

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Feb 1 Finance Committee 4pm Association Office	Feb 1 Board Meeting 5:30pm Theatre	Feb 3 Publications Committee 1pm Association Office
Feb 6	Feb 7	Feb 8 Volunteer Committee 11pm Classroom II	Feb 8 Oppenheimer Park 3:30pm Oppenheimer Park	Feb 10
Feb 13	Feb 14	Feb 15 Library/Education Committee 3pm Classroom II	Feb 15 Senior's Support 2pm Theatre	Feb 17
Feb 20	Feb 21	Feb 22	Feb 22 Community Relations 4pm Association Office	Feb 24
Feb 27	Feb 28 Program Committee 4pm Association Office	Feb 29 Finance Committee 4pm Association Office	Mar 1 Board Meeting 5:30pm Theatre	Mar 2 Publications Committee 1pm Association Office
Mar 5	Mar 6	Mar 7 Volunteer Committee 1pm Classroom II	Mar 7 Oppenheimer Park 3:30pm Oppenheimer Park	Mar 9
Mar 12	Mar 13	Mar 14 Library/Education Committee 3pm Classroom II	Mar 14 Senior's Support 2pm Theatre	Mar 16
Mar 19	Mar 20	Mar 21	Mar 21	Mar 23
Mar 26	Mar 27	Mar 28	Mar 28 Community Relations 4pm Association Office	Mar 30

Program Guide

February, 2012

Carnegie Community Centre



401 Main St.
Vancouver, BC V6A 2T7

Phone: 604-665-2220

Open every day, 9 am to 11 pm

FOOD SERVICES

The 2nd Floor Concession is open daily 9 to 11am, 12 to 4pm and 5 to 8pm. It offers soup, sandwiches, and other nutritious inexpensive snacks and meals. A wide variety of freshly baked goods are also available:

Breakfast: Every morning at 9am - \$ 2.00

Lunch: From 12pm - \$ 2.25 Vegetarian entree available

Dinner Specials: 5pm - \$ 3.25 No advance ticket sales.

Mon.	Pasta	Tues & Fri.	Vegetarian
Wed.	Chili /Stew	Thurs.	Fish
Sat.	Hot Roast Beef or Turkey	Sun.	Traditional

There are many volunteer opportunities in the Carnegie Kitchen. Now selling loaves of bread - \$ 3.00 Volunteer BAKERS are needed for concession items.

Volunteers of the Month

January 2012

Ada Lloyd ~ Kitchen

Brian Busby ~ Pool Room



*Your contribution is appreciated by
the many people who benefit from your hard work!*

GYMNASIUM



See weekly schedule
for daily gym activities.

If you are interested in
booking the gym,
please contact
Sandy at 604-830-2544

SENIORS LOUNGE

- Open daily to those aged **40 & up**.

- Carnegie Seniors membership is required.

BEVERAGE BAR - coffee, tea, juice is

Open to all. Coffee cards available for \$4.50
& \$9.00 (10 or 20 cups). **Enter to win a 20
cup coffee card.**

Bingo dates: (12 noon in the Theatre)

Thursdays February 2nd, 9th and 23rd

*** You must be a senior to attend BINGO**

Coffee Sellers Meeting:

Monday, February 20th 1:00

Special Events / Trips:

Watch for posters & brochures for Seniors'
trips & activities posted 1st of each month
Seniors next meeting & AGM Thurs. Jan 19
at 2:00pm

NOTE: Seniors interested in going on Out-trips

MUST ATTEND 3 Monthly Seniors Meetings

*Volunteer Committee Mtg,
February 8th @ 4pm
Classroom 11*

Volunteer Dinner
Wed. February 15th
4:30 pm in the theatre
*Pick up your ticket from
the
volunteer program office.*

Dance Moves

Do you enjoy moving to music? Do you want to get physically
active without the "exercise"?

Come join us to gently stretch it out, practice
dance moves and express yourself!

Bring your comfortable dance shoes or slippers

Wednesdays 10am - 12 pm

2nd floor Gym



NEW Yoga class

Friday Mornings

Hatha Yoga

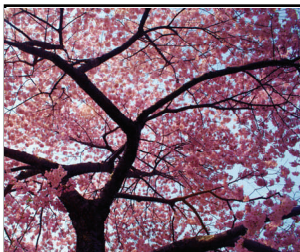
11:00am - Noon

2nd floor in the Gym



OPPENHEIMER PARK Recreation Programs

For more information come by
or give us a call at **604-253-8830**
Tuesday to Saturday 9am - 5pm



SPECIAL EVENTS

21st Annual Women's Memorial March

Tuesday February 14th

Remembering the Women murdered and missing from the downtown eastside

Gather at the Carnegie Theatre at Noon.
March will begin at 1pm at Main & Hastings

Bluegrass Concert

Wednesday
February 15th
7:00pm - 9:00pm
In the Theatre

Songs of Mahalia Jackson

Friday
February
24th
2:00pm

In the Theatre



Metropolitan Concert Band

*Wednesday February 29th 7:00pm
Theatre*



LEARNING CENTRE

The Learning Centre on the 3rd Floor is open Monday to Friday 9am - 5pm, and Saturday 12 - 4 pm, depending on the availability of Volunteers. Call 604-665-3013

We offer **one to one tutoring** in all subjects from English to computers. Sign up with staff and we will match you with a volunteer tutor.

Classes in English, First Nations Studies, and community development are offered from September to June.

*~ The Learning Centre is a partnership between
the Carnegie Community Centre and Capilano University ~*

C A R N E G I E R E A D I N G R O O M

Open daily 10am - 10pm, 365 days a year.

A library card is FREE! The Reading Room offers:



- o Fiction & non-fiction collections
- o Local Newspapers (English & Chinese)
- o Magazine Collection
- o A large collection of Chinese fiction,
- o Non fiction & magazines
- o A very fine collection of First Nation materials
- o Access to the Internet and Vancouver Public
- o Library online catalogue
- o Assistance from helpful staff

OUR VOLUNTEER PROGRAM!

Volunteers are the driving force behind the delivery of every program and service provided by Carnegie. Our database of over 600 volunteers performs a wide variety of jobs essential to Carnegie's day-to-day operation.

GET INVOLVED TODAY!!! Orientations are held every Monday (with Colleen) and Saturday (with Lisa) at 2:30pm on the 3rd floor. Call 604-665-2220 the morning of to confirm.

Carnegie Membership Card: Cost is \$1.00. It is valid for the calendar year in which it is purchased and expires on December 31st. It is 50 cents to get a replacement if lost. Membership includes access to: **Computer Room** 10am - 10pm, **Pool Room** 9am - 10pm, **Weight Room** 10am - 10pm, **Free Phones** 9am - 9pm and, if you are 40 or older, the **Seniors Lounge** 9am - 10pm. Times may vary depending on availability of volunteer monitors. **Most programs require that you have and show your membership card. It is very important that you always bring your card with you when you come to Carnegie.**

MONDAY

Basic Knitting Group

9:30 – 11 am
3rd flr, Art Gallery
Must bring own yarn and needles.

Carnegie Village Choir

1-3pm
1st flr Theatre

NA Group

8 - 9:30 pm
3rd flr, Classroom II
24 help line 604-873-1018
Meeting list, more info:
www.bcrscna.bc.ca

Cultural Sharing Program

5-9pm
Theatre
Everyone Welcome

TUESDAY

Bingo

1:30 – 2:30 pm
1st flr Theatre

Music Jam

1:45 – 5:15 pm
1st flr, Theatre
Must sign up with Ken ; first come first serve so come early!

Floor Hockey

6 - 9pm
2nd flr, Gym

Cabaret Coffee House

6:45 - 10 pm
1st flr, Theatre
Open Mic and
Feature Performers.

UBC Law Students

Legal Advice Program

6:30pm
3rd flr,
Art Gallery

WEDNESDAY

Dance Moves

10am - 12 pm
2nd floor Gym
Do you enjoy moving to music? Do you want to get physically active without the "exercise"? Come join us to gently stretch it out, practice dance moves and express yourself! Bring your comfortable dance shoes or slippers

Music Jam

*** NOTE CHANGE ***

First two Wednesdays of the month only.

11:45am - 3:45pm
1st flr, Theatre
Musicians / Singers of all styles and skill level welcome! Must sign up; first come first serve with Ken so come early!

THURSDAY

Seniors' Bingo

12 - 2 pm
1st flr, Theatre
Carnegie Senior members only.

Thursdays Writing Collective Thursday's

2 - 4 pm
3rd flr, Classroom II
With Elee
Starts February 9th

Women Only Weightlifting

5 – 6 pm
Lane Level
Weight Room
With Lisa

If you are new to lifting weights an excellent place to begin is by reading the book: The New Rules of Lifting For Women. Learn to do the biggest and best lifts: Squats and Deadlifts!

Soccer

6 - 9pm
2nd flr, Gym

Egor's Movie Night

6 - 10 pm
1st flr, Theatre
Start time varies
check @ 4 pm

FRIDAY

Hatha Yoga

11 - 12 pm
2nd floor Gym

Portrait Drawing

2 - 5 pm
2nd flr. Dining Room
Models are recruited from inside Carnegie. Bring your own materials and drawing board.

Book Giveaway

2:30 – 3:15 pm
Outside Carnegie on Hastings St.

SATURDAY

Chinese Singing Class

9:30 - 11:30 am
1st flr, Theatre
Instructor Olivier

Tai Chi

9-11 am
2nd flr, Gym

Carnegie Jazz Band

Beginner Jazz Class
11:30am – 12:30pm
Stage Band
12:30 pm – 2:30 pm
1st flr, Theatre
Band Leader: Brad

Poetry Night

7pm
1st Saturday of the month

Saturday Night at the Documentaries Movies for Thinkers

Brought to you by Humanities 101
6 pm Theatre.
*except 1st Sat/month

SUNDAY

Tai Chi

9-11 am
2nd flr, Gym

Ballroom Dancing

1 - 4:30 pm
1st flr, Theatre

Egor's Movie Night

5 - 10 pm
1st flr, Theatre
*Start time varies so check with Information Desk around 4 pm

See the
Learning Centre on
the 3rd floor
for their
monthly
schedule of
classes &
events!