors, and Park Board/Association employees are not eligible due to our conflict of interest policy.

## Thunderbird



604-713-1827 · [thunderbird.preschool@vancouver.ca](mailto:thunderbird.preschool@vancouver.ca)

Our long-running, licensed, and inclusive preschool provides a warm, caring, multicultural environment for 3-5 year olds. All teachers are experienced and certified Special Needs Early Childhood Educators.

### Fall 2025 Spaces are Full - Waitlisting Available

Please email [thunderbird.preschool@vancouver.ca](mailto:thunderbird.preschool@vancouver.ca) to be added to the waitlist. AFFORDABLE CHILD CARE BENEFITS available. Contact Andrea for more information.

Thunderbird Preschool is now a \$10 a day child care centre.  
(Preschool is only \$7 a day)

Thunderbird Preschool follows the "Get Set for School®" curriculum to prepare our Pre-K's for Kindergarten. For more info: [www.lwtears.com](http://www.lwtears.com)

#### Morning Preschool (3-5 yrs old)

Monday to Friday 9:00 am-11:45 am (2.75 hours)  
FEES: \$140/month

#### Afternoon Preschool (3-5 yrs old)

Monday to Thursday 12:15 pm-3:00 pm (2.75 hours)  
FEES: \$112/month

### Meet the Staff

#### Andrea Geraghty, Supervisor

Andrea has been a preschool teacher at TBird CC for over 30 years. She was ECE trained at Kwantlan University College & completed her Special Needs training at Langara College.

#### Marina Lee, Special Needs Teacher

Marina is returning for her 8<sup>th</sup> year at TBird. She received her ECE, Special Needs and Infant/Toddler Diploma from Langara College. She also has a BSc from UBC.

#### Jenna Lee, Special Needs Teacher

We'd like to welcome Jenna to our team this year as she will be replacing Danielle in the fall. Jenna joins us with over 10 years of experience in the field, holding a Special Needs/IT ECE Diploma in addition to a BCST, an MA in TESOL, and a BComm.

#### Kim Nguyen, Child Care Assistant

Kim is returning this year as our Child Care Assistant and Special Needs Support Teacher. Kim received her ECE Assistant Certificate from CAPU.

#### Stephanie Wang, Special Needs Teacher

Stephanie was our SN practicum student last year, and we are happy to have her back part-time this fall as a teacher and support worker. Stephanie just completed her ECE Special Needs/IT training at VCC.

## Out of School Care

For more information, contact Kristine at 604-713-1830 or Email: [tbirdosc@gmail.com](mailto:tbirdosc@gmail.com)



Our hours are 7:30 am- 9:00 am & 3:00 pm-6:00 pm on school days and 8:00 am-5:30 pm on full days.

Our program offers a wide variety of challenging and fun activities before and after school for children aged 5-12 years who attend Thunderbird Elementary School. We aim to provide a positive, safe and inclusive experience through social, recreational & physical activities.

Breakfast and after school snacks are provided daily and lunch is provided on full days.

**This program is currently full and accepting children on our wait list.**

Program Cost: Before and After School Care \$200/month





## Community Action Programs for Children (CAPC)

CAPC Programs 0-6yrs F.A.S.T. (Family & Staff Team) is committed to develop CAPC Families Branching Out as a parent-directed initiative that serves to increase the health and well being of young children and families. The team meets monthly to identify common issues that concern families and work together to develop programs, share resources & plan special events. Childcare and lunch are provided to ensure that the meeting is accessible. If you have a child 0-6 years old and would like to join the F.A.S.T., email Lorraine at [lorraine.chow@vancouver.ca](mailto:lorraine.chow@vancouver.ca).

### F.A.S.T. Meeting

**0-6 yrs • Instructor: Lorraine**

If you have a child 0-6 years old and would like to join the F.A.S.T. please email [lorraine.chow@vancouver.ca](mailto:lorraine.chow@vancouver.ca) for more information.

W	12:15 pm-2:15 pm
Oct 8	Thunderbird CC
Nov 12	Collinwood NH
Dec 11	Frog Hollow NH

### Books For Me

**0-6 yrs • Instructor: Non-Instructional**

Books For Me runs one Monday a month with hundreds of new and gently used books for preschoolers on display. Each family member may choose one book to take home and keep as their own. Free

M	10:00 am-11:00 am
Sep 22, Oct 20, Nov 17, Dec 1	



### Thundertots

**1-4 yrs • Instructor: Ronnie**

What is Physical Literacy? Join us Friday afternoons with your 1-4 year olds and together you will explore motivation and confidence, physical competence, knowledge and understanding for engagement of physical activities for life. Parent participation is required. Free

F	Sep 12-Nov 28	12:30 pm-1:30 pm
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### Family Drop In

**0-6 yrs • Instructor: Clara & Ronnie**

Calling all parents with little ones for a variety of fun activities in the family drop-in. Educational toys, crafts and books are geared towards making learning fun. Parents have the opportunity to socialize and share information with each other. No program Oct 13.

M W F	Sep 8-Dec 5	10:00 am-1:00 pm
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### Family Drop In & Grandma's Kitchen

**0-6 yrs • Instructor: Clara & Ronnie**

Join us for a multi-cultural lunch, led by parents in the community. There are visits from the librarian and the health nurse who can answer questions, share resources and make referrals. Free

Th	Sep 11-Nov 27	10:00 am-1:00 pm
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### Saturday Family Fun

**0-6 yrs • Instructor: Kim**

This program offers families with young children an opportunity to participate in a variety of fun activities, arts and crafts and time to socialize with other parents. Free

Sa	Sep 13-Dec 13	10:00 am-1:00 pm
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### Parenting Workshops/ Services

We offer workshops and talks from various agencies and facilitators to support families on difficult issues. Learn about community resources, government programs, parenting in Canada, how to find employment, the school system and more. Watch for posters in the Family Drop-in. Ask Clara when the student nurses will be visiting to give presentations and offer one to one support to parents.

### Children's Outreach Librarian

**0-4 yrs • Instructor: Clara, Ronnie & Lorraine**

Join us for holiday fun including stories read by the VPL Children's librarian from 11:30am-12pm. There will be simple ornaments you can do with your little ones to take home and hang on your tree.

Th	Dec 4	11:00 am-1:00 pm
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### Thunderbird Catchment Christmas Dinner

**Instructor: Non-Instructional**

Join us for a delicious turkey dinner. Enjoy a variety of tunes by the Van Tech band as you share a meal with others. This event is open to catchment only and you must register in person at Thunderbird. Children 12 and under must be accompanied by an adult. Registration starts on Dec 4. Proof of address is required.

W	Dec 17	5:30 pm-7:00 pm
568559		\$3/Adult \$2/13-18yrs
		\$2/3-12yrs Free/0-2yrs
<i>Free for 0-2 yr olds but you must register them to have their own seat.</i>		

**Daycare Providers:** A max of 3 children per daycare provider is permitted in our programs.

# PRESCHOOL & CHILDREN | Program Schedule

PRESCHOOL & CHILDREN SPRING PROGRAMS					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MCKids Minecraft</b> 8-12 yrs 3:30pm-4:30pm 4:35pm-5:35pm	<b>Act Dance Sing Fun!</b> 8-16 yrs 3:50pm-4:45pm	<b>EFK: After School Club Tech and Coding</b> 6-10 yrs 3:30pm-5:30pm	<b>Ukulele Lessons</b> 5-18 yrs 3:30pm-7:00pm	<b>Thundertots</b> 1-4 yrs 12:30pm-1:30pm	<b>Outdoor Soccer</b> 3-5 yrs 9:00am-9:45am
<b>Head Start Math – K</b> 5-6 yrs 3:30pm-4:45pm	<b>Creative Canva</b> 7-10 yrs 4:00pm-5:00pm	<b>Young Phonics - K</b> 5-6 yrs 3:30pm-4:45pm	<b>Young Cmdr Chess</b> 6-13 yrs 3:30pm-4:30pm	<b>Chinese Calligraphy</b> 6-13 yrs 3:30pm-5:00pm	<b>My First Dance Class</b> 2-4 yrs 9:30am-10:00am
<b>Mandarin Basic</b> 7-12 yrs 3:30pm-4:30pm	<b>Dungeons &amp; Dragons</b> 11-14 yrs 4:15pm-6:15pm	<b>Piano Lessons</b> 5-18 yrs 4:00pm-8:00pm	<b>Young Cmdr Chess</b> 6-13 yrs 4:30pm-5:30pm	<b>Head Start Math Gr. 2</b> 7-8 yrs 3:30pm-5:00pm	<b>Snappy Snackers</b> 8-11 yrs 9:10am-10:00am
<b>Indoor Tennis</b> 7-10 yrs 3:45pm-4:45pm	<b>Cartoon</b> 6-8 yrs 4:40pm-5:40pm	<b>Young Phonics Gr. 1</b> 6-7 yrs 4:45pm-6:00pm	<b>Karate</b> 7-18 yrs 5:30pm-7:00pm	<b>Piano Lesson</b> 5-18 yrs 3:30pm-6:30pm	<b>Outdoor Soccer</b> 6-12 yrs 9:45am-10:45am
<b>Krafty Kids</b> 7-12 yrs 4:00pm-5:00pm	<b>Active Jazz Funk, Pop Dance, &amp; K-Pop</b> 6-13 yrs 4:45pm-5:45pm	<b>Soccer</b> 6-8 yrs 5:00pm-6:00pm		<b>Drum/Guitar Lessons</b> 5-18 yrs 6:00pm-8:30pm	<b>Piano Lessons</b> 5-18 yrs 9:30am-3:00pm
<b>Taekwondo Beginner</b> 6-18 yrs 4:25pm-5:30pm	<b>Basketball</b> 6-8 yrs 5:00pm-6:00pm	<b>Swim &amp; Skate</b> 8-12 yrs 5:00pm-9:00pm			<b>Let's Learn Mandarin 1</b> 7-9 yrs 10:00am-11:00am
<b>Mandarin Basic</b> 7-12 yrs 4:35pm-5:30pm	<b>A Ballet Time With Strength &amp; Stretch</b> 6-13 yrs 5:45pm-6:45pm	<b>Soccer</b> 9-12 yrs 6:00pm-7:00pm			<b>Little Ballerinas</b> 3-5 yrs 10:15am-11:00am
<b>Head Start Math Gr. 1</b> 6-7 yrs 4:45pm-6:00pm	<b>Character Design</b> 9-12 yrs 5:50pm-6:50pm				<b>Mini Chefs</b> 9-12 yrs 10:15pm-11:15am
<b>Indoor Tennis</b> 11-14 yrs 4:50pm-5:50pm	<b>Drum/Guitar Lessons</b> 5-18 yrs 6:00pm-8:30pm				<b>Hip Hop Breakers</b> 3-5 yrs 11:05am-11:50am
<b>Indoor Tennis</b> 8-14 yrs 5:55pm-6:55pm	<b>Basketball</b> 9-12 yrs 6:05pm-7:05pm				<b>Let's Learn Mandarin 2</b> 8-12 yrs 11:05pm-12:05am
<b>Drum/Guitar Lessons</b> 5-18 yrs 6:00pm-8:30pm	<b>Active Jazz Funk, Pop Dance - Family</b> +1 yrs 6:45pm-7:45pm				<b>Hip Hop Jazz</b> 6-11 yrs 11:55am-12:55pm
<p><b>Register early!</b> Classes will get cancelled if we do not meet minimum numbers of participants. Please note: schedule is subject to change due to instructor availability and enrolment numbers.</p> <p>Legend: ● Arts/Music ● Dance ● Educational ● Sports</p>					<b>STEM It</b> 5-8 yrs 12:30pm-1:30pm
					<b>Learn How to Code</b> 9-14 yrs 1:00pm-3:00pm
					<b>123, ABCs</b> 4-6 yrs 1:45pm-2:45pm



**PARENT/GUARDIAN RESPONSIBILITY**

All children under the age of 10 are required to have a parent, guardian or person 16 years or older supervise when not attending a registered program. The staff at Thunderbird are not responsible for children left unattended after programs have finished. Parents/guardians are responsible for picking up their children as soon as their programs have ended.

**DURING THE CLASS**

We kindly ask all parents/caregivers to wait outside the program space during their child's participation.

**PHOTOS/VIDEOS**

For the safety and privacy of all participants, please refrain from taking photos and videos of the class. Should Thunderbird CC staff take photos of the class, you will be asked to sign a consent form. Photos taken by staff may be used for the purposes of promotion, including in our Recreation Guides, website and social media.

**SUPPORTED PARTICIPANTS**

Participants that require additional support (i.e. support worker) during the program are welcome but the support worker must have a valid Police Information Check on file. Please speak with the Recreation Programmer for additional information.

**LATE PICK UP POLICY**

It is the responsibility of the parent/guardian to ensure that children under the age of 10 are picked up as soon as the program has ended. There will be a late fee of \$2 each minute per child for late pick up.

**PRESCHOOL****Creative Arts****Art Jam with a Disney Animator**

**4-5 yrs • Instructor: Happy Kids Studios**

Create concept drawings, learn about colour palettes and develop freehand drawing skills in this specialized class. Instructed by a former Disney animator from Happy Kids Studios. No Class Sep 30 and Nov 11.

Tu	Sep 9-Oct 14	3:30 pm-4:30 pm
570807		\$75/5 sess
Tu	Oct 21-Dec 2	3:30 pm-4:30 pm
570808		\$90/6 sess

**Dance****Hip Hop Breakers**

**3-5 yrs • Instructor: Endorphin Rush Dance**

Calling all boys and girls! Let's move and groove! This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Through the season we will work on a choreographed dance. Get ready to cheer with gusto! Please bring a filled water bottle each day. [www.KirbySnellDance.com](http://www.KirbySnellDance.com).

Sa Sep 6-Dec 13 11:05 am-11:50 am  
572563 \$105/15 sess

**My First Dance Class**

**2-4 yrs • Instructor: Endorphin Rush Dance**

An introduction to creative dance. Aspiring little dancers, along with their guardians, will use songs, movement explorations and games to explore coordination, rhythm, spatial awareness and cooperation. This class is for the youngest of dancers to experience a playful class with the support of their parents/guardian present. Parent/guardian participation is required. [www.KirbySnellDance.com](http://www.KirbySnellDance.com).

Sa Sep 6-Dec 13 9:30 am-10:10 am  
572561 \$105/15 sess



*We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.*

## Educational

### 123, ABCs

**4-6 yrs • Instructor: Crystal**

123 ABCs is a playful and engaging introductory program that helps young learners build a strong foundation in early literacy and numeracy. Children will explore the alphabet and numbers through fun worksheets and hands-on activities. They'll begin to understand basic phonics, learn to recognize and sound out words, write simple sentences, and read a variety of words. Through interactive storybook reading and number play, kids will also learn to recognize and form different types of numerals — all while building confidence and a love for learning!

Sa Sep 13-Oct 25 1:45 pm-2:45 pm  
573128 \$35/7 sess  
Sa Nov 1-Dec 13 1:45 pm-2:45 pm  
573129 \$35/7 sess

### Head Start Math - K

**5-6 yrs • Instructor: Clara**

Students will review and practice counting from 1 - 20. They will learn to spell the numbers and write the numerals in sequence. Students will also be introduced to basic math equations involving addition and subtraction within 10. They will learn to recognize and continue patterns and compare numbers, sizes, and shapes. No class Oct 13.

M Sep 8-Dec 1 3:30 pm-4:45 pm  
572569 \$66/12 sess

### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## Young Phonics - K

**5-6 yrs • Instructor: Clara**

Students will review and practice ABC's at a pace of one letter a week. They will be given opportunities to write and say the letter names. At Circle Time, students will connect and apply their alphabet learning through songs, games, and activities. Students will also learn the letter sounds and build recognition of beginning, middle, and end sounds. They will also be introduced to sight words and begin basic sentence writing.

W Sep 10-Dec 3 3:30 pm-4:45 pm  
572574 \$71.50/13 sess



## Sport

### Outdoor Soccer

**3-5 yrs • Instructor: Marvin**

It's important to always have fun! Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

Sa Sep 13-Nov 1 9:00 am-9:45 am  
571108 \$72/8 sess



### Parent and Tot Gym

**0-6 yrs • Caregiver Participation Required**

Jump on the bouncy castle or swing on the jungle gym! Join in on this time for your child to socialize and play in the gym. Parent participation is required. No session on Oct 25. TSBC license #LAM0200026 Organized birthday parties are not allowed during our parent & tot gym program.

Sa Sep 6-Nov 29 9:30 am-11:00 am  
572581 \$2/drop-in; \$18/10-visit card



**CHILDREN****Computer Programs****EFK: After School Club - Technology & Coding****6-10 yrs • Instructor: Engineering For Kids**

An exciting foundation program where participants express their creativity through software engineering, exploring different tools such as visual applications, coding, and the Engineering Design Process to design digital art, create interactive stories, and understand key programming concepts. This program blends art, storytelling, and technology, helping your minds think like real software engineers while having fun bringing their ideas to life!

W Sep 10-Oct 15 3:30 pm-5:30 pm  
575258 \$240/6 sess

W Nov 5-Dec 10 3:30 pm-5:30 pm  
575259 \$240/6 sess

**MCKids Minecraft****8-13 yrs • Instructor: Anna**

Optimize your child's social-emotional skills while we explore hands-on weekly lessons connecting learning in Science, History, Engineering, Math and pre-programming learning. Collaborate with students in the room, and at home, on quests and in-game activities. Practice keyboarding skills and learn more about the tools that can help us do amazingly creative things in our Java edition, Minecraft game. Get to know the MCKids community and how we play together through informed, regulated behaviour and healthy conduct. No class Oct 13.

M Sep 15-Dec 8 3:30 pm-4:30 pm  
572053 \$126/12 sess

M Sep 15-Dec 8 4:35 pm-5:35 pm  
572054 \$126/12 sess

**Creative Arts****Cartoon with a Disney Animator****6-8 yrs • Instructor: Happy Kids Studios**

Learn to tell stories through drawings and by working on character development, thumbnails, layout pages, panelling and more. Instructed by a former Disney animator from Happy Kids Studios. Note: Siblings can go together in the same class for example 5 y.o. and 7 y.o. can either join Art Jam or Cartoon depending on the families preference. No class Sep 30 and Nov 11.

Tu Sep 9-Oct 14 4:40 pm-5:40 pm  
570809 \$75/5 sess

Tu Oct 21-Dec 2 4:40 pm-5:40 pm  
570811 \$90/6 sess

**Character Design with a Disney Animator****9-12 yrs • Instructor: Happy Kids Studios**

Focus on creating appealing characters in animation, comics, games and more. Instructed by a former Disney animator from Happy Kids Studios. Note: Siblings can go together in the same class for example 5 y.o. and 7 y.o. can either join Art Jam or Cartoon depending on the families preference. No class Sep 30 and Nov 11.

Tu Sep 9-Oct 14 5:50 pm-6:50 pm  
570812 \$75/5 sess

Tu Oct 21-Dec 2 5:50 pm-6:50 pm  
570813 \$90/6 sess

**Chinese Calligraphy for Kids****6-13 yrs • Instructor: Tony**

The Chinese Calligraphy for Kids program encourages young children to connect with Traditional Chinese culture by painting Chinese characters and motifs. During the course, children will learn to write with a brush pen. They will master regular strokes, character and even a little Chinese cursive writing. There will be many interesting practical tasks and workshops.

F Oct 24-Dec 12 3:30 pm-5:00 pm  
572588 \$66.64/8 sess

**NEW! Creative Canva - For Young Graphic Designers****7-10 yrs • Instructor: Vivienne**

For Young Graphic Designers is a fun and interactive program designed to introduce young creators into the world of graphic design! Through engaging lessons and hands-on activities, kids will learn how to use Canva to make eye-catching posters, fun graphics, digital holiday cards, book covers, cool online art, and so much more! With easy-to-follow instructions and creative challenges, this program helps kids develop design skills while letting their imagination run wild. No class Sep 30 or Nov 11.

Tu Sep 9-Dec 9 4:00 pm-5:00 pm  
574092 \$60/12 sess

**Krafty Kids****7-12 yrs • Instructor: Ryan**

In this class, students will strengthen their unique independent artistic skills using a variety of mediums, such as watercolour, textiles, clay, acrylics, scrapbooking, jewelry and many more! Every session is filled with fun creativity, and the chance to make your own imaginative creations. Join us to explore a vast world of colours, shapes, and endless crafty possibilities! No session Oct 13.

M Sep 15-Dec 15 4:00 pm-5:00 pm  
573203 \$91/13 sess



## Mini Chefs

**9-12 yrs • Instructor: Ryan**

Join us at Mini Chefs and discover how to create a variety of delicious foods and snacks every week. Please bring a reusable container to each class.

Sa Sep 13-Dec 13 10:15 am-11:15 am  
573206 \$101.50/14 sess

## Snappy Snackers

**6-8 yrs • Instructor: Ryan**

Are you an aspiring chef? Do you like to snack? Then come join the class. Please note that Tupperware or any re-useable container will be required for each class.

Sa Sep 13-Dec 13 9:10 am-10:00 am  
573210 \$91/14 sess

## Dance

### Hip Hop Jazz

**6-12 yrs • Instructor: Endorphin Rush Dance**

Combine the style of hip-hop with the technical dance skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please bring running shoes and wear comfortable stretchy clothing and non-marking shoes. Please bring a filled water bottle each day. [www.KirbySnellDance.com](http://www.KirbySnellDance.com).

Sa Sep 6-Dec 13 11:55 am-12:55 pm  
572564 \$127.50/15 sess

## ILLUMA STUDIO CLASSES

No previous experience required. Learned skills showcasing will be announced throughout the course. Dress: dry indoor shoes with non-marking soles preferred (especially during rain/snow season), comfortable sports / loose / baggy clothing & face covering (as needed). Bring your water bottle and sufficient nut free snacks to fuel your student for an energetic workout! Class curriculum will be different between same-subject sessions throughout the year; we welcome repeat students at our classes! Find us on FB/IG @illumastudio. Drop in \$10, space permitting.

### A Ballet Time with Strength and Stretch

**NEW!** 6-13 yrs • Instructor: ILLUMA Studios

Come learn proper breathing, strengthening, stretching and all the fundamentals of ballet. Students will enjoy a better understanding of their body and develop muscle memory. Having learned the essentials of ballet, our goal is for the student to improve physical awareness, have stronger core muscles, increase flexibility and stand tall with confidence. No class Sep 30 or Nov 11.

Tu Sep 9-Dec 2 5:45 pm-6:45 pm  
569838 \$99/11 sess

### Act Dance Sing FUN! Musical Theatre

**8-16 yrs • Instructor: ILLUMA Studios**

Come learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. Learn teamwork while supporting classmates, have fun, and rise to a new challenge. No class Sep 30 or Nov 11.

Tu Sep 9-Dec 2 3:50 pm-4:45 pm  
569835 \$99/11 sess

### Active Jazz Funk, Hip Pop & KPOP Dance Sampler - Family

**1+ yrs • Instructor: ILLUMA Studios**

As a family, come experience high dynamics cardio dancing! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and rise to a new challenge. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge! No Class Sep 30 or Nov 11.

Tu Sep 9-Dec 2 6:45 pm-7:45 pm  
569837 \$99/11 sess

### Active Jazz Funk and Pop Dance & KPOP Sampler

**6-13 yrs • Instructor: ILLUMA Studios**

Come experience high dynamics cardio dance and Jazz Funk and Hip Hop fundamentals while vibing to Korean and Asian Pop Music! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Learn teamwork while supporting classmates, have fun, and rise to a new challenge. No class Sep 30 or Nov 11.

Tu Sep 9-Dec 2 4:45 pm-5:45 pm  
569836 \$99/11 sess



## Day Camps

### Pro D Day Camp

**6-12 yrs • Instructor: Instructor TBA**

Looking for a fun and active way for your child to spend their day off school? Join us for our Pro D Day Camp at THCC! Kids will enjoy a full day of games, crafts, sports, and exciting activities led by our enthusiastic staff!

F	Oct 24	9:00 am-3:30 pm
572582		\$28/person
F	Nov 21	9:00 am-3:30 pm
572583		\$28/person

### Let's Learn Mandarin Gr.1

**7-9 yrs • Instructor: Vicky**

This level is based on the book "Let's Learn Mandarin" Grade one book. Grade one will take three seasons to complete. We will focus on vocabulary building, counting, and simple dialogues. Children also learn to write Chinese characters and sing songs. No class Oct 13.

#### New Students

Sa	Sep 20-Dec 13	10:00 am-11:00 am
572597		\$91/13 sess

#### Returning Students

M	Sep 15-Dec 8	3:30 pm-4:30 pm
572599		\$84/12 sess

### Red Cross Babysitting

**11-15 yrs • Instructor: First Aid Hero**

So you want to be a babysitter? Or, your parents want you to take this course so they feel confident leaving you at home alone? Babysitting with First Aid Hero emphasizes learning through real life scenarios. Covered in this course: Exploring the Business of Babysitting, Creating Safe Environments, Safely Caring for ages 0-12, First Aid Skills. Bring a doll or teddy to practice on and please bring a lunch for the day.

Sa	Sep 20	9:00 am-5:00 pm
573149		\$70/1 sess

## Educational

### Head Start Math - Gr. 1

**6-7 yrs • Instructor: Clara**

Grade 1 students will review and work within numbers to 100. They will explore and practice skip counting and comparing numbers. They will also learn place values, addition and subtraction within 100, and measurement. No class Oct 13.

M	Sep 8-Dec 1	4:45 pm-6:00 pm
572567		\$66/12 sess

### Head Start Math - Gr 2

**7-8 yrs • Instructor: Clara**

Grade 2 students will review and work within numbers to 1000. They will explore and practice comparing numbers and solving word problems. They will also learn place values to 1000, addition and subtraction with regrouping, mixed operations, and data analysis.

F	Sep 12-Dec 5	3:30 pm-5:00 pm
572565		\$71.50/13 sess

### Let's Learn Mandarin Gr.2

**8-12 yrs • Instructor: Vicky**

You are welcome to join this level when you finish Gr. 1 or with Mandarin Basic. All lessons will increase and deepen the phase and conversation. The book "Let's Learn Mandarin 2" will take 3 seasons to complete. No class Oct 13.

#### New Students

Sa	Sep 20-Dec 13	11:05 am-12:05 pm
572598		\$91/13 sess

#### Returning Students

M	Sep 15-Dec 8	4:35 pm-5:35 pm
572600		\$84/12 sess

### Red Cross Stay Safe!

**9-13 yrs • Instructor: First Aid Hero**

Do you or your parents want to feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation? This workshop involves First Aid, Active role-play and Interactive fun! Course Content:- Canadian Red Cross Principals- My Family and Me- My Time: Scheduled and Leisure Activities- Expecting The Unexpected- Healthy Choices- First Aid (Handwashing, Check, Call, Care, Complete Choking - Alone, Anaphylaxis and Use of EpiPen Auto-Injector, Life-Threatening External Bleeding )Please bring a lunch for the day.

Sa	Oct 18	9:00 am-3:00 pm
573225		\$70/1 sess



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.



## STEM It

**5-8 yrs • Instructor: Crystal**

STEM IT is a fun, hands-on program where kids explore Science, Technology, Engineering, and Math through exciting projects and games. They'll learn about simple animal and plant biology, explore motion in physics, and try safe, colorful chemistry lab experiments. Math skills are built through engaging worksheets and visual learning tools — all designed to spark curiosity and develop problem-solving skills through play!

Sa Sep 13-Oct 25 12:30 pm-1:30 pm  
573130 \$35/7 sess  
Sa Nov 1-Dec 13 12:30 pm-1:30 pm  
573131 \$35/7 sess

## Young Phonics - Gr. 1

**6-7 yrs • Instructor: Clara**

Students will review and practice consonant sounds and short and long vowel sounds. Through stories, activities, and worksheets, students will learn to read sight words and decipher new words using phonics. Students will also practice forming and writing sentences. They will also be introduced to basic sentence grammar including the parts of speech.

W Sep 10-Dec 3 4:45 pm-6:00 pm  
572572 \$71.50/13 sess



### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## Young Commander Chess

**6-13 yrs • Instructor: Clement**

As school academics in a game, playing chess and being smart are interconnected. There's a strong correlation between chess and academic achievement including math, spatial analysis and non-verbal reasoning ability. This class will help promote life-skills, goal setting, leadership, and more! Kids can draw upon and develop a well-rounded discipline, amidst a friendly social setting where art meets science and math with fun. Chess folder kit included.

**Novice (Starter):**

Anyone new or with limited knowledge of art-of-chess basics.

Th Sep 11-Dec 11 4:30 pm-5:30 pm  
573146 \$112/14 sess

**Intermediate/Advance:**

Anyone proficient with chess tactics and advanced strategies.

Th Sep 11-Dec 11 3:30 pm-4:30 pm  
573145 \$112/14 sess



## Martial Arts

Participants under 19 years of age must sign a Park Board waiver prior to participating. Uniform is optional for beginners, please speak with the instructor to find what size you are.

### Karate

**7+ yrs • Instructor: George**

This class will introduce you to many aspects of the traditional style of Go-Ju Ryu Karate. This class is taught by 8th Dan black belt Shihan George Chan (with over 50 years of experience), 4th Degree Black Belt Dan McCallum and 2nd Degree black belt John Cotter. The focus is on self-defence, fitness training, non-contact sparring and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress levels. Visit [www.kuyukai.com](http://www.kuyukai.com) for more information. Parents are welcome to register into the class to join their child.

Th Sep 11-Oct 23 5:30 pm-7:00 pm  
573126 \$105/7 sess

Th Nov 6-Dec 11 5:30 pm-7:00 pm  
573127 \$90/6 sess

*For participants interested in progressing with coloured belts, Kuyukai membership and attendance card are available for purchase.*

Attendance card \$8  
Kuyukai membership \$30  
Uniform \$66 to \$102

### Taekwondo - Beginner

**6-18 yrs • Instructor: Jacky**

A dynamic Korean Martial Art that is known for its emphasis on kicking techniques, strikes and self defence in addition to the development of physical and mental discipline. This WT style of Taekwondo is a martial arts that's recognized in both Poomsae (forms) & Kyorugi (sparring). No class on Oct 13.

M Sep 15-Dec 8 4:30 pm-5:30 pm  
572560 \$132/12 sess

## Music Lessons

### Drum Private Lessons

**5-18 yrs • Instructor: Sam**

Drum Lessons Play to the rhythm and the beat! Lessons are private and are conducted on a full set of acoustic drums. Learning material included. Lessons are 30 minutes.

<b>M</b>	<b>Sep 15-Dec 8</b>	<b>6:00 pm-8:30 pm</b>
Various Times		\$221/13 sess
<b>T</b>	<b>Sep 16-Dec 9</b>	<b>6:00 pm-8:30 pm</b>
Various Times		\$221/13 sess
<b>F</b>	<b>Sep 19-Dec 12</b>	<b>6:00 pm-8:30 pm</b>
Various Times		\$221/13 sess

### Guitar Private Lessons

**5-18 yrs • Instructor: Sam**

Guitar Lessons Strum your way to sound! In these private lessons you will learn music notes, fretting, chords, music theory and how to read music. Customizing a structured class based on each student's needs. Bring your own guitar. Lessons are 30 minutes.

<b>M</b>	<b>Sep 15-Dec 8</b>	<b>6:00 pm-8:30 pm</b>
Various Times		\$221/13 sess
<b>T</b>	<b>Sep 16-Dec 9</b>	<b>6:00 pm-8:30 pm</b>
Various Times		\$221/13 sess
<b>F</b>	<b>Sep 19-Dec 12</b>	<b>6:00 pm-8:30 pm</b>
Various Times		\$221/13 sess

### Piano Private Lessons

**5-18 yrs • Instructor: Carmen**

The goal of the program is to teach basic piano skills. Students will progress through 3 levels of difficulty. After the 3 levels, you can move on and consider taking Elementary piano exams through the Royal Conservatory of Music, Toronto, examination syllabus. Lessons are generally focused on: sitting position at the piano, keyboard recognition, note recognition, rhythmic exercise, piano pieces, and elementary theory exercises. Books are required at an additional cost. Lessons are 30 minutes.

<b>F</b>	<b>Sep 19-Dec 12</b>	<b>3:30 pm-6:30 pm</b>
Various Times		\$260/13 sess
<b>Sa</b>	<b>Sep 20-Dec 13</b>	<b>10:00 am-3:00 pm</b>
Various Times		\$240/12 sess



### Piano Private Lessons

**5-18 yrs • Instructor: Jazzy**

The goal of the program is to teach basic piano skills. Students will progress through 3 levels of difficulty. After the 3 levels, you can move on and consider taking Elementary piano exams through the Royal Conservatory of Music, Toronto, examination syllabus. Lessons are generally focused on: sitting position at the piano, keyboard recognition, note recognition, rhythmic exercise, piano pieces, and elementary theory exercises. Books are required at an additional cost. Lessons are 30 minutes.

<b>W</b>	<b>Sep 17-Dec 10</b>	<b>4:00 am-8:00 pm</b>
Various Times		\$221/13 sess

### Ukulele Private Lessons

**5-19 yrs • Instructor: Tom**

Tom is an experienced professional Guitar and Ukulele player and instructor. Students, all ages and skill level are welcome! Each private lesson will be tailored to your skill, age, ability and interests. Please bring your own instrument. Students will be asked to purchase their own music book. The instructor will let you know which book to purchase on the first class. Lessons are 30 minutes.

<b>Th</b>	<b>Sep 11-Dec 11</b>	<b>3:30 pm-7:00 pm</b>
Various Times		\$231/14 sess

## Social

### Dungeons and Dragons

**11-14 yrs • Instructor: Wake**

Dungeons & Dragons is an interactive fantasy-themed storytelling game where you get to roll dice and play as a character of your own creation! Come join our party of adventurers as you advance through a fun campaign where your choices influence the flow of the story. This will be a beginner-friendly experience to D&D, but players with an advanced understanding of the game are also welcome. We hope to see you there! (Dice and other equipment will be provided). No class Sep 30 or Nov 11.

<b>Tu</b>	<b>Sep 9-Dec 9</b>	<b>4:00 pm-6:30 pm</b>
571651		\$90/12 sess

### Tabletop Role-Playing Games Kids Con

**8-14 yrs • Instructor: Josh**

The TTRPG Kids Convention is a unique opportunity for kids to spend a whole day learning and playing tabletop role-playing games run by experienced game masters. Participating in games such as Dungeons and Dragons, Magical Kitties to the Rescue, and No Thank You, Evil!, kids will play heroic characters who cooperate to solve problems, and maybe vanquish evil along the way. If you have a budding game master at home who wants to learn how to plan and run games for their friends, we are offering workshops to get new GMs started. Please pack a water bottle, snacks and lunch. This program meets at Sunrise Hall - 1950 Windermere Street. For more details, please visit TTRPGKidsCon.com

<b>Su</b>	<b>Nov 2</b>	<b>9:00 am-4:00 pm</b>
570402		\$10/1 sess



*We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.*

## Sports

### Basketball

**6-12 yrs • Instructor: Owen**

Put on your running shoes and practice your shots with the rest of the team. Children will work on basketball drills and be part of a team. No class Sep 30 and Nov 11.

**6-8 yrs**

Tu Sep 16-Dec 16 5:00 pm-6:00 pm  
571113 \$69/12 sess

**9-12 yrs**

Tu Sep 16-Dec 16 6:05 pm-7:05 pm  
571114 \$69/12 sess



### Indoor Tennis Beginner Level 1.0-1.5

**7-14 yrs • Instructor: Daniel**

This beginner's class is an introduction to play tennis. Students are introduced to basic forehand and backhand while developing hand-eye coordination through a variety of fun games and activities. An emphasis is placed on inspiring a love for the game while building a strong technical foundation. Please bring your racquet and water bottle. No class Oct 13.

**7-10 yrs**

M Sep 8-Dec 15 3:45 pm-4:45 pm  
573137 \$84/14 sess

**11-14 yrs**

M Sep 8-Dec 15 4:50 pm-5:50 pm  
573136 \$84/14 sess

### Indoor Tennis Beginner/Intermediate Level 1.5-2.0

**8-14 yrs • Instructor: Daniel**

This intermediate class continues to develop tennis skills for those players who have been introduced to the game. Students will participate in a variety of fun drills and games to enhance their skills. Students will also have the opportunity to play games. Please bring your racquet and water bottle. No class on Oct 13.

M Sep 8-Dec 15 5:55 pm-6:55 pm  
573138 \$84/14 sess



### Outdoor Soccer

**6-12 yrs • Instructor: Marvin**

It's important to always have fun! Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave.

Sa Sep 13-Nov 1 9:45 am-10:45 am  
571109 \$80/8 sess

### Soccer

**6-12 yrs • Instructor: Justin**

Participants will have fun while learning cooperative games and fundamental movement skills all the while burning off some energy. Please bring a water bottle.

**6-8 yrs**

W Sep 10-Dec 10 5:00 pm-5:55 pm  
571106 \$80.50/14 sess

**8-12 yrs**

W Sep 10-Dec 10 6:00 pm-7:00 pm  
571107 \$80.50/14 sess

### Swim & Skate

**8-12 yrs • Instructor: Isaac & Monica**

Each week, we will travel to a different Vancouver or Burnaby location to swim or skate. Drop-in is permitted when space is available.

W Sep 17-Dec 10 5:00 pm-9:00 pm  
571648 \$94.25/13 sess

### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.





# TRICK OR TREAT FUN FAIR



Saturday, October 25 | 10:30am – 12:30pm

\$4



- 🍭 Halloween Treats
- 🍭 Fun Games & Crafts
- 🍭 Come in Costume!

Please register the child(ren) that will be attending in activity  
**#578643**. Parents and kids under 2 are free.



## breakfast With Santa

Saturday  
December 6th  
10:30am – 12:30pm  
\$8/person



- Enjoy a pancake breakfast
- Holiday Crafts
- Photo Opportunities



Please register each person who  
will be attending in activity  
**#578632** - Kids 2 & under are free!

YOUTH ACTIVITIES SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Games Room 3:00 pm-6:30 pm Ages: 10-18	Games Room 3:00 pm-6:30 pm Ages: 10-18	Writers' Exchange 3:00 pm-4:30 pm Grade 4-7	Games Room 3:00 pm-6:30 pm Ages: 10-18	Games Room 3:00 pm-10:00 pm Ages: 10-18	Breakfast Club 10:30 am-12:30 pm Ages: 10-18
		Games Room 3:00 pm-6:30 pm Ages: 10-18		Youth Dinner 3:00 pm-5:00 pm Ages: 13-18	
				Youth Council 6:00 pm-8:00 pm Ages: 13-18	
			Drop-In Volleyball 7:00 pm-9:00 pm Ages: 13-18	Drop-In Basketball 8:00 pm-10:00 pm Ages: 13-18	
Please note: schedule is subject to change due to staff availability and participation numbers. Games Room closed in the Summer.					
Legend: ● Social ● Games Room Drop-in ● Educational/Leadership ● Sports/Fitness					

## Community Youth Development

Youth Services at Thunderbird CC are a partnership between the Vancouver Board of Parks and Recreation and the Thunderbird Neighbourhood Association.

Youth programs reflect the principles of CYD in the City of Vancouver: accessible, collaborative, preventative and inclusive.

Youth are respected, supported and involved in program planning, implementation and decision-making.



Follow [@vanyouth](#) and [@thunderbirdyouth](#) on Instagram for updates about youth programs, volunteer opportunities, citywide initiatives, and all things youth related!

## Youth Leadership

### Thunderbird Youth Council

**13-18 yrs • Instructor: Priya B**

Do you want to be actively involved in shaping youth programs? Do you have thoughts and ideas about how to better influence your community? Youth Council will help you become a leader in this community, share your voice, and really impact the youth community. The direction of Youth Council is driven by you! [Thunderbird Catchment only](#). Please contact CYW Priya Brar to register: [priya.brar@vancouver.ca](mailto:priya.brar@vancouver.ca) / 604.379.4735. No program Nov 29.

F Sep 19-Dec 12 6:00 pm-8:00 pm  
573271 Free



## Youth Dinner

**13-18 yrs • Instructor: Priya B**

Dinner for any youth aged 13-18 hanging out in drop-ins and programs on Friday evening. No registration required!

F Sep 12-Dec 12 3:00 pm-5:00 pm  
Free



## Education

### Writer's Exchange

**9-12 yrs • Instructor: Phillis T**

Writers' Exchange meets Thunderbird Community Centre! Every Wednesday there will be an after-school program for grade 4's - 7's to be creative, hangout, and have fun! Join us in playing your favourite board games, getting homework support, and of course, enjoying yummy snacks. Every week we'll work on a fun, creative activity; like making candles or a blindfolded food tasting. Or work on a long term project; like creating a book or building a community library! [This program is for youth living in the Thunderbird catchment and by referral only. Contact CYW Priya Brar: \[priya.brar@vancouver.ca\]\(mailto:priya.brar@vancouver.ca\) / 604.379.4735.](#)

W Sep 10-Dec 10 3:00 pm-4:30 pm  
573264 Free

## Social

### Games Room

**10-18 yrs**

The games room is open to youth ages 10-18! Come connect with the Youth Worker/Youth Staff, play some video games, board games, or just hang out and lounge around!

M Sep 8-Dec 15 3:00 pm-6:30 pm  
Tu Sep 9-Dec 16 3:00 pm-6:30 pm  
W Sep 10-Dec 17 3:00 pm-6:30 pm  
Th Sep 11-Dec 18 3:00 pm-6:30 pm  
F Sep 12-Dec 19 3:00 pm-10:00 pm  
Free

### Breakfast Club

**10-18 yrs**

Games room drop in - with breakfast! Come hang out, eat some yummy food, and lounge around. Open to youth ages 10-18. No session Sep 20. No registration required, drop-in only.

Sa Sep 13-Dec 13 10:30 am-12:30 pm  
Free

## Sports



### Drop-in Basketball

**13-19 yrs • Instructor: Owen H**

Lace up your ball shoes and come shoot some hoops! Open to youth ages 13-18.

F Sep 5-Dec 12 8:00 pm-10:00 pm  
Free

### Drop-in Volleyball

**13-18 yrs • Instructor: Ray R-O**

Drop in Volleyball for youth 13-18!

Th Sep 4-Dec 11 7:00 pm-9:00 pm  
Free

### Zero Gravity

**13-18 yrs • Instructor: Owen H**

Ready to take your game to new heights? Zero Gravity is the program you need! Come join Coach Owen on Friday nights from 6pm-8pm for a fun plyometric workout and low rim dunking. A great chance to work on your vertical jump with a proven jump program and a fun place to get better!

F Sep 12-Dec 12 6:00 pm-8:00 pm  
575485 Free

## Volunteer Opportunities

### Volunteer Orientation

**13-18 yrs**

Volunteering is a great time to earn your hours you need for school, but also a fantastic opportunity to learn leadership skills working with children ages 6 to 10 years old. This is an opportunity to gain some experience, have fun, make connections with other volunteers and staff and ensure you have some references for future job applications. In fact, many of our volunteers end up becoming paid leaders themselves in future years, and continue working in the community system network. Please note that any volunteer must have parental consent including getting a police information check. If you want more information, please email Priya, Community Youth Worker at [priya.brar@vancouver.ca](mailto:priya.brar@vancouver.ca).

F Sep 26 4:00 pm-6:00 pm  
580496 Free



*We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.*



## Martial Arts

### Karate

**7+ yrs • Instructor: George, Dan & John**

This class will introduce you to many aspects of the traditional style of Go-Ju Ryu Karate. The focus is on self-defence, fitness training, non-contact sparring and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress levels. Participants under 19 years of age must sign a Park Board waiver prior to participating. Parents are welcome to register into the class to join their child.

Th	Sep 11-Oct 23	5:30 pm-7:00 pm
573126		\$105/7 sess
Th	Nov 6-Dec 11	5:30 pm-7:00 pm
573127		\$90/6 sess

### Adult Taekwondo

**18+ yrs • Instructor: Jacky**

Join our Taekwondo class tailored for adults aged 18 and over! Focus on self-defence techniques, sparring, kicking, and combat skills to boost your confidence and fitness. Whether you're a beginner or have experience, our skilled instructors will support you every step of the way. Experience the benefits of martial arts in a fun and empowering environment! No class on Oct 13. Participants must sign a Park Board waiver prior to participating.

M	Sep 15-Dec 8	5:30 pm-7:00 pm
572559		\$156/12 sess

### Yang Style 24 Forms Tai Chi for Beginners

**19+ yrs • Instructor: Art**

The Yang Style 24 form is a simplified version of Yang Style Traditional Tai Chi. The traditional movements are condensed into 24 moves which can be completed in approximately 6 minutes. The lessons will incorporate the basic Yang Style movements with the goal of improving your flexibility, balance, and strength. The ultimate result of practicing tai chi will lead to better overall physical and mental wellbeing.

Tu	Sep 16-Dec 9	9:05 am-10:50 am
571647		\$39/13 sess

## Sports

### ADULT SPORTS PARTICIPANTS

#### REGISTRATION INFORMATION

Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk before proceeding to the gym. All no-show spots will be sold at that time to drop-ins. Spots are non-transferable.

#### DROP-IN INFORMATION

For drop-in lists, you may register yourself and one other person. Spots are non-transferable. Drop-ins based on space permitting.

#### DROP-IN PROCEDURES

First priority is for those who are registered. Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk. All no-show spots will be sold at that time to drop-ins. At 9:30am the day of the program, you may call 604.713.1818 ext.1 to put your name and ONE other person's name on the drop-in list. If there are any open spots, 5 minutes after the program start time, staff will announce the names from the drop-in waitlist.

### Pickleball

**19+ yrs • Instructor: Non-Instructional**

Get active playing this exciting and popular sport. Pickleball is an easy to learn game played on a badminton court with a lowered net, a whiffle ball and large hand held paddles. It is great for all skills and ability levels. Drop-in \$4.28, space permitting. No session Oct 13.

M	Sep 8-Dec 8	7:15 pm-8:45 pm
572580		\$46.41/13 sess

### Basketball

**19+ yrs • Instructor: Non-Instructional**

Recreational basketball. Drop-in \$4.28, space permitting. No session Sep 30 or Nov 11.

Tu	Sep 9-Dec 9	7:15 pm-8:45 pm
572578		\$42.84/12 sess

### Indoor Soccer

**19+ • Instructor: Non-Instructional**

Recreational soccer. Drop-in \$4.28, space permitting.

W	Sep 10-Dec 10	7:15 pm-8:45 pm
572579		\$49.98/14 sess

## Fitness

### Zumba Toning

**16+ yrs • Instructor: Alice**

This one hour workout will combine 20 minutes of Zumba, the infectious, feel-happy dance fitness workout we all love with another 40 minutes where we add light weights to the mix. It features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is perfect for those who want to party and put extra emphasis on toning and sculpting to target zones, including arms, core and lower body. Please bring 1 or 2 lb weights. Drop in \$9.

W	Sep 10-Oct 22	6:00 pm-7:00 pm
573230		\$49/7 sess
W	Oct 29-Dec 10	6:00 pm-7:00 pm
573233		\$49/7 sess



## Dance

### Contemporary Line Dance

**55+ yrs • Instructor: Irene**

This modern line dance class incorporates contemporary music and dance steps including Cha Cha, Tango, Rumba, Waltz, Mambo, Salsa, Cumbia, Hustle, Twist, Disco, Jitterbug and Electric Slide. Drop-in \$4.00, if space permits. No session Oct 13.

**M** Oct 20-Dec 8 10:30 am-12:00 pm  
573132 \$28/8 sess



### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## Music

### Chinese Choir

**55+ yrs • Instructor: Catherine**

For anyone who loves singing and would like to learn some techniques to improve their singing skills. Learn how to breathe, read the music notes, count the beat and more while enjoying the singing with a group of friends. Drop-in \$4.00, if space permits. No class Oct 8.

**W** Sep 10-Nov 19 10:00 am-11:30 am  
571115 \$35/10 sess

## Sports

### Table Tennis & Pool Table Drop-in

**55+ • Instructor: Non-Instructional**

Come and join us for friendly single and double competitions, have some fun, meet new people and get some exercise while doing something you enjoy. We have 3 tables tennis and 1 Pool table available. All levels are welcome. Drop-ins \$1, space permitting. Limited equipment is available. No session Sep 30 or Nov 11.

**Tu** Sep 16-Dec 9 12:00 pm-2:00 pm  
572130 \$1.90/drop-in  
**Th** Sep 18-Dec 11 10:00 am-12:00 pm  
572118 \$1.90/drop-in



**Thunderbird Neighbourhood Association**

# AGM Annual General Meeting

**Saturday, November 22, 2025**  
**11am – 12pm | Multipurpose Room**

*A light lunch will be served for participants of the meeting.*

Please register in Activity #514919 if you plan to attend the meeting. You're a member if you've joined any activity over \$5, bought a Fitness Centre pass, or paid the AGM fee by October 21. Members can vote for Board directors if voting is required.



The Thunderbird Neighbourhood Association is run by a volunteer Board — and we're **looking for new members!**

If you're interested, please email a brief note about your community interests and relevant experience to [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca) by October 1. Experience in areas like teaching, fundraising, promotions, legal, finance, or admin is a plus.

**Note:** Staff, instructors, and Park Board/Association employees are not eligible due to our conflict of interest policy.

## Senior's Out-Trips

Cancellations without a doctor's note will be considered up to 72 hours before your trip.  
A \$4.00 administration fee will apply to cancellations without a note. Arrive 15 minutes early.  
A completed consent form is mandatory to attend our trips. In-person registration at Thunderbird only.  
GST is applicable on all out-trips.



### Capilano Fish Hatchery

**Instructor: Simon**

Take a self-guided tour of the hatchery to learn how fish develop from eggs to juvenile stage when they are released into the river. Afterwards we will head to Dunderave Village in West Vancouver with a shopping street that stretches a couple of blocks with quaint shops and restaurants.

Th Sep 11 10:00 am-2:00 pm  
568463 \$10/1 sess

### Chinatown Storytelling Centre

**Instructor: Simon**

Celebrate the power of building community. Stories of joy, friendship and family are the foundation of the Chinatown we know today. You will have time to shop and have lunch in the area after your visit.

Th Sep 25 10:00 am-2:00 pm  
568532 \$10/1 sess



### Dr. Sun Yat Sen Garden

**Instructor: Simon**

Located in the heart of historic Chinatown, this Ming Dynasty-Style garden offers in-depth learning opportunities to the history, culture and challenges of this local community. Check out the current exhibit before wandering the garden.

Th Oct 2 10:00 am-2:00 pm  
568533 \$10/1 sess

### Thrift Store Bargain Hunting

**Instructor: Simon**

We will take you to a variety of thrift stores around the city. Maybe you will find that one of a kind item you have been looking for. Pack a lunch or grab something on the go.

Th Oct 16 10:00 am-2:00 pm  
568534 \$10/1 sess



### Tsawwassen Mills

**Instructor: Simon**

Explore the two hundred stores, services, restaurants and shops. Get a jump on your holiday shopping with a variety of goods for all ages. The mall offers a large food court for you to purchase lunch.

Th Nov 6 10:00 am-2:00 pm  
568535 \$10/1 sess

### Fort Langley Village

**Instructor: Simon**

Located on the banks of the Fraser River, Fort Langley is a place to discover the history of the Hudson's Bay Company fur trading post. The timber buildings recreate life in the 1800s. There will be time to browse the village shops after the Fort.

Th Nov 20 10:00 am-2:00 pm  
568536 \$10/1 sess



### Gulf of Georgia Cannery

**Instructor: Simon**

The Gulf of Georgia Cannery is located in the historic village of Steveston, still the largest commercial fishing port in Canada. Today, the Cannery is the last among the more than 15 canneries that occupied cannery row. Now, a national historic site, the exhibits showcase Canada's West Coast fishing industry.

Th Nov 27 9:30 am-2:30 pm  
571419 \$15/1 sess

### Holiday Lights

**Instructor: Simon**

Join us for an enchanted evening as we take a local Christmas lights tour in and around the city. Please dress warm as this is an evening trip and is mainly outdoors.

Th Dec 4 4:00 pm-8:00 pm  
568537 \$10/1 sess

### Mackin House Tour & Activity

**Instructor: Simon**

Mackin House is an Edwardian home built in 1909. An experienced tour guide will lead you through your tour of period appropriate furniture and artifacts. This tour includes tea and scones.

Th Dec 11 10:00 am-2:00 pm  
568538 \$10/1 sess



## Social

### Social Dance

**Instructor: Non-Instructional**

Cha Cha, Rumba, and Jive to the classics and beyond to modern day tunes. We don't offer lessons but others are happy to teach you what they know. No partner necessary and all are welcome. Coffee and tea are provided. No session Sep 1 & Oct 13.

**M** Sep 8-Dec 15 12:30 pm-2:30 pm  
568466 \$1.50/drop-in

### Social, Lunch and Games

**Instructor: Estela & Jana**

This program offers various table games and social time to enjoy with other older adults. Spend the afternoon playing cards, dominoes, crib and scrabble or just hang out and make a new friend. A light lunch is served between 12-12:30pm. In-person registration only. No program Sep 30 & Nov 11.

**Tu** Sep 9-Dec 9 12:00 pm-2:00 pm  
568474 \$6/1 sess

### Soup's On

**Instructor: Estela & Arianna**

A nutritional meal is served by enthusiastic youth volunteers who are also learning many life lasting skills. You are invited to stay and play a variety of table games after dinner. In-person registration only.

**Th** Sep 11-Dec 11 5:00 pm-7:00 pm  
568531 \$2/1 sess

### Chinese Speaking Seniors Group Social

**Instructor: Non-Instructional**

Singing, Tai Chi, Guest Speakers, seasonal celebrations and outings are among the activities to be enjoyed. There is an Annual Program Fee of \$10 for fiscal year Sep 1-Aug 31 (not pro-rated).

**F** Sep 5-Dec 19 9:30 am-11:30 am  
570556 \$10/Annual

## Workshops



**COSCO Senior's Health & Wellness**

### Mental Health

This is an overview of mental health disorders and ways individuals can contribute to their own ongoing mental health and well being.

**Tu** Sep 30 12:30 pm-1:30 pm  
568464 Free



### Senior's Talks with Hastings Sunrise Community Policing

Join the Hastings Sunrise Community Policing Centre staff and volunteers for senior's talks on crime prevention and safety programs following the senior's lunch program.

**Tu** Oct 21 12:15 pm-1:00 pm  
568560 Free



## Skeena High-Rise Residents Programs

### Coffee Cart

**Instructor: Jana**

Jana will be dropping by with the coffee cart. She will bring handouts and reminders of the weeks activities. Sign up for a trip you would like to join when you see her. This program is for Skeena high-rise residents only. No session Oct 13.

**M** Sep 8-Dec 8 10:00 am-11:30 am

### Morning Bingo and Lunch

**Instructor: Jana & Estela**

Skeena high-rise tenants are invited to join Jana in the dining room for weekly bingo and social time followed by lunch with Estela.

**W** Sep 10-Dec 10 10:30 am-12:30 pm

### Coffee Break

**Instructor: Jana**

Join Jana in the dining room on Thursday mornings for a cup of coffee or tea. Grab a word search or sudoku or just socialize with others. There will be seasonal craft project from time to time. Watch for the posters.

**Th** Sep 11-Dec 11 10:30 am-12:00 pm

### Shopping Shuttle-Skeena Terrace & Beulah Garden

**Instructor: Simon**

Simon will pick you up in the parking lot (Skeena) or in front of Aspen Green (4th Ave) or in front of the Bentall building (5th Ave) and take you to several local retail stores in the immediate area. This is a great time to pick up those heavier items so you don't have to walk home with them. The dates and times will be posted at Skeena and at Beulah. This program is for Skeena and Beulah residents only. Free

**F** Sep 19 9:30 am-12:00 pm  
**F** Oct 3, 17 & 31 9:30 am-12:00 pm  
**F** Nov 28 9:30 am-12:00 pm  
**F** Dec 5 & 12 9:30 am-12:00 pm

# FITNESS CENTRE



## HOURS OF OPERATION

Mon-Fri ..... 9:00 am-8:50 pm  
 Sat. .... 9:00 am-4:50 pm  
 Sun ..... Closed  
 Sep 2 ..... 3:30 pm-7:30 pm  
 Sep 1/Sep 30/Oct 13/Nov 11 Closed  
 Dec 20-Jan 4 ..... Closed

## ADMISSION FEES

Type	Single drop-in	10-visit pass	1 month	3 months
Adult (19-54 years)	\$4.25	\$38.25	\$32.55	\$81.90
Youth (13-18 years)	\$2.75	\$24.75	\$16.80	\$42.00
Senior (55+ years)	\$2.75	\$24.75	\$16.80	\$42.00

Prices listed above **include** tax. Fees are subject to change.

You need to be 13 years and older to use the fitness centre. Thunderbird Fitness Centre passes only work at Thunderbird Community Centre. Please inquire about a *Flexipass* should you wish to use other fitness centres, pools and ice rinks within the Vancouver Park Board system.

## LOCKERS

We have lockers available to store any larger items like a backpack and jacket while you workout. Please bring your own lock. \*Overnight storage is not available. Any locks found at the end of the night will be cut off.

If you have smaller items only, such as keys and a wallet, we have a wallet locker available. A lock is not required, you can set your own combination.

## LEISURE ACCESS PROGRAM

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees. For more information, please visit:  
<https://vancouver.ca/parks-recreation-culture/leisure-access-card.aspx>





Room	Square Footage	Capacity	Rates Operational Hours*	Rates Non-operational Hours
Meeting Room	320	15 people	\$25/hour	\$50/hour
Small Activity Room	620	30 people	\$25/hour	\$50/hour
Multi-purpose Room	1200	100 people	\$55/hour	\$80/hour
Gymnasium	4200		Not available	\$75/hour

**\*Operational Hours:** See page 3 for operating hours.

**Non-operational hours:** Rates include a rental supervisor, and require a minimum rental of 2 hours.  
A \$200 damage deposit may be required upon booking.



Meeting Room



Multi-Purpose Room



Small Activity Room



Gymnasium

## Policy & Procedures

The setup and clean-up is the responsibility of the rental group and time for this should be included in the booking. Failure to do so within the rented time will result in additional charges. Only tables and chairs (and nets for gym rentals) are provided. All other equipment must be brought in by the rental group.

No helium balloons, outside bouncy castles, open flames, or confetti is allowed. No alcohol may be served on the premises.

Instructional programs and business sport leagues are not permitted as rentals.

## Check Availability & Submit Rental Request

To check availability or to submit a rental request, email [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca) with the specifics of your rental request, or visit the front office to pick up a rental request form.

Reservation requests are reviewed within 5-10 business days. Staff will contact you directly regarding the next steps to secure your booking. Room rental requests with less than 7 days notice may not get processed.

## Rental Confirmation & Payment

Rentals are not confirmed until payment is made and, if applicable, proof of insurance coverage has been submitted.

**Payments** must be fully paid at least 1 week prior to your first rental date, otherwise the rental will be cancelled without notice.

**Cancellations** must be made at least 7 days prior to the rental date/time for a single rental date, or 30 days prior to the rental date/time for seasonal rentals/weekly reservation dates.

**Contact us: 604-713-1818 · [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca)**



RELAX AND ENJOY YOUR

# Birthday Party

## at Thunderbird Community Centre!

### Multipurpose Room Package \$185

All the fun is packed in the Multi-Purpose Room! Includes a small bouncy castle, plasma cars, bouncy toys and toys. Ideal for children aged 3 and under, but up to 5 years old is allowed. This package is for approximately 15 children and 35 adults, for a total of 50 guests.

#### Saturdays

11:15am-1:15pm

2:15pm-4:15pm

#### Sundays

11:00am-1:00pm

2:00pm-4:00pm



### Gymnasium Play-Gym Package \$215

Ideal for older children (up to 8 years of age), our play gym includes a large bouncy castle, plasma cars, toys, soft blocks, and sports equipment. This package is for approximately 25 kids and 45 adults, but up to 100 guests is the maximum (30 kids and 70 adults).

#### Saturdays

11:30am-1:30pm

2:00pm-4:00pm

#### Sundays

10:00am-12:00pm

12:30pm-2:30pm

3:00pm-5:00pm



**Birthday Packages are available for registration on [www.vanrec.ca](http://www.vanrec.ca).**  
Search for Activity "Birthday Party" and filter to Thunderbird under "Where"

- All bookings are first come-first serve. Bookings must be paid to secure your spot. Waitlisting is not available.
- A damage deposit of \$100 is required for each party time slot.
- Table covers are mandatory and are available at the Centre for \$1.50/table cover.

- No access to a kitchen, fridge or freezer.
- 30 day minimum for full refund minus \$25 admin fee. See page 2 for more details for withdrawing or transferring.
- Visit [www.thunderbirdcc.ca](http://www.thunderbirdcc.ca) for a full list of policies.
- TSBC License #LAM0200026