

Oats

Grass Family - Poaceae



We have planted two kinds of oats, jerry oats (*Avena sativa* 'Jerry') and a Canadian variety, morgan oats (*Avena sativa* 'AC Morgan').

A Wonderful Weed!

Oats originally grew as a weed in barley, wheat and rye fields until Europeans domesticated oats about 3,000 years ago!

The seeds are used to feed farm animals such as poultry and horses, while the stems of the plants are used for straw. Oat straw can be used as feed but it is mostly used as animal bedding.

Humans enjoy oats in cookies, cereal, muesli, granola, porridge and many other foods. Oats are also fermented for brewing beer. In beauty products, oat extract is added to soothe skin conditions.



To learn more visit:
www.albertaoats.com
www.vandusengarden.org