

Corn

Grass Family - Poaceae



Here we have planted a sweet tasting variety of corn, *Zea mays* 'True Gold Sweet Corn'. It has golden kernels with a rich buttery flavour.

An All-time Summer Favourite!

This popular picnic treat doesn't look like a typical cereal. Male flowers are arranged in spikes at the top of the plant, as shown in the photo on the left. Female flowers are in spikes that develop into tasty "ears" of corn. Each ear is made up of rows of grains packed tightly together.

Corn was important in the traditions of the Mayan, Aztec, and Incan civilizations of Central and South America. For over 7,000 years, corn has provided nourishment as a

vegetable and cereal. It is also used for shelter, fuel, decoration and much more!



To learn more visit:
www.ontariocorn.org
www.vandusengarden.org