



WINTER 2020 PROGRAM GUIDE

YOUTH  
STANDING  
UP  
FOR  
THE  
PLANET



UNITED  
NATURE

ANIMAL RESISTANCE  
THE LEADING CAUSE OF  
CLIMATE CHANGE  
- GAS/WATER  
- DEFORESTATION  
- SPECIES EXTINCTION  
- WATER POLLUTION  
- OCEAN ACIDIFICATION  
PLANT - BASED

FIGHTING  
ANIMAL  
TESTING

NO  
TO  
OIL



YOUTH STANDING UP FOR THE PLANET, MAKING THEIR VOICES HEARD. GLOBAL CLIMATE STRIKE SEPTEMBER, 2019 IN VANCOUVER. SEE RHYTAG P14.

## FOLLOW US

 @RoundhouseCC  
 /TheRoundhouse  
 /RoundhouseCC

## CONTACT US

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 Fax: 604-713-1813  
 info@roundhouse.ca  
 roundhouse.ca

## OPENING HOURS

Mo-Fr 9am-9:45pm  
 Sa-Su 9am-4:45pm

## THE ROUNDHOUSE IS CLOSED ON

**DEC 24 (12PM)-JAN 1**  
 Winter Break  
 (re-opening Jan 2, 9am)

## FEB 17

Family Day

## PUBLISHER

Roundhouse Community Arts and Recreation Society

## CIRCULATION

5,000 (Winter), 8,000 (Spring/Summer, Fall)

## DISTRIBUTION

Free throughout downtown Vancouver

## DESIGNER

Hanne Lene Dalglish

## COPY EDITOR

Natalie Hawryshkewich

## ROUNDHOUSE VISION & MISSION

In September 1996, the Roundhouse Advisory Committee, composed of neighbourhood representatives, heritage supporters, members of the arts community and Park Board staff, undertook a retreat to work through a vision for the Roundhouse. The following is the result of those discussions:

*The overall mission is to celebrate diversity... of people, values, ideas and activities.*

This mission is made up of three key elements:

### THE ROUNDHOUSE AS PROJECT

All of us who work or play or socialize at the Roundhouse will be active participants in an evolving project to find new and creative ways to integrate the arts, community, culture and sports.

### THE ROUNDHOUSE AS OASIS

The Roundhouse is located in the centre of one of the largest urban experiments in history, transforming a few hundred acres of mostly vacant lots into one of North America's densest and most diverse urban sites. The Roundhouse will be an oasis in the centre of this dynamic mix, enabling people to use their creativity and energy (at whatever level) to rejuvenate themselves and to be better equipped to face a blizzard of challenges and opportunities around them.

### THE ROUNDHOUSE AS CONNECTION

The Roundhouse exists to identify and serve the needs of widely divergent communities. To do this the Roundhouse must reach out to the places and situations where those communities feel comfortable. These relationships will grow into Roundhouse programs through sponsorships, partnerships, and our own productions.

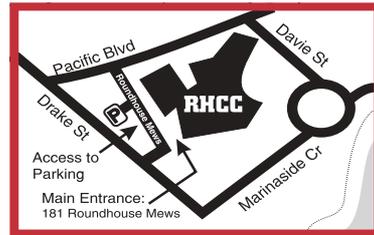
## WHERE WE ARE

The Roundhouse is located at the corner of Davie St & Pacific Blvd • The Yaletown-Roundhouse Canada Line Station is 200 metres from us • Bus routes 6 & C23 stop within steps of the Roundhouse.

## GETTING TO THE ROUNDHOUSE

Walking from Granville Street, head east down Davie five blocks • Underground pay parking is available (access off Drake). Mo-Fr 7am-6pm \$3.60/hr, no daily max | Mo-Su & holidays 6-10pm \$5.15 flat rate | Sa, Su, & holidays 7am-6pm \$3.60/hr, \$15.45 max. The underground parking closes at 11pm but shows that run later than 11pm will have access through the Roundhouse.

歡迎光臨弘藝社區中心。本中心自九七年五月啓用以來，為閣下及你的家人提供有益身心的社交、文化及康樂活動。有關各項活動可參閱每季節目表。如閣下對本中心的活動有任何意見或查詢，歡迎與中心職員聯絡，電話：(604)713-1800。



## THANK YOU TO OUR BUSINESS NEIGHBOURS

Dairy Queen, Fresh Slice, Sciué Italian Bakery Caffé, Salsa and Agave Mexican Grill, Urban Fare, Blink Optometry, Subway, Starbucks, DD Mau, Fresh Bowl, Honjin Sushi



The Roundhouse Community Arts & Recreation Centre is jointly operated by the Vancouver Board of Parks & Recreation and the Roundhouse Community Arts and Recreation Society.

For information [roundhouse.ca](http://roundhouse.ca) 604.713.1800 ext 1

## ROUNDHOUSE STAFF

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<b>RENTAL COORDINATOR</b>	
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<b>PRODUCTION ADMINISTRATOR</b>	
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## ABOUT THE ROUNDHOUSE

*Vision & Mandate, Getting to the Roundhouse, Social Media, Contact Information, Hours of Operation, Closures*

## STAFF & BOARD DIRECTORY

## ROUNDHOUSE SOCIETY, VOLUNTEERS

## ARTISTS IN RESIDENCE

## GALLERIES

## EVENTS

## PROGRAMS

## PRENATAL

## POSTNATAL

## INFANT/PRESCHOOL (0-5)

## CHILDREN (6-12)

*Elsie Roy Elementary School*

## YOUTH

## ADULT

*Education*

*Language*

*Art*

*Pottery*

*Woodworking*

*Music*

*Dance, Dance Fitness*

*Fitness*

*Group Fitness, Yoga, Pilates*

*Martial Arts*

*Sports*

*Badminton, Ball Hockey, Basketball, Soccer*

*Running, Volleyball, Wheelchair Floorball*

## OLDER ADULT/SENIORS

## REGISTRATION

*Waitlists, Refunds, Cancellations, Payment*

## ROOMS & RENTALS

*Room Use, Rent the Roundhouse*

## ONECARD, POLICIES, FEES

*Membership, Equipment Use, Program Subsidies, Access and Special Needs, Privacy, Lost & Found*

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## 2018-2019 BOARD OF DIRECTORS

**PRESIDENT** Andrew Dilts  
**DIRECTORS** Simma Bakare, Lynsey Gaudin, Sukhi Ghuman, Andrea Han, Joseph Heald, Julie Kim, Adrian Mitescu, James Painter, Joanne Remillard

## VANCOUVER PARK BOARD LIAISON

Dave Demers

## ROUNDHOUSE ADVISORY COUNCIL

**CHAIR** Elizabeth Snow  
 Leslie Adams, Ingrid Alderson, Brent Belsher, Blake Chersinoff, Robert Dewey, Craig Giles, Adam Hunter, Sarah Muff, Dr. Setty Pendakur



Fall tends to bring about a great deal of change, with the past season being no exception. Looking forward to winter, it offers us an opportunity to settle into new routines, cozy up, and re-connect with friends and family. At the Roundhouse, we welcomed Kathryn Sweetapple as our new Supervisor of Recreation Services and bid long-time Recreation Programmer, Val Ferrar, best wishes on her retirement. The Roundhouse is a space of great generosity and support, which evidently begins with our wonderful, dedicated staff.

We encourage you to join us for our annual family-friendly events including Family Day at the Roundhouse, Kids' Movies at the Roundhouse, and our Eggs-stacular Easter Egg Hunt. These events draw members of our community, young and old, to celebrate together with light and laughter.

Our Arts Programmers continue to impress this season with a wide array of interactive and thought-provoking programs that explores story telling, dance, and self-expression. Keep up to date on these programs and more by subscribing to the Roundhouse View, our monthly e-newsletter.

It has been an immense pleasure serving as President of the Roundhouse Community Arts and Recreation Society. Taking part in the final Joint Operating Agreement with the Vancouver Park Board and serving as part of the Park Your Caboose campaign to raise funds for new seating in the Performance Centre, are experiences that illuminate how engaged and supportive our community is. Though I have stepped down as President of the Board, I will continue to support the Society as a Director and believe that the staff and patrons remain in good hands with the change in leadership.

**Andrew Dilts**

President, Roundhouse Community Arts and Recreation Society

**VOLUNTEER AT THE ROUNDHOUSE**

Are you looking for ways to get involved with the community? The Roundhouse is the perfect place for those who want to give their time and energy towards awesome programs, special events, board and committees, performances, and cultural events. We have a vast team of volunteers with all types of skill sets and interests; they all play a vital role in the success of our programming, and we hope you can be a part of the team!

**JOIN US! ARE YOU:**

- At least 14 years of age?
- Comfortable engaging with diverse groups of people?
- Interested in arts and culture?
- Able to commit up to 6 months of volunteer service?
- Able to work as part of a team?
- Looking to be physically, socially, and mentally active?
- Ready to have some fun in your community?

**Next Volunteer Orientation**

Wed Jan 29, 2020

**WE HOPE TO MEET YOU SOON**

If you're interested in volunteering, we want to hear from you!

Visit [roundhouse.ca/get-involved/how-to-join-our-volunteer-team/](http://roundhouse.ca/get-involved/how-to-join-our-volunteer-team/) to view the volunteer requirements, learn about the application process, and apply. Send questions to our Volunteer Coordinator, Silvia Rubino by email [silvia.rubino@vancouver.ca](mailto:silvia.rubino@vancouver.ca).



**Visit recreation.  
vancouver.ca**

An online account offers you 24/7 access to registering for a variety of programs. In addition, you can view your schedules, rental agreements, payment receipts, pass usage and pass expiry dates.

**Host an event at one of our locations**

Planning a sporting event, social gathering or wedding? Submit your request for use of a community centre room, outdoor park or field, ice rink and more.

**Save with a Pass**

If you regularly visit a pool, rink or fitness centre, a pass is a great option to help you save money. Many city-wide and location specific passes are available for purchase or renewal online.

**Get active, get healthy!**

With 24 community centres, 9 indoor pools and 8 ice rinks with a variety of events and lessons, there's something for everyone! Search by activity number, keyword or use the many filter options available.

**Flexible options**

Many activities offer drop-ins so you can get involved without registering. Check out what's available today on our drop-in calendar.



**WHAT IS A ROUNDHOUSE ARTIST IN RESIDENCE?**

Participate in a free Artists' Residency and collaborate with professional artists on projects that build creative community. The Artists in Residence program is an important part of our commitment to community cultural development: promoting diversity, interdisciplinary activity, innovation, collaboration, and involvement. This is your opportunity to create original theatre, dance, music, and visual art with some of Vancouver's most renowned artists.

**FREE****DANCE**

Community-engaged dance residencies at Vancouver Park Board facilities bring together people of all ages, abilities, and cultural backgrounds to explore, create, and perform dance with professional dance artists. This winter, we welcome back the Roundhouse Ageless Dancers, Roundhouse Community Dancers and All Bodies Dance Project, and we introduce a new youth project, *Ready Dance* by All Bodies Dance Project. See pages 33, 44, 52.

**VISUAL ARTS**

Have you participated in Sarah Ronald's Roundhouse visual arts residency? Her project, which explores ideas around how we see ourselves as individuals and how we connect as part of a community, now includes a colourful school desk located in our Great Hall. If you're curious enough to open the desk, you'll find a question card to complete and deposit in the attached drop box. Stay curious, because Sarah continues to change the cards!

Sarah grew up in Summerland BC, and after receiving her Bachelor of Fine Art degree from Okanagan University in Kelowna, she moved to the West Coast. Sarah punctuates her own successful visual arts practice by engaging with community and is enjoying getting to know the users of Roundhouse, one question at a time.

Some community-created cards will be installed in WINDOW Gallery in Mar/Apr (see page 15)

Learn more about this project at [sarahronald.com/roundhouse-air](http://sarahronald.com/roundhouse-air) or follow her explorations at [instagram.com/sarahronaldair](https://www.instagram.com/sarahronaldair)

**YOUTH THEATRE**

Initiated in 2002, Some Assembly Theatre Company's award-winning Roundhouse Youth Theatre Action Group (RHYTAG) project engages youth with professional theatre artists in the collaborative creation, development, and performances of new, thought-provoking plays for public audiences. Some Assembly is looking for youth age 13-18 to assist with set and prop creation for its new production that focuses on strengthening response to climate change. Design workshops: Feb 4 and Mar 26, 7-9pm. See page 14 for more info.

**MAKE ART IN OUR PARKS**

Visit over 50 artists making art in Vancouver Park Board's Fieldhouse Studios — transformed former care-takers' suites in parks or underused facilities across Vancouver into active spaces for community engaged creative practices. In each cycle, artist collectives, food, greening and environmental groups are given free access to these spaces in exchange for engaging neighbours, colleagues and curious visitors in imaginative, collaborative work. These inspiring projects lead communities into deeper conversations about living in the urban environment. Find out more about all 22 Fieldhouse Programs across the Vancouver Park Board at [vancouver.ca/fieldhouse-programs](http://vancouver.ca/fieldhouse-programs).



Artist Residency, Sarah Ronald.



Filling out How I Feel/Felt cards. Part of Sarah Ronald's Artist in Residency. See page 15 for details.

**WINDOW GALLERY**

The WINDOW Gallery is a Roundhouse exhibition space for artists who explore the links between community and creativity in their work. WINDOW is located in the main entrance off of Pacific Boulevard.

Check [roundhouse.ca](http://roundhouse.ca) for further details on the artists and their work.

Artists include:

**Jan-Feb:** *Carved Out and Stitched Together — An Indigenous Artist's Journey of Learning, Creating, and Holding Space for Herself and Others*, Adele ʟ•ʟ• Δ•ᑏ•ᑏ• Arseneau. See page 10 for more details.

**Nov-Dec:** *Curious?*, Community members with artist-in-residence Sarah Ronald. See page 15 for more details.

**WE'VE GOT NEWS FOR YOU!**

Sign up for our newsletter and receive updates highlighting special community events, dance and theatre performances, fun kids activities, and more.

[BIT.LY/RHCCnewsletter](https://bit.ly/RHCCnewsletter)

ONE FESTIVAL, MANY NEIGHBOURHOODS

A Roundhouse partnership with the Secret Lantern Society

FREE



Sat Dec 21, 6-11pm  
INFO [secretlantern.org](http://secretlantern.org)

The winter solstice marks the longest, darkest night of the year. This dance of sun and earth has inspired celebrations of the human spirit throughout the ages and our own Winter Solstice Lantern Festival illuminates the night with a multicultural array of lanterns, fire, singing, dancing, music, and storytelling.

VOLUNTEER OPPORTUNITIES

Sign up here: [secretlantern.org/volunteer-form](http://secretlantern.org/volunteer-form)

Dec 7-20, Volunteer Workshop: 12-8pm (weekdays), 11am-4pm (weekends).

Help replenish our 17-year old Tree of Life with new branches, lights, and lanterns, or help with a variety of workshop tasks. All skill levels are appreciated. Drop-ins welcome! Mezzanine Workshop.

Sun Dec 15, Volunteer Orientation and Labyrinth Training: 3-4:30pm.

Volunteers are an essential part of the 26th Annual Winter Solstice Lantern Festival! Come meet the team and get an overview of all tasks. There will also be

specific training for volunteering in our magical Labyrinth of Light. Room B.

Dec 20: Help make the Roundhouse beautiful for the festival.

Dec 21: Be part of the behind-the-scenes magic on festival day and night.

GIFT LANTERNS

Lanterns made by Secret Lantern Society artists are available for purchase at the front desk of the Roundhouse throughout December. Give the gift of light so a friend can join you in the lantern procession on solstice. \$15/lantern

LANTERN-MAKING WORKSHOPS – PRE-FESTIVAL

Sign up for a workshop to get ready for Dec 21 and contribute to the glowing constellation of lanterns in your community. Price is per lantern; all basic materials provided. All ages; children must be accompanied by an adult. Register via the Roundhouse front desk: 604-713-1800.

GLOBE LANTERN

Make simple and fun lanterns using a balloon.

Mo | Dec 9 | 7-9pm | \$15/lantern | 259723 | All ages | Mezzanine

Sa | Dec 14 | 10am-12pm | \$15/lantern | 259724 | All ages | Mezzanine

NATURE LANTERN

Create a lantern for your home using organic materials (pressed flower petals, twigs, leaves). Materials provided, or bring your own. Can be made in 2-4 hours.

Su | Dec 8 | 12-4pm | \$25/lantern | 259725 | All ages | Mezzanine

Sa | Dec 14 | 1-4pm | \$25/lantern | 259726 | All ages | Mezzanine

PIN-PRICK LANTERN

These easy-to-make lanterns are great for smaller children.

Su | Dec 8 | 10-11am | \$10/lantern | 259729 | All ages | Mezzanine

Th | Dec 12 | 6-7pm | \$10/lantern | 259730 | All ages | Mezzanine

STAR LANTERN

Follow simple steps to make a lovely bamboo frame lantern.

Su | Dec 15 | 12-4pm | \$25/lantern | 259731 | All ages | Mezzanine



Nature Lantern.



Star Lantern.



Labyrinth of Light. Photo by Jan Gates.

LABYRINTH OF LIGHT

Sat Dec 21, 6-11pm, Gym

TICKETS \$9, children under 12 free. Register for timed tickets at [secretlantern.org](http://secretlantern.org)

Experience a beautiful and meditative walk through an ancient labyrinth lit with more than 600 pure beeswax candles. To assist with the Closing Ritual at 10:30pm please speak with the Labyrinth Box Office in the lobby. All ages.

WORKSHOPS ON SOLSTICE NIGHT – DEC 21

NATURE LANTERN

Spend the darkest night with your friends and family, and create your own beautiful nature lantern using natural materials (pressed flower petals, twigs, leaves). Materials provided, or bring your own. Can be made in 2-3 hours.

Sa | Dec 21 | 6-10pm | \$25/lantern | 259736 | All ages | Mezzanine

PIN-PRICK LANTERN

Make a lantern and join a procession to David Lam Park at 8pm. Pin-prick lanterns can be made in half an hour or less. Register to reserve : 604-713-1800.

Sa | Dec 21 | 6-8pm | \$10/lantern | 259737 | All ages | Games Room

SOLSTICE HEADDRESSES

Create your own beautiful solstice headdress using natural materials such as leaves and evergreens. Drop-in only, while supplies last.

Sa | Dec 21 | 6-9pm | By donation | Drop-in | All Ages | Exhibition Hall



Globe Lantern.



Pinprick Lantern.



Detail of artwork by Adele L̓̓b̓̓ Δ̓̓q̓̓ Arseneau.

CARVED OUT AND STITCHED TOGETHER

JAN – FEB

AN INDIGENOUS ARTIST'S JOURNEY OF LEARNING, CREATING, AND HOLDING SPACE FOR HERSELF AND OTHERS

ARTWORK BY ADELE L̓̓b̓̓ Δ̓̓q̓̓ ARSENEAU

FREE

Jan-Feb

Meet the Artist Fri Feb 2, 10am-1pm

WINDOW Gallery

INFO [aarseneau.com](http://aarseneau.com) | Insta /metiscaron

A Nehiyaw Métis visual artist, Adele L̓̓b̓̓ Δ̓̓q̓̓ Arseneau creates work asking the audience to consider current social and environmental issues. Her intent is to educate from an indigenous perspective and to counteract stereotypes. Previously a painter, she now uses the mediums of wood carving, beadwork and digital art to reclaim her displaced heritage and language. Born in BC, far from her family's traditional territories, the significance of the place and culture she was raised in is an integral part of her story. Adopted by the Luk sil loo Clan, Dakelh, and trained with master carver, Xwalacktun of Squamish Nation, she uses traditional form line in a contemporary manner.

JAZZ IN THE MEWS

JAN – MAR

FREE

A Roundhouse music series

Sat Jan 11 – Sat Mar 28, 10:30am-12:30pm

Foyer

INFO [roundhouse.ca](http://roundhouse.ca) | 604-713-1800 press 1

Enjoy Jazz in the Foyer with a full slate of local musicians. The schedule is subject to change.

Sat Jan 11	Rain City Swing	Sat Feb 22	Lawless Firm
Sun Jan 19	The Soda Crackers	Sat Feb 29	Stringz Aloud
Sat Jan 25	Stringz Aloud	Sat Mar 7	John Pippus and Friends
Sun Feb 2	Joel Reid Sax	Sat Mar 14	Swing Stage Band
Sat Feb 8	Swing Stage Band	Sat Mar 21	Rain City Swing
Sun Feb 16	Paul Talbot and Friends	Sat Mar 28	Ross Barrett and Friends

INSPIRED BY HER

JAN 5

A partnership with BeaYOUtiful Foundation

Sun Jan 5, 10am-4pm

Exhibition Hall

TICKETS Register at [inspiredbyherconference.com](http://inspiredbyherconference.com) | Ages 10-14

Inspired by HER is a city-wide conference rooted in building self-love and confidence among girls. With 3 workshops, the conference addresses issues including body image, positive mental health, media literacy, artistic expression, and learning to redefine beauty standards. Inspired by HER provides a foundation of understanding to girls with diverse life experiences and challenges, emphasizing that each has a purpose. With mentorship as a key component of the conference, each girl is paired with a Soul Sister, a mentor who provides a safe space for reflection and goal setting.

KIDS' MOVIE AT THE ROUNDHOUSE

JAN 11

WRECK-IT RALPH

A Roundhouse special event

FREE

Sat Jan 11, 11am-1pm

Performance Centre

TICKETS Register at the Roundhouse front desk with code 246907

INFO [roundhouse.ca](http://roundhouse.ca) | 604-713-1800 press 1

Come to the Performance Centre for a fun, free movie with your neighbours. Fresh popcorn will be available for \$1 per bag (cash only). Caregiver supervision required.

DANCE ALLSORTS

JAN 12

I AM GONE FROM THE METAL WHEN THE METAL HITS THE MOULD

A Roundhouse partnership with New Works

Sun Jan 12

Performance 2pm

Free workshop 3:30pm (must reserve a seat) FREE

Room B

TICKETS Pay what you can at the door (suggested \$20 adults; \$5 children under 12) | For guaranteed seating and workshop registration visit [eventbrite.ca](http://eventbrite.ca)

INFO [newworks.ca](http://newworks.ca) | [info@newworks.ca](mailto:info@newworks.ca)

This new dance work by emerging choreographer Zahra Shahab generates characters and identities that are in a continual state of morphological transformation. Searching for pockets of self-expression that exist beyond the normative, heterosexual, white narrative, this work inspires an emergent idea of identity that is intentionally unstable and in flux. The one-hour performance will be accompanied by conversation and workshop with the artists.



Am Gone From the Metal When the Metal Hits the Mould. Photo by Sophia Wolfe.

THE DEMOCRATIC SET

JAN 21 – 25

BY BACK TO BACK THEATRE (AUSTRALIA)

FREE

A Roundhouse partnership with PuSh International Performing Arts Festival and Newworld Theatre

OPEN SET Tue Jan 21-Thu Jan 23, 2-4:30pm; Wed Jan 22-Thu Jan 23, 10am-1pm

FILM SCREENING Sat Jan 25, 7pm | Free, but pre-register at [pushfestival.ca](http://pushfestival.ca)

OPENING PARTY Sat Jan 25, 8pm | Free, but pre-register at [pushfestival.ca](http://pushfestival.ca)

Performance Centre (Open Set, Screening), Exhibition Hall (Opening Party)

INFO [pushfestival.ca](http://pushfestival.ca) | [info@pushfestival.ca](mailto:info@pushfestival.ca) | 604.605.8284

*The Democratic Set* is an experimental residency model for working with communities. Created using an assembly of short performances for film, *The Democratic Set* is an unrestricted and uncensored exploration of ideals of equality and freedom. Using a custom-made film set, a neutral room with two opposing doors, *The Democratic Set* is a free space to be pushed, extended or manipulated, with each participant having full control over how their time is spent in the set.

Supported by Canada Council for the Arts, the Broad Cove Fund at Vancity Community Foundation



The Democratic State. Photo by Jeff Busby.

BY TANIA EL KHOURY

*A Roundhouse partnership with PuSh International Performing Arts Festival*

Tue Jan 28 – Sat Feb 1, 12:30pm, 2pm, 6pm, 7pm, 8:30pm, 9:30pm  
Sun Feb 2, 12:30pm, 2pm, 5:30pm, 6:30pm, 8pm, 9pm

Performance Centre

TICKETS \$25 | [pushfestival.ca](http://pushfestival.ca) | 604.449.6000

INFO [pushfestival.ca](http://pushfestival.ca) | [info@pushfestival.ca](mailto:info@pushfestival.ca) | 604.605.8284

Across Syria, many gardens conceal the dead bodies of activists and protesters who adorned the streets during the early periods of the uprising. *Gardens Speak* is an interactive sound installation containing the oral histories of ten ordinary people who were buried in Syrian gardens. Each narrative has been carefully constructed with the friends and family members of the deceased to retell their stories as they themselves may have recounted it. They are compiled with found audio that evidences their final moments.

*Co-commissioned by Fierce Festival, Next Wave Festival, Live at LICA. Developed through the Artsadmin Artists' Bursary Scheme. Supported by Arts Council of England*



*Gardens Speak*. Photo by Jesse Hunniford.

TELL ME WHAT I CAN DO

JAN 28 – FEB 2

BY TANIA EL KHOURY

*A Roundhouse partnership with PuSh International Performing Arts Festival*

Tue Jan 28 – Sun Feb 2, Exhibition open 12-9:30pm

Exhibition Hall

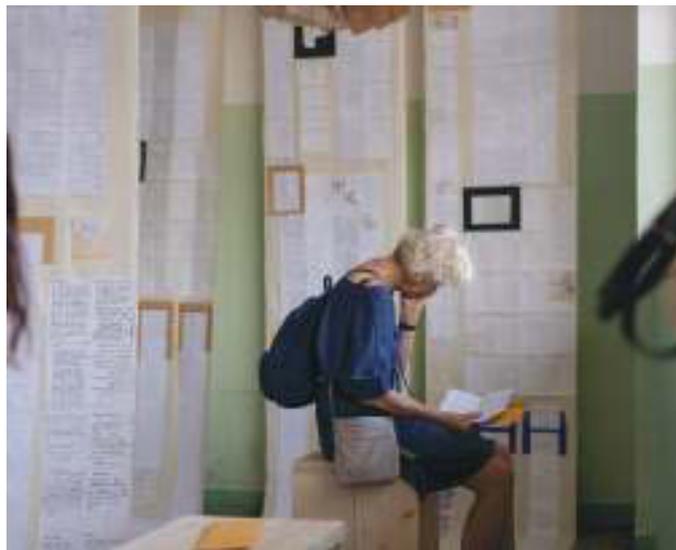
INFO [pushfestival.ca](http://pushfestival.ca) | [info@pushfestival.ca](mailto:info@pushfestival.ca) | 604.605.8284

*Gardens Speak* has had thirty showings across five continents, and many of them included a request to the audience: Tania El Khoury asked them to write letters. Here, she offers a selection of them for audiences to uncover and read. With this installation, El Khoury offers up a kaleidoscope of human expression, granting us access to the human heart in all its variety.

*Commissioned by Bryn Mawr College for ear-whispered: works by Tania El Khoury*

FREE

*Tell Me What I Can Do*. Photo by Pantelis Ladas.



FEB 4



*A Roundhouse Older Adults event*

Tue Feb 4, 12-2:30pm

Exhibition Hall

TICKETS \$13, 55+, Register at the front desk

INFO [roundhouse.ca](http://roundhouse.ca) | 604-713-1800 press 1

Join a fun afternoon of dancing and socializing with a lively group of folks honouring Chinese New Year, the year of the rat. The afternoon includes a light lunch, refreshments, and our fabulous in-house DJ. No partner required. Please register by Jan 29.

SONGBIRD NORTH

FEB 4

*A Roundhouse partnership with Songwriters Association of Canada*

Tue Feb 4, 7:30pm (doors at 7pm)

Performance Centre

TICKETS \$20 at the door (discount for SAC members)

or reserve online at [songbirdnorth.bpt.me](http://songbirdnorth.bpt.me)

INFO [songwriters.ca/songbirdnorth](http://songwriters.ca/songbirdnorth) (bios of featured artists) | FB /SongBirdNorthYVR

FEATURED ARTISTS - Lynne Hanson, Jon Brooks, Lynn Miles, with host Shari Ulrich.

This bi-monthly showcase features four exceptional singer/songwriters ranging from renowned veterans to up-and-coming writers, taking turns playing original work and sharing stories. Though the event has toured nationally, Vancouver remains its longest-standing host city.



Shari Ulrich.

FRONT COVER  
IMAGE

Some Assembly Theatre Company's RHYTAG project exists within a growing movement. Young people worldwide — inspired by 16-year-old Greta Thunberg — are raising their voices to demand climate action from world leaders. Some Assembly stood in solidarity with youth climate activists at the September 2019 climate strike in Vancouver, marching alongside an estimated 100,000 people of all ages and backgrounds. The cover photo shows RHYTAG participant Rylan Adriano (playing ukulele). Photo by Valerie Methot.

ROUNDHOUSE YOUTH THEATRE ACTION GROUP DESIGN WORKSHOPS

A Roundhouse residency and partnership with Some Assembly Theatre Company

FREE

Tue Feb 4, 7-9pm, Art & Craft Room  
Thu Mar 26, 7-9pm, Room B

Some Assembly Theatre Company is looking for youth age 13-18 to work with professional artists on the creation of the set and props for a multi-media professional quality production. Artists include Duane Murrin, Athena Ivison, and Valerie Methot. This new theatre production, with its focus on strengthening response to climate change, will be performed for public audiences May 6-9, 2020 in the Roundhouse Performance Centre. If interested, contact Valerie: [info@someassembly.ca](mailto:info@someassembly.ca)

Some Assembly is in its 19th year engaging youth with professional artists on the creation and production of plays to promote awareness, dialogue and positive social change regarding issues facing youth. Some Assembly is the recipient of the City of Vancouver Youth Award for outstanding contribution to the youth community and was recently awarded the Deryck Thomson Award for exceptional contribution to community building and wellbeing.

Community partners and supporters: the Roundhouse, Vancouver Coastal Health, Vancouver Board of Parks and Recreation, Ministry of Children and Family Development, City of Vancouver, BC Arts Council, Province of British Columbia, Metro Vancouver, Telus, Hamber Foundation, Methical Productions, Sarah McLachlan School of Music, Scene Ideas Inc., and the Vancouver School Board.



RHYTAG youth attend the October 25, 2019 climate rally at the Vancouver Art Gallery. Photo by Valerie Methot.

FAMILY DAY AT THE ROUNDHOUSE

FEB 17

FREE

A Roundhouse special event

Mon Feb 17, 11am-2pm  
INFO [roundhouse.ca](http://roundhouse.ca) | 604-713-1800 press 1

Spend Family Day at the Roundhouse with parent and tot gym, live musical performances, healthy snacks, arts and crafts, and more! No need to register, drop-in only.



Family Day, 2018. Photo by Levi Shiach.

A Roundhouse partnership with Talking Stick Festival

Exhibition Hall, Performance Centre

Wed Feb 19 - Sat Feb 29

POWWOW Sun Feb 23, 12-5pm, Gymnasium

INFO [fullcircle.ca](http://fullcircle.ca) | FB /talkingstickfest | [info@fullcircle.ca](mailto:info@fullcircle.ca) | 604-683-0497

As Western Canada's premier Aboriginal performing arts festival, Talking Stick Festival features extraordinary Indigenous performance and some of the best emerging and established Indigenous artists from Turtle Island. Providing a stage for artists from theatre, storytelling, writing, music, spoken word, and dance, the festival celebrates the traditional performance of many communities and the contemporary art and interdisciplinary work of Indigenous creators.



Top left: Barbara Kaneratonni in *Dancing Across Generations*. Photo by Chris Randle.

Bottom left: *Wax hoks en Shgalaqwin (Open Your Hearts)* gala event. Photo by Chris Randle.

Right: V'ni Dansi and Dancing Earth in *Dancing Across Generations, Michif Medicines*. Photo by Chris Randle.

CURIOUS?

MAR - APR

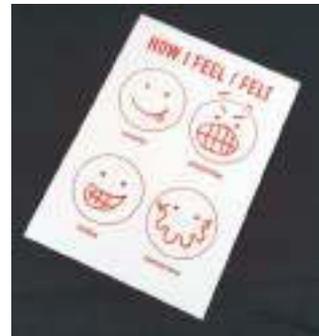
FREE

Community members with artist-in-residence Sarah Ronald

Mar - Apr  
WINDOW Gallery

INFO [roundhouse.ca](http://roundhouse.ca) | 604-713-1800 press 1

What piece of advice would you give your younger self? What is your most treasured possession? How would you describe yourself in one word? In her artist residency, Sarah Ronald has been asking the community for their replies to these and other questions — written, drawn, and stamped. In this installation, she shares a collection of the responses.



For information [roundhouse.ca](http://roundhouse.ca) 604.713.1800 ext 1

KIDS' MOVIE AT THE ROUNDHOUSE

MAR 7

DESPICABLE ME 2

A Roundhouse special event

Sat Mar 7, 11am-1pm

Performance Centre

TICKETS Register at the Roundhouse front desk with code 246908

INFO roundhouse.ca | 604-713-1800 press 1

Come to the Performance Centre for a fun, free movie with your neighbours. Fresh popcorn will be available for \$1 per bag (cash only). Caregiver supervision required.

FREE

HECK WHY HUCK IT? GARAGE SALE

MAR 7

A Roundhouse special event

Sat Mar 7, 11:30am-1:30pm

Exhibition Hall

TICKETS Free admission, rent a table for \$15

INFO roundhouse.ca | 604-713-1800 press 1

Find the perfect accent piece, next set of baby clothes, or a to-die-for outfit, as the Roundhouse converts its Exhibition Hall into a giant garage sale!

CALL FOR VENDORS

Clean out what could be someone else's treasure. Book a table with us to sell your kindly used items. Household items and clothing only, no furniture or large machinery. \$15/table. Contact the front desk for more information and to reserve by Fri Feb 28.

FREE

CLOSE YOUR EYES, LISTEN TO THE MUSIC, TELL A STORY MAR 12 – 14

A Roundhouse Residency Interactive Exhibition

Thu Mar 12 – Sat Mar 14

Exhibition Hall

INFO roundhouse.ca | 604-713-1800 press 1

Part of an ongoing residency exploring story telling from different perspectives, *Close Your Eyes, Listen to the Music, Tell a Story* invites the public to share their most profound musical memories. From Bhangra to Holst to Dylan, music impacts us. Bring your prized LP, CD, mp3 file or cassette tape for everyone to hear. Tell a story with piece of music that has changed your life. Guest hosts will share their stories in our interactive sound salon. Visit roundhouse.ca for more details on public activities. Check the Roundhouse website for evening events.

FREE

YOUTH WHISTLER SKI/SNOWBOARDING DAY TRIP MAR 15

A Roundhouse youth event

Sun Mar 15, 6:30am-6:30pm

Whistler

COST \$110 (w/rentals); \$90 (w/o rentals) | Ages 13-18

INFO Sally Chan, Community Youth Worker sally.chan@vancouver.ca

It's snow day in Whistler! Meet other youth from Park Board Community Centres as we travel together to one of North America's best snow destinations. From beginners to experienced ski/snowboarders, all youth will be placed in group lessons based on their skill level.

Registration fee includes transportation, ski lift ticket, group lessons, lunch voucher, and optional equipment rental. Caregiver consent/waiver forms must be completed prior to participation and are available at the front desk or by contacting the Community Youth Worker at sally.chan@vancouver.ca. Please read the Parent Information Package for more itinerary details and for the recommended equipment list. All forms are due Fri Feb 28. Please register by phone or in-person; no online registration.

VANCOUVER INTERNATIONAL DANCE FESTIVAL MAR 6 – 28

A Roundhouse partnership with Vancouver International Dance Festival

Wed Mar 18 – Sat Mar 28

Community Stage performances at 7pm, Exhibition Hall

Mainstage performances at 8pm, Performance Centre

FREE Art & Photography Exhibition during Centre hours, Exhibition Hall

TICKETS \$35 adult, \$30 for seniors/students/non-profit arts employee, \$25 groups of 10 or more | 2-for-1 tickets on Wednesdays | Community Stage free with \$5 VIDF one-time annual membership

VIDF Box Office 6-8pm | vidf.ca | 604-662-4966

LIFEDRAWING FREE

Mar 19-20, Mar 23 –28, 12-1pm

Exhibition Hall

Join weekday life drawing sessions with dancers. Materials supplied; no registration required.

COMMUNITY STAGE PERFORMANCES

Mar 19-21: Farouche Collective (Vancouver)

Mar 26-28: Olivia Shaffer (Vancouver)

7pm

Exhibition Hall

MAINSTAGE PERFORMANCES

Mar 18-21: InDANCE (Toronto/Vancouver/Los Angeles)

Mar 26-28 Ichigo-Ichieh (BC/Japan)

8pm

Performance Centre

Sponsors: Department of Canadian Heritage, Canada Council for the Arts, Province of British Columbia, British Columbia Arts Council, City of Vancouver – Cultural Services.



Hiromoto Ida performing with Ichigo-Ichieh. Photo by Masayoshi Suzuki.

EGGS-TACULAR EASTER EGG HUNT

APR 11

A Roundhouse special event

Sat Apr 11

9:30-10:45am (1-3 yrs) | 11:15am-12:30pm (1-6 yrs) | 1-2:15pm (7-9 yrs)

Exhibition Hall

TICKETS \$6/child

INFO roundhouse.ca | 604-713-1800 press 1

Hippity hoppity down to the Roundhouse for our annual Eggs-tacular Easter Egg Hunt, including an egg hunt, face painting, arts and crafts, games, cookie decorating, live animals, and a visit from the Easter Bunny! Caregiver supervision is required for all children. Drop-ins are welcome if space is available. Children under 1 are free and do not need to register.



"Music has always been a matter of Energy to me, a question of Fuel. Sentimental people call it Inspiration, but what they really mean is Fuel. I have always needed Fuel. I am a serious consumer. On some nights I still believe that a car with the gas needle on empty can run about fifty more miles if you have the right music very loud on the radio."  
—Hunter S. Thompson

## PRENATAL POSTNATAL



### FIT4TWO®

All Fit4Two® Instructors are Certified Pre & Postnatal Fitness Specialists and follow the guidelines of Society of Obstetricians and Gynecologists of Canada (SOGC). Please note: Because we care about you and your baby, a Par-Med-X for Pregnancy Form must be signed by your healthcare provider (physician or midwife) prior to your participating in class, and is available at the Fit4Two® website or at the Roundhouse front desk.

Please note that course prices do not include taxes.

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## PRENATAL WORKSHOPS

### FIT 4 TWO® PRENATAL CORE WORKSHOP (19+)

Learn how to work your core safely and effectively through each trimester with a certified pre and postnatal fitness specialist, using breath work, core exercises, and stretches designed to prevent and manage common prenatal discomforts.

Sa | Jan 25 | 10-11am | \$26/1 sess | 246547 | 19+ | Music Rm  
Instructor: Fit4Two Van Downtown/False Creek, [www.fit4two.ca](http://www.fit4two.ca)

### **NEW** MOVE & MEDITATE YOUR WAY TO WELLNESS (19+)

Keep your mind and body healthy as they change during pregnancy. You'll learn exercises and stretches that are safe and crucial in building strength to carry baby weight, and a mindfulness practice that recharges your mind.

Sa | Feb 8 | 13pm | \$45/1 sess | 246503 | 19+ | Multimedia Rm  
Instructor: Joney Poon, Accredited & Certified Therapist and Owner of Rain or Shine Therapy

### PLANNING PARENTING (19+)

Exploring your expectations of being a parent is an important part of the journey in pregnancy. This workshop includes information about infant and child development, current research about West-ern parenting practices, and support for parents in taking their family's needs into consideration.

Su | Mar 1 | 10am-2pm | \$70/1 sess | 246674 | 19+ | Multimedia Rm  
Instructor: Linda Clement, Parenting Coach at Thrive Parenting and Raising Parents Inc.

## PRENATAL FITNESS

### FIT 4 TWO® PRENATAL FITNESS (19+)

**\$18.50/DROP-IN**

Connect with other moms-to-be in your community while reducing prenatal discomforts like lower back ache, fatigue, and swelling. Certified pre and postnatal fitness specialists will lead you through pregnancy-safe cardiovascular exercise, functional strength training, flexibility, and relaxation.

We | Jan 8-Feb 12 | 7-8pm | \$93/6 sess | 246549 | 19+ | Dance St  
We | Feb 19-Mar 25 | 7-8pm | \$93/6 sess | 246550 | 19+ | Dance St  
Instructor: Fit4Two Van Downtown/False Creek, [www.fit4two.ca](http://www.fit4two.ca)

### PRENATAL PILATES (19+)

**\$15.50/DROP-IN**

Feel toned and graceful throughout your pregnancy. Improve your posture through core strength, stability, and proper alignment. Learn breathing exercises to prepare you and your baby for labour.

Mo | Jan 6-Feb 10 | 6-6:45pm | \$76/6 sess | 246675 | 19+ | Rm C  
Mo | Feb 24-Mar 30 | 6-6:45pm | \$76/6 sess | 246676 | 19+ | Rm C  
Instructor: Diana VanderVeen

### PRENATAL YOGA (19+)

**\$15.50/DROP-IN**

Nurture yourself and your growing baby with gentle Hatha Yoga. Learn yoga poses and relaxation techniques to alleviate the common discomforts of pregnancy and to prepare for your labour and delivery. This class may be taught by substitute instructors.

Tu | Jan 7-Feb 11 | 5:45-7:15pm | \$75/6 sess | 246677 | 19+ | Rm C  
Tu | Feb 18-Mar 31 | 5:45-7:15pm | \$87/7 sess | 246680 | 19+ | Rm C  
Th | Jan 9-Feb 13 | 5:45-7:15pm | \$75/6 sess | 246678 | 19+ | Rm C  
Th | Feb 20-Mar 26 | 5:45-7:15pm | \$75/6 sess | 246679 | 19+ | Rm C  
Instructor: Lori Lucas, [www.yogawithlorilucas.com](http://www.yogawithlorilucas.com)

## POSTNATAL EDUCATION

### BABY SIGN LANGUAGE (NEWBORN-2)

Using songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. Babies can sleep during class.

Mo | Feb 24-Mar 23 | 2-2:45pm | \$69/5 sess | 246495 | Newborn-2 | Rm B  
Instructor: Into Yoga, [www.intoyoga.ca](http://www.intoyoga.ca)

Information [roundhouse.ca](http://roundhouse.ca) 604.713.1800 ext 1

Registration [recreation.vancouver.ca](http://recreation.vancouver.ca)

### **FREE** THREE BRIDGES INFANT PARENT GROUP DROP IN (0-1.5)

Connect and meet other new parents in your neighbourhood in a free drop-in group for parents led by a Public Health Nurse. Sessions include information about your baby's health, growth and development, feeding, sleeping, and safety.

Th | Jan 9-Mar 12 | 10:30-11:45am | Free | 0-1.5 | Rm B  
Instructor: Three Bridges, [www.vch.ca](http://www.vch.ca)

## POSTNATAL WORKSHOPS

### FIT 4 TWO® INFANT MASSAGE WORKSHOP (PRE-MOBILE BABIES)

Massaging babies helps them sleep better, relaxes and soothes, aids digestion, contributes to development, encourages bonding, and improves communication. Research further shows the benefits of massage for babies with colic, eczema, special needs, and adoptive families.

Sa | Jan 25 | 11:15am-12:15pm | \$26/1 sess | 246541 | Pre-mobile babies | Multimedia Rm  
Instructor: Fit4Two Van Downtown/False Creek, [www.fit4two.ca](http://www.fit4two.ca)

### **NEW** MOVE & MEDITATE YOUR WAY TO WELLNESS (19+)

Keep your mind and body healthy as they change during pregnancy and childbirth. You'll learn corrective exercises to help reduce hip discomfort after birth and to build strength from weaknesses caused by pregnancy, and develop a mindfulness practice to improve sleep.

Sa | Feb 29 | 13pm | \$45/1 sess | 248772 | 19+ | Multimedia Rm  
Instructor: Joney Poon, Accredited & Certified Therapist and Owner of Rain or Shine Therapy

### UNDERSTANDING THE MIND OF YOUR INFANT AND TODDLER (19+)

Know what your little one can and cannot comprehend, based on their brain development, to eliminate common frustrations and help you facilitate the earliest and easiest learning possible.

Su | Jan 26 | 10am-2pm | \$70/1 sess | 246719 | 19+ | Multimedia Rm  
Instructor: Linda Clement, Parenting Coach at Thrive Parenting and Raising Parents Inc.

## POSTNATAL FITNESS

### BABY AND ME YOGA (19+)

**\$16.50/DROP-IN**

Explore core exercises and body strengthening in a mindful and gentle Hatha yoga class. Alleviate tension resulting from baby holding and other repetitive and exhausting baby caring positions.

Th | Jan 9-Feb 6 | 12:30-1:30pm | \$62/5 sess | 246493 | 19+ | Rm C  
Th | Feb 13-Mar 12 | 12:30-1:30pm | \$62/5 sess | 246494 | 19+ | Rm C  
Instructor: Melissa Rodrigues, [www.melissarodrigues.com](http://www.melissarodrigues.com)

### FIT 4 TWO® MOM AND BABY FITNESS (19+)

**\$16.50/DROP-IN**

Benefit from increased energy, improved posture, less aches and pains, and a stronger core. Each class provides a full body workout including cardio, muscular endurance, postnatal specific core work, and flexibility. No class Feb 17.

Mo We | Jan 6-29 | 9:45-10:45am | \$109/8 sess | 246543 | 19+ | Dance St  
Mo We | Feb 3-26 | 9:45-10:45am | \$95/7 sess | 246544 | 19+ | Dance St  
Mo We | Mar 2-25 | 9:45-10:45am | \$109/8 sess | 246545 | 19+ | Dance St  
Instructor: Fit4Two Van Downtown/False Creek, [www.fit4two.ca](http://www.fit4two.ca)

### **FREE** FIT 4 TWO® STROLLER FITNESS: FREE TRIAL CLASS (19+)

Stroller Fitness is a baby-friendly full body workout. Each class includes intervals of power walking, functional strength training and cardio drills followed by postnatal-specific core work and flexibility. Most classes take place outdoors unless weather is extreme. Meet in the Dance Studio.

Mo | Mar 30 | 1-2pm | Free | 248732 | 19+ | Dance St  
Instructor: Fit4Two Van Downtown/False Creek, [www.fit4two.ca](http://www.fit4two.ca)

### FIT 4 TWO® TUMMIES 4 MOMMIES & INFANT MASSAGE (19+) **\$18.50/DROP-IN**

Learn to engage your deep core muscles effectively so you can ease back into your favourite activities. Massage helps babies sleep, aids in digestion, improves communication, and promotes bonding.

Tu | Jan 7-Feb 11 | 10:45-11:45am | \$93/6 sess | 246551 | 19+ | Dance St  
Instructor: Fit4Two Van Downtown/False Creek, [www.fit4two.ca](http://www.fit4two.ca)

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.

## PRENATAL POSTNATAL

### PRENATAL & POSTNATAL PROGRAMS

Prenatal and Postnatal programs encourage healthy and active living in the months during and after your pregnancy. Please ensure that you consult your family physician before starting any prenatal or postnatal fitness program. If you are unsure if a particular program is suitable for you, please stop by before the beginning of any class and have a quick chat with the instructor. They will recommend some options for you. All instructors have the appropriate training/certifications for providing specialized instruction for their programs.



Please note that course prices do not include taxes.

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## INFANT & PRESCHOOL

### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## EDUCATION

### EARLY MATH MATTERS (3-5)

With hands on learning drawn from Piaget's educational theories and Montessori materials, develop pre-math and pre-language skills. Topics include number sense, patterns, classifying objects, measurement, sequences, estimation, and problem solving. This program is designed to run 25 sessions through the year, from September to June, with no late entries into the program. No class Feb 15.

Sa | Jan 11-Mar 14 | 2-2:45pm | \$126/9 sess | 246517 | 4-5 | Board Rm

Sa | Jan 11-Mar 14 | 3-3:45pm | \$126/9 sess | 246518 | 3-4 | Board Rm

Instructor: Branka Bajgoric

### FALL NATURE CLUB (3-5)

Based on Reggio Emilia (Art and Nature), explore the beauty of the season through games, art, songs, and stories. No class Feb 9, 16, 23.

Su | Jan 12-Mar 15 | 2:15-3pm | \$77/7 sess | 246538 | 3-5 | Rm A

Instructor: Samira Aadb

### THE READING TREE (3-5)

Get ready for kindergarten and learn the alphabet, vocabulary, and critical-thinking skills through stories, games, songs, and crafts.

Th | Jan 23-Mar 12 | 10-11am | \$88/8 sess | 246714 | 3-5 | Arts & Crafts Rm

Th | Jan 23-Mar 12 | 11:15am-12:15pm | \$88/8 sess | 246716 | 3-5 | Arts & Crafts Rm

Instructor: Debbie Leboe

**\$12/DROP-IN**

## LANGUAGE

### FARSI CLUB (3-7)

Make new friends and learn Farsi (Persian) in a bilingual environment using free play, music and movement, books, and crafts. No class Feb 9, 16, 23.

Su | Jan 12-Mar 15 | 1-2pm | \$81/7 sess | 246540 | 3-7 | Rm A

Instructor: Samira Aadb

**\$12.50/DROP-IN**

### SPANISH FOR PRESCHOOL (3-5)

Learn the basics of Spanish with games, songs, and crafts. No class Feb 17.

Mo | Jan 13-Mar 9 | 11:15am-12pm | \$82/8 sess | 246693 | 3-5 | Rm C

Mo | Jan 13-Mar 9 | 2:30-3:15pm | \$82/8 sess | 246694 | 3-5 | Rm C

Instructor: Gloria Alonso

## ART

### ART AND MUSIC WITH SUN REY (1.5-4) \$12.50/DROP-IN (SPACE PERMITTING)

Participate in fingerpainting, abstract art, collage, colouring, stickers, stamping and clay modeling, as well as sing-a-longs, movement, storytelling, and play time.

Tu | Jan 14-Mar 10 | 9:30-10:30am | \$100/9 sess | 246488 | 1.5-4 | Arts & Crafts Rm

Tu | Jan 14-Mar 10 | 10:45-11:45am | \$100/9 sess | 246489 | 1.5-4 | Arts & Crafts Rm

Fr | Jan 17-Mar 13 | 9:30-10:30am | \$100/9 sess | 246490 | 1.5-4 | Arts & Crafts Rm

Fr | Jan 17-Mar 13 | 10:45-11:45am | \$100/9 sess | 246491 | 1.5-4 | Arts & Crafts Rm

Instructor: Sun Rey Han

### ART IS FUN (3-5)

Try origami, clay modeling, stamping, collage, abstract art, mixed media art, finger painting, craft-ing, and more.

Tu | Jan 14-Mar 10 | 1:15-2:15pm | \$114/9 sess | 246492 | 3-5 | Arts & Crafts Rm

Instructor: Sun Rey Han

**\$14/DROP-IN (SPACE PERMITTING)**

### PARENT AND TOT POTTERY (3-5)

Have a bonding experience with your child working with clay! Emphasis on play and not the end result.

Th | Jan 23-Mar 12 | 10:30-11:30am | \$118/8 sess | 246539 | 3-5 | Pottery St

Instructor: Brianne Siu

## MUSIC

### MUSIC TOGETHER (0-5)

Participate at your own level and nurture your natural musicality through singing, dancing, listening, watching, and exploring musical instruments. The whole family is welcome for this musical experience!

		9:30-10:15am	10:30-11:15am	11:30-12:15pm	Instructor	Room
	<b>\$166/9 sess</b>					
We	Jan 15-Mar 11	246595	246596	246597	Tanya	Multimedia
Th	Jan 16-Mar 12	246586	246587	246588	Katy	Music
Fr	Jan 17-Mar 13	246589	246590	N/A	Monica	Multimedia
Sa	Jan 18-Mar 14	246594	246592	246593	Roya	Multimedia

### ORFF MUSIC (1-3)

**\$11/DROP-IN**

The Orff method stresses musical basics like pitch, rhythm, and beat using children's songs and rhymes in exciting and innovative ways. Taught by the former head of the Orff department at the Vancouver Academy of Music, sing songs using a variety of instruments including drums and bells, and explore movement with puppets and scarves.

Th | Jan 16-Mar 12 | 9:30-10am | \$79/9 sess | 246598 | 1-1.5 | Rm C

Th | Jan 16-Mar 12 | 10:10-10:40am | \$79/9 sess | 246599 | 1.5-2 | Rm C

Th | Jan 16-Mar 12 | 10:50-11:20am | \$79/9 sess | 246600 | 2-3 | Rm C

Instructor: Tonia Allen

## DANCE AND MOVEMENT

### ANIMAL KINGDOM MOVEMENTS (2-4)

**\$17/DROP-IN**

Have a blast jumping like frogs, lumbering like gorillas, skittering like crabs, or swimming and play-ing like whales, dolphins, and seals.

Fr | Jan 10-Feb 7 | 10-10:45am | \$69/5 sess | 246484 | 2-4 | Rm C

Fr | Feb 14-Mar 13 | 10-10:45am | \$69/5 sess | 246485 | 2-4 | Rm C

Instructor: Into Yoga, www.intoyoga.ca

### BRIGHTSTARS PERFORMING ARTS (2-5)

Dive into the wonderful world of performing arts. Learn the beginnings of dance, movement, sing-ing, and acting while boosting your imagination and self-confidence.

We | Jan 15-Mar 11 | 11:30am-12pm | \$86/9 sess | 246501 | 2-3 | Dance St

Th | Jan 16-Mar 12 | 9-9:45am | \$99/9 sess | 259512 | 3-5 | Dance St

Instructor: Jordan Thomson

### CREATIVE BALLET (3-5)

**\$13.50/DROP-IN (SPACE PERMITTING)**

Use ballet steps and positioning to learn about musicality, motor skills and coordination, and express yourself through creative movement. No class Feb 15.

Sa | Jan 18-Mar 14 | 9-9:45am | \$88/8 sess | 246512 | 3-4 | Dance St

Sa | Jan 18-Mar 14 | 9:50-10:35am | \$88/8 sess | 246513 | 3-4 | Dance St

Sa | Jan 18-Mar 14 | 10:40-11:25am | \$88/8 sess | 246514 | 4-5 | Dance St

Instructor: Serena Morphy

### CREATIVE YOGA PLAY (2-5)

**\$11.50/DROP-IN**

Use yoga, song, dance, art, and drama to freely and confidently explore the space around you, while learning the importance of relaxation and gaining a foundation to manage stress in a healthy way.

Fr | Jan 17-Mar 13 | 11:15am-12pm | \$93/9 sess | 246516 | 2-5 | Rm B

Instructor: Diana Bearisto

## INFANT & PRESCHOOL



Please note that course prices do not include taxes.

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**KIDS BALLET (4-6)**

Learn basic ballet vocabulary, focusing on creativity, lightness, musicality, posture, and the joy of expression in this fun class.

Th | Jan 9-Mar 12 | 3:30-4:15pm | \$119/10 sess | 246579 | 4-6 | Dance St

Instructor: *Espirito Santo Mauricio*

**\$13/DROP-IN**

**MINI ACROBATIC DANCERS (2-3)**

Combine fundamental dance principles with rhythmic and classical gymnastics. Using creative movement, games and props, achieve balance, coordination, awareness, and strength.

Th | Jan 9-Mar 12 | 3-3:30pm | \$103/10 sess | 246584 | 2-3 | Dance St

Instructor: *Espirito Santo Mauricio*

**\$13/DROP-IN**

**MINI HIP HOP (3-5)**

Move and groove to your favourite tunes and learn the basics of hip-hop dance in this high-energy class. Leave feeling energized and confident.

Tu | Jan 14-Mar 10 | 1-1:45pm | \$99/9 sess | 246585 | 3-5 | Dance St

Instructor: *Vancouver Performing Stars, www.performingstars.ca*

**ZUMBINI® (0-4)**

Sing, dance, and play as you bond with your child. Created by Zumba® and BabyFirst, the Zumbini program uses music, dance, and instruments to encourage bonding, learning, and fun. Caregiver participation required. Materials fee is non-refundable. No class Feb 17.

Mo | Jan 13-Mar 9 | 12-12:45pm | \$136/8 sess | 246741 | 0-4 | Dance St

Instructor: *Maira Daiha*

**SPORTS**

**PARENT AND TOT GYM TIME (0-5)**

**\$3/DROP-IN OR \$22/10 VISIT PASS**

Make new friends, tumble on mats, ride on toys, and jump in our bouncy castle in this supervised indoor play environment. Caregiver participation is required. No gym on Feb 17, Mar 16, 23.

Gym	Monday	Tuesday	Wednesday	Thursday	Saturday
Jan 4-Mar 31	1:15-3:15pm	9:15-11:45am	12:30-2:30pm	9:15-11:45am	9:15-11:45am

**SPORTBALL INDOOR SOCCER (3-5)**

Learn fundamental concepts of gameplay and basic skills including throw-ins, dribbling, trapping and passing, in a supportive, non-competitive environment.

Tu | Jan 21-Mar 10 | 2:15-3:15pm | \$148/8 sess | 246695 | 3-5 | Gym

Instructor: *Sportball Vancouver*

**SPORTBALL INDOOR SOCCER PARENT AND CHILD (2-3)**

Learn the basic skills required to score with confidence including throw-ins, dribbling, trapping, passing, goal tending and more, through fun and exciting games.

Tu | Jan 21-Mar 10 | 1:30-2:15pm | \$148/8 sess | 246700 | 2-3 | Gym

Instructor: *Sportball Vancouver*

**SPORTBALL JUNIOR (1-2)**

Learn fundamental sport skills and participate in games, songs, bubble time, and more. Children are challenged according to their individual skill level, while adults learn proven teaching techniques. Parent participation required. No class Feb 9, 23.

Su | Jan 12-Mar 15 | 11-11:45am | \$148/8 sess | 246701 | 1-2 | Gym

Instructor: *Sportball Vancouver*

**SPORTBALL MULTISPORT (3-5)**

Develop basic sport skills like balance, coordination, stamina and timing in a fun, non-competitive environment. Each class introduces one of: hockey, soccer, football, baseball, basketball, volleyball, golf, or tennis. No class Feb 9, 23.

Su | Jan 12-Mar 15 | 10-11am | \$148/8 sess | 246702 | 3-5 | Gym

Th | Jan 23-Mar 12 | 1-2pm | \$148/8 sess | 246704 | 3-5 | Gym

Instructor: *Sportball Vancouver*

**SPORTBALL MULTISPORT PARENT AND CHILD (2-3)**

Refine motor skills and develop social skills such as following instructions, taking turns, and sharing. Coaches introduce a different sport each class using games and activities. Parent participation required. No class Feb 9, 23.

Su | Jan 12-Mar 15 | 9:15-10am | \$148/8 sess | 246705 | 2-3 | Gym

Th | Jan 23-Mar 12 | 2-2:45pm | \$148/8 sess | 246706 | 2-3 | Gym

Instructor: *Sportball Vancouver*

**TENNIS: INDOOR (4-5)**

Develop your athletic and tennis skills with a 1:4 maximum instructor to child ratio.

We | Jan 29-Mar 4 | 3:15-3:45pm | \$46/6 sess | 246708 | 4-5 | Gym

Instructor: *Gayle Dobson*

**PRESCHOOL CAMPS**

**ART AND MUSIC WITH SUN REY CAMP (2-4) \$13.50/ DROP-IN (SPACE PERMITTING)**

Introduce your child to art and music, through a mural art project, sing-a-longs, movement, storytelling, and play time. Caregiver participation is required.

Mo-Fr | Mar 23-27 | 9:30-10:30am | \$58/week | 248655 | 2-4 | Arts & Crafts Rm

Mo-Fr | Mar 23-27 | 10:45-11:45am | \$58/week | 248656 | 2-4 | Arts & Crafts Rm

Instructor: *Sun Rey Han*

**ART IS FUN CAMP (3-5)**

**\$16.50/ DROP-IN (SPACE PERMITTING)**

Try origami, clay modeling, stamping, collage, abstract art, mixed media art, finger painting, crafting and more, with time set aside for sing-a-longs, storytelling, and play time.

Mo-Fr | Mar 23-27 | 12:15-1:15pm | \$66/week | 248657 | 3-5 | Arts & Crafts Rm

Instructor: *Sun Rey Han*



Photo by Levi Shiach.



Please note that course prices do not include taxes.

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## LANGUAGE

## SPANISH FOR BEGINNERS (5-10)

Learn the basics of Spanish with games, songs, and crafts. No class Feb 17  
 Mo | Jan 13-Mar 9 | 3:30-4:30pm | \$99/8 sess | 246691 | 5-10 | Rm C  
 Instructor: Gloria Alonso

## SPANISH FOR INTERMEDIATES (5-10)

For those with a basic command of the language, continue learning Spanish through songs, games and crafts. New students are welcome. No class Feb 17  
 Mo | Jan 13-Mar 9 | 4:35-5:35pm | \$99/8 sess | 246692 | 5-10 | Rm C  
 Instructor: Gloria Alonso

## EDUCATION

## LEARNING WITH MAGIC (5-12)

Learn to perform magic tricks, illusions, and basic sleight of hand. Amaze your family and friends with your new performance and storytelling skills. New students may try their first class for \$22, one-time only.  
 Tu | Jan 21-Mar 10 | 3:30-5pm | \$152/8 sess | 246582 | 5-12 | Rm B  
 Instructor: Caroline Dyck

## RED CROSS BABYSITTING (11-15)

Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through real life scenarios.  
 Su | Mar 29 | 9am-4pm | \$69/1 sess | 246687 | 11-15 | Multimedia Rm  
 Instructor: First Aid Hero, [www.firstaidhero.com](http://www.firstaidhero.com)

## RED CROSS STAYSAFE! (9-13)

Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through active role-play in an interactive and fun environment.  
 Su | Jan 12 | 10:30am-4:30pm | \$69/1 sess | 246689 | 9-13 | Multimedia Rm  
 Instructor: First Aid Hero, [www.firstaidhero.com](http://www.firstaidhero.com)

## SILLY CIRCUITS: EXPLORE ELECTRONICS (STEM) (8-12)

Learn to read and write your own circuit diagrams and build simple and complex circuits. Classes use safe solderless breadboards and may use arduino controllers.  
 Tu | Jan 21-Mar 10 | 3:30-5pm | \$180/8 sess | 246690 | 8-12 | Rm B  
 Instructor: Caroline Dyck

**NEW** STYLIZED LEARNING FOR KIDS – HOMEWORK CLUB (7-12) \$22/DROP-IN

Need a place for your kids to do their homework afterschool? Need a little extra help? Stylized learning for kids – homework club is a program designated to helping our kids grow confidence and in their education with an experienced educator.

	\$152/8 sess	7-9 yrs	10-12 yrs	Room
		3:15-4:15pm	4:15-5:15pm	
Tu	Jan 21-Mar 10	253580	253581	Mezz Meeting
We	Jan 22-Mar 11	253583	253582	Mezz Meeting
Th	Jan 21-Mar 10	253585	253584	Mezz Meeting

Instructor: Skye Lintott, [StylizedLearning.com](http://StylizedLearning.com)

## CREATIVE ARTS

## KIDS POTTERY (9-13)

Explore different hand building techniques and wheel throwing in a fun and relaxed setting. We will make functional and sculptural work throughout the term.  
 Th | Jan 23-Mar 12 | 3:30-5:30pm | \$141/8 sess | 246581 | 9-13 | Pottery St  
 Instructor: Brianne Siu

**NEW** VALENTINES DAY – FAMILY PAINT POURING WORKSHOP (6-13)

Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create a flow and beautiful cells throughout your paintings.  
 Tu | Feb 11 | 3:15-4:45pm | \$20/canvas or \$60/family of 4 | 246581 | 6-13 | Rm B  
 Instructor: Valerie Ferrar

**NEW** ST. PATRICKS DAY – FAMILY PAINT POURING WORKSHOP (6-13)

Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create a flow and beautiful cells throughout your paintings.  
 Tu | Mar 10 | 3:15-4:45pm | \$20/canvas or \$60/family of 4 | 246581 | 6-13 | Rm B  
 Instructor: Valerie Ferrar

## MUSIC

## GUITAR WITH JUSTIN (7+)

Play your favourite songs and learn new pop, rock, and classical music. Lessons encourage musical and personal growth, with emphasis on a positive and exciting learning experience. Students must bring their own instrument to class. Lessons are 30 minutes.  
 Fr | Jan 24-Mar 13 | 2-6:30pm | \$204/8 sess | 246553-562 | 7+ | Board Rm  
 Instructor: Justin Gorrie

## PIANO WITH LYDIA (4+)

These one-on-one piano lessons for all ages and levels teach students how to play the piano and appreciate music. Preparation for the RCM exam is provided upon request. Lessons are 30 minutes.  
 Su | Jan 12-Mar 29 | 9am-4pm | \$306/12 sess | 246603-617 | 4+ | Practice Rm  
 We | Jan 8-Mar 25 | 2-8:30pm | \$306/12 sess | 246618-629 | 4+ | Practice Rm  
 Fr | Jan 10-Mar 27 | 2-8:30pm | \$306/12 sess | 246630-642 | 4+ | Practice Rm  
 Instructor: Lydia Kay

## PIANO WITH SUSIE (4+)

Learn how to play the piano in a positive and nurturing environment that honours creativity and self-expression, and caters to individual learning styles. Students may wish to partake in RCM exams should passion and interest lead them in that direction. Lessons are 30 minutes.  
 Th | Jan 9-Mar 12 | 3-7:30pm | \$255/10 sess | 246651-660 | 4+ | Practice Rm  
 Sa | Jan 11-Mar 14 | 12-4pm | \$255/10 sess | 246661-667 | 4+ | Practice Rm  
 Instructor: Susie Skoda

## VIOLIN WITH HANNAH (6+)

Enhance your foundation techniques to move on to the next level of playing your instrument, while learning music theory and sight-reading in accordance with your experience. Lessons are 30 minutes. No class Feb 17.  
 Mo | Jan 13-Mar 9 | 3:30-5:30pm | \$204/8 sess | 246720-724 | 6+ | Board Rm  
 Instructor: Hyunah Kim



## MUSIC LESSONS

Private lessons are 30 minutes in length. There will be **no make-up classes** for any lessons that the student isn't able to attend. Music refund requests prior to the start of your private lessons must be made no later than the day before the class starts in order to receive a full refund minus the admin fee. After private lessons start there will be no refund. **NO REGISTRATION** after the second class.

## PRACTICE PIANO

Access to the teaching piano is free only for piano students currently enrolled in piano lessons, and based on availability. The non-teaching piano is available for member use for \$5/hour for a maximum of 2 hours/day. Other conditions apply. Please inquire at the front desk.

**VOICE WITH ASHEIDA (8+)**

Sing and learn fun exercises to feel more ease, connection, and balance with your voice. Instructor permission is required for younger students, and for multiple bookings for children who are new to the course. Lessons are 30 minutes. No class Jan 28, Feb 25.

Tu | Jan 7-Mar 10 | 1-7pm | \$264/8 sess | 246725-735 | 8+ | Practice Rm

Instructor: Asheida Arruda, [www.integratedartist.ca](http://www.integratedartist.ca)

**DANCE AND FITNESS****NEW BRAZILIAN DANCE FOR KIDS (5-10)****\$13/DROP-IN**

Explore Brazilian culture while learning new rhythms and the basics of Brazilian dance. All levels are welcome. No class Feb 16.

Su | Jan 12-Mar 8 | 11-11:45am | \$95/8 sess | 250848 | 5-10 | Dance St

Instructor: Maira Daiha

**CREATIVE BALLET (5-8)****\$15.50/DROP-IN**

Build flexibility, strength, and discipline while having loads of fun! Focus on ballet terminology and technique through barre work, center practice, and across the floor exercises. Learn about coordinated movement through short choreographed routines. No class Feb 15.

Sa | Jan 18-Mar 14 | 11:30am-12:30pm | \$95/8 sess | 246515 | 5-8 | Dance St

Instructor: Serena Morphy

**KIDS BALLET (4-6)****\$13/DROP-IN**

Learn basic ballet vocabulary focusing on creativity, lightness, musicality, posture, and the joy of expression in this fun class.

Th | Jan 9-Mar 12 | 3:30-4:15pm | \$119/10 sess | 246579 | 4-6 | Dance St

Instructor: Espirito Santo Mauricio

**KIDS HIP HOP (6-10)****\$13/DROP-IN**

Learn cool hip-hop moves and create dance sequences based on choreography. All levels are welcome.

Th | Jan 9-Mar 12 | 4:15-5pm | \$119/10 sess | 246580 | 6-10 | Dance St

Instructor: Espirito Santo Mauricio

**SPORTS****FREE CANUCKS AUTISM NETWORK MULTISPORT (7-12)**

Providing children with autism and their siblings a fun introduction to sport. Participants enjoy games and drills that work on a variety of skills used in various sports. Designed to provide a fun, safe and supportive environment for all those taking part. No class Feb 17.

Mo | Jan 20-Mar 9 | 6-7pm | Free + \$25 CAN membership | 7-12 | Gym

Registration through the Canucks Autism Network: [www.canucksautism.ca/join-us/become-a-member](http://www.canucksautism.ca/join-us/become-a-member)

**RAINCITY BASKETBALL SKILLS SESSIONS (6-8)****\$14.50/DROP-IN**

Learn teamwork and the fundamentals of basketball including dribbling, shooting, defense, proper nutrition, and sportsmanship. No class Feb 17.

Mo | Jan 13-Mar 9 | 3:30-4:30pm | \$99/8 sess | 246684 | 6-8 | Gym

Instructor: Raincity Basketball Club

**RAINCITY BASKETBALL SKILLS SESSIONS (9-13)****\$18/DROP-IN**

Learn teamwork and the fundamentals of basketball. Class includes instruction, drills, and game time. No class Feb 17.

Mo | Jan 13-Mar 9 | 3:30-5:30pm | \$140/8 sess | 246685 | 9-13 | Gym

Instructor: Raincity Basketball Club

**SPORTBALL INDOOR SOCCER (6-9)**

Learn fundamental concepts of gameplay and basic skills including throw-ins, dribbling, trapping and passing, in a supportive, non-competitive environment.

Tu | Jan 21-Mar 10 | 3:30-4:30pm | \$148/8 sess | 246698 | 6-9 | Gym

Instructor: Sportball Vancouver

**TENNIS: INDOORS (6-8)**

Learn basic tennis skills through drills and game simulations.

We | Jan 29-Mar 4 | 3:45-4:45pm | \$96/6 sess | 246712 | 6-8 | Gym

Instructor: Gayle Dobson

**TENNIS: INDOOR (9-13)**

Learn basic tennis skills through drills and game simulations.

We | Jan 29-Mar 4 | 4:45-5:45pm | \$96/6 sess | 246710 | 9-13 | Gym

Instructor: Gayle Dobson

**MARTIAL ARTS****FREE CAPOEIRA: FREE TRIAL CLASS (6-13)**

Tu | Jan 7 | 4:15-4:45pm | Free | 246509 | 6-8 | Dance St

Tu | Jan 7 | 5-5:30pm | Free | 246510 | 9-13 | Dance St

**CAPOEIRA (6-13)****\$12.50/DROP-IN**

Improve your flexibility, condition your body, and discipline your mind in this fun and eclectic sport. Known as the secret dance of Brazil, Capoeira is a display of self-defense and is an excellent workout for all ages.

Tu | Jan 14-Mar 10 | 4-4:45pm | \$93/9 sess | 246505 | 6-8 | Dance St

Tu | Jan 14-Mar 10 | 5-6pm | \$93/9 sess | 246508 | 9-13 | Dance St

Instructor: Julio Monteiro

**KARATE**

Learn discipline, gain confidence, increase flexibility, develop cooperation, and have fun. New students can try their first class for **\$16, one-time only**. Please note that some classes may be taught by accredited senior instructors. **No drop-ins**. No class Feb 17.

**KARATE FUN (4-7)**

Mo Fr | Jan 6-31 | 3:30-4:30pm | \$70/mo | 246563 | 4-7 | Rm B

Mo Fr | Feb 3-28 | 3:30-4:30pm | \$70/mo | 246564 | 4-7 | Rm B

Mo Fr | Mar 2-20 | 3:30-4:30pm | \$70/mo | 246565 | 4-7 | Rm B

**KARATE: JUNIOR (8-10)**

Mo Fr | Jan 6-31 | 4:30-5:30pm | \$70/mo | 246571 | 8-10 | Rm B

Mo Fr | Feb 3-28 | 4:30-5:30pm | \$70/mo | 246572 | 8-10 | Rm B

Mo Fr | Mar 2-20 | 4:30-5:30pm | \$70/mo | 246573 | 8-10 | Rm B

**KARATE: SENIOR (11-18)**

Mo Fr | Jan 6-31 | 5:30-6:30pm | \$70/mo | 246576 | 11-18 | Rm B

Mo Fr | Feb 3-28 | 5:30-6:30pm | \$70/mo | 246577 | 11-18 | Rm B

Mo Fr | Mar 2-20 | 5:30-6:30pm | \$70/mo | 246578 | 11-18 | Rm B

**KARATE: GREEN BELT AND ABOVE (11-18)**

Mo Fr | Jan 6-31 | 6:30-8pm | \$80/mo | 246567 | 11-18 | Rm B

Mo Fr | Feb 3-28 | 6:30-8pm | \$80/mo | 246568 | 11-18 | Rm B

Mo Fr | Mar 2-20 | 6:30-8pm | \$80/mo | 246569 | 11-18 | Rm B

Instructor: Hamid Tarighatbin



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## ELSIE ROY NOON HOUR PROGRAMS

### ELSIE ROY NOON HOUR: UNIQUE CREATIONS (6-12)

Discover the freedom of creative self-expression as you explore your imagination through drawing, painting, storytelling, and play. No class Jan 20, Feb 17.

Mo | Jan 13-Mar 9 | 12-12:40pm | \$65/7 sess | 246536 | 6-12 | Arts & Crafts Rm

Instructor: Kelly Jimenez, [www.kellyjimenez.art](http://www.kellyjimenez.art)

### ELSIE ROY NOON HOUR: BASKETBALL (6-12)

Learn dribbling, shooting, defense, nutrition, and the importance of sportsmanship and teamwork. No class Jan 20, Feb 17.

Mo | Jan 13-Mar 9 | 12-12:40pm | \$53/7 sess | 246522 | 6-12 | Gym

Instructor: James Hickson

### ELSIE ROY NOON HOUR: DISCOVER ELECTRONICS (8-12)

Learn to read circuit diagrams and build your own circuits. Classes use safe solderless breadboards and may use arduino controllers. No class Jan 20, Feb 17.

Mo | Jan 13-Mar 9 | 12-12:40pm | \$95/7 sess | 246527 | 8-12 | Multimedia Rm

Instructor: Caroline Dyck

### ELSIE ROY NOON HOUR: HANDICRAFTS IN SPANISH (K-10)

Learn basic Spanish expressions and vocabulary while working on fun crafts. No class Jan 20, Feb 17.

Mo | Jan 13-Mar 9 | 12-12:40pm | \$51/7 sess | 246528 | K-10 | Rm C

Instructor: Gloria Alonso

### ELSIE ROY NOON HOUR: HIP HOP (K-10)

Learn the basics of hip-hop in this high-energy class. Discover new moves and challenging choreography, and leave feeling energized and confident.

Tu | Jan 14-Mar 10 | 12-12:40pm | \$75/9 sess | 246529 | K-10 | Dance St

Instructor: Vancouver Performing Stars, [www.performingstars.ca](http://www.performingstars.ca)

### ELSIE ROY NOON HOUR: SOCCER (7-12)

Build soccer skills through drills and practice and finish each day with a fun, team-building game.

Tu | Jan 14-Mar 10 | 12-12:40pm | \$68/9 sess | 246535 | 7-12 | Gym

Instructor: James Hickson

### ELSIE ROY NOON HOUR: LEARNING WITH MAGIC (K-12)

Learn to perform magic tricks, illusions, and basic sleight of hand, and amaze your family and friends with your new performance and storytelling skills.

Tu | Jan 21-Mar 10 | 12-12:40pm | \$76/8 sess | 246532 | K-12 | Rm B

Instructor: Caroline Dyck

### ELSIE ROY NOON HOUR: ART ATTACK (K-10)

Learn origami, clay modeling, stamping, collage, abstract art, finger painting, crafting, and more.

Tu | Jan 14-Mar 10 | 12-12:40pm | \$85/9 sess | 246520 | K-10 | Arts & Crafts Rm

Instructor: Sun Rey Han

### ELSIE ROY NOON HOUR: ALL STARS PERFORMERS (K-12)

Build confidence and learn about music expression, drama, and choreography using songs and dances from popular musicals like Frozen, Wicked, Annie, and The Sound of Music.

We | Jan 15-Mar 11 | 12-12:40pm | \$72/9 sess | 246519 | K-12 | Dance St

Instructor: Jordan Thomson

### ELSIE ROY NOON HOUR: LIONS MMA KIDS MARTIAL ARTS (6-12)

Learn simple and effective kickboxing and grappling techniques, as well as basic conflict resolutions skills. Classes are high-energy, fun, safe, and a great way to make new friends.

We | Jan 15-Mar 11 | 12-12:40pm | \$85/9 sess | 246534 | 6-12 | Rm B

Instructor: Lions MMA

### ELSIE ROY NOON HOUR: CHESS (6-12)

Explore the world of chess, where beginners learn the fundamentals and advanced players learn new strategies.

We | Jan 15-Mar 11 | 12-12:40pm | \$71/9 sess | 246524 | 6-12 | Rm C

Instructor: Clement Cheng

Th | Jan 16-Mar 12 | 12-12:40pm | \$71/9 sess | 246525 | 6-12 | Board Rm

Instructor: Joe Soliven

### ELSIE ROY NOON HOUR: CLAY PLAY (7-10)

Learn basic hand building and sculpting techniques in a friendly and creative setting.

Th | Jan 23-Mar 12 | 12-12:40pm | \$79/8 sess | 246526 | 7-10 | Pottery St

Instructor: Brianne Siu

### ELSIE ROY NOON HOUR: ZUMBA KIDS (K-10)

Participate in a high-energy fun fusion of world and Latin dance styles.

Th | Jan 16-Mar 12 | 12-12:40pm | \$99/9 sess | 246537 | K-10 | Rm B

Instructor: Maira Daiha

### ELSIE ROY NOON HOUR: HOCKEY (7-12)

Improve your hockey skills through drills and practice. Each class includes fun, team-building games.

Th | Jan 16-Mar 12 | 12-12:40pm | \$68/9 sess | 246530 | 7-12 | Gym

Instructor: James Hickson

### ELSIE ROY NOON HOUR: BADMINTON (7-12)

Learn basic badminton skills like racquet handling and control, as well as the importance of teamwork, hand-eye coordination, and fair play. No class Feb 14.

Fr | Jan 17-Mar 13 | 12-12:40pm | \$53/7 sess | 246521 | 7-12 | Gym

Instructor: Parsa Garekani

### ELSIE ROY NOON HOUR: KIDS YOGA (K-10)

Cultivate greater self-esteem, awareness, and confidence in a fun environment. Each class incorporates individual, partner and group activities, as well as music and yoga games. No class Feb 14.

Fr | Jan 17-Mar 13 | 12-12:40pm | \$60/7 sess | 246531 | K-10 | Rm B

Instructor: Diana Bearsto

### **NEW** ELSIE ROY NOON HOUR: SM(ART) KIDZ (K-12)

Learn math, language, science and more through art. Art builds lifelong skills such as the importance of focus, experimentation, taking risks and making mistakes. Every day you will take home a piece of art. No class Feb 14

Fr | Jan 17-Mar 6 | 12-12:45pm | \$105/7 sess | 253586 | K-12 | Arts & Crafts Rm

Instructor: Skye Lintott, [StylizedLearning.com](http://StylizedLearning.com)

### ELSIE ROY NOON HOUR: LEGO LUNCH CLUB (K-10)

Enjoy a variety of activities including creative play and motorized model building to improve your STEM skills in a fun and collaborative environment. No class Feb 14.

Fr | Jan 17-Mar 6 | 12-12:40pm | \$72/7 sess | 246533 | K-10 | Rm C

Instructor: Bricks 4 Kidz Vancouver



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## SOCIAL RECREATION

## BEFORE SCHOOL KIDS CLUB (K-12)

For students of Elsie Roy Elementary, keep busy before school in a safe, fun, and supervised environment. Activities include games, arts and crafts, sports, and general play. Speak with Silvia Rubino before registering. No program Jan 20, Feb 14, 17, Mar 16-27.

Mo | Jan 6-30, Feb 3-28, Mar 2-31 | 7:30-9am | K-12 | Gym

Instructor: Silvia Rubino, [silvia.rubino@vancouver.ca](mailto:silvia.rubino@vancouver.ca)

## AFTER SCHOOL KIDS CLUB (K-12)

For students of Elsie Roy Elementary, keep busy after school in a safe, fun, and supervised environment. Activities include games, arts and crafts, sports, and general play. Speak with Silvia Rubino before registering. No program Jan 20, Feb 14, 17, Mar 16-27.

Mo | Jan 6-30, Feb 3-28, Mar 2-31 | 3:30-5pm | K-12 | Arts & Crafts Rm

Instructor: Silvia Rubino, [silvia.rubino@vancouver.ca](mailto:silvia.rubino@vancouver.ca)

**FREE** GAME-ON WEDNESDAY: PRE-TEEN DROP-IN (9-13)

Led by one of your favourite Youth Staff, get ready for action in the Games Room each Wednesday with board games, tabletop games, card games, and video games.

We | Jan 8-Mar 11 | 3:30-5:30pm | Free | 246887 | 9-13 | Games Rm

Instructor: Youth Leader

**NEW FREE** HOMEWORK TUESDAY: PRE-TEEN DROP-IN (9-13)

Do you need a quiet space to focus on homework or work on a school project? Join our free after-school homework club, supervised by your favourite youth staff, and get some work done!

Tu | Jan 7-Mar 10 | 3-4:30pm | Free | 252128 | 9-13 | Rm C

Instructor: Youth Leader

**FREE** MAKE-IT MONDAY: PRE-TEEN DROP-IN (9-13)

Join this fun afterschool drop-in activity led by one of your favourite Youth Staff! Put your creative hats on in the Games Room every Monday for easy DIY projects and crafts. No session Feb 17.

Mo | Jan 6-Mar 9 | 3:30-5:30pm | Free | 246898 | 9-13 | Games Rm

Instructor: Youth Leader

## DAY CAMPS

## PRO D DAY CAMP (K-12)

Register early to turn Pro D into a day of sports, arts and crafts and more, including an out trip to a local attraction.

Mo | Jan 20 | 9am-3:30pm | \$35/1 sess | 246681 | K-12 | Games Rm

Fr | Feb 14 | 9am-3:30pm | \$35/1 sess | 246682 | K-12 | Games Rm

Instructor: Silvia Rubino & Day Camp staff

## SPRING BREAK DAY CAMP (K-12)

Discover fun and excitement this spring with arts and crafts, science, drama, sports, games, songs and trips to local attractions.

Mo - Fr | Mar 16-20 | 9am-3:30pm | \$150/5 sess | 248806 | K-12 | Games Rm

Mo - Fr | Mar 23-27 | 9am-3:30pm | \$150/5 sess | 248810 | K-12 | Games Rm

Instructor: Silvia Rubino & Day Camp staff



Roundhouse Day Camp, 2019.

Please note that course prices do not include taxes.

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## SPRING BREAK AFTER CAMP (K-12)

For those campers registered in Spring Break Day Camp who need extra time.

Mo - Fr | Mar 16-20 | 3:30-6pm | \$55/5 sess | 248811 | K-12 | Arts & Crafts Rm

Mo - Fr | Mar 23-27 | 3:30-6pm | \$55/5 sess | 248812 | K-12 | Arts & Crafts Rm

Instructor: Silvia Rubino & Day Camp staff

## SPRING BREAK SPECIALTY CAMPS

## WEEK 1 (MAR 16-20)

## BRIXOLOGY (6-11)

Explore the world of engineering using LEGO! You'll build engineering themed projects using critical thinking, team work, and creative problem solving to test and improve your creations.

Mo-Fr | Mar 16-20 | 9am-3pm | \$299/5 sess | 248664 | 6-11 | Multimedia Rm

Instructor: Mad Science

**NEW** CHESS CAMP (8-12)

Explore the world of chess, where beginners learn the fundamentals and advanced players learn new strategies, culminating in a chess tournament on the last day of class.

Mo-Fr | Mar 16-20 | 9:30am-12:30pm | \$120/5 sess | 248661 | 8-12 | Board Rm

Instructor: Joe Soliven

## LEARNING WITH MAGIC CAMP (6-12)

Learn to perform magic tricks, illusions, and basic sleight of hand. Amaze your family and friends with your new performance and storytelling skills. Includes magic videos, theatre games, stage performance and acting techniques.

Mo-Fr | Mar 16-20 | 9:30am-3pm | \$295/5 sess | 248663 | 6-12 | Rm C

Instructor: Caroline Dyck

## LIGHTS, CAMERA, ACTION! MOVIE MAKING CAMP (8-12)

Learn the skills to become a reporter, actor, producer, director, and camera operator. You'll film with MacBooks, iPads and HD/digital cameras, using green screens, microphones, props, and make-up.

Mo-Fr | Mar 16-20 | 9:15am-3:15pm | \$266/5 sess | 248659 | 8-12 | Arts & Crafts Rm

Instructor: AVC Communications

## WEEK 2 (MAR 23-27)

## CARTOONING AND ANIMATION CAMP (8-12)

Learn Disney methods of drawing cartoons to create short animations with sound, music, voice-over, and special effects. Completed projects are posted online and uploaded onto a USB.

Mo-Fr | Mar 23-27 | 9:30am-3:30pm | \$266/5 sess | 248660 | 8-12 | Rm C

Instructor: AVC Communications

**NEW** CHESS CAMP (8-12)

Explore the world of chess, where beginners learn the fundamentals and advanced players learn new strategies, culminating in a chess tournament on the last day of class.

Mo-Fr | Mar 23-27 | 9:30am-12:30pm | \$120/5 sess | 248662 | 8-12 | Board Rm

Instructor: Joe Soliven

## LITTLE ARTISTS CAMP (5-10)

Try origami, clay modeling, stamping, collage, abstract art, mixed media art, finger painting, crafting and more.

Mo-Fr | Mar 23-27 | 1:30-3pm | \$99/5 sess | 248658 | 5-10 | Arts & Crafts Rm

Instructor: Sun Rey Han

## SECRET AGENT LAB (6-11)

Discover detection, use decoding skills to analyze evidence, and become a mystery solver. Have fun with case-breaking science!

Mo-Fr | Mar 23-27 | 9am-3pm | \$289/5 sess | 248665 | 6-11 | Multimedia Rm

Instructor: Mad Science

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.



Please note that course prices do not include taxes.

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## BIRTHDAY PARTIES

## BIRTHDAY PARTY FUN ROOM (1-12)

Have your birthday party at the Roundhouse! Party package includes a fun and energetic leader, basic decorations, balloons, an arts and crafts project (optional), and access to the Engine 374 Pavilion. *This birthday party does not include access to the gym.* Fire and general safety prohibits compressed gas and containers (no helium balloons) and piñatas. Maximum 30 people. Cancellations are required 10 days in advance to avoid charges. Caregiver participation is required. No booking on Feb 23.

Sa Su | Jan 4-Mar 29 | 2:30-4:30pm | \$120/party | 1-12 | Rm C  
 Instructor: *BirthDay Party Leader*

## PLAYTIME BIRTHDAY PARTY (2-12)

Have your birthday party at the Roundhouse! Party packages include a fun and energetic leader(s), basic decorations, balloons, an arts and crafts project, 1 hour (Saturdays)/45 minutes (Sundays) of gym time with a bouncy castle, play equipment, sports equipment, and access to the Engine 374 Pavilion. Fire and general safety prohibits compressed gas and containers (no helium balloons) and piñatas. Maximum 20 children. Cancellations are required 10 days in advance to avoid charges. Caregiver participation is required. No booking on Feb 23.

Sa | Jan 4-Mar 28 | 11:30am-1:30pm | \$160/small party, \$210/large party | 2-12 | Rm C  
 Su | Jan 5-Mar 29 | 11:30am-1:30pm | \$150/small party, \$200/large party | 2-12 | Rm C  
 Instructor: *BirthDay Party Leader*

## SPECIAL EVENTS

## FREE KIDS' MOVIE AT THE ROUNDHOUSE (ALL AGES)

Come to the Performance Centre for a fun, free movie with your neighbours. Fresh popcorn will be available for \$1 per bag (cash only). Call 604-713-1800 for more information. Registration and caregiver participation are required.

## WRECK-IT RALPH

Sa | Jan 11 | 11am-1pm | Free | 246907 | All ages | Performance Centre

## DESPICABLE ME 2

Sa | Mar 7 | 11am-1pm | Free | 246908 | All ages | Performance Centre



Please note that course prices do not include taxes.

## ARTS, DANCE &amp; CULTURE

## FREE HIP HOP CULTURE JAM FOR YOUTH DROP-IN (10-25)

Learn and share knowledge about the four elements of hip-hop culture: MC, DJ'ing, breaking, and visual art. Bring your elements, whether you're a beginner or have experience, and enjoy a real hip-hop jam!

We | Jan 8-Mar 11 | 7:30-9:30pm | Free | 246888 | 10-25 | Rm B  
 Instructor: *Mattias Lariko & Ice B*

## INTRODUCTION TO BREAKDANCING (10-18)

Learn the fundamentals of breakdancing from experienced dancers, including how to rock to the beat, show off with fancy footwork, and impress with funky freezes.

We | Jan 8-Mar 11 | 6:30-7:30pm | \$10/10 sess | 246897 | 10-18 | Rm B  
 Instructor: *Mattias Lariko & Ice B*

## KIDS POTTERY (9-13)

Explore different hand building techniques and wheel throwing in a fun and relaxed setting. We will make functional and sculptural work throughout the term.

Th | Jan 23-Mar 12 | 3:30-5:30pm | \$141/8 sess | 246581 | 9-13 | Pottery St  
 Instructor: *Brianne Siu*

## NEW FREE READY DANCE: ALL BODIES DANCE YOUTH (15-25)

Ready Dance is a new project by All Bodies Dance for youth ages 15-25 with and without disabilities. These classes will explore contemporary dance, improvisation, rhythm, and choreography in a fun and creative environment. Participants will experience the joy of moving, making, and performing in an inclusive space, where individuality and diversity are celebrated. No experience necessary. ASL interpretation is available for this program upon request at [info@allbodiesdance.ca](mailto:info@allbodiesdance.ca). Participants who require one-to-one support must provide their own assistant. Funded by the BC Arts Council and the Vancouver Park Board. No class Feb 9.

Su | Jan 12-Mar 8 | 12:30-2pm | Free/8 sess | 248814 | 15-25 | Dance St  
 Instructor: *Harmanie Taylor and Danielle Wensley*

## FREE YOUTH THEATRE DESIGN WORKSHOPS (13-18)

Some Assembly Theatre Company is looking for youth age 13-18 to help create the set and props for its new Roundhouse Youth Theatre Action Group (RHYTAG) production that focuses on strengthening response to climate change. Design workshops take place February 4 and March 26 from 7 to 9pm. Contact Valerie at [info@someassembly.ca](mailto:info@someassembly.ca) with your interest. See page 14 for more info.

## EDUCATIONAL

## NEW FREE HOMEWORK TUESDAY: PRE-TEEN DROP-IN (9-13)

Do you need a quiet space to focus on homework or work on a school project? Join our free after-school homework club, supervised by your favourite youth staff, and get some work done!

Tu | Jan 7-Mar 10 | 3-4:30pm | Free | 252128 | 9-13 | Rm C  
 Instructor: *Youth Leader*

## RED CROSS BABYSITTING (11-15)

Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through real life scenarios.

Su | Mar 29 | 9am-4pm | \$69/1 sess | 246687 | 11-15 | Multimedia Rm  
 Instructor: *First Aid Hero, www.firstaidhero.com*

## RED CROSS STAYSAFE! (9-13)

Feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation by practicing through active role-play in an interactive and fun environment.

Su | Jan 12 | 10:30am-4:30pm | \$69/1 sess | 246689 | 9-13 | Multimedia Rm  
 Instructor: *First Aid Hero, www.firstaidhero.com*



Homework Tuesday: Pre-teen drop-in. Photo by Santi Vedri on Unsplash.

Please note that course prices do not include taxes.

**SILLY CIRCUITS: EXPLORE ELECTRONICS (STEM) (8-12)**

Learn to read and write your own circuit diagrams and build simple and complex circuits. Classes use safe solderless breadboards and may use arduino controllers.  
 Tu | Jan 21-Mar 10 | 3:30-5pm | \$180/8 sess | 246690 | 8-12 | Rm B  
 Instructor: *Caroline Dyck*

**SOCIAL RECREATION**

**FREE FRIDAY YOUTH NIGHT (13-18)**

Spend your Friday nights at the Roundhouse with the coolest Youth Leaders and get to know your community, with open gym, tournaments, foosball games, movie nights, pizza parties, and more!

January		February	
Jan 3	Open Gym	Feb 7	V-Day Cards & Crafts
Jan 10	Smoothie Night	Feb 14	Cookie Decorating
Jan 17	Games Room Party	Feb 21	Pizza Extravaganza
Jan 24	3 Pt Contest	Feb 28	Mini 3v3 Tourney
Jan 31	Robson Sq. Ice Skating		
March			
Mar 6	Movie & Popcorn		
Mar 13	DIY Ice Cream Sandwich		
Mar 20	Papier-mâché Art		
Mar 27	Painting Party		

Fr | Jan 3-Mar 27 | 6-8pm | Free | 246886 | 13-18 | Games Rm + Gym  
 Instructor: *Sheroan Anthonypillai & Stratos Charalambides*

**FREE GAME-ON WEDNESDAY: PRE-TEEN DROP-IN (9-13)**

Led by one of your favourite Youth Staff, get ready for action in the Games Room each Wednesday with board games, tabletop games, card games, and video games.  
 We | Jan 8-Mar 11 | 3:30-5:30pm | Free | 246887 | 9-13 | Games Rm  
 Instructor: *Youth Leader*

**FREE MAKE-IT MONDAY: PRE-TEEN DROP-IN (9-13)**

Join this fun afterschool drop-in activity led by one of your favourite Youth Staff! Put your creative hats on in the Games Room every Monday for easy DIY projects and crafts. No class Feb 17.  
 Mo | Jan 6-Mar 9 | 3:30-5:30pm | Free | 246898 | 9-13 | Games Rm  
 Instructor: *Youth Leader*

**FREE YOUTH LOUNGE DROP-IN (8-18)**

Check out the revamped Games Room dedicated to pre-teens and youth every day after school from 3-6pm! Play pool, foosball, table tennis, or just hang out with friends. Learn about volunteer opportunities and other resources in the Youth Office.  
 Mo-Fr | Jan 6-Mar 13 | 3-6pm | Free | 246904 | 8-18 | Games Rm  
 Instructor: *Youth Leader*

**OPEN GYM/DROP-IN SPORTS**

**FREE PRE-TEEN/YOUTH OPEN GYM (8-18)**

Join a friendly scrimmage, practice your swings or shots, or just hang out with friends! Open gym is a safe and welcoming space for all youth. All identities and skills are welcome.  
 Tu | Jan 7-Mar 24 | 4:30-5:45pm | Free | 246902 | 8-18 | Gym  
 Th | Jan 9-Mar 26 | 3-5:45pm | Free | 246901 | 8-18 | Gym  
 Fr | Jan 3-Mar 27 | 3:30-6pm | Free | 246885 | 8-12 | Gym  
 Fr | Jan 3-Mar 27 | 6-9pm | Free | 246886 | 13-18 | Gym  
 Instructor: *Youth Leader*



Please note that course prices do not include taxes.

**FREE YOUTH BASKETBALL DROP-IN (10-18)**

Work on your basketball skills or get a good game going! Open gym is a safe and welcoming space for all youth. All identities and skills are welcome.  
 Sa | Jan 4-Mar 28 | 3-4:45pm | Free | 246903 | 10-18 | Gym  
 Instructor: *Youth Leader*

**FREE YOUTH VOLLEYBALL DROP-IN (10-18)**

Work on your volleyball skills or round up your friends and get a good scrimmage going! Open gym is a safe and welcoming space for all youth. All identities and skills are welcome.  
 Sa | Jan 4-Mar 28 | 1-2:45pm | Free | 246905 | 10-18 | Gym  
 Instructor: *Youth Leader*

**PHYSICAL RECREATION**

**CAPOEIRA (6-13)**

**\$12.50/DROP-IN**

Improve your flexibility, condition your body, and discipline your mind in this fun and eclectic sport. Known as the secret dance of Brazil, Capoeira is a display of self-defense and an excellent workout for all ages.  
 Tu | Jan 14-Mar 10 | 4-4:45pm | \$93/9 sess | 246505 | 6-8 | Dance St  
 Tu | Jan 14-Mar 10 | 5-6pm | \$93/9 sess | 246508 | 9-13 | Dance St  
 Instructor: *Julio Monteiro*

**INTRO TO SKATEBOARDING: BEGINNERS (7-13)**

Learn the fundamental skills to go from never having ridden a skateboard to safely rolling around. These indoor classes focus on foot placement, pushing, turning, stopping, safety, terminology, and basic tricks. Helmet and safety padding are mandatory for all participants (some equipment is available for loan). Participants are expected to have their own skateboard, with a limited number of skateboards available for use during lessons. Caregiver consent/waiver forms must be completed prior to participation available at the Front Desk or contact the Community Youth Worker at [sally.chan@vancouver.ca](mailto:sally.chan@vancouver.ca).  
 Th | Jan 9-30 | 3:45-4:45pm | \$62/4 sess | 246889 | 7-13 | Gym  
 Th | Jan 9-30 | 4:55-5:55pm | \$62/4 sess | 246890 | 7-13 | Gym  
 Th | Feb 6-27 | 3:45-4:45pm | \$62/4 sess | 246891 | 7-13 | Gym  
 Th | Feb 6-27 | 4:55-5:55pm | \$62/4 sess | 246892 | 7-13 | Gym  
 Instructor: *Undertoe Skateboard Academy*

**KARATE**

Learn discipline, gain confidence, increase flexibility, develop cooperation, and have fun. New students can try their first class for \$16, one-time only. Please note that some classes may be taught by accredited senior instructors. No drop-ins. No class Feb 17.

**KARATE: SENIOR (11-18)**

Mo Fr | Jan 6-31 | 5:30-6:30pm | \$70/mo | 246576 | 11-18 | Rm B  
 Mo Fr | Feb 3-28 | 5:30-6:30pm | \$70/mo | 246577 | 11-18 | Rm B  
 Mo Fr | Mar 2-20 | 5:30-6:30pm | \$70/mo | 246578 | 11-18 | Rm B

**KARATE: GREEN BELT AND ABOVE (11-18)**

Mo Fr | Jan 6-31 | 6:30-8pm | \$80/mo | 246567 | 11-18 | Rm B  
 Mo Fr | Feb 3-28 | 6:30-8pm | \$80/mo | 246568 | 11-18 | Rm B  
 Mo Fr | Mar 2-20 | 6:30-8pm | \$80/mo | 246569 | 11-18 | Rm B  
 Instructor: *Hamid Tarighatbin*

**RAINCITY BASKETBALL SKILLS SESSIONS (9-13)**

**\$18/DROP-IN**

Learn teamwork and the fundamentals of basketball. Class includes instruction, drills, and game time. No class Feb 17.  
 Mo | Jan 13-Mar 9 | 3:30-5:30pm | \$140/8 sess | 246685 | 9-13 | Gym  
 Instructor: *Raincity Basketball Club*



**KARATE**

Please note that there are additional fees for Karate BC membership and the purchase of a uniform and testing for belts. Program fees are due on the first class of each month. A 10 percent discount is available when you register for three consecutive months within a season at one time.

Please note that course prices do not include taxes.

**ROUNDHOUSE RUNNERS: YOUTH RUNNING CLUB (10-18)**

Challenge yourself to a healthier, more active you! Learn tips and tricks from an experienced runner while preparing for the Hot Chocolate 5km Run around Stanley Park on March 7, 2020, in support of the BC Centre for Ability. Registration will include a subsidized entry to the event, a souvenir shirt, a souvenir mug, and a fun finisher medal when we cross the finish line! Be sure to wear proper running attire and be ready to break a sweat each week. All levels are welcome. Caregiver consent/waiver form must be completed prior to participation – available at the front desk or online at [roundhouse.ca/registration-services/faq-forms](http://roundhouse.ca/registration-services/faq-forms).

Sa | Feb 1-Mar 7 | 12-1pm | \$25/6 sess | 246899 | 10-18 | Gym

Instructor: *Stratos Charalambides*

**TENNIS: INDOOR (9-13)**

Learn basic tennis skills through drills and game simulations.

We | Jan 29-Mar 4 | 4:45-5:45pm | \$96/6 sess | 246710 | 9-13 | Gym

Instructor: *Gayle Dobson*

**SPECIAL EVENTS & OUT TRIPS**

**NEW FREE INSPIRED BY HER**

A partnership with BeaYOUtiful Foundation. Inspired by HER is a city-wide conference rooted in building self-love and confidence among girls. With 3 workshops, the conference addresses issues including body image, positive mental health, media literacy, artistic expression, and learning to redefine beauty standards.

Inspired by HER provides a foundation of understanding to girls with diverse life experiences and challenges, emphasizing that each has a purpose. With mentorship as a key component of the conference, each girl is paired with a Soul Sister, a mentor who provides a safe space for reflection and goal setting.

Su | Jan 5 | 10am-4pm | 10-14 | Exhibition Hall

Register at [www.inspiredbyherconference.com](http://www.inspiredbyherconference.com)

**NEW OH SNAP! YOUTH PHOTO WALK (11-16)**

Join OH Snap! to learn the principles of photography and improve your photos one shoot at a time. Meet at the Roundhouse with your camera for a photo walk around Yaletown, with a picnic at the end. This out trip is in collaboration with the Champlain Heights Youth Programs.

We | Mar 25 | 11:30am -2:30pm | \$5/1 sess | 246897 | 11-16 | Rm A

Instructor: *Youth Leader*

Photo by Nenad Rakicevic on Unsplash.



Please note that course prices do not include taxes.

Riding the chairlift at Whistler. Photo by Pamela Saunders on Unsplash.



**NEW YOUTH WHISTLER SKI/SNOWBOARDING DAY TRIP**

It's snow day in Whistler! Meet other youth from Park Board Community Centres as we travel together to one of North America's best snow destinations! From beginners to experienced ski/snowboarders, all youth will be placed in group lessons based on their skill level. The registration fee includes transportation, ski lift ticket, group lessons, lunch voucher, and optional equipment rental. Caregiver consent/waiver forms must be completed prior to participation and are available at the Front Desk or by contacting the Community Youth Worker at [sally.chan@vancouver.ca](mailto:sally.chan@vancouver.ca). Please read the Parent Information Package for more itinerary details and for the recommended equipment list. All forms are due February 28. Please register by phone or in-person; there is no online registration.

Su | Mar 15 | 6:30am-6:30pm | \$110 (w/ rentals); \$90 (w/o rentals) | 248500 | 13-18

Instructor: *Youth Leader*

**YOUTH LEADERSHIP**

**FREE BE A ROUNDHOUSE YOUTH VOLUNTEER! (UP TO 18)**

Interested in volunteering but not sure where to start? Join the Roundhouse Youth Volunteer Team! Working with the Community Youth Worker and the Volunteer Coordinator, you'll gain access to a wide range of special events and programs at the Roundhouse. All youth volunteers must fill out an application form (available online) and attend the New Volunteer Orientation on January 29 at 6pm. For more info, contact Sally Chan (Community Youth Worker): [sally.chan@vancouver.ca](mailto:sally.chan@vancouver.ca) or Silvia Rubino (Volunteer Coordinator): [silvia.rubino@vancouver.ca](mailto:silvia.rubino@vancouver.ca).

We | Jan 29 | 6-7pm | Free | 12-18 | Rm B

**FREE ROUNDHOUSE YOUTH COUNCIL (GR 8-12)**

Do you enjoy working with others? Want to have a say in the community? Have an idea you'd love to make happen? Join the Roundhouse Youth Council to make new friends, gain leadership skills, and get involved in your community. Weekly meetings can be counted towards volunteer hours. All youth are welcome. For more info, contact Community Youth Worker Sally Chan at 604-713-1858 or [sally.chan@vancouver.ca](mailto:sally.chan@vancouver.ca).

We | 4:30-5:30pm | Free | 246900 | Gr 8-12 | Rm B

Instructor: *Community Youth Worker*

Please note that course prices do not include taxes.

## EDUCATION

**FREE CHRONIC CONDITIONS SELF-MANAGEMENT PROGRAM (19+)**

Learn information and practical strategies to help cope with day-to-day challenges. This program is proven to increase motivation and confidence to better manage symptoms and take action toward a healthier life. No class Feb 23

Su | Feb 16-Mar 29 | 1-3:30pm | Free/6 sess | 246759 | 19+ | Music Rm

Instructor: Self-Management BC, selfmanagementbc.ca, 604-940-1273, selfmgmt@uvic.ca

**DOG OBEDIENCE: BEGINNERS/PUPPY (19+)**

Learn basic commands with verbal cues, hand signals, and positive reinforcement without using food, treats, force or fear responses, and how to manage and eliminate inappropriate behaviors. Pre-requisite: All dogs must be full vaccinated and have no aggression issues. No class Feb 9, 16, 23

Su | Jan 12-Mar 8 | 11:30am-12:30pm | \$174/6 sess | 246763 | 19+ | Rm B

Instructor: Alpha Dog Training

**DOG OBEDIENCE: INTERMEDIATE AND AGILITY (19+)**

Improve control of commands learned in basic obedience at longer distances and with distraction, and practice agility training, by guiding your dog through obstacles. No class Feb 9, 16, 23.

Su | Jan 12-Mar 8 | 1-2pm | \$196/6 sess | 246766 | 19+ | Rm B

Instructor: Alpha Dog Training

**MANOLOGY: EXPLORING 21ST CENTURY MASCULINITY (19+) \$15/DROP-IN**

Learn how you are shaped and influenced by expectations about what a man is supposed to be. Have fun, try new things, share stories, humour and knowledge, and forge new friendships.

Sessions are interactive, friendly and experiential. No class Feb 17.

Mo | Jan 6-Mar 30 | 7-9:30pm | \$144/12 sess | 246794 | 19+ | Rm C

Instructor: David Hatfield

**MINDFULNESS MEDITATION (18+)**

Relax, restore, and relieve stress, while cultivating inner peace and happiness, and discovering a new paradigm for living well. No class Feb 17.

Mo | Jan 20-Feb 24 | 7:30-8:45pm | \$55/5 sess | 246795 | 18+ | Multimedia Rm

Instructor: Sung Yang, www.LearnMindfulness.org

**FREE NEPP EARTHQUAKE PREPAREDNESS: APARTMENT LIVING (19+)**

Apartment and condo dwellers have unique challenges when preparing for emergencies or disasters. Learn what to do when an earthquake strikes, including how to develop an emergency plan and conduct a Hazard Hunt.

Tu | Mar-24 | 7-8:30pm | Free/1 sess | 246797 | 19+ | Multimedia Rm

Instructor: Volunteer

**FREE NEPP EARTHQUAKE PREPAREDNESS: PETS (19+)**

Learn how to prepare you and your pets for any type of emergency or disaster you may be faced with.

Tu | Jan-14 | 7-8:30pm | Free/1 sess | 246796 | 19+ | Multimedia Rm

Instructor: Volunteer

**FREE PHOTOGRAPHY: YOU BE THE JUDGE (19+)**

Recognize and understand the attributes of good photography so you can constructively critique images and create better photographs. This workshop covers elements of composition, a framework for critiquing and tips for creating better photos, by assessing images during sessions.

Sa | Jan-25 | 12:30-4:30pm | Free/1 sess | 252358 | 19+ | Multimedia Rm

Instructor: Bob Prosser

**NEW FREE ROUNDHOUSE HISTORY SESSION – THE BATTLE OF HONG KONG**

Join historian and guest speaker Albert Choi share his experience living through the battle of Hong Kong as an 11-year-old boy. Refreshments provided.

Mo | Jan 20 | 11am-12:15pm | Free/1 sess | 251512 | 55+ | Rm B

Volunteer Instructor: Albert Choi

**NEW FREE ROUNDHOUSE INFO SESSION – DENTAL HYGIENE (55+)**

Learn about dental health/hygiene from an Independent Dental Hygiene Practitioner and its association with chronic inflammatory conditions such as heart disease, arthritis, dementia, and diabetes. The session will cover brushing techniques to prevent dental decay, improving oral health and overall wellness with a few lifestyle changes. Take home a free toothbrush.

Mo | Feb 3 | 11-12:15pm | Free/1 sess | 253499 | 55+ | Rm B

Volunteer Instructor: Bobbie Gill, RDH, BSc

**FREE SECRETS TO OUTSTANDING PHOTOGRAPHY (19+)**

Learn to see and capture beautiful imagery anywhere, anytime. This is a non-technical class with a focus on composition. Bring any camera (must understand basic camera functions). No children, please.

Su | Jan-12 | 2-4pm | Free/1 sess | 246807 | 19+ | Board Rm

Su | Feb-16 | 2-4pm | Free/1 sess | 246808 | 19+ | Board Rm

Su | Mar-15 | 2-4pm | Free/1 sess | 246809 | 19+ | Board Rm

Instructor: Paul Fremes

## LANGUAGE

**ESL FOR ADULTS (19+)**

Improve your English speaking skills in this ESL class for adults through activities, exercises and conversation. The focus is on speaking not writing.

Tu | Jan 7-Mar 10 | 10-11:30am | \$150/10 sess | 246771 | 19+ | Music Rm

Instructor: Veronica Chum

**FRENCH: BEGINNERS 1 (19+)**

Learn the basics of French with a Parisian teacher. By the end of the session, the goal is to talk about yourself and your friends, and to make enough small talk to feel at ease in any francophone country.

Tu | Jan 14-Mar 10 | 9-10:15am | \$187/9 sess | 246772 | 19+ | Board Rm

Instructor: Julie Rauscher

**FRENCH: BEGINNERS 2 (19+)**

Join this interactive class to learn more about the French language, from a Parisian teacher. Talk, participate in fun exercises, learn new vocabulary, and work on your pronunciation.

Tu | Jan 14-Mar 10 | 10:30-11:45am | \$187/9 sess | 246773 | 19+ | Board Rm

Instructor: Julie Rauscher

**SPANISH: BEGINNERS LEVEL 1 (19+)**

Learn basic Spanish skills set in practical day-to-day situations that will help you when travelling to Spanish speaking countries.

We | Jan 15-Mar 25 | 5:30-7pm | \$190/11 sess | 246810 | 19+ | Mezz Meeting Rm

Instructor: Gloria Alonso

**SPANISH: BEGINNERS LEVEL 2 (19+)**

Improve your conversational Spanish skills and learn the past and future tense to help you communicate with new friends in Spanish countries.

Tu | Jan 14-Mar 31 | 5:30-7pm | \$207/12 sess | 246811 | 19+ | Mezz Meeting Rm

Instructor: Gloria Alonso

**SPANISH: CONVERSATIONAL (19+)**

If you have a basic command in Spanish and are planning travel to a country where it is spoken, join this friendly environment to practice speaking about culture, traditions, and more.

We | Jan 15-Mar 25 | 7:05-8:35pm | \$190/11 sess | 246812 | 19+ | Mezz Meeting Rm

Instructor: Gloria Alonso

Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.



Photo by Joe Caione on Unsplash.

## ART

**ACRYLIC AND MULTIMEDIA WITH YVES (19+)** \$25/DROP-IN

Discover art through a magical evening painting session with Yves Rene Decary.  
 Fr | Jan 10-Feb 14 | 6:30-9:30pm | \$102/6 sess | 246745 | 19+ | Arts & Crafts Rm  
 Fr | Feb 21-Mar 27 | 6:30-9:30pm | \$102/6 sess | 246746 | 19+ | Arts & Crafts Rm  
*Instructor: Yves Rene Decary, yvesrenedecaryartist@gmail.com*

**NEW BEGINNERS FLUID ACRYLIC POURING WORKSHOP (19+)**

Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create a flow and beautiful cells throughout your paintings.

Mo | Feb 10 | 6:30-8:30pm | \$65/1 sess | 252713 | 19+ | Arts & Crafts Rm  
 We | Feb 26 | 6:30-8:30pm | \$65/1 sess | 252714 | 19+ | Arts & Crafts Rm  
 Mo | Mar 9 | 6:30-8:30pm | \$65/1 sess | 252715 | 19+ | Arts & Crafts Rm  
 We | Mar 25 | 6:45-8:45pm | \$65/1 sess | 252716 | 19+ | Arts & Crafts Rm  
*Instructor: Valerie Ferrar, pixeydixey41@yahoo.com*

**NEW WEAVING CEDAR (19+)**

Create a cedar bracelet, headband and/or basket with guidance from Haida weaver Giihlgiiagaa (Todd DeVries) while learning about Cedar's cultural values to the Haida through stories.

Fr | Jan 10 | 1:15-3:15pm | \$35/1 sess | 255526 | 19+ | Rm C – Bracelet  
 Fr | Jan 17 | 1:15-3:15pm | \$40/1 sess | 255029 | 19+ | Rm C – Headband  
 Fr | Jan 24-Jan 31 | 1:15-3:15pm | \$65/2 sess | 255041 | 19+ | Rm C – Basket  
*Instructor: Todd DeVries*

**DRAWING AND WATERCOLOUR FOR BEGINNERS (19+)**

Learn basic drawing techniques to shape and form images in perspective, and experiment with variety of watercolour techniques while working on landscapes, still lifes, flowers, figures, and more. No class Feb 17.

Mo | Jan 6-Mar 9 | 9:30-11:30am | \$180/9 sess | 246768 | 19+ | Arts & Crafts Rm  
*Instructor: Mohammad Atashzad, www.atashzad.com*

**DRAWING: LEARNING TO SEE (19+)**

Augment drawing exercises with techniques to help you deconstruct and reconstruct subjects to better understand foreshortening, positive and negative space, and the behavior of light on tone and value. No class Feb 4.

Tu | Jan 14- Mar 10 | 6:30-8:30pm | \$174/8 sess | 246769 | 19+ | Arts & Crafts Rm  
*Instructor: Bernadine Fox*

**NEW SKETCHING AND DRAWING (25+)**

\$12/DROP-IN

Understand the fundamentals of perspective, from basic shapes to a refined outline, using different techniques to render light and shadow.

Fr | Feb 7-Mar 13 | 1:15-3:15pm | \$58/6 sess | 246880 | 25+ | Rm C  
*Instructor: Jennifer Chernecki*

**WATERCOLOUR PAINTING (19+)**

\$12/DROP-IN.

Gain experience working with watercolours in a loosely structured and supportive studio setting. Participants are encouraged to work on personal projects to develop their style.

We | Jan 8-Mar 11 | 11am-1pm | \$94/10 sess | 246823 | 19+ | Arts & Crafts Rm  
*Instructor: Bill Miloglav, baldozar@shaw.ca*

## POTTERY

**POTTERY: DROP-IN (19+)**

Pottery studio drop-in is for those currently enrolled in Roundhouse pottery classes and those who have a drop-in storage space assigned to them. No class Feb 23  
 Su | Jan 12-Mar 15 | 12:30-4:30pm | see sidebar | 246800 | 19+ | Pottery St  
 We | Jan 8-Mar 11 | 10am-9:30pm | see sidebar | 246799 | 19+ | Pottery St  
 Sa | Jan 11-Mar 14 | 12:30-4:30pm | see sidebar | 246804 | 19+ | Pottery St  
*Instructor: Volunteer*

**POTTERY: HAND AND WHEEL WITH KATE (19+)**

Learn how to throw on the potter's wheel and create projects using hand-building techniques. Making, finishing, decorating, and glazing are covered. Intermediate and advanced students are assisted to progress at their own pace and challenged with new techniques and ideas.

Fr | Jan 10-Mar 13 | 12-3pm | \$340/10 sess | 246806 | 19+ | Pottery St  
*Instructor: Kate Metten*

**POTTERY: HAND AND WHEEL WITH VIN (19+)**

Learn how to throw on the potter's wheel and create projects using hand-building techniques. Making, finishing, decorating, and glazing are covered. Intermediate and advanced students are assisted to progress at their own pace and challenged with new techniques and ideas. No class Feb 17.

Mo | Jan 13-Mar 9 | 6:30-9:30pm | \$282/8 sess | 246802 | 19+ | Pottery St  
*Instructor: Vin Arora*

**POTTERY: HAND AND WHEEL THROWING WITH SUE (19+)**

Play with clay in these multi-level classes. Learn the basic of hand-building, wheel throwing, glazing, and firing techniques. Continuing students work at their own pace with assistance on new techniques and challenges.

Tu | Jan 7-Mar 10 | 1:30-4:30pm | \$340/10 sess | 246805 | 19+ | Pottery St  
 Tu | Jan 7-Mar 10 | 6:30-9:30pm | \$340/10 sess | 246801 | 19+ | Pottery St  
*Instructor: Sue Griese*

**POTTERY: THROW, THROWING, THROWN WITH NORA (19+)**

For students who have taken at least one day class, take your skills to the next stage with centering, altering, trimming, decorating, and glazing pots. No class Feb 13.

Th | Jan 9-Mar 5 | 6:30-9:30pm | \$282/8 sess | 246803 | 19+ | Pottery St  
*Instructor: Nora Vaillant*

**POTTERY DROP-IN FEES**

Studio Member \$12/2hrs  
 Volunteer \$5/2 hrs  
 Current Student \$5/2 hrs

**POTTERY FEES AND MATERIALS**

No LAC accepted. Online and in person registration. Materials included are slips, glazes, firing; not included are drop-in fees and clay.

Clay \$25 + taxes  
 Tool Kit \$30 + taxes

**REFUNDS**

Refunds must be requested 72 hours in advance of start date. \$10 administration fee applies. No refunds after start date.

**POTTERY WAITLIST**

To add your name to the drop-in waitlist, contact Cheryl Stapleton *cheryl.stapleton@vancover.ca*. Class participants get priority.

## WOODWORKING

WOODWORKING  
IMPORTANT  
INFORMATION

Please bring pencil and paper to class. Students must clean the studio after each session. **FIRST CLASS** is mandatory for all levels. **CANCELLATIONS** must be requested 72 hours in advance of the start date. **REFUNDS** No refunds after start date. **PREREQUISITES** Level 1 – none Level 2 – level 1 **MATERIALS** Level 1 – included Level 2 – not included

## WOODWORKING: DROP-IN (19+)

\$16/HOUR

To qualify for drop-in sessions, you must pass an assessment at a Wednesday drop-in and attend a safety orientation session, or have successfully completed a Level 2 course. Drop-in sessions are not for Level 1 students.

Su | Jan 5-Mar 29 | 1:30-4:30pm | See sidebar | 246825 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Craig Gilder*

We | Jan 8-Mar 25 | 6-9pm | See sidebar | 246826 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Trevor Osborn*

Th | Jan 9-Mar 26 | 1-4pm | See sidebar | 252747 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Trevor Osborn*

## WOODWORKING: SAFETY ORIENTATION – APPOINTMENT ONLY (19+)

For experienced woodworkers wanting to access the Woodworking drop-in, complete a written assessment test during a Wednesday drop-in session. The instructor will mark the tests and contacts woodworkers when there are enough people to run a safety orientation.

\$45/1 sess | 246827 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Trevor Osborn*

## WOODWORKING: LEVEL 1 (19+)

For beginners and those with little woodworking experience, acquire basic woodworking skills and learn elementary safe operation of major power tools such as the jointer, planer, and table saw, as well as other power tools based on design requirements. Prerequisite for Hand Tools Level 2, 3, or artisans course.

Mo | Jan 6-Feb 10 | 6:30-9:30pm | \$294/6sess | 246832 | 19+ | Barry Cogswell Woodworking St  
Mo | Feb 24-Mar 30 | 6:30-9:30pm | \$294/6 sess | 234655 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Craig Gilder*

Tu | Jan 7-Feb 11 | 6:30-9:30pm | \$294/6 sess | 246833 | 19+ | Barry Cogswell Woodworking St  
Tu | Feb 25-Mar 31 | 6:30-9:30pm | \$294/6 sess | 246834 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Jeremy Tomlinson, www.urbanwoodworker.com*

## WOODWORKING: LEVEL 1 – BEYOND BENCHES (19+)

Acquire basic woodworking skills and learn elementary safe operation of major power tools such as the jointer, planer, and table saw, as well as other power tools Prerequisite for Level 2.

Tu | Jan 21-Mar 10 | 9:30am-1pm | \$392/8 sess | 246836 | 19+ | Barry Cogswell Woodworking St  
Tu | Jan 21-Mar 10 | 2-5:30pm | \$392/8 sess | 246841 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Bruce Inglis*

## WOODWORKING: LEVEL 1 – BOXES (19+)

Acquire basic woodworking skills with hand and power tools including planes, saws, chisels, layout tools and joinery methods, and learn elementary safe operation of major power tools such as the jointer, planer, and table saw. Prerequisite for Level 2 or artisans' course. No class Feb 17.

Mo | Jan 13-Mar 9 | 2-5:30pm | \$352/7 sess | 234646 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Bruce Inglis*

## WOODWORKING: LEVEL 2 (19+)

Building on Level 1 skills, focus on classic joinery techniques, project planning, and material selection. Prerequisites: must have taken Level 1 Woodworking. In person registration only. No class Feb 17.

Mo | Jan 13-Mar 23 | 9:30am-12:30pm | \$539/11 sess | 252783 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Bruce Inglis*

## WOODWORKING: LEVEL 1 – WOOD TURNING (19+)

For beginners and those with little woodworking experience, work with special chisels to shape and sculpt wood while it spins on a lathe. Create up to three basic forms such as a rolling pin, wood carver's mallet, platter or bowl, using major power tools such as jointers, planers and table saws, as well as basic panel glue-ups. Prerequisite for Hand Tools Level 2, 3 or artisans course.

Fr | Jan 10-31 | 9:30am-2:30pm | \$395/4 sess | 246846 | 19+ | Barry Cogswell Woodworking St  
Fr | Feb 7-28 | 9:30am-2:30pm | \$395/4 sess | 246849 | 19+ | Barry Cogswell Woodworking St  
Fr | Mar 6-27 | 9:30am-2:30pm | \$395/4 sess | 246851 | 19+ | Barry Cogswell Woodworking St  
Sa | Jan 11-Feb 1 | 9:30am-2:30pm | \$395/4 sess | 246847 | 19+ | Barry Cogswell Woodworking St  
Sa | Feb 8-29 | 9:30am-2:30pm | \$395/4 sess | 246850 | 19+ | Barry Cogswell Woodworking St  
Sa | Mar 7-28 | 9:30am-2:30pm | \$395/4 sess | 246848 | 19+ | Barry Cogswell Woodworking St  
*Instructor: Ed Pretty, www.urbanwoodworker.com*

## WOODWORKING: LEVEL 1 – HAND TOOLS (19+)

An ideal primer to hand tool joinery and woodworking, even if power tool woodworking is your focus. Learn how to sharpen woodworking blades and adjust and use hand planes. Make a small hardwood box using saws, chisels, and layout tools, and carve a spoon using gouges and whittling knives.

Mo | Jan 6-Feb 10 | 6:30-9:30pm | \$375/6 sess | 246829 | 19+ | Rm A  
Mo | Feb 24-Mar 30 | 6:30-9:30pm | \$375/6 sess | 246830 | 19+ | Rm A  
*Instructor: Mark Benstead, urbanwoodworker.com*

We | Jan 8-Feb 12 | 6:30-9:30pm | \$375/6 sess | 246828 | 19+ | Rm A  
We | Feb 19-Mar 25 | 6:30-9:30pm | \$375/6 sess | 246828 | 19+ | Rm A  
*Instructor: Tristan Noone, www.urbanwoodworker.com*

## MUSIC

## FREE JAZZ IN THE MEWS (ALL AGES)

Enjoy Jazz inside the Foyer every Saturday and some Sunday mornings with a full slate of local musicians including: Asheida and Friends, John Pippus and Friends, Stringz Aloud, Lawless Firm, Rain City Swing, Maria Morlin Swing Stage Band, Joel Reid Sax, Paul Talbot and Ross Barrett. See detailed schedule on page 10.

Sa Su | Jan 11-Mar 28 | 10:30am-12:30pm | Free/12 sess | 246790 | All ages | Foyer

## GUITAR WITH JUSTIN (19+)

Play your favourite songs and learn new pop, rock, and classical music. Lessons encourage musical and personal growth.

Mo | Jan 24-Mar 18 | 2-6:30pm | \$220/18 sess | 246553-562 | 19+ | Board Rm  
*Instructor: Justin Gorrie*

## PIANO WITH LYDIA (19+)

These one-on-one piano lessons for all ages and levels teach students how to play the piano and appreciate music. Preparation for the RCM exam is provided upon request. No class Feb 23.

Su | Jan 12-Mar 29 | 9am-4pm | \$303/11 sess | 246603-617 | 19+ | Practice Rm  
We | Jan 8-Mar 25 | 2-8:30pm | \$330/12 | 246618-629 | 19+ | Practice Rm  
Fr | Jan 10-Mar 27 | 2-8:30pm | \$330/12 sess | 246630-642 | 19+ | Practice Rm  
*Instructor: Lydia Kay*

## PIANO WITH SUSIE (19+)

Learn how to play the piano in a positive and nurturing environment that honours creativity and self-expression, and caters to individual learning styles. Students may wish to partake in RCM exams should passion and interest lead them in that direction.

Th | Jan 9-Mar 12 | 3-7:30pm | \$275/10 sess | 246651-660 | 19+ | Practice Rm  
Sa | Jan 11-Mar 14 | 12-4pm | 275/10 sess | 246672-665 | 19+ | Practice Rm  
*Instructor: Susie Skoda*

## MUSIC LESSONS

Private lessons are 30 minutes in length. There will be **no make-up classes** for any lessons that the student isn't able to attend. Music refund requests prior to the start of your private lessons must be made no later than the day before the class starts in order to receive a full refund minus the admin fee. After private lessons start there will be no refund. **NO REGISTRATION** after the second class.

## PRACTICE PIANO

Access to the teaching piano is free only for piano students currently enrolled in piano lessons, and based on availability. The non-teaching piano is available for member use for \$5/hour for a maximum of 2 hours/day. Other conditions apply. Please inquired at the front desk.

Please note that course prices do not include taxes.

Please note that course prices do not include taxes.

**VIOLIN WITH HANNAH (19+)**

Enhance your foundation techniques to move on to the next level of playing your instrument, while learning music theory and sight-reading in accordance with your experience. Lessons are 30 minutes. No class Feb 17.

Mo | Jan 13-Mar 9 | 3:30-5:30pm | \$220/8 sess | 246720-724 | 19+ | Board Rm

Instructor: Hyunah Kim

**VOICE WITH ASHEIDA (19+)**

Sing and learn fun exercises to feel more ease, connection, and balance with your voice. Instructor permission is required for younger students and for multiple bookings for children who are new to the course. Lessons are 30 minutes. No class Jan 28, Feb 25.

Tu | Jan 7-Mar 10 | 1-7pm | \$380/8 sess | 24675-735 | 19+ | Practice Rm

Instructor: Asheida Arruda, [www.integratedartist.ca](http://www.integratedartist.ca)

**DANCE****FREE #DANCEHAPPY (ALL AGES)**

Join this free dance class for all bodies that want to move! Dancers and dance lovers of all ages and experience welcome. Sessions are held the second Tuesday of each month.

Tu | Jan 14, Feb 11, Mar 10 | 8-9pm | Free/3 sess | 246906 | All ages | Dance St

Instructor: Amber Barton

**FREE ALL BODIES DANCE (18+)**

All Bodies Dance Project brings together artists with and without disabilities to explore movement as a means of creative expression. Experience the joy of dancing in a diverse community of movers. Classes explore improvisation in a fun and creative environment. No experience is required. ASL interpretation is available upon request. Funded by the City of Vancouver and the Vancouver Park Board.

Sa | Jan 11-Mar 28 | 2:30-4pm | Free/12 sess | 246919 | 18+ | Dance St

Instructor: Naomi Brand

**NEW ARGENTINE TANGO SOCIAL DANCE FOR BEGINNERS (19+) \$15/DROP-IN**

Dance social Argentine Tango in Buenos Aires style and join the growing Vancouver Tango scene. No previous experience or partner is required.

Fr | Jan 10-Mar 13 | 6-7:15pm | \$140/10 sess | 252379 | 19+ | Dance St

Instructor: Semiral Tuncer, [www.vancouver Tango.com](http://www.vancouver Tango.com)

**FREE ROUNDHOUSE COMMUNITY DANCERS (19+)**

Join dance artist Kelly McInnes in the collaborative creation of performance. Experiment with improvisation, composition, and creative movement. No dance experience is necessary but registration is required. Funded by the Vancouver Park Board. No class Feb 9.

Su | Jan 12-Mar 29 | 2:30-4:30pm | Free/12 sess | 246921 | 19+ | Dance St

Instructor: Kelly McInnes

**DANCE FITNESS****NEW BEGINNER SALSA FOR COUPLES (19+)**

Learn the basics of tropical Salsa to dance with flare and rhythm. Couples only.

Fr | Jan 10-Mar 27 | 7:30-8:30pm | \$300/12 sess | 252779 | 19+ | Dance St

Instructor: Gustavo Ferman, [www.gustavoferman.com](http://www.gustavoferman.com)

**GROOVAZON (19+)****\$15/DROP-IN**

Bring the funk back on with an original blend of pure Funk dance, Discodelic rhythms, Hip Hop vibes, and jazzy grooves.

Sa | Jan 11-Mar 28 | 12:45-2:15pm | \$234/12 sess | 246783 | 19+ | Dance St

Instructor: Gustavo Ferman

**NEW SALSA DANCING (25+)****\$20/DROP-IN**

For those without previous dance experience, learn Latin dance in a fun and supportive environment. No partner is required.

We | Jan 15-Feb 12 | 8:15-9:45pm | \$75/5 sess | 246870 | 25+ | Dance St

Instructor: Barney Alfred Lee and Mya Davidson

**NEW BALLROOM TANGO (19+)****\$20/DROP-IN**

Learn the basics of ballroom dance and move across the dance floor with confidence and style. No experience or partner are required.

We | Feb 19-Mar 18 | 8:15-9:45pm | \$75/5 sess | 253818 | 25+ | Dance St

Instructor: Barney Alfred Lee and Mya Davidson

**FREE ZUMBA: FREE TRIAL CLASS (19+)**

We | Jan-8 | 5:45-6:45pm | Free/1 sess | 246855 | 19+ | Dance St

Instructor: DNA Wellness Co.

**ZUMBA (19+)****\$13/DROP-IN**

Using fitness principles of interval and resistance training to maximize caloric output, fat burning, and total body toning, Zumba uses a variety of dance styles including cumbia, soca, merengue, salsa, African, reggaeton, flamenco, funk, and belly dance.

We | Jan 15-Feb 19 | 5:45-6:45pm | \$69/6 sess | 246853 | 19+ | Dance St

We | Feb 26-Mar 25 | 5:45-6:45pm | \$58/5 sess | 246854 | 19+ | Dance St

Instructor: DNA Wellness Co.

**ZUMBA NOON (19+)****\$13/DROP-IN**

Using fitness principles of interval and resistance training to maximize caloric output, fat burning, and total body toning, Zumba uses a variety of easy to follow dance styles including cumbia, soca, merengue, salsa, African, reggaeton, flamenco, funk, and belly dance. Drop-in available, space permitting.

Fr | Jan 10-Feb 21 | 12-1pm | \$81/7 sess | 246856 | 19+ | Dance St

Fr | Feb 28-Mar 27 | 12-1pm | \$58/5 sess | 246857 | 19+ | Dance St

Instructor: DNA Wellness Co.

**FITNESS****BELLYFIT (19+)****\$13/DROP-IN**

Get your sweat on with fun, easy-to-learn cardio moves inspired by bellydance, Bollywood, African dance, martial arts, and more. Then enjoy strength-building, pilate's core exercises, a relaxing yoga stretch and meditation, inspiring the body, mind, heart, and spirit.

Th | Jan 9-Mar 19 | 5:30-6:30pm | \$121/11 sess | 246754 | 19+ | Dance St

Instructor: Alannah Lori

**BODY SCULPT (19+)****\$16/DROP-IN**

Build your muscles and condition your body for a variety of activities. Improve your endurance, range of motion, and muscle density. Each class ends with a good stretch and mindfulness session.

Th | Jan 9-Mar 26 | 7:30-8:30pm | \$168/12 sess | 246755 | 19+ | Dance St

Instructor: Valentina Petrovic

**CORE AND MORE (19+)****\$16/DROP-IN**

Work on your core with body weight, bossy ball, gilders and resistance training. This slower paced workout ensures you build correct posture, a hard core, and great balance. Each class ends with a good stretch and mindfulness session.

Tu | Jan 7-Mar 31 | 7-8pm | \$182/13 sess | 246760 | 19+ | Dance St

Instructor: Valentina Petrovic



Please note that course prices do not include taxes.

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## ADULT

### GROUP FITNESS PRICING

Participants must complete a PAR-Q form for health screening purposes. [roundhouse.ca/registration-services/faq-forms](#)

Drop-ins are welcome if the class is not full.

\$6/adult drop-in  
\$3.50/55+ adult drop-in

\$49/10-class adult pass;  
\$28/10-class 55+ pass

Passes are non-refundable.

### ONECARD

All drop-in passes are loaded onto the OneCard for the following programs:

- Parent and Tot Gym
- Group Fitness
- Racquet Sports
- Bridge
- Adult Sports

Please sign up for your free OneCard at the front desk.



Gentle Yoga with Natalia.

Please note that course prices do not include taxes.

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### KICK BOXING CARDIO DRILLS (19+)

Bring your heart rate up with Marital Arts inspired moves, using body weight and resistance interval training to condition you for your favourite sports. Each class ends with a good stretch and mindfulness session. No class Feb 17.

Mo | Jan 6-Mar 30 | 7:30-8:30pm | \$168/12 sess | 246793 | 19+ | Dance St

Instructor: *Valentina Petrovic*

**\$16/DROP-IN**

### GROUP FITNESS

#### CARDIO COMBO (19+)

Increase fitness, confidence, and strength in this lower-impact class for adults looking for cardio, balance, and strength training for an overall body workout.

We | Jan 8-Mar 11 | 11:15am -12pm | See sidebar/10 sess | 246757 | 19+ | Rm B

Instructor: *Ferial Ahmadzadeh*

#### CARDIO CORE (19+)

Cardio Core brings your heart rate up and works your core through muscle conditioning. This class is geared towards active and fit older adults.

Fr | Jan 10-Mar 27 | 11-11:45am | See sidebar /12 sess | 246758 | 19+ | Dance St

Instructor: *Alannah Lori*

#### GET FIT AND KEEP FIT (19+)

Condition your whole body using the body ball, steps, weights and bands.

Tu | Jan 7-Mar 31 | 9:15-10:15am | See sidebar /13 sess | 246782 | 19+ | Dance St

Instructor: *Harry Wong*

#### GENTLE FIT (19+)

Increase fitness, confidence, and strength in this lower-impact class for adults looking for cardio, balance, and strength training for an overall body workout. No class Feb 17.

Mo | Jan 6-Mar 30 | 11-11:45am | See sidebar /12 sess | 246779 | 19+ | Dance St

Instructor: *Alannah Lori*

#### POSTURE PERFECT (19+)

Geared towards older adults, this co-ed class includes a cardio warmup, weights, stability ball, spine work, and stretches, while strengthening the body to improve balance, agility, and posture.

Th | Jan 9-Mar 26 | 11:15am-12pm | See sidebar/12 sess | 246798 | 19+ | Dance St

Instructor: *Ferial Ahmadzadeh*

### YOGA AND PILATES

#### FUNCTIONAL FITNESS PILATES (19+)

Increase strength, balance, flexibility, muscle tone, stamina, and wellbeing in a co-ed class for those who want to try pilates in a welcoming environment. Modifications for movements are available so you can strengthen and tone your body no matter what restrictions you experience.

We | Jan 8-Mar 11 | 2:30-3:15pm | \$67/10 sess | 246776 | 19+ | Rm B

Instructor: *Diana VanderVeen*

**\$7/DROP-IN**

#### GENTLE YOGA (19+)

Experience the joy of gentle Hatha with a balanced and creative approach. Focus on breath and meditation in poses, while stretching and experiencing freedom of movement for improved body awareness, flexibility, and core strength. No class Feb 17.

Mo | Jan 6-Mar 9 | 9:15-10:45am | \$126/9 sess | 246780 | 19+ | Rm C

We | Jan 8-Mar 11 | 9:30-11am | \$139/10 sess | 246781 | 19+ | Rm C

Instructor: *Natalia Nimetz*

**\$15/DROP-IN**

### HAPPY HIPS AND A HEALTHY SPINE YOGA (19+)

Re-establish a normal range of motion to the lumbar spine and increase blood flow and synovial fluid to joint tissues.

Th | Jan 9-Feb 13 | 7:30-8:45pm | \$75/6 sess | 246784 | 19+ | Rm C

Th | Feb 20-Mar 26 | 7:30-8:45pm | \$75/6 sess | 246785 | 19+ | Rm C

Instructor: *Setareh Riahi*

**\$15/DROP-IN**

### IYENGAR YOGA (19+)

Physically energizing, deeply relaxing, and emotionally uplifting, practice classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, breath and body awareness, postural alignment, and relaxation. No class Feb 17.

Mo | Jan 6-Mar 30 | 5:30-7pm | \$190/12 sess | 246789 | 19+ | Dance St

Instructor: *Linda Shevloff*

**\$19/DROP-IN**

### KARMA YOGA VINYASA FLOW (19+)

A graceful practice designed to complement your active lifestyle, building on breath and body awareness, while working on strength, mobility, and flexibility. No class Feb 9, 23.

Sa | Jan 11-Mar 28 | 9:15-10:45am | \$102/12 sess | 246791 | 19+ | Rm C

Su | Jan 12-Mar 29 | 9:15-10:45am | 85/10 sess | 246792 | 19+ | Dance St

Instructor: *Kathryn Turnbull, www.yogaliving.ca*

**\$10/DROP-IN**

### NEW YOGA FOR BEGINNERS (19+)

Learn fundamental yoga movements and skills to prepare you to be comfortable participating in public yoga classes or developing your own home practice.

We | Feb 5-Mar 11 | 5:30-6:45pm | \$78/6 sess | 252780 | 19+ | Rm C

Instructor: *Kathryn Turnbull*

**\$15/ DROP-IN**

### MARTIAL ART

#### TAI CHI CHUAN: BEGINNERS (19+)

Learn traditional Chinese exercises to relieve stress and improve health, with movements that emphasize softness, slow motion, concentration, and relaxation. No class Jan 25.

Sa | Jan 4-Feb 15 | 11:30am-1pm | \$69/6 sess | 246814 | 19+ | Rm B

Sa | Feb 22-Mar 28 | 11:30am-1pm | \$69/6 sess | 246815 | 19+ | Rm B

**\$14/DROP-IN**

#### TAI CHI CHUAN: INTERMEDIATE (19+)

Relieve stress and improve your health with movements that emphasize softness, slow motion, concentration, and relaxation. No class Jan 25.

Sa | Jan 4-Feb 15 | 9:30-11am | \$69/6 sess | 246816 | 19+ | Rm B

Sa | Feb 22-Mar 28 | 9:30-11am | \$69/6 sess | 246817 | 19+ | Rm B

**\$14/DROP-IN**

Instructor: *Laurens Lee*



## ADULT

### ONECARD

All drop-in passes are loaded onto the OneCard for the following programs:

- Parent and Tot Gym
- Group Fitness
- Racquet Sports
- Bridge
- Adult Sports

Please sign up for your free OneCard at the front desk.

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SPORTS

**BADMINTON (19+)**

**\$6/DROP-IN**

Four courts and equipment are available and all skill levels welcome. No class Feb 17.  
Mo | Jan 6-Mar 30 | 8-9:45pm | \$66/12 sess | 246747 | 19+ | Gym

**BALL HOCKEY: RECREATIONAL (19+)**

**\$6/DROP-IN**

Enjoy a fast-paced workout while honing your hockey skills. Games are non-contact, and friendly. No class Feb 23.

Su | Jan 5-Mar 29 | 3-4:45pm | \$66/12 sess | 246751 | 19+ | Gym

**BALL HOCKEY: COMPETITIVE (19+)**

**\$6/DROP-IN**

No class Feb 17.

Mo | Jan 6-Mar 30 | 10-11:45pm | \$66/12 sess | 246748 | 19+ | Gym

**FREE BALL HOCKEY: GOALIE (19+)**

No class Feb 17, 23.

Mo | Jan 6-Mar 30 | 10-11:45pm | Free/12 sess | 246749 | 19+ | Gym

Su | Jan 5-Mar 29 | 3-4:45pm | Free/12 sess | 246750 | 19+ | Gym

**BASKETBALL: RECREATIONAL (19+)**

**\$6/DROP-IN**

Break a sweat playing full court basketball. Play two 11-minute games with three teams of six, then sit one game out.

Tu | Jan 7-Mar 31 | 6-7:45pm | \$72/13 sess | 246752 | 19+ | Gym

Th | Jan 9-Mar 26 | 8-9:45pm | \$66/12 sess | 246753 | 19+ | Gym

**NEW** Su | Jan 5-Mar 29 | 5-6:45pm | \$66/12 sess | 246821 | 19+ | Gym

**INDOOR SOCCER: RECREATIONAL (19+)**

**\$6/DROP-IN**

Improve your skills and have fun in a non-competitive environment. No class Feb 9, 23.

Su | Jan 5-Mar 29 | 1-2:45pm | \$61/11 sess | 246787 | 19+ | Gym

Tu | Jan 7-Mar 31 | 8-9:45pm | \$72/13 sess | 246788 | 19+ | Gym

**INDOOR SOCCER: INTERMEDIATE (19+)**

**\$6/DROP-IN**

For players with intermediate to advanced skills and knowledge of soccer.

Th | Jan 9-Mar 26 | 10-11:45pm | \$66/12 sess | 246786 | 19+ | Gym

**SOCCER SUPERVISION**

To ensure fair play, safety and consistency, games will be supervised and teams will be assigned by the gym supervisor.

**ROUNDHOUSE ADULT SPORTS CODE OF CONDUCT**

**Be a good sport**

no excessive arguing or complaining

**Control your temper**

no yelling, ridiculing or criticizing another player or staff member

**Be respectful**

no foul language, no touching another player or staff member (exception: incidental sport contact)

**Play fair**

no aggressive or dirty play

**Govern yourself**

fouls called on you by the opposing team must be respected

Please note that course prices do not include taxes.



**NEW SPORTMEDBC 10K INTRAINING FOR THE SUN RUN(13+)**

For runners and walkers of all levels, the SportMedBC 10K InTraining Program will help you reach your fitness and health goals in a safe and supportive environment. Develop strength and stamina so that you can train injury-free, including 13 guided run/walk sessions with trained leaders, a logbook with your 13-week training plan, exclusive gear, nutrition tips, fun times, and more!

Tu | Jan 18-April 14 | 6:30-8pm | \$99/13 sess | 254284 | 13+ | Rm B

Instructor: SportMed BC, [www.sportmedbc.com](http://www.sportmedbc.com)

**VOLLEYBALL: RECREATIONAL (19+)**

**\$6/DROP-IN**

Improve your skills and have fun in a non-competitive environment. No class Feb 23.

We | Jan 8-Mar 25 | 6-7:45pm | \$66/12 sess | 246820 | 19+ | Gym

**VOLLEYBALL: INTERMEDIATE (19+)**

**\$6/DROP-IN**

For players with intermediate to advanced skills and knowledge of volleyball.

Su | Jan 5-Mar 29 | 7-8:45pm | \$66/12 sess | 246819 | 19+ | Gym

**VOLLEYBALL: CO-ED COMPETITIVE (19+)**

**\$6/DROP-IN**

For players with intermediate to advanced skills and knowledge of volleyball.

We | Jan 8-Mar 25 | 8-9:45pm | \$66/12 sess | 246818 | 19+ | Gym

**WHEELCHAIR FLOORBALL (19+)**

**\$6/DROP-IN**

Wheelchair floorball combines rules from hockey, soccer, and basketball to create a fast-paced and inclusive sport. Not limited to wheelchair users or players with disabilities—all are encouraged to play. A limited number of wheelchairs are available for people to try.

Th | Jan 9-Mar 12 | 6-7:45pm | \$55/10 sess | 246824 | 19+ | Gym



Courses, prices, registration information may change without notice. Please contact the Roundhouse to confirm.

**ADULT GYM SPORTS REGISTRATION**

When you register for Adult Gym Sports you agree to abide by the Sports Code of Conduct: see your receipt for details. All sports are co-ed.

Waitlist rules apply. Waitlist opens at 10:30am on the day of the class. Call 604-713-1800 press 1 to put your name on the list. Only one person's name per phone call. Do not leave a voice message; speak to a cashier directly. You are not guaranteed a spot even if you are on the waitlist.

To guarantee your spot, you must register for the entire program.

All players must check in by 10 minutes after start time or lose their spot. A 10-visit pass is mandatory for after-hours adult gym drop-in programs (after 10pm Mo-Fr, after 5pm Su).

Passes are non-refundable.

**\*AFTER-HOURS SPORTS ONECARD PAYMENT**

A OneCard is mandatory for after-hours sports. Please load payment onto your OneCard during office hours (Mo-Fr 9am-9:30pm, Sa Su 9am-4:30pm) prior to paying for your after-hours program. Staff will swipe your card for payment.

Please note that course prices do not include taxes.

**LANGUAGE**

**SPANISH: BEGINNER – LEVEL 1 (55+)**

Learn basic Spanish set in practical day-to-day situations that will help you when travelling to Spanish speaking countries.

Tu | Jan 14-Mar 31 | 1-2:15pm | \$103/12 sess | 246881 | 55+ | Board Rm

*Instructor: Gloria Alonso*

**SPANISH: BEGINNER – LEVEL 2 (55+)**

Improve your conversational Spanish by practicing with your existing knowledge, now applying past and future tense, to help you express yourself and make new friends when travelling to Spanish countries. No class Feb 17, Mar 24.

Mo | Jan 13-Mar 30 | 1-2:15pm | \$84/10 sess | 246882 | 55+ | Rm C

*Instructor: Gloria Alonso*

**ART**

**NEW BEGINNERS FLUID ACRYLIC POURING WORKSHOP (55+)**

Acrylic pouring, also known as fluid art, is a fun and creative way to make abstract art. Learn basic techniques including a dirty and a simple pour, as well as how to create flow and beautiful cells throughout your paintings.

Mo | Jan 20 | 1-2:30pm | \$45/1 sess | 254349 | 55+ | Arts & Crafts Rm

Fr | Feb 14 | 1-2:30pm | \$45/1 sess | 254422 | 55+ | Arts & Crafts Rm

Mo | Mar 30 | 10-11:30am | \$45/1 sess | 254423 | 55+ | Arts & Crafts Rm

*Instructor: Valerie Ferrar, pixeydixey41@yahoo.com*

**CHINESE CALLIGRAPHY (55+)**

Acquire and improve your writing skills through the use of Chinese ink, brush and paper, while practicing the stress releasing ancient art of Chinese handwriting.

Tu | Jan 14-Mar 17 | 11am-12:50pm | \$100/10 sess | 246862 | 55+ | Mezz Meeting Rm

*Instructor: Pansy Poon*

**NEW SKETCHING AND DRAWING (25+)**

**\$12/DROP-IN**

Understand the fundamentals of perspective, from basic shapes to a refined outline, using different techniques to render light and shadow.

Fr | Feb 7-Mar 13 | 1:15-3:15pm | \$58/6 sess | 246880 | 25+ | Rm C

*Instructor: Jennifer Chernecki*

**WATERCOLOUR PAINTING (55+)**

**\$12/DROP-IN**

Gain experience working with watercolours in a loosely structured and supportive studio setting. Participants are encouraged to work on personal projects to develop their style.

We | Jan 8-Mar 11 | 11am-1pm | \$94/10 sess | 246823 | 55+ | Rm B

*Instructor: Bill Miloglav, baldozar@shaw.ca*



Val Ferrar demonstrates fluid acrylic pouring.



**NEW WEAVING CEDAR BRACELETS (19+)**

Create a cedar bracelet with guidance from Haida weaver Giihlgiiigaa (Todd DeVries) while learning about Cedar's cultural values to the Haida through stories.

Fr | Jan 10 | 1:15-3:15pm | \$35/1 sess | 255526 | 19+ | Rm C

*Instructor: Todd DeVries*

**NEW WEAVING CEDAR HEADBANDS (19+)**

Create a cedar headband with guidance from Haida weaver Giihlgiiigaa (Todd DeVries) while learning about Cedar's cultural values to the Haida through stories.

Fr | Jan 17 | 1:15-3:15pm | \$40/1 sess | 255029 | 19+ | Rm C

*Instructor: Todd DeVries*

**NEW WEAVING CEDAR BASKETS (19+)**

Make a tradition cedar basket with either a square or round bottom with guidance from Haida weaver Giihlgiiigaa (Todd DeVries) while learning about Cedar's cultural values to the Haida through stories.

Fr | Jan 24-Jan 31 | 1:15-3:15pm | \$65/2 sess | 255041 | 19+ | Rm C

*Instructor: Todd DeVries*

MUSIC

**ROUNDHOUSE CHOIR: SOUND AND SONG (55+)**

Explore how the sounds around us change over the course of our lives through the collaborative writing of new choral works. A singer/songwriter/composer will introduce deep listening practices, while you apply new experiences to collective songwriting. Presented in collaboration with Arts and Health: Healthy Aging through the Arts.

Tu | Jan 7-Mar 10 | 1-3pm | \$12/10 sess | 246878 | 55+ | Rm C  
*Instructor: Leah Abramson*



DANCE

**FREE ROUNDHOUSE AGELESS DANCERS (55+)**

Follow your imagination and discover creative movement. This art project weaves together improvisation, composition, rhythm, experience and story to co-create community dance. No dance experience is necessary but registration is required. Funded by the Vancouver Park Board.

We | Jan 15-Mar 18 | 1-3pm | Free/10 sess | 246920 | 55+ | Dance St  
*Instructor: Heather Lamoureux*

**BALLROOM DANCE INSTRUCTION & SOCIAL (55+) \$4/DROP-IN**

Improve balance, increase motivation, boost memory, and meet new friends in a relaxed and social setting. No partner or experience is necessary. Includes a 45-minute dance social after class.

Fr | Jan 10-Mar 27 | 1:45-3pm | \$42/12 sess | 246858 | 55+ | Dance St  
*Instructor: Barney Alfred Lee and Karen Lani*

**HAWAIIAN DANCE LESSONS (55+) \$7/DROP-IN**

Join Hula or Hawaiian Dance and beat the Vancouver greys with a dose of Hawaiian fun!

**LINE DANCING (55+) \$7/DROP-IN**

Learn the elements of line dancing, a wonderful form of dance and fitness. Wear comfortable clothes and dancing shoes. No experience is required.

Th | Jan 16- Mar 19 | 12:45-2pm | \$68/10 sess | 246872 | 55+ | Dance St  
*Instructor: Phillis Lim*

**NEW SALSA DANCING (25+)**

**\$20/DROP-IN**

For those without previous dance experience, learn Latin dance in a fun and supportive environment. No partner is required.

We | Jan 15-Feb 12 | 8:15-9:45pm | \$75/5 sess | 246870 | 25+ | Dance St  
*Instructor: Barney Alfred Lee and Mya Davidson*

**NEW BALLROOM TANGO (19+)**

**\$20/DROP-IN**

Learn the basics of ballroom dance and move across the dance floor with confidence and style. No experience or partner are required.

We | Feb 19-Mar 18 | 8:15-9:45pm | \$75/5 sess | 253818 | 25+ | Dance St  
*Instructor: Barney Alfred Lee and Mya Davidson*

EDUCATION

**NEW FREE ROUNDHOUSE HISTORY SESSION – THE BATTLE OF HONG KONG (55+)**

Join historian and guest speaker Albert Choi share his experience living through the battle of Hong Kong as an 11 year-old boy. Refreshments provided.

Mo | Jan 20 | 11am-12:15pm | Free/1 sess | 251512 | 55+ | Rm B  
*Volunteer Instructor: Albert Choi*

**NEW FREE ROUNDHOUSE INFO SESSION – DENTAL HYGIENE**

Learn about dental health/hygiene from an Independent Dental Hygiene Practitioner and its association with chronic inflammatory conditions such as heart disease, arthritis, dementia, and diabetes. The session will cover brushing techniques to prevent dental decay, improving oral health and overall wellness with a few lifestyle changes. Take home a free toothbrush.

Mo | Feb 3 | 11am-12:15pm | Free/1 sess | 253499 | 55+ | Rm B  
*Volunteer Instructor: Bobbie Gill, RDH, BSc*

FITNESS

**JOINT MOBILITY (45+)**

**\$5/DROP-IN**

For those with arthritis, osteoporosis and mobility issues, and those starting an exercise program or recovering from an injury or stroke, keep your body moving and limber. No class Feb 17.

Mo | Jan 6-Mar 30 | 3:30-4:30pm | \$52/12 sess | 246869 | 45+ | Dance St  
*Instructor: Keno Kinoshita*

**OSTEOFIT (19+)**

**\$5/DROP-IN**

For those with osteoporosis, arthritis, joint-mobility problems or anyone wanting a lighter exercise routine using bands, weights, and chairs.

Fr | Jan 10-Mar 27 | 9:15-10:15am | \$52/12 sess | 246875 | 19+ | Dance St  
*Instructor: Keno Kinoshita*



**FREE MORNING TAI CHI EXERCISE/YUEN GI DANCE (55+)**

Energize your morning with gentle exercise and dance in this friendly morning movement group. Volunteer instructors teach in Cantonese and English in a cultural experience, which doubles as exercise. Registration is required and drop-ins are welcome if space permits. No class Feb 17.

Mo-Fr | Jan 6-Mar 31 | 9:30-11am | Free/63 sess | 246874 | 55+ | Rm B  
*Instructor: RH Volunteer*

**NEW MOVEMENT TO RESTORE (45+)**

Reduce pain and recurring injuries, and awaken the right muscles by learning how to move your joints properly in this gentle, informative class using verbal cues and props.

Fr | Jan 10-Mar 31 | 2:15-3:15pm | \$77/11 sess | 251556 | 45+ | Dance St  
*Instructor: Holly Middleton*

**FREE WALK AND ROLL (55+)**

Regular walking reduces heart disease, lowers cholesterol and helps to control body weight. Walk the seawall in Yaletown, boost your health and make friends. Mixed abilities are welcome. Arrive five minutes early for a prompt start and note that walks will be cancelled due to heavy rain or snow.

Tu | Mar 10-Mar 31 | 11-11:45am | Free/4 sess | 246822 | 55+ | Foyer  
*Instructor: Harry Wong*

**GROUP FITNESS**

**GROUP FITNESS PRICING**

Participants must complete a PAR-Q form for health screening purposes. Drop-ins are welcome if the class is not full.

**Adult**  
 \$6/drop-in  
 \$49/10-class pass  
 55+

\$3.50/drop-in  
 \$28/10-class pass  
 Passes are non-refundable.

Please note that course prices do not include taxes.

**GENTLE FIT (19+)**

Increase fitness, confidence, and strength in this lower-impact class for adults looking for cardio, balance, and strength training for an overall body workout. No class Feb 17.

Mo | Jan 6-Mar 30 | 11-11:45am | See sidebar/12 sess | 246779 | 19+ | Dance St  
*Instructor: Alannah Lori*

**GET FIT AND KEEP FIT (19+)**

Condition your whole body using the body ball, steps, weights, and bands.

Tu | Jan 7-Mar 31 | 9:15-10:15am | See sidebar/13 sess | 246782 | 19+ | Dance St  
*Instructor: Harry Wong*

**CARDIO COMBO (19+)**

Increase fitness, confidence, and strength in this lower-impact class for older adults looking for cardio, balance, and strength training for an overall body workout. No class March 18 and 25.

We | Jan 8-Mar 11 | 11:15am-12pm | See sidebar/10 sess | 246757 | 19+ | Rm B  
*Instructor: Ferial Ahmadzadeh*

**POSTURE PERFECT (19+)**

Strengthen your body and improve balance, agility and posture, using a cardio warmup, weights, stability ball, spine work, and stretches.

Th | Jan 9-Mar 26 | 11:15am-12pm | See sidebar/12 sess | 246798 | 19+ | Dance St  
*Instructor: Ferial Ahmadzadeh*

**CARDIO CORE (19+)**

Bring your heart rate up and work your core through muscle conditioning. For active and fit older adults.

Fr | Jan 10-Mar 27 | 11-11:45am | See sidebar/12 sess | 246758 | 19+ | Dance St  
*Instructor: Alannah Lori*

**YOGA AND PILATES**

**FUNCTIONAL FITNESS PILATES (55+)**

**\$7/DROP-IN**

Increase strength, balance, flexibility, muscle tone, stamina, and wellbeing in a coded class for those who want to try adaptive pilates/functional fitness in a welcoming environment. Modifications to movements are available so you can strengthen and tone your body no matter what restrictions you experience. Train your muscles to work together and prepare them for daily tasks.

We | Jan 8-Mar 11 | 2:30-3:15pm | \$67/10 sess | 246776 | 55+ | Rm B  
*Instructor: Diana VanderVeen*

**GENTLE YOGA (19+)**

Experience the joy of gentle Hatha with a balanced and creative approach. Focus on breath and mediation in poses, while stretching and experiencing freedom of movement for improved body awareness, flexibility, and core strength. No class Feb 17.

Mo | Jan 6-Mar 9 | 9:15-10:45am | \$126/9 sess | 246780 | 55+ | Rm C  
 We | Jan 8-March 11 | 9:30-11am | \$139/10 sess | 246781 | 55+ | Rm C  
*Instructor: Natalia Nimetz*

**SPORTS**

**PICKLEBALL: BEGINNER (30+)**

**\$4.50/DROP-IN**

Join us for Pickleball, a fun game played on a badminton court with a lowered net, a whiffle ball, and large hand-held paddles. One of the four courts will be set aside for training beginner players. Some drop-in spaces are available. See sidebar for procedure.

Fr | Jan 10-Mar 27 | 1:15-3:15pm | \$48/12 sess | 246876 | 30+ | Gym  
*Instructor: RH Volunteer*

**ROUNDHOUSE PICKLEBALL WAITLIST**

- Waitlist opens at 10:30am on the day of the class.
- Call 604-713-1800 press 1 to put your name on the list.
- Only one person's name per phone call.
- Do not leave a voice message; speak to a cashier directly.
- The first four callers are guaranteed spots each week and this increases if registered players are no-shows.
- You are not guaranteed a spot even if you are on the waitlist.
- To always be guaranteed a spot, you should register for the entire program.
- All players must check in no later than 10 minutes after start time or may lose their spot.

**ROUNDHOUSE ADULT SPORTS CODE OF CONDUCT**

**Be a good sport**  
 no excessive arguing or complaining  
**Control your temper**  
 no yelling, ridiculing or criticizing another player or staff member

**Be respectful**  
 no foul language, no touching another player or staff member  
 (Exception: incidental sport contact)

**Play fair**  
 no aggressive or dirty play  
**Govern yourself**  
 fouls called on you by the opposing team must be respected

**TABLE TENNIS RULES**

- **Any person can play** on any table
- **Tables are shared,** table is not yours alone
- **This is a social game,** not competitive
- **Singles: 20 min** limit, everyone leaves the table to let the waiting players in
- **Doubles: 30 min** limit, everyone leaves the table
- **Questions?** Ask Roundhouse staff or the volunteer instructor.

Please note that course prices do not include taxes.

## OLDER ADULT

### SENIORS RACQUET SPORTS PRICING

\$2/55+ drop-in  
\$13.50/10-visit pass

### MONDAYS: MIXED AGES (19+)

\$3/adult drop-in  
\$23.50/10-visit pass

### SOCIAL GAMES DROP-IN PRICING

Bridge Drop-In,  
Chess, Euchre

55+

\$3/drop-in  
\$20/10-visit pass

Passes are  
non-refundable.

### SENIORS RACQUET SPORT (55+)

Bring your racquet to enjoy table tennis and badminton. Some knowledge and experience is required and mixed-ages play on Mondays. This program is run by the Roundhouse Codes of Ethics; see sidebar for more details. No class Feb 17, Mar 16, 23.

Mo We Fr | Jan 6-Mar 30 | 9-11:55am | See sidebar/34 sess | 246879 | 55+ | Gym  
*Instructor: RH Volunteer*

## SOCIAL ACTIVITIES – GAMES

### BRIDGE INSTRUCTION (55+)

\$6/DROP-IN

Receive instruction in contact (standard) bridge from a Roundhouse volunteer. An understanding of bridge is required.

Tu | Jan 7-Mar 31 | 5:30-7pm | \$68/13 sess | 246860 | 55+ | Rm A

*Instructor: Ward Hunting*

### CHESS: SOCIAL DROP-IN (55+)

\$3/DROP-IN

Play chess in a social and friendly environment. Basic knowledge of chess is required and some boards will be provided.

Tu | Jan 7-Mar 31 | 10am-12pm | See sidebar/13 sess | 246861 | 55+ | Mezzanine

*Instructor: RH Volunteer*

### BRIDGE: SOCIAL DROP-IN (55+)

\$3/DROP-IN

Enjoy contact (standard) bridge with other experienced players.

Tu | Jan 7-Mar 31 | 7:05-9:50pm | See sidebar/3 sess | 246859 | 55+ | Rm A

*Instructor: Ward Hunting*

### EUCHRE: SOCIAL DROP-IN (55+)

\$3/DROP-IN

Play this trick-taking game most commonly played with four people in partnerships. Basic skills are required.

Th | Jan 16-Feb 27 | 1-3pm | See sidebar/7 sess | 246864 | 55+ | Mezzanine

*Instructor: RH Volunteer*

### FREE MAH JONG (55+)

Originating in China, Mah Jong is played with a set of 136 tiles based on Chinese characters and symbols. Tables and pieces are included and experience is required. Monday classes end at 12:45pm. No class Feb 17.

Mo | Jan 6-Mar 30 | 9am-12:45pm | Free/13 sess | 246873 | 55+ | Rm A

Tu | Jan 7-Mar 31 | 9am-4pm | Free/13 sess | 246873 | 55+ | Rm A

*Instructor: RH Volunteer*

## LGBTQ2S

### RAINBOW ROUNDTABLE (55+)

Share your stories, wisdom, and experience of the challenges ageing in the LGBTQ2S+ community in a "free discussion" format. Guided by interest, we may include movies, a book club, and group outings. Stand and be counted at the Roundhouse this spring! Refreshments provided.

Fr | Jan 17-Mar 20 | 6:30-8:30pm | \$5 drop-in/10 sess | 246877 | 55+ | Rm C

*Facilitator: Travis Jones*

\$5/DROP-IN



## OLDER ADULT

## SENIORS SPECIAL EVENTS

### CHINESE NEW YEAR (55+)

Join a fun afternoon of dancing and socializing with a lively group of folks honouring Chinese New Year, the year of the rat. The afternoon includes a light lunch, refreshments, and our fabulous in-house DJ. No partner required. Please register by Jan 29.

Tu | Feb 4 | 12-2:30pm | \$13/1 sess | 246867 | 55+ | Ex Hall



Please note that course prices do not include taxes.

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## REGISTRATION REFUNDS

### HOURS OF OPERATION

Mon – Fri, 9am–9:45pm  
Sat & Sun, 9am–4:45pm

### ONLINE ACCOUNT

If this is your first time registering online, please create an account at the time you register. Visit [roundhouse.ca/registration-services](http://roundhouse.ca/registration-services) or call the front desk to help you set up an online account in advance at 604-713-1800 ex 1. Front desk closes 15 minutes prior to building closure.

### PAYMENT

Fees are payable at the time of registration. Roundhouse accepts Visa, MasterCard, Amex, debit, cash and cheques.

All phone registrations are payable at the time of registration. Receipts can be emailed to you, held for you at the front desk at your request, or accessed online by logging into your Park Board account.

Please make cheques payable to City of Vancouver. You must show valid ID for all cheque payments. A \$35 fee will be charged for all NSF (not sufficient funds) cheques.

All refunds are made in the method of payment, or you can be issued a credit to your account.

Cheque refunds may take up to 30 days to clear and another 30 days to process.

## REGISTRATION—ONLINE, IN-PERSON, PHONE

### TUESDAY, DECEMBER 10

#### 7PM ONLINE AND IN-PERSON REGISTRATION

No online registration for the following programs:  
Afterschool Kids Club, private music lessons, and Woodworking 2 & 3.

### WEDNESDAY, DECEMBER 11

#### 9AM PHONE REGISTRATION

Register for all programs. Call 604-713-1800 and press 1.



## REFUNDS, WAITLISTS, CANCELLATIONS, PROGRAM CHANGES

The following applies to all types of programs and policies.

- Before processing, all refunds must be approved by a programmer.
- \$10 RECEIPT REPRINT FEE applies to all receipt reprint requests.
- \$35 FEE will be charged for all NSF (not sufficient funds) cheques.
- \$10 ADMINISTRATION FEE applies to all refunds for courses that cost more than \$20.
- \$5 TRANSFER FEE applies to all course transfers.
- All refunds must be applied for by phone or in person: no email, fax or voice message.
- Full refunds are issued for courses that are cancelled by the Roundhouse.
- Materials fees are non-refundable unless the course is cancelled.
- All refunds are counted from the start date of the first class at the beginning of the course. No refunds for late registrations.
- For courses that have already started, you will be given a pro-rated refund (full amount minus the classes that have gone by) **only when approved by programmers**. Instructors and frontline staff cannot make this decision. Classes need to reach minimum enrollment before refunds are issued.
- If you must withdraw for medical reasons after the normal refund deadline has passed, a doctor's note and a programmer's permission are required for a pro-rated refund. The refund will be granted only from the date when the programmer has the doctor's note in hand.
- All waiting lists are on a first-come, first-served basis.

#### Regular Program Refunds

- For a full refund, 48 hours' notice by phone or in person is required before the first class starts.
- 24 hours' notice is required before the second class starts for a pro-rated refund.

#### Specialized Program Cancellation and Refunds:

##### Woodworking, Pottery, Music, Workshops, Special Events

- Cancellations must be requested 48 hours in advance of the start date.
- Refunds must be requested 72 hours in advance of start date. \$10 administration fee applies. No refunds after start date.
- **Woodworking:** The first class is mandatory.
- **Music:** No make-up classes if a student misses a class.

##### Tennis

- All refunds require a 7-day notice before the first class starts.

##### Daycamps

- All refunds require a 10-day notice before the start of the week for which the child is registered.
- \$10 ADMINISTRATION FEE applies to each refund request per child.
- \$5 TRANSFER FEE applies to each transfer request per child.

##### Birthday Parties

- All refunds require a 10-day notice before the party starts. If you give less than 10 days notice you will be charged a \$50 refund fee.

##### Games Room

- Patrons are required to have a OneCard to use the Games Room.
- The Games Room is reserved for children and youth Mo–Fr 3–6pm.

## ROUNDHOUSE MEMBER ROOM USE POLICY

Roundhouse patrons can drop in and use an available room for a **MAXIMUM OF 2 CONSECUTIVE HOURS PER DAY**. The first hour is free, and the second hour, or portion thereof, is \$5. Room use is **not** for the purposes of financial gain, to provide instruction, establish or promote outside activities or programs, or to run large group meetings. Room use is for activities such as rehearsals, studying, or small meetings. Designated member rooms: Rooms A, B & C, Dance Studio, Multimedia Room, Board Room, Music Room, Arts & Crafts Room.

The following conditions apply:

- Room use is **limited to three (3) people only**. Four or more is considered a rental.
- **A room cannot be reserved in advance**. Use is on a first-come, first-served basis.
- You must sign up for a OneCard and hand it in to the front desk before using the room.
- You must leave the room clean and organized the way you found it. Also:
  - Roundhouse staff will not provide or set up equipment.
  - You cannot leave or store materials or artwork in the Roundhouse.
  - Your use of the space must not disturb or conflict with other programming or rentals.
- You will be responsible for the financial cost of replacing any equipment that is lost, or repairing any damage that occurs while you use the room.
- The room is to be vacated at least 30 minutes before Roundhouse closes.
- Your use of the space must not contravene the Human Rights Code.
- Roundhouse staff reserves the right to ask patrons to vacate the space if the above regulations are not met, or if the staff has any unforeseen or emergency needs for programming space.
- Failure to comply with this policy or follow the directions given by Roundhouse staff will result in immediate loss of access to Roundhouse rooms and may lead to cancellation of room use in the future.

**Common areas:** (Mezzanine, Foyer, Great Hall, Exhibition Hall) These areas are for all patrons to use during Roundhouse open hours. Please refrain from using them as a member room use space (rehearsals, etc.). The Mezzanine is designated as a Quiet Area. Please turn off the sound on your electronic devices and keep noise/activity to a minimum.

## RENT THE ROUNDHOUSE

Located in downtown Vancouver, close to hotels, parks, the Seawall, shopping, theatres, restaurants and more, the Roundhouse offers a unique venue for hosting a variety of events, from casual and private to formal and public.

Our experienced and professional staff give us the flexibility to host a wide range of events such as: meetings, birthday parties, weddings, private parties, conferences, festivals, and professional theatre, dance and music performances. Rental spaces include a variety of multi-purpose rooms, a 200-seat theatre, a versatile 7,200 sq ft exhibition/festival hall, a dance studio, and a gymnasium.

For information, rental rates, and space availability, contact our Rental Coordinator Laura MacKay at 604-713-1811 or [laura.mackay@vancouver.ca](mailto:laura.mackay@vancouver.ca), or visit [bit.ly/OnlineRentals](http://bit.ly/OnlineRentals).

### EXHIBITION HALL



## ROOMS AND RENTALS

### TURNTABLE PLAZA



### PERFORMANCE CENTRE



## ONECARD, FEES, POLICIES

### PROGRAM PROPOSAL DEADLINES

Winter:  
September 15

Spring/Summer:  
December 15

Fall:  
May 15

Recreation programs offered at the Roundhouse include: prenatal, postnatal, infant, pre-school, children, youth, adults, older adults, and seasonal events. All proposals must be submitted via an online form.

Go to [roundhouse.ca](http://roundhouse.ca), select Get Involved, select Program Proposals

## ONECARD

Pick up your **free** Vancouver Park Board OneCard at any community centre. Your OneCard gives you access to all centre programs, facilities and equipment. Picture ID is required to issue a OneCard. Pictures are taken for our records and are not displayed on the OneCard.

## ROUNDHOUSE MEMBERSHIP

Roundhouse memberships are complimentary when you register for a program. However, for voting privileges at the AGM, you may purchase an annual membership at the front desk. Info at [roundhouse.ca/get-involved/membership](http://roundhouse.ca/get-involved/membership)

## PROGRAM SUBSIDIES

The Leisure Access (LA) Program is provided by the Vancouver Park Board to help Vancouver residents with limited income access Park Board programs and services. The Roundhouse will provide a subsidy of up to 50% off registration or drop-in fees for one program, per season, per person, to LA holders. Some programs that are exempt from the subsidy include pottery, woodworking, private music lessons and birthday parties. To learn more about the LA Program, visit the Park Board website at [vancouverparks.ca](http://vancouverparks.ca) and click on the "Access Services" link or call the LA office at 604-257-8497. If you require an additional subsidy beyond what is available, contact the front desk to make an appointment with a programmer.

## EQUIPMENT USE POLICY

For rental clients, certain equipment can be booked for a fee with the Rental Liaison. An office supplies kit (flip chart stand and paper) is available for rent at \$10. All equipment is dependent on availability. For patrons, requests for equipment must be made through the front desk on a first-come, first-served basis and may not be pre-booked. If the equipment you are requesting is available, it will be issued in exchange for your OneCard and the applicable fee. Your card will be returned when you bring the equipment back to the front desk. **Patrons are responsible for any loss or damage.** Games Room equipment—such as table tennis racquets and balls, foosball, air hockey, and pool cues and balls—is available for free with a OneCard.

## ACCESS AND SPECIAL NEEDS

All of the facilities and programs offered in this guide are designed for people of all ages and abilities. To help us give you better service, we encourage you to let us know your support needs in advance. Before registering, call the front desk and ask to speak to a programmer.

## BICYCLES

Bicycles are not permitted in the building. Bicycle racks are located at Roundhouse's main entrances off Pacific Boulevard or Roundhouse Mews.

## ANIMALS

Animals are not permitted in the building unless they are service dogs certified under the British Columbia Guide Animal Act.

## FREEDOM OF INFORMATION PRIVACY ACT

Your information will only be used for the purpose of administering programs, informing you of our services, and for statistical purposes. For information on our privacy policies and practices, or to contact our Privacy Officer, please call 604-713-1800.

## LOST & FOUND ITEMS

The Roundhouse is not responsible for lost and found items. All lost and found items turned into the front desk will be kept for 30 days. After 30 days, all items will be donated to a local charity.

## GYM SCHEDULE: JANUARY – MARCH 2020

MON	TUE	WED	THU	FRI	SAT	SUN
9-11:55am Seniors Racquet Sports*	9:15-11:45am Parent & Tot Gym*	9-11:55am Seniors Racquet Sports*	9:15-11:45am Parent & Tot Gym*	9-11:55am Seniors Racquet Sports*	9:15-11:45am Parent & Tot Gym*	Sportball 9:15-10am Parent & Tot 10-11am Multisport 11-11:45am Junior
12:25-12:40pm Elsie Roy Basketball	12:25-12:40pm Elsie Roy Soccer	12:30-2:30pm Parent & Tot Gym*	12:25-12:40pm Elsie Roy Hockey	12:25-12:40pm Elsie Roy Badminton	11:45-12:45pm Birthday Party	12-12:45pm Birthday Party
1:15-3:15pm Parent & Tot Gym*	Sportball Soccer 1:30-2:15pm Parent & Child 2:15-3:15pm Ages 3-6 3:30-4:30pm Ages 6-10		Sportball 1-2pm Multisports 2-2:45pm Parent & Tot	1:15-3:15pm Pickleball BEG*	1-2:45pm Youth Volleyball*	1-2:45pm Soccer REC*
Raincity Basketball* 3:30-4:30pm Ages 6-8 4:30-5:30pm Ages 9-13	4:30-5:45pm Pre-teen/ Youth Open Gym*	Indoor Tennis 3:15-3:45pm Ages 4-5 3:45-4:45pm Ages 6-8 4:45-5:45pm Ages 9-13	3-6pm Pre-teen/ Youth Open Gym* Intro to Skatebd'g 3:30-5:45pm	3:30-5:45pm Pre-teen Open Gym*  6-9pm Youth Sports Night *	3-4:45pm Youth Basketball*	3-4:45pm Ball Hockey REC*  5-6:45pm Basketball REC*†  7-8:45pm Volleyball INT*†
6-7pm Canucks Autism Network Multisport	6-7:45pm Basketball REC*	6-7:45pm Volleyball REC*	6-7:45pm Wheelchair Floorball*			
8-9:45pm Badminton*	8-9:45pm Soccer REC*	8-9:45pm Volleyball COM*	8-9:45pm Basketball REC*			
10-11:45pm Ball Hockey* ADV*†			10-11:45pm Soccer INT*†			

## GYM SCHEDULE

### CLOSURES

Dec 24 (12pm)-Jan 1  
Feb 9, 17, 23

### DROP-INS

(\*) Programs with an asterisk accept drop-ins. All drop-ins require a fee; please pay at the front desk. You must pay with a OneCard after hours.

### AFTER-HOURS SPORTS PAYMENT

(†) A 10-visit pass loaded onto your OneCard is mandatory for after-hours (after 10pm Mo-Fr, after 5pm Su) adult gym drop-in programs. Load your OneCard during office hours only (Mo-Fr 9am-9:30pm, Sa Su 9am-4:30pm).

Passes are non-refundable.

### NO CLASS DATES

Please check program descriptions for seasonal dates and no class dates.

### CO-ED

All programs are co-ed unless otherwise indicated.

### GYM SET-UP

At times, the gym will be divided 1/3 and 2/3 to accommodate activities.

### SCHEDULE KEY

REC Recreational  
BEG Beginner  
INT Intermediate  
ADV Advanced  
COM Competitive

# DANCE STUDIO SCHEDULE

## DANCE STUDIO SCHEDULE: JANUARY – MARCH 2020

### COURSE INDEX

#### CLOSURES

Dec 24 (12pm)-Jan 1 Feb 17

#### DROP-INS

(\*) Programs with an asterisk accept drop-ins. All drop-ins require a fee; please pay at the front desk.

#### NO CLASS DATES

Please check program descriptions for seasonal dates and no class dates.

MON	TUE	WED	THU	FRI	SAT	SUN
9:45-10:45am Fit4Two® Mom and Baby Fitness*	9:15-10:15am Group Fitness: Get Fit and Keep Fit*	9:45-10:45am Fit4Two® Mom and Baby Fitness*		9:15-10:15am Osteofit*	Creative Ballet* 9-10:35am Ages 3-4 10:40-11:25am Ages 4-5 11:30am-12:30pm Ages 5-8	9:15-10:45am Karma Yoga*
11-11:45am Group Fitness: Gentle Fit*	10:45-11:45am Fit4Two® Tummies 4 Mommies Infant Massage*	11:45am-12:15pm Brightstars Performing Arts	11:15am-12pm Group Fitness: Posture Perfect*	11-11:45am Group Fitness: Cardio Core*		11-1:45am Brazilian Dance for Kids*
12-12:45pm Zumbini®	12:25-12:55pm Elsie Roy Hip Hop	12:25-12:55pm Elsie Roy All Star Performers	12:45-2pm LineDancing*	12-1pm Zumba® Noon	12:45-1:45pm Groovazon*	12:30-2pm Ready Dance for Youth*
	1-1:45pm Mini Hip Hop*	1-3pm Roundhouse Ageless Dancers		1:45-3pm Seniors Ballroom Dance*	2:30-4pm All Bodies Dance	2:30-4:30pm Roundhouse Community Dancers
	2:15-3:15pm Movement to Restore		3-3:30pm Mini Acrobatic Dance*	4-5pm Hawaiian Dance*		
3:30-4:30pm Joint Mobility*	Capoeira* 4-4:45pm Ages 6-8		3:30-4:15pm Kids Ballet*			
5:30-7pm Iyengar Yoga*	5-6pm Ages 9-13	5:45-6:45pm Zumba®*	4:15-5pm Kids Hip Hop*	6-7:15pm Argentine Tango for Beginners*		
7:30-8:30pm Kick Boxing Cardio Drill*	7-8pm Core and More*	7-8pm Fit4Two® Prenatal Fitness*	5:30-6:30pm Bellyfit*	7:30-8:30pm Beginner Salsa for Couples		
	8-9pm #dancehappy* (Jan 14, Feb 11, Mar 10)	8:15-9:45pm Salsa Dancing*/ Ballroom Tango*	7:30-8:30pm Body Sculpt*			

#dancehappy (All Ages)	44	French: Beginners 1 (19+)	39
Acrylic and Multimedia with Yves (19+)	40	French: Beginners 2 (19+)	39
After School Kids Club (K-12)	30	Friday Youth Night (13-18)	34
All Bodies Dance (18+)	44	Functional Fitness Pilates (19+) (55+)	46, 55
Animal Kingdom Movements (2-4)	21	Game-On Wednesday: Pre-Teen Drop-In	30, 34
Argentine Tango Social Dance for Beg. (19+)	44	Genie Fit (19+)	46, 54
Art and Music with Sun Rey (1.5-4)	20	Gentle Yoga (19+)	46, 55
Art and Music with Sun Rey Camp (2-4)	23	Get Fit and Keep Fit (19+)	46, 54
Art Is Fun (3-5)	20	Groovazon (19+)	44
Art Is Fun Camp (3-5)	23	Guitar with Justin (7+)(19+)	25, 43
Baby and Me Yoga (19+)	19	Happy Hips and a Healthy Spine Yoga (19+)	47
Baby Sign Language (Newborn-2)	18	Hawaiian Dance Lessons (55+)	52
Badminton (19+)	48	Hip Hop Culture Jam for Youth Drop-In (10-25)	33
Ball Hockey: Competitive (19+)	48	Homework Tutoring: Pre-Teen Drop-In (9-13)	30, 33
Ball Hockey: Goalie (19+)	48	Indoor Soccer: Intermediate (19+)	48
Ball Hockey: Recreational (19+)	48	Indoor Soccer: Recreational (19+)	48
Ballroom Dance Instruction & Social (55+)	52	Inspired By Her	36
Ballroom Tango (25+)	45, 52	Introduction to Breakdancing (10-18)	33
Basketball: Recreational (19+)	48	Intro to Skateboarding: Beginners (7-13)	35
Be A Roundhouse Youth Volunteer! (Up to 18)	37	Iyengar Yoga (19+)	47
Before School Kids Club (K-12)	30	Jazz in the Mews (All Ages)	43
Beginner Salsa for Couples (19+)	44	Joint Mobility (45+)	53
Beginners Fluid Acrylic Pouring Workshop	40, 50	Karate Fun (4-7)	27
Bellyfit (19+)	45	Karate: Green Belt and Above (11-18)	27, 35
Birthday Parties (1-12)	32	Karate: Junior (8-10)	27
Body Sculpt (19+)	45	Karate: Senior (11-18)	27, 35
Brazilian Dance for Kids (5-10)	26	Karma Yoga Vinyasa Flow (19+)	47
Bridge Instruction (55+)	56	Kick Boxing Cardio Drills (19+)	46
Bridge: Social Drop-In (55+)	56	Kids Ballet (4-6)	22, 26
Brightstars Performing Arts (2-5)	21	Kids Hip Hop (6-10)	26
Brixology (6-11)	31	Kids' Movie at the Roundhouse (All Ages)	32
Canucks Autism Network Multisport (7-12)	26	Kids Pottery (9-13)	25, 33
Capoeira (6-13)	27, 35	Learning with Magic (5-12)	24
Cardio Combo (19+)	46, 54	Learning with Magic Camp (6-12)	31
Cardio Core (19+)	46, 54	Lights, Camera, Action! Movie Making Camp	31
Cartooning and Animation Camp (8-12)	31	Line Dancing (55+)	52
Chess Camp (8-12)	31	Little Artists Camp (5-10)	21
Chess: Social Drop-In (55+)	56	Mah Jong (55+)	56
Chinese Calligraphy (55+)	50	Make-It Monday: Pre-Teen Drop-In (9-13)	30, 34
Chinese New Year (55+)	57	Manology: Exploring 21st Century Masculinity	38
Chronic Conditions Self-Management (19+)	38	Mindfulness Meditation (18+)	38
Core and More (19+)	45	Mini Acrobatic Dancers (2-3)	22
Creative Ballet (3-5) (5-8)	21, 26	Mini Hip Hop (3-5)	22
Creative Yoga Play (2-5)	21	Morning Tai Chi Exercise/Yuen Gi Dance (55+)	53
Dog Obedience: Beginners/Puppy (19+)	38	Move & Meditate Your Way to Wellness	18, 19
Dog Obedience: Intermediate and Agility (19+)	38	Movement to Restore (45+)	54
Drawing and Watercolour for Beginners (19+)	40	Music Together (0-5)	21
Drawing: Learning to See (19+)	40	NEPP Earthquake Prep: Apartment Living (19+)	38
Early Math Matters (3-5)	20	NEPP Earthquake Preparedness: Pets (19+)	38
Elsie Roy Noon Hour:		Oh Snap! Youth Photo Walk (11-16)	36
All Stars Performers (K-12)	28	Orff Music (1-3)	21
Art attack (K-10)	28	Osteofit (19+)	53
Badminton (7-12)	29	Parent and Tot Gym Time (0-5)	22
Basketball (6-12)	29	Parent and Tot Pottery (3-5)	21
Chess (6-12)	29	Photography: You Be the Judge (19+)	38
Clay Play (7-10)	29	Piano with Lydia (4+)(19+)	25, 43
Discover Electronics (8-12)	28	Piano with Susie (4+)(19+)	25, 43
Handicrafts In Spanish (K-10)	28	Pickleball: Beginner (30+)	55
Hip Hop (K-10)	28	Planning Parenting (19+)	18
Hockey (7-12)	29	Posture Perfect (19+)	46, 54
Kids Yoga (K-10)	29	Pottery:	
Learning with Magic (K-12)	28	Drop-In (19+)	41
Lego Lunch Club (K-10)	29	Hand and Wheel Throwing with Sue	41
Lions MMA Kids Martial Arts (6-12)	28	Hand and Wheel with Kate (19+)	41
Sm(Art) Kidz (K-12)	29	Hand and Wheel with Vin (19+)	41
Soccer (7-12)	28	Kids Pottery (9-13)	25, 33
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Zumba Kids (K-10)	29	Prenatal Pilates (19+)	18
ESL for Adults (19+)	39	Prenatal Yoga (19+)	18
Euchre: Social Drop-In (55+)	56	Pre-Teen/Youth Open Gym (8-18)	34
Fall Nature Club (3-5)	20	Pro D Day Camp (K-12)	30
Farsi Club (3-7)	20	Rainbow Roundtable (55+)	57
Fit 4 Two® Infant Massage Workshop	19	Raincity Basketball Skills Sess. (6-8)(9-13)	26, 35
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Fit 4 Two® Prenatal Core Workshop (19+)	19	Red Cross Babysitting (11-15)	24, 33
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Fit 4 Two® Tummies 4 Mommies Massage	19	Roundhouse Ageless Dancers (55+)	52
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Spanish: Beginner – Level 2 (55+)	50		
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Spanish for Beginners (5-10)	24		
Spanish for Intermediates (5-10)	24		
Spanish for Preschool (3-5)	20		
Sportball Indoor Soccer (3-5)	22		
Sportball Indoor Soccer (6-9)	27		
Sportball Indoor Soccer Parent and Child (2-3)	22		
Sportball Junior (1-2)	22		
Sportball Multisport (3-5)	23		
Sportball Multisport Parent and Child (2-3)	23		
SportMedBC 10K InTraining for the Sun Run	49		
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Spring Break Day Camp (K-12)	30		
St.Patrick's Day – Family Paint Pouring Wkshp	25		
Stylized Learning for Kids – Homework Club	24		
Tai Chi Chuan: Beginners (19+)	47		
Tai Chi Chuan: Intermediate (19+)	47		
Tennis: Indoor (4-5) (6-8) (9-13)	23, 27, 36		
The Reading Tree (3-5)	20		
Three Bridges Infant Parent Group Drop-In	19		
Understanding the Mind of your Infant/toddler	19		
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Violin with Hannah (6+)(19+)	25, 44		
Voice with Asheida (8+)(19+)	26, 44		
Volleyball: Co-Ed Competitive (19+)	49		
Volleyball: Intermediate (19+)	49		
Volleyball: Recreational (19+)	49		
Walk and Roll (55+)	54		
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Weaving Cedar (19+)	40		
Weaving Cedar Baskets (19+)	51		
Weaving Cedar Bracelets (19+)	51		
Weaving Cedar Headbands (19+)	51		
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Drop-In (19+)	42		
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Youth Basketball Drop-In (10-18)	35		
Youth Lounge Drop-In (8-18)	34		
Youth Theatre Design Workshops (13-18)	33		
Youth Volleyball Drop-In (10-18)	35		
Youth Whistler Ski/Snowboarding Day Trip	37		
Zumba (19+)	45		
Zumba Noon (19+)	45		
Zumbini® (0-4)	22		



**TALKING STICK FESTIVAL**

**WED FEB 19 – SAT FEB 29**

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**GARDENS SPEAK AT THE PUSH FESTIVAL**

**TUE JAN 28 – SUN FEB 2**

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**CURIOS?**

**MAR – APR**

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Be a Roundhouse Youth Volunteer! (Up To 18)	37
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Capoeira: Free Trial Class (6-13)	27
Chronic Conditions Self-Management (19+)	38
Fit 4 Two® Stroller Fitness: Free Trial Class (19+) 19	34
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Hip Hop Culture Jam for Youth Drop-In (10-25)	33
Homework Tuesday: Pre-Teen Drop-In	30, 33
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NEPP Earthquake Prep: Apartment Living (19+)	38
NEPP Earthquake Preparedness: Pets (19+)	38
Photography: You Be The Judge (19+)	38
Pre-Teen/Youth Open Gym (8-18)	34
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Roundhouse Community Dancers (19+)	44
RH History Sess. – The Battle Of Hong Kong	39
Roundhouse Info Session – Dental Hygiene	39
Roundhouse Youth Council (Gr 8-12)	37
Secrets To Outstanding Photography (19+)	39
Three Bridges Infant Parent Group Drop In (0-1.5) 19	35
Youth Basketball Drop-In (10-18)	35
Youth Lounge Drop-In (8-18)	34
Youth Theatre Design Workshops (13-18)	33
Youth Volleyball Drop-In (10-18)	35
Zumba: Free Trial Class (19+)	45

**NEW COURSES**

Argentine Tango Social Dance for Beginners	44
Ballroom Tango (25+)	45, 52
Beginner Salsa for Couples (19+)	44
Beginners Fluid Acrylic Pouring Workshop	40, 50
Brazilian Dance for Kids (5-10)	26
Chess Camp (8-12)	31

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Elsie Roy Noon Hour: Sm(Art) Kidz (K-12)	29
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