

GET UP *n* GO!

SATURDAY GYM SPORTS PROGRAMS



King George Secondary School
 1755 Barclay Street, Vancouver, BC
January 10 - March 28, 2009

VSB

We are dedicated to keeping our community centre active and healthy with gym programs for all ages, level of fitness and competitive spirit. Games take place Saturdays in the King George Secondary School gymnasium.

Preschool Playtime

(0-4 years)

Your child will love running, tumbling and riding on bikes and cars! Parent participation is required.

Children's Cosom

Hockey (5-12 years)

Come and enjoy a friendly game of cosom hockey. Teams will be made, so you'll play with everyone in your age group! Sticks and pucks provided.

Basketball (18+)

Enjoy some friendly, exciting recreational basketball.

Indoor Soccer League

(18+)




It's not quite the World Cup, but still an organized, fun, friendly atmosphere to play in.

Badminton (18+, 55+)

Smash, drive or play for fun! Scrimmage with different partners in a fun and friendly atmosphere. Shuttles and racquets available.

No games February 21.

Note: All sports are non-instructional.

	GYM A	GYM B
10:30 AM - 12:00 PM	Cosom Hockey 5-12 yrs \$16/11 sessions, \$1.50/drop-in	Preschool Playtime 0-4 yrs \$1.50/drop-in
12:15 PM - 1:45 PM	Basketball  18+ yrs \$32/11 sessions, \$3.50/drop-in	Youth Gym Drop-In 13-18 yrs FREE for VSB students
2:00 PM - 3:30 PM	Indoor Soccer League  18+ yrs \$32/11 sessions, \$3.50/drop-in	
3:45 AM - 5:15 PM	Badminton Court Rentals \$13 <ul style="list-style-type: none"> • Maximum 4 people per court • Partial refund for cancellations with more than 24 hours notice • No refunds with 24 hours or less 	Badminton  18-54 yrs \$32/11 sessions, \$3.50/drop-in 55+ yrs \$17.50/11 sessions, \$2.00/drop-in
ALL DAY	Table Tennis Drop-In (All ages) \$2/adult, \$1/child/youth/senior	

Registration through the West End Community Centre at 870 Denman Street, or online at <http://vancouver.ca/parks/rec/programs/index.htm> or call (604) 257-8333.

W E S T E N D C O M M U N I T Y C E N T R E

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KING GEORGE SATURDAY PROGRAMS



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January 10 - March 28, 2009

VS

Saturday Playtime!

- When?** Every Saturday, January 10th to March 28th
10:30 AM to 12:00 PM
- Where?** King George Secondary Gymnasium
- Cost?** \$1.50/drop-in
- What?** Cars, mats, bouncy balls for children ages 0 to 5

If you would like more information, contact the West End Community Centre at 870 Denman Street or call 604-257-8333.

There are also other sport drop-ins for children, youth and adults. Please visit www.westendcc.ca for a full schedule or call the West End Community Centre.

Playtime will be closed on February 21, 2009.