

HEALTH CARE

Bridge Health Clinic @ Mount St. Joseph Hospital	3rd Floor - North Wing, 3080 Prince Edward	877.8550
Care Point Medical Centre	1623 Commercial	254.5554
DEYAS Needle Exchange Van mobile		657.6561
D.E. Health Clinic	569 Powell	255.3151
Downtown South Clinic	1056 Seymour	606.2640
Drake Youth Clinic	575 Drake	660.4934
Gastown Health Clinic	30 Blood Alley	669.9181
Insite (safe injection site)	139 E. Hastings	687.7483
Native Health Centre	449 E. Hastings	255.9766
Pender Clinic	59 W. Pender	669.9181
Pine Free Youth Clinic	1985 West 4th	736.2391
Reach Health Centre	1145 Commercial	254.1354
St. Paul's Hospital	1081 Burrard	682.2344
Vancouver General Hospital	855 West 12th	875.4111
Vancouver Women's Health Collective	29 W. Hastings	736-5262

IDENTIFICATION

- BIRTH CERTIFICATE** - Vital Statistics #250 - 605 Robson St. (at Seymour) 660.2937 or 1.800.663.8328 toll free in BC
- B.C.I.D. CARD / DRIVERS LICENSE** ICBC Driver Service Centre #221-1055 W. Georgia (Royal Centre Lower Mall) 661.2255
- BUS PASS PROGRAM BC** 1.866.866.0800
- CANADIAN PASSPORT** - Department of Foreign Affairs, Sinclair Centre #250 - 757 W. Hastings 775.6250
- CARE CARD – Medical Services Plan BC** call 604 683-7151 Btwn 8am-4:30pm or you can get forms by fax 250.356.0998
- INDIAN STATUS CARD** - Indian & Northern Affairs Canada, #601 - 1138 Melville (NEW ADDRESS) 666.2059
- S.I.N. CARD** - Service Canada #415 - 757 W. Hastings St. Sinclair Centre 1.800.622.6232

LAUNDRY & SHOWERS

Lords Rain	327 Carrall	684.3097
D. E. Women's Centre	302 E. Columbia	681.8480
Dusk to Dawn (under 22 yrs)	1058 Comox	688.0399
Evelyn Saller Centre	320 Alexander	665.3075
First United Church (9-11am)	320 E. Hastings	681.8365
Gathering Place (low cost)	609 Helmcken	665.2391
Lifeskills Centre	412 E. Cordova	678.8279

LEGAL INFO / AID / ADVICE

Access Justice www.accessjustice.ca	878.7400
Dial-A-Law Recorded general information prepared by lawyers but not legal advice. www.dialalaw.org	687-4680
John Howard Society 763 Kingsway	872.5651
Law Line (Legal Resource Centre)	601.6100
Society (legal aid) #425-510 Burrard St. Legal Information Network Kiosk www.lss.bc.ca/lsslink	601.6206
PIVOT Legal Society www.pivotlegal.org	255.9700
UBC Law Students Legal Advice Program	822.5791

MISCELLANEOUS

Bus Schedule Information www.translink.bc.ca	953.3333
Ferries BC www.bcferries.bc.ca	1.888.223.3779
Pigeon Park Savings Carrall and Hastings	678.8276

PHONES - FREE

- Evelyn Saller Centre**, 320 Alexander 665.3075 worker/work only
- First United Church**, 320 E. Hastings St. 681.8365
8:30am - 4pm Mon. – Thur. and 8:30am - 12noon Fri.
- Lifeskills Cntr**, 412 E. Cordova St. 678.8279 10am-4pm Mon-Fri
- Lookout**, 348 Alexander 681.9126 2-4:30 & 6:30-8pm, Mon-Fri
- Women's Centre**, 302 E. Columbia (women only) 681.8480
10am-5pm Mon/Tue/Thur/Fri 11am-5pm Wed 12-5pm Sat/Sun

STORAGE (FREE!) @ First United Church 320 E. Hastings St.
First come first serve. 50 lbs maximum weight. No weapons, food or drugs. If you do not check in every 24hrs belongings will be removed and space given to someone else. Check-In/Check-Out times: 8am to noon, 2 to 5pm & 7:30 to 10:30pm.

WORK – Temporary Labour

Labour Unlimited	2957 Commercial	875.6562
Labour Ready	1688 E. Broadway	874.5567
M3 Personnel Group	235 E. Georgia	685.6666
Workforce	1169 Main	269.9675

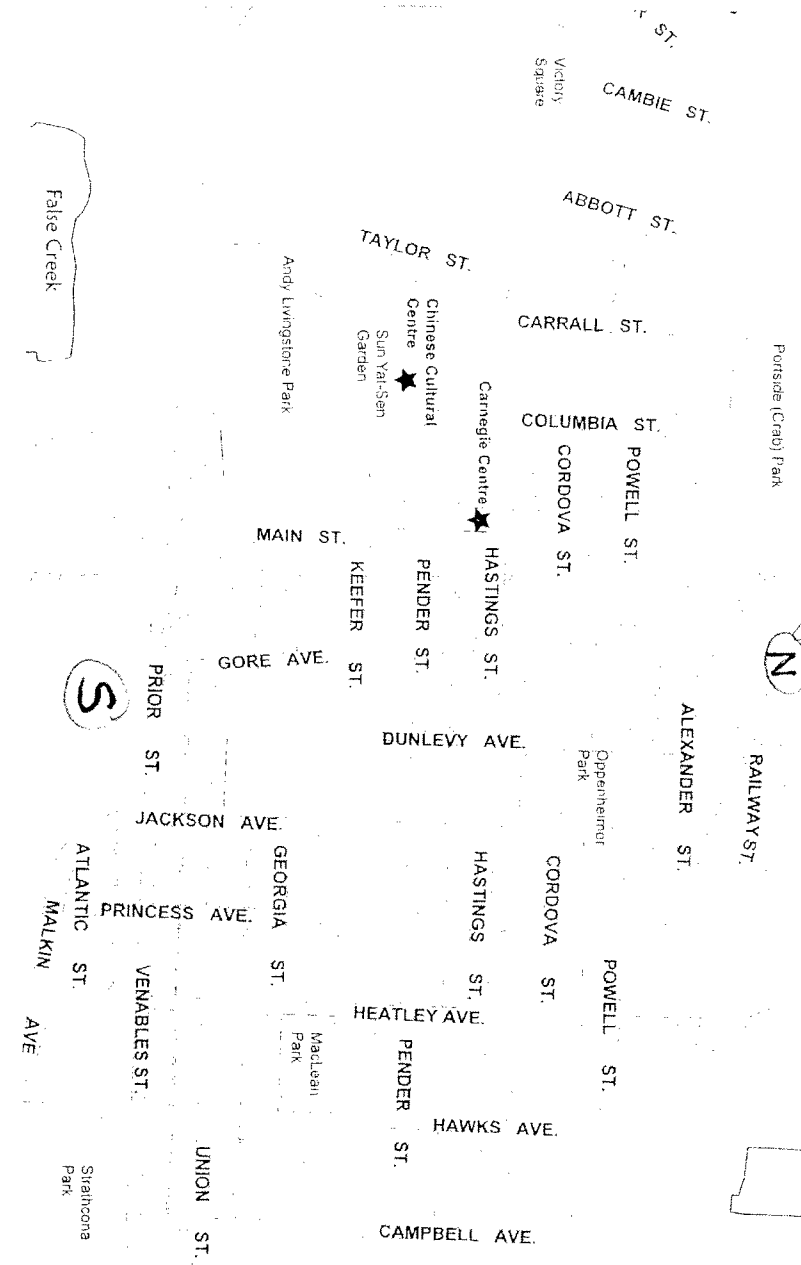
WORK – Job Search Web Sites

www.bcjobs.ca	www.nicejob.ca	www.workopolis.com
www.eluta.com	www.monster.ca	www.jobscanada.ca
www.working.com	www.careerbuilder.ca	

October 18, 2011 **Updates?** Call Carnegie Centre 665.2274

ReSouRcEs

IN THE DOWNTOWN EASTSIDE (QUICK REFERENCE)



If you want to make copies of this brochure there is a PDF available for download at the bottom of the page

www.carnegiecentre.ca

Looking for services in your community? **JUST DIAL 211**
to speak with an Information Specialist. Services are
FREE, confidential & multilingual 24/7 www.bc211.ca

ACCOMMODATION - FREE (SHELTERS)

Emergency Services at 660-3194 for assistance.

Aboriginal Youth Safe House (16-18 yrs)		254.5147
Belkin House (Men)	555 Homer	681.3405
Belkin House (Women)		694.6623
Bridge Shelter (Women)		684.3542
Catholic Charities (Men)	828 Cambie	443.3292
Covenant House (16-22yrs)	575 Drake	685.7474
Crosswalk	140 W. Hastings	669.4349
The Haven (Men)	128 E. Cordova	646.6806
Lookout (Women & Men)	346 Alexander	681.9126
Powell Place (Women & Kids)	625 Powell	606.0403
Triage (Women & Men)	707 Powell	254.3700
Youth Safe House (13-15yrs)		253.5847
Yukon Shelter	2088 Yukon @ 5th Ave.	264.1680
Walden Safe House (Youth)		877.1234

ACCOMMODATIONS - LOW COST

Backpackers Hostel	927 Main	682.2441
Central Station Hostel	1038 Main	681.9118
Hostelling Intl. Downtown	1114 Burnaby	684.4565
Youth Hostel	347 W. Pender	688.0112

ADVOCACY / SUPPORT

AA meetings: www.vancouveraa.ca		434.3933
NA meetings: www.bcrsna.bc.ca	24 hr Help Line	873.1018
A.R.A. (Mental Health)	#423 – 119 W. Pender	689.7938
BC Coalition of People With Disabilities	#204 – 456 W. Broadway	875.0188
BC Persons With AIDS Society	1107 Seymour	681.2122
D.E.Y.A.S. (Youth)	612 Main	685.6561
First United Church (Welfare)	320 E. Hastings	681.8365
Kettle (Mental Health)	2 nd flr 1725 Venables	251.2801
SUCCESS - United Chinese Community Enrichment Service Society	28 W. Pender	684.1628
Help Line	Mandarin 270.8222 Cantonese 270.8233	
WISH (Sex Trade Workers)	330 Alexander	669.9474
V.A.N.D.U. (Vancouver Area Network of Drug Users)	380 E. Hastings	683.6061

CHILD CARE - DROP-IN

Crabtree Corner	533 E. Hastings	216.1650
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CLOTHING - FREE

Covenant House (19-22yrs)	575 Drake	685.7474
Crabtree Corner (women/kids)	533 E. Hastings	689.2808
D.E. Women's Centre	302 E. Columbia	681.8480
First United Church	320 E. Hastings	681.8365
Franciscan Sisters (men)	385 E. Cordova	685.9987
Union Gospel Mission	601 E. Hastings	253.3323
Mission Possible	543 Powell	253.4469

CLOTHING - LOW COST

Canadian Diabetes Assoc.	1091 W. 8 th	732.1125
Hang Ups Thrift Stores	1832 Commercial	251.9779
Junior League Thrift Shop	335 E. Broadway	876.4921
Liberty Thrift	1035 Commercial	255.3080
St. James Community Services	329 Powell	606.0300
Salvation Army Thrift Stores	261 E. 12 th	874.4721
Union Gospel Mission	671 E. Hastings	254.8721
Value Village	1820 Hastings	254.4482

COMMUNITY CENTRES

Aboriginal Friendship Centre	1607 E. Hastings	251.4844
Brittania Community Centre	1661 Napier	718.5800
Carnegie Community Centre	401 Main	665.2220
Evelyne Saller Centre	320 Alexander	665.3075
Gathering Place	609 Helmcken	665.2391
Ray Cam Cooperative	920 E. Hastings	257.6949
Strathcona Community Centre	601 Keefer	713.1838

DENTAL SERVICES

Eastside Walk-In Dental Clinic	455 E. Hastings	254.9900
* Mon 9 - 4pm & Fri 9 - 12noon. Help with Emergency pain relief		
Portland Dental Clinic	360 Columbia	778.371.0060
Reach Dental Clinic	1145 Commercial	254.1331

DETOX

Access Central	1-866-658-1221	Daytox	658.1278
DEYAS Youth Detox (13-24yrs)	432 E. Hastings		251.7615
Street Youth Detox			872.4349
Women's DEW Program	#201-1638 E. Broadway		638.3390
Youth Detox Options	1058 Seymour		662.8858

EMERGENCY ASSISTANCE

Crisis Intervention / Suicide Prevention	24 hrs	872.3311
Emergency Services (Ministry of H.R.)		660.3194
Emergency Mental Health Services (Car 87)		874.7307
Kids Help Phone	24hrs 1.800.668.8888	
Rape Crisis Centre		255.6344
Strathcona Mental Health	700 E. Cordova	253.4401

EMPLOYMENT / PERSONAL DEVELOPMENT

Downtown Eastside Personal Development School	408 E. Hastings St. Computer Skills, Life Skills, Career Exploration, Job Search, Arts & Crafts and more	255.2122
First Nations Employment Centre	101A – 440 Cambie	605.8901
Life Skills Centre	412 E. Cordova St. Skills development, job training and educational services	678.8279 or 678.8278
Pathways Information Centre	390 Main St. Get help finding a job, information or community services.	682.7353
Union Gospel Mission	616 E. Cordova St. Job skills, resume writing and GED classes.	253.3323
Youthspot Employment Centre	15 Victoria Dr. (at Powell St.) www.youthspot.com FAX: 215.2474 PHONE: 253.9675	
Case management, referral services, and employment focused assistance with Job searches, referrals to training programs. One on one focused assistance with resumes, building interview skills, etc. Ages 15 to 30.		

FOOD BANKS

Free & low cost meal list is at Carnegie Info Desk, 401 Main St.

The Food Bank	1150 Raymur	876.3601
Lifeline Outreach	3456 Fraser	872.7334
SPCA Charlies Food Bank FOR PETS	at Mission Possible Thursdays at 10 am	543 Powell 253.4469

HAIR CUTS - LOW COST

London School	18 Water	685.4122
Mission Possible	1pm 2 nd Thu/mnth 543 Powell	FREE 253.4469
Vancouver Community College	250 W. Pender	443.8332

HUMAN RESOURCES (MINISTRY OF) Downtown Eastside

Dockside Disability Level 1 Intake A-L	180 Main	660.2941
Kiwassa Disability Level 1 Intake M-Z	205 Powell	775.0478
Strathcona Disability Level 2	687 Powell	660.9377
* Anyone with a family should go to Kiwassa office		