THUNDERBIRD COMMUNITY CENTRE

WINTER 2026 RECREATION GUIDE



REGISTRATION BEGINS:

Catchment: Sat, Nov 9 (In-Person) | **Public:** Sat, Nov 22

2311 Cassiar Street, Vancouver, BC, V5M 3X3 | 604-713-1818 | thunderbirdcc@vancouver.ca | www.thunderbirdcc.ca

Jointly operated by the Thunderbird Neighbourhood Association and the Vancouver Board of Parks & Recreation

THUNDERBIRD NEIGHBOURHOOD ASSOCIATION

MISSION STATEMENT

Our mission is to provide educational, cultural, recreational and social service programs to the Thunderbird catchment area.

TNA BOARD

Executive Directors

President..... Joan Poon
Secretary.....TBD
Treasurer..... Sandra Marino

Directors at Large

Samuel Ho, David La Vallee, Benny Mah, Tiffany Gu

Program Committee

David La Vallee, Iraj Khabazian, Tina Panella, Jessica Wong

MEMBERSHIP

Membership in the Society is free to everyone who registers for a program or event, or purchases a Fitness Centre monthly pass at Thunderbird Community Centre. Parents or guardians who register their children for programs/events, Fitness Centre passes at Thunderbird CC automatically become members in the Society. Registered memberships expire each year on December 31.

AGM Participation Membership: Any person over 16 years old who is a member or pays the prescribed AGM Participation Fee, 30 calendar days prior to the AGM, can vote at our AGM. This membership is valid from Jan 1 to Dec 31.

PROGRAM REGISTRATION

Program registration is on a first come first served basis. We accept cash, debit or credit cards. Please keep receipts for tax purposes. There will be a $1 charge for each duplicate receipt.

REFUND & TRANSFER POLICY

Programs may be cancelled and instructors may change during the season due to unforeseen circumstances. Refunds under $5 will be issued as credit.

Regular Programs – per person/per course

- 2 days before the 2nd scheduled class for a prorated refund
- Refunds are subject to $4 admin fee
- Transfers are subject to a $2 admin fee

One or two-day programs and out-trips must be requested 48 business hours in advance unless otherwise noted. Business days are deemed Mon-Fri.

Day Camps (per child/per week)

- 14 days prior to the start date
- Refunds are subject to $8 admin fee
- Transfers are subject to a $4 admin fee

Birthday Parties

- Minimum 30 days prior to the party date for full refund minus $25 admin fee
- 14-29 days prior to party date for deposit & 50% of party fee refund
- No refund less than 14 days before party date
- Transfers are subject to a $4 admin fee; no transfers within 30 days of the scheduled party
- Birthday party transfers may only be made to a different date and cannot be transferred to a different child

MISSED CLASSES & ATTENDANCE

Many of our programs are free or subsidized, and for this reason, we may withdraw a participant from a program when they have missed three consecutive classes. This allows for another participant to have the opportunity to join the program. If no registered participants arrive within 15 minutes of start time, the instructor may leave.

NSF CHEQUES

$35 admin fee for each returned cheque.

LEISURE ACCESS PROGRAM

The Vancouver Park Board Leisure Access Program (LAP) provide Vancouver residents who have limited income 50% off one program, per season, per person or Fitness Centre monthly membership. If a program has additional sets, the discount can apply to all sets of the same program only. Please inform the Front Office staff to apply the discount to additional sets.

Applications for LAP are available at our front office. In order to qualify for the program, you must be a resident of Vancouver and meet family income guidelines on the application form. We do not retroactively apply LAP discounts – you must be active in the program at the time of registration.

For more information, contact the front office or visit www.vancouver.ca/leisureaccess.

SUBSIDIES AVAILABLE

Most programs at Thunderbird are subsidized and the fees are set at the lowest reasonable rates. However, the Association may be able to provide additional subsidies upon request. Please email the Recreation Programmer or inquire at the front office for further subsidy information.

SAFE ACCESS FOR EVERYONE

We are committed to creating welcoming parks and recreation services for all. We ask that our patrons treat each other and staff with dignity and respect.

PRIVACY POLICY

Any personal information you provide to us is collected, used and disclosed in accordance with the Freedom of Information & Protection of Privacy Act (FOIPPA) and/or the Personal Information Protection Act (PIPA). The information will only be used for the purpose of administering recreation programs, informing you of our services and benefits and for statistical purposes.

HOURS OF OPERATION

Mon-Fri . . . . . 9:00 am-9:00 pm
Sat. . . . . 9:00 am-5:00 pm*
Sun . . . . . Closed
Dec 20-Jan 4 . . . . . Closed
Family Day, Feb 16 . . 10:00am-2:00pm
Fitness Centre: Closes 10 minutes before building closure
* Office closes at 4:30 pm

REGISTRATION

In-Person at 2311 Cassiar St.
Catchment*:. . . . . Sat, Nov 8, 9 am
Public: . . . . . Sat, Nov 22, 9 am

**Catchment registration is in person only. Must bring proof of address. You may only register for yourself or immediate family. Please see Catchment Registration below for more information.*

Online at vanrec.ca
Starting Sat, Nov 22 at 9 am

Phone us at 604-713-1818
Starting Sat, Nov 22 at 12 pm, and then during regular office hours.

ACKNOWLEDGING THE UNCEDED TERRITORIES

Thunderbird Community Centre is situated on the unceded traditional territories of the xʷməθkʷəy̓əm (Musqueam), Sḵwx̱wú7mesh (Squamish), and səlilwətaɬ (Tsleil-Waututh) Nations.

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MEET THE STAFF

Community Youth Worker. . . . . Priya Brar
Family & Senior Worker . . . . . Lorraine Chow
Out of School Care Supervisor . . Kristine Wong
Preschool Supervisor . . Andrea Clark Geraghty
Recreation Facility Clerk . . . . . Aimée Mergaert
Recreation Programmer . . . . Isabella Metcalfe
Recreation Supervisor . . . . . TBD

CATCHMENT REGISTRATION

Catchment registration allows priority registration for residents living between the north side of Grandview Hwy to the south side of East 1st Ave and the east side of Renfrew Street to the west side of Boundary Road.



Registration during catchment registration is for yourself or your immediate family. To be applicable for catchment registration, you must register in person and bring the following:

- 1 piece of government-issued photo identification (driver's license, BC ID, passport), and
- 1 piece of a bill issued within 30 days showing your name and address (BC Hydro, cable, internet bill), or
- for your child(ren), the most recent Thunderbird Elementary report card

Thunderbird Preschool

604-713-1827 · thunderbird.preschool@vancouver.ca

Our long-running, licensed, and inclusive preschool provides a warm, caring, multicultural environment for 3-5 year olds. All teachers are experienced and certified Special Needs Early Childhood Educators.

Fall 2025 Spaces are Full - Waitlisting Available

Please email **thunderbird.preschool@vancouver.ca** to be added to the waitlist.
AFFORDABLE CHILD CARE BENEFITS available. Contact Andrea for more information.

Thunderbird Preschool is now a $10 a day child care centre.
(Preschool is only $7 a day)

Thunderbird Preschool follows the "Get Set for School®" curriculum to prepare our Pre-K's for Kindergarten. For more info: www.lwtears.com

Morning Preschool (3-5 yrs old)
Monday to Friday 9:00 am-11:45 am (2.75 hours)
FEES: $140/month

Afternoon Preschool (3-5 yrs old)
Monday to Thursday 12:15 pm-3:00 pm (2.75 hours)
FEES: $112/month

Meet the Staff

Andrea Geraghty, Supervisor
Andrea has been a preschool teacher at TBird CC for over 30 years. She was ECE trained at Kwantlan University College & completed her Special Needs training at Langara College.

Marina Lee, Special Needs Teacher
Marina is returning for her 8th year at TBird. She received her ECE, Special Needs and Infant/Toddler Diploma from Langara College. She also has a BSc from UBC.

Jenna Lee, Special Needs Teacher
We'd like to welcome Jenna to our team this year as she will be replacing Danielle in the fall. Jenna joins us with over 10 years of experience in the field, holding a Special Needs/IT ECE Diploma in addition to a BCST, an MA in TESOL, and a BComm.

Kim Nguyen, Child Care Assistant
Kim is returning this year as our Child Care Assistant and Special Needs Support Teacher. Kim received her ECE Assistant Certificate from CAPU.

Stephanie Wang, Special Needs Teacher
Stephanie was our SN practicum student last year, and we are happy to have her back part-time this fall as a teacher and support worker. Stephanie just completed her ECE Special Needs/IT training at VCC.

Out of School Care

For more information, contact Kristine at 604-713-1830 or Email: tbirdosc@gmail.com



Our hours are 7:30 am- 9:00 am & 3:00 pm-6:00 pm on school days and 8:00 am-5:30 pm on full days.

Our program offers a wide variety of challenging and fun activities before and after school for children aged 5-12 years who attend Thunderbird Elementary School. We aim to provide a positive, safe and inclusive experience through social, recreational & physical activities.

Breakfast and after school snacks are provided daily.

This program is currently full and accepting children on our wait list.

Program Cost: Before and After School Care $200/month

Community Action Programs for Children (CAPC)

CAPC Programs 0-6yrs F.A.S.T.(Family & Staff Team) is committed to develop CAPC Families Branching Out as a parent-directed initiative that serves to increase the health and well being of young children and families. The team meets monthly to identify common issues that concern families and work together to develop programs, share resources & plan special events. Childcare and lunch are provided to ensure that the meeting is accessible.

F.A.S.T. Meeting

0-6 yrs • Instructor: Lorraine

If you have a child 0-5 years old and would like to join the F.A.S.T. please email lorraine.chow@vancouver.ca for more information.

W	12:15 pm-2:15 pm
Feb 11	Kiwassa NH
Mar 11	Thunderbird CC

Books For Me

0-6 yrs • Instructor: Non-Instructional

Books For Me runs one Monday a month with hundreds of new and gently used books for preschoolers on display. Each family member may choose one book to take home and keep as their own. Free

M Jan 19, Feb 23, Mar 9 10:00 am-11:00 am



Thundertots

1-4 yrs • Instructor: Ronnie

What is Physical Literacy? Join us Friday afternoons with your 1-4 years old and together you will explore motivation and confidence, physical competence, knowledge and understanding for engagement of physical activities for life. Parent participation is required. No program Feb 13. Free

F Jan 9-Mar 13 12:30 pm-1:30 pm

Family Drop In

0-6yrs • Instructor: Clara & Ronnie

Calling all parents with little ones for a variety of fun activities in the family drop-in. Educational toys, crafts and books are geared towards making learning fun. Parents have the opportunity to socialize and share information with each other. No program Feb 16. Free

M W F Jan 5-Mar 13 10:00 am-1:00 pm



Family Drop In & Grandma's Kitchen

0-6 yrs • Instructor: Clara & Ronnie

Join us for a multi-cultural lunch, led by grandparents in the community. There are visits from the health nurse who can answer questions, share resources and make referrals. Free

Th Jan 8-Mar 12 10:00 am-1:00 pm



Saturday Family Fun

0-6 yrs • Instructor: Kim

This program offers families with young children an opportunity to participate in a variety of fun activities, arts and crafts and time to socialize with other parents. Free

Sa Jan 10-Mar 14 10:00 am-1:00 pm

Parenting Workshops/ Services

We offer occasional workshops and talks from various agencies and facilitators to support families on difficult issues. Learn about community resources, government programs, parenting in Canada, how to find employment, the school system and more. Watch for posters in the Family Drop-in. Free



Daycare Providers: A max of 3 children per daycare provider is permitted in our programs.

PRESCHOOL & CHILDREN SPRING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MCKids Minecraft 8-12 yrs 4:35pm-5:35pm	**Art Jam** 4-5 yrs 3:30pm-4:30pm	**EFK: Java Minecraft** 6-10 yrs 3:30pm-5:30pm	**Ukulele Lessons** 5-18 yrs 3:30pm-7:00pm	**Thundertots** 1-4 yrs 12:30pm-1:30pm	**Outdoor Soccer** 3-12 yrs 9:00am-9:45am 9:45am-10:45am
Head Start Math – K 5-6 yrs 3:30pm-4:45pm	**Act Dance Sing Fun!** 8-16 yrs 3:50pm-4:45pm	**Young Phonics - K** 5-6 yrs 3:30pm-4:45pm	**Chess Club Int/Adv** 6-13 yrs 3:30pm-4:30pm	**Chinese Calligraphy** 6-13 yrs 3:30pm-5:00pm	**My First Dance Class** 2-4 yrs 9:30am-10:00am
Mandarin Gr. 1 7-12 yrs 3:30pm-4:30pm	**Creative Canva** 7-10 yrs 4:00pm-5:00pm	**Piano Lessons** 5-18 yrs 4:00pm-8:00pm	**Anime Art Adventure** 10-14 yrs 4:30pm-6:30pm	**Head Start Math Gr. 2** 7-8 yrs 3:30pm-5:00pm	**Snappy Snackers** 8-11 yrs 9:10am-10:00am
Krafty Kids 7-12 yrs 4:00pm-5:00pm	**Dungeons & Dragons** 11-14 yrs 4:15pm-6:15pm	**Young Phonics Gr. 1** 6-7 yrs 4:45pm-6:00pm	**Chess Club Nov/Str** 6-13 yrs 4:30pm-5:30pm	**Piano Lesson** 5-18 yrs 3:30pm-6:30pm	**Piano Lessons** 5-18 yrs 9:30am-3:00pm
Taekwondo Beginner 6-18 yrs 4:35pm-5:30pm	**Cartoon** 6-8 yrs 4:40pm-5:40pm	**Soccer** 6-8 yrs 5:00pm-6:00pm	**Karate** 7-18 yrs 5:30pm-7:00pm	**Tennis: Junior Aces** 7.5-10 yrs 3:45pm-4:45pm	**Let's Learn Mandarin 1** 7-9 yrs 10:00am-11:00am
Mandarin Gr. 2 7-12 yrs 4:35pm-5:30pm	**Active Jazz Funk, Pop Dance, & K-Pop** 6-13 yrs 4:45pm-5:45pm	**Swim & Skate** 8-12 yrs 5:00pm-9:00pm		**Tennis: Jr Fundamentals** 7.5-10 yrs 3:45pm-4:45pm	**Little Ballerinas** 3-5 yrs 10:15am-11:00am
MCKids Minecraft 8-12 yrs 4:35pm-5:35pm	**Basketball** 6-8 yrs 5:00pm-6:00pm	**Soccer** 9-12 yrs 6:00pm-7:00pm		**Drum/Guitar Lessons** 5-18 yrs 6:00pm-8:30pm	**Mini Chefs** 9-12 yrs 10:15pm-11:15am
Head Start Math Gr. 1 6-7 yrs 4:45pm-6:00pm	**A Ballet Time With Strength & Stretch** 6-13 yrs 5:45pm-6:45pm				**Hip Hop Breakers** 3-5 yrs 11:05am-11:50am
Drum/Guitar Lessons 5-18 yrs 6:00pm-8:30pm	**Character Design** 9-12 yrs 5:50pm-6:50pm				**Let's Learn Mandarin 2** 8-12 yrs 11:05pm-12:05am
	Basketball 9-12 yrs 6:05pm-7:05pm				**Hip Hop Jazz** 6-11 yrs 11:55am-12:55pm
	Active Jazz Funk, Pop Dance - Family +1 yrs 6:45pm-7:45pm				**STEM It** 5-8 yrs 12:30pm-1:30pm
					Learn How to Code 9-14 yrs 1:00pm-3:00pm
					123, ABCs 4-6 yrs 1:45pm-2:45pm
					Creative Reading & Writing for Kids 7-10 yrs 3:00pm-4:00pm

Register early! Classes will get cancelled if we do not meet minimum numbers of participants.
Please note: schedule is subject to change due to instructor availability and enrolment numbers.

Legend: Arts/Music · Dance · Educational · Sports

PRESCHOOL

Creative Arts

Art Jam with a Disney Animator

4-5 yrs • Instructor: Happy Kids Studios

Create concept drawings, learn about colour palettes, and develop freehand drawing skills in this specialized class. Instructed by a former Disney Animator from Happy Kids Studios.

Tu	Jan 13-Feb 10	3:30 pm-4:30 pm
584836		$75/5 sess
Tu	Feb 17-Mar 24	3:30 pm-4:30 pm
584837		$90/6 sess

Dance

Hip Hop Breakers

3-5 yrs • Instructor: Endorphin Rush Dance

Let's move and groove! This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Through the season we will work on a choreographed dance. Get ready to cheer with gusto! Please bring a filled water bottle each day.

Sa	Jan 10-Mar 7	11:05 am-11:50 am
584023		$63/9 sess

My First Dance Class

2-4 yrs • Instructor: Endorphin Rush Dance

An introduction to creative dance. Aspiring little dancers, along with their guardians, will use songs, movement explorations and games to explore coordination, rhythm, spatial awareness and cooperation. This class for the youngest of dancers to experience a playful class with the support of their parents/guardian present. Parent/guardian participation is required.

Sa	Jan 10-Mar 7	9:30 am-10:10 am
584025		$63/9 sess

Educational

123, ABCs

4-6 yrs • Instructor: Crystal

123 ABCs is a playful and engaging introductory program that helps young learners build a strong foundation in early literacy and numeracy. Children will explore the alphabet and numbers through fun worksheets and hands-on activities. They'll begin to understand basic phonics, learn to recognize and sound out words, write simple sentences, and read a variety of words. Through interactive storybook reading and number play, kids will also learn to recognize and form different types of numerals all while building confidence and a love for learning!

Sa	Jan 10-Feb 7	1:45 pm-2:45 pm
584645		$40/5 sess
Sa	Feb 14-Mar 14	1:45 pm-2:45 pm
584646		$40/5 sess

Sports

Outdoor Soccer

3-5 yrs • Instructor: Marvin

Using child-friendly soccer equipment and basic soccer drills, your child will learn the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

Sa	Jan 10-Mar 14	9:00 am-9:45 am
584771		$90/10 sess

BRITISH COLUMBIA
Supported by the Province of British Columbia

We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.



Parent and Tot Gym

0-6 yrs • Caregiver Participation Required

Jump on the bouncy castle or swing on the jungle gym! Join in on this time for your child to socialize and play in the gym. Parent participation is required. No session on Oct 25. TSBC license #LAM0200026 Organized birthday parties are not allowed during our parent & tot gym program.

Sa	Jan 17-Mar 14	9:30 am-11:00 am
589432		$2/drop-in; $18/10-visit card

Family Day Parent and Tot Playtime

0-5 yrs

Join us for a special parent and tot playtime with arts and crafts, face painting and caricature drawing! Parent participation is required. TSBC License #LAM0200026

M	Feb 16	10:30 am-12:30 pm
586053		Free



PARENT/GUARDIAN RESPONSIBILITY

All children under the age of 10 are required to have a parent, guardian or person 16 years or older supervise when not attending a registered program. The staff at Thunderbird are not responsible for children left unattended after programs have finished. Parents/guardians are responsible for picking up their children as soon as their programs have ended.

DURING THE CLASS

We kindly ask all parents/caregivers to wait outside the program space during their child's participation.

PHOTOS/VIDEOS

For the safety and privacy of all participants, please refrain from taking photos and videos of the class. Should Thunderbird CC staff take photos of the class, you will be asked to sign a consent form. Photos taken by staff may be used for the purposes of promotion, including in our Recreation Guides, website and social media.

SUPPORTED PARTICIPANTS

Participants that require additional support (i.e. support worker) during the program are welcome but the support worker must have a valid Police Information Check on file. Please speak with the Recreation Programmer for additional information.

LATE PICK UP POLICY

It is the responsibility of the parent/guardian to ensure that children under the age of 10 are picked up as soon as the program has ended. There will be a late fee of $2 each minute per child for late pick up.

CHILDREN

Computer Programs

MCKids Minecraft

8-13 yrs • Instructor: Anna

Optimize your child's social-emotional skills while we explore hands-on weekly lessons connecting learning in Science, History, Engineering, Math and pre-programming learning. Collaborate with students in the room, and at home, on quests and in-game activities. Practice keyboarding skills and learn more about the tools that can help us do amazingly creative things in our Java edition, Minecraft game. Get to know the MCKids community and how we play together through informed, regulated behaviour and healthy conduct.

M	**Jan 12-Mar 9**	**3:30 pm-4:30 pm**
584866		$84/8 sess
M	**Jan 12-Mar 9**	**4:35 pm-5:35 pm**
584867		$84/8 sess



Creative Arts

Anime Art Adventure

10-14 yrs • Instructor: Afeni

Dive into the world of anime and create your very own anime characters! Learn drawing styles inspired by popular anime artists, explore fun techniques, and bring your unique designs to life in this hands-on art class!

Th	**Jan 15-Mar 12**	**4:30 pm-6:30 pm**
584747		$80/9 sess

Cartoon with a Disney Animator

6-8 yrs • Instructor: Happy Kids Studios

Learn to tell stories through drawings and by working on character development, thumbnails, layout pages, panelling and more. Instructed by a former Disney animator from Happy Kids Studios.

Tu	**Jan 13-Feb 10**	**4:40 pm-5:40 pm**
584838		$75/5 sess
Tu	**Feb 17-Mar 24**	**4:40 pm-5:40 pm**
584839		$90/6 sess

Character Design with a Disney Animator

9-12 yrs • Instructor: Happy Kids Studios

Focus on creating appealing characters in animation, comics, games and more. Instructed by a former Disney animator from Happy Kids Studios.

Tu	**Jan 13-Feb 10**	**5:50 pm-6:50 pm**
584840		$75/5 sess
Tu	**Feb 17-Mar 24**	**5:50 pm-6:50 pm**
584841		$90/6 sess

Chinese Calligraphy for Kids

6-13 yrs • Instructor: Tony

The Chinese Calligraphy for Kids program encourages young children to connect with Traditional Chinese culture by painting Chinese characters and motifs. During the course, children will learn to write with a brush pen. They will master regular strokes, character and even a little Chinese cursive writing. Internationally recognized calligrapher Tony Du takes children from their first strokes to writing artworks, opening a window into the fascinating history of Chinese characters. Children will develop a solid foundation in Chinese calligraphy from this program.

F	Jan 16-Mar 13	3:30 pm-5:00 pm
584630		$90/9 sess



Creative Canva - For Young Graphic Designers

7-10 yrs • Instructor: Vivienne

Creative Canva - For Young Graphic Designers is a fun and interactive program designed to introduce young creators into the world of graphic design! Through engaging lessons and hands-on activities, kids will learn how to use Canva to make eye-catching posters, fun graphics, digital holiday cards, book covers, cool online art, and so much more! With easy-to-follow instructions and creative challenges, this program helps kids develop design skills while letting their imagination run wild.

Tu	Jan 13-Mar 10	4:00 pm-5:00 pm
584034		$45/9 sess

Creative Reading and Writing for Kids

7-10 yrs • Instructor: Vivienne

Is your child curious about the magic behind great stories? In this class, students will explore the are of storytelling by learning how to develop deep characters, imaginative and compelling plots. Classes combine reading, writing and creative activities such as collaborative story games, interactive read-aloud, and novel studies in a fun and supportive environment. Designed for young storytellers, this program fosters creativity, critical thinking, and love stories in all forms.

Sa	Jan 10-Mar 14	3:00 pm-4:00 pm
585278		$50/10 sess



Krafty Kids

7-12 yrs • Instructor: Ryan

In this class, students will strengthen their unique independent artistic skills using a variety of mediums, such as watercolour, textiles, clay, acrylics, scrapbooking, jewelry and many more! Every session is filled with fun creativity, and the chance to make your own imaginative creations. Join us to explore a vast world of colours, shapes, and endless crafty possibilities! No session Feb 16

M	Jan 12-Mar 9	4:00 pm-5:00 pm
584753		$56/8 sess

Mini Chefs

9-12 yrs • Instructor: Ryan

Join us at Mini Chefs and discover how to create a variety of delicious foods and snacks every week. Please bring a reusable container to each class.

Sa	Jan 10-Mar 14	10:15 am-11:15 am
584754		$72.50/10 sess

Snappy Snackers

6-8 yrs • Instructor: Ryan

Are you an aspiring chef? Do you like to snack? Then come join the class. Please note that Tupperware or any re-useable container will be required for each class.No session Nov 22

Sa	Jan 10-Mar 14	9:10 am-10:00 am
584755		$65/10 sess

SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

Dance

Hip Hop Jazz

6-12 yrs • Instructor: Endorphin Rush Dance

Combine the style of hip-hop with the technical dance skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please bring running shoes and wear comfortable stretchy clothing and non-marking shoes. Please bring a filled water bottle each day.

Sa	**Jan 10-Mar 7**	**11:55 am-12:55 pm**
584024		$76.50/9 sess

ILLUMA STUDIO CLASSES

No previous experience required. Learned skills showcasing will be announced throughout the course. Dress: dry indoor shoes with non-marking soles preferred (especially during rain/snow season), comfortable sports / loose / baggy clothing & face covering (as needed). Bring your water bottle and sufficient nut free snacks to fuel your student for an energetic workout! Class curriculum will be different between same-subject sessions throughout the year; we welcome repeat students at our classes! Find us on FB/IG @illumastudio. Drop in $10, space permitting.

A Ballet Time with Strength and Stretch

6-13 yrs • Instructor: ILLUMA Studios

Come learn proper breathing, strengthening, stretching and all the fundamentals of ballet. Students will enjoy a better understanding of their body and develop muscle memory. Having learned the essentials of ballet, our goal is for the student to improve physical awareness, have stronger core muscles, increase flexibility and stand tall with confidence. Drop-in $10, space permitting.

Tu	**Jan 13-Mar 10**	**5:45 pm-6:45 pm**
584035		$90/9 sess

Active Jazz Funk and Pop Dance & KPOP Sampler

6-13 yrs • Instructor: ILLUMA Studios

Come experience high dynamics cardio dance and Jazz Funk and Hip Hop fundamentals while vibing to Korean and Asian Pop Music! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Learn $10, space permitting.

Tu	**Jan 13-Mar 10**	**4:45 pm-5:45 pm**
584037		$90/9 sess

Active Jazz Funk, Hip Pop & KPOP Dance Sampler - Family

1+ yrs • Instructor: ILLUMA Studios

As a family, come experience high dynamics cardio dancing! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and rise to a new challenge. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge! Both child and parent are required to register. Both registrations must be done separately. Drop-in $10, space permitting.

Tu	**Jan 13-Mar 10**	**6:45 pm-7:45 pm**
584038		$90/9 sess





Day Camp

Bricks Stop Motion Animation

7-12 yrs • Instructor: Film Camp In A Box

Fill your week with action, adventure and a lot of comedy with Film Camp in A Box. Mentored by master filmmakers, campers will engage in hands-on exploration of the stop motion animation process, including pre-production, production, and post-production. Working in small crews, they will learn about stop motion animation, set design, script writing and editing. Campers will then create their own stop motion animation utilizing their own LEGO® Bricks/LEGO® Mini-figure figurines. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

M-F	**Mar 16-Mar 20**	**9:00 am-4:00 pm**
584828		$360/5 sess

Bricks Stop Motion Animation

9-14 yrs • Instructor: Film Camp In A Box

Lights, camera, action! Step into the world of filmmaking with Film Camp in a Box. In this hands-on camp, young filmmakers will explore every stage of production from scriptwriting and cinematography to digital editing using tools like Final Cut, iMovie, and Canva. Equipped with 4K cameras, drones, green screens, and more, campers will create and star in their own short film and movie trailer. They'll enhance their projects with special effects, music, and AI-composed soundtracks. The week wraps up with a red-carpet premiere on the final day, showcasing their cinematic masterpieces. Unleash your creativity and experience the magic of filmmaking!

M-F	**Mar 23-Mar 27**	**9:00 am-4:00 pm**
584829		$360/5 sess



Pro D Day Camp

6-12 yrs • Instructor: TBD

Looking for a fun and active way for your child to spend their day off school? Join us for our Pro D Day Camp at THCC! Kids will enjoy a full day of games, crafts, sports, and exciting activities led by our enthusiastic staff!

F	**Feb 13**	**9:00 am-3:30 pm**
584619		$28/1 sess

Spring Break Day Camp

6-12 yrs • Instructor: TBD

Get ready for an action-packed week of fun! Join us this Spring Break for exciting local outings, creative crafts, epic games, and tons of sports and activities. Each day, we will bring something new - whether we're exploring the community, making cool projects, or getting active with friends. Our camp is the perfect way to stay busy, make new memories, and enjoy the break to the fullest.

M-F	**Mar 16-Mar 20**	**9:00 am-3:30 pm**
583922		$140/5 sess
M-F	**Mar 23-Mar 27**	**9:00 am-3:30 pm**
584022		$140/5 sess

BRITISH COLUMBIA
Supported by the Province of British Columbia

We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

Educational

Chess Club - Novice/ Starter

6-13 yrs • Instructor: Clement

For young chess enthusiasts who already know the basics. This fun and supportive program will helps students build on their knowledge while exploring new strategies and practicing gameplay. Whether they're brushing up on opening moves or learning how to plan ahead, participants will grow their skills, boost confidence, and enjoy friendly matches with others.

Th	Jan 15-Mar 12	4:30 pm-5:30 pm
584625		$72/9 sess

Chess Club - Intermediate/ Advance

8-13 yrs • Instructor: Clement

Ready to take your chess game to the next level? Chess Club: Intermediate/Advanced is designed for players who already have a solid understanding of the game and are eager to sharpen their skills. Through challenging puzzles, advanced strategies, and competitive play, participants will deepen their knowledge and improve decision-making on the board.

Th	Jan 15-Mar 12	3:30 pm-4:30 pm
584623		$72/9 sess

EFK: Java Minecraft: Galactic Crafting & Mission to Mars

6-12 yrs • Instructor: Engineering For Kids

This program combines aerospace and civil engineering with creative gameplay in a custom Minecraft world. Students design lunar habitats, complete survival missions on Mars, and solve space challenges using the Engineering Design Process. Through hands-on collaborative learning, students build skills in engineering, problem solving, and innovation, offering a unique out of this world STEM Experience.

W	Jan 14-Mar 4	3:30 pm-5:30 pm
584026		$320/8 sess

Head Start Math - K

5-6 yrs • Instructor: Clara

Students will review and practice counting from 1 - 20. They will learn to spell the numbers and write the numerals in sequence. Students will also be introduced to basic math equations involving addition and subtraction within 10. They will learn to recognize and continue patterns and compare numbers, sizes, and shapes.

M	Jan 12-Mar 9	3:30 pm-4:45 pm
584324		$44/8 sess

Head Start Math - Gr. 1

6-7 yrs • Instructor: Clara

Grade 1 students will review and work within numbers to 100. They will explore and practice skip counting and comparing numbers. They will also learn place values, addition and subtraction within 100, and measurement.

M	Jan 12-Mar 9	4:45 pm-6:00 pm
584323		$44/8 sess

Head Start Math - Gr 2

7-8 yrs • Instructor: Clara

Grade 2 students will review and work within numbers to 1000. They will explore and practice comparing numbers and solving word problems. They will also learn place values to 1000, addition and subtraction with regrouping, mixed operations, and data analysis.

F	Jan 16-Mar 13	3:30 pm-5:00 pm
584322		$49.5/9 sess



Martial Arts

Karate

7+ yrs • Instructor: George, Dan & John

This class will introduce you to many aspects of the traditional style of Go-Ju Ryu Karate. This class is taught by 8th Dan black belt Shihan George Chan (with over 50 years of experience), 4th Degree Black Belt Dan McCallum and 2nd Degree black belt John Cotter. The focus is on self-defence, fitness training, non-contact sparring and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress levels. Visit www.kuyukai.com for more information.Participants under 19 years of age must sign a Park Board waiver prior to participating.Parents are welcome to register into the class to join their child.

Th	Jan 15-Feb 12	5:30 pm-7:00 pm
584769		$75/5 sess
Th	Feb 19-Mar 26	5:30 pm-7:00 pm
584770		$90/6 sess

Taekwondo - Beginner

6-18 yrs • Instructor: Jacky

A dynamic Korean Martial Art that is known for its emphasis on kicking techniques, strikes and self defence in addition to the development of physical and mental discipline. This WT style of Taekwondo is a martial arts that's recognized in both Poomsae (forms) & Kyroughi (sparring). Participants under 19 years of age must sign a Park Board waiver prior to participating.

M	Jan 12-Mar 9	4:30 pm-5:30 pm
584741		$88/8 sess



Music Lessons

Drum/Guitar Lessons

5-18 yrs • Instructor: Sam

Drum Lessons Play to the rhythm and the beat! Lessons are private and are conducted on a full set of acoustic drums. Learning material included. Guitar LessonsStrum your way to sound! In these private lessons you will learn music notes, fretting, chords, music theory and how to read music. Customizing a structured class based on each student's needs. Bring your own guitar.Lessons are 30 minutes.

M	**Jan 12-Mar 9**	**6:00 pm-8:00 pm**
Various Times		$136/8 sess
F	**Jan 16-Mar 13**	**6:00 pm-8:00 pm**
Various Times		$153/9 sess

Piano Lessons

5-18 yrs • Instructor: Carmen

The goal of the program is to teach basic piano skills. Students will progress through 3 levels of difficulty. After the 3 levels, you can move on and even consider taking Elementary piano exams through the Royal Conservatory of Music, Toronto, examination syllabus. Lessons are generally focused on: sitting position at the piano, keyboard recognition, note recognition, rhythmic exercise, piano pieces, and elementary theory exercises. Books are required at an additional cost. Lessons are 30 minutes.

F	**Jan 9-Mar 6**	**3:30 pm-6:00 pm**
Various Times		$180/9 sess
Sa	**Jan 10-Mar 7**	**9:30 am-2:00 pm**
Various Times		$180/9 sess

Ukulele Lessons

5-19 yrs • Instructor: Tom

Join a private Ukulele lesson with Tom Cheng! Tom is an experienced professional Guitar and Ukulele player and instructor. Students, all ages, of any skill level and beginner ukulele players are welcome! Each private lesson will be tailored to your skill, age, ability and interests. Please bring your own instrument. Students will be asked to purchase their own music book. The instructor will let you know which book to purchase on the first class. Lessons are 30 minutes.

Th	**Jan 15-Mar 12**	**3:30 pm-6:30 pm**
Various Times		$148.50/9 sess



SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

Sports

Basketball

Instructor: Ayanle

Put on your running shoes and practice your shots with the rest of the team. Children will work on basketball drills and be part of a team.

6-9 yrs

Tu	Jan 13-Mar 10	5:00 pm-6:00 pm
584743		$51.75/9 sess

9-13 yrs

Tu	Jan 13-Mar 10	6:05 pm-7:05 pm
584744		$51.75/9 sess

Outdoor Soccer

6-12 yrs • Instructor: Marvin

Using child-friendly soccer equipment and basic soccer drills, your child will learn the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave.

Sa	Jan 10-Mar 14	9:45 am-10:45 am
584772		$100/10 sess

Soccer

Instructor: Justin

Participants will have fun, learn cooperative games and fundamental movement skills while burning off some energy. Please bring a water bottle.

6-8 yrs

W	Jan 14-Mar 4	5:00 pm-5:55 pm
584831		$46/8 sess

8-12 yrs

W	Jan 14-Mar 4	6:00 pm-7:00 pm
584832		$46/8 sess



Summer Smash Tennis: Junior Aces

7-10 yrs • Instructor: Summer Smash Tennis

Continue developing a tennis foundation and build confidence. Lessons provide young players with some experience the ability to continue developing their skills though high energy, game-based lessons that use the 3/4 stage of the progressive tennis model. An emphasis is placed on inspiring a love for the game while building a solid technical foundation.Students must bring their own racquets.

F	Jan 16-Feb 6	3:45 pm-4:45 pm
584820		$100/4 sess
F	Feb 13-Mar 13	3:45 pm-4:45 pm
584821		$125/5 sess

Summer Smash Tennis: Junior Fundamentals

7-10 yrs • Instructor: Summer Smash Tennis

Start learning tennis in a fun and supportive environment. Lessons provide young beginners with little or no experience an introduction to the game through high energy, game-based lessons that use the 1/2 stage of the progressive tennis model. An emphasis is placed on inspiring a love for the game while building a strong technical foundation. Students must bring their own racquets.

F	Jan 16-Feb 6	3:45 pm-4:45 pm
584818		$100/4 sess
F	Feb 13-Mar 13	3:45 pm-4:45 pm
584819		$125/5 sess

Swim & Skate

8-12 yrs • Instructor: Isaac & Monica

Each week, we will travel to a different Vancouver or Burnaby location to swim or skate. Drop-in is permitted when space is available. Out-trips are non-instructional - participants will require prior swim and skate knowledge.

W	Jan 14-Mar 11	5:00 pm-9:00 pm
584056		$65.25/9 sess

YOUTH ACTIVITIES SCHEDULE					
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**
Games Room 3:00 pm-7:00 pm Ages: 10-18	**Games Room** 3:00 pm-7:00 pm Ages: 10-18	**Writers' Exchange** 3:00 pm-4:30 pm Grade 4-7	**Games Room** 3:00 pm-7:00 pm Ages: 10-18	**Games Room** 3:00 pm-10:00 pm Ages: 10-18	**Breakfast Club** 11:30 am-1:30 pm Ages: 10-18
		Games Room 3:00 pm-7:00 pm Ages: 10-18		**Youth Dinner** 4:00 pm-6:00 pm Ages: 13-18	
				Youth Council 6:00 pm-8:00 pm Ages: 13-18	
			Drop-In Volleyball 7:00 pm-9:00 pm Ages: 13-18	**Drop-In Basketball** 6:00 pm-10:00 pm Ages: 13-18	
Please note: schedule is subject to change due to staff availability and participation numbers. Games Room closed in the Summer.					
Legend: ● Social ● Games Room Drop-in ● Educational/Leadership ● Sports/Fitness					

Youth Leadership

Bird's Nest Café

Thunderbird youth will be running a concession stand in the lobby/kitchen three times a week – funds raised from the concession will be put towards youth programs! To volunteer for the café, please contact CYW Priya: priya.brar@vancouver.ca / 604-379-4735

M/W/F Jan 12-Mar 9 4:00 pm-6:00 pm



Thunderbird Youth Council

13-18 yrs

Do you want to be actively involved in shaping youth programs? Do you have thoughts and ideas about how to better influence your community? Youth Council will help you become a leader, share your voice, and really impact the youth community. The direction of Youth Council is driven by you! Thunderbird catchment only. Please contact CYW Priya Brar to register: priya.brar@vancouver.ca / 604.379.4735

F Jan 16-Mar 13 6:00 pm-8:00 pm
587620 Free



Community Youth Development

Youth Services at Thunderbird CC are a partnership between the Vancouver Board of Parks and Recreation and the Thunderbird Neighbourhood Association.

Youth programs reflect the principles of CYD in the City of Vancouver: accessible, collaborative, preventative and inclusive. Youth are respected, supported and involved in program planning, implementation and decision-making.

Follow **@vanyouth** and **@thunderbirdyouth** on Instagram for updates about youth programs, volunteer opportunities, citywide initiatives, and all things youth related!

Education

Writer's Exchange

9-12 yrs

Writers' Exchange meets Thunderbird Community Centre! Every Wednesday there will be an after-school program for grade 4's -7's to be creative, hang out, and have fun! Join us in playing your favorite board games, getting homework support, and enjoying yummy snacks. Every week we'll work on a fun creative activity like making candles, blindfolded food tasting, or work on a long term project like creating a book or building a community library! This program is for youth living in the Thunderbird catchment and by referral only. Contact CYW Priya Brar: priya.brar@vancouver.ca / 604.379.4735.

W	Jan 14-Mar 11	3:00 pm-4:30 pm
587622		Free



Social

Games Room

10-18 yrs

The games room is open every day after school for youth to hang out, play games, connect with the youth staff, and to do homework! Open to youth ages 10-18. No registration required, drop-in only. No games room Monday, February the 16th.

M	Jan 5-Mar 9	3:00 pm-7:00 pm
Tu	Jan 6-Mar 10	3:00 pm-7:00 pm
W	Jan 7-Mar 11	3:00 pm-7:00 pm
Th	Jan 8-Mar 12	3:00 pm-7:00 pm
F	Jan 9-Mar 13	3:00 pm-10:00 pm

Brunch Club

10-18 yrs

Games room drop in - with brunch! Come hang out, eat some yummy food, and lounge around. Open to youth ages 10-18. No registration required, drop-in only.

Sa	Jan 10-Mar 14	11:30 am-1:30 pm

Youth Dinner

13-18 yrs

Dinner for any youth aged 13-18 hanging out in drop-ins and programs on Friday evening. No registration required!

F	Jan 9-Mar 13	4:00 pm-6:00 pm

Outdoor Activities

Snowtubing-Seymour Mtn

13-18 yrs

Thunderbird catchment only, please contact CYW Priya Brar to register: priya.brar@vancouver.ca / 604.379.4735.

Sa	Feb 14	11:00 am-5:00 pm
587634		$15/session

Sports

Drop-in Volleyball

13-18 yrs

Drop in Volleyball for youth 13-18!

Th	Jan 8-Mar 12	7:00 pm-9:00 pm

Drop-in Basketball

13-18 yrs

Lace up your ball shoes and come shoot some hoops! Open to youth ages 13-18.

F	Jan 9-Mar 13	6:00 pm-10:00 pm



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Fitness

Zumba Toning

16+ yrs • Instructor: Alice

This one hour workout will combine 20 minutes of Zumba, the infectious, feel-happy dance fitness workout we all love with another 40 minutes where we add light weights to the mix. It features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is perfect for those who want to party and put extra emphasis on toning and sculpting to target zones, including arms, core and lower body. Please bring 1 or 2 lb weights. Drop in $9.

W	**Jan 14-Feb 11**	**6:00 pm-7:00 pm**
584749		$35/5 sess
W	**Feb 18-Mar 11**	**6:00 pm-7:00 pm**
584750		$28/4 sess

Martial Arts

Karate

7+ yrs • Instructor: George, Dan & John

This class will introduce you to many aspects of the traditional style of Go-Ju Ryu Karate. This class is taught by 8th Dan black belt Shihan George Chan (with over 50 years of experience), 4th Degree Black Belt Dan McCallum and 2nd Degree black belt John Cotter. The focus is on self-defence, fitness training, non-contact sparring and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress levels. Visit www.kuyukai.com for more information.Participants under 19 years of age must sign a Park Board waiver prior to participating.Parents are welcome to register into the class to join their child.

Th	**Jan 15-Feb 12**	**5:30 pm-7:00 pm**
584769		$75/5 sess
Th	**Feb 19-Mar 26**	**5:30 pm-7:00 pm**
584770		$90/6 sess

Yang Style 24 Forms Tai Chi for Beginners

19+ yrs • Instructor: Art

The Yang Style 24 form is a simplified version of Yang Style Traditional Tai Chi. The traditional movements are condensed into 24 moves which can be completed in approximately 6 minutes. The lessons will incorporate the basic Yang Style movements with the goal of improving your flexibility, balance, and strength. The ultimate result of practicing tai chi will lead to better overall physical and mental wellbeing.

Tu	**Jan 13-Feb 24**	**9:05 am-10:50 am**
584751		$21/7 sess



GST will be added to program fee if applicable.

ADULT SPORTS PARTICIPANTS

Registration Information

Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk before proceeding to the gym. All no-show spots will be sold at that time to drop-ins. Spots are non-transferable.

Drop-in Information

For drop-in lists, you may register yourself and one other person. Spots are non-transferable. Drop-ins based on space permitting.

Drop-in Procedures

First priority is for those who are registered. Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk. All no-show spots will be sold at that time to drop-ins. At 9:30am the day of the program, you may call 604.713.1818 ext.1 to put your name and ONE other person's name on the drop-in list. If there are any open spots, 5 minutes after the program start time, staff will announce the names from the drop-in waitlist.

SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

Sports

Basketball

19+ yrs • Instructor: Non-Instructional

Recreational basketball. Drop-in $4.28, space permitting.

Tu	Jan 13-Mar 24	7:15 pm-8:45 pm
584031		$39.27/11 sess

Indoor Soccer

19+ yrs • Instructor: Non-Instructional

Recreational soccer. Drop-in $4.28, space permitting.

W	Jan 14-Mar 25	7:15 pm-8:45 pm
584586		$39.27/11 sess

Pickleball

19+ yrs • Instructor: Non-Instructional

Get active playing this exciting and popular sport. Pickleball is an easy to learn game played on a badminton court with a lowered net, a whiffle ball and large hand held paddles. Please bring your own equipment. It is great for all skills and ability levels. Drop-in $4.28, space permitting.

M	Jan 12-Mar 23	7:15 pm-8:45 pm
584030		$4.28/drop-in

Summer Smash Tennis: Adult Beginner (1.0)

19+ yrs • Instructor: Summer Smash Tennis

Learn how to play tennis in a small group setting. This course provides an introduction to the game with an eventual progression to rally and play within the full court setting. Students must bring their own racquets.

M	Jan 12-Feb 02	6:00 pm-7:00 pm
584813		$120/4 sess
F	Jan 16-Feb 6	5:00 pm-6:00 pm
584814		$120/4 sess
F	Feb 13-Mar 13	5:00 pm-6:00 pm
5848146		$150/5 sess

Summer Smash Tennis: Adult Beginner+ (1.5)

19+ yrs • Instructor: Summer Smash Tennis

Continue developing fundamental skills in a small group setting. This course builds on technique and strategy from Adult Beginner in order to become more confident rallying and playing with serve within the full court setting. Students should repeat this course until they can confidently rally from the baseline with forehand and backhand.Students must bring their own racquets

M	Feb 9-Mar 9	6:00 pm-7:00 pm
584815		$120/4 sess
F	Jan 16-Feb 6	6:00 pm-7:00 pm
584817		$120/4 sess

Summer Smash Tennis: Adult Beginner++ (2.0)

19+ yrs • Instructor: Summer Smash Tennis

Solidify your foundation for all strokes. Players who can rally consistently continue to develop ball control (direction, height, distance) and technique within cooperative and competitive contexts. An emphasis is placed on developing technique and ability for groundstrokes, volley, and serve. Students should repeat this course until they can confidently control the direction and height of forehand and backhand within a full court rally.Students must bring their own racquets.

M	Jan 12-Feb 02	5:00 pm-6:00 pm
584809		$120/4 sess
M	Feb 09-Mar 09	5:00 pm-6:00 pm
584811		$120/4 sess
F	Feb 13-Mar 13	6:00 pm-7:00 pm
584812		$150/5 sess

Dance

Contemporary Line Dance

55+ yrs • Instructor: Irene

This modern line dance class incorporates contemporary music and dance steps including Cha Cha, Tango, Rumba, Waltz, Mambo, Salsa, Cumbia, Hustle, Twist, Disco, Jitterbug and Electric Slide. Drop-in $4.00, if space permits. No session Feb 16

M Jan 12-Mar 23 10:30 am-12:00 pm
584746 $35/10 sess





Music

Chinese Choir

50+ yrs • Instructor: Catherine

For anyone who loves singing and would like to learn some techniques to improve their singing skills. Learn how to breathe, read the music notes, count to the beat and more while enjoying the singing with a group of friends. Drop-in $4.00, if space permits.

W Jan 14-Mar 25 10:00 am-11:30 am
584745 $38.50/11 sess

Sports

Table Tennis & Pool

55+ yrs • Instructor: Non-Instructional

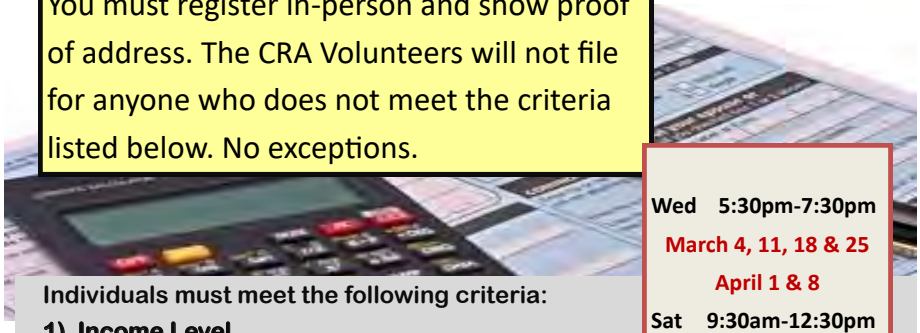
Come and join us for friendly single and double competitions, have some fun, meet new people and get some exercise while doing something you enjoy. We have 3 tables tennis and 1 Pool table available. All levels are welcome. Drop-ins $2 , space permitting. Limited equipment is available.

Tu Jan 13-Mar 10 12:00 pm-2:00 pm
584596 $1.90/drop-in
Th Jan 15-Mar 12 10:00 am-12:00 pm
584595 $1.90/drop-in

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We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

CRA Volunteer Income Tax Program



**This service is offered to those who qualify within Thunderbird Catchment only. You must register in-person and show proof of address. The CRA Volunteers will not file for anyone who does not meet the criteria listed below. No exceptions.

Wed 5:30pm-7:30pm
March 4, 11, 18 & 25
April 1 & 8
Sat 9:30am-12:30pm
Mar 7, 14, 21 & 28
April 4 & 11

Individuals must meet the following criteria:

1) Income Level

Family Size	Family Income
One Person	**$35,000**
Two People (couple or single with 1 dependent)	**$45,000**
Additional Dependents add $2,500 each	

2) Simple Returns Only

The following will not be prepared:

- -have self-employment income
- -have business or rental income and expenses
- -have capital gains or losses
- -have employment expenses
- -file for bankruptcy
- -are completing a return for a deceased person
- -Interest income must be less than $1,000

You may register for your 20 or 30 minute appointment starting Feb 14 at our front office.

Arrive on time and be prepared with all of your documentation including your 2024 Notice of Assessment.

***One Return per appointment**

**** Remember to book a separate appointment for family members back to back for each return and NOT for the same**

GST will be added to program fee if applicable.

Senior's Out-Trips



Cancelations without a doctor's note will be considered up to 72 hours before your trip.
A $4.00 administration fee will apply to cancellations without a note. Arrive 15 minutes early.
A completed consent form is mandatory to attend our trips. In-person registration at Thunderbird only.
GST is applicable on all out-trips.



Granville Island/Lee's Donuts

Instructor: Simon

Granville Island offers an indoor public market with colourful food, produce, handcrafted products and unique gifts. Browse one of the galleries showcasing a variety of talented artists. Includes a Lee's Donut and coffee.

Th **Jan 15** **10:00 am-2:00 pm**
585710 $10/session



Richmond Golden Village

Instructor: Simon

Get ready to celebrate the Chinese Lunar New Year. Pop up flower and gift markets are full of arrangements and red and gold decorations. An easy walk to Food Street has over 200 regionally specific restaurants to satisfy all of your Asian cuisine cravings.

Th **Jan 29** **10:00 am-2:00 pm**
585825 $10/session

Deer Lake/Indian Buffet

Instructor: Simon

We will take a leisurely walk around Deer Lake before heading to a local Indian restaurant to enjoy a lunch buffet. (included) Please dress appropriately for the weather.

Th **Feb 19** **10:00 am-2:00 pm**
585826 $20/session



Burnaby Mountain/ Cockney Kings

Instructor: Simon

Enjoy the spectacular views atop Burnaby Mountain after a delicious all you can eat fish and chips lunch (included). Don't forget your camera to capture that perfect shot. *Note- This trip is on a Wednesday.

W **Feb 25** **10:00 am-2:00 pm**
585827 $20/session



Gibsons/Sunshine Coast

Instructor: Simon

Gibsons is the entryway to the Sunshine Coast. Stop by the visitor's Centre before exploring Gibson's landing where there are numerous shops and restaurants. Easily walkable to the artisan market, the public art gallery and the museum. Senior's must show proof of BC identification showing you are 65 years of age or you will be charged an additional full Adult fare.

Tu **Mar 3** **8:30 am-3:30 pm**
585828 $25/session



CATCHMENT REGISTRATION

Catchment registration allows priority registration for residents living between the north side of Grandview Highway to the south side of East 1st Avenue and the East side of Renfrew Street to the west side of Boundary Road.

Registration during catchment registration is for yourself or your immediate family living in the same household. To qualify, you must register in person and bring the following:

- 1 piece of government-issued photo identification (driver's license, BC ID, Passport) and
- 1 bill issued within 30 days showing your name and address (BC Hydro, cable, internet bill)

Social

Social Dance

Instructor: Non-Instructional

Cha Cha, Rumba, and Jive to the classics and beyond to modern day tunes. We don't offer lessons but others are happy to teach you what they know. No partner necessary and all are welcome. Coffee and tea are provided. No session Feb 16.

M	Jan 5-Mar 30	12:30 pm-2:30 pm
585834		$1.50/session

Social, Lunch and Games

Instructor: Estela & Jana

This program offers various table games and social time to enjoy with other older adults. Spend the afternoon playing cards, dominoes, crib and scrabble or just hang out and make a new friend. A light lunch is served between 12-12:30pm. In-person registration only.

Tu	Jan 6 -Mar 10	12:00 pm-2:00 pm
586033		$6/session

Soup's On

Instructor: Estela & Arianna

A nutritional meal is served by enthusiastic youth volunteers who are also learning many life lasting skills. You are invited to stay and play a variety of table games after dinner. In-person registration only.

Th	Jan 8-Mar 12	5:00 pm-7:00 pm
586043		$2/session

Chinese Speaking Seniors Group Social

Instructor: Non-Instructional

Singing, Tai Chi, Guest Speakers, seasonal celebrations and outings are among the activities to be enjoyed. There is an Annual Program Fee of $10 for fiscal year Sep1-Aug 31 (not pro-rated).

F	Jan 9-Mar 27	9:30 am-11:30 am
568539		$10+tx/Annual

Workshops

COSCO Senior's Health & Wellness

Memory and Aging

Learn how memory functions and how it changes as you age. Tips for managing and improving memory, as well as information about seeking help, as needed are also presented.

Tu	Jan 27	12:30 pm-1:30 pm
585703		Free

Hastings Sunrise Community Policing Centre

Safety Talks with Hastings Sunrise Community Policing

Join the Hastings Sunrise Community Policing Centre staff and volunteers for senior's talks on crime prevention and safety programs following the senior's lunch program. Free

Tu	Feb 17	12:15 pm-1:00 pm

Staying Connected - Seniors First BC

Preventing Social Isolation and Loneliness. This interactive presentation introduces the importance of staying connected. It discusses issues of social isolation and the correlation between social isolation and decreased well-being. Learn how we can do our part to stay connected to loved ones in our lives.

Tu	Mar 10	12:30 pm-1:30 pm
586054		Free



Skeena High-Rise Residents Programs

Coffee Cart

Instructor: Jana

Jana will be dropping by with the coffee cart. She will bring handouts and reminders of the weeks activities. Sign up for a trip you would like to join when you see her. This program is for Skeena high-rise residents only. No session Feb 16.

M	Jan 5-Mar 9	10:00 am-11:30 am

Morning Bingo and Lunch

Instructor: Jana & Estela

Skeena high-rise tenants are invited to join Jana in the dining room for weekly bingo and social time followed by lunch with Estela.

W	Jan 7-Mar 11	10:30 am-12:30 pm

Coffee Break

Instructor: Jana

Join Jana in the dining room on Thursday mornings for a cup of coffee or tea. Grab a word search or sudoku or just socialize with others. There will be seasonal craft projects from time to time. Watch for the posters.

Th	Jan 8-Mar 12	10:30 am-12:00 pm

Shopping Shuttle-Skeena Terrace & Hope Hill

Instructor: Simon

Simon will pick you up in the parking lot (Skeena) or in front of Aspen Green (4th Ave) or in front of the Bentall building (5th Ave) and can take you to several local retail stores in the immediate area. This is a great time to pick up those heavier items so you don't have to walk home with them. The dates and times will be posted at Skeena and at Hope Hill. This program is for Skeena and Hope Hill residents only.

F	Jan 23, 30	9:30 am-12:00 pm
F	Feb 6, 13, 27	9:30 am-12:00 pm

GST will be added to program fee if applicable.

FITNESS CENTRE



HOURS OF OPERATION

Mon-Fri . . . . . 9:00 am-9:00 pm
Sat. . . . . 9:00 am-5:00 pm*
Sun . . . . . Closed
Dec 20-Jan 4 . . . . . Closed
Family Day, Feb 16 . . 10:00am-2:00pm

ADMISSION FEES				
Type	**Single drop-in**	**10-visit pass**	**1 month**	**3 months**
Adult (19-54 years)	$4.25	$38.25	$32.55	$81.90
Youth (13-18 years)	$2.75	$24.75	$16.80	$42.00
Senior (55+ years)	$2.75	$24.75	$16.80	$42.00
*Prices listed above **include** tax. Fees are subject to change.*				

You need to be 13 years and older to use the fitness centre. Thunderbird Fitness Centre passes only work at Thunderbird Community Centre. Please inquire about a *Flexipass* should you wish to use other fitness centres, pools and ice rinks within the Vancouver Park Board system.

LOCKERS

We have lockers available to store any larger items like a backpack and jacket while you workout. Please bring your own lock. *Overnight storage is not available. Any locks found at the end of the night will be cut off.

If you have smaller items only, such as keys and a wallet, we have a wallet locker available. A lock is not required, you can set your own combination.

LEISURE ACCESS PROGRAM

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees. For more information, please visit: https://vancouver.ca/parks-recreation-culture/leisure-access-card.aspx











Room	Square Footage	Capacity	Rates Operational Hours*	Rates Non-operational Hours
Meeting Room	320	15 people	$25/hour	$50/hour
Small Activity Room	620	30 people	$25/hour	$50/hour
Multi-purpose Room	1200	100 people	$55/hour	$80/hour
Gymnasium	4200		Not available	$75/hour
***Operational Hours**: See page 3 for operating hours.				
Non-operational hours: Rates include a rental supervisor, and require a minimum rental of 2 hours. A $200 damage deposit may be required upon booking.				


Meeting Room


Multi-Purpose Room


Small Activity Room


Gymnasium

Policy & Procedures

The setup and clean-up is the responsibility of the rental group and time for this should be included in the booking. Failure to do so within the rented time will result in additional charges.

Only tables and chairs (and nets for gym rentals) are provided. All other equipment must be brought in by the rental group.

No helium balloons, outside bouncy castles, open flames, or confetti is allowed. No alcohol may be served on the premises.

Instructional programs and business sport leagues are not permitted as rentals.

Check Availability & Submit Rental Request

To check availability or to submit a rental request, email thunderbirdcc@vancouver.ca with the specifics of your rental request, or visit the front office to pick up a rental request form.

Reservation requests are reviewed within 5-10 business days. Staff will contact you directly regarding the next steps to secure your booking. Room rental requests with less than 7 days notice may not get processed.

Rental Confirmation & Payment

Rentals are not confirmed until payment is made and, if applicable, proof of insurance coverage has been submitted.

Payments must be fully paid at least 1 week prior to your first rental date, otherwise the rental will be cancelled without notice.

Cancellations must be made at least 7 days prior to the rental date/time for a single rental date, or 30 days prior to the rental date/time for seasonal rentals/weekly reservation dates.

Contact us: 604-713-1818 · thunderbirdcc@vancouver.ca

GST will be added to fees if applicable.

RELAX AND ENJOY YOUR

Birthday Party

Multipurpose Room Package $185

All the fun is packed in the Multi-Purpose Room! Includes a small bouncy castle, plasma cars, bouncy toys and toys. Ideal for children aged 3 and under, but up to 5 years old is allowed. This package is for approximately 15 children and 35 adults, for a total of 50 guests.

Saturdays	Sundays
11:15am-1:15pm	11:00am-1:00pm
2:15pm-4:15pm	2:00pm-4:00pm



Gymnasium Play-Gym Package $215

Ideal for older children (up to 8 years of age), our play gym includes a large bouncy castle, plasma cars, toys, soft blocks, and sports equipment. This package is for approximately 25 kids and 45 adults, but up to 100 guests is the maximum (30 kids and 70 adults).

Saturdays	Sundays
11:30am-1:30pm	10:00am-12:00pm
2:00pm-4:00pm	12:30pm-2:30pm
	3:00pm-5:00pm





Birthday Packages are available for registration on www.vanrec.ca.

Search for Activity "Birthday Party" and filter to Thunderbird under "Where"

- All bookings are first come-first serve. Bookings must be paid to secure your spot. Waitlisting is not available.
- A damage deposit of $100 is requred for each party time slot.
- Table covers are mandatory and are available at the Centre for $2/table cover.
- No access to a kitchen, fridge or freezer.
- 30 day minimum for full refund minus $25 admin fee. See page 2 for more details for withdrawing or transferring.
- Visit www.thunderbirdcc.ca for a full list of policies.
- TSBC License #LAM0200026