

# Youth Services



## Riley Park/South Cambie **RPSC**

### City Role

Youth services are provided throughout the city by a variety of agencies including the City, the province and non-profit groups. Services include:

- recreation
- education
- health clinics
- mental health
- counselling
- emergency services
- crisis and help lines
- shelter and housing
- financial assistance
- alcohol and drug
- probation services

For more information, call Information Services Vancouver at (604) 873-6381.

### Civic Youth Strategy

The City of Vancouver's Civic Youth Strategy was adopted by City Council in March of 1995. The four objectives of the strategy are:

- to ensure that youth have a "place" in the city;
- to ensure youth have a strong voice in decision-making;
- to promote youth as a resource;
- to strengthen the support base for youth.

In addition, the City provides a number of civic programs and initiatives to serve youth (e.g. youth centres staffed by youth workers at community centres, an annual celebration of youth held the first week of May called Youth Week, etc.) as well as grants to youth serving, non-profit agencies.

In 2002, the City hired a Youth Outreach Team to test a new model of youth involvement for the Civic

Youth Strategy. This outreach team helped to build connections between civic government and youth in their neighbourhoods. This included an outreach team soliciting opinions on key issues which civic staff will use to improve civic services for youth. The outreach team was supported by a Community/City Support Network.

In June 2003, the Civic Youth Strategy (CYS), Youth Outreach Team (YOT) was approved core funding for the next consecutive three years by the Standing Committee of City Services. For more information on the City's Civic Youth Strategy, call (604) 871-6212 or email: [talk@vancouveryouth.ca](mailto:talk@vancouveryouth.ca)

### Youth Services Riley Park/South Cambie

The **Mid Main Health Centre** provides a youth program called the **UnLoading Zone**. It is a conflict resolution and personal development program for children 10 and over, adolescents, young adults, and parents. Its goal is to give young people the skills to deal with their anger and resolve conflicts by making effective behaviour choices. This program is also available in French, Vietnamese, Cantonese, Punjabi, and Spanish languages based on an adequate number of registered participants. For more information, please call: 604.874.0211

The **Riley Park Community Centre**, located at 50 East 30th Avenue, offers a variety of services, programs and recreational activities for youth in the Riley Park/South Cambie area. The centre has many youth workers who are responsible for programming activities for youth. These workers are also available as a resource to parents and schools in the community.

In addition, the centre provides the following services for youth:

1. A variety of sports programs such as: **Floor Hockey, Badminton, Basketball, Open-Gym Drop-in and After School Sports.**
2. Arts and dance programs, including **Breakdancing and Reading Club.**
3. General interest programs, such as **Riley Park Youth Council, Girls Club and Buddy Programs.**

The centre is also equipped with pool and foosball tables.

For more information on programs and services offered at Riley Park Community Centre, please consult the Recreation Program Guide available at the centre, or call (604) 257-8545

The **Douglas Park Community Centre**, located at 801 W 22nd Avenue, offers a variety of services, programs and recreational activities for youth in the Riley Park/South Cambie area. The centre has one youth worker who is responsible for programming activities for youth. This youth worker is also available as a resource to parents and schools in the community.

In addition, the centre provides the following services for youth:

A variety of sports programs such as:

1. **Basketball, Skateboarding, Open-Gym and Drop-in**
2. Arts and dance programs, including **Breakdancing and Musical Theatre for Pre-teens.**
3. General interest programs, such as **Douglas Park Youth Council, Girls Club and R.A.L.L.Y (Recreation, Adventure, Leadership, Learning for Youth).**

For more information on programs and services offered at Douglas Park Community Centre, please consult the Recreation Program Guide available at the centre, or call (604) 257-8130.

**The Little Mountain  
Neighbourhood House (LMNH)**

located at 3981 Main Street also offers a variety of services and programs for youth. LMNH has a full-time youth worker who is responsible for youth programs and services at the centre. The LMNH offers a variety of programs including:

1. **Little Mountain Youth Council**
2. **Youth Leadership**
3. **Youth Information and Assistance**
4. **Friday Night Adventure Zone (Drop in)**
5. **ESL Tutoring Program**
7. **Saturday Tutoring**
8. **Homework Club**
9. **After School Sports Program (ice skating, swimming and soccer)**

For more information on youth programs offered at LMNH, please call (604) 879-7104.

**Youth Health Program Children's  
& Women's Centre of British**

**Columbia** works to support adolescent's development in the areas of self-advocacy, gaining independence in their health care, puberty and sexual development, peer and social supports, education and vocational planning, recreation and making choices that will not limit their health.

The Youth Health Program team comprises physicians, nurses and youth involvement workers. The team works throughout the hospital to assist other health care professionals who are working with youth. They also work directly with youth with chronic or complex illnesses to assist them in meeting their health goals. For more information on this program, the Youth Health Program Children's & Women's Centre of British Columbia is located at Room A250, 4500 Oak Street, Vancouver, BC V6H 3N1 Phone: (604) 875-3472 [www.cw.bc.ca/youthhealth](http://www.cw.bc.ca/youthhealth)

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