



THUNDERBIRD COMMUNITY CENTRE WINTER 2025 RECREATION GUIDE



WINTER REGISTRATION BEGINS:
Catchment: Sat, Nov 23 | Public: Sat, Dec 7

2311 Cassiar Street, Vancouver, BC, V5M 3X3 | 604-713-1818 | thunderbirdcc@vancouver.ca | www.thunderbirdcc.ca

Jointly operated by the Thunderbird Neighbourhood Association and the Vancouver Board of Parks & Recreation





THUNDERBIRD NEIGHBOURHOOD ASSOCIATION

MISSION STATEMENT

Our mission is to provide educational, cultural, recreational and social service programs to the Thunderbird catchment area.

TNA BOARD

Executive Directors

President..... Joan Poon
Vice-President..... Ken Costea
Secretary..... TBD
Treasurer..... Tiffany Gu

Directors at Large

Samuel Ho, David La Vallee, Sophie Luk, Benny Mah, Sandra Marino

Program Committee

David Ince, David La Vallee, Iraj Khabazian, Tina Panella, Jessica Wong

MEMBERSHIP

Membership in the Society is free to everyone who registers for a program or event, or purchases a Fitness Centre monthly pass at Thunderbird Community Centre. Parents or guardians who register their children for programs/events, Fitness Centre passes at Thunderbird CC automatically become members in the Society. Registered memberships expire each year on December 31.

AGM Participation Membership: Any person over 16 years old who is a member or pays the prescribed AGM Participation Fee, 30 calendar days prior to the AGM, can vote at our AGM. This membership is valid from Jan 1 to Dec 31.

Join us at the AGM: Nov 23, 2024, 11am

PROGRAM REGISTRATION

Program registration is on a first come first served basis. We accept cash, debit or credit cards. Please keep receipts for tax purposes. There will be a \$1 charge for each duplicate receipt.

REFUND & TRANSFER POLICY

Programs may be cancelled and instructors may change during the season due to unforeseen circumstances. Refunds under \$5 will be issued as credit.

Regular Programs – per person/per course

- 2 days before the 2nd scheduled class for a prorated refund
- Refunds are subject to \$4 admin fee
- Transfers are subject to a \$2 admin fee

One or two-day programs and out-trips must be requested 48 business hours in advance unless otherwise noted. Business days are deemed Mon-Fri.

Day Camps (per child/per week)

- 14 days prior to the start date
- Refunds are subject to \$8 admin fee
- Transfers are subject to a \$4 admin fee

Birthday Parties

- Minimum 30 days prior to the party date for full refund minus \$25 admin fee
- 14-29 days prior to party date for deposit & 50% of party fee refund
- No refund less than 14 days before party date
- Transfers are subject to a \$4 admin fee

MISSED CLASSES & ATTENDANCE

Many of our programs are free or subsidized, and for this reason, we may withdraw a participant from a program when they have missed three consecutive classes. This allows for another participant to have the opportunity to join the program.

NSF CHEQUES

\$35 admin fee for each returned cheque.

LEISURE ACCESS PROGRAM

The Vancouver Park Board Leisure Access Program (LAP) provide Vancouver residents who have limited income 50% off one program, per season, per person or Fitness Centre monthly membership. If a program has additional sets, the discount can apply to all sets of the same program only. Please inform the Front Office staff to apply the discount to additional sets.

Applications for LAP are available at our front office. In order to qualify for the program, you must be a resident of Vancouver and meet family income guidelines on the application form. We do not retroactively apply LAP discounts – you must be active in the program at the time of registration.

For more information, contact the front office or visit www.vancouver.ca/leisureaccess.

SUBSIDIES AVAILABLE

Most programs at Thunderbird are subsidized and the fees are set at the lowest reasonable rates. However, the Association may be able to provide additional subsidies upon request. Please email the Recreation Programmer or inquire at the front office for further subsidy information.

SAFE ACCESS FOR EVERYONE

We are committed to creating welcoming parks and recreation services for all. We ask that our patrons treat each other and staff with dignity and respect.

PRIVACY POLICY

Any personal information you provide to us is collected, used and disclosed in accordance with the Freedom of Information & Protection of Privacy Act (FOIPPA) and/or the Personal Information Protection Act (PIPA). The information will only be used for the purpose of administering recreation programs, informing you of our services and benefits and for statistical purposes.

Thunderbird Community Centre is situated on the unceded traditional territories of the xʷməθkʷəy̍əm (Musqueam), Skwxwú7mesh (Squamish), and səliłwətaʔ (Tsilil-Waututh) Nations.

HOURS OF OPERATION

Mon-Fri 9:00 am-9:00 pm
 Sat 9:00 am-5:00 pm*
 Sun Closed
 Feb 17 10:00 am-2:00pm
 Family Day Closed
Fitness Centre: Closes 10 minutes before building closure
 * Office closes at 4:30 pm

REGISTRATION

In-Person at 2311 Cassiar St.

Catchment*: Sat, Nov 23, 9 am
 Public: Sat, Dec 7, 9 am

*Catchment registration is in person only. Must bring proof of address. You may only register for yourself or immediate family.

Online at vanrec.ca

Starting Sat, Nov 23 at 9 am

Phone us at 604-713-1818

Starting Sat Dec 7 at 12 pm, and then during regular office hours.

CATCHMENT

Catchment residents live between the north side of Grandview Hwy to the south side of East 1st Ave and the east side of Renfrew Street to the west side of Boundary Road.



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MEET THE STAFF

Community Youth Worker..... Priya Bar	Recreation Facility Clerk Aimée Mergaert
Family & Senior Worker Lorraine Chow	Recreation Programmer Gabrio Mannucci
Out of School Care Supervisor . . . Kristine Wong	Recreation Supervisor Eric Yu
Preschool Supervisor . . . Andrea Clark Geraghty	

Canada Revenue Agency Community Volunteer Income Tax Program

Individuals must meet the following two criteria:

1) Income Level

Family Size	Family Income
One Person	\$35,000
Two People (couple or single with 1 dependent)	\$45,000
Additional Dependents add	\$2,500 each

2) Simple Returns Only

The following will not be prepared:

- -have self-employment income
- -have business or rental income and expenses
- -have capital gains or losses
- -have employment expenses
- -file for bankruptcy
- -are completing a return for a deceased person

Mon 3:30pm-5:30pm
March 3 & 31
April 7 & 14

Tue 3:30pm-5:30pm
April 8, 15 & 22

Wed 5:30pm-7:30pm
March 5, 12, 19 & 26
April 2, 9, 16 & 23

Sat 9:30am-12:30pm
Mar 15, 22 & 29

You may register for your 20 or 30 minute appointment starting Feb 15 at our front office.

Arrive on time and be prepared with all of your documentation including your 2023 Notice of Assessment.

***One Return per appointment**
**** Remember to book a separate appointment for family members back to back for each return and NOT for the same time slot.**

Thunderbird



604-713-1827 · thunderbird.preschool@vancouver.ca

Our long-running, licensed, and inclusive preschool provides a warm, caring, multicultural environment for 3-5 year olds. All teachers are experienced and certified Special Needs Early Childhood Educators.

Now accepting waitlist applications for September 2025.

Please email thunderbird.preschool@vancouver.ca to be added to the waitlist. AFFORDABLE CHILD CARE BENEFITS available. Contact Andrea for more information.

Thunderbird Preschool is now a \$10 a day child care centre.
(Preschool is only \$7 a day)

Thunderbird Preschool follows the "Get Set for School®" curriculum to prepare our Pre-K's for Kindergarten. For more info: www.lwtears.com

Morning Preschool (3-5 yrs old)

Monday to Friday 9:00am - 11:45am (2.75 hours)
FEES: \$140/month

Afternoon Preschool (3-5 yrs old)

Monday to Thursday 12:15pm - 3:00pm (2.75 hours)
FEES: \$112/month



Meet the Staff

Andrea Geraghty, Supervisor

Andrea has been a preschool teacher at Thunderbird Community Centre for over 30 years. She was ECE trained at Kwantlan University College & completed her Special Needs training at Langara College.

Marina Lee, Special Needs Teacher

Marina is returning for her 7th year at Thunderbird. She received her ECE, Special Needs and Infant/ Toddler Diploma from Langara College. She also has a BAsC from UBC.

Danielle Perea, Special Needs Teacher

This will be Danielle 2nd year at the Preschool. Danielle completed her ECE Degree at Capilano University, with her ECE, Special Needs & Infant Toddler certification.

Kim Nguyen, Child Care Assistant

Kim has been a support teacher at TBird for several years and has now transitioned to our Child Care Assistant. Kim received her ECE Assistant Certificate from CAPU.

Thunderbird Out of School Care

For more information, contact Kristine at 604-713-1830 or Email: tbirdosc@gmail.com



Our hours are 7:30 – 9:00am & 3:00 - 6:00pm on school days and 8:00am – 5:30pm on full days.

Our program offers a wide variety of challenging and fun activities before and after school for children aged 5-12 years who attend Thunderbird Elementary School. We aim to provide a positive, safe and inclusive experience through social, recreational & physical activities.

Breakfast and after school snacks are provided daily and lunch is provided on full days.

Program Cost: Before and After School Care \$200/month





Community Action Programs for Children (CAPC)

CAPC Programs 0-6yrs F.A.S.T. (Family & Staff Team) is committed to develop CAPC Families Branching Out as a parent-directed initiative that serves to increase the health and well being of young children and families. The team meets monthly to identify common issues that concern families and work together to develop programs, share resources & plan special events. Childcare, and lunch are provided to ensure that the meeting is accessible. If you have a child 0-6 years old and would like to join the F.A.S.T., email Lorraine at lorraine.chow@vancouver.ca.

F.A.S.T. Meeting

Instructor: Lorraine

If you have a child 0-6 years old and would like to join the F.A.S.T. please email Lorraine at lorraine.chow@vancouver.ca for more information.

W 12:15pm-2:15pm
Feb 12 Kiwassa NH
Mar 12 Thunderbird CC

Books For Me

0-6 yrs • Instructor: Non-Instructional

Books For Me runs one Monday a month with hundreds of new and gently used books for preschoolers on display. Each family member may choose one book to take home and keep as their own. Free

M 10:00am-11:00am
Jan 20, Feb 17 & Mar 10



Thundertots

1-4 yrs • Instructor: Ronnie

What is Physical Literacy? Join us Friday afternoons with your 1-4 year olds and together you will explore motivation and confidence, physical competence, knowledge and understanding for engagement of physical activities for life. Parent participation is required. Free

F Jan 10-Mar 14 12:30pm-1:30pm

Family Drop In

0-6 yrs • Instructor: Clara & Ronnie

Calling all parents with little ones for a variety of fun activities in the family drop-in. Educational toys, crafts and books are geared towards making learning fun. Parents have the opportunity to socialize and share information with each other. No program Feb 17.

M W F Jan 6-Mar 14 10:00am-1:00pm



Family Drop In & Grandma's Kitchen

0-6 yrs • Instructor: Clara & Ronnie

Join us for a multi-cultural lunch, led by parents in the community. There are visits from the librarian and the health nurse who can answer questions, share resources and make referrals. Free

Th Jan 9-Mar 13 10:00am-1:00pm

Saturday Family Fun

0-6 yrs • Instructor: Kim

This program offers families with young children an opportunity to participate in a variety of fun activities, arts and crafts and time to socialize with other parents. Free

Sa Jan 11-Mar 15 10:00am-1:00pm



Parenting Workshops/ Services

We offer workshops and talks from various agencies and facilitators to support families on difficult issues. Learn about community resources, government programs, parenting in Canada, how to find employment, the school system and more. Watch for posters in the Family Drop-in.

M Jan 13-Mar 10 11:00am-12:00pm

Family Day 2025

Join us for a special Parent and Tot playtime with arts and crafts, face painting and caricature drawing! Parent participation is required. TSBC license #LAM0200026.

M Feb 17 10:30am-1:00pm



Daycare Providers: A max of 3 children per daycare provider is permitted in our programs.

PRESCHOOL & CHILDREN | Program Schedule

PRESCHOOL & CHILDREN PROGRAMS					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MCKids Minecraft 8-12 yrs 3:30pm-4:30pm	Intro to Programming with Game Design 8-12 yrs 3:30pm-5:00pm	Tiny Tigers Taekwondo 4-6 yrs 3:30pm-4:15pm	Ukulele Lessons 5-18 yrs 3:30pm-7:00pm	Thundertots 1-4 yrs 12:30pm-1:30pm	Outdoor Soccer 3-5 yrs 9:50am-10:35am
Head Start Math – K 5-6 yrs 3:30pm-4:45pm	Act Dance Sing Fun! 8-16 yrs 3:50pm-4:45pm	Young Phonics - K 5-6 yrs 3:30pm-4:45pm	Yoga for Kids 6-13 yrs 4:00pm-5:00pm	Chinese Calligraphy 6-13 yrs 3:30pm-5:00pm	My First Dance Class 2-4 yrs 9:30am-10:00am
Drum/Guitar Lessons 5-18 yrs 3:30pm-8:40pm	Dungeons & Dragons 11-14 yrs 4:15pm-6:15pm	Mixed Media I 6-12 yrs 3:30pm-4:45pm	Karate 7-18 yrs 5:45pm-7:00pm	Head Start Math Gr. 2 7-8 yrs 3:30pm-5:00pm	Piano Lessons 5-18 yrs 9:30am-3:00pm
Mandarin Basic Beginner 6-13 yrs 3:30pm-5:30pm	Active Jazz Funk, Pop Dance, & K-Pop 6-13 yrs 4:45pm-5:45pm	Little Lions Taekwondo 7-12 yrs 4:20pm-5:20pm		Python Game Lab 8-12 yrs 3:30pm-5:30pm	Mandarin Basic Beginner to Advanced 6-13 yrs 9:50am-1:00pm
Indoor Tennis 7.5-10 yrs 3:45pm-4:45pm	Basketball 6-8 yrs 5:00pm-6:00pm	Young Phonics Gr. 1 6-7 yrs 4:45pm-6:00pm		Piano Lesson 5-18 yrs 3:30pm-6:30pm	Little Ballerinas 3-5 yrs 10:15am-11:00am
Krafty Kids 7-12 yrs 4:00pm-5:00pm	Drawing 6-12 yrs 5:00pm-6:15pm	Soccer 6-8 yrs 5:00pm-6:00pm		Drum/Guitar Lessons 5-18 yrs 3:30pm-8:40pm	Hip Hop Breakers 3-5 yrs 11:05am-11:50am
Head Start Math Gr. 1 6-7 yrs 4:45pm-6:00pm	Chess for Kids 7-13 yrs 5:15pm-7:00pm	Painting & Drawing 6-12 yrs 5:00pm-6:15p		Rhythmic Gymnastics 4-6 yrs 4:15pm-5:00pm	Mini Chefs 6-8 yrs 11:30pm-12:30pm
Indoor Tennis 11-14 yrs 4:50pm-5:50pm	Basketball 9-12 yrs 6:05pm-7:05pm	Piano Lessons 5-18 yrs 5:00pm-8:00pm		Rhythmic Gymnastics 7-12 yrs 5:00pm-6:00pm	Hip Hop Jazz 6-11 yrs 11:55am-12:55pm
Taekwondo White to Green Belt 6-18 yrs 5:00pm-6:00pm		Swim & Skate 8-12 yrs 5:00pm-9:00pm			STEM It 5-8 yrs 12:30pm-1:30pm
Indoor Tennis 8-14 yrs 5:55pm-6:55pm		Soccer 9-12 yrs 6:00pm-7:00pm			Python Through Games 9-12 yrs 1:00pm-3:00pm
<p>Register early! Classes will get cancelled if we do not meet minimum numbers of participants. Please note: schedule is subject to change due to instructor availability and enrolment numbers.</p> <p>Legend: ● Arts/Music ● Dance ● Educational ● Sports</p>					123, ABCs 4-6 yrs 1:45pm-2:45pm
					Chess Lessons 6-12 yrs 2:00pm-3:10pm
					Violin lessons 5-18 yrs 2:20pm-4:50pm
					Chess lessons 8-16 yrs 3:20pm-4:30pm

PRESCHOOL

Dance

My First Dance Class

2-4 yrs • Instructor: Endorphin Rush

An introduction to creative dance. Aspiring little dancers, along with their guardians, will use songs, movement explorations and games to explore coordination, rhythm, spatial awareness and cooperation. This class for the youngest of dancers to experience a playful class with the support of their parents/guardian present. Parent/guardian participation is required. www.KirbySnellDance.com

Sa Jan 18-Mar 8 9:30am-10:10am
537241 \$52/8 sess

Little Ballerinas

3-5 yrs • Instructor: Endorphin Rush

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a presentation for parents/families on the last day of class. www.KirbySnellDance.com.

Sa Jan 18-Mar 8 10:15am-11:00am
537242 \$52/8 sess

Hip Hop Breakers

3-5 yrs • Instructor: Endorphin Rush

Calling all boys and girls! Let's move and groove! This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Through the season we will work on a choreographed dance. Get ready to cheer with gusto! Please bring a filled water bottle each day. www.KirbySnellDance.com.

Sa Jan 18-Mar 8 11:05am-11:50am
537243 \$52/8 sess

Rhythmic Gymnastics

4-6 yrs • Instructor: Olympia Rhythmic

Come and join our Rhythmic Gymnastics program in a fun, recreational format! Rhythmic Gymnastics is a beautiful combination of Ballet and Gymnastics, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon.

F Jan 17-Mar 14 4:15pm-5:00pm
530801 \$90/9 sess

NEW! Singing Star Program

4-6 yrs • Instructor: Anushka

Join us for an adventure where kids explore Disney classics through singing, dancing, and fun games! Each week features a different movie - like The Lion King, Beauty and the Beast, Moana, Encanto, Aladdin, and Frozen - while building confidence and teamwork. Activities include warm-ups, sing-alongs, simple dance routines, and themed games. It's all about having fun and developing skills in a celebratory, Disney-inspired environment!

W Jan 15-Mar 12 3:30pm-4:15pm
538475 \$67.50/9 sess



Parent and Tot Gym

6 mths-6 yrs • Non-Instructional

Jump on the bouncy castle and run around in the gym! Join in on this time for your child to socialize and play. Parent participation is required. TSBC license #LAM0200026 Organized birthday parties are not allowed during our Parent & Tot gym program.

Sa Jan 11-Mar 29 9:30am-11:00am
\$2/child, \$18/10-visit card

Educational

123, ABCs

4-6 yrs • Instructor: Crystal

123, ABCs, an introductory class to basic phonics and math. Learn to print, recognize and sound out letters and numbers using a variety of activities such as art, games and so much more.

Sa Jan 18-Mar 8 1:45pm-2:45pm
536034 \$40/8 sess

Head Start Math - K

5-6 yrs • Instructor: Clara

Students will review and practice counting from 1 - 20. They will learn to spell the numbers and write the numerals in sequence. Students will also be introduced to basic math equations involving addition and subtraction within 10. They will learn to recognize and continue patterns and compare numbers, sizes, and shapes. No class Feb 17.

M Jan 13-Mar 10 3:30pm-4:45pm
531927 \$44/8 sess

Young Phonics - K

5-6 yrs • Instructor: Clara

Students will review and practice ABC's at a pace of one letter a week. They will be given opportunities to write and say the letter names. At Circle Time, students will connect and apply their alphabet learning through songs, games, and activities. Students will also learn the letter sounds and build recognition of beginning, middle, and end sounds. They will also be introduced to sight words and begin basic sentence writing.

W Jan 15-Mar 12 3:30pm-4:45pm
531929 \$49.50/9 sess



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

Sports

Outdoor Soccer

3-5 yrs • Instructor: Marvin

It's important to always have fun! Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

Sa Jan 25-Mar 8 9:50am-10:35am
536149 \$63/7 sess

Outdoor Soccer Camp Little Ones

3-5 yrs • Instructor: Marvin

Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

M-F Mar 17-Mar 21 9:00am-10:15am
530090 \$48.75/5 sess

M-F Mar 24-Mar 28 9:00am-10:15am
530091 \$48.75/5 sess

Tiny Tigers Taekwondo

4-6 yrs • Instructor: Master Siddhartha Bhat, 4th Degree Black Belt

Discover the world of Taekwondo with our tailored program for 4-6 year olds! Focused on building confidence, balance, coordination and discipline, our classes provide a fun and supportive environment. Join us on a journey of growth, self-discovery, and exciting activities that instill essential life values in your little ones. Participants under 19 years of age must sign a Park Board waiver prior to participating.

W Jan 15-Mar 12 3:30pm-4:15pm
535135 \$52/9 sess

CHILDREN

PARENT/GUARDIAN RESPONSIBILITY

All children under the age of 10 are required to have a parent, guardian or person 16 years or older supervise when not attending a registered program. The staff at Thunderbird are not responsible for children left unattended after programs have finished. Parents/guardians are responsible for picking up their children as soon as their programs have ended.

DURING THE CLASS

We kindly ask all parents/caregivers to wait outside the program space during their child's participation.

PHOTOS/VIDEOS

For the safety and privacy of all participants, please refrain from taking photos and videos of the class. Should Thunderbird CC staff take photos of the class, you will be asked to sign a consent form. Photos taken by staff may be used for the purposes of promotion, including in our Recreation Guides, website and social media.

SUPPORTED PARTICIPANTS

Participants that require additional support (i.e. support worker) during the program are welcome but the support worker must have a valid Police Information Check on file. Please speak with the Recreation Programmer for additional information.

LATE PICK UP POLICY

It is the responsibility of the parent/guardian to ensure that children under the age of 10 are picked up as soon as the program has ended. There will be a late fee of \$2 each minute per child for late pick up.

Computer Programs

MCKids Minecraft

8-12 yrs • Instructor: Anna

Optimize your child's social-emotional skills while we explore hands-on weekly lessons connecting learning in Science, History, Engineering, Math and pre-programming learning. Collaborate with students in the room, and at home, on quests and in-game activities. Practice keyboarding skills and learn more about the tools that can help us do amazingly creative things in our Java edition, Minecraft game. Get to know the MCKids community and how we play together through informed, regulated behavior and healthy conduct. No class Feb 17 and Mar 3.

M Jan 13-Mar 10 3:30pm-4:30pm
535067 \$63/7 sess

Intro to Programming with Game Design

8-13 yrs • Instructor: Tai

Using Python, students will learn the basics of game design and computer programming, while creating their own game. Students will make a space shooter and a tower defense game and then apply their new found knowledge to make their own changes to the game, and then make their own games.

Tu Jan 14-Mar 11 3:30pm-5:00pm
532981 \$72/9 sess

Python Game Lab

8-12 yrs • Instructor: Christopher

In this exciting class, students will embark on a coding journey to learn Python and create classic games like Tic Tac Toe or Pong. Throughout the program, they will learn the fundamentals of Python and create their very own game by the end of the program.

F Jan 17-Mar 14 3:30pm-5:30pm
531430 \$65.25/9 sess

Learn how to Create a Dungeon Crawler Game with Python!

9-13 yrs • Instructor: Alexander

Using Python, students will continue to learn the basics of game development and gain the skills necessary to create their own video games by themselves, with an added element of asset creation (Creating basic music and animation). No prior knowledge is required, as we will cover how to draw images on the screen, how to move the player and how to create simple levels in the class. Basic typing skills are recommended.

Sa Jan 18-Mar 8 1:00pm-3:00pm
531077 \$68/8 sess

Educational

Chess for Kids

7-13 yrs • Instructor: Tai

Children will learn the basic strategy behind Chess and become a better player. There is correlation between skills in Chess and intelligence, and your child will learn skills like visualization and spatial awareness that can be applied to subjects like math and science. This course is fine for those who've never played Chess along with those who consider themselves beginners or intermediates in the game. Each class will consist of a lesson along with some time to play chess with the other students.

Tu Jan 14-Mar 11 5:15pm-7:00pm
532980 \$65.25/9 sess

Head Start Math - Gr. 1

6-7 yrs • Instructor: Clara

Grade 1 students will review and work within numbers to 100. They will explore and practice skip counting and comparing numbers. They will also learn place values, addition and subtraction within 100, and measurement. No class on Feb 17.

M Jan 13-Mar 10 4:45pm-6:00pm
531926 \$44/8 sess

Head Start Math - Gr 2

7-8 yrs • Instructor: Clara

Grade 2 students will review and work within numbers to 1000. They will explore and practice comparing numbers and solving word problems. They will also learn place values to 1000, addition and subtraction with regrouping, mixed operations, and data analysis.

F Jan 17-Mar 14 3:30pm-5:00pm
531925 \$49.50/9 sess

Lego StopMotion Animation

7-13 yrs • Instructor: Film Camp In A Box

Fill your afternoon with action, adventure and a lot of comedy with Film Camp in A Box Senior Claymation and Lego animation. Mentored by master filmmakers, participants will engage in hands-on exploration of the stop motion animation process, including pre-production, production and post-production. Working in small crews, they will learn about stop motion animation, set design, script writing and editing. Participants will then create their own stop motion animation and edit a short film and movie trailer, complete with sound effects, music, voice, sound effects and special effects. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

Th Jan 23-Feb 27 4:00pm-6:00pm
535763 \$161/6 sess

Mini Chefs

6-8 yrs • Instructor: Lucy

Join us at Mini Chefs and discover how to create a variety of delicious foods and snacks every week. Please bring a reusable container to each class. No class on Feb 15.

Sa Jan 18-Mar 8 11:30am-12:30pm
535111 \$42/7 sess

Sa Jan 18-Mar 8 12:45pm-1:45pm
535110 \$42/7 sess

Young Phonics - Gr. 1

6-7 yrs • Instructor: Clara

Students will review and practice consonant sounds and short and long vowel sounds. Through stories, activities, and worksheets, students will learn to read sight words and decipher new words using phonics. Students will also practice forming and writing sentences. They will also be introduced to basic sentence grammar including the parts of speech.

W Jan 15-Mar 12 4:45pm-6:00pm
531928 \$49.50/9 sess

Young-Commander Chess

Instructor: Joe

As school academics in a game, playing chess and being smart are interconnected. There's a strong correlation between chess and academic achievement including math, spatial analysis and non-verbal reasoning ability. Joining in this Sherlock-Holmes-world of tactics and strategies, kids get trained in life-skills goal-setting: checkmate! What's more, chess provides a mental armor commander (leader) self-image whereby kids can draw upon and develop a well-rounded discipline, amidst a friendly social setting where art meets science and math with fun. Chess folder kit included.

Novice/Starter: anyone new or with limited knowledge of art-of-chess basics.
Intermediate/Advance: anyone proficient with chess tactics and advanced strategies. No class on Feb 15.

5-8 yrs - Novice/Starter

Sa Jan 18-Mar 15 2:00pm-3:10pm
530118 \$64/8 sess

8-13 yrs - Intermediate/Advance

Sa Jan 18-Mar 15 3:20pm-4:30pm
530119 \$64/8 sess



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

STEM It

5-8 yrs • Instructor: Crystal

Are you a creative problem solver, aspiring mad scientist, or mathematician? This program is for you! STEM stands for Science, Technology, Engineering, and Math. Together, we will solve problems using science methods.

Sa Jan 18-Mar 8 12:30pm-1:30pm
536035 \$40/8 sess

NEW! Musical Magic Program

7-10 yrs • Instructor: Anushka

Each session we'll focus on a single musical, like Seussical, Annie, or Beauty and the Beast - featuring singing and dance warmups, key song rehearsals, and improv games to boost creativity. Kids will practice line readings to enhance their acting skills while collaborating to bring the story to life. Plus, there's a performance opportunity for parents at the end! Experience the magic of theater with us!

W Jan 15-Mar 12 4:20pm-5:05pm
538846 \$67.50/9 sess



Meet Anushka

With over 25 years of international dance experience and a heart full of passion, Anushka is here to inspire and groove with you! Anushka teaches high-energy dance & fitness classes at Trout Lake CC and offers dynamic kids' classes in hip hop and musical theatre. She's especially excited to introduce her Singing Star and Musical Magic programs at Thunderbird Community Centre this winter!

Mandarin Basic

6-13 yrs • Instructor: Vicky

Learn the fundamentals of Chinese with a focus on vocabulary building, counting and simple dialogues and tonal. Learn how to write Chinese characters and sing songs.

6-8 yrs - Beginner

Sa Jan 18-Mar 8 9:50am-10:50pm
539147 \$52/8 sess

9-13 yrs - Beginner

Sa Jan 18-Mar 8 10:55am-11:55pm
539145 \$52/8 sess

8-12 yrs - Intermediate

Sa Jan 18-Mar 8 12:00pm-1:00pm
539146 \$52/8 sess

9-13 yrs - Advance

M Jan 13-Mar 10 3:30pm-4:40pm
539148 \$52/8 sess

M Jan 13-Mar 10 4:35pm-5:35pm
539149 \$52/8 sess

Social

Dungeons and Dragons

11-14 yrs • Instructor: Wake

Dungeons & Dragons is an interactive fantasy-themed storytelling game where you get to roll dice and play as a character of your own creation! Come join our party of adventurers as you advance through a fun campaign where your choices influence the flow of the story. This will be a beginner-friendly experience to D&D, but players with an advanced understanding of the game are also welcome. We hope to see you there! (Dice and other equipment will be provided).

Tu Jan 14-Mar 11 4:15pm-6:15pm
531880 \$63/9 sess



Red Cross Babysitting

11-16 yrs • Instructor: First Aid Hero

So, you want to be a babysitter? Do you or your parents want to feel confident knowing you are responsible and able to care for others on your own? **Course Content:** Responsibility and leadership skills, Decision making and behaviour management, Child developmental strategies, Practical skills: feeding, diapering and dressing, Safety awareness and prevention, First Aid for babysitters, Business of babysitting. Please bring a nut-free lunch and medium doll/teddy to practice on.

Sa Feb 8 9:00am-4:55pm
530803 \$68/person

Red Cross Stay Safe!

9-13 yrs • Instructor: First Aid Hero

Do you or your parents want to feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation? This workshop involves First Aid, Active role-play and Interactive fun! **Course Content:** Responsibility and respect while being accountable for yourself, Importance of safety rules, Home and community safety, Handling unexpected situations, Basic First Aid skills (Check-Call-Care, recovery position, conscious choking (adult/child/alone), Asthma, Anaphylaxis and use of EpiPen Auto-Injector, poisoning, wound care). Please bring a nut-free lunch for the day.

Sa Mar 8 9:00am-3:00pm
530804 \$68/person



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

Creative Arts

Krafty Kids

7-12 yrs • Instructor: Kyra

In this class, students will strengthen their unique independent artistic skills using a variety of mediums, such as watercolour, textiles, clay, acrylics, scrapbooking, jewelry and many more! Every session is filled with fun creativity, and the chance to make your own imaginative creations. Join us to explore a vast world of colors, shapes, and endless crafty possibilities! No class on Feb 17.

M Jan 13-Mar 10 4:00pm-5:00pm
538798 \$48/8 sess



NEW! Arts and Crafts with Fibre Arts

6-12 yrs • Instructor: Rosamunde

Kids will learn about the wonderful world of fibre arts through fun and skill-building projects including painting on fabric, painting with wool, crochet, weaving, papermaking, and more! This class introduces young artists to a range of materials, skills, and techniques that supports their creative development, and they will be delightfully surprised with what they can do.

Tu Jan 14-Mar 11 3:30pm-4:45pm
539071 \$63/9 sess

Drawing

6-12 yrs • Instructor: Rosamunde

In this drawing class, we will use a variety of drawing materials such as pastels, pencil crayon, markers, and ink. We will explore different styles of drawing and make books including scrolls and pop-up books. Kids are encouraged to make their own creative choices, allowing them to express their unique voices as young artists. There will be exercises to help kids learn to draw from observation such as from life and from photographs. The instructor will teach to each student's individual age and skill level.

Tu Jan 14-Mar 11 5:00pm-6:15pm
539072 \$63/9 sess



Chinese Calligraphy for Kids

6-13 yrs • Instructor: Tony

The Chinese Calligraphy for Kids program encourages young children to connect with Traditional Chinese culture by painting Chinese characters and motifs. During the course, children will learn to write with a brush pen. They will master regular strokes, character and even a little Chinese cursive writing. There will be many interesting practical tasks and workshops. This program can add another art dimension to your child. They will become interested in the quality of their writing by hand, and the history of Chinese culture. Internationally recognized calligrapher Tony Du takes children from their first strokes to writing artworks, opening a window into the fascinating history of Chinese characters. Children will develop a solid foundation in Chinese calligraphy from this program.

F Jan 17-Mar 14 3:30pm-5:00pm
538858 \$67.50/9 sess

Mixed Media

6-12 yrs • Instructor: Rosamunde

Together we will explore the basics of art through fun and engaging projects and a range of materials and processes. Children will learn to use various media and methods including collage, papier-maché, clay, paint, and more. We will make mobiles, sculptures, books, puppets, pictures. In each class we will explore something new. This is a great class for introducing young artists to a range of artmaking materials and techniques that supports creative and independent thinking and expression. The instructor will teach to each student's individual skill level. Dress for mess!

W Jan 15-Mar 12 3:30pm-4:45pm
539070 \$63/9 sess

Painting and Drawing

6-12 yrs • Instructor: Rosamunde

In this class, we'll use a variety of materials such as charcoal, pastels, acrylics, gouache, watercolor, pen, and ink. This class balances fun and development. Kids are encouraged to make their own creative choices, allowing them to express themselves, and we will also be learning new skills using demonstrations and art history to learn to draw and paint from still life or a photograph. Dress for mess!

W Jan 15-Mar 12 5:00pm-6:15pm
539073 \$63/9 sess

SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register...or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

Music Lessons

Guitar Lessons

5-18 yrs • Instructor: Sam

Strum your way to sound! In these private lessons you will learn music notes, fretting, chords, music theory and how to read music. Customizing a structured class based on each student's needs. Bring your own guitar. Lessons are 30 minutes. No class on Feb 17.

M	Jan 13-Mar 10	3:30pm-8:40pm
Various times		\$130/8 sess
F	Jan 17-Mar 14	3:30pm-8:40pm
Various times		\$146.25/9 sess

Drum Lessons

5-18 yrs • Instructor: Sam

Play to the rhythm and the beat! Lessons are private and are conducted on a full set of acoustic drums. Learning material included. Lessons are 30 minutes. No class on Feb 17.

M	Jan 13-Mar 10	3:30pm-8:40pm
Various times		\$130/8 sess
F	Jan 17-Mar 14	3:30pm-8:40pm
Various times		\$146.25/9 sess

Piano Lessons

5-18 yrs • Instructor: Carmen

The goal of the program is to teach basic piano skills. Students will progress through 3 levels of difficulty. After the 3 levels, you can move on and even consider taking Elementary piano exams through the Royal Conservatory of Music, Toronto, examination syllabus. Lessons are generally focused on: sitting position at the piano, keyboard recognition, note recognition, rhythmic exercise, piano pieces, and elementary theory exercises. Books are required at an additional cost. Lessons are 30 minutes.

F	Jan 17-Feb 28	3:30pm-6:30pm
Various times		\$133/7 sess
Sa	Jan 18-Mar 1	9:30am-3:00pm
Various times		\$133/7 sess

Piano Lessons

5-18 yrs • Instructor: Jazzy & Ruby

The goal of this piano course is to help students reach their full potential - all ages are welcome, whether you are a beginner taking your first step into the world of piano or an intermediate player looking to enhance your skills. Students will be required to have piano books, which can be purchased separately at an additional cost. Lessons are half an hour in length. No class on Feb 17.

M (Jazzy)	Jan 13-Mar 10	5:45pm-8:45pm
Various times		\$134/8 sess
W (Ruby)	Jan 15-Mar 12	5:00pm-8:00pm
Various times		\$150.75/9 sess

Violin Lessons

5-18 yrs • Instructor: Lucy

The goal of this violin course is to help new and beginner players learn the basics and fundamentals of playing the violin. Lessons are focused on learning proper technique to hold the violin and bow, note recognition, and playing simple pieces. Violins are not provided. Please rent or purchase one on your own. Books may be required at additional costs. Lessons are 30 minutes. No class on Feb 15.

Sa	Jan 18-Mar 8	2:20pm-4:50pm
Various times		\$115.50/7 sess

Ukulele Lessons

5-18 yrs • Instructor: Tom

Join a private Ukulele lesson with Tom Cheng! Tom is an experienced professional Guitar and Ukulele player and instructor. Students, all ages, of any skill level and beginner ukulele players are welcome! Each private lesson will be tailored to your skill, age, ability and interests. Please bring your own instrument. Students will be asked to purchase their own music book. The instructor will let you know which book to purchase on the first class. Lessons are 30 minutes.

Th	Jan 16-Mar 13	3:30pm-7:00pm
Various times		\$148.50/9 sess

Dance

Hip Hop Jazz

6-11 yrs • Instructor: Endorphin Rush

Combine the style of hip-hop with the technical dance skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please bring running shoes and wear comfortable stretchy clothing and non-marking shoes. Please bring a filled water bottle each day. www.KirbySnellDance.com.

Sa	Jan 18-Mar 8	11:55am-12:55pm
537244		\$60/8 sess

Act Dance Sing FUN! Musical Theatre

8-16 yrs • Instructor: ILLUMA Studio

Come learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. Learn teamwork while supporting classmates, have fun, and rise to a new challenge. We recommend taking our dance training before this class to enhance your learning.

Tu	Jan 14-Mar 11	3:50pm-4:45pm
537287		\$72/9 sess

Active Jazz Funk and Pop Dance & KPOP Sampler

6-13 yrs • Instructor: ILLUMA Studio

Come experience high dynamics cardio dance and Jazz Funk and Hip Hop fundamentals while vibing to Korean and Asian Pop Music! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Learn teamwork while supporting classmates, have fun, and rise to a new challenge. We recommend taking our dance training or Musical Theatre course before/after this class to enhance your learning.

Tu	Jan 14-Mar 11	4:45pm-5:45pm
537288		\$72/9 sess



Active Jazz Funk, Hip Pop & KPOP Dance Sampler - Family

1+ yrs • Instructor: ILLUMA Studio

As a family, come experience high dynamics cardio dancing in styles such as azz Funk, Hip Hop, and Korean / Asian Pop Music! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and rise to a new challenge. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge! No previous experience required; content is accessible and adapted to the learner's level. Learned skills showcasing will be announced throughout the course. We recommend taking our other dance class before/after to enhance your learned skills and create a longer afternoon experience.

Tu	Jan 14	5:45pm-6:45pm
539129		Free Trial
Tu	Jan 21-Mar 11	5:45pm-6:45pm
537289		\$64/8 sess

For ILLUMA Studio classes:

No previous experience required. Learned skills showcasing will be announced throughout the course. **Dress:** dry indoor shoes with non-marking soles preferred (especially during rain/snow season) and comfortable sports / loose / baggy clothing. Bring your water bottle and nut free snacks to fuel your student for an energetic workout! Class curriculum will be different between same-subject sessions throughout the year; repeat students welcomed back! Find us on FB/IG @illumastudio. Drop-in \$10, space permitting.

Martial Arts

Participants under 19 years of age must sign a Park Board waiver prior to participating. Uniform is optional for beginners - please speak with the instructor to find what size you are.

Little Lions Taekwondo

7-12 yrs • Instructor: Master Siddhartha Bhat, 4th Degree Black Belt

Immerse your child in the art of Taekwondo with our specialized program designed for 7-12 year olds. Our training follows the World Taekwondo style, emphasizing discipline, respect, and skill development. Taekwondo is a dynamic martial art that blends powerful kicks, precise strikes, and strategic movements. Through our engaging classes, your child will not only enhance physical fitness but also cultivate valuable life skills, fostering confidence, focus, and self-discipline. Join us on the exciting journey of mastering the ancient art of Taekwondo!

W	Jan 15-Mar 12	4:20pm-5:20pm
535134		\$72/9 sess



Taekwondo - White Belt to Green Belt

6-18 yrs • Instructor: Wu's Taekwondo

A dynamic Korean Martial Art that is known for its emphasis on kicking techniques, strikes and self defense in addition to the development of physical and mental discipline. This WT style of Taekwondo is a martial arts that's recognized in both Poomsae (forms) & Kyroughi (sparring). No class on Feb 17.

M	Jan 13-Mar 10	4:30pm-5:30pm
533237		\$88/8 sess



Karate

7+ yrs • Instructor: 8th Dan black belt Shihan George Chan, 4th Degree Black Belt Dan McCallum & 2nd Degree black belt John Cotter

This class will introduce you to many aspects of the traditional style of Go-Ju Ryu Karate. The focus is on self-defense, fitness training, non-contact sparring and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress levels. Visit www.kuyukai.com for more information. Parents are welcome to register into the class to join their child.

Th	Jan 16-Feb 13	5:45pm-7:00pm
530084		\$75/5 sess

Th	Feb 20-Mar 13	5:45pm-7:00pm
530085		\$60/4 sess

For participants interested in progressing with coloured belts, Kuyukai membership (\$30) and attendance card (\$8) are available. Speak with the instructor prior to purchasing.

Attendance card (530086)	\$8
Kuyukay membership (535805)	\$30
Uniform (530087)	\$66 to \$102



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Sports



Indoor Tennis Level 1.0-1.5

7-14 yrs • Instructor: Daniel

This beginner's class is an introduction to play tennis. Students are introduced to basic forehand and backhand while developing hand-eye coordination through a variety of fun games and activities. An emphasis is placed on inspiring a love for the game while building a strong technical foundation. Please bring your racquet and water bottle. No class Feb 17.

7-10 yrs

M Jan 13-Mar 10 3:45pm-4:45pm
530102 \$48/8 sess

11-14 yrs

M Jan 13-Mar 10 4:50pm-5:50pm
530103 \$48/8 sess

Indoor Tennis Level 1.5-2.0

8-14 yrs • Instructor: Daniel

This intermediate class continues to develop tennis skills for those players who have been introduced to the game. Students will participate in a variety of fun drills and games to enhance their skills. Students will also have the opportunity to play games. Please bring your racquet and water bottle. No class on Feb 17.

M Jan 13-Mar 10 5:55pm-6:55pm
539112 \$48/8 sess

Basketball

Instructor: Owen

Put on your running shoes and practice your shots with the rest of the team. Children will work on basketball drills and be part of a team.

6-8 yrs

Tu Jan 14-Mar 11 5:00pm-6:00pm
530125 \$51.75/9 sess

9-12 yrs

Tu Jan 14-Mar 11 6:05pm-7:05pm
530126 \$51.75/9 sess



Soccer

Instructor: Justin

Participants will have fun while learning cooperative games and fundamental movement skills all the while burning off some energy. Please bring a water bottle.

6-8 yrs

W Jan 15-Mar 12 5:00pm-5:55pm
530196 \$51.75/9 sess

9-12 yrs

W Jan 15-Mar 12 6:00pm-7:00pm
530197 \$51.75/9 sess

Outdoor Soccer

6-12 yrs • Instructor: Marvin

It's important to always have fun! Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Hall on Windermere St and 4th Ave.

Sa Jan 25-Mar 8 10:40am-11:40am
536150 \$70/7 sess

Swim & Skate

8-12 yrs • Instructor: Isaac & Monica

Each week, we will travel to a different Vancouver location to swim or skate. Drop-in is permitted when space is available.

W Jan 15-Mar 12 5:00pm-9:00pm
530117 \$63/9 sess

Rhythmic Gymnastics

7-14 yrs • Instructor: Olympia Rhythmic

Come and join our Rhythmic Gymnastics program in a fun, recreational format! Rhythmic Gymnastics is a beautiful combination of Ballet and Gymnastics, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon.

F Jan 17-Mar 14 5:00pm-6:00pm
530802 \$108/9 sess



Yoga for Kids

6-13 yrs • Instructor: Kendra

Bringing fun and engaging activities, songs and stories to this class, we will explore yoga through breathwork, yoga poses, mindfulness and guided visualization/meditation. This class will include techniques to build confidence, creativity, strength, self awareness, relaxation, concentration, working together, and much more.

Th Jan 16-Mar 13 4:00pm-5:00pm
537774 \$51.75/9 sess



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Day Camps

Pro D Day Camp

6-12 yrs • Instructor: Day Camp Leader

Join our fun leaders in a day full of action, play and interesting activities.

M	Jan 20	9:00am-3:30pm
530116		\$28/person
F	Feb 14	9:00am-3:30pm
530115		\$28/person

Spring Break Daycamp

6-12 yrs • Instructor: Day Camp Leader

Join us for spring break for local outings, crafts, games, cooking and sports. Pack a snack, lunch and water bottle. Wear weather-appropriate clothing for outside play.

Week 1

M-F	Mar 17-Mar 21	9:00am-3:30pm
530112		\$137.50/5 sess

Week 2

M-F	Mar 24-Mar 28	9:00am-3:30pm
530113		\$137.50/5 sess

Rhythmic Gymnastics Spring Camp

7-14 yrs • Instructor: Olympia Rhythmic

Rhythmic Gymnastics is a beautiful combination of ballet and gymnastics, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon.

M-F	Mar 17-Mar 21	3:45pm-5:45pm
535180		\$130/5 sess

Outdoor Soccer Camp

6-12 yrs • Instructor: Marvin

Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Meet your coach by the Sunrise Hall on Windermere St and 4th Ave.

M-F	Mar 17-Mar 21	9:00am-12:00pm
530089		\$115/5 sess
M-F	Mar 24-Mar 28	9:00am-12:00pm
530092		\$115/5 sess

NEW! Ultimate Fun Camp

9-13 yrs • Instructor: Ayanle

Ultimate offers a fun and engaging experience where participants learn new tricks and build physical endurance through various activities. Designed for kids, this program emphasizes skill development and fitness in a lively, supportive environment. Meet your coach at the gravel field located on the west side of the community center.

M-F	Mar 24-Mar 28	4:00pm-6:00pm
535129		\$37.50/5 sess



Hollywood Feature Film Making

9-14 yrs • Instructor: Film Camp In A Box

Fill your week with action, adventure and a lot of comedy with Film Camp in A Box movie making camp. Mentored by master filmmakers, campers will engage in hands-on exploration of the filmmaking process, including pre production, production and post production. Working in small crews, they will learn about cinematography, script writing and editing. Campers will then create, act in and edit a short film and movie trailer, adding special effects, music, voices, titles and sound effects. Participants will have the opportunity to use our latest technology, including Mac books, 4K cameras, tripods, boom microphones, green screens and the use of an aerial drone. Crews will also create their own promotions and advertising links to showcase their short film to the world. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

M-F	Mar 17-Mar 21	9:00am-4:00pm
530805		\$300/5 sess

Lego/Clay Stop Motion Animation

7-14 yrs • Instructor: Film Camp In A Box

Fill your week with action, adventure and a lot of comedy with Film Camp in A Box Senior Claymation and Lego animation camp. Mentored by master filmmakers, campers will engage in hands-on exploration of the stop motion animation process, including pre-production, production and post-production. Working in small crews, they will learn about stop motion animation, set design, script writing and editing. Campers will then create their own stop motion animation and edit a short film and movie trailer, complete with sound effects, music, voice, sound effects and special effects. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

M-F	Mar 24-Mar 28	9:00am-4:00pm
533175		\$300/5 sess

Young Commander Chess Novice - Spring Break Camp

Instructor: Joe

As school academics in a game, playing chess and being smart are interconnected. There's a strong correlation between chess and academic achievement including math, spatial analysis and non-verbal reasoning ability. Joining in this Sherlock-Holmes-world of tactics and strategies, kids get trained in life-skills goal-setting: checkmate! What's more, chess provides a mental armor commander (leader) self-image whereby kids can draw upon and develop a well-rounded discipline, amidst a friendly social setting where art meets science and math with fun. Open to anyone new or with limited knowledge of art-of-chess basics. Chess folder kit included.

M-F	Mar 17-Mar 21	4:00pm-5:10pm
530120		\$36.25/5 sess

DAY CAMP REFUNDS

Requests for refunds must be received by the Front Office at least 14 days prior to the start date of the day camp. All refunds will be subject to a \$8 refund admin fee, per week.

YOUTH ACTIVITIES SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Games Room 3:00pm-6:30pm Ages: 10-18	Games Room 3:00pm-6:30pm Ages: 10-18	Writers' Exchange 3:00-4:30pm Grade 4-7	Games Room 3:00pm-6:30pm Ages: 10-18	Games Room 3:00pm-10:00pm Ages: 10-18	Breakfast Club 10:30am-1:30pm Ages: 10-18
				Youth Dinner 4:00pm-6:00pm Ages: 13-18	
				Youth Council 6:00pm-8:00pm Ages: 13-18	
			Drop-In Volleyball 7:00pm-9:00pm Ages: 13-18	Drop-In Basketball 6:00pm-8:30pm Ages: 13-18	
<i>Please note: schedule is subject to change due to instructor availability and enrolment numbers.</i>					
Legend: ● Social ● Games Room Drop-in ● Educational/Leadership ● Sports/Fitness					

Community Youth Development

Youth Services at Thunderbird CC are a partnership between the Vancouver Board of Parks and Recreation and the Thunderbird Neighbourhood Association.

Youth programs reflect the principles of CYD in the City of Vancouver: accessible, collaborative, preventative and inclusive.

Youth are respected, supported and involved in program planning, implementation and decision-making.



Follow [@vanyouth](#) and [@thunderbirdyouth](#) on Instagram for updates about youth programs, volunteer opportunities, citywide initiatives, and all things youth related!



Youth Leadership

Thunderbird Youth Council 13-18 yrs

Do you want to be actively involved in shaping youth programs? Do you have thoughts and ideas about how to better influence your community? Youth Council will help you become a leader in this community, share your voice, and really impact the youth community. The direction of Youth Council is driven by you! Thunderbird Catchment only. Please contact CYW Priya Brar for an application form: priya.brar@vancouver.ca / 604.379.4735

Fri Jan 17-Mar 14 6:00 pm-8:00 pm
FREE



Art

Engagement Through Art

14-17 yrs

Engagement Through Art is an after-school art program in collaboration with the Vancouver Police Department and Vancouver Community Centres. It is intended to inspire creativity, community, and connection through tactile, experiential art-making and performance art events. The program will take place at Thunderbird Community Centre, Trout Lake Community Centre, and will include workshops and out-trips. This program is by referral only. Contact CYW Priya Brar: priya.brar@vancouver.ca / 604.379.4735

Thur Jan 1-Jan 30 3:30pm-6:00pm
Free

Education

Writer's Exchange

Grades 4-7

Writers' Exchange meets Thunderbird! This after-school program is for students in grades 4-7 to be creative, hangout, and have fun! Join us in playing your favorite board games, getting homework support, and of course, enjoying yummy snacks. Every week we'll work on a fun, creative activity, like making candles, blindfolded food tasting, or work on a long term project; like creating a book or building a community library! [This program is for youth living in the Thunderbird catchment and by referral only.](#) Contact CYW Priya Brar: priya.brar@vancouver.ca / 604.379.4735

Wed Jan 8-Mar 12 3:00pm-4:30pm
Free



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

Social

Games Room Drop-In

10-18 yrs

Games room is open to youth ages 10-18! Come connect with the Youth Worker/Youth Leader, play some video games, board games, or just hang out and lounge around!

Mon/Tues Jan 6-Mar 14 3:00pm-6:30pm
Thurs Jan 6-Mar 14 3:00pm-7:00pm
Fri Jan 6-Mar 14 3:00pm-10:00pm
Free

Breakfast Club

10-18 yrs

Games room drop in - with breakfast! Come hang out, eat some yummy food, and lounge around. No registration required, drop-in only. No session Feb 8 or Mar 8.

Sat Jan 11-Mar 15 10:30am-1:30pm
Free



Youth Dinner

13-18 yrs

This is a non-registered dinner for all youth 13-18! The Community Youth Worker and Youth staff will be cooking; youth are able to grab dinner from the kitchen and hang out downstairs in the Games Room.

Fri Jan 10-Mar 7 4:00pm-6:00pm
Free

Sports

Drop-in Basketball

13-18 yrs

Lace up your ball shoes and come shoot some hoops! Open to youth ages 13-18.

Fri Jan 12-Mar 15 6:00pm-8:30pm
Free

Drop-in Volleyball

13-18 yrs

Drop-in volleyball for youth 13-18!

Thu Jan 9-Mar 6 7:00pm-9:00pm
Free



Night Hoops

13-18 yrs

Night Hoops is all about youth passionate about basketball and eager to improve their game. This program is designed to offer an inclusive space to develop life skills through workshops, compete in a basketball league, and connect with their peers. Whether you're new to the sport or an experienced player, Night Hoops provides an opportunity to learn and grow in a supportive environment. It's more than just basketball, it's about coming together as a community, building friendships, and proudly representing your neighbourhood. Night Hoops allows young players to be part of something bigger, learning teamwork, discipline, and leadership both on and off the court. Please contact CYW Priya Brar to register: priya.brar@vancouver.ca / 604.379.4735

Fri Jan 17-Jun 13 8:30pm-10:00pm
Free

Educational

Lunar New Year Chinese Calligraphy Workshop

16+ yrs • Instructor: Tony

Welcome the Lunar New Year with the timeless art of Chinese calligraphy! In this hands-on workshop, you'll learn essential brush techniques from internationally renowned calligrapher Tony Du. Create your own auspicious greeting to bring good fortune into the year ahead. No prior experience needed, just bring your creativity and leave with a beautiful, personalized artwork to celebrate the new year! Sign up today and start the year with a meaningful, artistic experience.

F Jan 24 5:15pm-7:15pm
538931 \$10/person

Fitness



Zumba Toning

16+ yrs • Instructor: Alice

This one hour workout will combine 30 minutes of Zumba, the infectious, feel-happy dance fitness workout we all love with another 30 minutes where we add light weights to the mix. It features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is perfect for those who want to party and put extra emphasis on toning and sculpting to target zones, including arms, core and lower body. Please bring 1 or 2lb weights. Drop in \$9. No class on Feb 5 and 12.

W Jan 15-Mar 12 6:00pm-7:00pm
533230 \$49/7 sess

Martial Arts

NEW! Adult Taekwondo

25+ yrs • Instructor: Wu's Taekwondo

Join our Taekwondo class tailored for adults aged 25 and over! Focus on self-defense techniques, sparring, kicking, and combat skills to boost your confidence and fitness. Whether you're a beginner or have experience, our skilled instructors will support you every step of the way. Experience the benefits of martial arts in a fun and empowering environment! No class on Feb 17. Participants must sign a Park Board waiver prior to participating. Uniform is optional for beginners; speak with the instructor to find what size you are.

M Jan 13-Mar 10 5:30pm-7:00pm
533290 \$96/8 sess

Sports

Pickleball (Drop-In Only)

19+ yrs • Instructor: Non-Instructional

Pickleball is played on a badminton court with a lowered net, a whiffle ball and large hand held paddles. This drop-in is for recreational play. Call at 9:30am on day-of for a drop-in spot. 7:20pm is the latest you can show up for your drop-in spot. No session Feb 17.

M Jan 13-Mar 31 7:15pm-8:45pm
530095 \$4.28/drop-in

Basketball

19+ yrs • Instructor: Non-Instructional

Recreational basketball. Drop-in \$4.28, space permitting.

Tu Jan 14-Mar 25 7:15pm-8:45pm
530094 \$39.27/11 sess

Indoor Soccer

19+ yrs • Instructor: Non-Instructional

Recreational soccer. Drop-in \$4.28, space permitting.

W Jan 15-Mar 26 7:15pm-8:45pm
530093 \$39.27/11 sess

Yoga

Yin Yoga

16+ yrs • Instructor: Kendra

This practice works deep into our body's tissues with long passive holds in gentle, releasing yoga poses while remaining down on the floor. Restoring the energy flow within our body and increasing circulation, flexibility, joint mobility and relaxation. All levels of yoga are welcome, modifications and guided use of props, breath work and meditation will be provided. Drop-in \$8, space permitting.

W Jan 8 1:15pm-2:15pm
539246 Free Trial

W Jan 15-Mar 5 1:15pm-2:15pm
537790 \$46/8 sess

Th Jan 16-Mar 13 5:15pm-6:15pm
537773 \$51.75/9 sess

ADULT SPORTS PARTICIPANTS

Registration Information

Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk before proceeding to the gym. All no-show spots will be sold at that time to drop-ins. Spots are non-transferable.

Drop-in Information

For drop-in lists, you may register yourself and one other person. Spots are non-transferable. Drop-ins based on space permitting.

Drop-in Procedures

First priority is for those who are registered. Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk. All no-show spots will be sold at that time to drop-ins. At 9:30am the day of the program, you may call 604.713.1818 ext.1 to put your name and ONE other person's name on the drop-in list. If there are any open spots, 5 minutes after the program start time, staff will announce the names from the drop-in waitlist.

Senior's Out-Trips

Instructor: Simon

You may have a maximum of 2 trips registered at any given time. *Cancellations without a doctor's note will be considered up to 72 hours before your trip. A \$4.00 administration fee will apply to cancellations without a note. Arrive 15 minutes early with a completed consent form. In-person registration at Thunderbird only. GST is applicable on all out-trips.



Museum of Vancouver

The museum creates Vancouver focused exhibits and programs that encourage conversations about what was, is and can be Vancouver. Permanent exhibitions tell the city's stories from the early 1900's to the late 1970's.

Th Jan 16 10:00am-2:00pm
526220 \$10/1 sess

New Westminster / Spaghetti Factory

Check out the many unique shops at River Market before strolling along the boardwalk. Browse Columbia Street for even more shopping options. We will have lunch together at the Spaghetti Factory (included) at a set time. (menu options will be limited to a set price).

Th Jan 30 10:00am-2:00pm
526222 \$20/1 sess

Langley C-Lover's Fish and Chips

Enjoy all you can eat fish and chips (included). After lunch you will have time to browse the pedestrian-oriented shopping area or maybe take a stroll on the Langley Mural Walk.

Th Feb 13 10:00am-2:00pm
526224 \$20/1 sess

Granville Island

Granville Island offers an indoor public market with colourful food, produce, handcrafted products and unique gifts. Browse one of the galleries showcasing a variety of talented artists. Lee's donut & coffee included.

Th Feb 20 10:00am-2:00pm
526225 \$10/1 sess

Wing Sang Building/ Chinese Canadian Museum

The Wing Sang building is now the permanent home of the Chinese Canadian Museum. The Sang building is the oldest structure in Vancouver's Chinatown honouring Chinese Canadian's history, contributions and heritage. You will have time to shop and have lunch in Chinatown after your visit.

Th Feb 27 10:00am-2:00pm
526226 \$10/1 sess



Dr. Sun Yat Sen Garden

Enjoy Canada's first classical Chinese Garden with covered walkways and beautiful pavilions. The jade green pond, koi fish, 150 year old miniature trees and tai hu rock imported from China are some of the highlights.

Th Mar 6 10:00am-2:00pm
526227 \$10/1 sess



George C. Reifel Bird Sanctuary

An 890 acre bird sanctuary on Westham Island in the Fraser River about 6 miles west of Ladner, BC. Over 230 species of birds have occurred at the sanctuary. Highlights for winter visitors are the tame Mallards and Black Capped Chickadees which will feed from the hands of visitors.

Th Mar 13 10:00am-2:00pm
526229 \$10/1 sess



Social

Social Dance

Instructor: Non-Instructional

Cha Cha, Rumba, and Jive to the classics and beyond to modern day tunes. We don't offer lessons but others are happy to teach you what they know. No partner necessary and all are welcome. Coffee and tea are provided. No session Feb 17.

M Jan 6-Mar 31 12:30 pm-2:30 pm
473945 \$1.50/drop-in

Social, Lunch and Games

Instructor: Estela & Jana

This program offers various table games and social time to enjoy with other older adults. Spend the afternoon playing cards, dominoes, crib and scrabble or just hang out and make a new friend. A light lunch is served between 12-12:30pm. In-person registration only.

Tu Jan 7-Mar 11 12:00pm-2:00pm
526231 \$6/1 sess

Soup's On

Instructor: Estela & Jana

A nutritional meal is served by enthusiastic youth volunteers between 5-5:30pm. The menu changes weekly based on food donations we receive from City Reach Care Society. Seniors are invited to stay and play a variety of table games after dinner. In-person registration only.

Th Sep 12-Dec 12 5:00 pm-7:00 pm
513622 \$2/1 sess

Chinese Speaking Seniors Group Social

Instructor: Non-Instructional

Singing, Tai Chi, Guest Speakers, seasonal celebrations and outings are among the activities to be enjoyed. There is an annual program fee of \$10 for fiscal year Sep 1-Aug 31 (not pro-rated).

F Jan 10-Mar 28 9:30 am-11:30 am
513678 \$10/Annual

Workshops



COSCO Senior's Health and Wellness

Aging in Place

Most older Canadians would prefer to stay in their homes as they age but only 1 in 4 are confident they will be able to do so. This workshop outlines the advantages as well as the challenges of aging in place. Nine aspects of daily living are considered to help participants evaluate how prepared they are to do so.

Tu Mar 11 12:30pm-1:30pm
526215 Free



Residential Tenancy for Older Adults

Presented by their legal advocate, this includes information on the rights of landlords and tenants. Learn the process involved in dispute resolution according to residential Tenancy Law in BC.

Tu Feb 11 12:30pm-1:30pm
533828 Free



Senior's Talks with Hastings Sunrise Community Policing

Join the Hastings Sunrise Community Policing Centre staff and volunteers for senior's talks on crime prevention and safety programs following the senior's lunch program.

Tu Jan 21 12:15pm-1:00pm
535590 Free

Skeena High-Rise Residents Programs

Coffee Cart

Instructor: Jana

Jana will be dropping by with the coffee cart. She will bring handouts and reminders of the weeks activities. Sign up for a trip you would like to join when you see her. This program is for Skeena high-rise residents only. No session Feb 17.

M Jan 6-Mar 10 10:00 am-11:30 am

Skeena- Morning Bingo and Lunch

Instructor: Jana & Estela

Skeena high-rise tenants are invited to join Jana in the dining room for weekly bingo and social time followed by lunch with Estela.

W Jan 8-Mar 12 10:30am-1:00pm

Skeena- Coffee Break

Instructor: Jana

Join Jana in the dining room on Thursday mornings for a cup of coffee or tea. Grab a word search or sudoku or just socialize with others. There will be seasonal craft project from time to time. Watch for the posters.

Th Jan 9-Mar 13 10:30am-12:00pm

Shopping Shuttle-Skeena Terrace & Beulah Garden

Driver: Simon

Simon will pick you up in the parking lot (Skeena) or in front of Aspen Green (4th Ave) or in front of the Bentall building (5th Ave) and take you to several local retail stores in the immediate area. This is a great time to pick up those heavier items so you don't have to walk home with them. The dates and times will be posted at Skeena and at Beulah. This program is for Skeena and Beulah residents only.

F Jan 10 & 17 9:30am-12:00pm
F Feb 7 & 21 9:30am-12:00pm
F Mar 7,14 & 21 9:30am-12:00pm

Dance

Contemporary Line Dance

55+ yrs • Instructor: Irene

This modern line dance class incorporates contemporary music and dance steps including Cha Cha, Tango, Rumba, Waltz, Mambo, Salsa, Cumbia, Hustle, Twist, Disco, Jitterbug and Electric Slide. Drop-in \$4.00, if space permits. No session on Feb 17.

M Jan 13-Mar 17 10:30am-12:00pm
530241 \$28/9 sess

Educational

Technology Workshop for Older Adults

55+ yrs • Instructor: Youth Leader

Are you having trouble with your electronic devices, or simply want to learn more about the functionality behind your phone and tablet? Sign up for a free session and have our very own Thunderbird Youth Leaders show you tips and tricks on how to make connecting with family and friends online easier than ever! When registering, if you have your own device, please specify the one you'll bring in.

Sa Jan 18 11:00am-12:00pm
530108 Free
Sa Feb 15 11:00am-12:00pm
530110 Free
Sa Mar 8 11:00am-12:00pm
530109 Free

Lunar New Year Chinese Calligraphy Workshop

16+ yrs • Instructor: Tony

See page 18.

F Jan 24 5:15pm-7:15pm
538931 \$10/person

Music



Chinese Choir 長者中文歌唱班

55+ yrs • Instructor: Catherine

For anyone who loves singing and would like to learn some techniques to improve their singing skills. Learn how to breathe, read the music notes, count the beat and more while enjoying the singing with a group of friends. Drop-in \$4.

讓我們一起探索音樂之美，在愉悅的氣氛中學習唱歌技巧，包括呼吸控制、音準及節奏的掌握、情感表達等，找到個人風格與舞台魅力，發掘自己的天賦！

W Jan 15-Mar 12 10:00am-11:30am
530088 \$31.50/9 sess

Sports

Fundamental for Yang Style Tai Chi for Beginners

19+ yrs • Instructor: Art

Learn the basic techniques of Yang Style Tai Chi from Art Lum, an experienced instructor with over 20 years of teaching. Art began his Tai Chi journey in 1967 under Master Yiu Kwong in Hong Kong. In 2012, he expanded his practice by studying Hunyuan Tai Chi and Qigong with Master Feng Xiu Fong, daughter of Grandmaster Feng Zhiqiang, the founder of Hunyuan Tai Chi. This class covers the 24-form Yang Style Tai Chi, with instruction available in both English and Cantonese.

Tu Jan 14-Feb 11 9:05am-10:50am
538236 \$15/5 sess



Table Tennis & Pool Table (Drop-in Only)

55+ yrs • Instructor: Non-Instructional

Come and join us for friendly single and double competitions, have some fun, meet new people and get some exercise while doing something you enjoy. We have 3 tables tennis and 1 pool table available. All levels are welcome. Drop-ins \$1, space permitting. Limited equipment is available.

Tu Jan 14-Mar 11 10:00am-12:00pm
530099 \$0.95/drop-in
Th Jan 16-Mar 13 10:00am-12:00pm
530098 \$0.95/drop-in



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

FITNESS CENTRE



HOURS OF OPERATION

Mon-Fri 9:00 am-8:50 pm
 Sat. 9:00 am-4:50 pm
 Sun Closed
 Dec 22-Jan 5 Closed
 Feb 17..... 10:00 am-1:50 pm

ADMISSION FEES

Type	Single drop-in	10-visit pass	1 month	3 months
Adult (19-54 years)	\$4.00	\$36.00	\$31.00	\$78.00
Youth (13-18 years)	\$2.50	\$22.50	\$16.00	\$40.00
Senior (55+ years)	\$2.50	\$22.50	\$16.00	\$40.00

Prices listed above include tax. Fees are subject to change.

You need to be 13 years and older to use the fitness centre. Thunderbird Fitness Centre passes only work at Thunderbird Community Centre. Please inquire about a *Flexipass* should you wish to use other fitness centres, pools and ice rinks within the Vancouver Park Board system.

LOCKERS

We have lockers available to store any larger items like a backpack and jacket while you workout. Please bring your own lock. *Overnight storage is not available. Any locks found at the end of the night will be cut off.

If you have smaller items only, such as keys and a wallet, we have a wallet locker available. A lock is not required, you can set your own combination.

LEISURE ACCESS PROGRAM

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees. For more information, please visit:
<https://vancouver.ca/parks-recreation-culture/leisure-access-card.aspx>



FACILITY RENTALS

Room	Square Footage	Capacity	Rates Operational Hours*	Rates Non-operational Hours
Meeting Room	320	15 people	\$25/hour	\$50/hour
Small Activity Room	620	30 people	\$25/hour	\$50/hour
Multi-purpose Room	1200	100 people	\$55/hour	\$80/hour
Gymnasium	4200		Not available	\$70/hour

*Operational Hours: See page 3 for operating hours.

Non-operational hours: Rates include a rental supervisor, and require a minimum rental of 2 hours. A \$200 damage deposit may be required upon booking.



Meeting Room



Multi-Purpose Room



Small Activity Room



Gymnasium

Policy & Procedures

The setup and clean-up is the responsibility of the rental group and time for this should be included in the booking. Failure to do so within the rented time will result in additional charges.

Only tables and chairs (and nets for gym rentals) are provided. All other equipment must be brought in by the rental group.

No helium balloons, outside bouncy castles, open flames, or confetti is allowed. No alcohol may be served on the premises.

Instructional programs and business sport leagues are not permitted as rentals.

Check Availability & Submit Rental Request

To check availability or to submit a rental request, email thunderbirdcc@vancouver.ca with the specifics of your rental request, or visit the front office to pick up a rental request form.

Reservation requests are reviewed within 5-10 business days. Staff will contact you directly regarding the next steps to secure your booking. Room rental requests with less than 7 days notice may not get processed.

Rental Confirmation & Payment

Rentals are not confirmed until payment is made and, if applicable, proof of insurance coverage has been submitted.

Payments must be fully paid at least 1 week prior to your first rental date, otherwise the rental will be cancelled without notice.

Cancellations must be made at least 7 days prior to the rental date/time for a single rental date, or 30 days prior to the rental date/time for seasonal rentals/weekly reservation dates.

Contact us: 604-713-1818 · thunderbirdcc@vancouver.ca

RELAX AND ENJOY YOUR

Birthday Party

at Thunderbird Community Centre!

Multipurpose Room Package \$185

All the fun is packed in the Multi-Purpose Room! Includes a small bouncy castle, plasma cars, bouncy toys and toys. Ideal for children aged 3 and under, but up to 5 years old is allowed. This package is for approximately 15 children and 35 adults, for a total of 50 guests.

Saturdays

2:30pm-4:30pm

Sundays

11:00am-1:00pm

2:00pm-4:00pm



Gymnasium Play-Gym Package \$210

Ideal for older children (up to 8 years of age), our play gym includes a large bouncy castle, plasma cars, toys, soft blocks, and sports equipment. This package is for approximately 25 kids and 45 adults, but up to 100 guests is the maximum (30 kids and 70 adults).

Saturdays

11:30am-1:30pm

2:00pm-4:00pm

Sundays

10:00am-12:00pm

12:30pm-2:30pm

3:00pm-5:00pm



Spots are limited, so book early!

Call 604-713-1818 for more information.

- All bookings are first come-first serve. Bookings must be paid to secure your spot. Waitlisting is not available.
- A damage deposit of \$100 is required for each party time slot.
- Table covers are mandatory and are available at the Centre for \$1.50/table cover.

- No access to a kitchen, fridge or freezer.
- 30 day minimum for full refund minus \$25 admin fee. See page 2 for more details for withdrawing or transferring.
- Visit www.thunderbirdcc.ca for a full list of policies.
- TSBC License #LAM0200026