Creekside

Community Recreation Centre

VANCOUVER BOARD OF PARKS AND RECREATION

Fall 2026 Program Guide

creeksidecentre.ca



Register Online Today







Create an online account and register for unique and exciting programs across 24 community centres. Your online account allows you to keep track of your schedules, rental agreements, payment receipts and look up your current pass status.

Skip the line and buy your pass online All our passes are now available online. Get your 10-usage pass to indoor cycling classes or visit a fitness centre, pool or rink with the click of a button. Monthly Flexipasses are great for getting active and staying active, giving you access to 21 fitness centres, 9 indoor pools, 5 outdoor pools, and 8 ice rinks! vancouver.ca/passes

Drop-in activities
If you're looking for something to do last minute or make a long term commitment, we offer a wide range of drop-in activities to fit anyone's schedule. Check out what's available today on our drop-in calendar.

Event space
Planning a sporting event, social gathering or wedding? Submit your request for use of community centre rooms, outdoor parks or fields, ice rinks and more!

Follow us on Facebook and Twitter for up to date information on programs and registration.

recreation.vancouver.ca

VANCOUVER BOARD OF PARKS AND RECREATION

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welcome

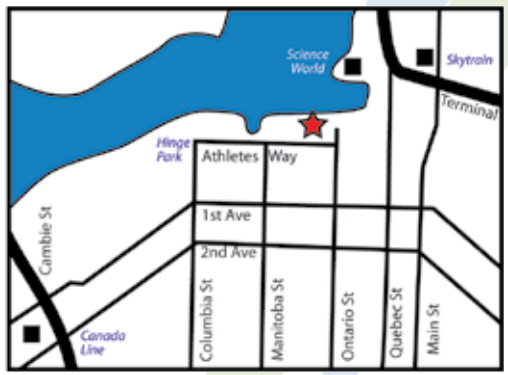
Experience Recreation at Creekside



Make recreation at Creekside a regular part of your schedule. Participate in your choice of activities while enjoying our magnificent view. Convenient registration and drop-in options for all ages, interests and budgets.

CONTACT US

Creekside Community Recreation Centre
1 Athletes Way
(North foot of Ontario Street)
Vancouver, BC V5Y 0B1
Phone: 604.257.3050 ext. 1
E-mail: *creekside@vancouver.ca*
creeksidecentre.ca
facebook.com/creeksiderec
twitter.com/creeksiderec



Hours of Operation

Monday-Thursday
6:30am-10pm
Friday
6:30am-8:30pm
Saturday/Sunday
9am-5pm
Closed
Sep 7, Sep 30, Oct 12, Nov 11, Dec 25, Dec 28
Holiday hours
December 21-31st

NOTE: Office closes 15 min prior to centre closing.

how to register

Convenient Registration Options

Register online, by phone or in-person at Creekside! We accept Visa, MasterCard and American Express for online and phone registration. We also accept cash and debit for in-person registration. Registration is first-come, first-served.
NOTE: Programs may be cancelled due to low enrollment and are subject to change or cancellation without notice.

Online Registration

Set-up an account (for yourself or your entire family) at *recreation.vancouver.ca*
If you require assistance to access your online account contact us at 604.257.3050 ext. 1

Refund Practices

PROGRAMS: Pro-rated refunds are provided to customers who wish to withdraw from a program. Contact us 48 hours prior to the start of next class to receive refund.
BIRTHDAY PARTIES: Refunds require 30 days notice before day of party for full refund.
RENTALS: Refer to last page for cancellation policy.
CAMPS: Refunds require a minimum of 7 days notice before the first day of camps.

Privacy Policy

Vancouver Board of Parks & Recreation collects personal information from members and individuals who participate in classes, workshops and events. This information may be used for the provision of services, communication, processing payments and/or statistical purposes. However, we do not release personal information to outside agencies.

Financial Assistance

Leisure Access Program

Individuals and families requiring financial assistance may be eligible for a subsidy through the Vancouver Park Board's Leisure Access Program. You can receive a 50% discount towards program and fitness centre fees (single admissions, monthly passes, program drop-ins and program registrations*). For more info call 604.257.8497 or visit *vancouverparks.ca* **some exclusions apply.*

Registration Dates

Online:
Tuesday
August 4
at 7 PM

Phone-in and in-person:
Wednesday
August 5
at 9 AM

NOTE: Program prices do not include taxes.





Enjoy time with your young ones or start them on adventures of their own.

MUSIC

Uke & Me

(3-5 yrs)

Explore this fun instrument through colours, numbers, jamming and singing along to your favourite tunes. No experience is required. Ukuleles are provided for use in class (though you may bring your own if you prefer). Parent participation required. Drop-ins welcome if space permits.

musicalexpressions.ca

Instructor: Musical Expressions

Tu Sep 22-Nov 03
11:00 AM-11:30 AM
$113.40/7 sess

Tu Nov 10-Dec 15
11:00 AM-11:30 AM
$97.20/6 sess

Wee Expressions

(0-4 yrs)

Come and join us on an adventure of imagination in songs while we engage a child through a mixture of free play and structure. In our classes, parents and children alike take pleasure in the interactive nature of the classes and jointly participate in singing, instrument playing, learning manners, brain gym, accompanying song actions, baby sign language and dances with a refreshing sense of exploration and fun. Wee Expressions is more than the traditional children's music program. Our curriculum is based on researched methods surrounding the benefits of music infused with Music Therapy techniques. Siblings receive a 25% discount and or siblings under eight months attend for free. Instructor website: *musicalexpressions.ca*. There is a materials fee of $7.50 for digital music and licensing.

Instructor: Musical Expressions

Tu Sep 22-Nov 03
10:00 AM-10:45 AM
$120.90/7 sess

Tu Nov 10-Dec 15
10:00 AM-10:45 AM
$104.70/6 sess

SPORTS

Creekside Soccer Academy

(2-3 yrs)

Creekside Soccer Academy is based on a unique coaching model that uses the four corner model encompassing four key attributes that are vital for development: physical, technical, psychological and social elements. Children will gain confidence and build self-esteem. Drop-ins with instructor approval. Parent participation required.

Instructor: Glyn Roberts

Su Sep 13-Dec 13
9:15 AM-10:00 AM
$245.05/13 sess
No class Oct 11.

Creekside Soccer Academy

(4-5 yrs)

Description see above

Instructor: Glyn Roberts

Su Sep 13-Dec 13
10:00 AM-10:45 AM
$245.05/13 sess
No class Oct 11.

Sportball Junior

(1-2 yrs)

Toddlers and parents/caregivers focus on physical movements and social exploration, learn fundamental sport skills and participate in creative motor games, songs, stories, bubble time and more. Children are challenged according to their individual skill level and coaches help grown-ups understand proven teaching techniques that can be applied outside of Sportball classes. Parent/adult participation is REQUIRED for this course.

Instructor: Sportball Vancouver

Sa Sep 12-Oct 31
9:30 AM-10:15 AM
$85/5 sess
No sess Oct 3, Oct 10, Oct 17.

Sa Nov 07-Dec 12
9:30 AM-10:15 AM
$102/6 sess

W Sep 09-Oct 28
9:30 AM-10:15 AM
$102/6 sess
No sess Sep 30, Oct 7

W Nov 04-Dec 16
9:30 AM-10:15 AM
$102/6 sess
No sess Nov 11.

Baby/Toddler Time Sing and Grow

Nursery rhymes and songs, information about infant development and connection to community resources.

For more info
contact Bilquis at
BHirani@mpnh.org

Register
https://forms.office.com/r/g6BDHVhHbW

EVERY Friday
Sep 11 - Dec 18
Baby Time
10:00 - 11:00 AM
Toddler Time
(1 to 2.5 yrs)
11:00 AM - 12 PM
FREE
Donations welcome!



EDUCATION

Baby Sign Language

(0-2 yrs)

Using songs and games, learn basic American Sign Language (ASL) hand gestures, to facilitate communication with your hearing child. Research shows that babies who learn Sign Language learn quicker and talk earlier. Bring your baby 0-24 months old to class. Participants should bring their own blanket. No drop-ins. For more info visit *intoyoga.ca*

Instructor: Sheri Kauhausen

M Sep 14-Oct 19
10:00 AM-10:45 AM
$77/5 sess
No class Oct 12

BIRTHDAYS

Have your Birthday Party at Creekside!

Play Gym equipment, toys and/or sports equipment (basketball, badminton, soccer) are available for you to incorporate into your party activities! You also get up to 7 tables and 50 chairs. No food, decorations, or activity leader provided. Bouncy castles, outside vendors, balloons, and glitter are not permitted. 15 minutes of set-up and clean up time is provided before and after the party. Refund Policy: 30 days notice prior to the party date is required. $150 per party. Dates subject to change, email *creekside@vancouver.ca* with any questions.

Sa 2:30 PM-4:30 PM
Su 12:00 PM-2:00 PM

Dates will run from Oct 4 - Jan 31

Sportball Multi-Sport

(3-5 yrs)

Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

Instructor: Sportball Vancouver

Sa Sep 12-Oct 31
11:00 AM-11:45 AM
$85/5 sess
No sess Oct 3, Oct 10, Oct 17.

Sa Nov 07-Dec 12
11:00 AM-11:45 AM
$102/6 sess

W Sep 09-Oct 28
11:00 AM-11:45 AM
$102/6 sess
No sess Sep 30, Oct 7

W Nov 04-Dec 16
11:00 AM-11:45 AM
$102/6 sess
No sess Nov 11

Sportball Parent and Tot

(2-3 yrs)

You've made the team! Programs focuses on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, rhymes, stories and more. Children are challenged according to their individual skill level and grown-ups are taught techniques to help toddlers refine motor skills while developing social skills. Sportball maintains a one-parent-per-child ratio in all programs to ensure that focus is on helping little one's practice and progress. Parent/adult participation is REQUIRED.

Instructor: Sportball Vancouver

Sa Sep 12-Oct 31
10:15 AM-11:00 AM
$85/5 sess
No sess Oct 3, Oct 10, Oct 17.
Sa Nov 07-Dec 12
10:15 AM-11:00 AM
$102/6 sess
W Sep 09-Oct 28
10:15 AM-11:00 AM
$102/6 sess
No sess Sep 30, Oct 7
W Nov 04-Dec 16
10:15 AM-11:00 AM
$102/6 sess
No sess Nov 11

MARTIAL ARTS

Taekwondo Tigers

(3-4 yrs)

Increase concentration, motor and social skills. Learn in a fun and safe environment. Kids will be rewarded with stripes on their belt for their attendance, attitude, respect, knowledge subjects and effort in class. Instructors: Master S. Strachan 6th Dan Master; M. Park 5th Dan. Email: *creeksidetkd@gmail.com* Cell: 604.815.9195 (txt) Taekwondo uniform is required. Please discuss with the instructor.

Instructor: Creekside Community Taekwondo And Fitness

Sa Sep 12-Oct 31
11:00 AM-11:30 AM
$160/8 sess

Sa Nov 07-Dec 19
11:00 AM-11:30 AM
$140/7 sess

Tigers Taekwondo

(3-5 yrs)

M Sep 14-Nov 02
4:00 PM-4:30 PM
$140/7 sess

M Nov 09-Dec 14
4:00 PM-4:30 PM
$120/6 sess
No session Oct 12



Family Play Gym

(0-5 yrs)

Bring the family to the Creekside gym to run, jump, climb and play. Meet with families in the 'hood. Parent/guardian participation required.
Drop-in only.
$1.50/child or
10 visit pass for $10.

M Sep 14-Dec 14
10:45 AM-12:30 PM
$1.50/sess
No sess Oct 12, Nov 2.

W Sep 09-Dec 16
9:30 AM-12:30 PM
$1.50/sess
No sess Sep 30, Oct 7, Nov 11.

F Sep 11-Dec 18
9:30 AM-12:30 PM
$1.50/sess
No sess Oct 30



Encourage creativity and imagination to foster growth and development.

SPORTS

Creekside Soccer Academy
(6-11 yrs)
Creekside Soccer Academy is based on a unique coaching model that help children develop skills and reach their potential. Gain confidence, build self-esteem, learn to work in teams and improve decision making. Drop-ins with instructor approval. Instructor: Glyn Roberts
Su Sep 13-Dec 13
10:45 AM-11:30 AM
$245.05/13 sess
No class Oct 11

Badminton Beg/Int
(8-15 yrs)
A qualified instructor teaches all badminton skills from rules, strokes and serves to advanced footwork and strategy. For beginners and intermediates. Pace adjusted according needs. Instructor: Stanley Kita
Tu Sep 08-Dec 15
3:30 PM-4:30 PM
$120/12 sess

MUSIC

Private Piano Lessons
(5+ yrs)
Musical expressions takes on a creative and intuitive approach to music learning. Here you can develop your skills in piano, voice (singing) or the mixture of the two! With goals and learning styles varying from student to student, we help you first determine what you want to achieve, so we can make it our goal to get your there! From the basic beginners to preparing exams, all students will be encouraged to tap into their creative sides and be taught to express themselves through improvisation. Each class session is 30 minutes long. If you're wanting longer session times, please book two classes back-to-back. All music books and materials purchased separately. Instructor website: *musicalexpressions.ca*
Instructor: Musical Expressions
W Sep 09-Dec 16
3:30 PM-8:00 PM
$422.50/13 ½ hour sess
No class Sep 30, Nov 11.

MARTIAL ARTS

Children Beginner Taekwondo (White Belt to Yellow Belt)
(6-10 yrs)
Increase concentration, motor and social skills. Learn in a fun, safe environment. Children rewarded with stripes on their belt for attendance, attitude, respect, knowledge subjects and effort in class. Taekwondo uniform is required. Purchase directly from the instructor. (Other school logos are not allowed). Instructor: Creekside Community Taekwondo & Fitness. Purchase a uniform through Taekwondo instructors on the first day.
M Sep 14-Nov 02
4:30 PM-5:15 PM
$140/7 sess

M Nov 09-Dec 14
4:30 PM-5:15 PM
$120/6 sess
No session Oct 12

Children Beginners Taekwondo
(5-10 yrs)
Sa Sep 12-Oct 31
11:30 AM-12:15 PM
$160/8 sess

Sa Nov 07-Dec 19
11:30 AM-12:15 PM
$140/7 sess

Children Intermediate Taekwondo
(6-10 yrs)
Sa Sep 12-Oct 31
12:15 PM-1:00 PM
$160/8 sess

Sa Nov 07-Dec 19
12:15 PM-1:00 PM
$140/7 sess



Check out our Adult Sports Programs.
If you are 19+ yrs old you are welcome to register!
See pg 18



Teens and Advanced Taekwondo

(9-16 yrs)

Increase concentration, motor and social skills. Learn in a fun and safe environment. Kids will be rewarded with stripes on their belt for their attendance, attitude, respect, knowledge subjects and effort in class. Instructors: Master S. Strachan 6th Dan Master; M. Park 5th Dan. Email: *creeksidetkd@gmail.com* Cell: 604.815.9195 (txt) Taekwondo uniform is required. Please discuss with the instructor. Instructor: Creekside Community Taekwondo And Fitness

Sa Sep 12-Oct 31
1:00 PM-1:45 PM
$160/8 sess

Sa Nov 07-Dec 19
1:00 PM-1:45 PM
$140/7 sess



Capoeira Brasil Kids & Parents

(6-12 yrs)

Capoeira is an amazing movement art for kids – it includes dance, martial arts, simple acrobatics, music, instruments and history.
Kids will improve their strength, flexibility, co-ordination, balance, agility and rhythm, bolstering self-confidence and teamwork in a fun environment. Parents are invited to join and register for this class- a great way to get in shape and bond with your child. Free participation for parents when two kids are registered!
Instructor: Molly Lee (Professora Esquilo)

Tu Sep 08
5:00 PM-6:00 PM
FREE trial

Tu Sep 15-Oct 27
5:00 PM-6:00 PM
$140/7 sess

Tu Nov 03-Dec 15
5:00 PM-6:00 PM
$140/7 sess

Th Sep 10-Oct 29
5:00 PM-6:00 PM
$160/8 sess

Th Nov 05-Dec 17
5:00 PM-6:00 PM
$140/7 sess

Minecraft: New Year, New World!

(8-14 yrs)

Start the Holiday season with us on a new world Minecraft adventure! In this four-day camp we will work together to build a themed game, gather resources, overcome challenges, and prepare for the ultimate goal defeating the Ender Dragon. Along the way, we will develop teamwork, problem-solving, and building skills while making new friends and creating unforgettable memories. Join us! Children will have access from home after camp is over until school resumes in the New Year. Bring your laptop. NOTE: We play on the full (PC) Java edition of Minecraft ($29.99 CA). Half of our day is outdoor play. Limited laptop rentals $15 per day with guest account. Please reserve. 14 day cancellation notice. Instructor: MCKids Academy *mckidsacademy.com*

M Tu W Th
Dec 21-Dec 24
9:30 AM-3:30 PM
$340/4 sess

Creekside Garden News!

Join us at Creekside Community Garden for our Garden Work Parties! Come out and meet other members of your community while working on an outdoor gardening project.

Work parties take place on the second last Saturday of each month (excluding long weekends, which are moved to the following Saturday). Bring your own garden gloves, water bottle, and an extra shovel if you have one.

Interested in your own garden plot at Creekside? Join our waitlist.

Stay up to date on upcoming events by checking our website at *www.creekside communitygarden. com* or email *info@creekside communitygarden.com*

We can't wait to garden with you!



Paddling with Dragon Zone and Creekside Kayaks

Information at *dragonboatbc.ca* or email *info@dragonboatbc.ca*

2026 Race Calendar

August 22
Summer Regatta supported by Concord Pacific

September 26
Oddball Fall Classic
dragonboatbc.ca/race





MAKE YOUR VOICE HEARD THIS FALL!

Voting in the 2026 Vancouver Election is easier than ever.

VOTE BY MAIL	ADVANCE VOTING	ELECTION DAY
Request your ballot by October 5.	Vote early on October 3, 7, 10 or 13.	Cast your vote on October 17.

QUESTIONS?
Call **3-1-1** or visit **vancouver.ca/vote** to plan your vote.

CITY OF VANCOUVER | VANCOUVER VOTES

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EVENTS at CREEKSIDE

Bibbity Bobbity Boo Halloween

Sat, Oct 24
1:30 PM - 3:30 PM
Get ready to have a ghoulish good time, with halloween style games and crafts. Wear your costume for a howling good time. $3 per child.



Gingerbread House Making

Thu, Dec 3
5:30 PM - 7:00 PM
A chance for little ones to participate in decorating a gingerbread house to take home. Holiday songs, movies, cookies and hot chocolate will also be enjoyed during this gathering. $15 per child (w/ gingerbread house) & $3.00 per child (w/o house).

Holly Jolly Holiday Celebration

Sat, Dec 19
1:30 PM - 3:30 PM
Come celebrate the holiday season with other families and community members in the Creekside Gym. There will be crafts and cookie decorating. $3 per child.

Sport Schedule

See pg 18-19 for info, dates plus registration and drop-in fees. *Schedule subject to change without notice.*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Badminton	1:15pm-2:45pm		1:15pm-2:45pm or 8:15pm-10:00pm		1:00pm-2:30pm or 4:45pm-6:30pm	9:15am-11:45am
Basketball		8:15pm-10:00pm	6:15pm-8:00pm			
Pickleball		8:30am-10:00am or 10:15am-11:45am		8:30am-10:00am or 10:15am-11:45am	2:45pm-4:30pm	
Soccer	6:15pm-8:00pm			6:15-8:00pm		12:00pm-1:45pm
Table Tennis	1:15pm-2:45pm	1:15pm-2:45pm	1:15pm-2:45pm	1:15pm-2:45pm	1:00pm-2:30pm	
Volleyball	8:15pm-10:00pm	6:15pm-8:00pm		8:15pm-10:00pm	6:45pm-8:30pm	

Table Tennis

You can also call us on the day of and if a room is available, we can provide a table!

Yoga & Fitness Schedule

See pgs 21-27 for info, dates and registration fees. *Schedule subject to change without notice.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Callanetics 9:15am-10:15am	**20/20/20** 9:30am-10:45am		**Yoga Made for Runners** 6:45am-7:45am	
	**Zumba® Gold** 9:15am-10:15am		**Tristar Tai Chi** 10:00am-11:15am		**Tristar Tai Chi** 10:00am-11:15am	**Pilates Yoga** 9:10-am-10:00am
	20/20/20 9:30am-10:45am	**Yoga for Older Adults - Lv 1** 10:30am-11:45am		**Yoga for Older Adults - Lv 2** 10:30am-12:00pm	20/20/20 9:30am-10:30am	**Fitness Kickboxing** 10:00am-11:00am
						**Capoeira Brasil** 2:30pm-4:00pm
Hatha Yoga 9:30am-10:45am			**Hatha + Yin Yoga** 5:30pm-6:45pm			
Hatha + Yin Yoga 11:00am-12:15pm	*New* Fit... 5:15pm - 6:00pm	*NEW* Zumba with Michelle 5:30PM-6:20PM		This Breathing Life 6:30pm-7:30pm		
	Pilates Yoga 6:20pm-7:10pm	**Capoeira Brasil** 6:00pm-7:15pm	**Dance Bootcamp** 7:00pm-8:00pm	**Capoeira Brasil** 6:30pm-7:45pm		
	Yoga Made for Runners 7:30pm-8:45pm	**Yin Yoga** 6:30pm-7:45pm	**Reggaeton** 8:15pm-9:15pm			



adult program schedules



From painting to martial arts to yoga and more, we have programs that will stimulate your mind, body and soul.

Sports Registration & Drop-In

Three ways to participate

1. Register for Full Season This guarantees you a spot in the program every week. Sign-in at the front desk BEFORE start time or your spot may be sold. ($2.63/daytime sess & $4.79/evening sess)

2. Buy a 10 Visit Sports pkg on OneCard
Purchase card in-person. Phone-in starting at 6:30am. Can reserve up to 2 people if program has unregistered spots with a valid/current 10 visit pass. ($2.63/sess daytime & $5.74/sess evening)

3. Waitlisting Call as early as 6:30 am. Reserve 2 spots. No-show spots sold to waitlist. Be at the front desk when name is called. ($3.58/sess daytime & $6.69/sess evening)

Badminton
(19+ yrs)
Non-instructional, recreational badminton. Doubles play and rotation required if session full.

Drop-In only (2 courts)
Sep 9-Dec 19
M W 1:15 pm-2:45 pm
F 1:00 pm-2:30 pm

Sa 9:15 am-11:45 am
No sess Sep 30, Oct 7, Oct 12, Oct 30, Nov 2, Nov 11
$3.58/drop-in or
$26.31/10 visit pass

Register or $6.69/ Drop-In (4 Courts)
W Sep 9-Dec 16
8:15 pm-10:00 pm
$57.48/12sess
No sess Sep 30, Oct 7, Nov 11

F Sep 11-Dec 18
4:45 pm-6:30 pm
$71.85/15sess

Basketball
(19+ yrs)
Non-instructional, recreational full gymnasium basketball court with maximum 15 spots for 5 on 5 play with a rotating group. Basketballs may be borrowed from reception.

Register or $6.69/Drop-In
Tu Sep 8-Dec 15
8:15 pm-10:00 pm
$67.06/14 sess
No sess Oct 13

W Sep 9-Dec 16
6:15 pm-8:00 pm
$57.48/12 sess
No sess Sep 30, Oct 7, Nov 11

Soccer
(19+ yrs)
Non-instructional, recreational, full-gymnasium soccer for all levels.

Register or $6.69/Drop-In
M Sep 14-Dec 14
6:15 pm-8:00 pm
$62.27/13 sess
No sess Oct 12

Th Sep 10-Dec 17
6:15 pm-8:00 pm
$71.85/15 sess

Sa Sep 12-Dec 12
12:00 pm-1:45 pm
$47.90/10 sess
No sess Oct 3, 10, 17, 24, Dec 19

Table Tennis
(19+ yrs)
Non-instructional, recreational table tennis. Up to 4 tables available in 1/3 gymnasium. Doubles play and rotation will be required if busy. May borrow paddel
M-Th Sep 8-Dec 17
1:15 pm-2:45 pm
No sess Sep 30, Oct 7, Oct 12, Oct 13, Nov 2, Nov 11.

F Sep 11-Dec 18
1:00 pm-2:30 pm
$3.58/Drop-In
$26.31/10 visit pass
No sess Oct 30

Pickleball Lessons
Try out this easy-to-learn, sport. Equipment provided. Instructor: Mona Lee (see pg 29)

Pickleball Court Rental
Reserve a court for family and friends. Four courts available to play for 55 minute time slots. Each registraton is a booking for one court, max 4 players. Note courts A and B could have glare on sunny days. Players supply own paddles and pickleballs. Courts cannot be used for teaching. No refunds. $19 per booking.
Su 3:00pm-3:55pm
Su 4:00pm-3:55pm
Sept 13, 20, 27,
Oct 4, 11, 18 ,25
Nov 1, 8, 15, 22, 29
Dec 6, 13, 16

Volleyball
(19+ yrs)
Non-instructional, volleyball for all levels. Players sort themselves into levels and play 6 on 6.
Register or $6.69/Drop-In
M Sep 14-Dec 14
8:15 pm-10:00 pm
$62.27/13 sess
No sess Oct 12

Tu Sep 8-Dec 15
6:15 pm-8:00 pm
$67.06/14 sess
No sess Oct 13

Th Sep 10-Dec 17
8:15 pm-10:00 pm
$71.85/15 sess

F Sep 11-Dec 18
6:45 pm-8:30 pm
$71.85/15 sess

Pickleball
(19+ yrs)
Non-instructional

All Levels
Register or $3.58/Drop-In
Tu Sep 8-Oct 27
8:30am-10:00am
10:15am-11:45am
$18.41/7 sess
No sess Oct 13

Tu Nov 3-Dec 15
8:30 am-10:00 am
10:15 am-11:45 am
$18.41/7 sess

Th Sep 10-Oct 29
8:30 am-10:00 am
10:15am-11:45am
$21.04/8 sess

Th Nov 5-Dec 17
8:30 am-10:00 am
10:15 am-11:45 am
$18.41/7 sess

Intermediate/Advanced
F Sep 11-Oct 23
2:45 pm-4:30 pm
$18.41/7 sess
No sess Oct 30

F Nov 6-Dec 18
2:45 pm-4:30 pm
$18.41/7 sess

ART

Painting Art Studio & Mixed Media

(19+ yrs)

A fun art course in which you will create a painting and try a variety of acrylic techniques, tools and mediums while learning color and composition. Materials included. Instructor: Zohar, founder of "Pacific Artist Guild".

M Oct 05-Nov 02
5:30 PM-8:30 PM
$199/4 sess
No class Oct 12

EDUCATION

Athletic Taping Course

(16+ yrs)

Covers taping techniques used in a sport setting through lecture and practical applicationS. Designed as an introduction to taping. Safety considerations relating to taping as well as theory will be covered. Taping include regional techniques for the ankle, foot, knee, elbow, wrist, thumb and finger. Procedures for injury prevention, minimizing further damage when injury occurs and for aiding the healing process are also discussed. A great asset for coaches, parents and athletes, designed for any skill level from beginners to those looking to perfect their craft. Participants are encouraged to wear athletic attire during this course (Shorts and T-shirt). Certificate of completion issued. Course approved for 7.0 BCRPA and 7.0 PE/A2 CMTBC Continuing Education Credits. Instructor: SportMed BC

Sa Sep 26
9:30 AM-4:30 PM
$210/1 sess
Sa Nov 07
9:30 AM-4:30 PM
$210/1 sess

Sports First Aid

(16+ yrs)

This eight-hour course serves as Sports First aid course in one day. A certificate of completion will be issued for Sports First Aid. Instructor: SportMed BC

Su Sep 27
9:30 AM-4:30 PM
$160/1 sess
Su Nov 08
9:30 AM-4:30 PM
$160/1 sess



Callanetics

(19+ yrs)

Callanetics exercise method is a total body conditioning workout. One of the original 'barre' workouts, Callanetics uses a combination of mat work and ballet inspired leg work, precise positioning and tiny movements. Movements that are gentle on the joints and super effective at strengthening and toning your muscles. You'll leave the class feeling like you've had a great workout! Drop-in $20.[48] space permitting. Instructor: Linda Shedden

Tu Sep 08-Oct 27
9:15 AM-10:15 AM
$135.[60]/8 sess

Tu Nov 03-Dec 15
9:15 AM-10:15 AM
$118.[65]/7 sess

Reggaeton

(19+ yrs)

Turn up the heat and leave your inhibitions at the door. Reggaeton is a high-energy dance class packed with infectious Latin beats, smooth grooves, and confidence-building choreography. Designed for beginners, this class is all about letting loose, feeling yourself, and embracing your inner fire. Expect playful movement, plenty of attitude, and a chance to forget about work, responsibilities, and that never-ending to-do list. No partner, no experience, no pressure: just great music, good vibes, and an hour dedicated to moving like nobody's watching. More info: *KirbySnellDance.com* Instructor: Endorphin Rush Dance

W Sep 16-Oct 28
8:15 PM-9:15 PM
$90/6 sess
No class Sep 30.

W Nov 18-Dec 16
8:15 PM-9:15 PM
$75/5 sess



Dance Bootcamp

(19+ yrs)

Vancouver's Sweatiest Dance-Fitness Class! Dance Bootcamp takes the best of dance fitness with a mix of dance styles and bootcamp elements. We incorporate dance into a workout movement/ circuit, choreography, and straight bootcamp movements. Among the dance style covered are salsa, afrobeat, dancehall, basic breakdance, hip hop and swing. You'll leave sweaty and happy from this high energy dance program. More info *KirbySnellDance.com*
Instructor: Endorphin Rush Dance

W Sep 09
7:00 PM-8:00 PM
$4.78/1 sess

W Sep 16-Oct 28
7:00 PM-8:00 PM
$90/6 sess
No class Sep 30.

W Nov 04
7:00 PM-8:00 PM
$4.78/1 sess

W Nov 18-Dec 16
7:00 PM-8:00 PM
$75/5 sess

YOGA/PILATES

Hatha + Yin Yoga with Pam

(19+ yrs)

Slow down. Release tension and stress in your body, mind and nervous system with Pamela Ferman's grounding 75 minute Hatha + Yin Yoga. A unique mix of Hatha, Yin and Restorative yoga. Designed to reset your nervous system and relax your mind while increasing flexibility deeper in your body in a safe and supported way. You will leave class feeling a lot more balanced and at ease between body and mind. All levels welcome. Beginner friendly.
pamelafermanyoga.com

Su Sep 13-Oct 11
11:00 AM-12:15 PM
$80/5 sess

Su Oct 18-Nov 22
11:00 AM-12:15 PM
$96/6 sess

W Sep 09-Oct 14
5:30 PM-6:45 PM
$80/5 sess
No class Sep 30

W Oct 21-Nov 25
5:30 PM-6:45 PM
$80/5 sess
No class Nov 11

20/20/20 Dance fit, Strength and Yoga Fitness

(13+ yrs)

20 min cardio dance fitness with Latin and hip hop moves for maximum calorie burn. 20 min strength training with dumbbells 20 min Core Yoga moves and stretches. Drop-ins $25. *squamishmartialarts.com* Instructor: Michelle Park Certified Weight and Personal Trainer with BCRPA.Instructor: Creekside Community Taekwondo & Fitness

M Sep 14-Oct 05
9:30 AM-10:30 AM
$80/4 sess
M Oct 19-Nov 16
9:30 AM-10:30 AM
$100/5 sess
M Nov 23-Dec 14
9:30 AM-10:30 AM
$80/4 sess
W Sep 09-Oct 07
9:30 AM-10:30 AM
$80/4 sess
W Oct 14-Nov 04
9:30 AM-10:30 AM
$80/4 sess
W Nov 18-Dec 16
9:30 AM-10:30 AM
$100/5 sess
No Class Sept 30.
F Sep 11-Oct 02
9:30 AM-10:30 AM
$80/4 sess
F Oct 09-Nov 13
9:30 AM-10:30 AM
F Nov 20-Dec 18
9:30 AM-10:30 AM
$100/5 sess

Yin Yoga with Pam

(19+ yrs)

Slow completely down. Release tension and stress in your body, mind and nervous system with Pamela Ferman's grounding 75 minute restorative Yin Yoga class. Target deep connective tissues like fascia, ligaments, joints and bones. Designed to help reset your nervous system and relax your mind while increasing flexibility in your body. Yin yoga helps stretch & lengthen those rarely-used tissues while also teaching you how to breathe through discomfort and sit with your thoughts. All levels welcome. Beginner friendly.
pamelafermanyoga.com
Instructor: Pamela Ferman

Tu Oct 06-Nov 24
6:30 PM-7:45 PM
$128/8 sess



Hatha Yoga with Pam

(19+ yrs)

Slow down. Release tension and stress in your body, mind and nervous system with Pamela Ferman's grounding 75 minute Hatha Yoga. Classes consist of meditation and physical yoga postures that flow slowly and smoothly from one to another with some long holds in between for deeper fascia stretching. A perfect combination of flexibility, strength, balance, movement and stillness. You will leave class feeling a lot more balanced between body and mind. All levels welcome. Beginner friendly.
pamelafermanyoga.com
Instructor: Pamela Ferman

Su Sep 13-Oct 11
9:30 AM-10:45 AM
$80/5 sess

Su Oct 18-Nov 22
9:30 AM-10:45 AM
$96/6 sess

Pilates Yoga

(15+)

Mat pilates and yoga flow focusing on joint mobility with stretches and core work work. All levels are welcome as modification are presented as needed for bodies with different ranges and strengths. Welcomed as modifications of each moves are presented as needed. Instructor: Michelle Park Certified Pilates and Personal Trainer under BCRPA and Certified Yoga Teacher under Prana Yoga College.

M Sep 14-Oct 05
6:10 PM-7:00 PM
$80/4 sess

M Oct 19-Nov 16
6:10 PM-7:00 PM
$100/5 sess

M Nov 23-Dec 14
6:10 PM-7:00 PM
$80/4 sess

Sa Sep 12-Oct 03
9:10 AM-10:00 AM
$80/4 sess

Sa Oct 10-Nov 14
9:10 AM-10:00 AM
$120/6 sess

Sa Nov 21-Dec 19
9:10 AM-10:00 AM
$100/5 sess

Yoga Made for Runners
(16+ yrs)
Yoga Made For Runners is a dynamic and challenging yoga program created specifically for runners. The class will build strength, increase the range of motion in tight joints, and return flexibility to stiff, sore muscles. Expect to work hard and breath deeply. For more info, visit *mikedennisonfitness.com*
Instructor: Mike Dennison
F Sep 11-Dec 18
6:45 AM-7:45 AM
$165/15 sess

M Sep 14-Dec 14
7:30 PM-8:45 PM
$180/13 sess
No class Oct 12

This Breathing Life
(18+ yrs)
Breathing is the centre of human life. This 4-session course will educate participants on the vital components of breathing and why it is both physically and emotionally essential
Instructor: Mike Dennison
Th Oct 01-Oct 22
6:30 PM-7:30 PM
$60/4 sess

MARTIAL ARTS

Capoeira Brasil Strength, Balance and Flexibility
(19+ yrs)
Afro-Brazilian martial art and dance. Movements are strengthening, playful and include a graceful combo of kicks, acrobatics and ground movements. 2x/wk recommended.
Instructor: Molly Lee
Tu Sep 08
6:00 PM-7:15 PM
FREE trial

Tu Sep 15-Oct 27
6:00 PM-7:15 PM
$140/7 sess

Th Sep 10-Oct 29
6:30 PM-7:45 PM
$160/8 sess

Tu Th Sep 10-Oct 29
6:30 PM-7:45 PM
$255/15 sess

Sa Sep 19-Oct 31
2:30 PM-4:00 PM
$140/7 sess

Tu Nov 03-Dec 15
6:00 PM-7:15 PM
$140/7 sess

Th Nov 05-Dec 17
6:30 PM-7:45 PM
$140/7 sess

Tu Th Nov 03-Dec 17
6:00 PM-7:45 PM
$238/14 sess

Sa Nov 07-Dec 19
2:30 PM-4:00 PM
$140/7 sess

Capoeira
(13+ yrs)
An Afro-Brazilian art that combines martial art techniques with simple acrobatics for a complete body workout. Join our community and improve your balance, strength, flexibility, agility and learn a new art. The program focuses on basic moves aimed at beginners and advanced students who need to build solid foundation in technique and improve their physical preparation. Drop-ins are $18 and registrations run monthly, providing an effective rate of $12 per 1.5hr session.
Instructor: Aleksey Sher
M W Sep 09-Sep 28
7:30 PM-9:00 PM
$68.[52]/6 sess

M W Oct 05-Oct 28
7:30 PM-9:00 PM
$68.[52]/6 sess

M W Nov 02-Nov 30
7:30 PM-9:00 PM
$79.[94]/7 sess

M W Dec 02-Dec 16
7:30 PM-9:00 PM
$57.[10]/5 sess
No session Oct 7, 12, Nov 4, 11

FREE TRIALS
W Sep 02
W Oct 07
W Nov 04
7:30 PM-9:00 PM



Shotokan Karate
(19+ yrs)
Shotokan Karate will teach Kihon (basic blocks, punches and kicks), Kata (forms) and Kumite (sparring) to ages 13 years and older (or younger with instructor's permission). Annual membership. Purchase from instructor. Drop-ins with approval $5.[76]
vancouvershotokan.ca
Instructor: Canada Shotokan Karate
M W Sep 14-Dec 16
6:00 PM-7:30 PM
$150/25 sess
No session Sept 30, Oct 12, Nov 11

Jodo - The Way Of The Stick
(19+ yrs)
Jodo is a Japanese art that means 'way of the stick'. In this art, students are taught to rely on the precision and flexibility of the Jo, a short staff, to overcome the inherent advantages of a blade-wielding opponent using non-lethal force. This traditional Japanese martial art is a wonderful way to cultivate character and train the body. Our dojo is a member of the Canadian Kendo Federation, and our growing, supportive community spans various locations across North America and Japan.
Instructor: Hoshu Vancouver Dojo
Su Th Sep 10-Sep 27
Su Th Oct 01-Oct 29
Su Th Nov 01-Nov 29
Su Th Dec 03-Dec 17
8:15 PM-9:45 PM
12:45 PM-2:15 PM
$50/Month
No sess Oct 11

Shorinji Kempo
(13+ yrs)
Shorinji Kempo is a sophisticated Japanese martial art that uses physics and pressure points to increase one strength.We strive for a non-competitive, safe, and comfortable atmosphere. We have clubs in 33 countries, so you can train and meet other members worldwide. Shorinji Kempo teaches that the essence of budo martial arts is not to fight and defeat enemies but, to stop fighting between people. A fun class to try, beginners welcome!
shorinjikempobc.ca
Drop-in $9.[52]
$47.[62]/month
Instructor: Vancouver Pacific Shorinji Kempo
Tu Sa Sep 08-Sep 29
Tu Sa Oct 03-Oct 31
Tu Sa Nov 03-Nov 28
Tu Sa Dec 01-Dec 12
7:30 PM-9:00 PM
10:30 AM-12:00 PM
$47.[62]/Month
No sess Oct 10



New ZUMBA with Michelle
(13+ yrs)
Fifty minutes of high energy Latin, Hip Hop, K-pop Dance Moves. Excercise your body and brain. Zumba helps improve your memory, focus and coordination while having fun! . Drop-Ins $25. Instructor: Michelle Park BCRPA certified pilates, weight/ personal trainer.
Certified Yoga teacher, College of Prana and Zen Centre. Creekside Community Taekwondo And Fitness
5:30 PM-6:20 PM
T Sept 8-Oct 06
T Oct 13-Nov 10
T Nov 17-Dec 15
$100/5 sess

Tenshin Ryu Hyoho
(19+ yrs)
Tenshinryu Hyoho is a comprehensive martial art that includes kenjutsu (swordsmanship), battojutsu (sword drawing techniques), sojutsu (spear techniques), naginatajutsu, kusarigamajutsu (chain and sickle techniques), jujutsu, and also incorporates jumonji-sojyutsu (cross-shaped spear techniques) as an ancillary tradition. Our Dojo is recognized by the main Dojo and masters in Japan and we are part of a global network.
Instructor: Adrian Fuentes
F Sep 11-Sep 25
F Oct 02-Oct 30
F Nov 06-Nov 27
F Dec 04-Dec 18
6:00 PM-8:00 PM
$30/Mo

TRX Yoga FUSION for Women - Novice
(19+ yrs)
Build functional strength using the TRX. Last 15 mins transition to gentle slow paced yoga flow and stretch. Please refer to website for scheduled information.

TRX HITT Int/Adv Level
(19+ yrs)
Fast paced class combining cardio and TRX exercises. Please refer to website for scheduled information.

TRX HIIT + Kettlebells Int/Adv Level
(19+ yrs)
TRX combined with Kettlebells for a challengiing workout. Please refer to website for scheduled information.

GLA:D™ Canada Program for Hip and Knee Osteoarthritis
(19+ yrs)

ABC Specialty program - with a Physiotherapist
An evidence-based program focused on education and exercise to help reduce pain, improve function, and enhance quality of life for people with knee and hip osteoarthritis. On average, participants experience a 32% reduction in symptoms, along with decreased pain intensity, reduced reliance on pain medication, and improved physical function and activity levels.

Tue/Thu 3:00pm-4:00pm
Sep15-Nov 5 (*dates subject to change*)
15 sess
$560
Activity number 633785
*After registration contact *kate.lee@vancouver.ca* to schedule first day assessment time

GLA:D GRAD - (Prerequisite GLAD Canada) (19+ yrs)

ABC Specialty program - With a Physiotherapist
Supported group setting for those who have completed the GLAD Canada program and would like ongoing support and guidance from a physiotherapist.
Tue/Thu 1:50pm-2:50pm
Sep 22 – Nov 5 (*dates subject to change*)
14 sess
$350
Activity number 633786

Questions?
email *kate.lee@vancouver.ca*

PARK BOARD PRIDE

Check out our weekly programs and activities for 2STGD and 2SLGBTQIA+ folks of all ages.
vancouver.ca/park-board-pride

VANCOUVER BOARD OF PARKS AND RECREATION



Stay engaged and active while making connections with new friends.

FITNESS

Pole Walking for Arthritis
(40+ yrs)
Learn how to use walking poles to stay active while managing Osteoarthritis. ALL sessions are FREE. Please pre-register for one time slot only. Contact Vancouver Coastal Health at 604.875.4544 for details.
Instructor: OASIS Vancouver
Tu Sep 08
10:00 AM-11:30 AM
Tu Oct 13
10:00 AM-11:30 AM
Tu Nov 10
10:00 AM-11:30 AM
Tu Dec 08
10:00 AM-11:30 AM

ZUMBA® Gold
(55+ yrs)
Low-impact dance-fitness class for beginners and seniors uses easy-to-follow moves to create a dynamic and fun fitness class. Classes improves balance, strength, flexibility. Instructor: Vancouver Zumba
M Sep 14-Oct 26
9:15 AM-10:15 AM
$82.50/6 sess
No class Oct 12
M Nov 09-Dec 14
9:15 AM-10:15 AM
$82.50/6 sess

Tristar Tai Chi All Levels
(19+ yrs)
Learn this peaceful, ancient form of tai chi for health and wellness. Strengthening stances, meditative breath work, flowing movement and Asian healing meridian pressings. Benefits include stress release, improved digestion, circulation and enhanced energy, moods and immune system. Join us in a relaxed, welcoming environment. Nourish your body, mind and spirit. Drop in $20
tristartaiji.com
Instructor: Molly Lee
All sessions:
10:00 AM-11:15 AM

W Sep 09-Oct 28
$126/7 sess
No class Sep 30

F Sep 11-Oct 30
$126/7 sess
No class Sep 25

W F Sep 09-Oct 30
$210/14 sess
No class Sep 25, 30.

W Nov 04-Dec 16
$108/6 sess
No class Nov 11.

F Nov 06-Dec 18
$90/5 sess
No class Nov 20, 27.

W F Nov 04-Dec 18
$165/11 sess
No class Nov 11, 20, 27.

SPORTS

Pickleball Stage 1: Learn-To-Play
(55+ yrs)
Semi-private. Four spots only. Learn proper grip, how to hit the ball and move efficiently.
Instructor: Mona Lee
F Sep 04-Sep 25
9:15 AM-10:45 AM
$160/4 sess

F Oct 02-Oct 23
9:15 AM-10:45 AM
$160/4 sess

F Dec 04-Dec 18
9:15 AM-10:45 AM
$120/3 sess

Pickleball Stage 2: Skills & Drills
(55+ yrs)
Semi-private. Four spots only. Should have completed Learn to Play. Suited for intermediate players. Participants will be put through a wide range of cooperative and competitive drills. NOTE: Paddles, balls and all equipment provided. Unable to make the first day? Txt Coach Mona at 778.908.2878
Instructor: Mona Lee
F Sep 04-Sep 25
10:45 AM-12:15 PM
$160/4 sess

F Oct 02-Oct 23
10:45 AM-12:15 PM
$160/4 sess

F Dec 04-Dec 18
10:45 AM-12:15 PM
$120/3 sess

Yoga for Older Adults: Level 1
(55+ yrs)
For beginners. Slow approach to focus on pain-free movement.
Instructor:Terri Damiani
Tu Sep 08-Oct 27
10:30 AM-11:45 AM
$130/8 sess

Tu Nov 03-Dec 15
10:30 AM-11:45 AM
$113.75/7 sess

Yoga for Older Adults: Level 2
(55+ yrs)
Increase mobility, stamina and vitality.
Instructor: Terri Damiani
Th Sep 03-Oct 29
10:30 AM-12:00 PM
$145.12/8 sess
No class Sep 17

Th Nov 05-Dec 10
10:30 AM-12:00 PM
$108.84/6 sess

SOCIAL

Bridge
(19+ yrs)
Join our group on Tuesdays and enjoy duplicate bridge. Note: no instruction is provided. New players are always welcome. $2/drop-in or 10 visit pass $10.
Tu Sep 01-Dec 22
12:00 PM-3:00 PM
$1.90/17 sess

Mahjong
(19+ yrs)
Join our group on Thursdays and enjoy Mahjong. Instruction may be provided. New players are always welcome. $2/drop-in or $10 for 10 visit pass.
Th Sep 03-Dec 17
1:00 PM-4:00 PM
$1.90/16 sess



Creekside Fitness Centre

Affordable recreation and personal training for health and wellness.

Fitness Centre Consultations

Call 604-257-3050 to book up to three sessions with our fitness centre staff. Review how to use equipment, create a personalized program, and receive a card to track your progress. At your next session, monitor your technique and answer questions about your fitness program. Book a third session if you need additional support.



Call the front desk for times when fitness staff are available for assistance.

Fitness Centre Admission Fees

Age	Adult (19-64)	Youth (13-18) Senior (65+)
Drop-in	$7.93	$5.55
10 Visit Pass	$71.37	$49.95
FLEXIPASS RATES *Access to all Vancouver Park Board fitness centres, pools and rinks.*		
1 month	$64.15	$44.91
3 months	$173.21	$121.25
12 months	$554.26	$387.98

ALL FEES ARE SUBJECT TO CHANGE. PRICES DO NOT INCLUDE TAX.

Personal Training

Improve your health and wellness with support from our certified personal trainers Our trainers will work with you to develop a customized fitness plan designed to meet your fitness goals and fit your busy schedule. Whether you are a beginner, overcoming a plateau, rehabilitating from an injury or looking for sport-specific workouts, our trainers will motivate you in each one hour session.

Personal Training Fees

SESSIONS	PRIVATE (1 PERSON)	SEMI-PRIVATE (2 PEOPLE)	GROUP
1	$65.98	$98.93	$138.78
3	$182.83	$274.29	$371.70
5	$294.07	$452.85	$545.18
10	$527.90	$841	$997.22

ALL FEES ARE SUBJECT TO CHANGE. PRICES DO NOT INCLUDE TAX.

Strong Happens Level 1 Women's Beginner Introduction to Weight Training in the gym

For women who are new to strength training or returning after a long break. A safe and structured way to use a variety of equipment in the gym and at home. You will learn about cardiovascular equipment set-up, proper form, lifting lingo, and utilize a variety of equipment during your training sessions each week Please refer to website for schedule information.

Min 3 Max 4



Strong Happens Level 2 Women - Specific Intermediate level

For women that have experience in the gym. You will learn to incorporate more complex exercises using dumbbells, barbells, kettle bells etc. exercises. You will be provided with two workout plans to help you reach your fitness goals. Please refer to website for scheduled information.

Min 3 Max 4





Youth ages 13 and over are welcome in the Fitness Centre.

Room Rental Guide

Rent a room for your workshop, meeting, birthday party, wedding reception, or conference!

Room	Highlights	Hourly Rate (excluding tax)	Size (sq. ft.)	Capacity
Multipurpose 1 (MP1)	Perfect for smaller events and meetings. North facing view of seawall, mountains, Creek (small sink)	$46	600	25
Multipurpose 2 (MP2)	Perfect for smaller events and meetings. North facing view of seawall, mountains, Creek (small sink and counter space)	$43	600	30
Dance Studio	Performance rehearsal/dance space.	$55	900	50
Multipurpose 4 (MP 4)	Fantastic for events and functions. Spectacular views and access to small kitchen facilities	$140	1950	100
Gymnasium	Full court gym ideal for sport bookings and large events (tradeshows, receptions)	Sport: $85 Event: $160	7500	300
Additional Charges				
Staffing	For rentals outside of regular operating hours; number of staff required dependant on activity, scope and size of rental		$44.22/hr per staff	
Damage Deposit	Deposit fee may apply depending on scope of rental event		$200-$1000	
SOCAN & ReSound	Mandatory music royalty tariffs for rentals with music and/or dancing		Starting at $32.90	
Janitorial	Janitorial fees may apply depending on scope of event		$200	

To check room availability call 604.257.3050 ext 1
All reservation requests must be submitted online at *creeksidecentre.ca*.
Note: Discounted room rental rates are available for not-for-profit organizations.

facebook.com/creeksiderec *twitter.com/creeksiderec*

Room Rental Cancellation Policy

Cancellation requests must be received in writing and require a minimum of sixty (60) days' notice to receive a refund of fees paid, less a $25 administration fee. Cancellation requests received prior to thirty (30) days before the respective event will receive a refund which amounts to 50% of the rental fee paid, less a $25 administration fee. **Please note:** refunds of rental fees will not be issued for event cancellations received less than thirty (30) days prior to the event.