

Creekside Community Recreation Centre Fitness Centre Schedule



1 Athletes Way
Phone: 604-257-3050
Email: creekside@vancouver.ca

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 am to 10:00 pm	6:30 am to 10:00 pm	6:30 am to 10:00 pm	6:30 am to 10:00 pm	6:30 am to 10:00 pm	9:00 am to 5:00 pm	9:00 am to 5:00 pm

(Weekend hours on statutory holidays)

EQUIPMENT

3 Treadmills, 3 Elliptical Cross-Trainers, 1 Recumbent Bike, 4 Spin Bikes, Dual Adjustable Pulley Cable Machine, Assisted Dip/Chin Machine, Hammer Strength Power Rack, Apex Smith Machine, Leg Extension, Leg Curl, Leg Press, 5-90 lbs free weights and stretch equipment (Bosu ball, medicine balls, swiss balls, foam rollers).

FITNESS CENTRE ORIENTATIONS

Learn how to exercise safely and with proper technique. For information about available times or to book an appointment, please call our reception at 604-257-3050.

2012 Fees and Charges (does not include HST)	Drop in (single)	10- visit card	Flexipasses				
			1 month	3 months	4 months	6 months	12 months
Adult (19-64 yrs)	\$5.36	\$42.86	\$43.75	\$114.29	\$144.64	\$197.32	\$357.14
Youth (13-18 yrs)	\$3.79	\$30.36	\$30.36	\$80.36	\$100.89	\$138.39	\$350.00
Senior (65+)	\$3.79	\$30.36	\$30.36	\$80.36	\$100.89	\$138.39	\$250.00



The Vancouver Board of Parks and Recreation maintains 200 parks and 40 major facilities throughout the City of Vancouver. The Park Board's mission is to provide, preserve and advocate for parks and recreation to benefit all people, communities and the environment.

For more information please visit vancouverparks.ca